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7-13 MAY 2022

TV&Satellite week

NEW

THE GAMES
Holly and **Freddie** put celebs through their paces

NEW

The Essex Serpent

Claire Danes and **Tom Hiddleston** hunt for a mythical creature

STARTS FRIDAY ON APPLE TV+

NEW

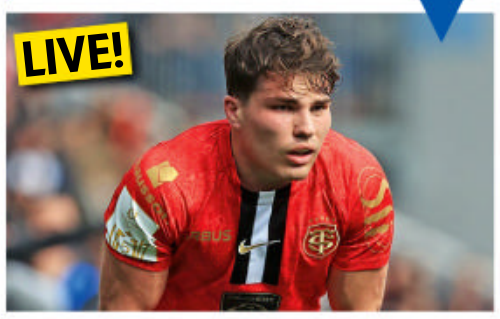
BAFTA TV AWARDS
It's **Jodie** vs **Kate**! Who will win?

NEW

HOW I MET YOUR FATHER
Sex and the City star **Kim Cattrall's** new role

HotList This week's 28

Saturday 7



European Champions Cup

***RUGBY UNION** BT Sport 2 & BT Sport 3*

Today's quarter-final ties include Munster v Toulouse (k-o 3pm), Leicester v Leinster (k-o 5.30pm) and La Rochelle v Montpellier (k-o 5.30pm). Tomorrow, Sale Sharks travel to Racing 92 (BT Sport 2, k-o 3pm).

Premier League

***FOOTBALL** BT Sport 1, kick-off 7.45pm*

Jürgen Klopp's Liverpool team host Tottenham Hotspur at Anfield. Antonio Conte's side will be looking to Son Heung-min (left, above) and Harry Kane for victory as they aim to finish the season on a high.

Beck

***CRIME DRAMA** BBC4, 9pm*

Peter Haber is back as Martin Beck (right, above) as the stylish Swedish crime series returns for an eighth season. The first episode involves an intriguing case about a body found floating in a canal.

The Personal History of David Copperfield

***DRAMA** C4, 9.15pm*

Armando Iannucci's highly original take on the Charles Dickens classic boasts a starry cast including Dev Patel (above) as David and Hugh Laurie as Mr Dick.

■ Full listings start on **p35**

Sunday 8

BAFTA TV Awards

***AWARDS** BBC1, 6pm*

Richard Ayoade (above) hosts for the third year running, only this time the nominees will be there in person rather than virtually. Jodie Comer and Stephen Graham are up for gongs. *See feature, page 8*

Eden: Untamed Planet

***DOCUMENTARY** BBC2, 7.10pm (box set, BBC iPlayer)*

Helena Bonham Carter narrates this series that takes us to the planet's last-remaining isolated places and examines their finely balanced ecosystems. The first stop is Borneo.

Commando: Britain's Ocean Warriors

***DOCUMENTARY** BBC2, 8pm*

This new series follows a group of recruits as they undergo training in the hope of becoming members of the Royal Marines Commandos. *See Documentaries, page 20*

F1: Miami Grand Prix

***MOTORSPORT** Sky Sports Main Event & Sky Sports F1, race starts 8.30pm*

Max Verstappen (above) and Charles Leclerc have two wins apiece as the competition heads to Florida for the very first time. *See Sport Week, page 30*

■ Full listings start on **p45**

Monday 9

The Airport: Back in the Skies

***DOCUMENTARY** BBC1, 8.30pm (times vary)*

This six-part series goes behind the scenes at Heathrow to see how the aviation industry is recovering following the pandemic. *See Documentaries, page 21*

The Games

***ENTERTAINMENT** ITV, 9pm*

Twelve celebs, including *Emmerdale*'s Rebecca Sarker and *Strictly*'s Kevin Clifton (above), go head-to-head in a series of sporting challenges. Continues to Friday. *See feature, page 11*

Fergal Keane: Living with PTSD

***DOCUMENTARY** BBC2, 9pm*

BBC special correspondent Fergal Keane has reported on conflicts around the world for over 30 years. In this personal film, he talks about his diagnosis of PTSD.

Mother Teresa: For the Love of God?

***DOCUMENTARY** Sky Documentaries, 9pm*

Twenty-five years after her death, this three-part series follows the story of the canonised nun and missionary who devoted her life to caring for the poorest of the poor.

■ Full listings start on **p55**

Tuesday 10

Respect

***DRAMA** Prime Video*

Jennifer Hudson gives a remarkable performance as Aretha Franklin in this biopic that follows her story from singing as a child in her father's church choir to global superstardom. *See review, page 25*

Eurovision Semi-Final

***ENTERTAINMENT** BBC3, 8pm*

Rylan (above) and Scott Mills host the first semi-final from Turin (the second is on Thu, 8pm, BBC3) as 35 countries compete to secure one of 20 places. Among tonight's entries are Ukraine.

Life After Life

***DRAMA** BBC2, 9pm*

The captivating drama draws to a close with an emotional episode that sees Ursula (Thomasin McKenzie, above) trying to protect Teddy as he serves in World War Two, and plotting to kill Adolf Hitler.

Will Young: Losing My Twin Rupert

***DOCUMENTARY** C4, 10.05pm*

Will Young's twin Rupert took his life in 2020. Now, the singer opens up about his brother's addiction problems and looks at the care offered to those in similar situations.

■ Full listings start on **p65**

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Wednesday 11

How I Met Your Father

***COMEDY** Star on Disney+*

Following the format of sitcom *How I Met Your Mother*, this new series features Kim Cattrall as narrator Sophie. Hilary Duff plays the younger Sophie as she searches for love. ***See Your Watchlist, page 14***

Between the Covers

***FACTUAL** BBC2, 7.30pm*

In a new series of the book show, Sara Cox chats to *Pointless*' Richard Osman about his change in career after his first novel, *The Thursday Murder Club*, became a global success. ***See feature, page 12***

The Blacklist

***CRIME DRAMA** Sky Max & Sky Showcase, 9pm*

Two years after the death of Elizabeth Keen, when one of their own is injured in the line of duty, the task force reunite to bring down a global conspiracy. James Spader (above) stars. ***See feature, page 12***

Inside No. 9

***COMEDY** BBC2, 10pm*

Sophie Okonedo is this week's guest star in the darkly humorous series. She plays a divorced cop and single mum who gets caught up in the case of a missing boy. ***See feature, page 7***

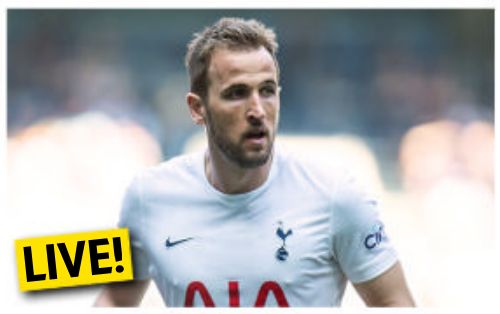
■ Full listings start on **p75**

Thursday 12

Savage Beauty

***DRAMA** Netflix*

Seeking revenge for her tragic past, a mysterious woman embeds herself in a powerful family who possess a global beauty empire – and some dark secrets. Features breakout star Rosemary Zimu.



Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League, kick-off 7.45pm*

A place in next season's Champions League is in the balance as London rivals Tottenham Hotspur and Arsenal duke it out for fourth spot tonight.

The Jubilee Pudding: 70 Years in the Baking

***COOKERY** BBC1, 8pm*

Dame Mary Berry heads the judging panel as five contestants compete to create a dessert fit to celebrate the Queen's Platinum Jubilee.

The Staircase

***DRAMA** Sky Atlantic, 9pm*

This week's episode of the true-crime drama sees novelist Michael Peterson (Colin Firth) on trial for the murder of his wife Kathleen (Toni Collette) as his family try to support him. ***See feature, page 6***

■ Full listings start on **p85**

Friday 13

The Essex Serpent

***DRAMA** Apple TV+*

There is both horror and tragedy in this new period drama starring Claire Danes and Tom Hiddleston as they investigate reports of sightings of a bizarre sea creature in Essex. ***See feature, page 4***

Senior Year

***COMEDY** Netflix*

Rebel Wilson stars in this comedy as a cheerleader who has an accident that puts her in a coma just before her prom. Twenty years later, she wakes up and wants to return to high school and become prom queen.

The Lincoln Lawyer

***DRAMA** Netflix*

Based on Michael Connelly's novels, this legal-drama series stars Manuel Garcia-Rulfo as attorney Mickey Haller, who runs his Los Angeles law practice out of the back seat of his Lincoln Town Car.

The King of Warsaw

***DRAMA** All 4*

This Polish drama, set in 1937 Warsaw, follows Mafia boss Jan 'Buddy' Kaplica and his right-hand man Jakub, who faces a choice between loyalty and his own ambition. ***See Your Watchlist, page 17***

■ Full listings start on **p95**

7-13 MAY 2022

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Claire Danes and Tom Hiddleston star in period drama *The Essex Serpent*, about the investigation of sightings of a bizarre sea creature

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Will Ransome
Tom Hiddleston
Aldwinter's vicar wrestles with faith, superstition and temptation as he and Cora look into rumours of a strange serpent.

Cora Seaborne
Claire Danes
The widow is entranced by the scientific world, but rumours of a sea monster in Aldwinter, Essex, draw her into a disturbing conflict.

Monster in our midst

Tom Hiddleston and Claire Danes star in a period drama about the hunt for a sinister sea creature

WORDS: CAREN CLARK. PHOTOS: APPLE TV+

Cora and Will have much in common

'We're still asking the big questions about where we derive meaning in our lives'
TOM HIDDLESTON

NEW DRAMA

The Essex Serpent

From Friday 13 May, Apple TV+

Sarah Perry's bestselling 2016 novel *The Essex Serpent* captivated readers and won huge acclaim with its thought-provoking look at the intense clashes between science and faith in late-Victorian Britain. Now, Apple TV+'s adaptation brings the fascinating story to life.

Set in the 1890s, the six-parter – launching with two episodes on 13 May, followed by a new instalment weekly – centres on the village of Aldwinter in the Essex marshes, where sightings of a bizarre sea creature have allegedly been made.

REAWAKENING

Keen amateur naturalist and fossil hunter Cora Seaborne (Claire Danes), who has recently been widowed following a difficult marriage, decides to investigate the reports and leaves her London home with her young son and loyal companion Martha to find out more.

'Cora is a stranger to herself – she hasn't had an opportunity to realise who she is because she was held captive by this abusive relationship,' says Danes, 43, as *TV&Satellite Week* chats to her via video. 'But now she shoots to the surface and is a little overwhelmed by this new level of life and engagement.'

In Essex, Cora soon crosses paths with Aldwinter's caring vicar Will Ransome (Tom Hiddleston) and makes friends with his warm-hearted wife Stella and their young family.

As the debate over whether the serpent is real ensues, Cora suspects there's a scientific explanation, and it might be an animal that has somehow dodged evolution. Meanwhile, Will is eager to keep a lid on simmering tensions in the village and calm concerns about a dangerous supernatural presence.

'Will sees the serpent as a childish imagining, like monsters under the bed,' explains Hiddleston, 41, who is best-known for playing Marvel anti-hero Loki. 'But he's worried about the growing anxiety of his parishioners. Superstition could distort reality and distress people's minds, and there's a nightmarish prospect where suddenly we're believing in monsters that he feels don't exist.

'Will's open to the natural sciences and advances in evolution, but he's trying to tell Cora that despite her curiosity, this needs to be treated delicately because he doesn't want the situation to get out of hand.'

When a shocking death occurs on the marshes, however, and the village children start to exhibit alarming behaviour, Cora finds herself a target for the locals' fear and anger. Meanwhile, as Cora's friendship with Will becomes increasingly intense, will it cross the line into something more?

Widowed Cora relishes her new adventure

'On the surface, they are contrasting,' explains Danes, who won two Emmys for playing CIA officer Carrie Mathison in *Homeland*. 'But they realise quickly that they share more than they might think. They're both deeply curious and they find a partnership in each other and have natural chemistry. It takes them by surprise. But it's about love in all of its shades.'

The Essex Serpent is set at a time of huge technological change, which is echoed by the pioneering work that Cora's doctor friend and potential suitor Luke Garrett is trying to carry out in heart surgery. But for Hiddleston, the series' fierce, multifaceted battle between science and religion has modern overtones.

'Maybe what this story suggests is that it's not an argument that either has to win. Both reason and faith need each other,' argues Hiddleston. 'I found it fascinating because we're still asking the big questions now about where we derive meaning in our lives.'

ATMOSPHERIC

The series was filmed on the wide, foggy marshes of Essex and while the weather proved challenging, it was the perfect setting to convey the power of nature at the heart of the plot.

'It was wet and muddy but evocative and wild. I became the cliché of an Englishman constantly insisting that the weather will improve!' smiles Hiddleston, who won a Golden Globe for his role in BBC spy drama *The Night Manager*.

'It was extraordinary. The easterly coast is a very ancient land – you could see that parts of it have probably remained the same as they were years ago. But the tide there is so quick, and we had to be careful we weren't swept away.'

'Yes, the weather was changeable and occasionally brutal. You should have seen the bathroom in my trailer because I had layers of petticoats that would drag the mud in,' adds Danes. 'But it was an ideal environment to tell this story because it's never static, the ground almost falls away from you, so there's a sense of instability, which is wonderful but unsettling.'

WHO'S WHO IN *THE ESSEX SERPENT*?

Stella Ransome
Clémence Poésy

Will's kind, intelligent but fragile wife is supportive of him and is welcoming when Cora comes to the village.

Luke Garrett
Frank Dillane

The ambitious doctor hopes to carry out pioneering heart surgery and develops feelings for Cora – but are they reciprocated?

Martha
Hayley Squires

Cora's devoted working-class companion is dedicated to the cause of socialism and is desperate to bring about change.

Matthew Evansford
Michael Jibson

Will's deeply devout curate feels the serpent is a sign of the Devil and is keen to ward off evil if it targets the village.

TRIAL and retribution

Game of Thrones' **Sophie Turner** on her new role in true-crime drama *The Staircase*

DRAMA
The Staircase
Thursday, 9pm, Sky Atlantic

As Game of Thrones' Sansa Stark, Sophie Turner knows all about dark secrets, mysterious deaths and highly charged trials.

Even though she's left Westeros behind, her latest role in Sky Atlantic drama *The Staircase* sees her once again at the heart of a deeply dysfunctional family torn apart by intrigue and betrayal.

In this week's episode of the true-crime drama, Michael Peterson (Colin Firth) is on trial for killing his wife Kathleen (Toni Collette), while the family try to put on a united front to support him in court.

Michael's adopted daughter, Margaret, played by Turner, is convinced of his innocence, and even attempts her own research to discredit the prosecution's case. Meanwhile, Michael's eldest son Clayton returns home and unwittingly makes a crucial discovery.

TV&Satellite Week joined Turner, 26, for a video chat to find out more…

The Peterson family

How much did you know about Margaret and the case before you accepted the role? I watched the documentary [also called *The Staircase*, available on Netflix] when it came out, and I was immediately obsessed with it, like so many other people – the common dinner-party conversation was *The Staircase* and what happened in the case. Then around six months later, I found out that I was going to do this show, and I got a little bit more invested.

Were you able to meet the real Margaret to prepare? The producers were in touch with Margaret, and she expressed that she would give them the basic details, but she didn't necessarily want to sit down and have an in-depth chat with me – which I totally understand. I probably wouldn't want to do it either. But I got quite a lot of information through watching the documentary and reading whatever was available online and in books.

Is there anything about her that you particularly relate to? What initially defines Margaret is a blind loyalty to her family, and a lot of this story is her growing up and growing out of that – figuring out that, 'I don't have to regurgitate the opinions of my parents. I can have my own thoughts and feelings'. I can relate in that sense.

What were the most challenging elements of filming the series? The pandemic, for sure. We had so many scenes, like in the trial or going in and out of court, where there would be a swarming of a crowd that had to happen. The rules kept shifting and there were a lot of big scenes with supporting cast members, so it was interesting, to say the least.

There's a huge ensemble cast playing the extended family in the show. Was it easy to build that family dynamic together? Yes, because we spent all of our time together in pretty much the same room – it was like one continuous family dinner! But it was so much fun because we were lucky to all get along.

WORDS: SEAN MARLAND, STEVEN PERKINS. PHOTOS: ALAMY, BBC, HBO, GETTY, SKY

LIFE AFTER WESTEROS

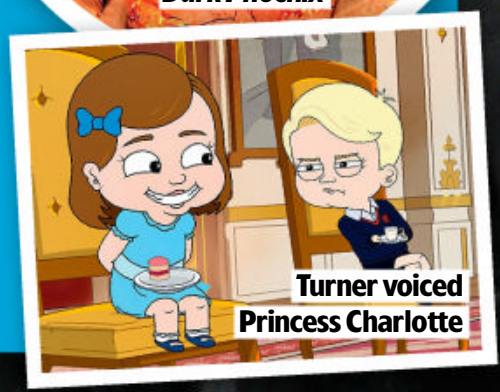
Turner as Sansa Stark

Since *Game of Thrones* came to an end in 2019, Sophie Turner has focused on her private life, getting married to US singer Joe Jonas and giving birth to their daughter, Willa, while she's currently pregnant with their second child.

As well as starring in the movie *X-Men: Dark Phoenix*, she's voiced the Duke and Duchess of Cambridge's daughter Princess Charlotte in US adult animated comedy series *The Prince* and will make a cameo appearance in upcoming Netflix dark comedy *Strangers*.

'I want to try everything,' she says. 'I'd even like to do a musical. But I don't know if anyone would like to hear it.'

In *X-Men: Dark Phoenix*


Turner voiced Princess Charlotte

Steve Pemberton, Sophie Okonedo and Reece Shearsmith

Twist in the tale

A **cop searches for a missing boy** in the latest *Inside No. 9* episode

COMEDY
Inside No. 9
Wednesday, 10pm, BBC2

Sophie Okonedo becomes the latest big name to step into the strange and often sinister world of *Inside No. 9* when she guest stars as a hard-as-nails Detective Inspector this week.

The actor, who received an Emmy nomination for her role in Netflix drama series *Ratched* in 2021, plays Katrina in the latest psychological thriller from Steve Pemberton and Reece Shearsmith.

TORMENTED

Entitled *Nine Lives Kat*, the episode opens with the divorced single mum struggling to control her drinking, lamenting her love life and battling her demons, but she's also determined to crack the case of a missing boy. Katrina doesn't want any help with the mysterious investigation, but gets a bit of a shock when it turns up anyway...

'This year's line-up of guest stars is one of the strongest we've ever had,' says Pemberton, 54. 'Sophie is brilliant. Siobhan Redmond is also in this episode, and we have stars like Daniel Mays, Jason Isaacs and Jessica Hynes to come as well.'

The spooky story is sure to send shivers down the spine, yet Shearsmith, 52, says their tales aren't always about coming up with a twist in the final scene.

NEW IDEAS

'We want every episode to be a surprise for people, and we've had some great twists and turns over the years – but it's not always about the final twist,' he explains. 'We spend most of our time thinking about the story, which is often the trickiest thing to get right, rather than the last 30 seconds.'

Redmond, Okonedo and Pemberton

After seven series of *Inside No. 9*, the boys have covered a range of themes, but despite the constant struggle for new ideas, they still love writing the bite-size black comedies.

'It often feels like we're burning through a concept every week,' says Shearsmith. 'It's like we've done 40 pilots. Each one could be the start of its own series, but we just go on to the next. That's the great thing about them, though – we're always searching for something new.'

From left: Adele, *I'm a Celeb*'s Ant and Dec, *Squid Game*, *It's a Sin*'s Colin, *Drag Race* star Bimini Bon Boulash, and *Strictly*'s Rose and Giovanni

And the winner is...

It's Adele vs *Squid Game* for the Must-See Moment BAFTA

NEW AWARDS

BAFTA TV Awards
Sunday, 6pm, BBC1

Richard Ayoade makes it a hat-trick of hosting the BAFTA TV Awards this Sunday as he presents the event for the third year running from the Royal Festival Hall in London – the first time that the event has been fully in-person since 2019.

Leading the field is C4 drama *It's a Sin*, which has picked up a nomination for Mini-series as well as acting nods for Olly Alexander, Lydia West and other members of the cast. Other shows with multiple nominations include Sky Atlantic's true-crime drama *Landscapers*, BBC1 prison drama *Time* and C4 sitcom *We Are Lady Parts*, which follows the trials of an all-female Muslim punk band.

Richard Ayoade

Once again, members of the public have been voting for the Must-See Moment of the year, based on a shortlist of six, which celebrates the most hilarious, heart-warming and downright shocking scenes on screen over the past 12 months.

Here, we recall those highly memorable moments…

AN AUDIENCE WITH ADELE

Adele is reunited with her teacher

International megastar Adele gave powerhouse vocals in her entertainment special, but it wasn't just the songs that left viewers lost for words. After audience member Dame Emma Thompson asked about her inspirations, Adele mentioned her high-school English teacher Ms McDonald – before learning that Ms McDonald was there in the room. The reunion brought Adele to tears, so much so that she asked her friend Alan Carr to fill in while she got her make-up fixed – which he did with an unforgettable rendition of *Make You Feel My Love*.

I'M A CELEBRITY... GET ME OUT OF HERE!

Ant and Dec reference the lockdown parties in Downing Street

Presenters Ant and Dec couldn't resist a topical riff during a link in the most recent series. Announcing that ex-footballer David Ginola was no longer the camp leader following a vote, Ant informed viewers that the celebrities 'categorically deny any suggestions that they had a party', and that 'this fictional party definitely didn't involve cheese and wine or a Secret Santa', to which Dec responded, 'Evening, Prime Minister... for now!'

IT'S A SIN

Colin's devastating AIDS diagnosis

Kind-hearted Colin Morris-Jones (Callum Scott Howells) was one of the series' most lovable characters – leaving viewers absolutely devastated by his fate in the third episode. After being diagnosed with AIDS, Colin was detained in a hospital under the Public Health Act, where his health deteriorated swiftly and brutally as he developed neurological side-effects that left him unaware of his surroundings. His heartbroken mother and friends could only watch helplessly as he faded away – and Colin's death was the catalyst that made his friends finally take the risks of HIV and AIDS seriously.

SQUID GAME

Red light, green light

South Korean survival drama *Squid Game* was one of 2021's most talked-about series on Netflix, as 456 contestants who were all deeply in debt took part in a series of challenges for the chance to win a large cash prize. The first challenge of the competition was 'Red Light, Green Light' – a seemingly straightforward Grandmother's Footsteps-style game against a slightly creepy animatronic doll. However, the contestants realise to their horror that the punishment for being caught moving when the doll turns around is death...

WORDS: STEVEN PERKINS, ALISON SLADE.
PHOTOS: ALAMY, BAFTA, BBC, C4, GETTY, ITV, NETFLIX, HBO, SKY

RUPAUL'S DRAG RACE UK

Bimini's verse of UK, Hun?

The fifth episode of *Drag Race UK*'s second series challenged the queens to write and perform a verse for impossibly catchy pop song *UK, Hun?* in the 'RuRuvision Song Contest'. Many of the contestants excelled with witty lyrics, but Bimini Bon Boulash stood out the most. Having spoken with fellow contestant Ginny Lemon earlier in the series about identifying as non-binary, Bimini used their verse to send a message of acceptance about being a 'gender bender', advising listeners, 'Don't be scared to embrace the femme, whether you're he, she, or them' – all while doing an impressive standing split!

STRICTLY COME DANCING

Rose & Giovanni's silent dance

Strictly **contestants often use their Couple's Choice routine to tell a personal story, and *EastEnders* actor Rose Ayling-Ellis – *Strictly*'s first deaf contestant – took that to heart. She and dance partner Giovanni Pernice performed a contemporary-style routine to Clean Bandit's *Symphony* before the band came to an abrupt stop, leaving the studio in silence as Rose and Giovanni continued to dance, giving viewers a chance to experience the show from her perspective. Rose and Giovanni received 39 points out of 40 for their performance, reprising it for a perfect score in the final, where Rose was declared the winner.**

BIG BAFTA BATTLES

Our pick of the contenders in the night's most hotly contested categories

JODIE COMER VS KATE WINSLET

Comer gets her fifth Leading Actress nod for C4's pandemic drama *Help* (having won in 2019 as *Killing Eve*'s Villanelle), while three-time BAFTA Film Award winner Winslet earns her first TV nomination for Sky Atlantic's *Mare of Easttown*.

STEPHEN GRAHAM VS OLLY ALEXANDER

Stephen Graham is up for both Leading Actor (*Help*, C4) and Supporting Actor (*Time*, BBC1), while Olly Alexander gets his first BAFTA nomination as *It's a Sin*'s Ritchie Tozer.

SUCCESSION VS *SQUID GAME*

The US takes on South Korea as Sky's *Succession* goes up against the hit survival series for the International gong, along with *Mare of Easttown*, French series *Lupin* and *Call My Agent!* on Netflix, and Prime Video's *The Underground Railroad*.

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

EMMERDALE

Has Gabby killed Jamie?

» **A special week** of episodes in the Dales starts with some flash-forward scenes, hinting at the drama ahead. There's an open grave, the slamming of a police-cell door, the ominous sound of a gunshot, and a crumpled car that has clearly been involved in a serious accident…

Jamie previously faked his death

At the centre of the drama is young Gabby, who now knows that babyfather Jamie is alive, and she is terrified he'll return to the village and snatch their son Thomas. She's panic-stricken as Billy admits to seeing an unknown person on the Home Farm CCTV system, and her paranoia rockets when she finds a torch in the woods, then spots a mysterious hooded figure lurking behind a tree.

The following day, she's at her wits' end as she receives a gift for Thomas, clearly left by the tot's dad, and is convinced that Jamie is back.

As a gun is taken from Kim's store and a shot is fired in the woods, has Gabby pulled the trigger? And is Jamie the victim, or has an innocent resident taken a bullet?

» **PLUS** Chloe realises that Noah has been stalking her, Moira is baffled to witness Faith having a meltdown, and Al and Cain's feud intensifies.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK…

CORONATION STREET

» Peter punches unscrupulous surgeon Mr Thorne (above), Abi turns the tables on Ben, Summer's insecurities resurface, Tim lies to Sally that he's seen a doctor about his impotence, and sparks fly between Fiz and Tyrone.

EASTENDERS

» Callum and Kathy (above) find out about Ben's attacks on homophobes, Mick is torn between Janine and Linda, Sam sets her sights on buying the club, Jean begs Stacey to get her out of hospital, and Howie realises Kim thinks he's gay.

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Going for gold

Freddie Flintoff oversees a group of celebrities tackling a range of Olympic sports...

The contestants: (From left) Lucrezia Millarini, Wes Nelson, Josh Herdman, Phoenix Brown, Max George, Christine McGuinness, Kevin Clifton, Rebecca Sarker, Ryan Thomas, Chelcee Grimes, Colson Smith and Olivia Attwood

NEW ENTERTAINMENT

The Games

Monday-Friday, 9pm, ITV

A dozen celebrities will be straining every sinew this week as they take part in a range of Olympic sports in new ITV series *The Games*.

A revamp of the C4 show that ran between 2003 and 2006, *The Games* will follow the contestants' gruelling training regimes as they're taught 10 events from scratch before they compete live every evening.

PUSHED TO THE LIMIT

Harry Potter star Josh Herdman, *Strictly* dancer Kevin Clifton and newsreader Lucrezia Millarini are among the contestants who'll be vying for a place on the podium, with a male and female winner set to be crowned on Friday after points from all the events are combined.

'They'll be learning all kinds of new skills, like weightlifting, speed-climbing, hurdles, high-diving and the hammer,' reveals Freddie Flintoff, who hosts alongside Holly Willoughby. 'I've watched the Olympics and I thought the hammer was just spinning and throwing, but there's a real technique to it. Kevin Clifton doing a pirouette with a hammer is a sight to behold!

'The celebrities have been training hard, but it's not just about how fit they are. When I was a cricketer, I remember the pressure when I played live on TV for the first time. No matter how physically fit you are, it's how you handle that pressure.'

Alex Scott will be reporting from trackside, while *Ninja Warrior UK* host and *Soccer Saturday* pundit Chris Kamara will be in the commentary box alongside Simon Brotherton.

Kamara recently revealed he was suffering from a thyroid problem that led to him developing speech apraxia, meaning he can sometimes slur his words.

'I did offer to quit *The Games*,' he says. 'But ITV wouldn't have it. They told me I was part of the team and I was staying, so I'd like to thank them for that. They brought in Simon to work alongside me in the commentary box, which will be great as we worked together when I first did football commentary on Radio 5 Live back in 1998.'

FIGHTING BACK

Kamara, 64, has undertaken several treatments for his illness and says he's improving every week.

'Two weeks ago, I was in a much worse position and hopefully by the time *The Games* start I'll be even better,' he explains. 'I've had professors and all sorts helping me, so hopefully I'm on the mend. I'm trying absolutely everything and thankfully it's working.'

Freddie Flintoff and Holly Willoughby host

You liked...

Upright on Sky Atlantic

In this 2019 series, Tim Minchin played musician Lucky, who was travelling from Sydney to Perth to return home to his dying mother. He was joined on the road trip by teenage runaway Meg (Milly Alcock), who he met after a car accident. Season two will hit our screens later this year.

Now try this...

Don't Make Me Go on Prime Video

In this upcoming film, John Cho plays single father Max, who discovers he has a terminal disease, and decides to take his teenage daughter Wally (Mia Isaac) on a road trip from California to New Orleans for his college reunion. However, he secretly hopes to reunite Wally with her mother, who left them long ago.

WORDS: RICHARD MCCLURE, SEAN MARLAND. PHOTOS: ITV, PRIME VIDEO, SKY

Look Who's Back...

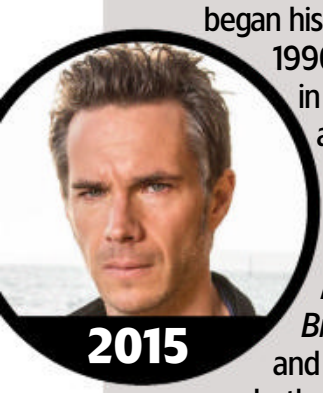
A familiar face appearing in a new role this week

James D'Arcy

Grace

Sunday, 8pm, ITV

Born in 1975, James D'Arcy began his career in the 1990s with small roles in *Silent Witness* and *Dalziel & Pascoe*. In 2015, he played murder suspect Lee Ashworth in *Broadchurch* (left), and went on to star as butler Edwin Jarvis in Marvel series *Agent Carter* (2015-16) opposite Hayley Atwell. His movie credits include *Hitchcock*, in which he portrayed *Psycho* star Anthony Perkins.


2015

HIS NEW ROLE

This week, D'Arcy, 46, guests in *Grace*, as DS Cassian Pewe, an old rival of Det Supt Roy Grace (John Simm). Pewe is transferred to East Sussex from the Met, with Grace's boss, ACC Vosper, suggesting that the Brighton cop can learn from his new colleague. However, Grace is soon confronted by his past when a woman's remains are discovered in a storm drain. Could they belong to his missing wife, Sandy? 'Roy's convinced he's found Sandy,' says Simm. 'The thought consumes him and puts pressure on his fledgling relationship with [mortuary technician] Cleo.'

DS Cassian Pewe (James D'Arcy)

The write stuff

How **Richard Osman** became a literary sensation

NEW FACTUAL

Between the Covers

Wednesday, 7.30pm, BBC2

Fans of *Pointless* were devastated a few weeks ago when Richard Osman announced that he was leaving the popular quiz show after 13 years working alongside Alexander Armstrong.

The 51-year-old revealed he would be concentrating on his burgeoning writing career after his debut crime novel *The Thursday Murder Club* became an international bestseller.

The mystery, about a group of four elderly amateur sleuths in a retirement village, is now the third highest-selling hardback novel ever in the UK, with Steven Spielberg's production company snatching up the film rights.

'The book has become such a juggernaut around the world, I simply couldn't keep up with my schedule,' explains Osman, whose second novel, *The Man Who Died Twice*, was published last year. 'I would love to be remembered for my 10th or 20th novel, because I want to be writing them for the rest of my life now.'

BIBLIOPHILES

This week, Osman talks about his passion for literature in a new series of *Between the Covers*, BBC2's book show hosted by Sara Cox.

Guests in the first episode also include actor David Morrissey, comedian Deborah Frances-White, and DJ and presenter Vick Hope, who will be sharing their favourite books, as well as reviewing this week's two book-club choices: *People Person* by Candice Carty-Williams and *The English Patient* by Michael Ondaatje.

Celebrities later in the series include Sir Trevor McDonald, Peter Davison, Richard E Grant, Jo Brand and Emeli Sandé.

When it comes to his own reading habits, Osman says he was a late starter.

'I don't think I read a single book between the ages of 10 and 20,' he reveals. 'I forget exactly the book that woke me from my stupor, but I suspect it was *Fear and Loathing in Las Vegas*, by Hunter S Thompson.'

Not surprisingly, crime writers like Agatha Christie and Patricia Highsmith feature heavily in his favourites list, and he is delighted to have joined their ranks.

'Writing my novels is the most successful thing I've ever done by quite some way – the first time where I've been absolutely No.1,' he smiles. 'I thought I'd have some attention for three weeks, but it's carried on, so I suppose I'm getting used to it now.'

Red for danger

James Spader is back to hunt down more villains

Red visits injured colleague Dembe (Hisham Tawfiq)

WORDS: RICHARD MCCLURE, SEAN MARLAND, NICK CANNON. PHOTOS: ALAMY, BBC, GETTY, HBO, ITV, SKY

Osman is one of Sara Cox's guests

NEW CRIME DRAMA

The Blacklist

Wed, 9pm, Sky Max & Sky Showcase

James Spader's mysterious character 'Red' Reddington is back on our screens this week as US drama *The Blacklist* returns with a two-year time jump following the murder of FBI profiler Liz Keen.

A lot has happened in the interim. The FBI task force – which was set up to track down master criminals known as Blacklisters – has now disbanded, with Harold Cooper (Harry Lennix) retiring as head of the bureau to raise Liz's young daughter, Agnes.

But the team are brought back together following a fatal attack by assailants sporting mysterious tattoos, and Cooper goes looking for a grieving Red in Cuba to get his help in finding those responsible.

'Even as the task force has scattered to the four winds, the criminal world has just kept ticking along, which becomes impossible for our heroes to ignore,' explains showrunner John Eisendrath. 'The Blacklisters are just as nasty as ever.'

The new season sees Stacy Keach reprise his role as Red's former mentor Robert Vesco, who now specialises in stealing religious artefacts, while Joely Richardson returns as Red's old flame, Cassandra.

Cooper also finds himself in hot water when he wakes up suffering memory loss and with a bullet missing from his gun – only to discover that his wife's former lover has been fatally shot.

'Cooper's confusion turns to concern,' says Eisendrath. 'The one man he ever wished dead has been shot and killed, and Cooper is left to wonder if he had anything to do with it.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

The Jubilee Pudding: 70 Years in the Baking

Thursday, 8pm, BBC1

To mark the Queen's Platinum Jubilee, landmark London store Fortnum & Mason challenged home bakers to create a tart, cake or pudding to honour the occasion. Nearly 5,000 people came up with ideas, from which five were selected as finalists. Now, six judges, led by TV cooks Dame Mary Berry (left) and Monica Galetti, give their verdicts as the five contestants go head-to-head. Which will be the winning recipe?

Peacemaker

Tuesday, 9pm, Sky Max

Look out for cameos from Jason Momoa's Aquaman and Ezra Miller's The Flash as the Justice League turn up in the show's season finale. The action sees vigilante Christopher Smith (John Cena), AKA Peacemaker, and his ragtag team of secret operatives track down the insect-like aliens called Butterflies – who can burrow into human brains and control their bodies. But are the aliens really all bad?

Glow Up: Britain's Next Make-Up Star

Wednesday, 8pm, BBC3

Maya Jama (left) takes the helm once again for a fourth series of the competition to uncover the best new make-up artists. Industry professionals Dominic Skinner and Val Garland are back to cast an eye over the stunning creations and incredible transformations as the contestants compete to be crowned the champion.

Eurovision Semi-finals

Tuesday & Thursday, 8pm, BBC3

Ukrainian group Kalush Orchestra (left) will have plenty of support as singers and musicians across Europe take part in the semi-final stages of the Eurovision Song Contest from Turin. They'll be performing on Tuesday, while Thursday's second semi-final features Ireland's hopeful Brooke and Australia's Sheldon Riley. Who will make it through to the final on 14 May? Rylan and Scott Mills host.

Looking for LOVE

Hilary Duff and Kim Cattrall star in a comedy spin-off

Kim Cattrall plays the older Sophie

Sid, Charlie, Valentina, Sophie, Ellen and Jesse

How I Met Your Father

NEW *Available:* ***Wed 11 May*** *Genre:* ***Comedy***
Season: ***1*** *Eps:* ***10 (2 from Wed, then weekly)***

At 34 years old, Hilary Duff already has over 20 years of show business under her belt, including the title role in Disney comedy *Lizzie McGuire* back in the early 2000s.

This week, she returns to her Disney roots for a new comedy spin-off, *How I Met Your Father*, which follows in the footsteps of the hugely popular *How I Met Your Mother*, which ran from 2005 until 2014.

The original saw the unseen Ted Mosby, in the year 2030, recounting to his son, Luke, and daughter, Penny, the events in the past that led him to meet their mother, with the younger, lovelorn Ted played by Josh Radnor.

This new 10-part spin-off has a similar format, with *Sex and the City*'s Kim Cattrall playing narrator Sophie, who, in 2050, tells her son how she met his father.

HOPELESS ROMANTIC

Duff plays the younger Sophie, a hopeless romantic and photographer who is finding her place in the world and looking for true love.

Duff admits she was nervous when she was first approached about the project. 'The original show is so beloved that I was like, "Oh, I don't want to do a reboot," but I read the script and it was just everything you want a comedy to be,' she reveals. 'And Kim Cattrall is such an icon.'

As Sophie navigates the New York City dating scene, she has to kiss a lot of frogs before finding her soulmate. But she is supported along the way by close friends.

'Sophie's struggling, but doesn't give up,' says Duff. 'She has this lovely circle of friends that have all of these incredible experiences as they are trying to find their footing in life.'

Among Sophie's chums are her stylist best pal Valentina (Francia Raísa), bartender Sid (Suraj Sharma), sweet-natured British aristo Charlie (Tom Ainsley), Uber driver Jesse (Chris Lowell), and Jesse's Vietnamese adoptive sister Ellen (Tien Tran).

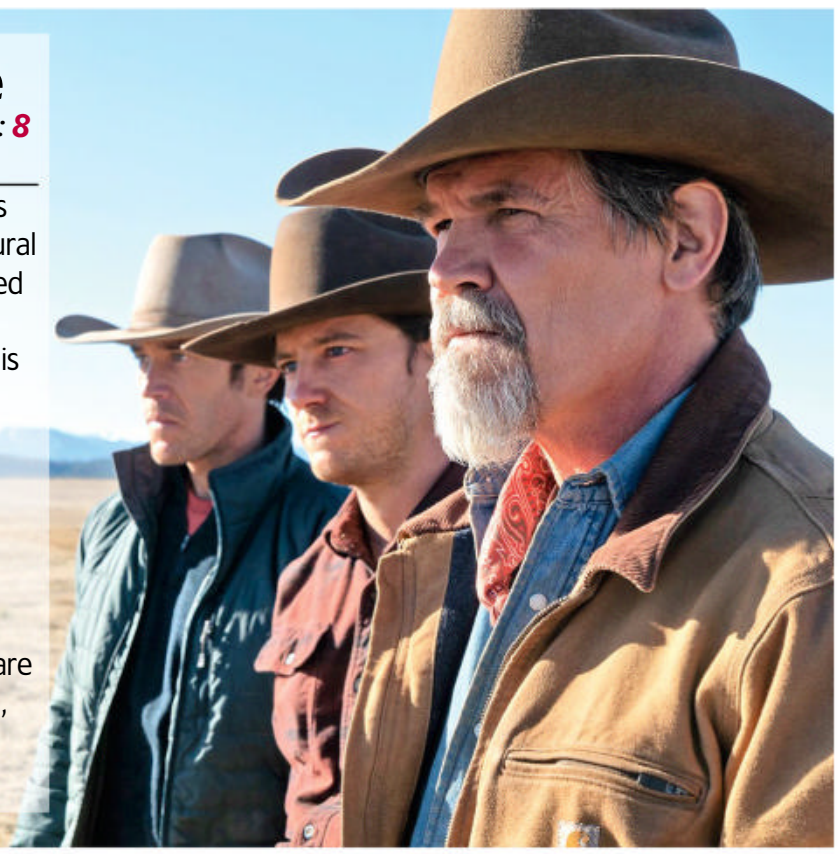
'It's brutal out there in the dating world,' says Duff. 'The odds are against Sophie, but she leans into this little pack of weirdos that she calls her friends.'

As with the original series, viewers will be guessing who Sophie eventually settles down with and who becomes the father of her son. The show has already been commissioned for a second season, so it might be some time before we find out the answer.

'We did not know exactly who the father was when we started writing,' admits showrunner Elizabeth Berger. "Now, we've had a season to live with these characters, we are starting to formulate a plan in our heads. Nothing is set in stone yet. But things are starting to take shape.'

What we're watching...

The shows being enjoyed by the *TVSW* team



Outer Range

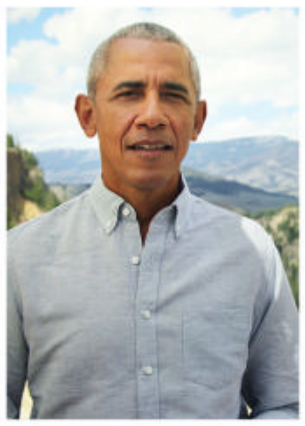
Genre: Western Season: 1 Eps: 8 (two eps released weekly)

Josh Brolin is on top form in this western that is also a supernatural mystery thriller. He plays grizzled Wyoming cattle rancher Royal Abbott, who's fighting to save his land from a greedy neighbour (Will Patton) while also dealing with the disappearance of his daughter-in-law. If that wasn't enough, an eerie, otherworldly void suddenly opens up on his land just as a mysterious visitor (Imogen Poots) arrives. There are striking visuals, surreal touches, and plenty of twists in an intriguing and unusual drama.

Our Great National Parks

Genre: Documentary Season: 1 Episodes: 5

Barack Obama describes the wonders of the natural world in this celebration of the planet's wild spaces. It includes surfing hippos, fish that can walk and flying lemurs.



Single Drunk Female

Genre: Comedy drama Season: 1 Episodes: 10

Dark humour blends with a raw look at addiction as wry twenty-something alcoholic Sam (Sofia Black-D'Elia, right) moves back in with her overbearing mother (Ally Sheedy).

Now in production...

Three upcoming shows to look out for soon

Leave the World Behind

Kevin Bacon (above) will join Julia Roberts and Mahershala Ali in Netflix's adaptation of Rumaan Alam's novel, which follows a family holidaying in Long Island who are stunned when a couple arrive with information about a strange blackout.

Becoming Elizabeth

STARZPLAY's eight-part Tudor drama about the turbulent teenage years of the future Elizabeth I (Alicia von Rittberg, above) will air in June. Romola Garai plays her sister Mary, while Jessica Raine is her stepmother, Catherine Parr.

Hijack

In Apple TV+'s seven-part thriller, Idris Elba will head the cast as negotiator Sam Nelson, who deals with the terrifying fallout after a plane is hijacked during a flight to London. But as chaos ensues, Nelson's tactics prove hazardous and lives come under threat.

WORDS: ELAINE REILLY, JUDY EWENS, CAREN CLARK. PHOTOS: ©2022 DISNEY AND ITS RELATED ENTITIES, GETTY, PRIME VIDEO, NETFLIX, HULU

If you like Succession...

NETFLIX Savage Beauty

NEW *Available: Thu 12 May*
Genre: Drama Season: 1 Episodes: 6

This South African drama revolves around a powerful family who run a global beauty empire, which 15 years earlier tested a breakthrough skin lightener on a group of street children. Now, one of the survivors, Zinhle, infiltrates the business as an employee and sets about destroying the firm – and the family – from within.

For fans of dating shows...

discovery+ Love in the Jungle

NEW *Available: Sun 8 May Genre: Reality Season: 1 Episodes: 7 (two eps from 8 May, then weekly)*

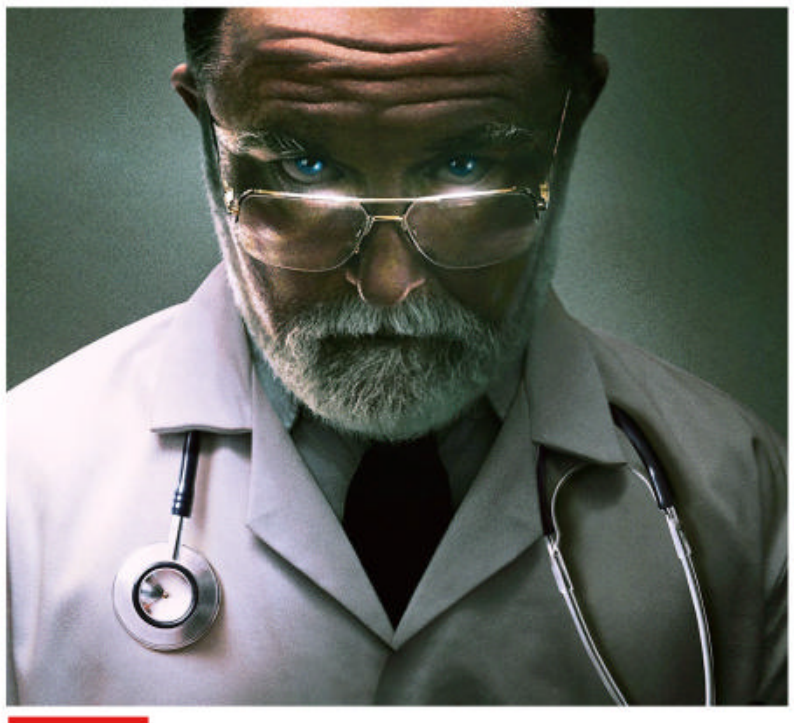
Filmed in a South American eco-reserve, each of the 14 contestants on this dating show are limited to non-verbal communication, identifying as an animal they feel best matches their personality and adopting corresponding mating rituals to attract a partner. Can they find love through physical connection alone?

Manuel Garcia-Rulfo plays Mickey Haller

NETFLIX The Lincoln Lawyer

NEW *Available: Friday 13 May Genre: Drama Season: 1 Episodes: 10*

***The Undoing* and** *Big Little Lies* creator David E Kelley is behind this drama series starring *Goliath* actor Manuel Garcia-Rulfo as attorney Mickey Haller, who runs his Los Angeles law practice out of the back seat of his Lincoln Town Car. It comes on the back of the 2011 movie of the same name that featured Matthew McConaughey as Haller. 'Manuel is the ideal Mickey Haller,' says author Michael Connelly, who penned the original series of novels. 'He brings a powerful dynamic and dimension to the role – one that aligns with the books.' The series also stars *Scream*'s Neve Campbell as Mickey's first ex-wife, Maggie, who's the deputy district attorney.



NETFLIX Our Father

NEW *Available: Wednesday 11 May*
Genre: Documentary

This one-off documentary lifts the lid on the scandal surrounding US fertility doctor Donald Cline, who secretly used his own sperm at his Indianapolis clinic to impregnate women. As a result, Cline fathered at least 50 children in the 1970s and 80s without his patients' knowledge or consent. His actions only came to light when Jacoba Ballard – an only child conceived via donor sperm – used an at-home DNA test that led her to discover she had seven half-siblings. As those sharing his DNA began to connect the dots through social media, the net began to close in on the deceitful doctor...

Rebel Wilson as Stephanie

NETFLIX Senior Year

NEW *Available: Friday 13 May*
Genre: Comedy

In this one-off, Rebel Wilson plays Stephanie, the most popular girl in her high school until she goes into a coma after falling from the top of a cheerleading pyramid. Fast-forward 20 years, and Steph finally wakes up from the coma as a 37-year-old woman who's unsure where she fits into the modern world. Determined to get back what was rightfully hers, Steph decides to return to school in a bid to finish her final year, reclaim her position as the most popular girl and make sure she is crowned prom queen. Alicia Silverstone and Justin Hartley also star.

WORDS: RICHARD MCCLURE, NICK CANNON, CAREN CLARK. PHOTOS: BBC, C4, DISCOVERY+, ITV, NETFLIX, SKY

Michal Zurawski heads a cast of colourful characters

Gang warfare

Meet the **Peaky Blinders of Poland**...

The King of Warsaw

NEW *Available: Friday 13 May Genre: Drama Season: 1 Episodes: 8*

If you're missing Tommy Shelby and his crew after *Peaky Blinders* came to an end, you might want to try All 4's *The King of Warsaw* for your latest gangster fix.

The gritty foreign-language drama is set in 1937 Poland, where fascism is on the rise and the clouds of war are gathering over Europe.

Gangsters rules Warsaw and socialist Buddy Kaplica controls the city's sex and loan-sharking trades, aided and abetted by his right-hand man, boxing champ Jakub Szapiro.

Jakub (Zurawski) vies for control

POWER STRUGGLE

However, the right-wing Phalanx organisation is fighting pitched battles with Buddy's men for control of the streets, while the Mob is plagued by its own internal battles when Jakub decides he wants to be top dog.

'Jakub is a man who is trying to be a good husband and father, but he is also someone that tries to survive at all costs,' explains Michal Zurawski, who plays the role. 'He's the archetype of a strong man, but also deeply damaged.'

When Buddy orders Jakub to kill a man who owes him money, Jakub ends up taking in his victim's son, Mosze, and becomes his mentor

Meanwhile, Jakub's wife Emilia wants them to emigrate to Palestine to start afresh, but she isn't the only woman in his life – we also meet his former lover Ryfka, who runs one of the gang's brothels, and femme fatale Anna (Lena Gora).

Lena Gora as Anna

'The series shines a light on a small part of Polish history, and hopefully it does that in an entertaining way,' says Zurawski, who was so keen to play the part that he began boxing training before he was even offered the role of Jakub.

'I started preparing before I was even called in for an audition. It's my dream role, but the boxing was pretty exhausting.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

Grace

John Simm makes a welcome return on ITV as the Brighton-based detective, who tackles a disturbing investigation when a woman's dismembered body is discovered and a recording of her murder leads the sleuth into a sinister world.

Here We Go

The first full series of BBC1's quirky comedy gets off to a cracking start as the Jessop family head out on an outing. But gran Sue (Alison Steadman) struggles to keep control of Lord Sugar, the cockapoo she is looking after for a neighbour.

Rob & Romesh Vs Strongman

Comedians Rob Beckett and Romesh Ranganathan are on hilarious form in the return of the Sky Max series, as they undergo training as strongmen and take part in a strength sports festival.

Our Changing Planet

In the opener to BBC1's ambitious series looking at endangered species and habitats, Steve Backshall investigates ocean warming around the Maldives, and helps to give a pregnant manta ray an ultrasound.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Love in the Jungle
Sunday 8 May

Dating show. Over seven episodes, 14 contestants adopt mating rituals from the animal kingdom, such as non-verbal communication and choreographed dances, to attract a partner.

Our Father
Wednesday 11 May

Documentary telling the shocking story of American fertility doctor Donald Cline, who, without their knowledge, artificially inseminated his female patients with his own sperm – fathering more than 50 children in the process.

The Quest

The Quest
Wednesday 11 May

Fantasy reality competition. Eight teen contestants are dropped into the fantastical, fictional world of Everealm, where they are tasked with saving a kingdom by fulfilling an ancient prophecy.

How I Met Your Father
Wednesday 11 May

Spin-off from the US sitcom *How I Met Your Mother*. In 2050, Sophie (Kim Cattrall) tells her son how she met his dad. Hilary Duff plays the younger Sophie in 2022. See feature, page 14.

Savage Beauty
Thursday 12 May

South African drama. On a quest for revenge, a mysterious woman embeds herself into a powerful family who run a global beauty empire but who are also hiding dark secrets.

Laurence Olivier Presents
Thursday 12 May

Anthology series from 1976 featuring a collection of plays that Laurence Olivier acts in or directs. The six dramas include works by Tennessee Williams, Harold Pinter, James Bridie and Eduardo De Filippo.

King Lear
Thursday 12 May

Laurence Olivier takes the title role in a 1983 TV adaptation of William Shakespeare's tragedy about an ageing king abdicating his throne and dividing his kingdom between his daughters.

Shelley
Thursday 12 May

Hywel Bennett plays James Shelley, a perpetually unemployed, anti-establishment 'freelance layabout' with a doctorate, in series 1-4 of the sitcom, from 1979-1982, plus the 1980 special.

New Tricks
Thursday 12 May

Series 9-12, from 2012-2015, of the long-running cold-case police drama starring Amanda Redman, Dennis Waterman, James Bolam and Alun Armstrong.

The Pursuit of Love
Thursday 12 May

Last year's comedy drama based on Nancy Mitford's novel. Set in the 1920s, it centres on aristocratic and adventurous Linda Radlett (Lily James) and her more circumspect best friend and cousin Fanny Logan (Emily Beecham) as they seek love.

42 Days of Darkness
Wednesday 11 May

Chilean thriller inspired by real events. A woman searches for her missing sister in the face of the authorities' negligence, society's prejudices and harassment from the media.

Respect
Tuesday 10 May

Jennifer Hudson stars as Aretha Franklin in a biographical musical drama about the singing great's rise to fame. Forest Whitaker plays Franklin's father and Marlon Wayans is her husband and manager, Ted White.

Bling Empire
Friday 13 May

Season two of the reality show following a wealthy group of Asian and Asian-American friends (and frenemies) in Los Angeles living lives filled with fabulous parties and expensive shopping sprees.

The Lincoln Lawyer
Friday 13 May

Legal drama created by *Big Little Lies*' David E Kelley. Mickey Haller (Manuel Garcia-Rulfo) runs his Los Angeles law practice out of the back seat of his Lincoln Town Car.

Bling Empire

Senior Year
Friday 13 May

Comedy about a cheerleader (Rebel Wilson) waking up from a 20-year coma and returning to high school to try to finish her senior year and become prom queen.

The Essex Serpent
Friday 13 May

In 1893, newly widowed Cora Seaborne (*Homeland*'s Claire Danes) moves to Essex, intrigued by reports of a mythical sea dragon and clashes with the local vicar (Tom Hiddleston). See feature, page 4.

Greatness Code
Friday 13 May

Season two of the sports docuseries about the world's greatest athletes and their drive to succeed. Among those profiled are footballer Marcus Rashford and champion ski racer Lindsey Vonn.

The Kids in the Hall
Friday 13 May

Season six of the entertainment show featuring the Canadian sketch comedy troupe. This season's guest stars include Eddie Izzard, Mark Hamill and *Schitt's Creek*'s Catherine O'Hara.

Sneakerella
Friday 13 May

Modern twist on the Cinderella fairy tale. An employee at a New York shoe shop is also an aspiring sneaker designer but he hides his artistic talent from his stepfather and stepbrothers.

The King of Warsaw
Friday 13 May

Polish drama set in 1937 Warsaw. Jewish mobster Buddy Kaplica rules the city but his right-hand man, boxer Jakub Szapiro, dreams of taking over Buddy's position. See feature, page 17.

WORDS: JUDY EWENS. PHOTOS: ©2022 DISNEY AND ITS RELATED ENTITIES, MGM, NETFLIX, PRIME VIDEO

Documentaries

Tougher than the rest

Cameras follow the **Royal Marines Commandos** – from gruelling training to secret missions

Conducting a boarding exercise at sea

NEW FACTUAL

Commando: Britain's Ocean Warriors

Sunday, 8pm, BBC2

If you thought *SAS: Who Dares Wins* was tough, then BBC2's new four-part series *Commando: Britain's Ocean Warriors* is a real eye-opener.

It follows the inside story of the Royal Marines Commandos, Britain's elite fighting force, as they're deployed anywhere in the world at a moment's notice, acting as strike troops, peacekeepers and seaborne raiders.

But the road to becoming a commando begins with the longest infantry training in the world and

Mother Teresa: For the Love of God?

Monday, 9pm, Sky Documentaries

A provocative three-part profile of Mother Teresa, the Catholic nun and missionary who dedicated her life to helping the poor and sick people of India, and was canonised as a saint in 2016. But what were her links to a paedophile priest, and did her medical centres provide proper care?

The Repair Shop

Wednesday, 8pm, BBC1

As the popular restoration series returns, horologist Steve Fletcher teams up with his son as he attempts his largest-ever repair on a three-metre-tall clock, Dominic Chinea works on a rusty pedal car, and electronics expert Mark Stuckey tackles an unusual china dog called Polly.

Fergal Keane: Living with PTSD

Monday, 9pm, BBC2

BBC foreign correspondent Fergal Keane has spent 30 years reporting on conflict and brutality in hotspots around the world. In this very personal film, he talks about his diagnosis of PTSD, and reveals how it has affected his life and work, plus he looks at the treatment for the condition.

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: AP, BBC, C4, SKY

Undertaking dangerous tasks

only a select few are good enough to wear the coveted green beret. Every year, 26,000 hopefuls apply, but just 400 make it.

Aged 16, Dom is one of the youngest recruits and applied when he was still at school in London.

PUSHED TO THE LIMIT

'Where I'm from, some people get into trouble early, they get put in prison for selling drugs,' says Dom. 'Any little scrap can end up with you being stabbed, so it's best to get out of that situation. This is one of the best things I can do.'

In order to become a commando, recruits must complete a week of arduous tests, including a nine-mile speed march, a Tarzan assault course, and a 30-mile trek carrying 32lb of equipment. If they don't pass every single test, then their eight months of training will be for nothing.

'We're pushing individuals to their limit and sometimes beyond, because that's what we require from them when we set them loose,' says troop commander Fergie. 'You need the determination to push on when the going gets tough. When it's cold, wet and miserable and most people want to give up, that's when you need to be able to crack on.'

As the tests get underway, we also hear from some other former commandos, including Falklands veteran Ricky, and Jon, who lost both legs and an arm while serving in Afghanistan. Meanwhile, later in the series, cameras follow the Marines as they go on the hunt for smugglers in the Gulf.

But everything for Dom and his fellow recruits comes down to eight hours trekking 30 miles across Dartmoor, a brutal test designed to weed out the weak when they're at their lowest ebb. So who will earn the green beret?

'Having achieved your green beret, you have a job to take it off,' says former World War Two commando Clifford. 'You want to wear it all the time because you've joined the finest fighting unit in the world.'

Former commando Clifford Coates

Will Young: Losing My Twin Rupert

Tuesday, 10.05pm, C4

In 2020, Will Young's brother Rupert took his own life after discharging himself from hospital. In this film, the singer and actor opens up about his sibling's addiction problems, and takes a critical look at the treatment and care that are given to people who are battling alcoholism.

Eden: Untamed Planet

Sunday, 7.10pm, BBC2 (box set, BBC iPlayer)

Helena Bonham Carter narrates as cameras head to the most untouched places on Earth for this six-part series. First up is Borneo, where the rich rainforest is home to 60,000 species of plants and animals – 6,000 of which are unique. Later episodes include Namibia, the Galapagos, and Patagonia.

Spake at Heathrow

Flying high

Airport star **Jeremy Spake** returns to Heathrow

NEW FACTUAL

The Airport: Back in the Skies

Monday, 8.30pm (times vary), BBC1

Jeremy Spake shot to fame in the 1990s when he featured on *Airport*, one of the BBC's very first docusoaps.

At the time, he was working at Heathrow as a ground services manager for Russian airline Aeroflot, and now he revisits the airport, taking us behind the scenes as the aviation industry recovers from the pandemic, in a new six-part BBC1 series.

We checked in with Spake, 52, to hear more…

What have you been up to since appearing on *Airport*? Travelling around the world and working for airlines and airports in various senior roles. I've just finished working at the Isle of Man Airport as operations director. It's been a busy 20-odd years.

What impact did the show have on your life back then? It had a massive impact. Even now, I get asked, 'Aren't you the bloke off the *Airport* series?' We went from normal everyday work to becoming household names. It totally changed my life.

You work alongside some new colleagues in this series. Can you tell us about any of them? There's one lady, Sharon, who looks after the baggage trollies in Terminal 3. Her husband died of COVID-19, and I'm almost brought to tears talking to her because she has such a passion for what she does.

In what ways have airport employees been affected by the pandemic? Heathrow has lost tens of thousands of staff over the past two years, so the series starts in a place where it's pretty doom and gloom. But as the borders reopen, there are lots of great moments, including a couple going back to America to see their grandchildren for the first time.

What is it that you love so much about airports? I've been in aviation for 37 years, but I still love nothing more than seeing people getting into aeroplanes and being able to go anywhere in the world to discover new things, experience new adventures, or reunite with family and friends.

Piers is back

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Films Our Pick of

Ghostbusters: Afterlife

Faces old and new provide much to enjoy in a warm and witty reinvention

PREMIERE OF THE WEEK

Spirited away: Paul and gang

SCI-FI COMEDY

Friday, 9.50am & 8pm, Sky Premiere ★★★★

Co-written and directed by Jason Reitman – the son of original 1984 *Ghostbusters* director, Ivan – this reverential reinvention updates the franchise without relinquishing its spirit.

It centres on the family of legendary 'buster Egon (the late Harold Ramis, to whom the film is dedicated) who has popped his clogs after years of living hermit-like in small-town Oklahoma, undertaking covert experiments at his ramshackle farm (seen in a spine-tingling pre-title sequence).

Egon's daughter Callie (Carrie Coon, excelling as a recognisable, harassed parent) is unimpressed that she needs to sort out the affairs of her skip-the-nest father. Her bickering kids, teen Trevor (Finn Wolfhard) and 12-year-old science nerd Phoebe (Mckenna Grace), are equally nonplussed to relocate to a town without a bar of phone signal and a preponderance of seismic tremors, despite not being on a faultline.

It's little wonder that bright Phoebe is bored by summer classes led by Mr Grooberson (Paul Rudd, great fun) whose idea of a lesson is popping *Cujo* in the VCR (one of many 1980s hat-tips).

So she starts exploring spectral activity with new pal Podcast (Logan Kim) and some very familiar equipment, while Trevor's lured by that 1959 Cadillac languishing in the barn...

Smart without being snide, *Afterlife* lovingly references the past and, of course, there are a number of starry cameos. How and where they factor into the story is skilfully handled, bringing true emotional heft rather than providing mere lip service.

Warm, witty and full of wonder, it's a film that will entertain adults as much as kids, fans as much as newbies. 2021, 12, 124MIN

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

WORDS: JANE CROWTHER, NIGEL PIZEY, NEIL SMITH, KATE STABLES

the Week's Best Films

BIOPIC

Respect

Tuesday, On demand, Amazon Prime Video ★★★

Hand-picked to portray Aretha Franklin by the Queen of Soul herself, Jennifer Hudson brings a passionate intensity to this handsome biopic. Solid and lushly crafted, it feels at times a tad too safe, opting for old-school redemption storytelling and lavish 1960s costuming rather than the likes of *Rocketman*'s playfulness or *Judy*'s rueful wit. But studio scenes make it jump alive, with Hudson's soaring vocals (which were recorded live) raising goosebumps – and her riveting performance carries this reverent drama with (appropriately) amazing grace. 2021, 12, 145MIN

Shining bright: Jennifer

Don't write this one off

DRAMA

The Last Letter from Your Lover

Sunday, 2.10pm & 9.40pm, Sky Premiere ★★★

Jojo Moyes' bestseller about a modern-day journalist (Felicity Jones) unpicking a torrid 1960s affair between a kept wife (Shailene Woodley) and a charming hack (Callum Turner) via a series of romantic epistles plays out in entirely predictable fashion on screen (especially if you're familiar with *An Affair to Remember*). **However, verve is found in the fresh casting – Joe Alwyn is particularly effective – against an evocative period setting. With steamy French Riviera locations and even steamier chemistry, this is undemanding entertainment to enjoy.** 2021, 12, 109MIN

The biology lesson wasn't a hit

HORROR

Spontaneous

Thursday, On demand, Amazon Prime Video ★★★★

A high-school pupil spontaneously combusts. Then another. And another. Scientists can't find anything wrong, but clean test results don't stop the mess, and each teen wonders if they'll be the next victim… This smart directorial debut from screenwriter Brian Duffield swirls with subtexts (Trump's presidency, school shootings, the Covid pandemic) while skilfully juggling genres and tones. And, among other things, it's a cracking romance thanks to lovable leads Katherine Langford and Charlie Plummer. Your heart will go boom. 2020, 15, 97MIN

Good times: Renate and Anders Danielsen Lie

DRAMA

The Worst Person in the World

Friday, On demand, Mubi ★★★★★

The endearingly flighty Julie (the sublime Renate Reinsve) is impulsive, indecisive and loathe to settle down, flirting with careers with the same alacrity with which she exchanges her sexual partners. But eventually she's thrust into the orbit of laidback Oslo resident Eivind (Herbert Nordrum) and their risqué meet-cute at a wedding she gatecrashes is one of several standout sequences. Teetering merrily on the borders of good taste, this film feels deeply human, with all the imperfections and messiness that entails. It is stunningly good. 2021, 15 128MIN

FilmFinder The best of the week at a glance

Classic

Women in Love

Saturday, GREAT! movies classic, 9pm ★★★★

A fine adaptation of DH Lawrence's novel of turbulent love in a 1920s colliery town. Glenda Jackson, Jenny Linden, Alan Bates and Oliver Reed star. 1969, 15, 130MIN

Magnificent Obsession

Tuesday, GREAT! movies classic, 4.30pm ★★★★

Rock Hudson is a playboy who decides to become a brain surgeon after causing Jane Wyman's blindness. A plush, classy tear-jerker. 1954, U, 108MIN

Two-Way Stretch

Wednesday, Talking Pictures, 9.10pm ★★★★

Peter Sellers teams up with David Lodge and Bernard Cribbins as jailbirds trying to carry out a robbery while still in prison. It's a riot. 1959, U, 87MIN

Born Free

Thursday, Film4, 12.55pm ★★★★

The Oscar-winning theme song gives a huge lift to this magnificent adaptation of Joy Adamson's best-selling story of Elsa the lioness starring Bill Travers and Virginia McKenna. 1965, U, 95MIN

Horror

Triangle

Monday, Horror Channel, 9pm ★★★★

This nightmarish psycho-chiller is stylishly done as those on a capsized boat encounter a seemingly abandoned cruiser. Melissa George gives a terrific lead performance. 2009, 15, 99MIN

Willy's Wonderland

Tuesday, Sky Sci-Fi/Horror, 11.45pm ★★★★

Drifter Nicolas Cage stays in an arcade overnight, where its mechanical mascots have taken on a demonic, murderous presence. Gleefully OTT. 2021, 15, 89MIN

Don't Breathe 2

Thursday, Sky Sci-Fi/Horror, 10.05pm ★★★

Stephen Lang's blind vet has dumped his despicable ways to care for a young girl (Madelyn Grace) when some very bad men come calling... 2021, 15, 98MIN

Antlers

Friday, Sky Sci-Fi/Horror, 8pm ★★★

Sheriff Jesse Plemons and his teacher sister Keri Russell cross paths with a kid (Jeremy T Thomas) whose family home is dominated by a demonic presence. A gritty chiller. 2021, 15, 99MIN

Drama

Slumdog Millionaire

Monday, Film4, 11.05pm ★★★★★

A boy from the Mumbai slums recalls events from his past as he competes on the Indian version of *Who Wants to Be a Millionaire?* in Danny Boyle's Oscar-winning drama. 2008, 15, 120MIN

The Post

Tuesday, Film4, 6.45pm ★★★★

In 1971, *The Washington Post* publisher Kay Graham (Meryl Streep) and editor Ben Bradlee (Tom Hanks) expose the lies of President Nixon. A rousing, fact-based drama. 2017, 12, 111 MIN

EDITOR'S CHOICE

The Many Saints of Newark

Saturday, Sky Drama, 5.45pm ★★★★

This blistering prequel to the classic TV series *The Sopranos* covers the mid-1960s to early-1970s, when Tony Soprano is still at school, but clearly soaking up everything his older relatives do. Tony's played by William Ludwig and, later, Michael Gandolfini – son of the late James Gandolfini, who so memorably originated the role. 2021, 15, 120MIN

Thriller

Nobody

Sunday, Sky Epics, 8pm ★★★★

Bob Odenkirk is terrific as a jaded family man whose previous life as an assassin comes to the fore following an act of retribution that escalates into a war with the Russian mob. 2021, 15, 92MIN

Kimi

Tuesday, Sky Thriller, 8pm ★★★★

Zoë Kravitz analyses data streams for a smart-hub device, when she hears what appears to be an assault – but her bosses ignore her when she flags it up. A compelling thriller. 2022, 15, 89MIN

Cop Car

Wednesday, Horror Channel, 9pm ★★★

Cutting a mean figure, Kevin Bacon's corrupt sheriff goes in search of the incriminating contents of his squad car, stolen by two runaway boys, in this gripping crime story. 2015, 15, 84MIN

All the Money in the World

Wednesday, Film4, 1.05am ★★★★

In 1973, the Mafia takes the grandson of J Paul Getty (Christopher Plummer), but he won't pay the ransom. Michelle Williams and Mark Wahlberg also star in this superb thriller. 2017, 15, 127MIN

FILMS MAY BE EDITED FOR TELEVISION. THE RUNNING TIMES GIVEN ARE THOSE OF THE ORIGINAL CINEMA RELEASES.

Weekend movies

Saturday 7 May

COMEDY

The Personal History of David Copperfield

9.20pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Fizzing with wit and buoyant energy, writer-director Armando Ianucci's highly original adaptation of Charles Dickens' classic novel boasts a star-studded, colour-blind cast. Dev Patel is a delight as David and there are juicy roles, too, for Peter Capaldi as perennially optimistic Mr Micawber, Tilda Swinton as David's donkey-hating aunt Betsey Trotwood, Hugh Laurie as Mr Dick and Ben Whishaw as a superbly creepy Uriah Heep. 2019, PG, 119MIN

The word's out: Dev as David

DRAMA

Bridge to Terabithia

7.40am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

An affecting adaptation of Katherine Paterson's children's novel that uses its magical special effects sparingly in favour of a more naturalistic approach. Josh Hutcherson and AnnaSophia Robb play a pair of misfit kids who devise a fantasy world as an escape from the disappointment of their real lives. The story takes an unexpectedly dark turn midway through, and the film handles this shift in tone with great sensitivity. 2007, PG, 95MIN

DRAMA

Into the Woods

2pm, BBC2 (not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

There are glossy production values and a very starry cast for this Disney version of Stephen Sondheim's 1987 musical. The Brothers Grimm stories of *Little Red Riding Hood*, *Jack and the Beanstalk*, *Cinderella* and *Rapunzel* are interwoven with a story about a baker and his wife (James Corden and Emily Blunt) on a quest to reverse a curse by Meryl Streep's vengeful witch. The movie also finds room for hammy turns from Johnny Depp and Chris Pine. 2014, PG, 125MIN

THRILLER

Safe House

10.35pm, ITV ★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Reynolds and Denzel Washington go head-to-head in a frenetic action thriller whose chases, gunplay and hand-to-hand combat flash by in such a furious blur that you barely have time to register the plot's shortcomings. Reynolds' CIA agent and Washington's rogue spy become unlikely allies when an agency safe house in Cape Town is attacked and they go on the run. It is a pity there isn't more complexity behind the action. 2012, 15, 115MIN

DRAMA

Deepwater Horizon

11.40pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

The pressure builds inexorably in this stirring tale of the 2010 drilling rig explosion in the Gulf of Mexico, which killed 11 workers and caused one of the biggest environmental disasters in history. Providing the human drama amid explosive spectacle, Mark Wahlberg, Gina Rodriguez and Kurt Russell are the good guys, while John Malkovich's oil company executive is the villain. 2016, 12, 105MIN

Full listings start on p35

Sunday 8 May

HORROR

Doctor Sleep

On demand, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Stephen King's sequel to *The Shining* gets a riveting film treatment from director Mike Flanagan and star Ewan McGregor. He plays shambolic psychic Dan Torrance, son of writer-turned-homicidal-axe-wielding Jack, whose life has been haunted by his childhood trauma at the Overlook Hotel. But with a band of psychic vampires (led by Rebecca Ferguson) feeding on the 'shine' of telepathic children, he is forced to help a particularly talented child (Kyliegh Curran) before they can find her. From 7 May. 2019, 15, 152MIN

Rebecca, Ewan and Kyliegh overlook the past

COMEDY

Raising Arizona

7.10pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

A non-too-bright robber (Nicolas Cage) and his police photographer wife (Holly Hunter) are infertile, so hatch a hare-brained plan to kidnap a baby from a family with quins. Full of witty dialogue and wild slapstick, this great Coen brothers comedy also stars John Goodman and William Forsythe. The antics are capped by a tender ending and Cage's wry voice-over is wonderful. 1987, 12, 92MIN

COMEDY DRAMA

Our Ladies

8pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

A day trip to Edinburgh gives five teens from Fort William a rare chance to sample big-city life. Based on the novel *The Sopranos*, it also evokes *Derry Girls* as the appealing quintet (Marli Siu, Tallulah Greive, Abigail Lawrie, Rona Morison and Sally Massham) give their watchful guardian (Kate Dickie) the slip. What follows is such a lively, drink-fuelled riot one feels positively bereft when the girls get home. 2019, 15, 106MIN

COMEDY

The Hurt Locker

10pm, BBC2 (11pm Wales, not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Kathryn Bigelow became the first woman to win the Oscar for Best Director with this gripping Iraq War drama. Guy Pearce and Ralph Fiennes have cameos, but Jeremy Renner takes the leading role as a fearless bomb-disposal expert in 2004 Iraq. Bigelow plunges us into the heat and dust as the characters puzzle over the latest improvised bomb. It is heart-stopping to watch, but impossible to look away. 2008, 15, 131MIN

COMEDY

The Brand New Testament

1.20am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

God is a grumpy bully (Benoît Poelvoorde) who lives in a Brussels high-rise and gets his kicks tormenting humanity. Then his rebellious 10-year-old daughter (Pili Groyne) hacks his computer and takes away his power by releasing the death dates for everyone. This surreal, teasing Belgian fable is playful, amusing and surprising. Subtitled. 2015, 15, 115MIN

Full listings start on p45

PAY-PER-VIEW PREMIERES

The pick of the week's films on Sky, Virgin and other platforms

Love struck: Jennifer and Owen

ROMCOM

Marry Me

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

JLo's version of *Notting Hill* knowingly rides well-worn romcom grooves (a *Pretty Woman* nod five mins in), but there's nostalgic comfort in the familiar. Leaning into Lopez's real-life persona, it follows an ultra-famous, thrice-married pop queen who's about to wed a hot new Latin star (Maluma) live on social media. Instead, she ends up spliced to normal guy Charlie (Owen Wilson). Can they find love? There may be no surprises in store, but Lopez and Owen's considerable charisma (plus the fashions) dance over the cracks in logic. 2022, 12, 102MIN

All in rows: Isabelle

DRAMA

The Novice

On all week ★★★★

Sex ●●● Violence ●●● Language ●●●

University rower Alex (Isabelle Fuhrman) pushes herself, fuelled by her own feverish ambition in writer-director Lauren Hadaway's drama that's both an engrossing psychological thriller and disturbing character portrait. Fuhrman is spectacular, playing both victim and tormentor, battling freezing rain and bloody hands, always believing she's on the cusp of greatness. Stylishly composed in cold greys and blues and edited for maximum stress-viewing, this is gripping. 2021, 15, 97MIN

Weekday movies over page

Weekday movies

Monday 9 May

DRAMA

Mass

12.25pm, Sky Hits ★★★★★

Sex ●●● Violence ●●● Language ●●●

It's hard to make sense of a senseless tragedy, but this searing drama, set for the most part in a single room, captures the agony of that futility. Two sets of parents (Jason Isaacs and Martha Plimpton and Ann Dowd and Reed Briney) meet years after a school shooting. Both their sons died – but, excruciatingly, one was a victim, the other the shooter. It's a truly devastating story about grief and a tough watch, but the superb acting is well worth the energy that it takes to absorb the impact. 2021, 12, 89MIN

Meeting point: Jason, Martha, Reed and Anne

COMEDY DRAMA

North Hollywood

7.10am & 3.10am, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

Michael (Ryder McLaughlin) wants to be a pro skateboarder. His dad (an excellent Vince Vaughn) thinks this is a stupid idea. And that's basically it. Director Mikey Alfred portrays contemporary LA through an early 1960s aesthetic, even peppering the soundtrack with doo-wop and early rock 'n' roll standards, giving the whole experience a dreamy feel. A languid yet charming coming-of age-tale. 2021, 15, 93MIN

ADVENTURE

Sahara

6.40pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Author Clive Cussler's action hero Dirk Pitt is brought to life in this breakneck African adventure. Matthew McConaughey's Pitt is a cross between Indiana Jones and James Bond, embarking on a madcap search for an American Civil War battleship in the Sahara desert and, along the way, uncovering the source of a mysterious plague decimating the locals. Steve Zahn and Penélope Cruz add to the fun. 2005, 12, 124MIN

DRAMA

Forrest Gump

1.35pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

This whimsical fable won six Oscars, including Best Picture, Best Director for Robert Zemeckis and Best Actor for Tom Hanks, as the film's innocent eponymous hero, a simpleton who sails blithely through the turmoil of post-war American history. In an era of dumbing down, it is not hard to see why the film struck a chord. Life may well be like a box of chocolates, but you will need a sweet tooth for this particular confection. 1994, 12, 136MIN

THRILLER

A Walk Among the Tombstones

9pm, GREAT! movies ★★★

Sex ●●● Violence ●●● Language ●●●

Liam Neeson brings his usual gruff charisma to the role of ex-cop-turned-private eye Max Scudder in this dark crime thriller based on Lawrence Block's novels. Scudder's client is a heroin trafficker (Dan Stevens), who wants him to find his wife's killers. The ensuing intrigue is pat and old-school, but Neeson is always compelling. 2014, 15, 114MIN

■ Full listings start on p55

Tuesday 10 May

COMEDY

The Stand In

9am & 5.10am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Drew Barrymore pulls a double shift as obnoxious film star Candy Black and her stand in, Paula. After Candy's abuse goes online, she goes into recluse mode for five years, but is then forced to attend rehab. But rather than face reality, she bribes Paula into pretending to be her to attend the sessions – little realising that Paula will be better at being Candy than she is! Barrymore nails the two leads and there is great support from TJ Miller. An enjoyably dark comedy, but not nearly as funny as it should be. 2020, 15, 101MIN

On a role: Drew wants to WFH

WEEPIE

Evening

6.40pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Vanessa Redgrave, Meryl Streep, Claire Danes and Toni Collette enrich this wonderful tearjerker adapted from Susan Minot's best-selling novel. Redgrave's dying matriarch recalls her first love 50 years earlier, with Danes as her younger self. The period scenes are superbly done and the present-day story – revolving around Collette's inability to commit to a relationship – is affecting, too. 2007, 12, 117MIN

THRILLER

Zero Dark Thirty

9pm, TCM ★★★★★

Sex ●●● Violence ●●● Language ●●●

Brilliantly capturing the intensity and uncertainty of America's decade-long quest to catch al-Qaeda terrorist leader Osama bin Laden after 9/11, director Kathryn Bigelow's intelligent, complex and nerve-shredding drama is breathtaking. Oscar-nominated Jessica Chastain is outstanding as a CIA agent who follows even the thinnest of clues, hints and hunches with steely resolve and single-minded tenacity. 2012, 15, 157MIN

SCI-FI

Gemini Man

9pm, Film4 ★★

Sex ●●● Violence ●●● Language ●●●

Will Smith goes head-to-head with himself in this slick but underwhelming action thriller from director Ang Lee. Smith plays a jaded veteran assassin whose plans to retire are upended when he has to battle a clone of his younger self, sent to eliminate him by villain Clive Owen. Nifty de-ageing wizardry puts the old and young Smiths in the frame; shame the film-makers neglected to lavish the same care on the silly script. 2019, 12, 117MIN

BIOPIC

The Man Who Knew Infinity

11.15pm, BBC2 ★★★

Sex ●●● Violence ●●● Language ●●●

A handsome biopic about remarkable self-taught Indian mathematician Srinivasa Ramanujan (Dev Patel). His story is seen through his friendship with Cambridge don GH Hardy (Jeremy Irons), who invited him to England in 1913 and, in the teeth of prejudice, became his champion. The film is by-the-numbers, but Patel and Irons are engaging. 2015, 12, 109MIN

■ Full listings start on p65

Wednesday

FANTASY

The Suicide Squad

8pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

From the opening deadly raid to the climactic all-out assault, there's rarely a shortage of carnage in James Gunn's lively, hilarious and gruesome film. The action ensemble (with Idris Elba as

They're on a *Suicide* mission

DRAMA

Luxor

7.15am & 4.55am, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

Andrea Riseborough commands every frame of this quiet, slow-brewing drama as emotionally closed-off British aid worker Hana. When she meets old friend Sultan (an engaging Karim Saleh) in Luxor in Egypt, they circle each other like awkward teenagers as she battles her inner turmoil. The script ambles, but the stylish direction and good acting make this worth your while. 2019, 12, 86MIN

ADVENTURE

Vertical Limit

4.50pm, GREAT! movies ★★★

Sex ●●● Violence ●●● Language ●●●

Three years after his father's death-fall off a cliff, Chris O'Donnell faces up to his fear and leads a team 26,000ft up Himalaya's treacherous K2 mountain to rescue his sister (Robin Tunney) and a millionaire (Bill Paxton). A heady disaster movie, tingling with an edge-of-the-seat mix of fear, thrills and quirky characters, including a vengeance-seeking Scott Glenn and feisty Izabella Scorupco. 2000, 12, 124MIN

11 May

Bloodsport, Margot Robbie as Harley Quinn, John Cena as Peacemaker and Joel Kinnaman as Colonel Rick Flag, plus the likes of Jai Courtney, Daniela Melchoir, Sylvester Stallone and Pete Davidson) is immense fun to hang out with in a movie that delivers awesome action, but truly shines when the characters engage with each other. 2021, 15, 132MIN

ACTION

Angel Has Fallen

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Gerard Butler's maverick secret service agent Mike Banning is back for a third round of gung-ho derring-do in this sequel to *Olympus/London Has Fallen*. Here, he's taken the fall for an assassination attempt on Morgan Freeman's US president and has to go on the run to expose the real threat. It's another guilty-pleasure slice of fun, helped along by a very game Nick Nolte as Banning's crusty Vietnam veteran dad. 2019, 15, 118MIN

ACTION

The Raid

10.15pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Welsh director Gareth Huw Evans and Indonesian martial artist Iko Uwais' relentlessly exciting and brutal action thriller locks you in a vice-like grip. The plot is simple – an elite police team, including Uwais' rookie, tries to nab a Jakarta drug lord in an assault on a 15-storey slum tenement packed with machete-wielding thugs and killers. The sequel follows at 12.05am. Subtitled. 2011, 18, 101 MIN

■ Full listings start on p75

Thursday 12 May

COMEDY FANTASY

Sorry to Bother You

11.35pm, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

A struggling young black man begins a dizzying ascent up the corporate ladder at a California telemarketing firm after he discovers his ability to adopt a 'white' voice when he cold-calls prospective clients. From then on, things get ever more surreal in this scaldingly funny satire. Lakeith Stanfield makes an engagingly befuddled hero, ably supported by Tessa Thompson as his vexed girlfriend, while Armie Hammer delivers a hilariously over-the-top turn as his scheming boss. 2018, 15, 112MIN

Lakeith doesn't look bothered

CLASSIC COMEDY

Bringing Up Baby

9pm, BBC4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

With razor-sharp dialogue, two supremely well-matched stars and an unhinged plot that piles twist upon twist, this is a perfect screwball comedy. Palaentologist Cary Grant wants to fit the last bone into his dinosaur skeleton and marry Virginia Walker. But his every step is thwarted by kooky heiress Katharine Hepburn. First they tussle over a golf ball, then she loses the back of her dress at a party, then her pet leopard, Baby, comes into the picture... 1938, U, 102MIN

THRILLER

The Girl in the Spider's Web

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Claire Foy plays computer hacker Lisbeth Salander in this action thriller reboot for the iconic character created by author Stieg Larsson. Fans will miss Lisbeth's spiky complexity and social conscience, but when Foy (who's trying to stop Russian crooks getting a deadly computer program) lets rip, dodging fireballs, leaping from tall buildings and battling foes twice her size, it is really thrilling. 2018, 15, 115MIN

THRILLER

Identity

10.55pm, Horror Channel ★★★

Sex ●●● Violence ●●● Language ●●●

In torrential rain, 10 strangers, linked by fate and a series of road accidents, are stranded at an isolated Nevada motel. Cop Ray Liotta has convict Jake Busey in tow, chauffeur John Cusack checks in with stuck-up Rebecca DeMornay and call girl Amanda Peet is another of the reluctant arrivals. And then somebody starts killing them... No one is who he or she seems in this sly mystery thriller with a devious twist. 2003, 15, 90MIN

THRILLER

The Counsellor

11.20pm, GREAT! movies ★★★

Sex ●●● Violence ●●● Language ●●●

Scripted by Cormac McCarthy and directed by Ridley Scott, this slick, brutal thriller has great pedigree. The talky plot is confusing, but the A-list cast dazzles. Michael Fassbender's a greedy lawyer who gets involved in a drug-smuggling scheme, unwittingly unleashing a cascade of eye-wateringly violent carnage that takes in Brad Pitt, Penélope Cruz, Cameron Diaz and Javier Bardem. 2013, 18, 117MIN

■ Full listings start on p85

Friday 13 May

ACTION

Fast & Furious 9

5.35pm, Sky Must See Movies ★★★

Sex ●●● Violence ●●● Language ●●●

The latest instalment in the saga is the usual far-fetched shenanigans that finds the gearhead gang attempting to stop a super-weapon falling into the hands of Vin Diesel's exiled brother (John Cena). Aided by Charlize Theron (the baddie in the previous film), Cena finds Diesel's crew a thorn in his side from the Caspian Sea to Tbilisi to the UK. Even by the franchise's usual OTT standards, it's a film that puts pedal to the metal and refuses to let up – sometimes for better, sometimes for worse. 2021, 12, 143MIN

Bang goes his no claims bonus

DRAMA

Eat Pray Love

8pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

Disillusioned American divorcee Liz Gilbert (Julia Roberts) heads off on a journey of self-discovery. In Italy, she finds the joy of eating and drinking, then abandons that for the power of prayer in India and finally discovers true love in Bali. Based on Gilbert's real story of her year's quest, the film is light and superficial – but also sweet and memorable. At heart, it's an old-style romcom drama and it looks a real treat. 2010, PG, 140MIN

THRILLER

Inception

8pm, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Christopher Nolan's mesmerising thriller stars Leonardo DiCaprio as a spy who specialises in infiltrating people's dreams to steal ideas from their minds. But then he riskily has to implant an idea in Cillian Murphy's brain with help from a crack team including Joseph Gordon-Levitt, Elliot Page and Tom Hardy. A movie to stimulate the brain, quicken the pulse and pluck at the heartstrings. 2010, 12, 148MIN

SCI-FI COMEDY

This Is the End

9.45pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

James Franco's riotous, star-studded house party in LA is interrupted by the apocalypse that leaves most of his A-list guests swallowed by a hole and Franco, Seth Rogen (who also co-wrote and directed), Jay Baruchel, Jonah Hill, Craig Robinson and Danny McBride trying to survive. Michael Cera, Rihanna and Emma Watson are among the stars gleefully sending themselves up in this fab comedy. 2013, 15, 107MIN

SCI-FI ACTION

Terminator Genisys

10.50pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

In a messy but inventive sequel-cum-reboot of *Terminator*, Arnold Schwarzenegger's cyborg is back as a good guy sworn to protect Sarah Connor. She's played as a feisty kick-ass heroine by Emilia Clarke, while Arnie spouts self-mocking lines. They make a fine double act, but the bland characters of Jason Clarke (as John Connor) and Jai Courtney (as Kyle Reese) fail to engage. 2015, 12, 125MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

F1: Miami Grand Prix

THE MAIN EVENT

Sun, sea and speed as F1 comes to **Florida**

Red Bull's Max Verstappen

Ferrari driver Charles Leclerc

LIVE MOTORSPORT

Sunday, race starts 8.30pm, Sky Sports F1 & Sky Sports Main Event

Sir Lewis Hamilton will try to revive his flagging season on Sunday at the first-ever Miami Grand Prix – Florida's first race in a 10-year deal.

The sell-out event is set to become one of the most glamorous races in the F1 calendar, with organisers constructing a Monaco-style marina plus a temporary beach, swimming pools and palm trees.

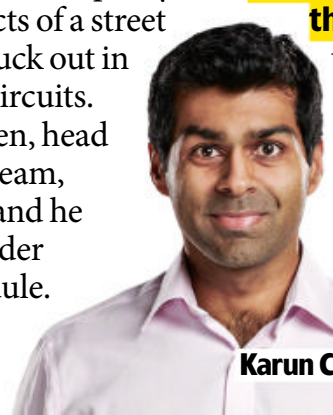
We caught up with former F1 driver and Sky Sports expert Karun Chandhok, 38, to get his views…

Are you looking forward to Miami? There is a huge amount of hype surrounding the event and a lot of excitement in the paddock. It was clear from the US Grand Prix in Austin last year that F1 has finally cracked America. There were 400,000 spectators across the race weekend in Texas and the level of interest has skyrocketed.

What is the Miami circuit like? It's been laid out around the Hard Rock Stadium, home to the Miami Dolphins NFL team, so it is pretty unique and has aspects of a street circuit. It's not just stuck out in the sticks like other circuits. I spoke to Clive Bowen, head of the track's design team, a couple of days ago and he said everything is under control and on schedule.

The Las Vegas Grand Prix also makes its debut next year. What's the thinking behind that launch? America is big enough geographically to host three grands prix. It's also the biggest consumer market in the world, so there's huge potential for sponsorship. The Americans put on a hell of a show at their sports events and F1 can learn a lot from that.

What has been your highlight of the season so far? I loved watching Charles Leclerc and Max Verstappen battle it out in Bahrain and Saudi Arabia. They were both extremely respectful and clever in how they raced, and it was very exciting. The two teams are very evenly matched and I think the new rules have been a positive. The cars are following closer and there has been some good battling for victory.



Karun Chandhok

Sir Lewis Hamilton and Mercedes are struggling at the moment. What's the best they can hope for this season? The car is not very good, but it is not a complete disaster, and it can still sneak a podium. Lewis has very rarely been in an uncompetitive car in the course of his career, so he just has to keep his head down and send a message out that he is giving 100%. The entire factory looks up to Lewis, and he needs to keep the whole team motivated as they try to improve the car.

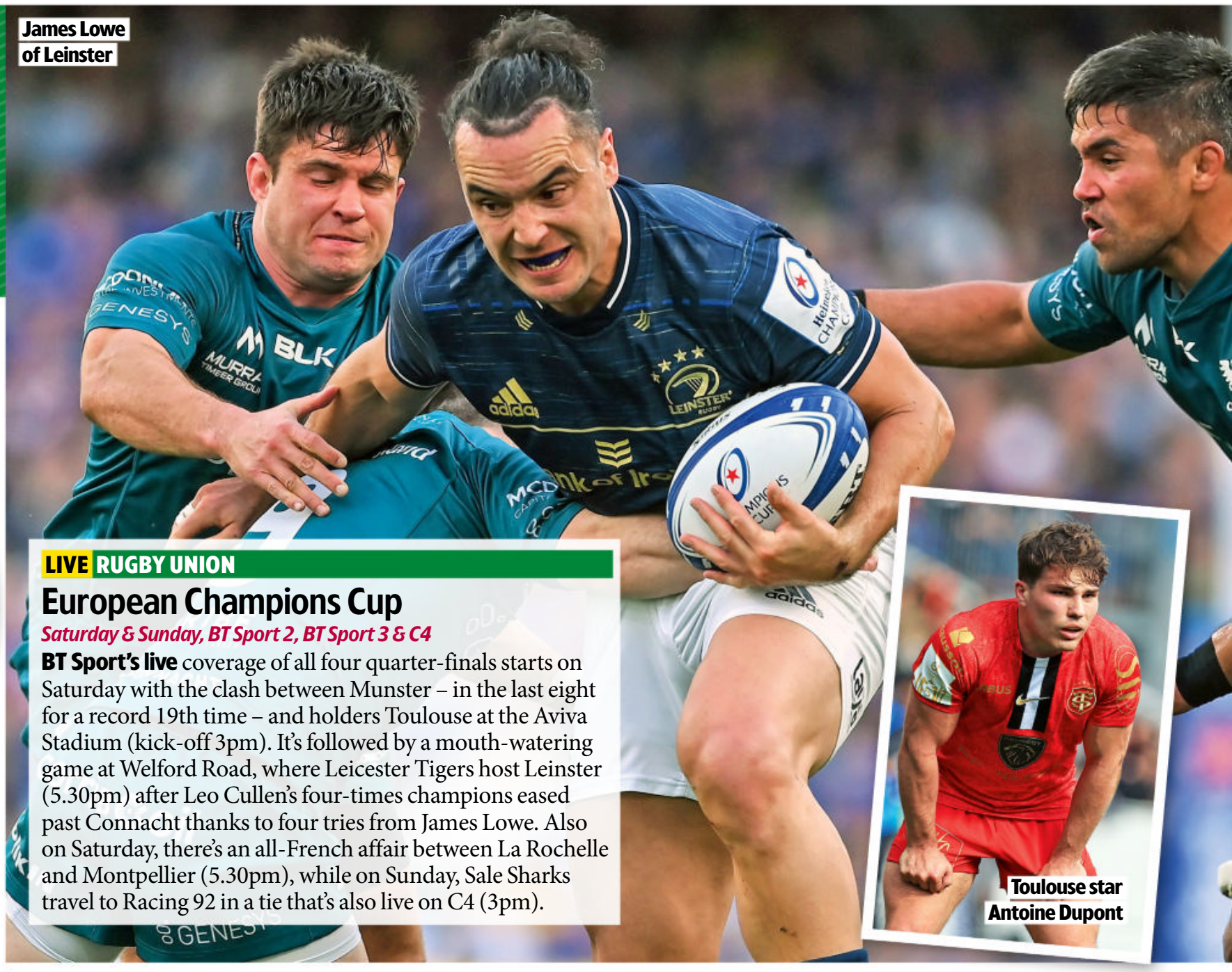
WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY, SKY

Sir Lewis Hamilton

DRIVER STANDINGS

Charles Leclerc and Max Verstappen have two wins apiece as we head to Miami...

DRIVER (Team)	Pts
Charles Leclerc (Ferrari)	86
Max Verstappen (Red Bull)	59
Sergio Pérez (Red Bull)	54
George Russell (Mercedes)	49
Carlos Sainz Jr (Ferrari)	38
Lando Norris (McLaren)	35
Lewis Hamilton (Mercedes)	28



James Lowe of Leinster

Toulouse star Antoine Dupont

LIVE RUGBY UNION

European Champions Cup

Saturday & Sunday, BT Sport 2, BT Sport 3 & C4

BT Sport's live coverage of all four quarter-finals starts on Saturday with the clash between Munster – in the last eight for a record 19th time – and holders Toulouse at the Aviva Stadium (kick-off 3pm). It's followed by a mouth-watering game at Welford Road, where Leicester Tigers host Leinster (5.30pm) after Leo Cullen's four-times champions eased past Connacht thanks to four tries from James Lowe. Also on Saturday, there's an all-French affair between La Rochelle and Montpellier (5.30pm), while on Sunday, Sale Sharks travel to Racing 92 in a tie that's also live on C4 (3pm).

Britain's Mark Cavendish

LIVE CYCLING

Giro d'Italia

From Friday 6 May, S4C, Eurosport 1 & Discovery+

This year's race begins on Friday 6 May, with three stages in Hungary, the first-ever Eastern European start to a Grand Tour. It includes a flat third stage from Kaposvár to Balatonfüred that could favour sprinter Mark Cavendish – back in the Giro for the first time since 2013 – before the race moves to Sicily on Tuesday for a difficult mountain stage from Avola to a summit finish on Mount Etna. The Giro concludes with a time trial in Verona on Sunday 29 May.

Mutaz Essa Barshim and Gianmarco Tamberi shared Olympic gold

LIVE ATHLETICS

Diamond League

Friday, BBC2

This year's Diamond League series begins in Doha, where a top-class field includes joint Olympic high-jump champions Mutaz Essa Barshim of Qatar and Italy's Gianmarco Tamberi. The pair shared one of the greatest sporting moments of recent times when they both took gold in Tokyo. The event also features javelin star Neeraj Chopra, who made history in Tokyo when he became India's first Olympic gold medallist in track and field.

Tommy Makinson

LIVE RUGBY LEAGUE

Challenge Cup

Saturday, BBC1 & BBC2

St Helens winger Tommy Makinson will be in action as Elland Road stages both semi-finals, with holders Saints taking on fierce rivals Wigan Warriors (BBC1, kick-off 2.30pm) before Hull KR face Huddersfield Giants, who haven't won the trophy since 1953 (BBC2, kick-off 5pm). The triple-header begins with the women's Challenge Cup final, as St Helens defend their title against Leeds Rhinos (BBC2, kick-off 12noon).

Sport A-Z and football planner »»

Sport week A-Z GUIDE

ATHLETICS

LIVE Diamond League Doha
Fri 5pm BBC2
Coverage of the opening meeting of the season from Qatar. See p31.

AUSTRALIAN RULES

LIVE GWS Giants v Geelong Cats
Sat 7.30am BT Sport 1

LIVE Essendon Bombers v Hawthorn Hawks
Sat 10am BT Sport 3

LIVE Melbourne Demons v St Kilda Saints
Sat 4am BT Sport 3

LIVE Carlton Blues v Adelaide Crows
Sun 7.30am BT Sport 1

LIVE Collingwood Magpies v Western Bulldogs
Fri 10.30am BT Sport 1

LIVE Hawthorn Hawks v Richmond Tigers
Fri 4.30am BT Sport 1

BADMINTON

LIVE BWF Thomas & Uber Cup
Sat-Wed 3am BT Sport 2; Fri 6am & 12noon BT Sport 3
Coverage from Bangkok, Thailand.

BASEBALL

LIVE San Francisco Giants v St. Louis Cardinals
Sat 12m't BT Sport 3

LIVE San Francisco Giants v St. Louis Cardinals
Sun 9pm BT Sport 3

LIVE Chicago Cubs v Los Angeles Dodgers
Sun 12m't BT Sport 1

LIVE MLB
Mon 11.30pm BT Sport 3, Tue 12m't BT Sport 3 & 2.30am BT Sport/ESPN; Wed 5.30pm BT Sport/ESPN; Thu 6pm BT Sport 1; Fri 12m't BT Sport 2

LIVE Notre Dame Fighting Irish v Michigan State Spartans
Tue 11pm BT Sport/ESPN

LIVE San Diego Padres v Chicago Cubs
Wed 9pm BT Sport 2

LIVE Virginia Tech Hokies v Liberty Flames
Wed 11pm BT Sport/ESPN

LIVE Tennessee Volunteers v Georgia Bulldogs
Thu 12m't BT Sport/ESPN

Equestrian
The Badminton Horse Trials return for the first time since 2019

LIVE Southern Illinois Salukis v Indiana State Sycamores
Fri 9pm BT Sport/ESPN

LIVE Illinois Fighting Illini v Nebraska Cornhuskers
Fri 12m't BT Sport/ESPN

LIVE Ole Miss Rebels v LSU Tigers
Fri 1.30am BT Sport 3

BASKETBALL

LIVE British Basketball
Sat 7pm Sky Sports Action
Coverage of the first semi-final.

LIVE NBA Play-Offs
Sat 8.30pm Sky Sports Arena; 1.30am Sky Sports Main Event & Sky Sports Arena; Sun 8.15pm Sky Sports Arena & Sky Sports Mix; 12.30am Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix; Mon 12.30am Sky Sports Main Event & Sky Sports Arena; Thu 12.30am Sky Sports Main Event & Sky Sports Arena; Fri 12.30am Sky Sports Main Event & Sky Sports Arena

LIVE New York Liberty v Connecticut Sun
Sat 11pm Sky Sports Arena & Sky Sports Mix; 11.15pm Sky Sports Main Event

LIVE British Basketball
Sun 5pm Sky Sports Arena
The second semi-final.

BOXING

LIVE Linus Udofia v Denzel Bentley
Fri 10pm Channel 5

COMBAT SPORTS

LIVE UFC 274 Prelims
Sat 1am BT Sport 1

LIVE Charles Oliveira v Justin Gaethje
Sat 3am BT Sport 1

LIVE Michael Page v Logan Storley
Fri 9pm BBC3
From Bellator 281.

CRICKET

LIVE Punjab Kings v Rajasthan Royals
Sat 10.50am Sky Sports Cricket

LIVE Falcons v Spirit
Sat 11.55am FreeSports

LIVE Lucknow Super Giants v Kolkata Knight Riders
Sat 2.50pm Sky Sports Cricket

LIVE Warriors v Sapphires
Sat 3.55pm FreeSports

LIVE Sunrisers Hyderabad v Royal Challengers Bangalore
Sun 10.50am Sky Sports Cricket

LIVE Spirit v Sapphires
Sun 11.55am FreeSports

LIVE Chennai Super Kings v Delhi Capitals
Sun 2.50pm Sky Sports Cricket

LIVE Tornadoes v Barmy Army
Sun 3.55pm FreeSports

LIVE Mumbai Indians v Kolkata Knight Riders
Mon 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Warriors v Spirit
Tue 11.55am FreeSports

LIVE Lucknow Super Giants v Gujarat Titans
Tue 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Barmy Army v Sapphires
Tue 3.55pm FreeSports

LIVE Sapphires v Falcons
Wed 11.55am FreeSports

LIVE Rajasthan Royals v Delhi Capitals
Wed 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Tornadoes v Spirit
Wed 3.55pm FreeSports

LIVE Falcons v Tornadoes
Thu 11.55am FreeSports

LIVE Chennai Super Kings v Mumbai Indians
Thu 2.50pm Sky Sports Cricket

LIVE Royal Challengers Bangalore v Punjab Kings
Fri 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

CYCLING

LIVE Giro d'Italia
Sat 12.45pm Euro1 & 2pm S4C; Sun 12noon Euro1 & 2pm S4C; Tue 11am Euro1 & 2pm S4C; Wed 10am Euro1 & 2pm S4C; Thu 11am Euro1 & 2pm S4C; Fri 10.15am Euro1 & 2pm S4C
Stages two to seven. See p31.

DARTS

LIVE Premier League
Thu 7pm Sky Sports Action

EQUESTRIAN

LIVE Badminton Horse Trials
Sun 2.15pm BBC2
The final day of this year's event.

GAELIC GAMES

LIVE Cork v Kerry
Sat 5.30pm Sky Sports Arena

LIVE Limerick v Tipperary
Sun 1.15pm Premier Sports 2

LIVE Cavan v Donegal
Sun 3.45pm BBC2 N Ireland & Premier Sports 2

GENERAL SPORTS

LIVE College Beach Volleyball
Sat 8pm BT Sport/ESPN; Sun 5.30pm BT Sport/ESPN

LIVE College Men's Volleyball
Sat 1am BT Sport/ESPN; Sun 9pm BT Sport/ESPN

GOLF

LIVE Wells Fargo Championship
Sat & Sun 12noon & 5.30pm Sky Sports Golf

LIVE British Masters
Sat 1pm Sky Sports Golf & 3pm Sky Sports Main Event; Sun 1pm Sky Sports Golf

LIVE Madrid Ladies Open
Sat 1pm Sky Sports Mix & Sun 12noon Sky Sports Mix

LIVE Aramco Team Series
Thu & Fri 7am Sky Sports Golf; Thu 7am Sky Sports Main Event

LIVE Soudal Open
Thu & Fri 12noon Sky Sports Main Event & Sky Sports Golf

LIVE Cognizant Founders Cup
Thu & Fri 5pm Sky Sports Golf & Sky Sports Mix

LIVE AT&T Byron Nelson
Thu & Fri 6.30pm Sky Sports Golf & 10.30pm Sky Sports Main Event

HORSE RACING

LIVE ITV Racing
Sat 1.30pm; Sun 3.30pm; Wed-Fri 1.30pm ITV4

ICE HOCKEY

LIVE NHL Ice Hockey
Sat 12m't, Sun 1.30am, Mon-Fri 12m't Premier Sports 1; Sat-Fri 3am Premier Sports 2

LIVE USA v Latvia
Fri 2.15pm FreeSports

MOTORCYCLING

LIVE Motocross World Championship
Sun 1pm, 3pm & 5pm Euro2

LIVE Danish Speedway
Tue 6pm; Wed 5.30pm; Thu 6pm Premier Sports 2

LIVE MotoGP: GP of France
Fri 8am BT Sport 2

MOTORSPORT

LIVE Motorsport: ETCR
Sat 9.45am & Sun 5pm Euro1

LIVE FIA World Endurance Championship
Sat 11.30am Euro2

LIVE Formula 1
Sat 5.45pm Sky Sports F1; 8.15pm Sky Sports F1 & Sky Showcase; 8.30pm Sky Sports Main Event
Miami GP practice and qualifying.

LIVE W Series
Sat 2pm Sky Sports F1; Sat 7.10pm Sky Sports F1 & Sky Showcase; Sun 3.20pm Sky Sports F1 & Sky Sports Mix
A qualifying session and two races.

LIVE British GT Championship
Sun 11.10am Sky Sports F1

LIVE World Touring Car Cup
Sun 12noon & 4pm Euro2

LIVE NASCAR
Sun 8pm Premier Sports 1

LIVE Formula 1
Sun 8.25pm Sky Sports Main Event & Sky Sports F1
Coverage of the Miami Grand Prix (race starts 8.30pm). See p30.

LIVE MotoE
Fri 3.45pm BT Sport 2

LIVE Indycar
Fri 6pm & 9.30pm Sky Sports F1

NETBALL

LIVE Melbourne Vixens v Queensland Firebirds
Sat 7.30am Sky Sports Arena

LIVE Sunshine Coast Lightning v Adelaide Thunderbirds
Sat 9.45am Sky Sports Arena & 10am Sky Sports Main Event.

LIVE West Coast Fever v Collingwood Magpies
Sat 4.30am Sky Sports Main Event & Sky Sports Arena

LIVE Giants Netball v New South Wales Swifts
Sun 6.45am Sky Sports Main Event & Sky Sports Arena

LIVE Loughborough Lightning v Team Bath
Mon 5pm Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

POOL

LIVE World Pool Masters
Sat 12noon Sky Sports Action & Sky Sports Mix; Sun 12noon & 5.30pm Sky Sports Action

RUGBY LEAGUE

LIVE Sydney Roosters v Gold Coast Titans
Sat 8.30am Sky Sports Action

LIVE St Helens v Leeds Rhinos
Sat 11.30am BBC2
The Women's Challenge Cup final.

LIVE Wigan Warriors v St Helens
Sat 2pm BBC1 (kick-off 2.30pm)
Challenge Cup semi-final. See p31.

LIVE Huddersfield Giants v Hull Kingston Rovers
Sat 4.30pm BBC2 (kick-off 5pm)
Challenge Cup semi-final. See p31.

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LIVE Huddersfield Giants v Wigan Warriors
Thu 7.30pm Sky Sports Arena & Sky Sports Mix

LIVE Canterbury-Bankstown Bulldogs v Newcastle Knights
Fri 9am Sky Sports Main Event & Sky Sports Arena

LIVE Manly Warringah Sea Eagles v Brisbane Broncos
Fri 11am Sky Sports Arena

LIVE St Helens v Hull FC
Fri 7.30pm Sky Sports Arena

RUGBY UNION

LIVE Moana Pasifika v Waratahs
Sat 6am Sky Sports Main Event & Sky Sports Mix

LIVE Chiefs v Brumbies
Sat 8am Sky Sports Main Event & Sky Sports Mix

LIVE Western Force v Crusaders
Sat 10.45am Sky Sports Mix

LIVE Edinburgh v Wasps
Sat 12noon BT Sport 2 (kick-off 12.30pm)
A Challenge Cup quarter-final.

LIVE Munster v Toulouse
Sat 2.45pm BT Sport 2

LIVE Leicester Tigers v Leinster
Sat 5.15pm BT Sport 2 (kick-off 5.30pm)
The European Champions Cup quarter-final. See p31.

LIVE La Rochelle v Montpellier
Sat 5.15pm BT Sport 3

LIVE Lyon v Glasgow Warriors
Sat 7.45pm BT Sport 2 (kick-off 8pm)
A Challenge Cup quarter-final.

LIVE Hurricanes v Fijian Drua
Sat 3am Sky Sports Mix

LIVE Toulon v London Irish
Sun 12noon BT Sport 2 (kick-off 12.30pm)
A Challenge Cup quarter-final.

LIVE Racing 92 v Sale Sharks
Sun 2.30pm C4 & 2.45pm BT Sport 2 (kick-off 3pm)
Coverage of a European Champions Cup quarter-final. See p31.

LIVE Ospreys v Dragons
Sun 2.55pm Premier Sports 1

LIVE Highlanders v Western Force
Fri 8am Sky Sports Mix

LIVE Brumbies v Crusaders
Fri 10.40am Sky Sports Mix

LIVE European Rugby Challenge Cup
Fri 7.15pm BT Sport 1

LIVE Dragons v Cardiff
Fri 7.30pm BBC2 Wales & Premier Sports 1

LIVE Fijian Drua v Moana Pasifika
Fri 5.30am Sky Sports Action

SQUASH

LIVE PSA Squash
Sat 12m't BT Sport 2

TRIATHLON

LIVE Super League Arena Games
Sat 9am Euro2

Football planner

Saturday 7

LIVE Sydney FC v Melbourne Victory
10.45am BT Sport/ESPN

LIVE Celtic v Hearts
11.30am Sky Sports Football (kick-off 12noon)
The Scottish Premiership clash.

LIVE EFL
12noon Sky Sports Main Event (kick-off 12.30pm)
A match from the final day of the Championship season.

LIVE Torquay United v Chesterfield
12noon BT Sport 1 (kick-off 12.30pm)

LIVE Mallorca v Granada
1pm La Liga TV (kick-off 1pm)

LIVE Ballymena United v Crusaders
2.10pm BBC2 N Ireland (kick-off 2.30pm)

LIVE Athletic Bilbao v Valencia
3.15pm La Liga TV

LIVE Brighton & Hove Albion v Manchester United
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
Coverage of the Premier League clash from the AMEX Stadium.

LIVE Sassuolo v Udinese
5.15pm BT Sport 1

LIVE Hertha Berlin v FSV Mainz 05
5.20pm Sky Sports Football (kick-off 5.30pm)

LIVE Celta Vigo v Alaves
5.25pm Premier Sports 1

LIVE LaLiga
5.30pm La Liga TV.

LIVE Benfica v FC Porto
5.45pm BT Sport/ESPN

LIVE Liverpool v Tottenham Hotspur
7pm BT Sport 1 (kick-off 7.45pm)
Premier League action from Anfield.

LIVE Lazio v Sampdoria
7.30pm BT Sport 3 (kick-off 7.45pm)

LIVE Real Betis v Barcelona
8pm La Liga TV (kick-off 8pm)

LIVE Charlotte FC v Inter Miami CF
8.30pm Sky Sports Football

LIVE CF Montreal v Orlando City SC
9.05pm Premier Sports 2

LIVE Atlanta United FC v Chicago Fire
11.05pm Premier Sports 2

LIVE New England Revolution v Columbus Crew
12.35am FreeSports

LIVE San Jose Earthquakes v Colorado Rapids
3.05am FreeSports

Sunday 8

LIVE Macarthur FC v Western Sydney Wanderers
7am BT Sport/ESPN

LIVE Adelaide United v Western United
9.15am BT Sport/ESPN

LIVE PREMIER LEAGUE

Liverpool v Tottenham Hotspur

Saturday, BT Sport 1, kick-off 7.45pm

It's a rare Saturday-evening kick-off as the sides meet at Anfield. Liverpool's Andy Robertson scored and was sent off in a 2-2 draw in December. The Reds continue the title chase at Aston Villa on Tuesday (Sky Sports, kick-off 8pm).

LIVE PREMIER LEAGUE

Manchester City v Newcastle United

Sunday, Sky Sports Premier League & Sky Sports Main Event, kick-off 5.30pm

City return to league action against an improving Newcastle side. Joelinton's double in their 3-0 victory at Norwich saw the Magpies chalk up four Premier League wins in a row for the first time since April 2018.

LIVE PREMIER LEAGUE

Tottenham Hotspur v Arsenal

Thursday, Sky Sports Main Event & Sky Sports Premier League, kick-off 7.45pm

A Champions League place could be decided as the north London rivals go head-to-head in the contest for fourth spot. Spurs striker Son Heung-min has scored in three of his last four games against the Gunners.

LIVE Women's Super League
11am Sky Sports Main Event, Sky Sports Football & Sky Showcase; 11.45am BBC2
The final day of the season.

LIVE Spezia v Atalanta
11.30am BT Sport 3

LIVE Metz v Lyon
12noon BT Sport/ESPN

LIVE Wrexham v Stockport County
12noon BT Sport 1

LIVE Arsenal v Leeds United
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2pm)
Coverage of the Premier League clash from the Emirates Stadium.

LIVE Getafe v Rayo Vallecano
1pm La Liga TV (kick-off 1pm)

LIVE Angers v Bordeaux
2pm BT Sport/ESPN

LIVE Venezia v Bologna
2pm BT Sport 3 (kick-off 2pm)

LIVE Villarreal v Sevilla
3.15pm La Liga TV

LIVE Manchester City v Newcastle United
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
Coverage of the Premier League clash from the Etihad Stadium.

LIVE Lorient v Marseille
4pm BT Sport 3

LIVE Bayern Munich v VfB Stuttgart
4.20pm Sky Sports Mix

LIVE Salernitana v Cagliari
5pm BT Sport 1 (kick-off 5pm)

LIVE Espanyol v Osasuna
5.30pm La Liga TV

LIVE EFL
6pm Sky Sports Football
Coverage of the second leg of a League One play-off semi-final.

LIVE RB Leipzig v FC Augsburg
6.30pm Sky Sports Mix

LIVE Paris Saint-Germain v Troyes
7.30pm BT Sport 2

LIVE Hellas Verona v AC Milan
7.45pm BT Sport 1

LIVE Atletico Madrid v Real Madrid
8pm La Liga TV (kick-off 8pm)

LIVE Vancouver Whitecaps v Toronto FC
9.05pm Premier Sports

LIVE Nashville SC v Real Salt Lake
10pm Sky Sports Football & Sky Sports Mix

LIVE Austin FC v LA Galaxy
12.20am FreeSports & 12.25am Premier Sports 2

Monday 9

LIVE Melbourne City v Wellington Phoenix
10am BT Sport 1

LIVE EFL
7pm Sky Sports Main Event & Sky Sports Football
Coverage of the second leg of a League One play-off semi-final.

LIVE Fiorentina v AS Roma
7.30pm BT Sport 1 (kick-off 7.45pm)

LIVE LaLiga
8pm La Liga TV

Tuesday 10

LIVE Brisbane Roar v Sydney FC
10am BT Sport 1

LIVE Valencia v Real Betis
6pm La Liga TV (kick-off 6pm)

LIVE Granada v Athletic Bilbao
6.55pm Premier Sports 1

LIVE Scottish Championship Play-Off
7pm BBC Scotland
The semi-final first leg.

LIVE SPFL
7.25pm BBC Alba

LIVE Aston Villa v Liverpool
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
Coverage of the Premier League encounter from Villa Park.

LIVE Barcelona v Celta Vigo
8.30pm La Liga TV (kick-off 8.30pm)

Wednesday 11

LIVE Osasuna v Getafe
5.55pm Premier Sports 1 (kick-off 6pm)

LIVE Nice v St. Etienne
6pm BT Sport 1 (kick-off 6pm)

LIVE LaLiga
6pm La Liga TV

LIVE Leeds United v Chelsea
7pm Sky Sports Premier League (kick-off 7.30pm)
Coverage of the Premier League clash from Elland Road.

LIVE Dundee United v Celtic
7pm Sky Sports Football (kick-off 7.30pm)
The Scottish Premiership clash.

LIVE SWPL
7.25pm BBC Alba

LIVE Inter Milan v Juventus
7.55pm Premier Sports 1 (kick-off 8pm)
Coverage of the Coppa Italia final.

LIVE Wolverhampton Wanderers v Manchester City
8pm Sky Sports Main Event (kick-off 8.15pm)
Coverage of the Premier League encounter from Molineux.

LIVE Nantes v Rennes
8pm BT Sport 1 (kick-off 8pm)

LIVE Elche v Atletico Madrid
8.30pm La Liga TV (kick-off 8.30pm)

Thursday 12

LIVE Real Sociedad v Cadiz
6pm La Liga TV (kick-off 6pm)

LIVE Rayo Vallecano v Villarreal
6.55pm Premier Sports 1

LIVE Tottenham Hotspur v Arsenal
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 7.45pm)
The Premier League clash from Tottenham Hotspur Stadium.

LIVE SPFL
7.25pm BBC Alba

LIVE Real Madrid v Levante
8.30pm La Liga TV (kick-off 8.30pm)

Friday 13

LIVE EFL
7pm Sky Sports Main Event & Sky Sports Football
Coverage of a first-leg from the Championship play-off semi-finals.

LIVE SPFL
7.25pm BBC Alba

LIVE LaLiga
8pm La Liga TV

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AD CODE TVSW278

Saturday

7 May

Evening Planner

Rugby Union

European Champions Cup
BT Sport 2 & BT Sport 3
Featuring Munster v Toulouse (k-o 3pm), Leicester v Leinster (k-o 5.30pm) and La Rochelle v Montpellier (k-o 5.30pm)

Football

Premier League
BT Sport 1, 7pm (kick-off 7.45pm)
Things are hotting up at the top of the table, and this clash between Liverpool and Spurs will be crucial for both sides

Crime Drama

Beck
BBC4, 9pm
The Swedish crime series returns. Beck (Peter Haber) investigates after the body of a notorious criminal figure is found

Drama

The Personal History of David Copperfield
C4, 9.20pm
Vivid adaptation of Dickens' classic novel, starring Dev Patel in the titular role

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Catchpoint	7.30 Celebrity...	8.00 Pointless Celebrities		8.50 Casualty	9.30 Mrs Brown's...	10.00 News	10.20 Match of the Day
102 BBC2	7.00 BBC Young Dancer Grand Final			8.30 TOTP: The Story of 1997		9.30 TOTP: Biggest Hits 1997		10.30 Texas with...
103 ITV	7.00 Romeo & Duet		8.00 Britain's Got Talent			9.20 The 1% Club		10.35 Film: Safe...
104 CHANNEL 4		7.15 A Lake District Farm Shop		8.15 Devon and Cornwall: Greener Lives		9.20 Film: The Personal History of David Copperfield		
105 CHANNEL 5	◂ 5.20 Ball...	7.20 Frankie Howerd: Titter Ye Not!				9.20 Queen: A Rock History		
106 SKY SHOWCASE		7.10 W Series – Live (Start-time 7.25)		8.15 Formula 1 – Live: The Miami Grand Prix qualifying session (Start-time 9.00)				
ENTERTAINMENT								
117 BBC3		7.05 EastEnders	8.00 Glow Up Does Red Nose Day		9.00 I Like the Way U Move		10.00 Film: Sorry to Bother You	
116 BBC4	7.00 A History of Ancient Britain		8.00 Rick Stein's Long Weekends		9.00 Beck			10.30 Vikings
118 ITV2		7.15 Film: Spider-Man 3					10.00 Celebrity Juice	
136 MORE4	◂ 6.55 The Great British Dig: History in...		8.00 The Dambusters' Great Escape...		9.00 24 Hours in A&E			
135 E4	7.00 The Big Bang Theory				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Blue Bloods				9.00 9-1-1		10.00 The Equalizer	
108 SKY ATLANTIC	◂ 6.50 Six Feet Under		8.00 Raised by Wolves		9.00 Game of Thrones			
110 GOLD	7.00 Only Fools and Horses				9.00 Billy Connolly Does..		10.00 Live at the Apollo	
111 DAVE	◂ 6.40 Would I Lie to You?		8.00 Not Going Out			9.20 Not Going Out...	10.00 Mock the Week	
119 ITV3	7.00 Midsomer Murders							
120 ITV4		7.05 Film: Guns of the Magnificent Seven			9.15 Film: The Good, the Bad and the Ugly			
112 COMEDY CENTRAL	7.00 Film: Welcome to the Jungle				9.00 Film: The Naked Gun 33⅓: The Final Insult			
152 SYFY	7.00 Film: Earthstorm				9.00 Penny Dreadful: City of Angels			10.20 Fortitude
113 SKY MAX	7.00 The Flight Attendant		8.00 Agatha Raisin				10.00 A League of Their Own Road Trip...	
132 ALIBI	◂ 6.00 Inspector George Gently		8.00 Death in Paradise				10.00 We Hunt Together	
130 SKY ARTS	◂ 6.45 Roy Orbison: Austin City Limits		8.00 Roy Orbison: Mystery Girl Unravelled		9.15 Pink Floyd: P.U.L.S.E			10.30 Chuck Berry...
DOCUMENTARY								
125 DISCOVERY	7.00 Lone Star Law		8.00 Gold Rush: Freddy Dodge's Mine Rescue		9.00 Hoffman Family Gold		10.00 Building Off the Grid	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Wildest Islands of Indonesia		9.00 Wildest Europe		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Ultimate Tutankhamun				9.00 Science of Stupid			
123 SKY HISTORY	7.00 Britain's Most Historic Towns				9.00 Secrets in the Sky: The Untold Story of Skunk Work			
155 YESTERDAY	7.00 Great British Railway Journeys				9.00 Bangers and Cash		10.00 One Foot in the Grave	
121 SKY DOCS	◂ 6.00 Pantani: The Accidental Death of a...		8.00 The Lady and the Dale		9.00 Music Box			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.20 Dune		8.00 Deadlock			9.50 Venom: Let There Be Carnage		
303 HITS	◂ 6.00 Meet the Fockers		8.00 xXx: State of the Union			9.50 The Little Things		
304 GREATS	◂ 6.00 Breakfast at Tiffany's		8.00 The Shawshank Redemption					10.30 Taxi Driver
305 ANIMATION	7.00 The Lego Movie			8.45 Fantastic Mr Fox			10.15 Mr Peabody & Sherman	
306 FAMILY	◂ 6.00 Mirror Mirror		8.00 Paddington 2			9.45 The Borrowers		
307 ACTION	◂ 6.15 One Shot		8.00 The Lost World: Jurassic Park				10.15 A Walk Among the...	
308 COMEDY	◂ 6.10 People Just Do Nothing: Big in Japan		8.00 Friends with Benefits				10.00 Jackass: The Movie	
309 THRILLER	◂ 6.20 Barbarians		8.00 Tenet					10.35 Killer Joe
310 DRAMA	◂ 5.45 The Many Saints of Newark		8.00 Let Him Go				10.00 Donnie Brasco	
311 SCI-FI	◂ 6.00 The Divergent Series: Insurgent		8.00 Looper				10.00 Don't Breathe 2	
302 MUST SEE MOVIES	◂ 6.05 Monster Hunter		8.00 The Conjuring: The Devil Made Me Do It				10.00 Baby Driver	
313 FILM4	◂ 6.45 Star Trek Beyond				9.00 Angel Has Fallen			
315 TCM MOVIES		7.15 Mystery Submarine			9.00 Man of Steel			
SPORT								
401 MAIN EVENT	◂ 5.00 SNF – Live: Brighton & Hove Albion v Manchester United			8.30 Formula 1 – Live: The Miami Grand Prix qualifying session (Start-time 9.00)				
402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Brighton & Hove Albion v Manchester United			8.30 Renault Game of the Day				10.30 Premier League
403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 EFL Highlights		8.30 MLS – Live: Charlotte FC v Inter Miami CF (Kick-off 8.30)				10.40 MLS
404 CRICKET		7.15 Vitality T20 Blast Cricket	8.00 IPL					
413 BT SPORT 1	7.00 Premier League – Live: Liverpool v Tottenham Hotspur (Kick-off 7.45)						10.15 BT Sport Films	
414 BT SPORT 2	◂ 5.15 Champions Cup – Live		7.45 European Rugby Challenge Cup – Live: Lyon v Glasgow Warriors (Kick-off 8.00)				10.15 Rugby Stories	

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With author and actor Giovanna Fletcher. (S)
11.30 **Homes Under the Hammer** Featuring a bungalow in Cornwall and a terrace in Watford. (S)(R)
12.00 NOON **Football Focus** A look ahead to the weekend's action. (S)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** From the Highland Centre in Edinburgh. (S)(R)(AD)
2.00 LIVE **Rugby League: Challenge Cup** Wigan Warriors v St Helens: The opening semi-final from Elland Road. Kick-off is at 2.30. (S)
4.30 **Final Score** Results round-up. (S)
5.25 **Garden Rescue** Arit Anderson and the Rich brothers create a sensory garden in Luton. (S)(R)
5.55 **BBC News** (S)

7.00 Celebrity Catchpoint

6 PM
6.05 **Local News** (S)
6.15 **The Hit List Strictly Special** A *Strictly Come Dancing*-themed episode, featuring Ranvir Singh, Chizzy Akudolu, Ore Oduba, Joanne Clifton, Ian Waite and Karim Zeroual. (S)(R)

7 PM
7.00 **Celebrity Catchpoint** New edition 3/8. Sam and Mark face the *Loose Women* stars. (S)
7.30 **Celebrity Mastermind** Series finale 14/14. Contestants include James Acaster and Charlotte Worthington. (S)

8 PM
8.00 **Pointless Celebrities** New edition A special bands edition of the quiz, with the likes of Shaun Ryder, Bez, Faye Tozer and Kimberly Wyatt. (S)
8.50 **Casualty** Sah comes face-to-face with a figure from their past, and David tries to win Ollie back onto his side. (S)(AD)

9 PM
9.30 **Mrs Brown's Boys** 6/6. Dermot and Maria argue over whether they should buy their own home. (S1) (S)(R)

10 PM
10.00 **BBC News** (S)
10.20 **Match of the Day** Highlights of today's Premier League matches, including Liverpool v Tottenham Hotspur and Burnley v Aston Villa. (S)
■ *Match of the Day 2* is tomorrow at 10.30pm
11.40 **MOTD Top 10: Managerial Rivalries** A debate on some of the top managerial rivalries to have featured in the top flight. (S)
12.10 AM FILM **Mindhorn** Comedy starring Julian Barratt, Essie Davis, Steve Coogan and Russell Tovey. (S) (2016, 15, 85min) ★★★
1.35 **Weather for the Week Ahead** Seven-day forecast. (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **The Dengineers** (S)(R)
6.30 **Blue Peter** (S)(R)
7.00 **Britain's Best Young Artist** (S)(R)
8.00 **Deadly Predators** (S)(R)
8.30 **Wonders of the Moon** (S)(R)(AD)
9.30 **Spring: Earth's Seasonal Secrets**
10.30 **The Great British Sewing Bee** (R)
11.30 LIVE **Rugby League: Women's Challenge Cup** St Helens v Leeds Rhinos: Tanya Arnold presents all the action from the final at Elland Road. Kick-off is at 12.00. (S)
2.00 PM FILM **Into the Woods** Musical fantasy starring Meryl Streep. (S) (AD) (2014, PG, 120min) ★★★
4.00 **Meryl Streep: Talking Pictures** (R)
4.30 LIVE **Rugby League: Challenge Cup** Huddersfield Giants v Hull Kingston Rovers: Coverage of the second semi-final from Elland Road. Kick-off is at 5.00. (S)

7.00 BBC Young Dancer Grand Final

6 PM
LIVE **Challenge Cup Rugby League** (started at 4.30pm)

7 PM
7.00 **BBC Young Dancer Grand Final** Series finale 4/4. Clara Amfo presents from London's Roundhouse as the 10 finalists compete for the title, perfoming their own solos and also premiering duets and trios. Plus, a performance by 2019 winner Max Revell. (S)

8 PM
8.30 NEW **TOTP: The Story of 1997** A review of the year through *Top of the Pops* performances, featuring Republica, Placebo, Chumbawamba, Fun Lovin' Criminals and Aqua. (S)

9 PM
9.30 NEW **TOTP: Biggest Hits 1997** *Top of the Pops* performances from the year, featuring Aqua, No Doubt, Placebo, Texas, All Saints and Spice Girls. (S)

10 PM
10.30 **Texas with the BBC Scottish Symphony Orchestra** The band join forces with the 60-piece orchestra at Glasgow's Barrowland. (S)(R)
11.30 **Top of the Pops: All Saints** The group's appearances on the music programme. (S)(R)
11.50 **Top of the Pops: Eternal** (S)(R)
12.20 AM FILM **The Other Side of Hope** Finnish comedy drama starring Sakari Kuosmanen. A Syrian refugee searching for his lost sister in Helsinki forms an unlikely partnership with a restaurateur. Subtitled. (2017, 12, 95min) ★★★★
1.55 **to 6.20** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **Garraway's Good Stuff** New edition With Katherine Parkinson and Al Murray. (S)
9.25 **James Martin's Saturday Morning** New edition With Ruth Langsford and Peter Wright. (S)
11.35 **Ainsley's Good Mood Food** New edition Recipes featuring grains and pulses. (S)(AD)
12.30 PM **James Martin's Great British Adventure** Isle of Wight. (S)(R)(AD)
1.35 **ITV News** (S)
1.45 FILM **The Flintstones** Comedy starring John Goodman. (S)(AD) (1994, U, 100min) ★★
3.25 **You've Been Framed! Gold** (S)(R)
3.55 **Tipping Point: Lucky Stars** (S)(R)
4.55 **The Chase Celebrity Special** With Susan Calman. (S)(R)

11.35 Ainsley's Good Mood Food

6 PM
6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **In for a Penny** New edition Stephen Mulhern challenges members of the public in Portsmouth. (S)(AD)

7 PM
7.00 **Romeo & Duet** New edition 4/7. Oti Mabuse presents the show that uses the power of singing to help people find their ideal partners, with Adonye, Selina, Sven and Jessica taking part. (S)(AD)

8 PM
8.00 **Britain's Got Talent** New edition Ant and Dec host as more acts take to the stage at the London Palladium to try to impress judges Simon Cowell, Amanda Holden, Alesha Dixon and David Walliams and secure their place in the live semi-finals. (S)

9 PM
9.20 **The 1% Club** New edition Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)

10 PM
10.20 **ITV News** (S)
10.35 FILM **Safe House** Action thriller starring Ryan Reynolds and Denzel Washington. A rookie CIA agent goes on the run in South Africa with a rogue spy as his prisoner. (S)(AD) (2012, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Shop: Ideal World**
3.00 **Parveen's Indian Kitchen** A recipe for lamb burgers. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Nadia's Family Feasts** An Africa feast. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Cheers** (S4&5) (S)(R)
6.55 **The Simpsons** (S)(R)(AD)
7.40 FILM **Bridge to Terabithia** Fantasy adventure starring Josh Hutcherson and AnnaSophia Robb. (S) (2007, PG, 110min) ★★★★
9.30 **The Simpsons** (S)(R)(AD)
12.00 NOON **Couples Come Dine with Me** From Plymouth. (S)(R)
1.00 PM **Four in a Bed** Five editions of the series, including at:
2.05 From the Garden House in Blagdon, Somerset. (S)(R)
2.35 A visit to Ivy House in St Austell, Cornwall. (S)(R)
3.05 The owners meet. (S)(R)
3.40 **A Place in the Sun** (S)(R)
4.40 **Ugly House to Lovely House with George Clarke** An impractical, upside down house. (S)(R)(AD)
5.45 **News** (S)

11.40 Deepwater Horizon

6 PM
6.15 **VE Day in Colour: Britain's Biggest Party** Using newly recorded accounts and previously unseen footage, this documentary tells the story of the day in May 1945 when the celebrations began as Britain rejoiced in unity. (S)(R)(AD)
7.15 **A Lake District Farm Shop** New edition The Tebay baristas go on a training day at one of the region's highest peaks, and John France provides an update on the Tebay's environmental efforts. (S)(AD)

8 PM
8.15 NEW **Devon and Cornwall: Greener Lives** Featuring residents who are determined to protect the environment, including a farmer bringing wildflower meadows back to life. (S)(AD)

9 PM
9.20 FILM **The Personal History of David Copperfield** Armando Iannucci's adaptation of Charles Dickens' novel, starring Dev Patel and Peter Capaldi. A young man strives to find his place in the eccentric world of Victorian London. With Hugh Laurie, Tilda Swinton and Ben Whishaw. (S)(AD) (2019, PG, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.40 FILM **Deepwater Horizon** Fact-based drama starring Mark Wahlberg and Kurt Russell. (S) (AD) (2016, 12, 110min) ★★★★
1.30 AM **Ramsay's Hotel Hell** Gordon Ramsay visits a struggling hotel in Island Park, Idaho. (S)(R)(AD)
2.20 **The Simpsons** (S)(R)(AD)
2.45 **Wife Swap USA** (S)(SL)(R)
3.35 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.40 **to 6.10** AM **The Perfect Pitch** (R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
10.05 **SpongeBob SquarePants** (S)(R)
10.30 **Entertainment News** (S)
10.45 **Friends** Five episodes of the sitcom. (S3&4) (S)(R)(AD)
1.15 PM **Our Yorkshire Farm** Clive decides to introduce a sheepdog puppy to the flock for the first time. (S)(R)
2.15 FILM **Oklahoma!** Vintage Rodgers and Hammerstein musical starring Gordon MacRae, Shirley Jones and Rod Steiger. (S) (1955, U, 175min) ★★★★★
5.10 **News** (S)
5.20 **Ball & Boe: Back Together** In the final show of a UK tour, Michael Ball and Alfie Boe perform much loved songs at London's O2 Arena, including a Queen medley. (S)(R)

9.20 Queen: A Rock History

Ball & Boe: Back Together (started at 5.15pm)

7.20 **Frankie Howerd: Titter Ye Not!** David Walliams narrates a journey through the life of the comedian whose career in showbusiness spanned six decades. Featuring long forgotten footage, rare performances and personal photographs. (S)(R)

9.20 **Queen: A Rock History** Series finale 2/2. A look at how the New York disco scene inspired *Another One Bites the Dust*, while Freddie Mercury's hero Elvis Presley was a big influence on *Crazy Little Thing Called Love*. There is also the story behind the band's Live Aid appearance and how they were revived by it after their controversial gigs in apartheid South Africa. (S)

11.20 **Greatest Hits of the 80s** (S)(R)
12.50 AM **Criminals: Caught on Camera** Real-life crimes. (S)(R)
1.10 **LeoVegas Live Casino Show** (S)
3.10 **Entertainment News** (S)
3.15 **The World's Most Expensive Hotels** Hotel Atlantis. (S)(R)
4.00 **Britain's Greatest Bridges** The Humber Bridge. (S)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Orangutan Jungle School** Double bill of editions. (S)(R)
8.00 **Magnum P.I.** 18/20. (S4) (S)(R)
9.00 **The F1 Show** A preview of the Miami Grand Prix.
10.00 **Soccer AM** Football magazine.
11.30 **The Simpsons** (S)(R)
1.00 PM FILM **School of Rock** Comedy starring Jack Black. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young pupils into a rock band. (S) (2003, PG, 109min) ★★★
3.00 **Gillette Labs Soccer Saturday** Up-to-the-minute scores.
5.00 **Ross Kemp: Shipwreck Treasure Hunter** 3/4. The actor dives on the wreck of a steam-age ship in north Devon. (R)

1.00 School of Rock

6.05 **Deep Water Salvage** 4/8. A salvage maestro returns to raise more valuable tropical hardwood, trying not to wreck his own boat in the process. (R)

7.10 LIVE **Motor Racing: W Series** Coverage of the opening race at Miami International Autodrome, the first round of the all-female single-seater racing championship. Start-time is at 7.25.

8.15 LIVE **F1: Miami Grand Prix Qualifying** Coverage of the battle for pole position at Miami International Autodrome. Start-time is at 9.00.

10.45 FILM **Escape Plan** Action thriller starring Sylvester Stallone and Arnold Schwarzenegger. (2013, 15, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

1.00 AM **Rob & Romesh vs the West End** Rob Beckett and Romesh Ranganathan try to crack the world of musicals. (S)(R)
2.00 **The Rising** 3/8. Suspicions grow regarding Neve's ex-boyfriend Joseph. (S1) (S)(R)
3.00 **A League of Their Own Road Trip: Dingle to Dover** (S)(R)
4.00 **to 6.00** AM **Border Security: Australia's Front Line** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
4.30-5.25pm Sportscene Results (S) **11.40** Sportscene Saturday (S) **12.55am** FILM Mindhorn (S) (2016, 15, 85min) ★★★ **2.20** Weather for the Week Ahead (S) **2.25-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.00am-1.00pm Vote 22 NI (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
5.25-5.55pm Question of Sport New edition (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
9.30am Homes Under the Hammer (S)(R) **10.00-11.30** Saturday Kitchen Live New edition (S) **2.00pm** Suzie Lee: Home Cook Hero (S)(R) **2.10** LIVE Irish Cup (S) **4.45** Beechgrove (S)(R) **5.15** Gardening Together with Diarmuid Gavin (S)(R) **5.30** Gardeners' World New edition (S) **6.30-7.00pm** Home Ground (S)(R)

WALES
Sky **971**, Freesat **971**
9.30pm NEW SERIES The Terror: Infamy (S) **10.20** The Terror: Infamy New episode (S) **11.05** Texas with the BBC Scottish Symphony Orchestra (S)(R) **12.05-12.20am** Top of the Pops: All Saints (S)(R)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Am Dro! (AD) **11.00** Garddio a Mwy **12.00noon** Ffermio **12.30pm** Caru Siopa (AD) **1.00** Codi Hwyl America **1.30** Ar Werth **2.00** LIVE Seiclo: Giro d'Italia **4.30** Dim Byd i'w Wisgo **5.00** Cegin Bryn **5.25** Cegin Bryn **5.50** Cymry ar Gynfas **6.15** Hen Dy Newydd (AD) **7.15** Newyddion a Chwaraeon **7.30** Welsh Whisperer – Ni'n Teithio Nawr (AD) **8.00** Guinness World Records Cymru 2022 **9.00** Oci Oci Oci New edition **10.00** Seiclo: Giro d'Italia **10.30-11.35pm** Priodas Pum Mil

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Loop**
7.05 **EastEnders** Stacey and Martin argue over what to tell Lily about Jean. **7.35** Karen has a heart to heart with Harvey about Jean.
8.00 **Glow Up Does Red Nose Day** With Lady Leshurr, Nikki Lilly and Roman Kemp.
9.00 **I Like the Way U Move** 5/8. The arrival of a new professional causes a stir.
10.00 FILM **Sorry to Bother You** Comedy starring Lakeith Stanfield and Tessa Thompson. A black telemarketer finds his career takes a turn after he finds success using his 'white voice'. (2018, 15, 111min) ★★★★
11.45 **Meet the Khans: Big in Bolton**
12.15 AM **Peacock**
12.45 **Hot Property**
1.15 **Munya and Filly Get Chilly**
1.45 **The Drop**
2.45 **Stitch, Please!**
3.15 **Brickies**
3.45 **to 3.55** AM **Press X to Continue**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **A History of Ancient Britain** 4/4. An exploration of the Bronze Age.
8.00 **Rick Stein's Long Weekends** The chef takes a culinary break in Lisbon.
9.00 NEW SERIES **Beck** *Haunted by the Past:* 1/4. The detective is thrown into a case where the body of a notorious Danish criminal has been found in the water at Liljeholmen. Subtitled. (S8)
10.30 **Vikings** 1/3. Neil Oliver explores the history of the Norse warriors, beginning by examining their ancient ancestry and charting Scandinavia's prehistoric landscape.
11.30 **Wogan: The Best Of** Terry Wogan recalls the most glamorous guests he had on his self-titled chat show, including Lauren Bacall, Cher, Whitney Houston and Sophia Loren.
12.15 AM **Yes, Prime Minister**
12.45 **Keeping Up Appearances**
1.15 **to 3.25** AM **The Terror**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun**
12.30 PM **The Great Big Tiny Design Challenge with Sandi Toksvig**
1.35 **Come Dine with Me**
4.15 **Four in a Bed** The Foxholm B&B in North Yorkshire. **4.50** An American diner-themed B&B in Lincolnshire. **5.20** From the Glenwalden B&B in Blackpool. **5.50** A visit to the Winder Hall Country House B&B in the Lake District.
6.20 **Four in a Bed** The owners meet one last time.
6.55 **The Great British Dig: History in Your Back Garden** Hugh Dennis and the team go on the hunt for the Morda Workhouse in Oswestry, Shropshire.
8.00 **The Dambusters' Great Escape: Secret History** The RAF's defeat of the German battleship *Tirpitz* in November 1944.
9.00 **24 Hours in A&E** A woman is airlifted to St George's after being involved in a car crash with her husband. **10.05** A man is treated after a high-speed collision.
11.10 **8 Out of 10 Cats Does Countdown** With Rob Beckett and Sarah Millican. **12.15** With Katherine Ryan.
1.20 AM **Father Ted**
1.50 **to 3.55** AM **24 Hours in A&E**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Rude(ish) Tube Shorts**
6.10 **Don't Tell the Bride**
7.05 **Made in Chelsea**
8.10 **Lego Masters USA**
9.10 **Ramsay's Kitchen Nightmares USA**
11.10 **Ramsay's 24 Hours to Hell and Back**
12.10 PM **The Great Celebrity Bake Off for Stand Up to Cancer** With Patsy Palmer.
1.15 **Brooklyn Nine-Nine**
1.40 **The Goldbergs**
2.40 **Young Sheldon**
3.40 FILM **Kung Fu Panda 2** Animated adventure sequel featuring the voices of Jack Black and Angelina Jolie. (2011, PG, 90min) ★★★★
5.30 **The Big Bang Theory** Seven episodes, including at: **8.00** 11/24. A paintball game results in mayhem. **8.30** 12/24. Penny's ex-boyfriend Zack asks Leonard for help. (S12)
9.00 **Celebrity Gogglebox** Shows under scrutiny include *Love Island* and *Nigella: At My Table*.
10.00 **Gogglebox** Opinions on *Strictly Come Dancing*, *Vigil* and *Come Dine with Me*.
11.05 **Gogglebox**
12.10 AM **First Dates**
2.15 **Celebrity Gogglebox**
3.10 **Gogglebox**
4.05 **Don't Tell the Bride**
5.00 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 30 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
7.00 **911 Crisis Centre**
10.00 **Border Patrol**
11.00 **Send in the Dogs**
12.00 NOON **999 Frontline**
1.00 PM **UK Border Force**
2.00 **Stop, Search, Seize** Double bill of the documentary.
4.00 **Nothing to Declare** Six editions, including at: **6.00** Officers stop a Vietnamese man wearing very unusual jewellery. **6.30** A young man is caught out by the drug detector dog.

7.00 Blue Bloods

7 PM

7.00 **Blue Bloods** *Happy Endings:* 12/16. Business becomes personal for Frank when Baker is assaulted on the street.

8 PM

8.00 **Blue Bloods** *Fallen Heroes:* 13/16. Jamie refuses to explain why he contests the arrest report of a fellow officer. (S11)

9 PM

9.00 **9-1-1** *Fear-o-phobia:* 13/18. A robbery at a petrol station takes an unexpected turn. (S5)

10 PM

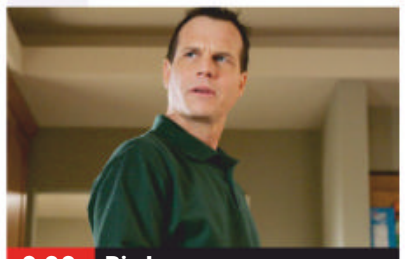
10.00 **The Equalizer** *Pulse:* 14/18. McCall receives a desperate plea for help from her former CIA trainee. (S2)
11.00 **The Rookie** 16/22. The producer of a reality TV show is murdered. (S4)
12.00 M'T **Grey's Anatomy** (S18)
1.00 AM **Station 19** (S5)
2.00 **Caught on Dashcam**
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Urban Secrets**
9.00 **Big Love** 6-9/9. (S4)
1.20 **Big Love** 1/10. (S5)
2.25 **Six Feet Under** 13/13. Ruth's marriage announcement causes concern. (S3) **3.30** 1/12. Nate grieves over Lisa's death, and clashes with her family over arrangements for the funeral. **4.40** 2/12. Keith starts work as a bodyguard to celebrity clients. With Mena Suvari. **5.45** 3/12. Claire discovers that Edie is a lesbian. (S4)


9.00 Big Love

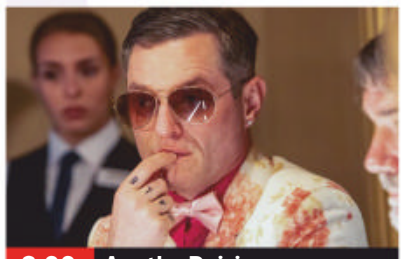
6.50 **Six Feet Under** *Can I Come Up Now?* 4/12. David's ex-fiancée asks him to arrange her father's funeral. (S4)
8.00 **Raised by Wolves** *King:* 5/8. Mother struggles to keep the collective from falling apart. (S2)
9.00 **Game of Thrones** *The North Remembers:* 1/10. As Westeros prepares for war, Robb Stark marches south to avenge his father.
10.05 **Game of Thrones** *The Night Lands:* 2/10. Tyrion turns his anger on Cersei for alienating Joffrey's subjects. (S2)
11.10 **Game of Thrones** 3/10. Tyrion plots to identify Cersei's spy on the small council, and Maester Luwin helps Bran make sense of his dreams. (S2)
12.15 AM **Game of Thrones** (S2)
2.25 **In Treatment** (S2)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Supergirl** 9&10/20. (S1)
8.00 **Magnum P.I.** 18/20. (S4)
9.00 **A League of Their Own**
12.00 NOON **A League of Their Own Road Trip: Dingle to Dover** As shown at 10.00pm.
1.00 PM **Hawaii Five-0** (S3&4)
4.00 **The Flash** 6/18. (S8)
5.00 **DC's Legends of Tomorrow** 6/13. Gwyn and the team are stranded with no idea when or where they are. (S7)
6.00 **The Flight Attendant** 3/8. Cassie crashes Alex's memorial service. (S1)


8.00 Agatha Raisin

7.00 **The Flight Attendant** *Conspiracy Theories:* 4/8. Cassie follows the paper trail to an empty private jet manned by Nate. (S1)
8.00 **Agatha Raisin** *Love, Lies & Liquor:* 1/3. The sleuth is whisked away on holiday, but she finds herself the prime suspect when a hotel guest is found murdered and has to find the culprit so she can clear her name. Stars Ashley Jensen. (S4)
10.00 **A League of Their Own Road Trip: Dingle to Dover** Previously unseen moments from the trip.
11.00 **Strike Back: Retribution** 8/10. Jensen starts to delve into Project Tenebrae (S6)
12.00 M'T **Road Wars**
1.00 AM **Rob & Romesh vs the West End** The comedians try to crack the world of musicals.
2.00 **The Rising** 3/8. (S1)
3.00 **The Force: Manchester**
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.25 **Coronation Street Omnibus**
9.05 **Secret Crush**
11.05 **Dress to Impress**
12.05 PM **Take Me Out**
1.25 **FILM Cats & Dogs** Family comedy fantasy. (2001, PG, 87min) ★★★★
3.10 **FILM Bruce Almighty** Comedy starring Jim Carrey. (2003, 12, 96min) ★★★★
5.15 **FILM Evan Almighty** Fantasy comedy sequel starring Steve Carell. (2007, PG, 95min) ★★

3.10 Bruce Almighty

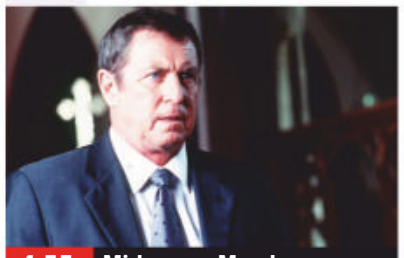
7.15 **FILM Spider-Man 3** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. A mysterious substance turns Spider-Man's suit jet-black and brings out a dark side to his personality. He must conquer his inner demons before he can defeat two new adversaries. (2007, 12, 138min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **Celebrity Juice** With Shirley Ballas, Melvin Odoom, Chelcee Grimes and The Vivienne.
10.45 **Family Guy** 19/20. (S18)
11.15 **Family Guy** 11/20. Lois gets a pixie cut, and Brian becomes a local hero. (S18)
11.45 **American Dad!** (S15)
12.40 AM **Plebs** 3&4/8. (S5)
1.40 **The Sex Lives of College Girls** 2&3/10. (S1)
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **On the Buses**
6.35 **Martin Clunes: My Travels and Other Animals**
7.35 **Agatha Christie's Poirot**
8.45 **Agatha Christie's Marple**
12.50 PM **Agatha Christie's Marple** *The Sittaford Mystery:* A Ouija board predicts a murder. **2.50** *At Bertram's Hotel:* The reading of a will leads to murder. With Peter Davison.
4.55 **Midsomer Murders** *Ring Out Your Dead:* The bell-ringers of Midsomer Wellow are murdered one by one.


4.55 Midsomer Murders

7.00 **Midsomer Murders** *The Creeper:* A burglar dubbed 'the Creeper' targets the villages of Midsomer as Barnaby and Jones investigate the murder of a dinner party guest. Guest stars Rik Mayall and Jenny Agutter.
9.00 **Midsomer Murders** *The Great and the Good:* A schoolteacher keeps waking in the night, believing she has an intruder, but her neighbours are unconvinced – until a local councillor is found dead in her garden.
11.05 **Agatha Christie's Poirot** *One, Two, Buckle My Shoe:* When the sleuth's dentist is found dead, Chief Inspector Japp believes it to be suicide – but Poirot thinks otherwise.
1.20 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **The Edit** Showbiz news.
7.30 **Sportscene Saturday**
8.45 **Music Vault** 2/6. A classic performance by the Cranberries and a foot-tapping favourite from the Proclaimers.
9.30 **Best of Chewin' the Fat** Highlights of the comedy sketch show, starring Ford Kiernan and Greg Hemphill.
10.00 **The Proclaimers: This Is the Story** David Tennant meets Craig and Charlie Reid.
11.00 **The Proclaimers Live at Stirling Castle** The duo's concert at the 2012 Hogmanay celebrations on the esplanade of the castle.
11.50 PM **to 12.00** M'T **Tune** New edition Singer Nina Nesbitt performs at Kibble Palace.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Will & Grace** (S5)
10.30 **Curb Your Enthusiasm**
2.00 PM **The Fresh Prince of Bel Air** 20-24/24. (S2)
4.30 **Modern Family** (S7)
7.00 **The Office (US)** 4/19. Michael and Dwight present food gift baskets to seven former clients. **7.30** 5/19. The staff prepare for the new website's launch party. **8.00** 6/19. Dwight and Michael kidnap a pizza delivery boy. **8.30** 7/19. Michael asks his employees for a loan. (S4)
9.00 **Tig Notaro: Boyish Girl Interrupted** Stand-up comedy performance.
10.00 **Russell Howard: Wonderbox** A stand-up gig recorded in Bristol.
11.45 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.35 AM **Black Monday**
3.00 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Carmen on Sydney Harbour**
8.30 **Tales of the Unexpected**
10.30 **Video Killed the Radio Star** Double bill.
11.30 **Art Traffickers**
12.30 PM **André Rieu: Welcome to My World**
1.30 **Classic Albums**
2.30 **Elvis Presley: A Legend in Concert**
3.30 **Frank Sinatra: Welcome Home Elvis**
4.45 **Frank Sinatra: The Voice of America**
6.45 **Roy Orbison: Austin City Limits**
8.00 **Roy Orbison: Mystery Girl Unravelled**
9.15 **Pink Floyd: P.U.L.S.E**
10.30 **Chuck Berry: The King of Rock n' Roll**
12.15 AM **The Big Beat: Fats Domino and the Birth of Rock 'n' Roll**
2.10 **Discovering**
2.35 **The Festival That Rocked the World**
4.00 **to 6.00** AM **Highlights**

Pick

159 | 156 | 36 | 144

6.00 AM **Nothing to Declare**
11.00 **Stop, Search, Seize**
12.00 NOON **UK Border Force** Documentary.
1.00 PM **999 Frontline**
2.00 **Highway Cops**
3.00 **Monkey Life**
4.00 **Amazing Animal Friends** Unlikely bonds.
5.00 **Wild Crusades: The Monkey Diaries**
6.00 **Road Wars**
8.00 **Caught on Dashcam**
9.00 **Mark of a Serial Killer**
10.00 **Killer Siblings** A badly burned body leads police to a pair of teenage sisters.
11.00 **Ross Kemp: Extreme World** Ross explores the arduous journey taken by Libyans fleeing to Europe.
12.00 M'T **Night Cops**
1.00 AM **Caribbean Cops**
2.00 **Border Security: America's Front Line**
4.00 **to 6.00** AM **Police Force: Australia**

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Friends** (S10&1)
1.00 PM **Friends** (S1)
2.00 **FILM Mr Deeds** Comedy starring Adam Sandler and Winona Ryder. (2002, 12, 96min) ★★
3.45 PM **Friends** (S1)
7.00 **FILM Welcome to the Jungle** Comedy starring Adam Brody and Jean-Claude Van Damme. (2012, 15, 90min) ★
9.00 **FILM The Naked Gun 33⅓: The Final Insult** Spoof comedy sequel starring Leslie Nielsen. Lt Frank Drebin emerges from retirement and goes undercover to foil a terrorist attack on the Oscars ceremony. (1994, 12, 83min) ★★★
10.45 **When TV Stunts Go Horribly Wrong** On-screen disasters.
1.45 AM **Ricky Gervais Show**
2.45 **South Park** 1-4/13. (S1)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **Dinner Date**
8.00 **Making It Home with Kortney & Kenny**
9.00 **LittleBe**
12.00 NOON **Making It Home with Kortney & Kenny**
1.00 PM **The Real Housewives of Atlanta**
1.55 **Ferne McCann: First Time Mum**
2.55 **Georgia and Tommy: Baby Steps**
3.55 **Dinner Date**
7.00 **Celebrity Dinner Date** With Imogen Thomas. **8.00** With Diversity member Nathan Ramsey.
9.00 **Botched** A mum-of-two with drooping breasts.
10.00 **Ibiza Weekender** A team of new reps are quickly led astray. **11.00** Much to David's frustration and Jordan's disapproval, relationships are blossoming.
12.00 M'T **to 1.00** AM **Million Dollar Matchmaker**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **Hot Shots**
6.05 **The Protectors**
6.30 **Tenable**
7.25 **The Chase Celebrity Special**
9.30 **Racing: The Opening Show**
10.30 **Match Time Revisited**
12.35 PM **River Monsters**
1.10 **World of Sport**
1.30 LIVE **Racing** From Lingfield, Ascot and Haydock Park.
4.30 FILM **Force 10 from Navarone** Adventure sequel to *The Guns of Navarone*. (1978, 12, 118min) ★★

7.05 Guns of the Magnificent...

7.05 FILM **Guns of the Magnificent Seven** Western sequel starring George Kennedy as an American gunfighter leading a mission to rescue an imprisoned Mexican revolutionary leader. With Monte Markham. (1968, PG, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 FILM **The Good, the Bad and the Ugly** Sergio Leone's Spaghetti Western set during the American Civil War, starring Clint Eastwood, Lee Van Cleef and Eli Wallach. (1966, 15, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Minder** *A Bird in the Hand Is Worth Two in Shepherd's Bush*: Ray is given the task of guarding a racing pigeon.
1.55 **The Professionals** *A Man Called Quinn*: A former agent turns to murder.
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Stargate SG-1** (S4)
8.00 **Teleshopping**
11.00 **Fact or Faked: Paranormal Files** A mortuary mystery.
12.00 NOON **Star Trek: Voyager** Five episodes, including at: **3.00** PM 18/26. A flirtation with an alien makes Kes wonder where her future lies. **4.00** 19/26. An asteroid threatens a planet. (S3)
5.00 FILM **Monster Island** Sci-fi thriller starring Eric Roberts, Adrian Bouchet and Toshi Toda. (2019, PG, 90min) ★★

9.00 Penny Dreadful: City of...

7.00 FILM **Earthstorm** Sci-fi action drama starring Stephen Baldwin. When a meteor cracks the moon, a demolitions expert and a scientist race against time to prevent a large piece dislodging and destroying Earth. (2006, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Penny Dreadful: City of Angels** *Santa Muerte*: 1/10. Crime drama set in 1930s Los Angeles, starring Natalie Dormer and Daniel Zovatto. (S1)
10.20 **Fortitude** 5/10. Michael finds a glimmer of hope for Freya, and a disturbing challenge is issued. (S2)
11.20 **Fortitude** 6/10. Dr Khatri attempts to cover her tracks when Michael presents the scientists with a miracle, while Dan and Elena must relive their trauma. (S2)
12.20 AM **Blood & Treasure** (S1)
5.00 **to 6.00** AM **Most Haunted**

+1 hour 229

Alibi

109/110 809 126 212

7.15 AM **Murdoch Mysteries** (S11)
10.00 **Hudson & Rex** (S4)
12.00 NOON **Father Brown**
2.00 PM **Death in Paradise** Four episodes, including at: **5.00** 8/8. A political candidate is killed while casting his vote. (S6)
6.00 **Inspector George Gently** *Gently Upside Down*: A schoolgirl's killing brings Gently into the alien world of pop and media celebrity when it turns out the victim's best friend is a rising TV presenter.

6.00 Inspector George Gently

Inspector George Gently (started at 6.00pm)
8.00 **Death in Paradise** *Man Overboard – Part One*: 5/8. The case of a man murdered out at sea takes the team to London.
9.00 **Death in Paradise** *Man Overboard – Part Two*: 6/8. Humphrey and his team are are left with two murders to solve. (S6)
10.00 **We Hunt Together** 1/6. Return of the crime drama. A mystery killer with links to Freddy Lane strikes. (S2)
11.00 **Death in Paradise** As 8pm. **12.00** M'T As shown at 9pm. **1.00** AM 7/8. The team, headed up by new detective inspector Jack Mooney, reopen a seven-year-old case. (S6)
2.00 **to 4.00** AM **Inspector George Gently**

+1 hour 209/210 191

GOLD

110/111 110/111 124 343 358

7.30 AM **Last of the Summer Wine**
8.05 **Citizen Khan**
9.25 **Desmond's**
10.00 **The Story of Only Fools and Horses** A look back at the supporting characters.
11.00 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Eight episodes, including at: **5.40** Del Boy encounters an old flame from almost 20 years previously, and Rodney experiences the joys of dating. **6.20** Del Boy and Rodney mourn Grandad's death.

9.00 Billy Connolly Does...

7.00 **Only Fools and Horses** Uncle Albert has a nasty fall into the pub cellar. **7.40** Rodney aspires to be a pop star, but Del Boy manages to ruin his chances. With Mike Read. **8.20** The Trotters agree to dog-sit while Boycie and Marlene go on holiday.
9.00 **Billy Connolly Does...** The celebrated comedian explains that when it comes to culture, for him, anything goes.
10.00 **Live at the Apollo** Lenny Henry introduces sets by Canadian comedian Mike Wilmot and Irish stand-up Tommy Tiernan.
11.00 **Only Fools and Horses** The Trotters prepare for war. **11.40** Del Boy tries to sell a pair of antique urns.
12.20 AM **Blackadder**
2.30 **Lenny Henry's Race Through Comedy** Focusing on sitcoms.
3.20 **to 4.00** AM **Citizen Khan**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.00 AM **Yianni: Supercar Customiser** A Lamborghini.
7.35 **Modern Wheels or Classic Steals** An eco-friendly car.
8.00 **Rick's Mediterranean Escapes**
9.00 **Rick Stein's Long Weekends**
10.00 **Top Gear** With Hugh Grant.
11.00 **American Pickers**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear** Double bill.
3.00 **Red Bull Soapbox Race**
4.00 **Top Gear** From Italy.
5.00 **Top Gear: Winter Blunderland**
6.00 **Would I Lie to You?**

8.00 Not Going Out

7.20 **Would I Lie to You?** With Greg Davies, Alex Jones, John Cooper Clarke and Rick Edwards. **7 PM**
8.00 **Not Going Out** Lee makes contact with an ex-girlfriend via Facebook. **8.40** A family visit to the World War Two graves in Normandy unearths a piece of family history. **8 PM**
9.20 **Not Going Out Bloopers Special** Unscripted moments from the sitcom. **9 PM**
10.00 **Mock the Week** With Tom Allen, Angela Barnes and Thanyia Moore. **10.40** With Ed Gamble, and Michael Odewale. **10 PM**
11.20 **QI** With Sara Pascoe.
12.00 M'T **Have I Got a Bit More News for You**
1.00 AM **Live at the Apollo**
2.00 **Dave Gorman: Terms and Conditions Apply**
3.00 **to 4.00** AM **Alan Davies: As Yet Untitled**

+1 hour 211 131 74

GREAT! tv

157 189 50 142

6.00 AM **Highway to Heaven**
11.00 **Danielle Steel's A Perfect Stranger** Romantic drama.
12.50 PM **GREAT! Movie News**
1.00 **Danielle Steel's Remembrance** Romantic drama.
2.50 **GREAT! Movie News**
3.00 **Danielle Steel's Palomino** Romance.
4.50 **GREAT! Movie News**
5.00 **Danielle Steel's No Greater Love** Drama.
6.50 **GREAT! Movie News**
7.00 FILM **Love at First Dance** Romantic drama starring Becca Tobin and Niall Matter. (2018, PG, 110min) ★★
8.50 **GREAT! Movie News**
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz show.
1.00 AM **Murder, She Wrote**
3.00 **Perception** 8&9/10. (S1)
5.15 **to 6.00** AM **Hart to Hart**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Come Dine with Me**
11.30 **Undercover Boss USA**
12.30 PM **The Great House Giveaway** Four editions.
4.30 **Kirstie and Phil's Love It or List It: Brilliant Builds**
5.00 **A Place in the Sun**
8.00 **The Great House Giveaway** Sarah and Paige transform a house bought at auction.
9.00 **Grand Designs: The Streets** A couple building a ranch-style house in Glasgow.
10.05 **Gordon Ramsay: Uncharted** 1/7. Gordon explores Tasmania, off the coast of Australia.
11.05 **24 Hours in A&E**
12.10 AM **Gogglebox**
1.15 **Taskmaster**
2.20 **8 Out of 10 Cats Does Countdown**
3.25 **Derry Girls** 4/6. (S3)
3.55 **Chivalry** 4/6. (S1)
4.20 **to 4.50** AM **The Simpsons**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the mystery, including at: **8.00** *Ballad for a Blue Lady*: Jessica pays a visit to a country music star.
9.00 **Yellowstone** *Only Devils Left*: 4/10. The Duttons attempt to figure out who is sabotaging their ranch. (S2)
10.00 **Law & Order: Special Victims Unit** *Broken Rhymes*: 6/21. The CEO of a record label and his protégé are questioned over an assault. **11.00** *Next Chapter*: 7/21. A woman is attacked in her own home. (S18)
11.55 **Law & Order: Special Victims Unit** (S16)
1.55 AM **Law & Order: Criminal Intent** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Criminals: Caught on Camera**
8.20 **Dogs Behaving (Very) Badly** Documentary.
9.20 FILM **Turner & Hooch** Canine comedy. (1989, PG, 99min) ★★★
11.25 FILM **Splash** Romantic comedy fantasy. (1984, PG, 110min) ★★★★
1.40 PM FILM **You've Got Mail** Romantic comedy. (1998, PG, 114min) ★★★
4.00 FILM **Big** Comedy. (1988, PG, 102min) ★★★★★
6.10 FILM **Cast Away** Adventure. (2000, 12, 143min) ★★★★
9.00 FILM **Pearl Harbor** Romantic drama. (2001, 12, 183min) ★
12.40 AM FILM **Erin Brockovich** Drama. (2000, 15) ★★★★
3.20 **Criminals: Caught on Camera**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 211 25 156

6.10 AM **The Bill**
11.00 **Celebrity Tipping Point**
12.00 NOON **Tipping Point: Lucky Stars** Double bill.
1.55 PM **Celebrity Tipping Point** Double bill.
4.00 **My Family** Six episodes of the series, including at: **7.20** Susan meets an old flame – who is not all he seems.
8.00 **Gavin & Stacey** Pete and Dawn renew their wedding vows. **8.40** The gang descend on the beach. **9.20** Nessa and Dave's wedding day arrives.
10.00 **Louis Theroux's Altered States** Exploring how adoption is a big business in California. **11.20** Louis reports on euthanasia in California.
12.45 AM **Babies: Their Wonderful World**
1.50 **to 3.00** AM **One Born Every Minute**

+1 hour 232 190

Drama

143 130 20 158

7.10 AM **Lovejoy**
11.00 **Sister Boniface Mysteries** 9/10. (S1)
12.00 NOON **Sharpe**
2.00 PM **Auf Wiedersehen, Pet** Four episodes.
6.00 **The Brokenwood Mysteries** *The Garotte and the Vinklebraun*: 1/6. Mike and his team investigate the murder of a host from a hit TV series. (S7)
8.00 **The Mallorca Files** *Number One Fan*: 4/10. Miranda and Max investigate the disappearance of a supermodel. (S1)
9.00 **Banished** 5/7. Spragg brands James a traitor. **10.20** 6/7. Tommy beats Buckley to within an inch of his life. (S1)
11.40 **Rebus** *Black and Blue*: Rebus goes on the trail of a copycat serial killer.
1.55 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 226 60

SATURDAY

Documentaries

CBS Drama

147 197 68 134

9.00 AM **JAG** 12-16/24. (S3)
2.00 PM **Medical Detectives** Four editions of the documentary series.
4.00 **Judge Judy** Real-life small-claims cases.
9.00 **Psychic Private Eyes** Discovering the real identity of a man who changed his name when he joined the army.
10.00 **Medium** *A Changed Man:* 14/22. Allison suffers concussion in a household accident. **11.00** *Sweet Child O' Mine:* 15/22. Allison dreams she has a son. **12.00** M'T *Allison Wonderland:* 16/22. Allison helps find a friend's missing brother. **1.00** AM *Lucky in Love:* 17/22. Allison dreams her brother robs a bank. **2.00** *SOS:* 18/22. Allison investigates apparently random killings. (S2)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 41 137

8.30 AM **The Key of David**
9.00 **Matlock** 7-9/22. (S5)
12.00 NOON **JAG** (S3)
2.00 PM **CSI: NY** (S1)
6.00 **CSI: Miami** 1/24. (S3)
7.00 **JAG** *Someone to Watch Over Annie:* 12/24. Harm's friend asks for help. **8.00** *With Intent to Die:* 13/24. Harm investigates an apparent suicide. (S3)
9.00 **NCIS** *Patience:* 19/24. The team receive a new lead in a 40-year-old airport bombing case. **10.00** *No Good Deed:* 20/24. DiNozzo has to work with Zoe on a case. **10.55** *Lost in Translation:* 21/24. The death of a Marine takes Gibbs and Bishop to Afghanistan. **11.50** 22/24. The death of a naval intelligence ensign is linked to a larger conspiracy. (S12)
12.45 AM **NCIS** 23/24. (S12)
1.35 **JAG** 12&13/24. (S3)
3.35 **to 6.00** AM **Matlock**

Challenge

160 160 48 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **Family Fortunes**
1.30 PM **All Star Family Fortunes** Double bill.
3.00 **Strike It Lucky**
4.00 **Tenable** Warwick Davis hosts as a family team from London try to answer questions about top 10 lists.
5.00 **The Chase** Four editions of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Comedian John Thomson, broadcaster Carol Vorderman, actor Sue Cleaver and TV presenter Paul Ross pit their wits against quiz genius The Chaser in a bid to win a cash prize for charity.
10.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 **to 6.00** AM **The Chase**

E!

151 151 835 164 163

7.00 AM **True Hollywood Story** The driving forces behind Kim Kardashian.
8.00 **For Real: The Story of Reality TV** Andy Cohen delves into the history of unscripted television.
9.00 **Wags** Four editions.
1.00 PM **News: Daily Pop**
2.00 **Keeping Up with the Kardashians**
7.00 **Keeping Up with the Kardashians** Part one of two. The family take a trip to Costa Rica. **8.00** Part two of two. Kourtney rejects Scott. **9.00** Khloe heads to Palm Springs.
10.00 **2022 Met Gala: Live from E!** From the Red Carpet at the Met Gala.
12.00 M'T **For Real: The Story of Reality TV**
1.00 AM **10 Things You Don't Know** Double bill.
2.00 **Teleshopping**
3.00 **to 5.00** AM **Giuliana and Bill**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering: Fred Astaire**
7.00 **Discovering: Humphrey Bogart**
8.00 **The Directors**
9.00 **Urban Secrets**
10.40 **Well Groomed**
12.15 PM **SIC: Prince of MotoGP** Documentary.
2.15 **Superswede**
4.00 **The Apollo**
6.00 **Pantani: The Accidental Death of a Cyclist** Documentary,
8.00 **The Lady and the Dale** 3/4. Liz once again goes on the run.
9.00 **Music Box** Pivotal moments in music, starting with Alanis Morissette's rise to fame.
11.00 **Belushi** Documentary about John Belushi.
1.00 AM **Mike Tyson: Undisputed Truth**
2.45 **Simple as Water**
4.45 **My Icon: Pam Cookey**
5.00 **to 6.00** AM **The Directors**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Orangutan Jungle School** Double bill.
8.00 **Great Blue Wild**
12.00 NOON **Matsalu Moose: Wild Giants of the Baltics** As 10.00pm.
1.00 PM **Malawi Wildlife Rescue** Following life at a wildlife rescue centre.
2.00 **Into the Wild: Colombia** Five editions.
7.00 **Extreme Animals: One Wild Day** A look at how animals adapt to the extremes of the desert.
8.00 **Caught in Motion**
9.00 **Age of the Big Cats**
10.00 **Matsalu Moose: Wild Giants of the Baltics** Life in a large moose colony through the eyes of two yearlings.
11.00 **Malawi Wildlife Rescue**
12.00 M'T **Life's Journey**
1.00 AM **Extreme Animals: One Wild Day**
2.00 **After the Wildfires**
3.00 **to 6.00** AM **Mysteries of the Mekong**

HGTV

158 286 44 166

7.00 AM **Escape to the Country** Four editions.
11.00 **The Great Interior Design Challenge**
3.00 PM **A Place in the Sun**
7.00 **A Place in the Sun**
8.00 **Escape to the Country** Former expats seek a home in which to retire in rural Gloucestershire. **9.00** Helping a globe-trotting young couple search for a permanent sanctuary. **10.00** Jonnie Irwin helps a young family searching for a home in North Yorkshire. **11.00** Searching for a home in Somerset.
12.00 M'T **Christina on the Coast** Christina takes on a bathroom redesign.
1.00 AM **Rock the Block**
2.00 **DIY SOS** Double bill.
3.00 **to 4.00** AM **60 Minute Makeover with Peter Andre**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Guy's Grocery Games** Double bill.
8.00 **The Pioneer Woman**
10.00 **Girl Meets Farm**
11.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Delicious Miss Brown** Double bill.
1.00 PM **River Cottage: Summer's Here**
3.00 **James Martin's French Adventure**
7.00 **Rachel Khoo's Kitchen Notebook: London**
8.00 **Rick Stein's Food Heroes** Rick visits Wales and the Peak District. **8.30** A visit to Scotland.
9.00 **Man v Food with Casey Webb** New editions
10.00 **Man v Food with Casey Webb** Four editions.
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **River Cottage: Winter's on the Way**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Deadliest Catch**
9.00 **Disasters at Sea**
10.00 **Raging Planet**
12.00 NOON **American Pickers** Triple bill.
3.00 PM **Fast N' Loud**
6.00 **Garage Rehab**
7.00 **Bad Chad Customs**
8.00 **The Zoo**
9.00 **Dr Jeff: Rocky Mountain Vet**
10.00 **My Cat from Hell** A cat disapproves of her owner's room-mate.
11.00 **Curse of the Bermuda Triangle** Double bill.
1.00 AM **In Search of Monsters** Theories related to Bigfoot.
2.00 **Manhunt with Joel Lambert** In Mongolia.
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Trucking Hell**
10.00 **Police Interceptors**
1.55 PM **FILM Raid on Entebbe** Drama starring Charles Bronson. (1976, PG, 121min) ★★
4.50 **FILM Joe Kidd** Western starring Clint Eastwood. (1973, 15, 88min) ★★★
6.40 **FILM The Poseidon Adventure** Disaster thriller set on board a luxury cruise liner overturned by a giant wave. Stars Gene Hackman and Ernest Borgnine. (1972, PG, 117min) ★★★★★
9.00 **FILM The Running Man** Sci-fi adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
11.05 **FILM Dirty Harry** Police thriller starring Clint Eastwood. (1971, 18, 103min) ★★★★★
1.15 AM **Professionals** (S1)
2.15 **to 5.00** AM **Car Crash TV**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Highway Patrol**
11.00 **Brit Cops: Law & Disorder** Double bill.
1.00 PM **Road Wars**
2.00 **Forensics: Catching the Killer** A triple murder.
3.00 **Murders That Shocked the Nation**
4.00 **World's Most Evil Killers**
5.00 **Britain's Most Evil Killers** Double bill.
7.00 **Murdered at First Sight**
8.00 **Twisted Killers** A man who terrified Columbia, South Carolina, with a shooting spree.
9.00 **Monster in the Shadows** Police attention shifts to a family member accused of horrific crimes.
10.00 **Britain's Most Evil Killers** Six editions.
4.00 AM **Brit Cops: Law & Disorder**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
5.00 PM **Evidence of Evil** Double bill exploring some of the most startling criminal cases of the past two decades.
7.00 **Medical Detectives** The mysterious murder of a young teacher's aide. **7.30** A man is found hanging from a tree with the letters 'FED' scrawled on his chest.
8.00 **Murder By the Sea** True crime author Geoffrey Wansell looks into the case of a killer whose violent fantasies lead him to pray on vulnerable people.
9.00 **Homicide's Elite** Triple bill of the series following the work of detectives David Quinn and Vince Velazquez.
12.00 M'T **Homicide's Elite**
3.00 AM **Unsolved Mysteries**
5.10 **to 6.00** AM **Egg Factor**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Aussie Kids A&E**
9.00 **Celebrity Antiques Road Trip** Double bill.
11.00 **Salvage Hunters**
1.00 PM **A Place in the Sun**
3.00 **Dales for Sale**
4.00 **Helicopter ER**
7.00 **Aussie Kids A&E**
8.00 **Cornwall Air 999**
9.00 **A Haunting** New edition Paranormal events at a former hospital.
10.00 **Paranormal 911** New edition A paramedic claims to have been confronted by angry spirits.
11.00 **Ghost Adventures**
12.00 M'T **Most Terrifying Places in America: Cursed Towns**
1.00 AM **Eli Roth Presents: A Ghost Ruined My Life**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Blaze

164 216 64 162

6.00 AM **Curse of Skinwalker Ranch**
7.00 **Curse of the Lost Amazon Gold**
8.00 **Wicked Tuna**
9.00 **Nature Gone Wild**
10.00 **The Liquidator**
11.00 **Hardcore Pawn**
3.00 PM **Ancient Aliens**
8.00 **Storm Stories**
9.00 **Nature Gone Wild**
10.00 **World's Deadliest Weather: Caught on Camera** Typhoon Haiyan leaves entire cities in the Philippines below water.
11.00 **The UnXplained with William Shatner** Exploring dark curses that many have believed in throughout history.
12.00 M'T **Breaking Mysterious**
1.00 AM **Monsterquest**
2.00 **The Proof Is Out There**
3.00 **to 6.00** AM **Hardcore Pawn**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Lancashire**
8.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
1.00 PM **Curvy Brides Boutique** Double bill.
3.00 **Dr Pimple Popper**
4.00 **Dr Pimple Popper: Pop Ups** Memorable cases.
5.00 **Say Yes... UK**
6.00 **Say Yes... Dubai**
6.30 **Say Yes... India**
7.00 **Addicted to Marriage**
8.00 **1000lb Sisters**
9.00 **My 600lb Life**
10.00 **Hoarding: Buried Alive**
11.00 **The Bad Skin Clinic**
12.00 M'T **1000lb Sisters**
1.00 AM **My 600lb Life**
2.00 **Hoarding: Buried Alive**
3.00 **The Bad Skin Clinic**
4.00 **Say Yes... Atlanta**
5.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.10 **Around the World by Train with Tony Robinson** Travel series.
9.40 **Meerkat Manor: Rise of the Dynasty**
11.55 **Forged in Fire** Ten editions, including at: **7.05** PM Fans vote to bring back four of their favourite craftsmen. **8.05** Bladesmiths make an distinctive African Akrafena sword.
9.00 **Strangeways Riot: 25 Days of Mayhem** The story of the UK's worst prison riot.
11.00 **Secrets of the SAS: In Their Own Words**
1.00 AM **Are You Being Served?: A Very British Comedy**
2.30 **Last of the Summer Wine: 30 Years of Laughs** A celebration of the classic comedy.
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Massive Engineering Mistakes**
7.00 **British Superbikes**
8.00 **Wheeler Dealers: On the Road**
9.00 **Wheeler Dealers**
3.00 PM **Incredible Engineering Blunders...**
4.00 **Massive Engineering...**
5.00 **Mighty Trains**
6.00 **Wheeler Dealers**
7.00 **Cycling: Giro d'Italia** Action from stage two.
8.00 **Shed and Buried**
9.00 **EFL on Quest**
10.30 **The Repair Shop**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 M'T **Destroyed in Seconds** Double bill.
1.00 AM **Massive Engineering Mistakes**
2.00 **Mega Shippers**
3.00 **Aussie Gold Hunters**
4.00 **Supertruckers**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Animal Cops Houston**
9.00 **The Zoo**
11.00 **Salvage Hunters**
2.00 PM **Say Yes to the Dress**
6.00 **My 600lb Life**
8.00 **Who Do You Think You Are?** With Derek Jacobi.
9.00 **The Murder Tapes** New edition In Pueblo, Colorado, a 77-year-old woman is found dead.
10.00 **Deadliest Mums & Dads** New edition The case of Neal Williams, who was slashed to death with a samurai sword and his two young sons were suffocated in their beds.
11.00 **The Lake Erie Murders**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
4.00 **Animal Cops Phoenix**
5.00 **to 6.00** AM **Animal ER**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Building Off the Grid**
12.00 NOON **Alaska: Homestead Rescue** Six editions of the series, including at: **3.00** PM The Raneys help a family whose homestead was destroyed in a wildfire. **4.00** A family in Idaho with a cabin on the verge of collapse. **5.00** An Arizona homestead faces deadly monsoon floods and a menacing cougar.
6.00 **Wheeler Dealers: Dream Car** Mike takes a big gamble to secure a Fiesta RS Turbo.

7.00 **Lone Star Law** It's the start of hunting season and the Texas Game Wardens investigate the shooting of two deer.
8.00 **Gold Rush: Freddy Dodge's Mine Rescue** Freddy and Juan help a retired couple make a success of their mine.
9.00 **Hoffman Family Gold** Todd Hoffman puts his life savings into an ambitious plan to turn around a distressed mine.
10.00 **Building Off the Grid** A family receive the help of loved ones to build a retreat overlooking Tennessee's Ocoee River.
11.00 **Expedition Bigfoot** The team uncover a potential Bigfoot kill zone and launch a squadron of patrol drones to sweep the area for the existence of Sasquatch.
12.00 M'T **NASA's Unexplained Files** Six editions of the series.
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Dogs 101: Specials**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Chasing Ocean Giants**
4.00 **Bad Dog!** A dog digs large ditches in its owners' garden.
5.00 **Alaska: Homestead Rescue** A homestead is threatened by an approaching wildfire.
6.00 **Animal Cribs** Transforming the home of a couple who run a parrot sanctuary.

7.00 **How Do Animals Do That?** A look at how a lizard can walk on water. **7.30** How a barn owl catches prey it cannot see.
8.00 **Wildest Islands of Indonesia** Documentary explores how creatures have learnt to thrive during monsoon season.
9.00 **Wildest Europe** Discovering the wildlife of Europe's waterways, including the world's only underwater spider.
10.00 **Alaskan Bush People** Matt, Bam, Bear and Gabe feel the strain of making deliveries in harsh conditions.
11.00 **I Was Prey** A woman is attacked by a crocodile. **12.00** M'T The story of a man who found a huge grizzly bear outside his cabin.
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Car S.O.S.** Triple bill.
11.00 **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
3.00 **Lost Treasures of Egypt** Following archaeologists in Egypt's Valley of the Kings. **4.00** Archaeologists reveal the mysteries of one of Egypt's greatest female pharaohs. **5.00** An archaeological team uncover a state-sanctioned looting scandal. **6.00** New evidence about how the ancient Egyptians prepared for the afterlife.

7.00 **Ultimate Tutankhamun** Investigating new research which puts light on the mysteries surrounding the death of the Egyptian pharaoh, and the miraculous preservation of his golden treasures.
9.00 **Science of Stupid** Paragliding and dirt-biking accidents. **9.30** Base jumping and bike tricks gone wrong.
10.00 **Science of Stupid** Street luge, gymnastics and cycling downstairs. **10.30** Accidents involving cliff-diving and scooters.
11.00 **Science of Stupid** Disasters involving unicycles and remote control planes. **11.30** YouTube disasters involving firing a bow and arrow and loading up a trailer.
12.00 M'T **Science of Stupid**
2.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Al Murray: Why Does Everyone Hate the English?**
7.00 **Highway Thru Hell**
9.00 **Pawn Stars**
11.00 **Salvage Kings**
1.00 PM **Swamp People**
2.00 **The Egyptian Book of the Dead** Examining a version of the ancient text once buried with an Egyptian scribe.
4.00 **Rust Valley Restorers**
5.00 **Ross Kemp: Shipwreck Treasure Hunter** The wreck of a steam-age ship in Devon.
6.00 **Deep Water Salvage**

7.00 **Britain's Most Historic Towns** Professor Alice Roberts explores the Plantagenet era through the history of Canterbury.
8.00 **Britain's Most Historic Towns** Professor Alice Roberts explores the story of Stewart Britain by visiting Stirling.
9.00 **Secrets in the Sky: The Untold Story of Skunk Work** For the first time in 75 years, the top-secret division of Lockheed that specialises in extreme, highly classified military aircraft design reveals more about its programme.
11.00 **Forged in Fire** Two smiths make a very unique weapon – the Elephant Tusk sword. **12.00** M'T Creating the gruesome Bastard Sword.
1.00 AM **Forged in Fire**
3.00 **Deep Water Salvage**
4.00 **to 6.00** AM **Highway Thru Hell**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Inside Central Station**
8.00 **Secrets of Britain**
9.00 **Bangers and Cash**
1.00 PM **Abandoned Engineering**
4.00 **Great British Railway Journeys** Triple bill.
5.30 **Great British Railway Journeys Goes to Ireland** A route from Dromod to Sligo. **6.00** Michael Portillo travels from Wexford to Westport.
6.30 **Great British Railway Journeys** Michael Portillo meeting a World War Two secret agent at Bletchley Park.

7 PM
7.00 **Great British Railway Journeys** A trip through Hampshire and Berkshire. **7.30** A journey from Chippenham to Gloucester.
8 PM
8.00 **Great British Railway Journeys** Michael Portillo arrives in Wolverhampton. **8.30** Michael travels from Brighton to Chichester.
9 PM
9.00 **Bangers and Cash** Behind the scenes of a North Yorkshire-based, family-run historic car auction business.
10 PM
10.00 **One Foot in the Grave** Victor takes up life drawing classes. **10.40** Victor quarrels with the electricity board.
11.20 **One Foot in the Grave** Victor and Margaret return from holiday to a shock.
12.00 M'T **Inside Central Station** Documentary following staff at Glasgow Central Station. **1.00** AM A sniffer dog finds a suspicious package.
2.00 **to 3.00** AM **Smoke & Steel**

+1 hour 255 200 75

Disc. History

177 257

6.00 AM **NASA's Unexplained Files**
9.00 **Combat Dealers**
10.00 **Combat Dealers: Reloaded**
11.00 **Combat Dealers**
12.00 NOON **Tony Robinson's Wild West** Triple bill.
3.00 PM **Combat Dealers**
6.00 **Mission Declassified**
8.00 **Argo: The Inside Story** The story of the 1978 Iran hostage crisis.
9.00 **Mission Declassified** Investigative journalist Christof Putzel examines some of history's most notorious cold cases.
10.00 **Nostradamus: The Truth** The accuracy of Nostradamus' predictions.
11.00 **Inside Raising the Concordia** Attempts to salvage the *Costa Concordia* cruise liner.
12.00 M'T **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Horizon: Dippy and the Whale**
10.00 **Life in the Undergrowth**
3.00 PM **Attenborough's Wonder of Eggs**
4.00 **Attenborough and the Giant Egg**
5.00 **Attenborough and the Giant Dinosaur**
6.00 **David Attenborough's Natural Curiosities** Ten editions, including at: **10.00** Animals that rely on other species. **10.30** David examines the vampire bat.
11.00 **Attenborough's Wonder of Eggs**
12.00 M'T **Attenborough and the Giant Egg**
1.00 AM **Attenborough and the Giant Dinosaur**
2.00 **Life in the Great Wetlands**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Africa's Hunters**
2.00 PM **Okavango: River of Dreams** Triple bill.
5.00 **Tree Climbing Lions**
6.00 **Cecil: The Legacy of a King** The story of a famous lion in Zimbabwe's Hwange Game Reserve.
7.00 **Cat Fight** Documentary comparing the unique skills of the world's most ferocious big cats.
8.00 **Africa's Blood River** The dangers faced by zebra on migration.
9.00 **Man-Eater of the Congo** Two kayakers search for the crocodile that killed their friend.
10.00 **Man Among Cheetahs** Documentary following a cheetah and her cubs.
11.00 **Something Bit Me**
12.00 M'T **When Sharks Attack** Double bill.
2.00 AM **Africa's Hunters**
3.00 **to 5.00** AM **Okavango: River of Dreams**

Sky History 2

163 163 840 272

8.00 AM **Ancient Aliens**
11.00 **Race to Victory**
12.00 NOON **World War II: The Price of Empire**
1.00 PM **Craig Charles: UFO...**
2.00 **Digging for Britain**
3.00 **Where Did It Come From?** Ancient Rome.
4.00 **When Big Things Go Wrong** A DC-10 airliner.
5.00 **National Park Mysteries**
5.30 **Hitler Was My Neighbour**
6.50 **42 Ways to Kill Hitler**
8.00 **Ancient Aliens**
9.00 **The Invisibles: Hunting Narcos**
10.00 **Craig Charles: UFO Conspiracies**
11.00 **Curse of Skinwalker Ranch** Documentary.
12.00 M'T **Book of Secrets**
1.00 AM **Ancient Aliens**
2.00 **Weeks of War**
3.00 **Ancient Aliens**
4.00 **Life After People**
5.00 **to 6.00** AM **Race to Victory**

PBS America

174 273 84 155

8.00 AM **Surrender on the USS Missouri**
9.05 **Iberia's Woodlands: Life on the Edge**
11.20 **Olympic Pride, American Prejudice**
1.00 PM **Beautiful Serengeti**
1.35 **93rd Bomb Group: Return to Hardwick**
3.05 **World War II: The Last Heroes** Six editions, including at:. **8.20** A recreation of scenes from the Allies' arrival at the River Rhine.
9.25 **93rd Bomb Group: Return to Hardwick** Relatives of American airmen visit a former USAAF base in Norfolk.
11.00 **Olympic Pride, American Prejudice** Documentary about African-American competitors in the 1936 Olympics in Berlin.
12.50 **to 2.00** AM **Surrender on the USS Missouri**

+1 hour 87

CI

156 156 837 209

6.00 AM **On the Case with Paula Zahn** Triple bill.
9.00 **Killer in Plain Sight**
12.00 NOON **Buried in the House** Double bill.
2.00 PM **Buried in the Backyard** Double bill.
4.00 **Murder Masterminds**
7.00 **Kids Who Kill: Evil Up Close** The case of Matthew Hardman. **8.00** The story of Stephen Hough.
9.00 **Once Upon a True Crime** Mark Billingham explores the story of Moors murderers Ian Brady and Myra Hindley.
10.00 **Family Massacre**
11.00 **Court Cam**
12.00 M'T **City Confidential**
1.00 AM **Meet, Marry, Murder** People killed by their partners.
2.00 **Green Eyed Killers**
3.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 848 401 501 515

6.20 AM **American Night** (2021)
8.35 **PAW Patrol: The Movie**
10.20 **PREMIERE Deadlock** As 8pm.
12.05 PM **Venom: Let There Be Carnage** As 9.50pm.
1.50 **Here Today** As 11.30pm.
3.50 **PAW Patrol: The Movie** Animated adventure featuring the voice of Will Brisbin. (2021, U, 86min) ★★★
5.20 **Dune** Epic sci-fi drama starring Timothée Chalamet. (2021, 12, 155min) ★★★★★

8.00 Deadlock

8 PM

8.00 **PREMIERE Deadlock** Action thriller starring Bruce Willis. An ex-military man working at a power plant has to prevent disaster when a group of rogue soldiers gain control of the facility. (2021, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.50 **Venom: Let There Be Carnage** Comic-book fantasy sequel with Tom Hardy, Woody Harrelson and Michelle Williams. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.30 **Here Today** Comedy drama directed by and starring Billy Crystal. (2021, 12, 93min) ★★
1.30 AM **12 Mighty Orphans** Sports drama starring Luke Wilson and Martin Sheen. (2021, 12, 118min) ★★
3.45 **to 6.00** AM **American Night** Crime drama starring Jonathan Rhys Meyers. (2021, 15, 123min) ★★★

11 PM

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.10 AM **Madagascar** Animation. (2005, U, 86min) ★★★
7.45 **Charlie and the Chocolate...**
9.45 **Pixels** As shown at 1.50am.
11.40 **Pitch Perfect 2** Comedy. (2015, 12, 112min) ★★★
1.40 PM **Sherlock Holmes** Action adventure. (2009, 12) ★★★★
3.50 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
6.00 **Meet the Fockers** Comedy sequel. (2004, 12, 115min) ★★

6.00 Meet the Fockers

8.00 **xXx: State of the Union** Action sequel starring Ice Cube. A government spymaster recruits an imprisoned soldier to prevent a military organisation overthrowing the US government. (2005, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Little Things** Crime drama starring Denzel Washington. A deputy sheriff is sent to Los Angeles for what should be a quick assignment, but he becomes embroiled in the search for a serial killer. (2021, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Team America: World Police** Spoof of action movies. (2004, 15, 98min) ★★★★
1.50 AM **Pixels** Sci-fi comedy. (2015, 12, 106min) ★★
3.50 **to 6.00** AM **Charlie and the Chocolate Factory** Fantasy. (2005, PG, 115min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.00 AM **Charlotte's Web** (2006)
7.45 **Penelope** Fantasy comedy. (2006, U, 87min) ★★★
9.20 **Space Jam: A New Legacy** Adventure. (2021, U) ★★★
11.20 **The Borrowers** As 9.45pm.
12.50 PM **Paddington** Comedy. (2014, PG, 95min) ★★★★
2.30 **Hop** Comedy. (2011, U) ★★★
4.15 **The Smurfs** Family adventure. (2011, U, 102min) ★★
6.00 **Mirror Mirror** Fantasy. (2012, PG, 101min) ★★★

6.00 Mirror Mirror

8.00 **Paddington 2** Comedy sequel with the voice of Ben Whishaw. The lovable bear's search for the perfect birthday present for his aunt leads to being framed as a thief. (2017, PG, 104min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Borrowers** Adventure with John Goodman. The little people who live under the floorboards are thrown into panic when the family upstairs move house. (1997, U, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Charlotte's Web** Screen version of EB White's classic book, starring Dakota Fanning. (2006, U, 97min) ★★★
1.00 AM **Paper Planes** Family drama starring Ed Oxenbould. (2014, U, 97min) ★★★
2.45 **Five Children and It** Children's fantasy adventure. (2004, U, 89min) ★★★
4.25 **to 6.00** AM **Call of the Wild** Adventure starring Ariel Gade. (2009, PG, 87min) ★★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Zack Snyder's Justice League** As shown at 12.15am.
10.00 **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
12.00 NOON **Jurassic Park** Thriller. (1993, PG, 127min) ★★★★★
2.15 PM **A Walk Among the Tombstones** As 10.15pm.
4.15 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★★
6.15 **One Shot** Action thriller. (2021, 15, 96min) ★★

4.15 Beverly Hills Cop

8.00 **The Lost World: Jurassic Park** Steven Spielberg's monster adventure sequel with Jeff Goldblum and Julianne Moore. A survivor of the Jurassic Park catastrophe goes to a second island also populated by genetically engineered dinosaurs. (1997, PG, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **A Walk Among the Tombstones** Crime thriller starring Liam Neeson and Dan Stevens. An ex-cop helps a drug trafficker find the men who murdered his wife, and discovers a link to several previous killings. (2014, 15, 111min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Zack Snyder's Justice League** Superhero adventure. (2017, 15, 242min) ★★★
4.15 **to 6.00** AM **Finding Steve McQueen** Crime caper. (2019, 15, 91min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Tooth Fairy** As 3.05am.
8.45 **Away We Go** As 4.55am.
10.35 **Kajillionaire** As 1.15am.
12.35 PM **As Good As It Gets** Comedy. (1997, 15) ★★★★
2.55 **Bill & Ted Face the Music** Comedy adventure sequel. (2020, PG, 91min) ★★★
4.30 **The Ugly Truth** Comedy. (2009, 15, 96min) ★★★
6.10 **People Just Do Nothing: Big in Japan** Comedy spin-off. (2021, 15, 97min) ★★★

6.10 People Just Do Nothing

8.00 **Friends with Benefits** Romantic comedy starring Justin Timberlake and Mila Kunis. Two commitment-shy New Yorkers decide to have a sexual relationship with no strings attached. With Patricia Clarkson. (2011, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Jackass: The Movie** Slapstick comedy with Johnny Knoxville. (2002, 18, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★
1.15 AM **Kajillionaire** Comedy drama starring Evan Rachel Wood and Debra Winger. (2020, 12, 104min) ★★★★
3.05 **Tooth Fairy** Fantasy comedy starring Dwayne Johnson. (2010, PG, 101min) ★★
4.55 **to 6.40** AM **Away We Go** Comedy with John Krasinski. (2009, 15, 97min) ★★★★

Sky Cinema Greats

304 304 849 404 504 518

6.15 AM **Carry On Sergeant** Comedy. (1958, b/w, U) ★★★
7.45 **The Way We Were** As 2.30am.
9.45 **Rio Grande** As 12.30am.
11.30 **Oliver!** Oscar-winning musical. (1968, U, 146min) ★★★★★
1.55 PM **Hitch** Romantic comedy. (2005, 12, 118min) ★★★
3.55 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Fantastica: A Boonie Bears Adventure** (2017, U) ★★
7.30 **Hotel Transylvania 3: Summer Vacation** (2018, U) ★★
9.15 **Minions** Animated comedy. (2015, U, 91min) ★★★★
10.50 **The Angry Birds Movie** Animation. (2016, U) ★★★
12.30 PM **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
6.35 **Maverick** 21-25/27. (S1)
12.00 NOON **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
3.00 PM **Guns for San Sebastian** Western starring Anthony Quinn. (1967, PG, 110min) ★★
5.20 **Tribute to a Bad Man** Western starring James Cagney. (1955, PG, 95min) ★★★

Talking Pictures

328 445 82 306

6.00 AM **Kill Her Gently** (1957) ★★
7.30 **Charlie Chan at Monte Carlo** Mystery. (1937, b/w, 70min) ★★
9.00 **Hawkeye & the Last of the Mohicans** (S1)
9.30 **The Lone Ranger** (S1)
9.55 **Stories From Toytown**
10.10 **The Battle of Billy's Pond** Drama. (1976, PG, 55min) ★★
11.10 **The Adventures of Robin Hood**
11.40 **Danny the Dragon** 9/10. (S1)

Horror

317 149 69 138

8.00 AM **Meteor Moon** Adventure. (2020, 12, 80min) ★★
10.00 **Farscape** (S1&2)
3.00 PM **Super Cyclone** Disaster thriller. (2012, 12, 90min) ★
4.50 **Firequake** Sci-fi disaster drama with Alexandra Paul and Kirsty Mitchell. (2014, 12, 90min) ★
6.40 **Riddles of the Sphinx** Action adventure starring Dina Meyer. (2008, 12, 89min) ★★

primetime

6.00 **Breakfast at Tiffany's** Romantic comedy with Audrey Hepburn and George Peppard. (1961, PG, 106min) ★★★★★
8.00 **The Shawshank Redemption** Prison drama with Tim Robbins and Morgan Freeman. A mild-mannered banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.30 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro. (1976, 18, 110min) ★★★★★

12.30 AM **Rio Grande** John Ford Western starring John Wayne. (1950, b/w, U, 107min) ★★★★
2.30 **The Way We Were** Romantic drama. (1973, PG, 118min) ★★★
4.30 **to 6.00** AM **Carry On Nurse** Comedy with Kenneth Connor. (1959, b/w, PG, 85min) ★★★

2.00 **Spirit Untamed** Animation. (2021, U, 88min) ★★★
3.30 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
5.00 **The Boss Baby 2: Family Business** Animated comedy sequel. (2021, PG, 107min) ★★
7.00 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
8.45 **Fantastic Mr Fox** Animation. (2009, PG, 87min) ★★★★
10.15 **Mr Peabody & Sherman** Animated comedy adventure. (2014, U, 97min) ★★★★

11.50 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
1.25 AM **The Road to El Dorado** Animation. (2000, U) ★★
3.00 **Okko's Inn** Animated fantasy. (2018, PG, 94min) ★★★
4.40 **to 6.10** AM **Postman Pat: The Movie** Animation. (2014, U) ★★

7.15 **Mystery Submarine** Adventure starring Macdonald Carey, Marta Toren and Robert Douglas. (1950, U, 78min) ★★
9.00 **Man of Steel** Fantasy adventure exploring the origins of the iconic DC Comics character Superman, starring Henry Cavill, Amy Adams and Michael Shannon. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. (2013, 12, 143min) ★★★

11.55 **Pacific Rim** Sci-fi action drama with Charlie Hunnam and Idris Elba. (2013, 12, 131min) ★★★
2.30 AM **Close Up** Five editions.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

12.00 NOON **Killers from Space** Thriller. (1954, b/w, U, 71min) ★
1.30 PM **Violent Playground** Crime drama. (1957, PG, 108min) ★★
3.40 **The Street with No Name** Thriller. (1948, b/w, PG) ★★★
5.25 **Lonnie Donegan: Putting On the Style** Documentary.
5.55 **The Purple Heart** War drama. (1944, b/w, PG, 99min) ★★★
7.45 **Look at Life**
8.00 **Maigret** 5/13. (S2)
9.05 **Thieves' Highway** Crime drama. (1949, b/w, PG, 94min) ★★★

10.55 **A Private Function** Comedy. (1984, 15, 94min) ★★★
12.50 AM **Stiff Upper Lips** Period drama spoof. (1998, 15) ★★
2.40 **The Friends of Eddie Coyle** Gangster drama. (1973, 15) ★★★
4.45 **to 6.00** AM **Ambush in Leopard Street** (1962, b/w, PG) ★★

8.30 **Tales from the Darkside** *The Tear Collector:* A woman who cannot stop crying finds someone who is willing to buy her tears. Stars Victor Garber and Jessica Harper.
9.00 **PREMIERE She Never Died** Thriller starring Olunike Adeliyi. When a girl goes missing, a loner with a dark secret must face her inner demons while trying to find the people responsible. With Peter MacNeill. (2019, 15, 89min) ★★★

10.50 **Revenge** Thriller starring Matilda Lutz. (2017, 18, 108min) ★★★★
12.55 AM **Hellraiser** Horror fantasy. (1987, 18, 92min) ★★★
2.45 **to 4.30** AM **The Burning** Horror. (1981, 18, 91min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **The Heist of the Century** Comedy. (2020, 12) ★★★
8.45 **The Wolf Hour** Psychological drama. (2019, 15, 99min) ★★
10.35 **Changing Lanes** As 12.25am.
12.25 PM **Tenet** As 8.00pm.
3.00 **The Desperate Hour** Thriller. (2021, 12, 84min) ★★★★
4.30 **Hell or High Water** Drama. (2016, 15, 102min) ★★★★★
6.20 **Barbarians** Thriller starring Iwan Rheon and Tom Cullen. (2021, 15, 89min) ★★★

10.35 Killer Joe

8.00 **Tenet** Christopher Nolan's fantasy action thriller starring John David Washington. Fighting for the survival of the world, a troubleshooter journeys through a twilight world of international espionage. With Robert Pattinson, Elizabeth Debicki and Kenneth Branagh. (2020, 12, 150min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

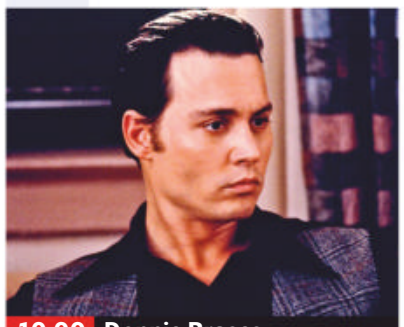
10.35 **Killer Joe** Crime thriller starring Matthew McConaughey, Emile Hirsch and Juno Temple. (2011, 18, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Changing Lanes** Suspense thriller starring Ben Affleck and Samuel L Jackson. (2002, 15, 99min) ★★★★
2.10 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
4.15 **to 6.00** AM **Echo Boomers** Fact-based crime drama. (2020, 15, 94min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Olympic Dreams** (2019)
8.05 **Book of Love** Comedy. (2022, 12, 106min) ★★★
10.05 **On the Waterfront** Drama. (1954, b/w, PG) ★★★★★
12.05 PM **Old Henry** Western. (2021, 15, 99min) ★★★★
2.00 **Finding the Way Back** Drama. (2020, 15, 108min) ★★★★
4.00 **Jungleland** Action drama. (2020, 15, 90min) ★★★★
5.45 **The Many Saints of Newark** Drama. (2021, 15) ★★★★


10.00 Donnie Brasco

8.00 **Let Him Go** Crime drama starring Kevin Costner, Diane Lane and Kayli Carter. A retired sheriff and his wife, grieving over the death of their son, set out to find their only grandson. (2020, 15, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Donnie Brasco** Crime drama with Al Pacino and Johnny Depp. A gangster takes a young man under his wing, unaware that he is an undercover FBI agent seeking to infiltrate the Mob. (1997, 18, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **American Gangster** Ridley Scott's crime drama. (2007, 18, 150min) ★★★★
2.55 **The Water Diviner** Drama. (2014, 15, 111min) ★★★
4.55 **to 6.30** AM **Olympic Dreams** Romantic comedy drama. (2019, 12, 85min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Archive** As 4.45am.
8.00 **Divergent** (2014, 12) ★★★
10.20 **Godzilla vs Kong** Adventure. (2021, 12, 113min) ★★★
12.15 PM **Reminiscence** Romance. (2021, 12, 116min) ★★★
2.15 **Pan's Labyrinth** Horror fantasy. (2006, 15, 120min) ★★★★★
4.15 **Antlers** Horror thriller. (2021, 15, 99min) ★★★
6.00 **The Divergent Series: Insurgent** Adventure sequel. (2015, 12, 116min) ★★★

8.00 Looper

8.00 **Looper** Time-travel thriller starring Joseph Gordon-Levitt, Bruce Willis and Emily Blunt. In Kansas in 2044, a young hitman tries to stop his older future self from carrying out a mission of revenge. (2012, 15, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Don't Breathe 2** Horror sequel starring Stephen Lang and Madelyn Grace. (2021, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Evil Dead** Director Sam Raimi's cult horror comedy starring Bruce Campbell. (1982, 18, 85min) ★★★★
1.15 AM **The Clearing** Horror thriller starring Liam McIntyre. (2020, 15, 100min) ★★
2.55 **The Last Man** Action drama tarring Hayden Christensen. (2019, 15, 100min) ★★
4.45 **to 6.40** AM **Archive** Sci-fi drama starring Theo James. (2020, 15, 109min) ★★★

Sky Cinema Must See Movies

302 302 856 402 502 516

6.50 AM **In the Heights** Musical. (2021, PG, 143min) ★★★
9.25 **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★★
11.55 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
2.10 PM **The Bourne Supremacy** Thriller. (2004, 12) ★★★★
4.10 **John Wick** Action thriller. (2014, 15, 101min) ★★★★
6.05 **Monster Hunter** Fantasy. (2020, 12, 103min) ★★

6.05 Monster Hunter

8.00 **The Conjuring: The Devil Made Me Do It** Horror sequel with Patrick Wilson and Vera Farmiga. Paranormal investigators Ed and Lorraine Warren look into a murder that may be linked to a demonic possession. (2021, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Baby Driver** Action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Raid** Martial arts action thriller with Iko Uwais. (2011, 18, 101min) ★★★★
1.45 AM **The Raid 2** Action thriller sequel starring Iko Uwais. (2014, 18, 150min) ★★★★
4.20 **to 6.45** AM **The United States vs. Billie Holiday** Biopic starring Andra Day. (2021, 15, 130min) ★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Rise of the Guardians** Animated comedy adventure. (2012, PG, 93min) ★★★★
12.55 PM **Meet Dave** Sci-fi comedy. (2008, PG, 86min) ★★★
2.40 **Ferdinand** Animated comedy. (2017, U, 108min) ★★★
4.45 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
6.45 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★

9.00 Angel Has Fallen

Star Trek Beyond (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Angel Has Fallen** Action thriller sequel with Gerard Butler and Morgan Freeman. Secret Service agent Mike Banning finds himself framed for an assassination attempt on the president, and races to clear his name. (2019, 15, 121min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Sea Fever** Thriller starring Connie Nielsen, Dougray Scott and Hermione Corfield. A trawler crew are marooned at sea and have to tackle a parasite in their water supply. (2019, 15, 95min) ★★★★ **11 PM**
1.10 **to 3.25** AM **The Incredible Hulk** Sci-fi action fantasy starring Edward Norton. (2008, 12, 107min) ★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Boot Hill** (1969, PG) ★★
7.45 **On Dangerous Ground** Thriller. (1951, b/w, PG, 82min) ★★★★
9.20 **Split Second** Suspense thriller. (1953, b/w, PG, 85min) ★★
11.00 **Malachi's Cove** Period drama. (1973, U, 85min) ★★★
12.45 PM **Watch It, Sailor!** Comedy. (1961, U, 81min) ★★
2.30 **What a Carve Up!** Comedy chiller. (1961, b/w, U, 88min) ★★
4.20 **How to Steal a Million** Crime comedy with Audrey Hepburn. (1966, U, 120min) ★★★
6.50 **To Sir, with Love** Drama starring Sidney Poitier as a novice teacher at a tough London school. (1966, PG, 105min) ★★
9.00 **Women in Love** Ken Russell's adaptation DH Lawrence's classic novel, starring Glenda Jackson and Jennie Linden. (1969, 15, 130min) ★★★★
11.40 **The Stud** Drama starring Joan Collins. (1978, 18, 90min) ★
1.30 AM **She Wore a Yellow Ribbon** Western. (1949, U) ★★★★
3.30 **Candlelight in Algeria** Thriller. (1943, b/w, PG, 85min) ★★★
4.55 **to 6.00** AM **Hell Squad** War drama. (1958, b/w, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Mother's Crime** Drama. (2017, PG, 90min) ★★
10.50 **A Sister's Obsession** Thriller. (2018, 15, 89min) ★★
12.40 PM **Lethal Beauty** Thriller. (2018, 12, 90min) ★★
2.30 **Armored** Heist thriller. (2009, 12, 88min) ★★★
4.20 **The Legend of Zorro** Swashbuckling adventure sequel. (2005, PG, 130min) ★★★
6.50 **The Three Musketeers** Adventure based on Alexandre Dumas' classic tale, starring Logan Lerman. A reckless youngster joins forces with three loyal musketeers to foil a plot against the king of France. (2011, 12, 110min) ★★★
9.00 **Prisoners** Thriller starring Hugh Jackman and Jake Gyllenhaal. A desperate father takes the law into his own hands after two six-year-old girls go missing. (2013, 15, 150min) ★★★★
12.10 AM **The Da Vinci Code** Conspiracy thriller starring Tom Hanks. (2006, 12, 149min) ★★★
3.15 **to 6.00** AM **Queen of the Desert** Biopic starring Nicole Kidman. (2015, PG, 128min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **The Enemy General** War drama. (1960, b/w, U, 74min) ★★
7.40 **Bomb at 10:10** Wartime drama. (1967, PG, 88min) ★★
9.20 **Battle Stations** War drama. (1956, b/w, U, 81min) ★★
11.00 **Submarine Raider** Wartime drama. (1942, U, 64min) ★★
12.30 PM **Sink the Bismarck!** World War Two naval drama. (1959, b/w, U, 97min) ★★★
2.35 **Decision Before Dawn** Drama. (1951, 15, 119min) ★★
5.00 **The Enemy Below** Adventure. (1957, PG, 98min) ★★★★
7.05 **The Battle of the Last Panzer** World War Two drama with Stan Cooper. (1969, 12, 91min) ★★
9.00 **The Dirty Dozen: The Deadly Mission** World War Two action sequel starring Telly Savalas as an army major who recruits a dozen military convicts for a suicidal assault on a Nazi stronghold. (1987, 15, 78min) ★
10.55 **To End All Wars** War drama. (2002, 15, 112min) ★★★★
1.15 AM **Instrument of War** Drama. (2017, 12, 90min) ★★
3.00 **to 4.00** AM **The Blitz on Cologne**

+1 hour 324

Movies 24

325 419

7.00 AM **Raise a Glass to Love**
9.00 **Love, Alaska** As 9.00pm.
11.00 **A Very Country Wedding**
1.00 PM **Love on Iceland** As 1.00am.
3.00 **PREMIERE** **Meet Me in New York** Romantic drama starring Brooke Nevin and Corey Sevier. (2022, PG, 90min) ★★
5.00 **Bottled with Love** Romantic drama starring Bethany Joy Lenz. (2019, PG, 85min) ★★
7.00 **Raise a Glass to Love** Romantic comedy drama starring Laura Osnes and Juan Pablo Di Pace. An ambitious, academically minded sommelier clashes with the instinctive new manager of her parents' vineyard. (2021, PG, 84min) ★★
9.00 **Love, Alaska** Romantic comedy starring Sarah Podemski and Victor Zinck Jr. Two childhood friends are reunited in Alaska and offered a second chance at love. (2019, PG, 95min) ★★
11.00 **A Very Country Wedding** Drama. (2019, PG, 90min) ★★
1.00 AM **Love on Iceland** Romantic comedy. (2020, U, 84min) ★★
3.00 **to 5.00** AM **Meet Me in New York** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.10 PM **Cast Away** *5STAR* ★★★★
6.40 **The Poseidon Adventure** *5Action* Thriller. ★★★★★
7.00 **Welcome to the Jungle** *Comedy Central* Comedy. ★
7.00 **Earthstorm** *Syfy* Action. ★★
7.05 **Guns of the Magnificent Seven** *ITV4* Western sequel. ★★
7.15 **Spider-Man 3** *ITV2* ★★★
9.00 **Pearl Harbor** *5STAR* Drama. ★
9.00 **The Naked Gun 33⅓: The Final Insult** *Comedy Central* Spoof comedy sequel. ★★★
9.00 **The Running Man** *5Action* ★★★
9.15 **The Good, the Bad and the Ugly** *ITV4* Western. ★★★★★
9.20 **The Personal History of David Copperfield** *Channel 4* ★★★★
10.00 **Sorry to Bother You** *BBC3* Fantasy comedy. ★★★★
10.35 **Safe House** *ITV* Thriller. ★★★
10.45 **Escape Plan** *Sky Showcase* ★★★
11.05 **Dirty Harry** *5Action* ★★★★★
11.40 **Deepwater Horizon** *Channel 4* Fact-based drama. ★★★★
12.10 AM **Mindhorn** *BBC1* ★★★
12.20 **The Other Side of Hope** *BBC2* Finnish comedy drama. Subtitled. ★★★★
12.40 **Erin Brockovich** *5STAR* ★★★★

SATURDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

5.30 AM **LIVE Super Rugby Moana Pasifika v Waratahs.**
7.30 **Good Morning Sports Fans**
8.00 **LIVE Super Rugby Chiefs v Brumbies.** Kick-off 8.05am.
10.00 **LIVE Suncorp Netball Sunshine Coast Lightning v Adelaide Thunderbirds.**
11.45 **My Icon** Thierry Henry.
12.00 NOON **LIVE EFL** The final day of the season. Kick-off 12.30pm.
3.00 PM **LIVE DP World Tour Golf** Day three of the British Masters.
5.00 **LIVE SNF Brighton & Hove Albion v Manchester United.** Coverage of the Premier League match. Kick-off 5.30pm.
8.30 **LIVE Formula 1** The Miami Grand Prix qualifying session.
10.45 **Ted's Quali Notebook**
11.15 **LIVE WNBA New York Liberty v Connecticut Sun.**
1.00 AM **Sky Sports News**
1.30 **LIVE NBA Basketball** An NBA play-off match.
4.00 **Sky Sports News**
4.30 **to 6.45** AM **LIVE Suncorp Netball West Coast Fever v Collingwood Magpies.**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Saturday Social**
10.00 **Soccer AM** football magazine.
11.30 **Inside the WSL** The latest news from the Women's Super League.
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up** All the build-up to today's matches.
3.00 PM **Gillette Labs Soccer Saturday** Jeff Stelling presides over the day's football action.
5.00 **LIVE SNF Brighton & Hove Albion v Manchester United.** The top-flight clash from AMEX Stadium. Kick-off 5.30pm.
8.30 **Renault Game of the Day** A full 90-minute re-run of one of the Saturday afternoon fixtures in the Premier League.
10.30 **Premier League** A full-match replay of a top-flight fixture.
12.15 AM **Premier League** A replay of Brentford v Southampton.
2.00 **Premier League** A replay of Burnley v Aston Villa.
3.45 **PL Greatest Games**
4.00 **Best PL Goals 12/13**
5.00 **Best PL Goals: Chelsea**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **EFL Greatest Games**
8.00 **EFL Highlights**
9.00 **Saturday Social**
10.00 **Soccer AM** Football magazine.
11.30 **LIVE SPFL Celtic v Hearts.** The Scottish top-flight clash from Celtic Park. Kick-off 12.00noon.
2.30 PM **Inside the WSL**
3.00 **Gillette Labs Soccer Saturday**
5.00 **EFL Greatest Games**
5.15 **MLS** Goals from Didier Drogba.
5.20 **LIVE Bundesliga Hertha Berlin v FSV Mainz 05.** The German top-flight clash from Olympiastadion. Kick-off 5.30pm.
7.30 **EFL Highlights**
8.30 **LIVE MLS Charlotte FC v Inter Miami CF.** Coverage of the Eastern Conference encounter from Bank of America Stadium. Kick-off 8.30pm.
10.40 **MLS** Goals from Josef Martinez.
10.45 **EFL Highlights**
11.15 **Division 1 Feminine**
1.15 AM **EFL Greatest Games**
2.00 **EFL Play Off Final League 2 16/17** Blackpool v Exeter City.
3.00 **to 6.00** AM **EFL Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **IPL**
9.00 **Best of the 2017 IPL**
9.25 **Best of the 2016 IPL**
9.50 **IPL** The match between Gujarat Titans and Mumbai Indians.
10.50 **LIVE Indian Premier League Punjab Kings v Rajasthan Royals.** The T20 match from Wankhede Stadium, Mumbai.
2.50 PM **LIVE Indian Premier League Lucknow Super Giants v Kolkata Knight Riders.** The T20 match from Maharashtra Cricket Association Stadium, Pune.
7.00 **T20 Blast 2006**
7.15 **Vitality T20 Blast Cricket**
7.45 **Best of T20 Blast Finals Day**
8.00 **IPL** Action from Punjab Kings v Rajasthan Royals.
9.00 **IPL** Highlights of Lucknow Super Giants v Kolkata Knight Riders.
10.00 **IPL** As shown at 8.00pm.
11.00 **IPL** As shown at 9.00pm.
12.00 M'T **IPL** A replay of Punjab Kings v Rajasthan Royals.
4.00 AM **Best of England v India**
5.00 **25 Years of Women's Cricket on Sky** Memorable moments.
5.25 **Best of T20 Blast Finals Day**
5.40 **to 6.00** AM **India's Amazing Run Chase**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Tour Golf** The Wells Fargo Championship.
10.30 **Richard Bland: 478**
11.00 **DP World Tour Golf**
12.00 NOON **LIVE PGA Tour Golf** Day three of the Wells Fargo Championship at TPC Potomac at Avenel Farm in Washington, D.C.
1.00 PM **LIVE DP World Tour Golf** The third day of the Betfred British Masters Hosted By Danny Willett at The Belfry in Sutton Coldfield.
5.30 **LIVE PGA Tour Golf** Further coverage of day three of the Wells Fargo Championship from TPC Potomac at Avenel Farm in Washington, D.C.
11.00 **DP World Tour Golf** Action from the third day of the Betfred British Masters Hosted By Danny Willett at The Belfry in Sutton Coldfield.
12.00 M'T **Chronicles of a Champion Golfer** A profile of 2011 Open champion Darren Clarke.
12.30 AM **Chronicles of a Champion Golfer** A profile of 18-time Major winner Jack Nicklaus.
1.00 **DP World Tour Golf**
2.00 **PGA Tour Golf**
3.00 **to 6.00** AM **DP World Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Premier League Match Pack**
6.30 **Premier League Preview**
7.00 **ESPN FC** Football news.
7.30 **LIVE AFL GWS Giants v Geelong Cats.** Coverage from Manuka Oval. Bounce-up 7.35am.
10.30 **Scottish Football Extra**
11.00 **The Football's On**
12.00 NOON **LIVE Vanarama National League Torquay United v Chesterfield.** From Plainmoor. Kick-off 12.30pm.
2.45 PM **BT Sport Score**
5.15 **LIVE Serie A Sassuolo v Udinese.** The top-flight clash from Mapei Stadium, joining the action 15 minutes after kick-off.
7.00 **LIVE Premier League Liverpool v Tottenham Hotspur.** Coverage of the clash from Anfield. Kick-off 7.45pm.
10.15 **BT Sport Films**
12.00 M'T **Fight Week**
12.30 AM **The Dan Hardy Breakdown Show** A look ahead to UFC 274.
1.00 **LIVE UFC** Coverage of the preliminary bouts from UFC 274.
3.00 **to 7.00** AM **LIVE UFC Charles Oliveira v Justin Gaethje.** Coverage of the lightweight bout.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Highlights**
7.30 **Rugby Stories**
8.00 **WWE NXT UK**
9.00 **WWE Friday Night SmackDown**
10.30 **European Rugby Challenge Cup**
12.00 NOON **LIVE European Rugby Challenge Cup Edinburgh Rugby v Wasps.** The quarter-final clash. Kick-off 12.30pm.
2.45 PM **LIVE Heineken Champions Cup Munster Rugby v Toulouse.** The quarter-final clash. Kick-off 3.00pm.
5.15 **LIVE Heineken Champions Cup Leicester Tigers v Leinster.** Coverage of the quarter-final clash. Kick-off 5.30pm.
7.45 **LIVE European Rugby Challenge Cup Lyon v Glasgow Warriors.** The quarter-final match. Kick-off 8.00pm.
10.15 **Rugby Stories**
10.45 **Serie A** Torino v Napoli.
11.45 **BT Sport Reload**
12.00 M'T **LIVE PSA Squash** The J.P. Morgan Tournament of Champions.
2.30 AM **The Volleyball Show**
3.00 **to 6.00** AM **LIVE Badminton** Coverage of day one of the BWF Thomas & Uber Cup.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Ligue 1**
7.00 **Serie A**
9.00 **Premier League Preview**
9.30 **Premier League Match Pack**
10.00 **LIVE AFL Essendon Bombers v Hawthorn Hawks.** From Marvel Stadium. Bounce-up 10.25am.
1.00 PM **Ligue 1** Lille v Monaco.
2.00 **PSA Squash**
4.00 **Formula Regional European Championship**
4.30 **MotoGP Rewind**
4.45 **MotoE Highlights**
5.15 **LIVE Heineken Champions Cup La Rochelle v Montpellier.** Coverage of the quarter-final clash. Kick-off 5.30pm.
7.30 **LIVE Serie A Lazio v Sampdoria.** Kick-off 7.45pm.
9.45 **WWE Friday Night SmackDown**
11.15 **The Run-In**
11.45 **MotoGP Rewind**
12.00 M'T **LIVE MLB San Francisco Giants v St. Louis Cardinals.** The National League match from Oracle Park. Start-time 12.15am.
3.30 AM **Rugby Stories**
4.00 **to 7.00** AM **LIVE AFL Melbourne Demons v St Kilda Saints.** Bounce-up 4.10am.

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **My Icon** Shaun Gayle.
6.15 **NFL Bitesize Highlights**
8.30 **LIVE NRL Sydney Roosters v Gold Coast Titans.** Coverage of the match from Sydney Cricket Ground. Kick-off 8.30am.
10.30 **NFL Bitesize Highlights**
11.45 **Super Bowl LVI Highlights**
12.00 NOON **LIVE World Pool Masters** The third day of the tournament at the Europa Point Sports Complex in Gibraltar.
4.00 PM **Darts Gold** The PDC World Darts Championship final of 2015.
4.30 **British Basketball** A replay of Sheffield Sharks v Glasgow Rocks.
7.00 **LIVE British Basketball** Coverage of the first semi-final.
9.30 **NFL Special: All Madden** A look at the career of John Madden.
11.00 **Top Rank Boxing Archive** George Foreman v Gerry Cooney.
11.30 **Top Rank Boxing Archive** Davey Moore v Roberto Duran.
12.15 AM **Top Rank Boxing Archive** Marvin Hagler v Sugar Ray Leonard from 1987.
1.30 **Top Rank Boxing Archive** George Foreman v Gerry Cooney.
2.00 **Premier League Darts**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

5.30 AM **LIVE Super Rugby Moana Pasifika v Waratahs.** From Mt Smart Stadium. Kick-off 5.35am.
7.30 **Super League Highlights**
8.00 **LIVE Super Rugby Chiefs v Brumbies.** Kick-off 8.05am.
10.00 **Spirit of Yachting**
10.30 **My Icon** Pam Cookey.
10.45 **LIVE Super Rugby Western Force v Crusaders.** Coverage from HBF Park. Kick-off 10.45am.
12.45 PM **Super League Highlights**
1.00 **LIVE Ladies European Tour Golf** The Madrid Ladies Open.
3.00 **Fight Night International**
4.00 **Spirit of Yachting**
4.30 **High Tops**
5.00 **Darts Gold**
5.30 **LIVE World Pool Masters** The third day of the tournament.
9.30 **Spirit of Yachting**
10.00 **Fight Night International**
11.00 **LIVE WNBA New York Liberty v Connecticut Sun.**
1.00 AM **NBA Heatcheck**
2.00 **Fight Night**
3.00 **LIVE Super Rugby Hurricanes v Drua.** From Sky Stadium.
5.00 **to 6.00** AM **Betfred Super League Highlights**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **BT Sport Reload**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **MLB**
10.45 **LIVE Isuzu UTE A-League Sydney FC v Melbourne Victory.** Kick-off 10.45am.
12.45 PM **Around the Horn**
1.15 **Pardon the Interruption**
1.45 **MLB Quick Pitch**
2.45 **MLB**
5.45 **LIVE Primeira Liga Benfica v FC Porto.** Coverage of the Portuguese top-flight clash from Estadio da Luz. Kick-off 6.00pm.
8.00 **LIVE NCAA Championship** The latest College Women's Beach Volleyball action.
1.00 AM **LIVE NCAA Championship** Coverage of the College Men's Volleyball Championship match.
3.00 **to 6.00** AM **NCAA Championship**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **British Superbikes**
7.00 **Cycling: Four Days of Dunkirk**
8.00 **Roland-Garros**
9.00 **Speedway Grand Prix**
9.55 **LIVE Motorsport: ETCR** Round one from Pau, France.
10.40 **Unlock the Power of Sport**
11.15 **Cycling: Giro d'Italia**
12.45 PM **LIVE Cycling: Giro d'Italia** Coverage of stage two, a 9.2km individual time-trial in Budapest.
5.00 **Cycling: Tour of Flanders**
6.00 **Cycling: Four Days of Dunkirk**
7.00 **Eurosport News**
7.05 **World Touring Car Cup**
8.00 **Cycling: Giro d'Italia**
9.00 **Giro d'Italia: The Breakaway**
9.30 **Formula E** The Mexico City ePrix.
10.30 **Cycling: Four Days of Dunkirk**
11.35 **Cycling: Giro d'Italia**
1.00 AM **British Superbikes**
2.00 **Snooker: European Masters**
4.00 **Cycling: Giro d'Italia**
5.30 **to 6.00** AM **Motocross World Championship**

Eurosport 2

411 411 869 | 522 | 413 436

6.30 AM **Giro d'Italia: Breakaway**
7.00 **Snooker: Gibraltar Open**
8.00 **Cycling: Tour of Greece**
9.00 **LIVE Triathlon: Super League Arena Games** Round three from Singapore.
11.30 **LIVE FIA World Endurance Championship** The Six Hours of Spa-Francorchamps, the second meeting of the season, from Circuit de Spa-Francorchamps in Belgium.
6.30 PM **Motocross World Championship** From Latvia.
7.00 **Cycling: Tour of Greece**
8.00 **British Speedway**
9.00 **Snooker: UK Championship**
11.00 **British Speedway**
12.00 M'T **World Superbikes**
1.00 AM **Cycling: Four Days of Dunkirk** Action from stage five.
2.00 **Cycling: Giro d'Italia**
3.00 **Giro d'Italia: The Breakaway**
3.30 **Roland-Garros**
5.30 **to 6.30** AM **Cycling: Giro d'Italia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Highlights**
7.30 **LIVE Suncorp Netball Melbourne Vixens v Queensland Firebirds.**
9.45 **LIVE Suncorp Netball Sunshine Coast Lightning v Adelaide Thunderbirds.**
11.45 **Highlights**
3.00 PM **High Tops**
3.30 **Super League Highlights**
4.30 **Fight Night**
5.30 **LIVE GAA Cork v Kerry.**
8.00 **Super League Highlights**
8.30 **LIVE NBA Basketball** Coverage of an NBA play-off.
11.00 **LIVE WNBA New York Liberty v Connecticut Sun.**
1.00 AM **High Tops**
1.30 **LIVE NBA Basketball** Coverage of an NBA play-off.
4.00 **NBA Season Review Show**
4.30 **to 6.45** AM **LIVE Suncorp Netball West Coast Fever v Collingwood Magpies.**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Highlights**
12.15 PM **Formula 1**
1.40 **Future is Bright For Ferrari**
1.50 **Naomi Interview**
2.00 **LIVE W Series** The qualifying session at Miami International Autodrome. Start-time 2.10pm.
2.45 **F1 Features**
3.00 **Formula 1**
4.25 **F1 Features**
4.45 **W Series**
5.30 **Brazil 2008 Revisited**
5.40 **Rachel Interviews Ricciardo**
5.45 **LIVE Formula 1** Coverage of the third and final practice session of the Miami Grand Prix.
7.10 **LIVE W Series** The opening race at Miami International Autodrome. Start-time 7.25pm.
8.15 **LIVE Formula 1** Coverage of the Miami Grand Prix qualifying session. Start-time 9.00pm.
10.45 **Ted's Quali Notebook**
11.15 **F1 Features**
11.30 PM **to 6.00** AM **Highlights**

SKY HD SD | VIRGIN HD | BT HD

Sunday

8 May

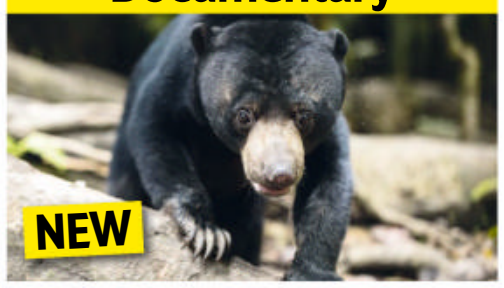
Evening Planner

Sunday

Awards

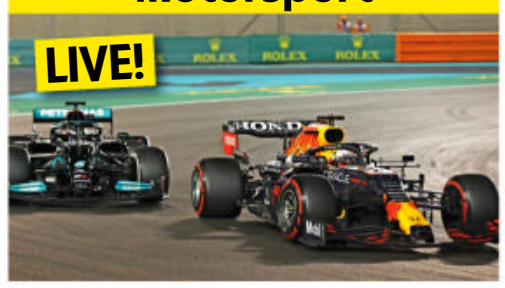
BAFTA TV Awards
BBC1, 6pm
Richard Ayoade hosts for the third year running, only this time the nominees will be there in person rather than virtually

Documentary



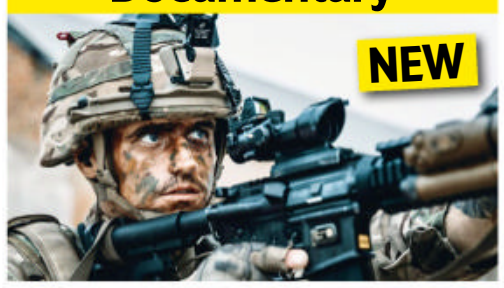
Eden: Untamed Planet
BBC2, 7.10pm
Helena Bonham Carter narrates this beautifully filmed series that takes us to the planet's last remaining isolated places

Motorsport



F1: Miami Grand Prix
Sky Sports Main Event & Sky Sports F1, from 7.30pm (race starts at 8.30pm)
Leclerc and Verstappen are on two wins apiece ahead of the inaugural Miami race

Documentary



Commando: Britain's Ocean Warriors
BBC2, 8pm
Following a group of recruits with hopes of becoming Royal Marines Commandos

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	◂ 6.00 BAFTA TV Awards		8.00 Antiques Roadshow		9.00 Gentleman Jack		10.00 News	10.30 Match of the...
102 BBC2		7.10 Eden: Untamed Planet	8.00 Commando: Britain's Ocean Warriors		9.00 Idris Elba's Fight School		10.00 Film: The Hurt Locker	
103 ITV	7.00 Tipping Point: Lucky Stars		8.00 Grace				10.00 News	10.15 Afghanistan: No Country...
104 CHANNEL 4	7.00 Escape to the Chateau		8.00 Inside the Superbrands		9.00 SAS: Who Dares Wins		10.00 Gogglebox	
105 CHANNEL 5	7.00 Wetherspoons: How Do They Do It?!		8.00 Happy Campers: The Caravan Park		9.00 Holidaying with Jane McDonald: Florida		10.00 St. Tropez: Home of the Rich and...	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 The Equalizer		9.00 Magnum P.I.			
ENTERTAINMENT								
117 BBC3		7.05 EastEnders	8.00 The Drop		9.00 Jesy Nelson: Odd One Out		10.00 Normal People	
116 BBC4	7.00 John Williams at the BBC		8.00 Jazz All Stars: Cheltenham at 25			9.45 Jazz UK: Spitting Fire		
118 ITV2	◂ 5.30 Film: School of Rock	7.45 Film: Pitch Perfect 2					10.00 The Sex Lives of College Girls	
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Britain By Beach		9.00 The Great Big Tiny Design Challenge...		10.00 24 Hours in A&E	
135 E4	7.00 The Goldbergs		8.00 Young Sheldon		9.00 Film: Little Fockers			
107 SKY WITNESS	7.00 Caught on Dashcam		8.00 The Equalizer		9.00 The Rookie		10.00 9-1-1	
108 SKY ATLANTIC	◂ 6.45 Six Feet Under				9.00 The Staircase			
110 GOLD	7.00 Only Fools and Horses			8.20 Dad's Army	9.00 The Vicar of Dibley			10.10 Billy Connolly Does...
111 DAVE	7.00 Border Force: America's Gatekeepers		8.00 Mortimer &...	8.40 QI		9.20 Comedians Giving...	10.00 The Island	
119 ITV3	◂ 6.00 Lewis		8.00 Inside the Crown: Secrets of the Royals					10.05 DCI Banks: Aftermath
120 ITV4	7.00 Monster Carp		8.00 Film: The Scorpion King				9.55 Film: Lucy	
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Bad Teacher			
152 SYFY	7.00 Film: Collision Earth				9.00 Grimm			
113 SKY MAX	7.00 Karl Pilkington: The Moaning of Life		8.00 Rob & Romesh vs the West End		9.00 Magnum P.I.			
132 ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.00 Smother	
130 SKY ARTS	◂ 4.40 André Rieu: Love in Venice		8.00 The Stones in the Park		9.00 Film: The Grateful Dead			
DOCUMENTARY								
125 DISCOVERY	7.00 Tony Robinson's VE Day...		8.00 Bee Czar		9.00 Blowing Up History		10.00 Terror and Glory: 1945	
162 ANIMAL PLANET	7.00 Dodo Heroes		8.00 Coyote Peterson: Brave the Wild		9.00 Tanked		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Car S.O.S.		8.00 Airport Security: Peru and Brazil		9.00 To Catch a Smuggler		10.00 Seconds from Disaster	
123 SKY HISTORY	7.00 Nature Gone Wild				9.00 History's Greatest Mysteries			
155 YESTERDAY	7.00 Bangers and Cash		8.00 Open All Hours				10.00 Bangers and Cash	
121 SKY DOCS		7.15 I Am Richard Pryor			9.00 Tina			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Deadlock		8.00 Venom: Let There Be Carnage			9.40 The Last Letter from Your Lover		
303 HITS	◂ 6.00 Mass		8.00 Those Who Wish Me Dead			9.50 Escape Room: Tournament of Champions		
304 GREATS	◂ 6.05 Footloose		8.00 Forrest Gump					10.25 Training Day
305 ANIMATION	◂ 5.45 Shrek	7.20 Shrek 2			9.00 The Pirates! In an Adventure with Scientists			10.30 The Prince of...
306 FAMILY	◂ 6.30 Hook				9.00 Bandslam			
307 ACTION	◂ 5.35 Fast & Furious 9		8.00 Jurassic Park III			9.35 Dead Man Down		
308 COMEDY	◂ 6.00 Delivery Man		8.00 Our Ladies			9.50 Bad Teacher		
309 THRILLER	◂ 6.05 Old		8.00 The Fugitive				10.15 Limitless	
310 DRAMA	◂ 5.40 Milk		8.00 Dreamgirls				10.15 American Gangster	
311 SCI-FI	◂ 5.55 The Divergent Series: Allegiant		8.00 The Forever Purge				10.00 The Evil Dead	
302 MUST SEE MOVIES	◂ 5.35 The Suicide Squad		8.00 Nobody				10.00 The Raid	
313 FILM4	◂ 6.20 Valerian and the City of a Thousand Planets				9.00 Men in Black: International			
315 TCM MOVIES	◂ 6.00 Cromwell				9.00 Pale Rider			
SPORT								
401 MAIN EVENT	◂ 4.00 Renault...	7.30 Formula 1 – Live: The Miami Grand Prix from the Miami International Autodrome (Start-time 8.30)						
402 PREMIER LEAGUE	◂ 4.00 Renault...	7.30 WSL	8.00 SNF				10.00 Premier League	
403 FOOTBALL	◂ 6.00 EFL – Live: The second leg of a League One play-off semi-final					9.30 WSL	10.00 MLS – Live (Kick-off 10.00)	
404 CRICKET	7.00 2014 T20 Blast...	7.30 T20 Blast 2018	8.00 IPL					
413 BT SPORT 1	7.00 Golazzo Live	7.45 Serie A – Live: Hellas Verona v AC Milan (Kick-off 7.45)					10.00 Vanarama...	10.30 PL World
414 BT SPORT 2	◂ 6.30 Football's On	7.30 Ligue 1 – Live: Paris Saint-Germain v Troyes (Kick-off 7.45)				9.45 WWE NXT UK		

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.35 **Match of the Day** (S)(R)
9.00 **Sunday Morning** (S)
10.00 **Politics England** (S)
10.30 **Wanted Down Under Revisited** (R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.20 **Songs of Praise** New edition Claire McCollum attends the Spring Harvest festival in Minehead. (S)
1.55 **Points of View** New edition (S)
2.10 **Dodger** 7/10. (S1) (S)(R)(AD)
2.55 **Blue Planet II: Oceans of Wonder** Highlights from the second series of the documentary. (S)(R)(AD)
4.30 **BBC News** (S)
4.50 **Local News** (S)
5.00 **Countryfile** New edition The team visit the breathtaking coastline of Mount's Bay in Cornwall. (S)

9.00 Gentleman Jack

6 PM
6.00 NEW **BAFTA TV Awards** Richard Ayoade hosts the British Academy Television Awards from the Royal Festival Hall in London. *It's A Sin*, *Time*, *Gogglebox*, *The Ranganation*, *An Audience with Adele* and *Strictly Come Dancing* are all in the running for awards, while nominees include Kate Winslet, Olly Alexander, Stephen Graham and Samson Kayo. Plus, George Ezra performs. *See feature, page 8.* (S)

7 PM

8 PM
8.00 **Antiques Roadshow** New edition Fiona Bruce returns to Woodhorn Museum in Northumberland, a former colliery that tells the story of mining and the miners' way of life in the north-east. (S)

9 PM
9.00 **Gentleman Jack** New episode 5/8. Anne throws herself into the election of January 1835, encountering rumblings of discontent from a movement looking to dismantle the seats of power. (S2) (S)(AD)

10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Match of the Day 2** A review of the day's Premier League action, including Arsenal v Leeds United. (S)
11.45 **The Women's Football Show** Highlights of the weekend's games in the Super League. (S)
12.20 AM **Question of Sport** Host Paddy McGuinness and team captains Sam Quek and Ugo Monye are joined by David James, Kate Richardson-Walsh, Danny Care and Siobhan-Marie O'Connor. (S)(R)
12.50 **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.20 AM **Christine's Garden** (S)(R)
6.50 **Yoga: Bend It Like Britain** (S)(R)
7.20 **Gardeners' World** (S)(R)
8.20 **Countryfile** (S)(R)
9.15 **Beechgrove** (S)(R)
9.45 **Landward** New edition (S)
10.15 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.45 LIVE **Football: WSL** A game from the last day of the season. Kick-off is at 12.00. (S)
2.15 PM **Badminton Horse Trials** (S)
4.30 **Attenborough's Ark: Natural World Special** David Attenborough chooses 10 animals he would like to save from extinction. (S)(R)(AD)
5.35 **Planet Earth: A Lion's Tale** A lion cub and its mother struggle to find food in Kenya. (S)(R)
5.40 **Planet Earth II: A World of Wonder** Series highlights. (S)(R)

10.00 The Hurt Locker

6 PM
Planet Earth II: A World of Wonder (started at 5.40pm)

7 PM
7.10 NEW SERIES **Eden: Untamed Planet** 1/6. The secrets of the planet's few remaining untouched regions, beginning with Borneo's forests. (S)(AD)

8 PM
8.00 NEW SERIES **Commando: Britain's Ocean Warriors** 1/4. Behind the scenes with the Royal Marine Commandos, following the training of those who make up the fighting unit. *See feature, page 20.* (S)

9 PM
9.00 **Idris Elba's Fight School** New edition 3/5. The actor needs to see a massive improvement across his squad, but he is faced with a difficult decision as Sophie's injury takes a turn for the worse. (S)(AD)

10 PM
10.00 FILM **The Hurt Locker** Iraq War drama starring Jeremy Renner, Anthony Mackie and Brian Geraghty. A reckless US army bomb-disposal expert puts his colleagues' lives at risk in Baghdad in 2004. With Guy Pearce and Ralph Fiennes. (S) (2008, 15, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.05 AM **Sign Zone: Question Time** Fiona Bruce hosts the political debate from Walsall. (S)(R)
1.05 **Sign Zone: Our Lives – Born Deaf, Raised Hearing** Actor Jonny Cotsen sets out to discover why he was brought up as if he could hear, and whether it is too late to embrace his deaf identity. (S)(R)
1.35 **to 6.45** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
8.25 **ITV News** (S)
8.30 **Big Zuu's Breakfast Show** New edition With guests Ella Henderson, Nathan Dawe and Megan McKenna. (S)
9.25 **Love Your Garden** (S)(R)(AD)
10.00 **Love Your Weekend with Alan Titchmarsh** New edition With John Humphrys and Sarah Parish. (S)
11.55 **Ainsley's Good Mood Food** (S)(R)
1.00 PM **ITV News** (S)
1.15 **Midsomer Murders** (S)(R)(AD)
3.15 FILM **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. (S)(AD) (2000, PG, 100min) ★★
4.55 **In for a Penny** (S)(R)(AD)
5.30 **The Chase Celebrity Special** With Jeff Banks, Michelle Ackerley, Andy Crane and Brian Conley. (S)(R)

8.00 Grace

6 PM
6.30 **ITV News** (S)
6.45 **Local News** (S)

7 PM
7.00 **Tipping Point: Lucky Stars** New edition Ben Shephard hosts as Shane Richie, the Rev Kate Bottley and Tom Read Wilson compete on an arcade-style machine in the hope of winning £20,000 for charity. (S)

8 PM
8.00 **Grace** New episode *Dead Man's Footsteps:* A sinister inquiry into skeletal remains found in a Brighton storm drain takes Grace down a labyrinthine trail through the past, but it's not only on the professional front that he is chasing ghosts. Stars John Simm and Richie Campbell. (S2) (S)(AD)

10 PM
10.00 **ITV News** (S)
10.15 NEW **Afghanistan: No Country for Women** Ramita Navai exposes the reality of life for women under Taliban rule. (S)(AD)
11.20 **It'll Be Alright on the Night** Joan Collins is accidentally upstaged by Susanna Reid, and Bruno Tonioli takes a tumble. (S)(R)(AD)
12.15 AM **Shop: Ideal World**
3.00 **St Davids: Britain's Smallest City** Double bill. (S)(SL)(R)(AD)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Ben Shephard hosts the arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.10 AM **Everybody Loves Raymond** 23&24/25. (S2) (S)(R)(AD)
7.05 **The Simpsons** (S)(R)(AD)
7.55 **W Series Motorsport Highlights** Action from the opening race of the season in Miami. (S)
8.30 **Formula 1 Miami Grand Prix Qualifying Highlights** (S)
9.30 **Sunday Brunch** New edition With Boy George, Sara Cox, Mark Kermode and Simon Mayo. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.30 LIVE **Rugby Union: Champions Cup** Racing 92 v Sale Sharks: Ed Jackson presents coverage of the quarter-final at Paris La Défense Arena. Kick-off is at 3.00. (S)
5.15 **Devon and Cornwall** 1/4. The head gardener at Cornwall's Lost Gardens of Heligan sows a crop of meadow flowers. (S)(AD)

8.00 Inside the Superbrands

6 PM
6.00 NEW SERIES **The Andrew Neil Show** 1/10. Political discussion. (S)
6.30 **News** (S)

7 PM
7.00 **Escape to the Chateau** Angel discovers that the chateau has a vast attic space running the length of the building, and plans to transform it into a bar from which they can watch the stars. (S)(R)(AD)

8 PM
8.00 **Inside the Superbrands** New edition Helen Skelton uncovers the inside secrets of Warburtons, discovering why the UK's bestselling bakery brand is branching into the luxury cake market. (S)(AD)

9 PM
9.00 **SAS: Who Dares Wins** New edition 5/6. Reece and Sarah are put in charge for the escape test, while calls from home unsettle some of the recruits and prompt an honest reflection from Rudy. (S)(AD)

10 PM
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching, with cameras capturing their instant reactions and lively discussions. (S)(R)
11.00 **Killed By a Rich Kid** The death of a teenager in one of England's most affluent suburbs. (S)(R)(AD)
12.30 AM **Formula 1 Miami Grand Prix Highlights** Action from the inaugural staging of the race. (S)
2.00 **W Series Motorsport Highlights** Action from race two in Miami. (S)
2.25 **Champions Cup: The Big Tackle**
3.20 **Come Dine with Me** (S)(R)
5.35 **to 6.05** AM **The Perfect Pitch** (R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.55 **SpongeBob SquarePants** (S)(R)
10.25 **Entertainment News** (S)
10.30 **Friends** 3-5/24. (S4) (S)(R)(AD)
11.55 **A Beautiful Place to Die: A Martha's Vineyard Mystery** Drama with Jesse Metcalfe. (R)
1.35 PM **FILM 3 Men and a Baby** Comedy starring Tom Selleck, Steve Guttenberg and Ted Danson as three bachelors who find a baby on their doorstep. (S) (1987, PG, 130min) ★★★★
3.45 **FILM Romancing the Stone** Romantic adventure starring Michael Douglas and Kathleen Turner. After her sister is kidnapped, a novelist meets an intrepid adventurer. (S) (1984, 12, 130min) ★★★★
5.55 **News** (S)

8.00 Happy Campers

6.00 Should I Buy an Electric Car? Alexis Conran takes an look at electric cars as he asks the questions that motorists looking to switch from petrol and diesel are asking. (S)(R)

7.00 Wetherspoons: How Do They Do It?! A look at the inner workings of one of the UK's most popular pub chains, shining a light on the secrets of the brand's success. (S)(R)

8.00 Happy Campers: The Caravan Park Series finale 8/8. Tencreek Holiday Park's former head of entertainment Matt is preparing for his wedding to ex-yellowcoat Chantelle. (S)

9.00 Holidaying with Jane McDonald: Florida New edition 3/4. The singer heads to the Florida Keys, a string of tropical islands that are famous for fishing, boating and scuba diving. (S)

10.00 St. Tropez: Home of the Rich and Famous 1/6. The luxury resort. (S)(R)

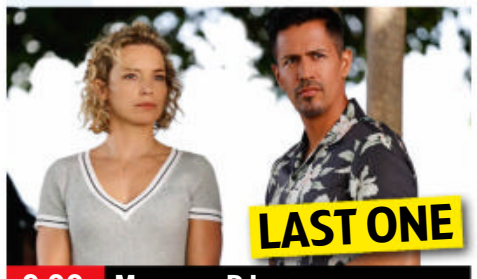
10.55 Most Shocking Celebrity Moments New edition 7/10. Celebrity career catastrophes. (S)
12.55 AM **Entertainment News** (S)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **George Clarke's Build a New Life in the Country** A move to the Pembrokeshire coast. (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink** Following a tattoo parlour in Greece's Kavos strip. (S)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Dragons Rescue Riders: Heroes of the Sky**
8.05 **Moominvalley**
8.35 **Futurama: Welcome to the World of Tomorrow** (S)(R)
8.50 **The Simpsons** (S)(R)
9.15 **F1: Miami Grand Prix Qualifying** Highlights.
11.00 **LIVE Football: WSL** Coverage of a match from the FA Women's Super League.
3.00 PM **David Attenborough's Galapagos** The broadcaster reveals the differences between the 19 islands. (S)(R)(AD)
4.00 **The Simpsons** Four episodes of the comedy, including at: **5.00** *Simpson Safari:* The family head for Africa. (S)(R) **5.30** *Trilogy of Error:* Marge slices off Homer's thumb. (S)(R)



9.00 Magnum P.I.

6.00 The Simpsons *I'm Goin' to Praiseland:* Homer helps Ned build a Christian theme park. (S)(R) **6.30** *Simpsons Tall Tales:* A tramp entertains the family on a train ride. (S)(R)

7.00 The Simpsons New episode *My Octopus and a Teacher:* Lisa befriends an octopus. **7.30** *The Parent Rap:* A judge rules that Homer is a negligent father. (S)(R)

8.00 The Equalizer *Pulse*: 14/18. McCall receives a plea for help from her former CIA trainee that leads her into a confrontation with Mason Quinn, a dangerous enemy from her past. (S2) (R)

9.00 Magnum P.I. New episode *The Long Sleep:* 19/20. A disoriented man hires Thomas and Higgins to investigate a crime he cannot remember after he woke up on a beach covered in blood.

10.00 Magnum P.I. Series finale *Close to Home:* 20/20. Thomas and Higgins are sent on a dangerous mission when a ruthless criminal abducts Katsumoto and his ex-wife Beth. (S4)

11.00 **Saturday Night Live** Satirical American sketch show. (R)
12.30 AM **F1: Miami Grand Prix** Race highlights. (R)
1.30 **Peacemaker** 7/8. Harcourt, Murn, and Adebayo find themselves surrounded by an alien force. (S1) (S)(R)
2.30 **SEAL Team** 14/14. (S5) (S)(R)
3.30 **Nothing to Declare** (S)(R)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
10.00-10.30am The Sunday Show (S) **11.45pm** Sportscene (S) **12.45am** The Women's Football Show (S) **1.20** Question of Sport (S)(R) **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
10.00am Sunday Politics Election Special (S) **11.00-11.15** The Chronicles of Erne (S)(R) **10.30pm** Bikes! Tandragee 100 (S) **11.10** Match of the Day 2 (S) **12.25am** The Women's Football Show (S) **1.00-6.00am** BBC News (S)

WALES
Sky 952, Virgin 864, Freesat 964
2.55pm Garden Rescue (S)(R) **3.25** Born Deaf, Raised Hearing – Our Lives (S)(R) **3.55-4.30pm** Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 972, Freesat 969
2.15pm Planet Earth II: A World of Wonder (S)(R) (AD) **3.45** **LIVE** The Championship (S) **6.00** Planet Earth: A Lion's Tale (S)(R) **6.10-7.10pm** Attenborough's Ark: Natural World Special (S)(R)(AD)

WALES
Sky 971, Freesat 971
No variations

ITV

As main ITV except:
WALES
11.55am Welsh Lives (S) (R) **12.30-1.00pm** Newsweek Wales (S)

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Garddio a Mwy **9.30** Sain Ffagan **10.00** Yr Ynys **11.00** Natur Gudd Cymru (AD) **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Yr Wythnos **12.30pm** Bwrdd i Dri (AD) **1.00** Waliau'n Siarad **2.00** **LIVE** Seiclo: Giro d'Italia **4.20** 3 Lle **4.50** Zelensky: Arlwydd Mewn **5.40** Ffermio **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Iaith ar Daith New edition **9.00** Drych: Ti, Fi a'r Fam Fenthyg **10.00** Clwb Rygbi **11.45pm-12.20am** Seiclo: Giro d'Italia

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM **New Creatives**
7.05 **EastEnders** Janine's plan to impress Mick backfires. **7.35** Emotions are high for Janine and Kat on the day of Scarlett's hearing.
8.00 **The Drop** 8/8. It's the final and the judges decide who will stock their next collection in a major retailer.
9.00 **Jesy Nelson: Odd One Out** The star goes on a journey of rehabilitation.
10.00 **Normal People** 9/12. Connell bumps into Peggy. **10.20** 10/12. Connell struggles with depression after a tragic event. **10.50** 11/12. Marianne returns to Carricklea. (S1)
11.20 **Normal People** 12/12. Connell is offered a place to study in New York. (S1)
11.45 **Stitch, Please!** Series finale Reality contest.
12.15 AM **Meet the Khans: Big in Bolton**
12.45 **The Drop**
1.40 **Normal People**
3.25 **to 3.55** AM **Brickies**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **John Williams at the BBC** Performances featuring the guitarist, from an archive spanning 15 years. The programme includes classical masterworks, the prog rock of Sky and comedy with Eric Sykes.
8.00 **NEW Jazz All Stars: Cheltenham at 25** An all-star gala concert celebrating 25 years of the Cheltenham Jazz Festival.
9.45 **NEW Jazz UK: Spitting Fire** Tina Edwards hosts live performances from the underground music scene.
10.45 **Ronnie's: Ronnie Scott & His World-Famous Jazz Club** The history of the illustrious jazz club.
12.30 AM **The Terror** 4/10. An attack on the ships proves the enemy is no ordinary bear. **1.15** 5/10. Crozier becomes temperamental as his liquor supplies run out. **1.55** 6/10. The officers consider a risky strategy. **2.40 to 3.30** AM Captain Crozier gives the order to abandon both ships. (S1)

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Matt Baker: Our Farm in the Dales**
9.55 **A Farmer's Life** New editions Jack Smyth's heifer competes at the Beef and Lamb Championship. **10.25** One farmer welcomes a new bull.
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Come Dine with Me** Five editions from Bristol.
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me** Four editions from Lincolnshire.
7.25 **Come Dine with Me** An admin worker hosts the final dinner party in Lincolnshire.
8.00 **Britain By Beach** Anita Rani presents a guide to Eastern Scotland's coastline.
9.00 **The Great Big Tiny Design Challenge with Sandi Toksvig** New edition 7/8. The miniaturists must create a Georgian kitchen in the semi-final.
10.00 **24 Hours in A&E** Patients include a man who has fallen down the stairs at home.
11.05 **Emergency Helicopter Medics** A visitor to a horse fair needs urgent help.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **24 Hours in A&E**
2.20 **The Great Big Tiny Design Challenge with Sandi Toksvig**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
8.25 **Rude(ish) Tube Shorts**
8.35 **Ramsay's Kitchen Nightmares USA**
11.35 **Ramsay's Hotel Hell**
12.35 PM **The Big Bang Theory**
3.35 **Lego Masters USA** New edition The teams create land and sea builds.
4.35 **FILM How to Train Your Dragon** Animated fantasy featuring the voices of Jay Baruchel and Gerard Butler. (2010, PG, 93min) ★★★★
6.25 **Brooklyn Nine-Nine** (S8)
7.00 **The Goldbergs** New episodes 5/22. Barry's case of poison ivy causes problems for Erica and Geoff. **7.30** 6/22. Adam finds himself disenchanted with Halloween. (S9)
8.00 **Young Sheldon** New episodes 5/22. Georgie has a solution for Meemaw's business woes. **8.30** 6/22. Missy asks some uncomfortable questions at church. (S5)
9.00 **FILM Little Fockers** Comedy sequel with Robert De Niro, Ben Stiller, Owen Wilson and Dustin Hoffman. (2010, 12, 98min) ★★★
10.55 **Naked Attraction**
12.00 M'T **Gogglebox**
1.05 AM **First Dates**
2.10 **Naked Attraction**
3.05 **The Neighborhood**
3.30 **to 6.00** AM **Hollyoaks Omnibus**

+1 hour 235 | 146 | 30 | 123

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Air Ambulance ER**
8.00 **911 Crisis Centre**
10.00 **Nothing to Declare**
11.00 **The Real A&E**
12.00 NOON **Bondi Rescue**
1.00 PM **UK Border Force**
2.00 **Stop, Search, Seize** The work of Ireland's border force.
3.00 **Nothing to Declare** Six editions of the documentary series following the work of customs officers in Australia.
6.00 **Caught on Dashcam** Road disasters captured on video.

9.00 The Rookie

7 PM

7.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM

8.00 **The Equalizer** *Pulse:* 14/18. McCall receives a desperate plea for help from her former CIA trainee. (S2)

9 PM

9.00 **The Rookie** *Real Crime:* 16/22. The producer of a reality TV show is murdered while filming the cops. (S4)

10 PM

10.00 **9-1-1** *Fear-o-phobia:* 13/18. A robbery at a petrol station takes an unexpected turn. (S5)
11.00 **Blue Bloods** 12/16. Baker is assaulted on the street. **12.00** M'T 13/16. A comedian is suspected of murder. (S11)
1.00 AM **How to Get Away with Murder** 14/15. (S5)
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** Triple bill.
10.00 **Big Love** Five episodes of the drama, including at: **2.20** PM 6/10. Cara Lynn grows closer to Greg. (S5) **3.30** **Six Feet Under** 5/12. David picks up a hitch-hiker. **4.35** 6/12. David struggles to deal with the attack. **5.40** 7/12. Rico resolves to break up with Sophia. **6.45** 8/12. Tension remains between Joe and Brenda. (S4)

3.30 Six Feet Under

7.50 **Six Feet Under** *Grinding the Corn:* 9/12. David continues to suffer from post-traumatic stress, and Ruth plans an overnight trip to Mexico. Guest stars Kathy Bates. (S4)

9.00 **The Staircase** *Death on the Staircase:* 1/8. Drama based on the documentary series of the same name.

10.15 **The Staircase** *Murder, He Wrote:* 2/8. Drama about the life of Michael Peterson, with Colin Firth and Toni Collette. (S1)
11.30 **The Staircase** 3/8. (S1)
12.45 AM **Julia** 7/8. (S1)
1.50 **Winning Time: The Rise of the Lakers Dynasty** 9/10.
2.55 Series finale 10/10. Conclusion of the comedy drama with John C Reilly. (S1)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Hour of Power**
7.00 **Stop, Search, Seize**
9.00 **The Flash** 8&9/23. (S1)
12.00 NOON **NCIS: Los Angeles** Five episodes, including at: **3.00** PM 10/24. Deeks is accused of murder. **4.00** 11/24. A suspected North Korean spy dies after being hit by a truck. (S7)
5.00 **A League of Their Own** A look at previously unseen moments from series 15. **6.00** A look back at the best moments from series 15.

9.00 Magnum P.I.

7.00 **Karl Pilkington: The Moaning of Life** Karl explores the relevance of marriage today.

8.00 **Rob & Romesh vs the West End** Rob Beckett and Romesh Ranganathan try to crack the world of musicals.

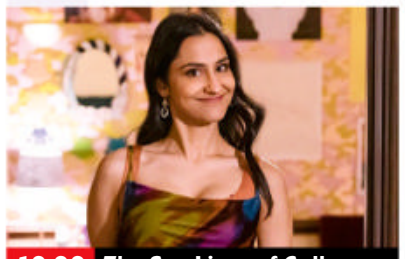
9.00 **Magnum P.I.** New episode *The Long Sleep:* 19/20. A man hires Thomas and Higgins to look into a crime he cannot remember. (S4)

10.00 **Magnum P.I.** Series finale *Close to Home:* 20/20. A ruthless criminal abducts Katsumoto and his ex-wife Beth. (S4)
11.00 **A League of Their Own Road Trip: Dingle to Dover** 5/6. Previously unseen moments from the trip.
12.00 M'T **SEAL Team** 14/14. Bravo make a daring escape. (S5)
1.00 AM **Peacemaker** 7/8. (S1)
2.00 **Sport's Funniest Moments**
4.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.30 **Secret Crush**
8.25 **Dress to Impress**
11.25 **In for a Penny**
11.55 **Britain's Got Talent**
1.20 PM FILM **The Smurfs** Family adventure starring Neil Patrick Harris. (2011, U, 102min) ★★
3.25 FILM **Smallfoot** Animation with the voice of Channing Tatum. (2018, U, 96min) ★★★
5.30 FILM **School of Rock** Comedy starring Jack Black. (2003, PG, 109min) ★★★


10.00 The Sex Lives of College...

7.45 FILM **Pitch Perfect 2** Comedy sequel starring Anna Kendrick and Rebel Wilson. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Sex Lives of College Girls** New episodes *Kappa:* 4/10. Comedy. **10.35** *That Comment Tho:* 5/10. (S1)
11.05 **Family Guy** (S14&18)
12.00 M'T **American Dad!** (S17&15)
12.55 AM **The Stand Up Sketch Show** With Bobby Mair.
1.25 **The Emily Atack Show**
2.15 **Totally Bonkers Guinness World Records**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Emmerdale Omnibus**
9.05 **On the Buses**
9.40 FILM **Man About the House** Spin-off from the 1970s TV sitcom. (1974, PG, 87min) ★★
11.25 **Agatha Christie's Marple**
1.30 PM **Inspector Morse** *The Sins of the Fathers:* A brewery manager is murdered. **3.45** *Driven to Distraction:* Lewis and Morse clash.
6.00 **Lewis** *And the Moonbeams Kiss the Sea:* The detectives investigate the death of a maintenance engineer.

10.05 DCI Banks: Aftermath

Lewis (started at 6.00pm)

8.00 **Inside the Crown: Secrets of the Royals** The documentary focuses on the royals' rollercoaster relationship with the press.

9.00 **Inside the Crown: Secrets of the Royals** How The Queen has responded in times of sadness and grief.

10.05 **DCI Banks: Aftermath** 1/2. DCI Alan Banks investigates the most difficult case of his life when five girls go missing.
11.05 **DCI Banks: Aftermath** 2/2. The death of Marcus Payne makes the task of finding his accomplice harder and holds up the search.
12.10 AM **Law & Order: UK** (S8)
3.00 **Emmerdale Omnibus**
5.30 **to 6.00** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Sportscene** Extended highlights of Rangers v Dundee United at Ibrox.
8.15 **Landward** How Blue Grey cattle are bred.
8.45 **Beechgrove Repotted** A special edition focusing on allotments.
9.00 **Paramedics on Scene** New edition 6/10. Staff from the Special Operations Response Team attend a major crash on the M74 motorway.
10.00 **Still Game** 6/7. Jack and Victor set out to help Pete the Jakey claim royalties after discovering he invented the famous Beefy Bake. (S6)
10.30 **Raiders of the Lost Archive** A sideways glance at politics.
11.00 PM **to 12.00** M'T **Seven Days**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Will & Grace**
10.30 **Curb Your Enthusiasm**
2.00 PM **The Fresh Prince of Bel Air** 1-5/24. (S3)
4.30 **Modern Family** (S7)
6.00 **The Office (US)** Six episodes, including at: **7.00** 8/19. Dwight pines over Angela. **7.30** 9/19. The Scranton branch is asked to take part in an advert. **8.00** 10/19. Karen tries to lure Stanley from the Scranton branch. **8.30** 11/19. Michael treks into the woods on a survival adventure. (S4)
9.00 **Saturday Night Live** New edition Satirical American sketch show.
10.30 **A Black Lady Sketch Show** 3/6. (S2)
11.00 **Saturday Night Live**
12.30 AM **Flatbush Misdemeanors** (S1)
2.50 **Barry** New episode (S3)
3.25 **Flatbush Misdemeanors**
4.00 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Arts Uncovered**
6.20 **The Show Must Go On: Live at the Palace Theatre**
8.30 **Tales of the Unexpected**
11.00 **Comedy Legends**
12.00 NOON **British Invasion**
1.00 PM **André Rieu: Making the Magic**
2.00 **André Rieu: European Dream**
3.00 FILM **The Ghost of St Michael's** Comedy. (1941, b/w, PG, 82min) ★★★
4.40 **André Rieu: Love in Venice**
8.00 **The Stones in the Park**
9.00 NEW **The Grateful Dead** The band perform in San Francisco.
11.30 **Classic Albums**
12.45 AM **The Great Songwriters**
1.45 **Beth Hart: Live at the Royal Albert Hall**
4.15 **The Live Revival: Let the Music Play**
5.10 **to 6.00** AM **The Art of Architecture**

Pick

159 156 | 36 | 144

6.00 AM **Border Patrol**
8.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **Road Wars**
1.00 PM **Stop, Search, Seize**
2.00 **Border Security: America's Front Line**
4.00 **Highway Cops**
5.00 **Caught Red Handed**
7.00 **999 Frontline**
8.00 **Brit Cops: Frontline Crime UK** The work of police officers in Devon.
9.00 **What's My Name: Muhammad Ali** 1/2. Documentary chronicling the life of the sporting legend.
10.45 **Mark of a Serial Killer**
11.40 **Murders That Shocked the Nation** The exploits of Scottish murderer Archibald Hall.
12.35 AM **How I Caught the Killer** A woman killed in a bath full of bleach.
1.30 **Police Force: Australia**
4.00 **to 6.00** AM **Border Patrol**

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Friends** (S1)
1.00 PM **Friends** (S1&2)
7.00 **Friends** 11/24. Carol and Susan prepare for their wedding. **7.30** 12/24. Joey dates a crazed fan. **8.00** 13/24. Rachel lands a date with Jean-Claude Van Damme. **8.30** 14/24. Rachel begins to see Ross in a different light. (S2)
9.00 FILM **Bad Teacher** Comedy with Cameron Diaz, Justin Timberlake and Jason Segel. (2011, 15, 92min) ★★★
10.45 **Richard Hammond's Brain Reaction** With guests Guz Khan and Kiri Pritchard-McLean.
11.45 **Frank Skinner: Man in a Suit** Stand-up show.
1.00 AM **The Ricky Gervais Show** 7-10/13. (S1)
3.00 **South Park** (S1)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 | 28 | 119

7.00 AM **Dinner Date**
8.00 **Making It Home with Kortney & Kenny**
9.00 **LittleBe**
12.00 NOON **Making It Home with Kortney & Kenny**
1.00 PM **Real Housewives of Melbourne**
2.00 **The Real Housewives of Beverly Hills**
4.55 **Georgia and Tommy: Baby Steps**
5.55 **Celebrity Dinner Date**
8.00 **Ferne McCann: First Time Mum** Ferne reveals that she has finally found Mr Right.
9.00 **Georgia and Tommy: Baby Steps** New edition
10.00 **Botched** Paul performs surgery on a woman with large nostril anxiety.
11.00 **Bridezillas**
11.55 **The Real Housewives of Atlanta** Kandi sends her daughter, Riley, off to New York University.
12.50 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **On the Road**
6.50 **Motorsport Mundial**
7.15 **Auto Mundial** New edition
7.45 **MotoGP Highlights**
8.50 FILM **Dirty Rotten Scoundrels** Comedy remake. (1988, PG, 110min) ★★★
11.00 FILM **Shalako** Western. (1968, PG, 118min) ★★
1.15 PM FILM **Guns of the Magnificent Seven** Western. (1968, PG, 106min) ★★
3.30 LIVE **Racing: Sky Best Sunday Series** The opening meeting from Hamilton.

8.00 The Scorpion King

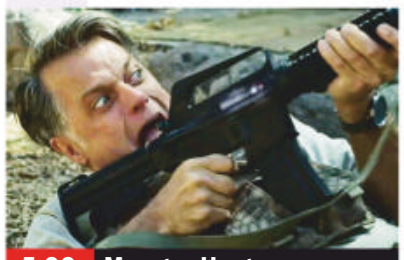
7.00 **Monster Carp** Ali Hamidi is joined by Tom Dove and Neil Spooner at the renowned Gigantica Lakes complex in France.
8.00 FILM **The Scorpion King** Fantasy adventure starring The Rock. A skilled Egyptian warrior is hired by the nomadic people of the desert to destroy an evil warlord. (2002, 12, 91min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
9.55 FILM **Lucy** Sci-fi thriller with Scarlett Johansson. A courier seeks revenge on the gangsters who kidnapped her. (2014, 15, 90min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Against the Odds** Francesca Cumani interviews Guy Disney.
12.40 AM **The Professionals** *No Stone*: CI5 investigates a judge's death and finds a connection with a deadly terrorist group.
1.45 **Minder** *Him Indoors.*
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Stargate SG-1** (S4)
8.00 **Teleshopping**
11.00 **Stargate SG-1** 1/22. (S5)
12.00 NOON **Quantum Leap** Four episodes, including at: **2.00** PM 19/22. Sam becomes a death row inmate. **3.00** 20/22. Sam must save a wrestler's life. (S3)
4.00 **Fact or Faked: Paranormal Files**
5.00 FILM **Monster Hunters** Thriller starring Tom Sizemore, Anthony Jensen and Connie Jo Sechrist. (2020, 15, 88min) ★


5.00 Monster Hunters

7.00 FILM **Collision Earth** Sci-fi drama starring Eric Roberts and Kate Watson. The military attempt to save the Earth from a giant asteroid, but when their efforts fail, the planet appears doomed. (2020, PG, 90min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **Grimm** *Octopus Head:* 2/22. Renard's life is saved, while Monroe searches for a way to restore Nick's powers.
10.00 **Grimm** *The Last Fight:* 3/22. Elizabeth helps search for a cure for Nick, and Chavez tries to recruit Trubel. (S4)
11.00 **Grimm** 4&5/22. (S4)
12.55 AM **Penny Dreadful: City of Angels** 1/10. First episode of the crime drama. (S1)
2.15 FILM **Guardian** Sci-fi thriller starring Mario Van Peebles. (2000, 15, 86min) ★
4.00 **to 6.00** AM **Most Haunted**

+1 hour 229

Alibi

109/110 809 126 212

7.15 AM **Murdoch Mysteries** (S11)
10.00 **Father Brown**
12.00 NOON **Death in Paradise** 5-8/8. Four episodes. (S6)
4.00 PM **Frankie Drake Mysteries** 8/10. Trudy discovers that her new dream home has contaminated water. **5.00** 9/10. Mary looks into a morality violation by Rita Hart's modern dance troupe. (S4)
6.00 **Murdoch Mysteries** 4/18. A death at an investment event leads Crabtree to the father he never knew. (S13)

7.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *Roses of Signal Hill:* 13/16. Rex's role in an advert is interrupted by a murder. (S4)
8.00 **Hudson & Rex** *The Mourning Show:* 9/16. Charlie investigates the host of a local morning show. (S1)
9.00 **Death in Paradise** *In the Footsteps of a Killer:* 7/8. The team reopen a seven-year-old murder case. (S6)
10.00 **Smother** 5/6. Val tries to figure out who she can trust and how she can protect her family from danger. (S2)
11.10 **Miss Scarlet and the Duke** 6/6. Eliza pieces the puzzle together to find out what really happened to her father, while Duke investigate a surprising lead. (S1)
12.10 AM **Frankie Drake Mysteries**
2.20 **to 4.00** AM **Hudson & Rex**

+1 hour 209/210 191

GOLD

110/111 110/111 124 343 358

7.30 AM **Citizen Khan**
8.40 **The Story of Only Fools and Horses** Documentary.
9.40 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Six episodes, including at: **2.20** The Trotters dabble in the diamond import business. **4.20** Del Boy, Rodney and Grandad prepare for war. **5.00** Del gets the chance to sell a couple of antique urns. **5.40** Christmas special from 1987. Del Boy sets out to find his mother's treasure trove.

9.00 The Vicar of Dibley

7.00 **Only Fools and Horses** Raquel's father finds an old watch among the Trotters' junk, which he claims could net them a fortune at auction.
8.20 **Dad's Army** Warden Hodges challenges Mainwaring's platoon to a cricket match.
9.00 **The Vicar of Dibley** 2/2. Dawn French stars in the last-ever episode, which sees the vicar preparing for her wedding.
10.10 **Billy Connolly Does...** A look at how fame has taken Billy to some weird and wonderful places.
11.10 **French & Saunders: Funny Women** The duo discuss female contributions to comedy.
1.15 AM **This Time with Alan Partridge** Alan performs with his vocal harmony group.
1.50 **David Jason: Life on Screen**
2.55 **to 4.00** AM **Vicar of Dibley**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.00 AM **Yianni: Supercar Customiser** A Porsche 918.
7.45 **Modern Wheels or Classic Steals** A luxury car upgrade.
8.10 **Rick Stein's Long Weekends**
9.10 **Storage Hunters UK**
9.40 **Red Bull Soapbox Race**
10.40 **Top Gear Best of British**
11.45 **Mortimer & Whitehouse: Gone Fishing** Rainbow trout.
1.00 PM **Fast Justice** Double bill.
3.00 **Top Gear** From Italy.
4.00 **Would I Lie to You?**
6.00 **Top Gear** With Gregory Porter.

8.00 Mortimer & Whitehouse

7.00 **Border Force: America's Gatekeepers** Packages of meth are found in a trailer and two brothers are caught smuggling pills.
8.00 **Mortimer & Whitehouse: Gone Fishing** Fishing for chub on the river Wye.
8.40 **QI** With guest panellists Bill Bailey, Katherine Ryan and Rhod Gilbert.
9.20 **Comedians Giving Lectures** With Michael Spicer, Ken Cheng and Alex Brooker.
10.00 **The Island** 7/8. Sara Pascoe, Johnny Vegas, Ninia Benjamin and Ahir Shah continue to inhabit their new island nations.
11.00 **QI XL** Festive edition from 2013, with Jo Brand, Phill Jupitus and Brendan O'Carroll.
12.00 M'T **Alan Davies: As Yet Untitled** With Andy Field.
1.00 AM **Red Dwarf** 1&2/6. (S2)
2.25 **Mock the Week**
3.30 **to 4.00** AM **QI**

+1 hour 211 131 74

7 PM 8 PM 9 PM 10 PM

Sunday

GREAT! tv

157 189 50 142

6.00 AM **Highway to Heaven**
10.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the mystery, including at: **4.00** *Doom with a View*: Jessica fights to clear Grady of a murder. **5.00** *Curse of the Daanav*: Jessica investigates a curse. **6.00** *Mourning Among the Wisteria*: A playwright proposes to Jessica. **7.00** *When Thieves Fall Out*: Jessica reopens an old murder case. **8.00** *If It's Thursday, It Must Be Beverly*: Jessica helps Sheriff Tupper investigate the murder of his deputy's wife.
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz show.
1.00 AM **Murder, She Wrote**
3.00 **Body of Proof** (S1)
5.15 **to 6.00** AM **Hart to Hart**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **A Place in the Sun**
12.00 NOON **Four in a Bed**
2.30 PM **A Place in the Sun** Six editions, including at: **7.00** Two sisters seek a villa in the Costa Blanca region of Spain.
8.00 **A Lake District Farm Shop** The Tebay baristas go on a training day at one of the region's highest peaks.
9.00 **24 Hours in A&E** A woman who was involved in a car crash with her husband.
10.00 **The Man with a Penis on His Arm** The story of a man who, having lost his penis, had a new one constructed on his arm.
11.05 **SAS: Who Dares Wins**
12.10 AM **Married to a Psychopath**
1.15 **The World's Most Extreme** Bridges.
2.20 **Gogglebox** Double bill.
4.20 **to 4.50** AM **The Simpsons**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **Columbo** Triple bill.
2.00 PM **Columbo** Four episodes, including at: **7.25** *Dead Weight:* The detective suspects a highly respected war hero is a killer.
9.00 **The Blacklist** *The Freelancer (No.145):* 2/22. Red and Liz go undercover in an attempt to stop an assassin. (S1)
10.00 **Law & Order: Special Victims Unit** *Chasing Theo:* 8/21. A young boy goes missing. **11.00** *Decline and Fall:* 9/21. A woman is raped at a party. (S18) **11.55** *Granting Immunity:* 19/23. A party sparks a vaccination debate. (S16)
12.55 AM **Law & Order: Special Victims Unit**
1.55 **Law & Order: Criminal Intent** (S2&5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Dogs Behaving (Very) Badly** Triple bill.
11.00 **Filthy Britain SOS**
2.00 PM **Traffic Cops**
5.00 **Police Interceptors** Five editions, including at: **8.00** Officers deal with young, reckless drivers. **9.00** A disqualified driver will not accept he is in the wrong.
10.00 FILM **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. (2012, 18, 162min) ★★★★
1.20 AM **Streets of Rage: Caught on Camera**
2.20 **Philpott: 5 Mistakes That Caught the Killer**
3.20 **Criminals at Work**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 211 25 156

6.10 AM **Tipping Point**
1.00 PM **Property Brothers: Forever Homes**
3.00 **My Family**
7.00 **Nurses on the Ward** Renal nurse Neil treats a 19-year-old whose kidney transplant is failing.
8.00 **Inside the Operating Theatre** A woman has an operation to repair the hernia she suffered while giving birth.
9.00 **Killer Women with Piers Morgan** The story of Ashley Humphrey, convicted for shooting a barmaid in 2003.
10.00 **Stacey Dooley Sleeps Over: International Women's Day Special**
11.00 **One Born Every Minute Australia**
12.00 M'T **Baby Has Landed**
1.25 AM **One Born Every Minute** Documentary.
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.10 AM **The Bill**
11.00 **Call the Midwife**
12.00 NOON **New Tricks**
2.35 PM **Catherine Cookson's The Round Tower** Drama set in the 1950s, starring Emilia Fox and Keith Barron.
5.55 **Sister Boniface Mysteries** 9/10. (S1)
6.55 **Call the Midwife** 1/8. A keep fit class leads to an emergency. (S5)
8.00 **Sherlock** *The Hounds of Baskerville:* 2/3. Holmes investigates a monstrous hound that is stalking the wilds of Dartmoor. (S2)
10.00 **Luther** 2/4. Jenny's boss seeks revenge against Luther. (S2)
11.20 **Taggart** *Death Call:* A land-owner's wife is strangled to death.
2.20 AM **A Place to Call Home** 1/13. (S1)
3.10 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 243 226 60

CBS Drama

147 197 68 134

7.30 AM **The Key of David**
9.00 **The Fugitive** (S1)
2.00 PM **Unsolved Mysteries** Four editions.
6.00 **Matlock** *The Fortune – Part Two:* 11/19. Billy persuades Matlock to defend him in court. **7.00** *The Debt:* 12/19. Leanne's ex-husband Peter is charged with murder. **8.00** *The Revenge:* 13/19. Matlock witnesses a robbery at a convenience store. **9.00** *The Obsession:* 14/19. While in hospital, the attorney tries to remove his thoughts from the case of a TV celebrity accused of murdering a therapist. **10.00** *The Divorce:* 15/19. A once content couple engage in a bitter divorce. (S7)
11.00 **Unsolved Mysteries**
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 41 137

9.00 AM **Matlock** (S5)
12.00 NOON **JAG** (S3)
2.00 PM **NCIS** (S12)
7.00 **JAG** *Father's Day:* 14/24. A tank driver is charged with negligence. **8.00** *Yesterday's Heroes:* 15/24. Harm and Mac investigate a drug runner. (S3)
9.00 **CSI: NY** *Supply and Demand:* 20/23. A student is murdered. **10.00** *On the Job:* 21/23. Mac fights to clear Danny's name. **10.55** *The Closer:* 22/23. Mac's testimony at a murder trial is questioned by the defendant. **11.50** *What You See Is What You See:* 23/23. Mac gets caught up in the middle of a shooting at a cafe. (S1)
12.45 AM **CSI: Miami** (S3)
1.35 **JAG** 14&15/24. (S3)
3.35 **to 6.00** AM **Matlock**

Challenge

160 160 48 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune** Five editions of the spin-the-wheel game show.
11.30 **The Price Is Right** Game show hosted by Joe Pasquale.
12.30 PM **Family Fortunes** Double bill of the game show with Les Dennis.
1.30 **Play Your Cards Right** Triple bill of the game show with Bruce Forsyth.
3.00 **Lily Savage's Blankety Blank** Triple bill of the comedy quiz show.
5.00 **The Chase** Four editions of the quiz show.
9.00 **The Chase Celebrity Special** Phil Tufnell, Jennie Bond, Ulrika Jonsson and Laurence Llewelyn-Bowen pit their wits against quiz genius The Chaser in a bid to land a large cash prize for charity.
10.00 PM **to 6.00** AM **The Chase**

E!

151 151 835 164 163

7.00 AM **Kourtney & Kim Take New York**
10.00 **Life of Kylie**
12.00 NOON **Botched**
7.00 PM **Botched** Dr Nassif helps a man with a thumbprint on his nose. **8.00** Reality TV star Dwight Eubanks says farewell to his nose.
9.00 NEW SERIES **Welcome Home Nikki Glaser?** Nikki Glaser begins a journey of self-discovery.
9.30 **Celebrity Game Face** Double bill of the series in which well-known faces partake in a range of physical challenges.
11.30 **Welcome Home Nikki Glaser?** As 9.00pm.
12.00 M'T **For Real: The Story of Reality TV** The secrets of makeover TV.
1.00 AM **10 Things You Don't Know** Double bill.
2.00 **Teleshopping**
3.00 **to 5.00** AM **Giuliana and Bill**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering: Burt Lancaster**
7.00 **Discovering: Henry Fonda**
8.00 **The Directors**
9.00 FILM **Next Goal Wins** Documentary. (2014, 15, 95min) ★★★★
11.00 **Ghislaine Maxwell: Epstein's Shadow**
2.00 PM **Althea**
3.45 **Queen of Speed**
5.30 **Jealous Guy: The Assassination of John Lennon**
7.15 **I Am Richard Pryor** A tribute to the comedian and actor.
9.00 **Tina** A celebration of Tina Turner's career.
11.20 **Look Away** Stories of women groomed in their early teenage years by rock stars.
1.10 AM **The Return: Life After ISIS** Documentary.
3.00 **Women of Troy**
4.10 **to 6.00** AM **Stockton on My Mind**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Ol Pejeta Diaries**
9.30 **Orangutan Jungle School** Double bill.
11.30 **David Attenborough's Natural History Museum Alive**
1.00 PM **David Attenborough's Galapagos**
4.00 **Great Barrier Reef with David Attenborough**
7.00 **David Attenborough's Dragons and Damsels**
8.00 **Malawi Wildlife Rescue** New edition A baby monkey finds a new mother.
9.00 **Kalahari: Land of Secret Alliances**
10.00 **Caught in Motion**
11.00 **Age of the Big Cats**
12.00 M'T **Malawi Wildlife Rescue** As 8.00pm.
1.00 AM **Kalahari: Land of Secret Alliances**
2.00 **Caught in Motion**
3.00 **Age of the Big Cats**
4.00 **to 6.00** AM **Mysteries of the Mekong**

HGTV

158 286 44 166

7.00 AM **A Place in the Sun**
11.00 **Restoration Home**
3.00 PM **A Place in the Sun**
7.00 **A Place in the Sun** A couple from Rotherham have £175,000 to spend on a property in Lucca, Italy. **8.00** A couple from Liverpool hope to buy a property in Cyprus. **9.00** A couple from Kent look for a property in the Caribbean. **10.00** A couple from Worcestershire hope to find a holiday home in Portugal.
11.00 **Home Town** A man wants to buy a home where his family has lived for five generations.
12.00 M'T **My Lottery Dream Home** Four editions.
2.00 AM **DIY SOS**
3.00 **to 4.00** AM **60 Minute Makeover with Peter Andre**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Guy's Grocery Games** Double bill.
8.00 **Best Baker in America**
10.00 **Man v Food**
1.00 PM **River Cottage**
2.00 **Rachel Khoo's Kitchen Notebook: London**
7.00 **Nigel Slater's Real Food Show**
8.00 **Simply Raymond Blanc** The chef's favourite classic French dishes.
9.00 **Jamie's Quick & Easy Food** Jamie Oliver demonstrates recipes that each contain only five ingredients. **9.30** Recipes include sesame seared tuna and a messy meatball bun.
10.00 **Best Baker in America**
11.00 **Man v Food**
11.30 **Man v Food Nation**
12.00 M'T **Mystery Diners**
2.00 **to 3.00** AM **River Cottage: Winter's on the Way**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Fast N' Loud Revved Up** Triple bill.
9.00 **Garage Rehab**
10.00 **American Pickers**
12.00 NOON **Outback Opal Hunters** Triple bill.
3.00 PM **Aussie Gold Hunters** Triple bill.
6.00 **Outback Opal Hunters**
7.00 **Yukon Gold**
8.00 **Life Below Zero**
9.00 **Manhunt with Joel Lambert**
10.00 **Ed Stafford: First Man Out** Ed takes on ex-South Korean special forces soldier KhenRhee.
11.00 **My Cat from Hell**
12.00 M'T **Dr Jeff: Rocky Mountain Vet**
1.00 AM **Building Alaska**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Trucking Hell: Extreme Road Rescue**
10.00 **WWE: SmackDown Highlights**
11.00 **WWE: Raw Highlights**
12.00 NOON **Police Interceptors**
2.00 PM FILM **A Bridge Too Far** Richard Attenborough's war epic. (1977, 15, 175min) ★★★
5.25 FILM **Dances with Wolves** Multi-Oscar-winning epic. (1990, 15, 179min) ★★★★★
9.00 FILM **Magnum Force** Thriller sequel to *Dirty Harry*. (1973, 18, 117min) ★★★★
11.40 FILM **Hard to Kill** Revenge thriller. (1990, 18, 92min) ★★★
1.35 AM **Fights, Camera, Action!** Confrontations.
2.35 **Car Crash TV**
4.25 **Criminals: Caught on Camera**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
10.00 **Highway Cops**
11.00 **Caught on Dashcam**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Send in the Dogs**
2.00 **World's Most Evil Killers**
3.00 **An Unexpected Killer**
4.00 **Murder in Amish Country** Documentary.
5.00 **World's Most Evil Killers**
7.00 **Britain's Most Evil Killers**
8.00 **Murdered at First Sight**
9.00 **Fred & Rose: The Unanswered Questions**
10.00 NEW SERIES **The Murder of Sarah Scazzi** 1/4. An investigation into the disappearance of 15-year-old Sarah Scazzi.
11.10 **Twisted Killers**
12.05 AM **World's Most Evil Killers** Triple bill.
3.00 **Road Wars** Double bill.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

8.00 AM **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
5.00 PM **Evidence of Evil**
7.00 **Medical Detectives** A single mother who was looking for love vanishes without a trace. **7.30** A 20-year-old woman sets out on her bike and never returns.
8.00 **Murder By the Sea** Deadly tales from the coastlines of the United Kingdom.
9.00 **Cold Justice** Kelly Siegler and Abbey Abbondandolo look into the 2006 homicide of Candace Hiltz. **10.30** Kelly Siegler and Johnny Bonds investigate the 27-year-old murder of a mother-of-two.
12.00 M'T **Cold Blood**
3.00 AM **Unsolved Mysteries**
5.10 **to 6.00** AM **Egg Factor**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **A Place in the Sun**
3.00 PM **The Hotel Inspector**
4.00 **Celebrity Antiques Road Trip** Triple bill.
7.00 **Dales for Sale** The sale of a five-bedroom cottage proves tricky.
8.00 **My Mortgage Free Home** Beverley wants to downsize from her four-bed detached house in Yorkshire.
9.00 **The Bad Skin Clinic**
10.00 **Faking It: Tears of a Crime** The case of Luke Harlow and Stephen Beadman.
11.00 **Haunting in the Heartland**
12.00 M'T **A Haunting**
1.00 AM **Paranormal 911**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Blaze

164 216 64 162

6.00 AM **Storm Stories**
7.00 **Alone**
8.00 **Monsterquest**
9.00 **Britain's Most Historic Towns** Chester.
10.00 **Secrets of Great British Castles**
11.00 **Uncharted Mysteries**
12.00 NOON **WW2 Mystery**
1.00 PM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Search for the Tesla Files**
7.00 **Curse of the Lost Amazon Gold**
8.00 **Curse of Skinwalker Ranch** Documentary.
9.00 **Wicked Tuna**
10.00 **Swamp People**
11.00 **Counting Cars**
12.00 M'T **The UnXplained**
1.00 AM **Nature Gone Wild**
2.00 **World's Deadliest Weather: Caught on...**
3.00 **Wicked Tuna**
3.45 **Counting Cars: Best of**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes... Lancashire**
8.00 **Buddy's Big Bakedown**
10.00 **Cake Boss**
12.00 NOON **Say Yes to the Dress** Triple bill.
2.00 PM **Say Yes... UK**
4.00 **Something Borrowed, Something New**
5.00 **Dr Pimple Popper**
6.00 **Unexpected: Teenage & Pregnant** New edition
7.00 **Dr Pimple Popper: Pop Ups** A back lump.
8.00 **My Extreme Excess Skin** Documentary.
9.00 **Body Bizarre**
10.00 **1000lb Sisters**
11.00 **Say Yes... Lancashire**
12.00 M'T **My Extreme...**
1.00 AM **Body Bizarre**
2.00 **1000lb Sisters**
3.00 **Say Yes... Lancashire**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Four editions.
1.00 PM **Building the Golden Gate Bridge**
2.00 **The World's Greatest Bridges** Double bill.
4.00 **London Underground: Then and Now**
5.00 **London Transport: Keeping London Moving**
6.00 **Building Britain's Canals** Triple bill.
9.00 **Inside Chernobyl with Ben Fogle**
10.30 **America's Last Slave Ship: Drain the Oceans**
11.35 **The Greatest Mysteries of Humanity**
12.35 AM **Secrets of Notre Dame: Ancient Engineering**
1.40 **Walking Victorian Britain** London.
2.40 **Britain's Great Cathedrals with Tony Robinson** Salisbury.
3.35 **to 4.00** AM **Around the World by Train with Tony Robinson**

Quest

144 144 834 169 12 114 172

6.00 AM **Combat Dealers**
7.00 **Chasing Classic Cars**
8.00 **Wheeler Dealers**
9.00 **Salvage... The Restorers**
10.00 **EFL on Quest**
11.30 **The Repair Shop**
3.00 PM **The Yorkshire Auction House**
4.00 **Salvage Hunters: The Restorers**
5.00 **Born Mucky: Life on the Farm**
6.00 **Shed and Buried**
7.00 **Cycling: Giro d'Italia**
8.00 **Salvage Hunters: The Restorers**
9.00 **The Repair Shop**
10.00 **Tony Robinson's VE Day: Minute by Minute**
11.00 **Aussie Gold Hunters**
12.00 M'T **Lost Gold**
1.00 AM **Blowing Up History: Seven Wonders**
3.00 **Wheeler Dealers**
4.00 **Supertruckers**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Animal Cops Houston**
9.00 **My 600lb Life**
1.00 PM **1000lb Sisters**
2.00 **Say Yes to the Dress: Atlanta** Eight editions.
6.00 **Dr Pimple Popper**
7.00 **Who Do You Think You Are?** Jerry Hall discovers how her British ancestors ended up in America.
8.00 **10 Steps to Murder** The death of 80-year-old Lea Adri-Soejoko.
9.00 **Deadliest Mums & Dads** The 2007 case of Neal Williams, who was slashed to death with a samurai sword.
10.00 **1000lb Best Friends**
11.00 **The Murder Tapes**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
4.00 **Animal Cops Phoenix**
5.00 **to 6.00** AM **Animal ER**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
12.00 NOON **Combat Dealers** Triple bill, including at: **2.00** PM One of Bruce Crompton's clients seeks a German half-track armoured personnel carrier.
3.00 **Greatest Events of World War II** Restored footage tells the story of Operation Sealion. **4.00** The Battle of the Bulge.
5.00 **Combat Dealers** Bruce finds Glenn Miller's army uniform. **6.00** Bruce marks the 75th Anniversary of VE Day.

10.00 Terror and Glory: 1945

7.00 **Tony Robinson's VE Day: Minute by Minute** A look at the key events that made VE Day such a momentous 24 hours.
8.00 **Bee Czar** New edition Jonathan is in for a surprise when he tackles a huge hive on his own.
9.00 **Blowing Up History** New edition Experts use drone technology to explore the tunnels below an Egyptian pyramid.
10.00 **NEW Terror and Glory: 1945** Documentary commemorating the 75th anniversary of the end of World War Two.
12.00 M'T **NEW The Great Balloon Bomb Invasion** Searching for remnants of bombs launched over the Pacific Ocean by Japan between 1944 and 1945.
2.00 AM **The Last Alaskans**
3.00 **Wheeler Dealers: Dream Car**
4.00 **The Last Alaskans**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Dogs 101: Specials**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Project Grizzly**
4.00 **Bad Dog!**
5.00 **Alaska: Homestead Rescue** A wildfire prompts Marty to create an evacuation ark for the Grants' livestock.
6.00 **Animal Cribs** Antonio helps a family create some special space for their animals.

7.00 Dodo Heroes

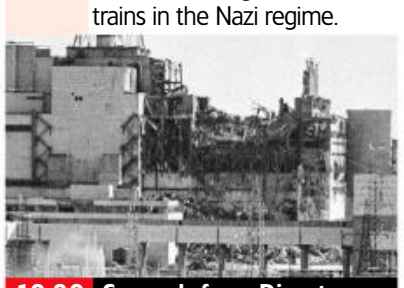
7.00 **Dodo Heroes** In Kenya, the Sheldrick Wildlife Trust prepare to release a young elephant back into the wild.
8.00 **Coyote Peterson: Brave the Wild** The elusive wobbegong sharks. **8.30** The saltwater and freshwater crocodiles.
9.00 **Tanked** Baseball legend Pete Rose asks the guys to transform the Riverfront Stadium into an aquarium.
10.00 **Alaskan Bush People** A storm hits the island, threatening the Browns' safety, while Matt hopes for a fresh start.
11.00 **Wildest Islands of Indonesia** A look at how creatures have learnt to thrive during the monsoon season.
12.00 M'T **Wildest Europe**
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Nazi Megastructures**
12.00 NOON **Nazi Megastructures** A look at Josef Goebbels' propaganda techniques. **1.00** PM The occupation and fortification of Norway. **2.00** The creation of one of history's greatest air defences. **3.00** Hitler's plan to land troops in England in 1940. **4.00** The construction of a 258 mile railway line through the jungle in Burma. **5.00** Examining the use of trains in the Nazi regime.



10.00 Seconds from Disaster

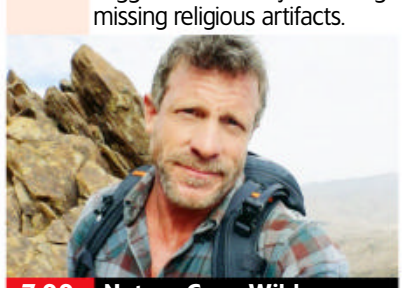
7.00 **Car S.O.S.** Tim Shaw and Fuzz Townshend take on a 1984 Opel Manta GTE owned by a former amateur rally driver.
8.00 **Airport Security: Peru and Brazil** A divorced couple deny travelling together, but both carry bags filled with cocaine.
9.00 **To Catch a Smuggler** HSI San Diego catch a truckload of meth, and CBP's Beagle Brigade sniff out bioterrorism.
10.00 **Seconds from Disaster** An examination of the series of blunders and oversights that led to the tragic Chernobyl disaster.
11.00 **Seconds from Disaster** The Concorde tragedy in 2000, when one of the aircraft burst into flames 60 seconds after taking off from Paris's Charles de Gaulle airport.
12.00 M'T **Seconds from Disaster**
2.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
9.00 **Ancient Aliens**
10.00 **History's Greatest Mysteries**
11.00 **Pawn Stars**
1.00 PM **Secrets in the Ice**
4.00 **Secrets of the Lost Ark**
5.00 **World's Greatest Treasure Mysteries** A spot in Texas where stolen gold is believed to have been hidden.
6.00 **The Curse of Oak Island** Exploring a new theory that suggests Lot 8 may be hiding missing religious artifacts.



7.00 Nature Gone Wild

7.00 **Nature Gone Wild** A paraglider and a vulture become entwined. **7.30** The raw power of a lightning strike.
8.00 **Nature Gone Wild** An impala finds an unlikely escape from a cheetah. **8.30** An avalanche wreaks havoc on Everest.
9.00 **History's Greatest Mysteries** Laurence Fishburne follows a expedition to locate Ernest Shackleton's ship *Endurance*.
10.40 **Einsatzgruppen: The Nazi Death Squads** How Nazi Germany tried to conceal its war crimes.
11.40 **Pawn Stars** A letter from pioneer Ezra Meeker and a set of commemorative Oregon Trail coins are brought into the shop, along with a Gibson lap steel guitar.
12.10 AM **Pawn Stars**
5.35 **to 6.00** AM **Nature Gone Wild**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Restoration Workshop**
8.00 **War Factories**
12.00 NOON **Scouting for Toys** Four editions, including at: **2.00** PM The auctioneers try to value a set of toy theatres. **3.00** Lego enthusiast David prepares to release some of his prized sets at auction.
4.00 **Bangers and Cash** A collection of five iconic cars arrives. **5.00** Derek values a 1974 Mk3 Ford Cortina 2000E. **6.00** Dave goes to Wales to bag a Ford Sierra Cosworth.

8.00 Open All Hours

7.00 **Bangers and Cash** Derek visits Suffolk to collect two Bentleys with a majestic pedigree – a 1963 S3 and a 1965 Continental.
8.00 **Open All Hours** Granville's delivery bike develops a squeak. **8.40** Arkwright decides to make his own product and instructs Granville to come up with an idea. **9.20** Arkwright has a rival for Nurse Gladys Emmanuel's attention.
10.00 **Bangers and Cash** An impressive collection of five iconic cars arrives in Thornton le Dale, including a 1967 Crayford Corsair.
11.00 **Secrets of the London Underground** Exploring the disused Jubilee line areas of Charing Cross.
12.00 M'T **Scouting for Toys** A huge consignment of Meccano arrives from a single seller.
1.00 **to 3.00** AM **Restoration Workshop**

+1 hour 255 200 75

Sunday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Edge of War**
7.00 **The Somme: The First 24 Hours**
8.00 **Wings of War**
10.00 **Tony Robinson's VE Day: Minute by Minute**
11.00 **Greatest Events of World War II**
5.00 PM **Tony Robinson's VE Day: Minute by Minute**
6.00 **Lost World of the Colosseum**
7.00 **Lost Mummy of Imhotep** A search for the architect's burial site.
8.00 **Lost Temples of the Jungle** The truth behind the Angkor Wat temple complex in Cambodia.
9.00 **Nazi Death Ray** Rumours that suggest Nazi Germany was researching space travel.
10.00 **Greatest Events of World War II**
12.00 M'T **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Attenborough's Wonder of Eggs**
10.00 **Attenborough and the Giant Egg**
11.00 **Attenborough and the Giant Dinosaur**
12.00 NOON **David Attenborough's Natural Curiosities**
9.00 PM **The Life of Mammals** David Attenborough profiles the tree-dwellers of the animal kingdom. **10.00** Vibrantly coloured monkeys in Venezuela, Costa Rica and West Africa. **11.00** The similarities between humans and great apes.
12.00 M'T **David Attenborough's Natural Curiosities**
4.40 AM **Life in the Great Wetlands**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Snakes in the City**
2.00 PM **Lion Brothers: Cubs to Kings**
3.00 **Africa's Wild Side: Dynasties**
4.00 **Africa's Big Five**
5.00 **Snakes in the City**
6.00 **Kings of the Wild**
7.00 **Zebras of the Serengeti** A zebra must travel 300 miles across East Africa, giving birth along the way.
8.00 **Kings of the Wild** Survival challenge, with hunter Josh James and chef Matt Tebbutt.
9.00 **Something Bit Me**
10.00 **Serengeti: Stampede of the Megaherd**
11.00 **Serengeti: Assault on the Megaherd**
12.00 M'T **When Sharks Attack** Double bill.
2.00 AM **Snakes in the City**
3.00 **Lion Brothers: Cubs to Kings**
4.00 **to 5.00** AM **Africa's Wild Side: Dynasties**

Sky History 2

163 163 840 272

8.00 AM **Ancient Aliens**
10.00 **Weeks of War**
11.00 **Britain's Most Historic Towns** Double bill.
1.00 PM **Walking Through History** Jurassic coast.
2.00 **River Hunters**
3.00 **Secrets of Great British Castles**
4.00 **Digging for Britain**
5.00 **Secrets in the Ice**
6.00 **Alien Files: Unsealed**
7.00 **Weeks of War** New edition
8.00 **Britain's Most Historic Towns** From Lincoln.
9.00 **Inside the Tower of London** Documentary.
10.00 **Paranormal: Caught on Camera**
11.00 **Conspiracy**
12.00 M'T **Captain Cook's Pacific with Sam Neill**
1.00 AM **Weeks of War**
2.00 **Secrets in the Ice**
3.00 **Paranormal: Caught...**
4.00 **Conspiracy**
5.00 **to 6.00** AM **Captain Cook's Pacific with...**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **1st to Fight: Pacific War Marines**
9.40 **Children of the Sun**
1.00 PM **Beautiful Serengeti**
1.35 **Asia's Ancient Civilisations**
5.35 **China on Film** 1&2/2. Film-maker Christopher Doyle narrates a picture of Chinese history through film, compiled with exclusive access to the British Film Institute China collection.
7.35 **Children of the Sun** Casting new light on long-lost empires, starting with the Aztecs. **8.45** The rise and fall of the Inca empire. **9.55** The story of the Maya civilisation, who set standards in writing, maths and astronomy.
11.00 **China on Film**
1.05 **to 2.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 834 209

6.00 AM **Meet, Marry, Murder** Five editions.
11.00 **Homicide: Hours to Kill**
1.00 PM **City Confidential**
5.00 **Cruise Ship Killers**
8.00 **The Real Murders of Orange County**
9.00 **Green Eyed Killers** A teenage love triangle ends in bloodshed when Rachel Wade stabs her ex-boyfriend's new girlfriend to death.
10.00 **Secrets of the Chippendales Murders** Lifting the lid on the dance troupe. **11.00** How the rise of the Chippendales brought a growing mountain of problems.
12.00 M'T **Sex, Lies and Murder** Documentary.
1.00 AM **Fear Thy Neighbour** Triple bill.
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

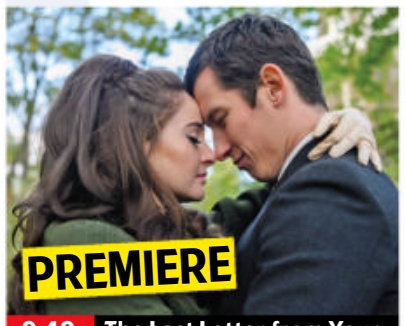
SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **12 Mighty Orphans**
8.05 **Venom: Let There Be Carnage** As 8.00pm.
9.45 **Dune** Epic sci-fi drama. (2021, 12, 155min) ★★★★★
12.25 PM **Deadlock** As 6.15pm.
2.10 **PREMIERE The Last Letter from Your Lover** As 9.40pm.
4.15 **Here Today** Comedy drama. (2021, 12, 93min) ★★
6.15 **Deadlock** Action thriller with Bruce Willis and Patrick Muldoon. (2021, 15, 97min) ★



9.40 The Last Letter from Your...

8 PM

8.00 **Venom: Let There Be Carnage** Comic-book fantasy sequel directed by Andy Serkis and starring Tom Hardy, Woody Harrelson and Michelle Williams. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.40 **PREMIERE The Last Letter from Your Lover** Romantic drama starring Shailene Woodley, Callum Turner and Felicity Jones. (2021, 12, 110min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.45 **12 Mighty Orphans** Sports drama starring Luke Wilson. A high-school football coach leads a team of orphans to the state championship. (2021, 12, 118min) ★★
1.55 AM **Charming the Hearts of Men** Historical romance with Kelsey Grammer and Anna Friel. (2021, 12, 107min) ★★★
4.00 **to 6.00** AM **Here Today**

11 PM

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Scoob!** As 3.30am.
7.45 **Fantastic Four** As 5.05am.
9.40 **Power Rangers** As 1.20am.
11.50 **Meet the Fockers** Comedy sequel. (2004, 12, 115min) ★★
1.55 PM **xXx: State of the Union** Action sequel starring Ice Cube. (2005, 12, 97min) ★★
3.50 **The Little Things** Drama starring Denzel Washington. (2021, 15, 128min) ★★★★
6.00 **Mass** Drama with Jason Isaacs. (2021, 12, 111min) ★★★★★

9.50 Escape Room: Tournament...

8.00 **Those Who Wish Me Dead** Crime drama with Angelina Jolie. A teenage murder witness finds himself pursued by twin assassins in the Montana wilderness with a survival expert sent to protect him. (2021, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Escape Room: Tournament of Champions** Horror thriller sequel starring Taylor Russell and Logan Miller. (2021, 15, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Under Siege 2** Action thriller sequel starring Steven Seagal. (1995, 18, 99min) ★★★
1.20 AM **Power Rangers** Fantasy starring Elizabeth Banks. (2017, 12, 124min) ★★★
3.30 **Scoob!** Animated comedy with the voice of Will Forte. (2020, PG, 93min) ★★★
5.05 **to 6.55** AM **Fantastic Four** Fantasy adventure starring Ioan Gruffudd and Jessica Alba. (2005, PG, 104min) ★★

Sky Cinema Family

306 306 850 406 506 520

6.00 AM **Look Who's Talking**
7.40 **Mirror Mirror** Fantasy. (2012, PG, 101min) ★★★
9.30 **Zathura: A Space Adventure**
11.15 **The Smurfs** (2011, U) ★★
1.00 PM **Paddington 2** Comedy. (2017, PG, 104min) ★★★★★
2.45 **A-X-L** Fantasy adventure. (2018, PG, 100min) ★★
4.30 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
6.30 **Hook** Fantasy adventure. (1991, U, 140min) ★★

6.30 Hook

Hook (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Bandslam** Comedy drama starring Gaelan Alexander Connell and Alyson Michalka. A misfit gets asked by the most popular girl in school to manage her band and enter the local battle of the bands contest. (2009, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Look Who's Talking** Family comedy starring John Travolta. (1989, 12, 96min) ★★★
12.40 AM **Zathura: A Space Adventure** Fantasy adventure starring Josh Hutcherson. (2005, PG, 113min) ★★★★
2.25 **Shrek the Musical** Recording of the stage musical.
4.35 **to 6.10** AM **Little Manhattan** Romantic comedy with Josh Hutcherson and Charlie Ray. (2005, PG, 86min) ★★★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Wonder Woman** (2009)
7.20 **Fast & Furious 9** As 5.35pm.
9.45 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★★
11.30 **The Lost World: Jurassic Park** Adventure sequel. (1997, PG, 129min) ★★★
1.40 PM **Dead Man Down** (2013)
3.40 **The Three Musketeers** Adventure. (2011, 12) ★★★
5.35 **Fast & Furious 9** Action sequel. (2021, 12, 143min) ★★★

9.35 Dead Man Down

8.00 **Jurassic Park III** Thriller sequel starring Sam Neill. A palaeontologist gets stranded on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

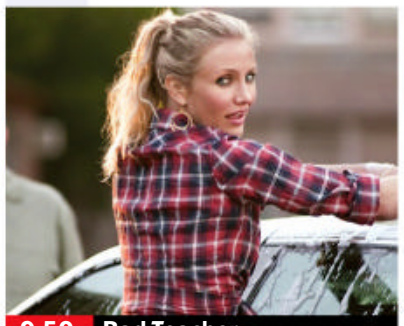
9.35 **Dead Man Down** Revenge thriller starring Colin Farrell and Noomi Rapace. A New York gangster with a secret falls for his facially scarred neighbour. (2013, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Blade** Action adventure chiller starring Wesley Snipes. (1998, 18, 121min) ★★★
1.40 AM **Finding Steve McQueen** Crime caper starring Travis Fimmel and Rachael Taylor. (2019, 15, 91min) ★★★
3.25 **Birth of the Dragon** Biopic starring Billy Magnussen. (2017, 12, 95min) ★★★
5.05 **to 6.35** AM **Wonder Woman** Animated action adventure. (2009, PG, 74min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.40 AM **Monte Carlo** As 3.20am.
8.40 **Baby Done** As 5.15am.
10.25 **Dinner for Schmucks**
12.25 PM **People Just Do Nothing: Big in Japan** Comedy spin-off. (2021, 15, 97min) ★★★
2.15 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
4.00 **Friends with Benefits** Romantic comedy with Mila Kunis. (2011, 15, 109min) ★★★
6.00 **Delivery Man** Comedy drama. (2013, 12, 102min) ★★★


9.50 Bad Teacher

8.00 **Our Ladies** Comedy drama starring Abigail Lawrie. A group of Catholic school girls go to Edinburgh for a choir competition, but they are more interested in drinking and partying. (2019, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Bad Teacher** Comedy starring Cameron Diaz. A gold-digging teacher will stop at nothing to find herself a rich husband. (2011, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Spontaneous** Comedy with Katherine Langford, Charlie Plummer and Yvonne Orji. (2020, 15, 101min) ★★★★
1.20 AM **Dinner for Schmucks** Comedy starring Steve Carell. (2010, 12, 113min) ★★★
3.20 **Monte Carlo** Romantic comedy with Selena Gomez. (2011, PG, 108min) ★★★
5.15 **to 6.50** AM **Baby Done** Comedy with Rose Matafeo. (2020, 15, 91min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Oliver!** Musical with Mark Lester. (1968, U) ★★★★★
8.25 **The Italian Job** As 2.30am.
10.05 **St Elmo's Fire** As 12.30am.
11.55 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
1.40 PM **The Shawshank Redemption** Prison drama. (1994, 15, 142min) ★★★★★
4.05 **Breakfast at Tiffany's** Comedy. (1961, PG, 106min) ★★★★★

6.05 **Footloose** Dance drama with Kevin Bacon and Lori Singer. (1984, 12, 107min) ★★★
8.00 **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as a simpleton who leads a charmed existence over four turbulent decades of US history. With Robin Wright, Gary Sinise and Sally Field. (1994, 12, 136min) ★★★★
10.25 **Training Day** Thriller starring Denzel Washington and Ethan Hawke. (2001, 18, 121min) ★★★

12.30 AM **St Elmo's Fire** Brat Pack drama starring Emilio Estevez. (1985, 15, 108min) ★★★
2.30 **The Italian Job** Classic crime caper starring Michael Caine. (1969, PG, 100min) ★★★★★
4.25 **to 6.00** AM **Hondo** Western. (1953, PG, 84min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Spirit: Stallion of the Cimarron** (2002, U) ★★★
7.40 **Spirit Untamed** Animation. (2021, U, 88min) ★★★
9.15 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
11.00 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
12.30 PM **The Boss Baby 2: Family Business** Animated comedy sequel. (2021, PG, 107min) ★★

2.30 **Igor** Animated adventure. (2008, PG, 86min) ★★★
4.00 **Penguins of Madagascar** Animated comedy adventure. (2014, U, 90min) ★★★★
5.45 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
7.20 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
9.00 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
10.30 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★

12.15 AM **The Little Dragon** Animation. (2019, U, 87min) ★★
1.45 **Lego DC Super Hero Girls: Super-Villain High** (2018) ★★
3.10 **Bobbleheads: The Movie** Animation. (2020, PG) ★★
4.35 **to 6.00** AM **Vic the Viking** Animation. (2019, U) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Jamie Cullum.
7.25 **Maverick** (S1&2)
12.55 PM **The Mississippi Gambler** Drama. (1953, PG, 99min) ★★
3.00 **The Hired Gun** Offbeat Western starring Rory Calhoun. (1957, b/w, U, 63min) ★★★
4.20 **Money, Women and Guns** Western starring Jock Mahoney. (1958, PG, 80min) ★★

6.00 **Cromwell** Historical epic starring Richard Harris, Alec Guinness and Timothy Dalton. (1970, PG, 141min) ★★★
9.00 **Pale Rider** Western starring Clint Eastwood. A mysterious lone horseman protects a mining settlement against ruthless land-grabbers. (1985, 15, 115min) ★★★
11.25 **Ocean's Eleven** Caper thriller with George Clooney, Brad Pitt, Julia Roberts and Matt Damon. (2001, 12, 116min) ★★★★

1.50 AM **Meet Me in St Louis** Musical. (1944, U, 113min) ★★★★
3.45 **Off Set** With Ben Miller.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Film Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Passing Clouds** (1941) ★★
7.40 **Bush Pilot** (1947, b/w, PG) ★★
8.50 **Gorgo** Fantasy. (1960, PG) ★★
10.25 **The Strange World of Planet X** Thriller. (1957, PG, 85min) ★
11.55 **Saddle Up**
12.05 PM **The Oregon Trail** Western. (1959, U, 86min) ★★
1.50 **Saddle Up**
1.55 **The Outcasts of Poker Flat** Western. (1952, b/w, PG) ★★

3.35 **Saddle Up**
3.45 **RJ Mitchell** Documentary.
4.45 **The Silent Hope** Documentary.
5.00 **The Footage Detectives**
6.00 **The Saint** 8/12. (S1)
7.00 **I Was An Adventuress** Crime comedy starring Vera Zorina. (1940, b/w, PG, 81min) ★★
8.40 **Look at Life**
9.00 **Secret Army** *A Safe Place:* 4/13. Albert is imprisoned. (S1)
10.05 **The Wayward Bus** Drama with Joan Collins and Jayne Mansfield. (1957, b/w, PG, 89min) ★★

11.55 **The Heritage Chart Show with Mike Read** Music show.
1.00 AM **The Soldier** Action thriller. (1982, 105min) ★★
2.45 **Eyewitness** Crime thriller. (1970, 15, 89min) ★★
4.35 **to 6.00** AM **Flannelfoot** Crime thiller. (1953, b/w, U, 75min) ★

Horror

317 149 69 138

8.00 AM **Riddles of the Sphinx** Adventure. (2008, 12) ★★
10.00 **Star Trek** (S1)
3.00 PM **Category 7: The End of the World** 1&2/4. Drama starring Shannen Doherty. (S1)
6.40 **The Day the Earth Stopped** Sci-fi action thriller starring C Thomas Howell and Judd Nelson. Alien robots descend on Earth. (2008, 15, 90min) ★★

8.30 **Tales from the Darkside** *Madness Room:* A scheming wife plans to terrify her husband.
9.00 **The Mummy's Hand** Vintage horror starring Dick Foran. A mummy is resurrected by an evil high priest and unleashed on members of an archaeological expedition. (1940, b/w, PG, 67min) ★★★
10.20 **Frankenstein Meets the Wolf Man** Classic horror starring Lon Chaney Jr and Bela Lugosi. (1943, b/w, PG, 73min) ★★

11.50 **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
2.00 AM **Stephen King's A Good Marriage** Thriller. (2014, 15) ★★
4.00 **to 4.30** AM **Tales from the Darkside**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Dry** Crime drama. (2020, 15, 117min) ★★★★
8.05 **Revolver** As 4.05pm.
10.05 **Old** As shown at 6.05pm.
12.05 PM **The Fugitive** As 8.00pm.
2.15 **Limitless** As 10.15pm.
4.05 **Revolver** Guy Ritchie's crime thriller starring Jason Statham. (2005, 15, 115min) ★
6.05 **Old** M Night Shyamalan's horror starring Gael García Bernal and Vicky Krieps. (2021, 15, 108min) ★★

6.05 Old

8.00 **The Fugitive** Action thriller starring Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. (1993, 15, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Limitless** Action thriller starring Bradley Cooper. A struggling writer boosts his brain power after taking a new pill, but the drug has nasty side effects and murderous thugs are after it too. (2011, 15, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Serenity** Thriller. (2019, 15, 106min) ★★★
2.15 **The Burnt Orange Heresy** Action thriller starring Claes Bang. (2019, 15, 99min) ★★★
4.10 **to 6.15** AM **The Spy** Drama. (2019, 12, 105min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.30 AM **To Olivia** As 5.35am.
8.20 **Pig** Drama with Nicolas Cage. (2021, 15, 92min) ★★★★
10.00 **All My Life** As 4.00am.
11.45 **The Water Diviner** Period drama starring Russell Crowe. (2014, 15, 111min) ★★★
1.50 PM **Jungleland** Drama. (2020, 15, 90min) ★★★★
3.35 **Let Him Go** Crime drama. (2020, 15, 113min) ★★★
5.40 **Milk** Biopic with Sean Penn. (2008, 15, 128min) ★★★★

5.40 Milk

8.00 **Dreamgirls** Musical based on the hit Broadway show inspired by the story of Diana Ross and The Supremes, starring Jamie Foxx, Beyoncé Knowles, Eddie Murphy and Jennifer Hudson. (2006, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **American Gangster** Ridley Scott's real-life crime drama starring Denzel Washington and Russell Crowe. A Harlem gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Green Mile** Drama. (1999, 18, 189min) ★★★★
4.00 **All My Life** Romantic drama. (2020, 12, 91min) ★★
5.35 **to 7.10** AM **To Olivia** Drama. (2021, PG, 90min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.40 AM **The Craft: Legacy** (2020)
8.30 **The Divergent Series: Insurgent** (2015, 12) ★★★
10.40 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
12.25 PM **The Forever Purge**
2.15 **The Craft: Legacy** Horror. (2020, 15, 97min) ★★★★
3.55 **Looper** Time-travel thriller. (2012, 15, 114min) ★★★★
5.55 **The Divergent Series: Allegiant** Adventure sequel. (2016, 12, 118min) ★★

8.00 The Forever Purge

8.00 **The Forever Purge** Horror sequel starring Ana de la Reguera. Members of an underground movement decide to take over the United States through an unending campaign of mayhem and massacre. (2021, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

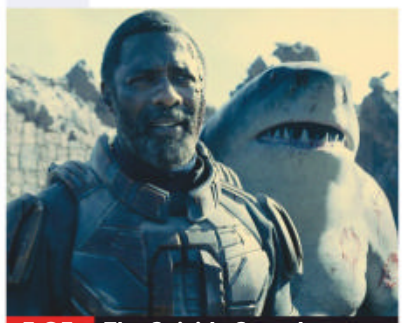
10.00 **The Evil Dead** Horror comedy starring starring Bruce Campbell. (1982, 18, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Urban Legend** Horror thriller starring Alicia Witt and Jared Leto. (1998, 18, 99min) ★
1.20 AM **Uncle Peckerhead** Comedy horror starring David Bluvband and David Littleton. (2020, 18, 97min) ★★★
3.10 **Sound of Violence** Horror starring Jasmin Savoy Brown. (2021, 18, 94min) ★★★
5.00 **to 6.40** AM **Endless** Drama starring Alexandra Shipp. (2020, 12, 95min) ★★

Sky Cinema Must See Movies

302 302 856 402 502 516

6.45 AM **Baby Driver** Thriller. (2017, 15, 112min) ★★★★
8.55 **The Matrix Revolutions**
11.20 **The Bourne Supremacy** Spy thriller. (2004, 12) ★★★★
1.20 PM **The Bourne Ultimatum** Spy thriller. (2007, 12) ★★★★
3.30 **The Conjuring: The Devil Made Me Do It** Horror sequel. (2021, 15, 112min) ★★★
5.35 **The Suicide Squad** Comic-book adventure comedy. (2021, 15, 132min) ★★★★


5.35 The Suicide Squad

8.00 **Nobody** Crime drama starring Bob Odenkirk and Connie Nielsen. A quiet and unassuming family man slowly reveals his true character after his house is burgled by two petty thieves. (2021, 15, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Raid** Martial arts action thriller starring Iko Uwais and Joe Taslim. (2011, 18, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Raid 2** Martial arts action thriller sequel with Iko Uwais. (2014, 18, 150min) ★★★★
2.25 AM **The Matrix Revolutions** Sci-fi thriller, the conclusion of the Matrix trilogy, with Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. (2003, 15, 129min) ★★★
4.45 **to 6.55** AM **Dream Horse** Fact-based comedy drama starring Toni Collette. (2020, PG, 113min) ★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Carry On Sergeant** Comedy with William Hartnell. (1958, b/w, U, 83min) ★★★
12.45 PM **Two by Two** Animation. (2015, U, 85min) ★★
2.25 **Monster Trucks** Adventure. (2016, PG, 104min) ★★
4.30 **Black Knight** Comedy. (2001, PG, 95min) ★★
6.20 **Valerian and the City of a Thousand Planets** Adventure. (2017, 12, 137min) ★★★

9.00 Men in Black: International

Valerian and the City of a Thousand Planets (film started at 6.20pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Men in Black: International** Fantasy adventure sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. (2019, 12, 114min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **X-Men Origins: Wolverine** Action fantasy prequel starring Hugh Jackman, Liev Schreiber, Danny Huston, Lynn Collins and Will.i.am. (2009, 12, 102min) ★★★ **11 PM**
1.20 **to 3.40** AM **The Brand New Testament** Belgian comedy with Pili Groyne and Benoit Poelvoorde. Subtitled. (2015, 15, 112min) ★★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Idol On Parade** Comedy. (1959, b/w, PG, 81min) ★★
7.40 **Lady Luck** Vintage comedy. (1946, PG, 97min) ★★★
9.30 **Jane Eyre** Hollywood version of Charlotte Brontë's novel. (1943, b/w, PG, 96min) ★★★★
11.30 **Breaker Morant** Drama. (1979, PG, 107min) ★★★★
1.40 **84 Charing Cross Road** Drama. (1986, U, 97min) ★★★★
3.45 **For Whom the Bell Tolls** Classic romantic adventure. (1943, PG, 160min) ★★★
7.10 **Gideon of Scotland Yard** Drama starring Jack Hawkins. (1958, PG, 91min) ★★
9.00 **Who Dares Wins** Thriller starring Lewis Collins as an SAS agent who infiltrates a terrorist group planning to take over the US Embassy in London. With Judy Davis. (1982, 18, 124min) ★
11.40 **The Deadly Affair** Thriller. (1966, PG, 107min) ★★★
1.40 AM **Killer Caliber .32** Western. (1967, PG, 94min) ★★
3.30 **Strongroom** Crime thriller. (1961, b/w, PG, 80min) ★★
4.50 **to 6.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.10 AM **Boyfriend Killer** Thriller. (2017, 12, 100min) ★★
11.10 **Below the Surface** Thriller. (2016, PG, 90min) ★★
1.10 PM **A Wedding to Die For** Thriller. (2019, 12, 90min) ★★
3.00 **That Thing You Do!** Comedy drama. (1996, PG, 107min) ★★★
5.05 **The Toy** Comedy starring Richard Pryor and Jackie Gleason. (1982, PG, 98min) ★★
7.10 **Raising Arizona** Offbeat crime comedy starring Nicolas Cage and Holly Hunter as a childless couple who resort to kidnapping in their efforts to start a family. (1987, 12, 92min) ★★★★★
9.00 **The Counsellor** Ridley Scott's thriller with Michael Fassbender, Penélope Cruz, Cameron Diaz, Javier Bardem and Brad Pitt. A Texas lawyer gets involved in a perilous scheme to smuggle cocaine from Mexico into the US. (2013, 18, 117min) ★★★★
11.35 **10 Minutes Gone** Action mystery. (2019, 15, 89min) ★
1.40 AM **I Am Wrath** Crime thriller. (2016, 15, 90min) ★★
3.40 **to 6.00** AM **Bewitched** Fantasy. (2005, PG, 102min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Hannah's Law** Western. (2012, PG, 88min) ★★
7.50 **The Big Sky** (1952, b/w) ★★★
10.10 **Wyatt Earp's Revenge** Western. (2012, 12, 88min) ★★
12.05 PM **They Rode West** Western. (1954, U, 97min) ★★
1.50 **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
3.35 **Last of the Comanches** Western. (1953, PG, 84min) ★★
5.20 **Gunmen from Laredo** Western starring Robert Knapp and Jana Davi. (1959, 12, 67min) ★★
6.50 **The Bravados** Western starring Gregory Peck as a rancher searching for the four vicious bandits who murdered his wife. (1958, PG, 98min) ★★★
9.00 **Five Card Stud** Western starring Dean Martin. After a card-sharp is strung up for cheating, his fellow poker players are murdered one by one. (1968, PG, 100min) ★★★
11.10 **Nowhere to Run** Romantic thriller. (1993, 15, 95min) ★★
1.00 AM **Submerged** Action thriller. (2005, 15, 96min) ★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **The Secret Ingredient**
9.00 **A Brush with Love** As 9pm.
11.00 **Prescription for Love** As 11pm.
1.00 PM **Christmas Date** As 1am.
3.00 **PREMIERE** **A Snapshot of Forever** Romantic comedy starring Natalie Dreyfuss. (2022, PG, 90min) ★★
5.00 **Home for Harvest** Romantic drama starring Brigitte Kingsley. (2019, PG, 90min) ★★
7.00 **The Secret Ingredient** Romantic comedy starring Erin Cahill and Brendan Penny. A small-town baker runs into her ex-fiancé at a Valentine's Day baking show in New York City. (2020, PG, 83min) ★★
9.00 **A Brush with Love** Romantic drama, starring Arielle Kebbel and Nick Bateman. An aspiring artist has to choose between her dreams of her career – as well as two very different men. (2019, PG, 84min) ★★
11.00 **Prescription for Love** Romantic drama. (2018, PG, 90min)
1.00 AM **Christmas Date** Romantic comedy. (2019, U, 90min) ★★
3.00 **to 5.00** AM **A Snapshot of Forever** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.00 PM **Collision Earth** *Syfy* Sci-fi drama starring Eric Roberts. ★★
7.45 **Pitch Perfect 2** *ITV2* Comedy starring Anna Kendrick. ★★★
8.00 **The Scorpion King** *ITV4* Fantasy adventure starring Dwayne Johnson. ★★★
9.00 **Little Fockers** *E4* Comedy sequel starring Robert De Niro and Ben Stiller. ★★★
9.00 **Bad Teacher** *Comedy Central* Comedy starring Cameron Diaz and Justin Timberlake. ★★★
9.00 **Magnum Force** *5Action* Thriller sequel to *Dirty Harry* starring Clint Eastwood. ★★★★
9.55 **Lucy** *ITV4* Sci-fi thriller starring Scarlett Johansson. ★★★
10.00 **The Hurt Locker** *BBC2 (Wales 11.00pm/Not NI)* Iraq War drama starring Jeremy Renner and Anthony Mackie. ★★★★★
10.00 **Django Unchained** *5STAR* Western starring Jamie Foxx and Christoph Waltz. ★★★★
11.40 **Hard to Kill** *5Action* Revenge thriller starring Steven Seagal and Kelly LeBrock. ★★★
2.15 AM **Guardian** *Syfy* Horror thriller starring Mario Van Peebles and James Remar. ★

SUNDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.45 AM **LIVE Suncorp Netball Giants Netball v New South Wales Swifts.** From Ken Rosewall Arena. Centre-pass **7.00am**.
8.30 **Goals on Sunday**
10.00 **Super Sunday Matchday**
11.00 **LIVE Women's Super League** Coverage of a match from the final day of the WSL season.
2.00 PM **LIVE Renault Super Sunday Arsenal v Leeds United.** Coverage of the top-flight clash from the Emirates Stadium. Kick-off **2.00pm**.
4.00 **LIVE Renault Super Sunday Manchester City v Newcastle United.** The top-flight clash at the Etihad Stadium. Kick-off **4.30pm**.
7.30 **Formula 1** The team present ahead of the Miami Grand Prix.
8.25 **LIVE Formula 1** The Miami Grand Prix at Miami International Autodrome. Start-time **8.30pm**. *See feature, page 28.*
10.30 **Formula 1** Reaction and analysis.
11.30 **Ted's Notebook**
12.00 M'T **Sky Sports News**
12.30 AM **LIVE NBA Basketball** An NBA play-off match.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **Premier League**
9.30 **SNF** A re-run of Brighton & Hove Albion v Manchester United.
11.15 **Premier League** Chelsea v Wolverhampton Wanderers.
1.00 PM **LIVE Renault Super Sunday Arsenal v Leeds United.** Coverage of the top-flight clash from the Emirates Stadium. Kick-off **2.00pm**.
4.00 **LIVE Renault Super Sunday Manchester City v Newcastle United.** Coverage of the top-flight clash from the Etihad Stadium. Kick-off **4.30pm**.
7.30 **WSL** Highlights from a game in the Women's Super League.
8.00 **SNF** A re-run of Brighton & Hove Albion v Manchester United.
9.45 **Matchday Plus**
10.00 **Premier League** A re-run of Leicester City v Everton.
11.45 **Premier League** A replay of Norwich City v West Ham United.
1.30 AM **Premier League** A replay of Arsenal v Leeds United.
3.15 **Premier League** Manchester City v Newcastle United.
5.00 **Best PL Goals: Newcastle**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Goals: Leagues 1 & 2**
6.30 **EFL Highlights**
8.00 **EFL Goals: Leagues 1 & 2**
8.30 **EFL Highlights**
9.00 **SPFL Highlights**
9.15 **EFL Highlights**
10.00 **EFL Goals: Leagues 1 & 2**
10.30 **Inside the WSL**
11.00 **LIVE Women's Super League** Coverage of a match from the final day of the WSL season.
3.00 PM **SPFL Highlights**
3.15 **EFL Highlights**
6.00 **LIVE EFL** The second leg of a League One play-off semi-final.
9.30 **WSL** Highlights from a game in the Women's Super League.
10.00 **LIVE MLS Nashville SC v Real Salt Lake.** Coverage of the Western Conference clash from Nashville Fairgrounds Stadium. Kick-off **10.00pm**.
12.10 AM **MLS**
12.15 **EFL Highlights**
12.45 **EFL Greatest Games**
1.00 **EFL Cup Retro 10**
3.00 **Play Off Final C'Ship 16/17**
4.00 **Play Off Final League 1 16/17**
5.00 **to 6.00** AM **Play Off Final League 2 16/17**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **IPL**
8.00 **Best of England v India**
8.50 **IPL**
10.50 **LIVE Indian Premier League Sunrisers Hyderabad v Royal Challengers Bangalore.** Coverage of the T20 match from Wankhede Stadium, Mumbai.
2.50 PM **LIVE Indian Premier League Chennai Super Kings v Delhi Capitals.** Coverage of the T20 match from Dr DY Patil Sports Academy, Mumbai.
7.00 **2014 T20 Blast Final**
7.30 **T20 Blast 2018** Lancashire Lightning v Yorkshire Vikings.
8.00 **IPL** Sunrisers Hyderabad v Royal Challengers Bangalore.
9.00 **IPL** Highlights of Chennai Super Kings v Delhi Capitals.
10.00 **IPL** Sunrisers Hyderabad v Royal Challengers Bangalore.
11.00 **IPL** Highlights of Chennai Super Kings v Delhi Capitals.
12.00 M'T **IPL** Sunrisers Hyderabad v Royal Challengers Bangalore.
4.00 AM **Best of The 2016 IPL**
4.30 **Best of The 2018 IPL**
5.00 **Dinesh Karthik Meets**
5.45 **to 6.00** AM **India's History At Lord's**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **DP World Tour Golf**
7.00 **PGA Tour Golf**
11.00 **DP World Tour Golf**
12.00 NOON **LIVE PGA Tour Golf** Coverage of the fourth and final day's play of the Wells Fargo Championship at TPC Potomac at Avenel Farm in Washington, D.C.
1.00 PM **LIVE DP World Tour Golf** Coverage of the fourth and final day of the Betfred British Masters Hosted By Danny Willett from The Belfry in Sutton Coldfield.
5.30 **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Wells Fargo Championship from TPC Potomac at Avenel Farm in Washington, D.C.
11.00 **DP World Tour Golf** The fourth and final day of the Betfred British Masters Hosted By Danny Willett.
12.00 M'T **Chronicles of a Champion Golfer** A profile of four-time Major winner Rory McIlroy.
12.30 AM **Chronicles of a Champion Golfer** A profile of three-time Open champion Nick Faldo.
1.00 **DP World Tour Golf**
2.00 **PGA Tour Golf**
3.00 **to 6.00** AM **DP World Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

7.00 AM **ESPN FC** Football news.
7.30 **LIVE AFL Carlton Blues v Adelaide Crows.** From Marvel Stadium. Bounce-up **7.40am**.
10.30 **Ligue 1** Brest v Strasbourg.
11.30 **ESPN FC** Football news.
12.00 NOON **LIVE Vanarama National League Wrexham v Stockport County.** Kick-off **12.30pm**.
2.45 PM **The Football's On**
3.45 **BT Sport United**
4.00 **FIH Hockey Pro League**
4.30 **UEFA Champions League**
5.00 **LIVE Serie A Salernitana v Cagliari.** The Italian top-flight encounter. Kick-off **5.00pm**.
7.00 **Golazzo Live**
7.45 **LIVE Serie A Hellas Verona v AC Milan.** The Italian top-flight encounter. Kick-off **7.45pm**.
10.00 **Vanarama National League**
10.30 **Premier League World**
11.00 **Baseball Tonight**
12.00 M'T **LIVE MLB Chicago Cubs v Los Angeles Dodgers.** From Wrigley Field. Start-time **12.08am**.
3.30 AM **30 for 30: Fernando Nation**
4.30 **to 6.00** AM **ESPN Classic Boxing**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **LIVE Badminton** Coverage of day one of the BWF Thomas & Uber Cup, taking place at Impact Arena in Bangkok, Thailand.
12.00 NOON **LIVE European Rugby Challenge Cup Toulon v London Irish.** Coverage of the quarter-final clash from Stade Mayol. Kick-off **12.30pm**.
2.45 PM **LIVE Heineken Champions Cup Racing 92 v Sale Sharks.** Coverage of the quarter-final clash from Paris La Defense Arena. Kick-off **3.00pm**.
5.15 **Heineken Champions Cup**
6.15 **Sport in Focus**
6.30 **The Football's On**
7.30 **LIVE Ligue 1 Paris Saint-Germain v Troyes.** The French top-flight clash from Parc des Princes. Kick-off **7.45pm**.
9.45 **WWE NXT UK**
10.45 **WWE SmackDown Highlights**
11.45 **UFC** Action from Charles Oliveira v Justin Gaethje.
2.45 AM **BT Sport Reload**
3.00 **to 6.00** AM **LIVE Badminton** Day two of the BWF Thomas & Uber Cup, taking place at Impact Arena in Bangkok, Thailand.

BT Sport 3

417 417 874 | 529 | 410 432

7.00 AM **Premier League**
8.30 **Premier League World**
9.00 **WWE Raw Highlights**
10.00 **WWE SmackDown Highlights**
11.00 **UEFA Champions League**
11.30 **LIVE Serie A Spezia v Atalanta.** Kick-off **11.30am**.
1.30 PM **UEFA Champions League – Stories of the Finals**
2.00 **LIVE Serie A Venezia v Bologna.** Kick-off **2.00pm**.
4.00 **LIVE Ligue 1 Lorient v Marseille.** Kick-off **4.05pm**.
6.00 **UEFA Europa League Highlights Show**
7.00 **European Rally Championship**
8.00 **Formula Regional European Championship**
8.30 **Baseball Today in the UK**
9.00 **LIVE MLB San Francisco Giants v St. Louis Cardinals.**
12.30 AM **FIH Hockey Pro League**
1.00 **The Outdoor Sports Show**
1.30 **Vanarama National League**
2.00 **The Football's On**
3.00 **UEFA Europa League**
4.00 **UEFA Champions League**
4.30 **MotoE Highlights**
5.00 **Rugby Stories**
5.30 **to 6.00** AM **Formula Regional European Championship**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Top Rank Boxing Archive** Davey Moore v Roberto Duran.
6.45 **Top Rank Boxing Archive** Marvin Hagler v Sugar Ray Leonard.
8.00 **Top Rank Boxing Archive** George Foreman v Gerry Cooney.
8.30 **Fight Night International** Oscar Valdez v Shakur Stevenson.
9.30 **Top Rank Boxing Archive** Ayub Kalule v Sugar Ray Leonard.
12.00 NOON **LIVE World Pool Masters** The fourth day of the tournament at the Europa Point Sports Complex in Gibraltar.
4.00 PM **Darts Gold** The 2001 PDC World Darts Championship finals.
4.30 **Darts Gold** The 2005 PDC World Darts Championship finals.
5.30 **LIVE World Pool Masters** Further coverage of the fourth day of the tournament at the Europa Point Sports Complex in Gibraltar.
9.30 **Darts Gold**
9.45 **WNBA** A replay of New York Liberty v Connecticut Sun.
11.30 **Fight Night International** Oscar Valdez v Shakur Stevenson.
12.30 AM **Top Rank Boxing Archive**
1.00 **NFL Bitesize Highlights**
4.00 **to 6.00** AM **Super Bowl LVI Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Super League Highlights**
7.00 **Drone Racing League**
9.00 **British Basketball**
11.30 **Super League Highlights**
12.00 NOON **LIVE Ladies European Tour Golf** The fourth and final day of the Madrid Ladies Open.
3.00 PM **Super League Highlights**
3.15 **Super League Gold**
3.20 **LIVE W Series** Coverage of the second race at Miami International Autodrome. Start-time **3.20pm**.
4.15 **Super League Gold**
4.20 **LIVE Bundesliga Bayern Bayern Munich v VfB Stuttgart.** Kick-off **4.30pm**.
6.30 **LIVE Bundesliga RB Leipzig v FC Augsburg.** Kick-off **6.30pm**.
8.15 **LIVE NBA Basketball** An NBA play-off match.
8.30 **Premier League 100 Club**
9.00 **Spirit of Yachting**
9.30 **Premier League World**
10.00 **LIVE MLS Nashville SC v Real Salt Lake.** Kick-off **10.00pm**.
12.10 AM **MLS**
12.15 **Super League Highlights**
12.30 **LIVE NBA Basketball** An NBA play-off match.
3.00 **to 6.00** AM **Highlights**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **Highlights**
7.00 **LIVE Isuzu UTE A-League Macarthur FC v Western Sydney Wanderers.**
9.00 **BT Sport Reload**
9.15 **LIVE Isuzu UTE A-League Adelaide United v Western United.** Kick-off **9.20am**.
11.15 **BT Sport Reload**
11.30 **FIM Sidecar World Championship Highlights**
12.00 NOON **LIVE Ligue 1 Metz v Lyon.** Kick-off **12.00noon**.
2.00 PM **LIVE Ligue 1 Angers v Bordeaux.** Kick-off **2.00pm**.
4.00 **MLB Plays of the Week**
4.30 **NHRA Drag Racing Highlights**
5.30 **LIVE NCAA Championship** College Women's Beach Volleyball.
7.30 **MLB Quick Pitch**
8.30 **FIM Sidecar World Championship Highlights**
9.00 **LIVE NCAA Championship** College Women's Beach Volleyball.
11.00 PM **to 6.00** AM **Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **British Superbikes Extra**
7.00 **Cycling: Giro d'Italia**
8.30 **Olympics: Legends Live On**
9.00 **LIVE Climbing World Cup** The women's boulder final from Seoul.
10.30 **LIVE Climbing World Cup** The men's boulder final from Seoul.
12.00 NOON **LIVE Cycling: Giro d'Italia** Coverage of stage three.
5.00 PM **Cycling: Paris-Roubaix**
5.15 **LIVE Motorsport: ETCR** Coverage of the final race of round one from Pau, France.
6.15 **World Touring Car Cup**
7.00 **Cycling: Four Days of Dunkirk**
8.00 **Cycling: Giro d'Italia**
9.00 **Giro d'Italia: The Breakaway**
9.30 **Formula E**
10.30 **Cycling: Four Days of Dunkirk**
11.30 **Cycling: Giro d'Italia**
1.00 AM **British Superbikes Extra**
2.00 **British Superbikes**
3.00 **British Superbikes Extra**
4.00 **Cycling: Giro d'Italia**
5.30 **to 7.00** AM **Roland-Garros**

Eurosport 2

411 411 869 | 522 | 413 436

6.30 AM **Giro d'Italia: Breakaway**
7.00 **Snooker: World Championship**
9.00 **British Speedway**
10.00 **Speedway Grand Prix**
11.00 **FIA World Endurance Champs**
12.00 NOON **LIVE World Touring Car Cup** Race one of round two.
1.00 PM **LIVE Motocross World Championship** MXGP action.
2.00 **Motocross World Champs**
3.00 **LIVE Motocross World Championship** MX2 action.
4.00 **LIVE World Touring Car Cup** Race two of round two in France.
5.00 **LIVE Motocross World Championship** MXGP action.
6.00 **British Speedway**
7.00 **British Superbikes**
9.00 **Snooker: World Championship**
11.00 **Speedway Grand Prix**
12.00 M'T **World Superbikes Extra**
1.00 AM **Cycling: Four Days of...**
2.00 **Cycling: Giro d'Italia**
3.30 **Olympic Games: Hall of Fame**
4.30 **to 6.30** AM **Highlights**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.45 AM **LIVE Suncorp Netball Giants Netball v New South Wales Swifts.** Coverage of the match from Ken Rosewall Arena. Centre-pass **7.00am**.
8.30 **Drone Racing League**
9.30 **Betfred Super League Highlights** Recent action.
10.30 **British Basketball**
1.00 PM **NBA Basketball**
5.00 **LIVE British Basketball** Coverage of the second semi-final.
7.30 **High Tops**
8.00 **My Icon** John Amaechi.
8.15 **LIVE NBA Basketball** An NBA play-off match.
11.00 **Fight Night**
12.00 M'T **NBA Hardwood Classic Games** The Slam Dunk Contest.
12.30 AM **LIVE NBA Basketball** An NBA play-off match.
3.00 **NBA Basketball**
5.00 **to 6.00** AM **Super League's Supermen**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula 1**
11.00 **Russell Riding High**
11.10 **LIVE British GT Championship** The third round of the season at Silverstone.
2.45 PM **Mercedes Woes with Ted**
2.50 **The Notebook**
3.20 **LIVE W Series** Coverage of the second race at Miami International Autodrome. Start-time **3.20pm**.
4.15 **F1 Features**
4.30 **Formula 1**
6.15 **The Notebook**
6.45 **F1 Features**
7.00 **Formula 1**
8.25 **LIVE Formula 1** The Miami Grand Prix at Miami International Autodrome. Start-time **8.30pm**. *See feature, page 28.*
10.30 **Formula 1** Reaction and analysis.
11.30 **Ted's Notebook**
12.00 M'T **Formula 1**
1.00 AM **W Series**
1.55 **Johnny in Jones' Champ Car**
2.00 **to 6.00** AM **Highlights**

Monday

9 May

Evening Planner

Documentary

The Airport: Back in the Skies
BBC1, 8.30pm (times vary)
Jeremy Spake goes behind the scenes at Heathrow Airport during the pandemic

Entertainment

The Games
ITV, 9pm
Holly Willoughby and Freddie Flintoff host as 12 celebrities take on a range of sporting challenges. Continues nightly

Documentary

Fergal Keane: Living with PTSD
BBC2, 9pm
How post-traumatic stress disorder has affected the reporter's life and career

Documentary

Mother Teresa: For the Love of God?
Sky Documentaries, 9pm
Three-part documentary telling the in-depth story of the nun and missionary

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama †	8.30 The Airport... †	9.00 The Split		10.00 News; Local News	10.35 Have I... †
102 BBC2	7.00 Rick Stein's Secret France		8.00 Britain's Top Takeaways		9.00 Fergal Keane: Living with PTSD		10.00 Live at the...	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Games			10.30 News
104 CHANNEL 4	7.00 News		8.00 Food...	8.30 The Enemy...	9.00 The Spy Who Died Twice		10.00 Married to a Psychopath	
105 CHANNEL 5	7.00 Police Interceptors		8.00 The Motorway		9.00 Inside the Force: 24/7		10.00 Casualty: Every Second Counts	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Agatha Raisin				10.00 Rob & Romesh vs the West End	
ENTERTAINMENT								
117 BBC3		7.15 MasterChef Australia		8.30 Hot Cakes	9.00 Professor Green: Suicide and Me		10.00 Peacock	10.25 My Left Nut
116 BBC4	7.00 Return to...	7.30 Winter Walks	8.00 Earth from Space		9.00 Brian Cox's Adventures in Space and...		10.00 The Sky at...	10.30 Missions
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy	9.30 American Dad!	10.00 Family Guy	
136 MORE4	◂ 6.55 The Block: Big Renovation Challenge			8.25 Chateau DIY	9.00 The Great British Dig: History in Your...		10.00 Inside Rolls-Royce	
135 E4	7.00 Hollyoaks	7.30 Big Bang Theory	8.00 Below Deck: Mediterranean		9.00 Made in Chelsea		10.00 Temptation Island	
107 SKY WITNESS	7.00 911 Crisis Centre		8.00 Blue Bloods		9.00 9-1-1		10.00 Criminal Minds	
108 SKY ATLANTIC	◂ 6.50 The Affair		7.55 Game of Thrones		9.00 Winning Time: The Rise of the Lakers...		10.05 Devils	
110 GOLD	7.00 Hi-de-Hi!	7.40 Dad's Army			9.00 The Royle Family			10.20 Not Going Out
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 QI			10.00 Comedians Giving...	10.40 Mock...
119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 DCI Banks	
120 ITV4	7.00 The Chase Celebrity Special		8.00 King of the Roads		9.00 Film: Jaws 2			
112 COMEDY CENTRAL	7.00 Friends				9.00 Live at the Apollo		10.00 Impractical...	10.30 Impractical...
152 SYFY	7.00 Quantum Leap		8.00 Warehouse 13		9.00 Fortitude			
113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 Rob & Romesh vs the West End	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Hudson & Rex		9.00 Miss Scarlet and the Duke		10.00 Murdoch Mysteries	
130 SKY ARTS	7.00 André Rieu: My Musical Year		8.00 The Art of Architecture		9.00 Romeo and Juliet			10.40 Art...
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Bitchin' Rides		9.00 Wheeler Dealers: Dream Car		10.00 Kevin Hart's Muscle Car Crew	
162 ANIMAL PLANET	7.00 Dodo Heroes		8.00 Killer Whales		9.00 Man-Eating Super Squid		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Air Crash Investigation		8.00 To Catch a Smuggler		9.00 Ice Road Rescue		10.00 New Air Force One: Flying Fortress	
123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Ross Kemp: Shipwreck Treasure Hunter		10.00 Deep Water Salvage	
155 YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Abandoned Engineering		9.00 Hornby: A Model World		10.00 Bangers and Cash	
121 SKY DOCS	7.00 Ghislaine Maxwell: Epstein's Shadow		8.00 The Sixties		9.00 Mother Teresa: For the Love of God?		10.00 Super Greed: The Fight for Football	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.55 The Last Letter from Your Lover		8.00 Stillwater					10.20 Deadlock
303 HITS	◂ 6.00 The Dry		8.00 Collateral				10.00 Mad Max: Fury Road	
304 GREATS	◂ 5.55 Crouching Tiger, Hidden Dragon		8.00 Almost Famous					
305 ANIMATION	◂ 6.35 Shaun the Sheep Movie		8.05 Lego DC Super Heroes: Justice League – Attack of the...			9.30 Bobbleheads: The Movie		
306 FAMILY	◂ 6.45 Stuart Little			8.15 Are We There Yet?			10.00 Look Who's Talking Too	
307 ACTION	◂ 6.10 Jurassic Park III		8.00 Daredevil				10.00 Elektra	
308 COMEDY	◂ 6.00 You Don't Mess with the Zohan		8.00 50 First Dates			9.40 Knocked Up		
309 THRILLER	◂ 6.00 Unknown		8.00 Extremely Wicked, Shockingly Evil and Vile				10.00 Rise of the Footsoldier	
310 DRAMA	◂ 5.45 Dreamgirls		8.00 Marley & Me				10.00 The Green Mile	
311 SCI-FI	◂ 6.20 The New Mutants		8.00 In The Earth				10.00 Malignant	
302 MUST SEE MOVIES	◂ 6.05 Don't Breathe 2		8.00 Old				10.00 Those Who Wish Me Dead	
313 FILM4	◂ 6.40 Sahara				9.00 Skyscraper			
315 TCM MOVIES		7.15 Incident at Phantom Hill			9.00 V for Vendetta			
SPORT								
401 MAIN EVENT	7.00 EFL – Live: Coverage of the second leg of a League One play-off semi-final							10.30 Sky Sports News
402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Soccer AM...	8.30 Gary Neville's...	9.00 Premier League Review		10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 EFL – Live: Coverage of the second leg of a League One play-off semi-final							10.30 MLS...
404 CRICKET	7.00 Best of The...	7.30 Vitality T20...	8.00 T20 Blast 2019 Final Highlights		9.00 IPL			
413 BT SPORT 1	7.00 ESPN FC	7.30 Serie A – Live: Fiorentina v AS Roma (Kick-off 7.45)				9.45 Goals Reload		10.15 Canadian Premier League...
414 BT SPORT 2	◂ 6.30 PSA Squash	7.30 FIH Hockey...	8.00 Heineken Champions Cup Highlights		9.00 Fishing: On the Bank		10.00 The Last Dance	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **For Love or Money** (S)(R)
10.45 **Dom Delivers** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From North Yorkshire. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Five Bedrooms** New episode (S)
3.00 **Escape to the Country** New edition In North Yorkshire. (S)
3.45 NEW SERIES **Garden Rescue** Charlie Dimmock and Lee Burkhill design a garden in Chorlton. (S)
4.30 **The Bidding Room** New edition Featuring a collection of bikes. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Split

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Janine feels dejected when Mick accompanies Linda to school for Ollie. (S)(AD)

8 PM

8.00 **Panorama: Fixing Unfair Britain – Can Levelling Up Deliver?** New edition (S)
8.30 NEW SERIES **The Airport: Back in the Skies** 1/6. Daily life at Heathrow. *See feature, page 21*. (S)

9 PM

9.00 **The Split** Series finale 6/6. With Kate and Nathan's relationship on the rocks, Hannah makes a big decision that shapes everyone's future. With guest star Meera Syal. (S3) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Have I Got a Bit More News for You** Richard Ayoade hosts an extended edition of the satirical current affairs quiz. (S)(R)
11.20 **Gordon Ramsay's Future Food Stars** 6/8. The chef asks his contenders to harvest oysters by hand on the glorious Essex coast using centuries-old techniques, before putting them in charge of The Savoy Grill. (S)(R)(AD)
12.20 AM **Celebrity Catchpoint** Sam and Mark take on the stars of *Loose Women*. (S)(R)
12.55 **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **Bargain Hunt** (S)(R)
7.30 **My Unique B&B** (S)(R)(AD)
8.00 **Sign Zone: Secrets of the Museum** A bionic hand. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **James Martin: Home Comforts** (R)
3.00 **Murder, Mystery and My Family** A 1903 murder case. (S)(R)(AD)
3.45 **Wild UK** Golden eagles. (S)(R)
4.15 **Interior Design Masters** (S)(R)
5.15 **Flog It!** From Cumbria. (S)(R)
6.00 **Richard Osman's House of Games** With David Baddiel, Alex Brooker, Sophie Duker and Charlotte Hawkins. (S)(R)
6.30 **My Unique B&B** New edition The team transform a 1940s railway goods carriage. (S)(AD)

6.30 My Unique B&B

7.00 **Rick Stein's Secret France** 1/6. The chef takes a culinary tour of France. He begins his trip in Dieppe, where he prepares freshly caught turbot and forages for sea herbs along the Bay of the Somme. (S)(R)(AD)

8.00 NEW SERIES **Britain's Top Takeaways** 1/8. Sara Cox and Darren Harriott present a competition in which takeaways cook and deliver food, with the first edition featuring fish and chips. (S)
■ Continues tomorrow

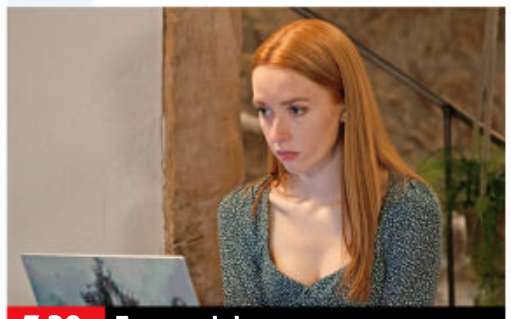
9.00 NEW **Fergal Keane: Living with PTSD** The BBC News special correspondent reveals the impact of post-traumatic stress disorder on his life, and how it led him to consider withdrawing from reporting on conflicts. (S)

10.00 **Live at the Apollo** Ed Byrne introduces stand-up performances by Geoff Norcott and Angela Barnes. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Couples Therapy** New edition 7/9. Michal examines her past for the key to her anxiety. (S)
11.45 **Paul Merson: A Walk Through My Life** The football pundit reflects on his life and career. (S)(R)
12.45 AM **Sign Zone: Countryfile** (S)(R)
1.40 **Sign Zone: Art That Made Us** The splintering that occurred under the Stuart kings. (S)(R)(AD)
2.40 **Sign Zone: MasterChef** (S)(R)(AD)
3.40 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Milton Keynes, where a seller makes a thousand per cent profit from Tracy Thackeray-Howitt and Mark Stevens gets some gold to really smile about. (S)(R)
3.00 **Tenable** A team of five family and friends take part. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



7.30 Emmerdale

7.30 **Emmerdale** A flashforward opens this week of episodes. Chloe decides to spend time with Noah, and Gabby is living in fear. (S)(AD)

8.00 **Coronation Street** Peter lashes out in anger upon learning of Thorne's abuse of power, Summer dashes Aadi's hopes of a reconciliation, and Sarah tells Carla that Kirk has secured a huge order, unaware that Jacob took the call. (S)(AD)

9.00 NEW SERIES **The Games** 1/5. Holly Willoughby and Andrew Flintoff present live from Crystal Palace National Sports Centre, with Alex Scott reporting from trackside as 12 famous faces take on a series of sporting challenges. *See feature, page 11*. (S)
■ Continues tomorrow

10.30 **ITV News** (S)
11.00 **Local News** (S)
11.15 **Heathrow: Britain's Busiest Airport** Terminal 3 re-opens its doors to the public 15 months into the global pandemic. (S)(R)(AD)
11.45 **All Elite Wrestling: Dynamite** Hard-hitting wrestling action. (S)
1.25 AM **Shop: Ideal World**
3.00 **Loose Women** (S)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 2&3/26. (S5) (S)(R)
7.35 **Motor Racing: W Series** Highlights of race two. (S)(R)
8.00 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 9-11/24. (S5) (S)(R)(AD)
10.30 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Couples Come Dine with Me** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition Renovating a family home in Garforth, Leeds. (S)
5.00 **Sun, Sea and Selling Houses** Finding a home in Alicante. (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** James gives John Paul an ultimatum. (S)(AD)

8.00 Food Unwrapped

7.00 **News** (S)

8.00 NEW SERIES **Food Unwrapped** 1/3. A look at Scottish whisky and Irish whiskey. (S)(AD)
8.30 NEW **Dispatches: The Enemy Within: Inside Britain's Far Right** (S)(AD)

9.00 NEW **The Spy Who Died Twice** Documentary about how John Stonehouse, an MP who faked his own death and was charged with fraud, also colluded with the Czech security service during the Cold War. (S)(AD)

10.00 **Married to a Psychopath** Series finale 2/2. The covert investigation into Malcolm Webster in light of evidence that he attempted to kill his second wife in similar circumstances to his first wife's death over a decade before. (S)(AD)
11.05 **A Very British Job Agency** Series finale 3/3. (S)(AD)
12.10 AM **24 Hours in A&E** (S)(R)(AD)
1.05 **Taskmaster** (S)(SL)(R)(AD)
2.00 **The Simpsons** (S)(R)(AD)
2.25 **The Cane Field Killings** New episode 5/8. (S1) (S)(AD)
3.25 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
4.20 **Grand Designs** (S)(R)(AD)
5.10 **to 6.05** AM **Location, Location, Location** (S)(R)(AD)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM NEW SERIES **Litter Louts: At War with the Law** Teams cracking down on fly-tipping. (S)
1.10 **News** (S)
1.15 **Home and Away** (S)(R)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **The House on the Hill** Thriller starring Samaire Armstrong and Rob Mayes. (S) (2019, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Natalie transforms a garden into a 10th birthday party paradise. (S)
5.00 **News** (S)
6.00 **Neighbours** Caught in the middle of Harlow and Amy, Ned is in a bind. (S)(R)(AD)
6.30 **Eggheads** Quiz show. (S)(R)

9.00 Inside the Force: 24/7

7.00 **Police Interceptors** Following the units of Nottinghamshire Police, with exclusive access to their traffic units, Knife Crime Team and Armed Response Unit. (S)(R)
7.55 **News** (S)

8.00 NEW SERIES **The Motorway** 1/8. Documentary following emergency patrol teams, beginning as the North East Control Team deal with a serious accident on the M18 near Doncaster. (S)

9.00 **Inside the Force: 24/7** New edition 6/8. PC Simon Berger and trainee Beth Headley respond to a suspected arson incident, where a woman accuses her son of starting a house fire and stealing £4,000. (S)

10.00 **Casualty 24/7: Every Second Counts** A 74-year-old with breathing difficulties is rushed in, and registrar Dr Nick Mani considers placing the patient in a medically-induced coma to stabilise him. (S)(R)

11.05 **Ambulance: Code Red** (S)(R)
12.05 AM **The Boy with No Brain: Extraordinary People** (S)(R)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Build a New Life in the Country** Developing a 120-year-old Scottish farmhouse. (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink**
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Orangutan Jungle School** Wildlife documentary. (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 14/20. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **S.W.A.T.** 17/21. (S3) (S)(R)(AD)
3.00 **Modern Family** (S7&8) (S)(R)
4.00 **Will & Grace** (S7) (S)(R)
5.00 **The Simpsons** *Simpsons Tall Tales:* A tramp entertains the family on a train ride. (S)(R)
5.30 **The Fresh Prince of Bel Air** 4/24. Hilary lands a new job as a weathergirl. (S)(R)
6.00 5/24. Carlton's former girlfriend arrives. (S3) (S)(R)
6.30 **The Simpsons** *Homer the Moe:* Moe refurbishes the bar. (S)(R)

8.00 Agatha Raisin

7.00 **The Simpsons** *A Hunka Hunka Burns in Love:* Mr Burns prepares to get married. (S)(R)
7.30 *The Blunder Years:* Homer is hypnotised. Featuring the guest voice of Paul Newman. (S)(R)

8.00 **Agatha Raisin** New episode *A Spoonful of Poison:* 2/3. The competition in the Carsely Jam-Off has always been fierce, but when a judge dies after being poisoned by the winning entry things may finally have gone a step too far. Determined to bring the killer to justice, Agatha resolves to restore the contest's name. (S4) (S)

10.00 **Rob & Romesh vs the West End** Rob and Romesh try to crack the world of musicals and hope leading lady Samantha Barks can pull some strings and land them a role in Disney's *The Lion King*. (S)(R)

11.00 **Last Week Tonight with John Oliver** Satirical talk show. (R)
11.40 **The Rising** 3/8. Suspicions grow regarding Neve's ex-boyfriend Joseph. (S1) (S)(R)
12.40 AM **The Force: Manchester** (R)
1.40 **Road Wars** (R)
2.10 **NCIS: Los Angeles** (S7) (S)(R)
3.05 **Hawaii Five-0** (S4) (S)(R)
4.00 **S.W.A.T.** 17/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND Sky **951**, Virgin **862**, Freesat **960**
8.00pm Landward New edition **8.30-9.00** Scotland's Home of the Year New edition **10.35** NEW SERIES The Airport: Back in the Skies **11.05** Fixing Unfair Britain: Can Levelling Up Deliver? – Panorama New edition **11.35** Sportscene: SWPL Highlights **12.05am** Have I Got a Bit More News for You **12.50** Celebrity Catchpoint **1.20** Weather for the Week Ahead **1.25-6.00am** BBC News

N. IRELAND Sky **953**, Virgin **863**, Freesat **957**
8.00pm Home Ground New edition **8.30-9.00** Fixing Unfair Britain: Can Levelling Up Deliver? – Panorama New edition **10.35** Ardal O'Hanlon: Tomb Raider New edition **11.35pm-12.20am** Have I Got a Bit More News for You

WALES Sky **952**, Virgin **864**, Freesat **964**
8.00pm Rookie Cops New edition **8.30-9.00** Hot Cakes **10.35** Fixing Unfair Britain: Can Levelling Up Deliver? – Panorama New edition **11.05** NEW SERIES The Airport: Back in the Skies **11.35pm-12.20am** Have I Got a Bit More News for You

BBC2

N. IRELAND Sky **972**, Freesat **969**
10.00-10.30pm NEW SERIES Croí na Ceiste le Caoimhe

WALES Sky **971**, Freesat **971**
No variations

ITV

WALES
11.15-11.45pm Sharp End:

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Codi Pac **1.30** Sgwrs Dan y Lloer **2.00** Newyddion **2.05** Prynhawn Da New edition **3.00** Newyddion **3.05** Ffit Cymru **4.00** Awr Fawr **5.00** Stwnsh **6.00** Adre **6.30** Rownd a Rownd **7.00** Heno New edition **7.30** Newyddion **8.00** Y Byd ar Bedwar New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion **9.00** Ffermio New edition **9.30** Welsh Whisperer – Ni'n Teithio Nawr **10.00** Teulu'r Castell **11.00-11.35pm** Arfordir Cymru

TV&Satellite week
New issue on sale tomorrow

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Becoming – The Batman** Robert Pattinson talks about the role.
7.15 **MasterChef Australia** New edition The finalists are assigned ingredients in a Mystery Box from past series.
7.15 **The Catch Up**
8.30 NEW SERIES **Hot Cakes** 1/5. Life at a new Cardiff bakery run by entrepreneurs Gareth and Ryan.
9.00 **Professor Green: Suicide and Me** The rapper explores the circumstances around his father's suicide.
10.00 **Peacock** Series finale 3/3. Andy is set to go on a second date with Georgia. (S1)
■ Entire series on iPlayer
10.25 **My Left Nut** 3/3. Mick is determined to lose his virginity before he receives his diagnosis. (S1)
10.55 **Gavin & Stacey**
12.25 AM **Hot Cakes**
12.55 **Gavin & Stacey**
1.25 **Peacock**
1.55 **My Left Nut**
2.25 **to 3.55** AM **Gavin & Stacey**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Return to Pembrokeshire Farm** The authorities investigate objections to Griff's plans.
7.30 **Winter Walks** New edition Adrian Chiles enjoys a stroll around Scarborough.
8.00 **Earth from Space** 1/4. Cameras in space tell stories of life on the planet from a new perspective.
9.00 **Brian Cox's Adventures in Space and Time** 4/4. Exploring the enigma of time.
10.00 **The Sky at Night** New edition The hidden secrets of the universe.
10.30 **Missions** New episode 8/10. The emotional toll on Jeanne makes her unstable.
10.55 **Missions** New episode 9/10. Peter wavers about helping Jeanne. **11.20** Series finale 10/10. Doubts arise during the race to a mountain rendezvous. Subtitled. (S3)
11.45 **Horizon: Volcanoes of the Solar System**
12.45 **to 3.20** AM **The Terror**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's House of Craft** Making napkin rings.
9.15 **A Place in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Heir Hunters**
2.10 **Four in a Bed** Five editions of the B&B challenge.
4.50 **Find It, Fix It, Flog It** Henry Cole is rather taken with a throne salvaged from an exotic nightclub.
5.55 **Escape to the Chateau: DIY** Wendy and Marcus prepare for a very special visit from the local mayor.
6.55 NEW SERIES **The Block: Big Renovation Challenge** Australian renovation challenge.
8.25 **Chateau DIY** Julia renovates a new bridal bedroom.
9.00 **The Great British Dig: History in Your Back Garden** New edition The team solve a medieval mystery in Coventry, as they search for a monastic grange.
10.00 **Inside Rolls-Royce** Behind the scenes at the renowned car manufacturer's Goodwood factory.
11.05 **24 Hours in A&E**
12.10 AM **When Cruises Go Wrong** Documentary.
1.15 **The Great British Dig: History in Your Back Garden** As shown at 9pm.
2.15 **8 Out of 10 Cats Does Countdown** With Tom Allen.
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Black-ish**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **The Neighborhood** New episode 21/22. **3.30** Series finale 22/22. American sitcom. (S2)
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** John Paul faces a moral dilemma.
7.30 **The Big Bang Theory** 18/24. Sheldon receives a nasty surprise when he visits his mother in Houston. (S7)
8.00 **Below Deck: Mediterranean** New edition A crew member has a change of heart.
9.00 **Made in Chelsea** New edition 6/10. Maeva whisks all the gang away to a Yorkshire mansion.
10.00 **Temptation Island** New edition 5/12. The couples explore what it means to have no rules.
11.00 **Gogglebox**
12.05 AM **Naked Attraction**
1.10 **Made in Chelsea**
2.15 **Below Deck: Mediterranean**
3.05 **Gogglebox**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Black-ish**

+1 hour 235 | 146 | 30 | 123

MONDAY Entertainment

Monday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Air Ambulance ER**
7.00 **Nothing to Declare**
8.00 **Border Patrol**
9.00 **UK Border Force**
10.00 **911 Crisis Centre**
11.00 **Law & Order** 8/24. (S15)
12.00 NOON **Bull** 17/22. (S3)
1.00 PM **Blue Bloods** (S9)
3.00 **Paramedics Australia**
4.00 **Stop, Search, Seize** Documentary following the work of Ireland's border force.
5.00 **Nothing to Declare** Four editions of the documentary.

9.00 9-1-1

7 PM

7.00 **911 Crisis Centre** New editions A traffic stop turns into a pursuit. **7.30** The team come together to support Kaitlyn.

8 PM

8.00 **Blue Bloods** *Redemption:* 4/16. Danny and Baez pursue a rapist, while Jamie and Eddie team up to help an officer. (S11)

9 PM

9.00 **9-1-1** New episode *Dumb Luck:* 14/18. The team race to save a woman who has fallen over her balcony. (S5)

10 PM

10.00 **Criminal Minds** *Sick and Evil:* 14/15. A string of murders occur in supposedly haunted houses in Maine. (S14)
11.00 **Law & Order: SVU** (S13)
12.00 M'T **The Rookie** 11/20. (S2)
1.00 AM **The Equalizer** 14/18. (S2)
2.00 **Departure** 4/6. (S1)
3.00 **Bull** 17/22. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Urban Secrets**
7.55 **Big Love** 5&6/9. (S4)
10.05 **The Affair** 9&10/10. (S1)
12.15 PM **Game of Thrones** (S2)
1.20 **Six Feet Under** (S4)
3.30 **Boardwalk Empire** 5/12. Nucky springs a surprise at a Memorial Day service. **4.35** 6/12. Nucky arranges a risky liquor delivery. (S2)
5.45 **The Affair** 1/12. Helen tries to move on with a new man. **6.50** 2/12. Alison's life with Noah is interrupted, while Cole spirals out of control. (S2)

9.00 Winning Time

7.55 **Game of Thrones** *The Old Gods and the New:* 6/10. Joffrey's rule prompts the people of King's Landing to riot, and Qhorin gives Jon a chance to prove himself. (S2)

9.00 **Winning Time: The Rise of the Lakers Dynasty** Series finale *Promised Land:* 10/10. Conclusion of the comedy drama. (S1)

10.05 **Devils** 3/8. Massimo helps Dominic sabotage a deal of huge strategic importance to NYL's Chinese investors. (S2)
11.10 **Devils** 4/8. (S2)
12.15 AM **Big Love** 4/9. (S4)
1.20 **The King** 3/8. (S1)
2.25 **Julia** Series finale 8/8. Julia decides to end the show. (S1)
3.30 **In Treatment** (S2)
4.05 **Fish Town**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S7)
8.00 **The Flash** 13/23. (S1)
9.00 **DC's Legends of Tomorrow**
10.00 **Supergirl** 14/20. (S1)
11.00 **NCIS: Los Angeles** (S7)
1.00 PM **Hawaii Five-0** 4/22. (S4)
2.00 **S.W.A.T.** 17/21. (S3)
3.00 **DC's Legends of Tomorrow**
4.00 **The Flash** 14/23. (S1)
5.00 **Supergirl** 14/20. Kat hires a second assistant. (S1)
6.00 **Stargate SG-1** 12/22. Daniel is taken hostage while looking for an alien device. (S7)

4.00 The Flash

7.00 **Stargate SG-1** *Grace:* 13/22. Carter embarks on a mission to retrieve the *Prometheus*. (S7)

8.00 **Agatha Raisin** New episode *A Spoonful of Poison:* 2/3. The judge of Carsley's jam-making competition dies after being poisoned by the winning entry, and Agatha resolves to discover the identity of the culprit. (S4)

10.00 **Rob & Romesh vs the West End** Rob Beckett and Romesh Ranganathan try to crack the world of musicals.
11.00 **The Rising** 3/8. Suspicions grow regarding Neve's ex-boyfriend Joseph. (S1)
12.00 M'T **Never Mind the Buzzcocks** Double bill.
1.30 AM **Road Wars**
2.00 **NCIS: Los Angeles** (S7)
3.00 **Hawaii Five-0** 4/22. (S4)
4.00 **S.W.A.T.** 17/21. (S3)
5.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Highlights**
7.30 **The Ellen DeGeneres Show**
8.25 **You've Been Framed!**
9.20 **Hart of Dixie** 22/22. (S1)
10.15 **One Tree Hill** 22/22. (S1)
11.10 **The O.C** 22/27. (S1)
12.00 NOON **Secret Crush**
1.05 PM **Dress to Impress**
2.05 **The Ellen DeGeneres Show** New edition With Jenna Dewan.
3.00 **Hart of Dixie** 1/22. (S2)
4.00 **One Tree Hill** 1/23. (S2)
5.00 **The O.C** 23/27. (S1)
6.00 **Celebrity Catchphrase**

9.30 American Dad!

7.00 **Superstore** 4/21. Cheyenne learns a difficult truth. **7.30** 5/21. Glenn has a health scare. (S5)

8.00 **Bob's Burgers** 5/22. Tina is mistaken for a sleeping boy's girlfriend. **8.30** 6/22. Bob host a movie screening. (S10)

9.00 **Family Guy** 2/20. (S14)
9.30 **American Dad!** New episode 6/22. Steve gets into new-age mysticism. (S17)

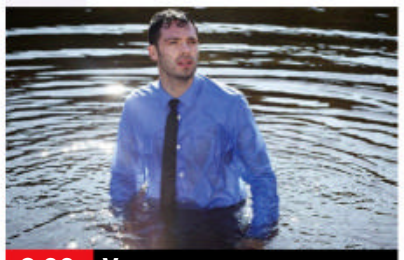
10.00 **Family Guy** 3/20. Stewie replaces Brian with an intelligent robot. (S14) **10.30** 13/20. Brian brings bad news. (S18)
11.00 **Family Guy** 14/20. (S18)
11.30 **American Dad!** 7/29. (S15)
11.55 **Bob's Burgers** 7&8/22. (S10)
12.55 AM **Superstore** 6&7/21. (S5)
1.55 **The Stand Up Sketch Show**
2.25 **Totally Bonkers Guinness World Records**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **On the Buses**
9.10 **The Darling Buds of May**
11.35 **Heartbeat**
1.45 PM **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *Towards Zero:* A gathering at a Devon estate leads to murder.
5.55 **Heartbeat** *Small Beer:* An Aidensfield housewife is found dead and suspicion falls on her schoolboy son, while Jo moves in to Maggie's house.


8.00 Vera

6.55 **Heartbeat** *Closing Ranks:* Greengrass robs a grave in the local churchyard to retrieve a sheep that has mistakenly been buried.

8.00 **Vera** *Silent Voices:* The detective investigates the murder of a popular social worker and an infamous past case involving the death of a child appears to hold the key to solving the mystery.

10.00 **DCI Banks** *Playing with Fire – Part One:* 1/6. Two bodies are discovered following a fire on a canal boat. (S1)
11.00 **DCI Banks** *Playing with Fire – Part Two:* 2/6. The detective realises he is now on the trail of a serial killer, but a new discovery casts doubt on the alibis of all his suspects. (S1)
12.05 AM **Inspector Morse**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Fish Town** Documentary.
2.30 **Sign Zone: Inside Central Station**
3.30 **Sign Zone: Beechgrove**
4.00 **This Is BBC Scotland**
7.00 **Sportscene: SWPL Highlights**
7.30 **Fish Town**
8.00 **Scottish Vets Down Under** Documentary.
8.30 **Great Escapes with Colin and Justin**
8.55 **Beechgrove Repotted** New edition
9.00 **The Nine**
10.00 **River City** New episode Lydia makes plans to clear her name.
10.30 **Two Doors Down** 4/7. Beth and Eric meet Gordon's parents. (S4)
11.00 **Raiders of the Lost Archive**
11.30 PM **to 12.00** M'T **Best of Chewin' the Fat**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Everybody Hates...**
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S2&3)
11.30 **The Office (US)** (S2)
12.00 NOON **The Mindy Project** 13&14/26. (S4)
1.00 PM **Curb Your Enthusiasm** (S6)
2.20 **Sex and the City** (S2)
3.00 **Modern Family** (S7)
4.00 **Will & Grace** (S7)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S3)
8.00 **30 Rock** 5&6/23. (S5)
9.00 **Last Week Tonight with John Oliver** New edition Talk show.
9.45 **Barry** New episode (S3)
10.25 **A Black Lady Sketch Show** 3/6. (S2)
11.00 **Last Week Tonight...**
11.45 **Real Time with Bill Maher** New edition
1.00 AM **Curb Your Enthusiasm** (S6)
2.20 **Black Monday** (S2)
3.00 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Darbar Festival**
6.55 **Beethoven: The Complete Symphonies**
7.25 **The Royal Ballet in Cuba**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
11.00 **Music Icons**
11.30 **Video Killed the Radio Star** Elbow's videos.
12.00 NOON **The South Bank Show Originals**
1.00 PM **Tales of the...**
2.00 **The Sixties**
3.00 **The Directors**
4.00 **Tales of the Unexpected**
5.00 **Discovering: Sally Field**
6.00 **Portrait Artist 2017**
7.00 **André Rieu: My Musical Year**
8.00 **The Art of Architecture** New edition
9.00 **Romeo and Juliet**
10.40 **Art Traffickers**
11.40 **Discovering**
12.10 AM **Borromini: The Dark Side of Baroque**
2.20 **Inside the Mind of Leonardo**
4.00 **to 6.00** AM **Highlights**

Pick

159 | 156 | 36 | 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **UK Border Force**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S4)
5.00 **Star Trek: The Next Generation** 7/26. (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Hawaii Five-0** (S3)
8.00 **Snapped**
9.00 **Killer Siblings**
10.00 **Grimm** 22/22. (S3)
11.00 **Murders That Shocked the Nation** Peter Manuel.
12.00 M'T **How I Caught the Killer** How CCTV was used to find a woman's killer in Nottingham.
1.00 AM **Caribbean Cops**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Younger** (S6)
9.00 **The Middle** (S2)
11.00 **My Wife and Kids** (S2)
1.00 PM **Friends** (S2)
7.00 **Friends** 23/24. Phoebe catches chickenpox. **7.30** 24/24. Rachel attends her former fiancé's wedding. (S2) **8.00** 1/25. Ross reveals his most secret fantasy. **8.30** 2/25. Ross prepares to make an important speech. (S3)
9.00 **Live at the Apollo** Jack Dee takes centre stage.
10.00 **Impractical Jokers: Inside Jokes** New edition
10.30 **Impractical Jokers**
11.00 **Channel Hopping with Jon Richardson**
12.00 M'T **Key & Peele**
1.00 AM **The Ricky Gervais Show** (S1&2)
2.00 **Impractical Jokers**
2.25 **Impractical Jokers: Nitro Circus Spectacular**
3.45 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **Olivia Meets Her Match** Reality series.
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of New York City** Reality series.
1.25 **Olivia Meets Her Match**
2.25 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA** Property series.
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Beverly Hills**
6.00 **Making It Home with Kortney & Kenny**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Dr. 90210**
10.00 **The Real Housewives of Atlanta** Kandi sends her daughter, Riley, off to New York University.
11.00 **Botched**
11.55 **The Only Way Is Essex**
12.40 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **Great Racehorses**
6.20 **The Saint**
7.10 **Robin of Sherwood**
8.05 **The Avengers**
9.15 **The Professionals**
10.20 **Minder**
11.30 **The Saint**
12.35 PM **Giant Lobster Hunters**
1.35 **Robin of Sherwood**
2.40 **The Avengers**
3.50 **The Professionals**
4.55 **Minder** *Too Many Crooks:* Arthur ventures into cuisine.
6.00 **Giant Lobster Hunters**

9.00 Jaws 2

7.00 **The Chase Celebrity Special** With guests Adam Garcia, Carol Decker, Holly Walsh and Rylan Clark-Neal.
8.00 **King of the Roads** Featuring action from the Cookstown 100, Northern Ireland's oldest road racing venue.
9.00 **FILM Jaws 2** Adventure thriller sequel starring Roy Scheider, Lorraine Gary and Murray Hamilton. Another shark returns to terrorise the small town of Amity. (1978, PG, 115min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.25 **South of the River** 1/3. The talented pool of footballers emerging from south London.
12.30 AM **Motorsport UK**
1.30 **Auto Mundial**
1.55 **Motorsport Mundial**
2.20 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** (S3)
7.00 **Star Trek: Deep Space Nine**
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S3)
12.00 NOON **Stargate Atlantis** (S5)
1.00 PM **Blood & Treasure** (S1)
2.00 **Siren** 10/10. (S3)
3.00 **Warehouse 13** As 8.00pm.
4.00 **Stargate Atlantis** 13/20. (S5)
5.00 **Stargate SG-1** 2/22. (S5)
6.00 **Star Trek: Deep Space Nine** 2/26. Kira is dismissed and sent back to Bajor, where she uncovers a secret. (S2)

11.00 Guardian

7.00 **Quantum Leap** *Nuclear Family:* 21/22. Sam becomes the brother of a salesman during the Cuban missile crisis. (S3)
8.00 **Warehouse 13** *Burnout:* 7/13. The body of an agent is discovered in the basement of a St Louis police station. (S1)
9.00 **Fortitude** 7/10. A heartbreaking discovery changes the town for ever, and Dan is confronted with what he is becoming.
10.00 **Fortitude** 8/10. As the town attempts to come to terms with the recent tragedy, Petra and Ingrid seek the truth. (S2)
11.00 **FILM Guardian** Horror thriller starring Mario Van Peebles. (2000, 15, 86min) ★
1.00 AM **Stargate SG-1** (S5)
2.00 **Stargate Atlantis** (S5)
3.00 **Star Trek: Deep Space Nine**
4.00 **Star Trek: Voyager** (S3)
5.00 **to 6.00** AM **Siren**

+1 hour 229

Alibi

109/110 809 126 212

7.10 AM **Murdoch Mysteries** (S5)
9.00 **Unforgettable** 12/13. (S4)
10.00 **Major Crimes** 12/21. (S5)
11.00 **Rizzoli & Isles** 9/18. (S6)
12.00 NOON **Death in Paradise** (S5)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S15)
4.00 **Unforgettable** 13/13. (S4)
5.00 **Major Crimes** 12/21. The team investigate a conspiracy. (S5)
6.00 **Death in Paradise** 3/8. DI Goodman investigates when a model is strangled in the middle of a fashion show. (S5)

9.00 Miss Scarlet and the Duke

7.00 **Rizzoli & Isles** *Love Taps:* 9/18. The murder of a college student takes a strange turn. (S6)
8.00 **Hudson & Rex** *In a Family Way:* 16/16. After a woman is found dead in the snow, Charlie and Rex have a pool of suspects. (S2)
9.00 **Miss Scarlet and the Duke** 6/6. Eliza pieces the puzzle together to find out what happened to her father. (S1)
10.00 **Murdoch Mysteries** *Murdoch and the Cursed Caves:* 5/18. Murdoch's camping adventure goes awry. (S13)
11.00 **Death in Paradise** As 6pm.
12.00 M'T **Unforgettable** 13/13. Carrie goes on the hunt for a sniper after a flashback conflicts with her memory. (S4)
1.00 AM **Father Brown**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 343 358

7.20 AM **Highlights**
9.10 **Hi-de-Hi!**
9.50 **Only Fools and Horses**
10.30 **Last of the Summer Wine**
11.50 **Keeping Up Appearances**
12.30 PM **Dad's Army**
1.10 **Hi-de-Hi!**
1.50 **2point4 Children**
2.30 **Desmond's**
3.05 **Keeping Up Appearances**
3.50 **The Good Life**
4.25 **Last of the Summer Wine**
5.45 **Only Fools and Horses**
6.25 **Desmond's**

9.00 The Royle Family

7.00 **Hi-de-Hi!** Yvonne refuses to come out of her room when Barry leaves.
7.40 **Dad's Army** Warden Hodges challenges Mainwaring's platoon to a cricket match.
8.20 Wilson is appointed manager of the Eastgate branch of the bank.
9.00 **The Royle Family** Denise and Dave reveal that they are expecting a baby.
9.40 Denise thinks Dave is not interested enough in the wedding.
10.20 **Not Going Out** First episode. Lee dates an author in an effort to discover his serious side.
11.00 **Desmond's**
11.35 **This Time with Alan Partridge**
12.15 AM **Peep Show**
12.50 **Desmond's**
1.25 **The Royle Family**
2.45 **Not Going Out**
3.15 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.00 AM **Supercar Customiser**
7.35 **Modern Wheels or Classic Steals** Motoring series.
8.00 **Top Gear**
9.00 **Storage Hunters UK**
10.00 **Sin City Motors**
11.00 **Most Dangerous Roads**
12.00 NOON **Bangers and Cash**
1.00 PM **Fast Justice**
2.00 **Top Gear**
3.00 **Mediterranean Escapes**
4.00 **Bangers and Cash**
5.00 **Mediterranean Escapes**
6.00 **Taskmaster**

10.00 Comedians Giving Lectures

7 PM
7.00 **Richard Osman's House of Games** With Stuart Maconie and Lou Sanders.
7.40 **Room 101** Frank Skinner is joined by guests Alex Jones Clive Anderson and Jack Whitehall.
8 PM
8.20 **QI** With Jason Manford, Romesh Ranganathan and Holly Walsh.
9 PM
9.00 **QI** Bill Bailey, Daliso Chaponda and Sally Phillips join regular panellist Alan Davies and host Sandi Toksvig.
10 PM
10.00 **Comedians Giving Lectures** New edition With Rhys James, Huge Davies, and Sally Phillips.
10.40 **Mock the Week**
11.20 **Mock the Week** With Ed Byrne, Rhys James, Laura Lexx and Glenn Moore.
12.00 M'T **Big Zuu's Big Eats**
12.40 AM **Have I Got a Bit More News for You**
1.40 **Room 101** Double bill.
2.55 **to 4.00** AM **QI**

+1 hour 211 131 74

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Message from Nam**
11.50 **GREAT! Movie News**
12.00 NOON **Murder, She Wrote** Mystery drama.
1.00 PM **Perception** (S2)
2.00 **Body of Proof** 8/9. (S1)
3.00 **Castle** 18/24. (S2)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 22/24. Trapper hits the jackpot. **7.30** 23/24. Colonel Flagg gets appendicitis. **8.00** 24/24. Henry bids the team farewell. (S3) **8.30** 1/25. BJ Hunnicutt joins the 4077th. (S4)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz show.
1.00 AM **M*A*S*H** (S3&4)
3.00 **Hart to Hart** (S4)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** Double bill.
11.30 **The Great House Giveaway** A family home.
12.30 PM **A Place in the Sun**
1.30 **A Place in the Sun: Home or Away**
2.30 **Sun, Sea and Selling Houses** From Spain.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Escape to the Chateau**
8.00 **Location, Location, Location** A search for properties in south and east London.
9.00 **Gogglebox** Double bill.
11.05 **The Spy Who Died Twice** Documentary.
12.10 AM **The Man with a Penis on His Arm**
1.15 **Open House: The Great Sex Experiment**
2.20 **SAS: Who Dares Wins**
3.25 **8 Out of 10 Cats Does Countdown**
4.20 **to 4.50** AM **The Simpsons**

5USA

141 141 153 21 129

9.00 AM **NCIS** 9/24. (S12)
9.55 **Entertainment News**
10.00 **NCIS** 10&11/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** Triple bill of the drama, including at: **8.00** *Incognito:* 3/24. Bishop and McGee pose as a married couple to investigate a US Marine's murder. (S13)
9.00 **The Blacklist** *Wujing (No. 84):* 3/22. Red is reunited with a high-ranking Chinese spy who once hired him. (S1)
10.00 **Law & Order: Special Victims Unit** *Motherly Love:* 10/21. A woman makes a false accusation, leaving her son with a deadly choice. (S18)
11.00 **Law & Order: Special Victims Unit** (S18&16)
1.55 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.05 **Rich Kids Go Skint**
8.55 **Room to Improve**
10.00 **Bargain-Loving Brits in the Sun** Documentary.
11.00 **Filthy Britain SOS**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly** Documentary.
6.00 **Home and Away**
7.00 **Filthy Garden SOS**
8.00 **Bargain-Loving Brits in the Sun** Documentary.
9.00 **National Treasure, National Disgrace: Savile, Harris & Hall** Stories of those abused by entertainment stars.
11.00 **The Disappearance of Shannon Matthews**
12.35 AM **My Lover, My Killer**
1.35 **Countdown to Murder**
2.35 **Neighbours**
3.05 **Home and Away**
3.30 **to 4.00** AM **Dogs with Incredible Jobs**

+1 hour 228 186 141

W

132 827 125 211 25 156

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **Inside the Ambulance** Double bill.
2.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
8.00 **Emma Willis: Delivering Babies** A woman goes into labour at just 34 weeks.
9.00 **Nurses on the Ward** Renal nurse Neil treats a 19-year-old whose kidney transplant is failing.
10.00 **Louis Theroux's African Hunting Holiday** Louis investigates game hunting in South Africa's Limpopo province.
11.20 **One Born Every Minute**
12.20 AM **999 Rescue Squad**
1.25 **Tipping Point**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.00 AM **Ever Decreasing Circles** Classic sitcom.
7.45 **Bergerac**
8.40 **The Bill**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Ever Decreasing Circles**
6.00 **Butterflies**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Inspector Alleyn Mysteries** *Artists in Crime*: Pilot episode. A model is murdered.
10.05 **New Tricks** *The Rock – Part Two:* The team come closer to solving the Gibraltar murders.
11.15 **Silent Witness** *Voids*: Guest stars John Lynch.
1.25 **to 4.00** AM **Dalziel & Pascoe**

+1 hour 243 226 60

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 15/19. (S7)
12.00 NOON **Medium** (S2)
1.00 PM **JAG** (S3)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Knowing Her:* 19/22. Allison's psychic talents lead to the revelation that Scanlon became addicted to drugs during an undercover assignment – and link him with three murders. (S2)
10.00 **Unsolved Mysteries** A prison escapee who killed three people. **11.00** A blimp that crashed during World War Two, with the crew nowhere to be found.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **The Jury Room**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S4)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 1&2/27. (S4)
3.00 **CSI: NY** 20/23. (S1)
4.00 **NCIS** 19/24. (S12)
5.00 **The Fugitive** (S4)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** *Ghost Rider:* 3/27. A body is unearthed on a building site. **8.00** *The Brotherhood:* 4/27. Walker combats a group of vengeful police officers. (S4)
9.00 **CSI: NY** *Supply and Demand:* 20/23. A student is killed. (S1)
10.00 **NCIS** 19/24. (S12)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 3&4/27. (S4)
3.00 **JAG** 13/24. (S4)
3.55 **Donal MacIntyre: Unsolved** Cold cases.
4.40 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **Pointless** Quiz show.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show.
8.00 **The Chase** Double bill of the general knowledge quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Life of Kylie**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Wags**
12.00 NOON **Welcome Home Nikki Glaser?**
12.30 PM **Dating: No Filter**
1.00 **Keeping Up with the Kardashians**
7.00 **Botched** Paul Nassif orders more tests for a woman with a severely botched nose. **8.00** After saving Luci's life, Paul is given the go-ahead to fix her nose.
9.00 **Keeping Up with the Kardashians** Double bill.
10.00 **Welcome Home Nikki Glaser?** Nikki begins a journey of self-discovery.
10.30 **Dating: No Filter**
11.00 **Wags LA**
12.00 M'T **Dr 90210**
1.00 AM **Life of Kylie**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Giuliana and Bill**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **First Ladies**
7.00 **Discovering: Grace Kelly**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Ghislaine Maxwell: Epstein's Shadow**
11.00 **The Sixties**
12.00 NOON **Baby God**
1.30 PM **PL Legends: Tony Adams**
2.00 **Missile from the East**
3.45 **My Icon: Shaun Gayle**
4.00 **Discovering: Grace Kelly**
5.00 **The Directors**
6.00 **Urban Secrets**
7.00 **Ghislaine Maxwell: Epstein's Shadow**
8.00 **The Sixties**
9.00 NEW SERIES **Mother Teresa: For the Love of God** 1/3. The life of the nun and missionary.
10.00 **Super Greed: The Fight for Football**
12.00 M'T **Nike's Big Bet**
1.40 AM **American Dharma**
3.25 **Cured** Documentary.
5.00 **to 6.00** AM **The Sixties**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Battle of the Alphas**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School** Documentary.
9.00 **Africa's Hunters**
10.00 **Arctic Secrets**
11.00 **Great Blue Wild**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **Africa's Hunters**
4.00 **Arctic Secrets**
5.00 **Great Blue Wild**
6.00 **Mysteries of the...**
7.00 **Monkey Life**
8.00 **Big Beasts: Last of the Giants**
9.00 **Extreme Animals: One Wild Day**
10.00 **Great Blue Wild**
11.00 **Mysteries of the...**
12.00 M'T **Land of Primates**
1.00 AM **Dogs with Extraordinary Jobs**
2.00 **Big Beasts: Last of...**
3.00 **Extreme Animals...**
4.00 **to 6.00** AM **Highlights**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** In Caerphilly.
8.00 **Fantasy Homes by the Sea** From Cornwall.
9.00 **Yorkshire Auction House**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer to Fabulous**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **Yorkshire Auction House**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **Heritage Rescue**
9.00 **Jimmy Doherty's Dream Builds on Wheels**
10.00 **No Demo Reno** New edition
11.00 **Good Bones**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **60 Minute Makeover**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Weekend Getaways**
9.00 **Foolproof Cooking**
10.00 **Rick's Fruits of the Sea**
10.30 **Rick's Seafood Odyssey**
11.00 **Ainsley's Mediterranean Cookbook** Marrakesh.
12.00 NOON **Bake Off...**
1.00 PM **Jamie at Home**
2.00 **James Martin's Brittany**
3.00 **Tom Kerridge Barbecues**
4.00 **Rick's Fruits of the Sea**
4.30 **Rick's Seafood Odyssey**
5.00 **Barefoot Contessa**
6.00 **Diners, Drive-Ins and Dives** New editions
7.00 **Bake Off: Professionals**
8.00 **Mary Berry's Simple Comforts** Double bill.
9.00 **Rick's Fruits of the Sea**
9.30 **Rick's Seafood Odyssey**
10.00 **Home Comforts**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Alaska: Homestead Rescue** Reality series.
12.00 NOON **Pit Bulls & Parolees** Documentary.
1.00 PM **The Zoo**
2.00 **Cake Boss**
3.00 **Restaurant: Impossible**
4.00 **Destroyed in Seconds**
5.00 **Alaskan Bush People**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **The Steve Irwin Story**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Entertainment News**
9.05 **Criminals: Caught on Camera**
9.40 **Traffic Cops**
11.35 **Trucking Hell**
12.35 PM FILM **A Lawless Street** Western. (1955, U, 78min) ★★
2.20 FILM **Rage at Dawn** Western. (1955, U) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
7.00 **Thieves & Thugs: Caught on Camera**
8.00 **Trucking Hell**
9.00 FILM **Eraser** Thriller with Arnold Schwarzenegger. (1996, 15, 114min) ★★★
11.20 FILM **Starship Troopers** Sci-fi war drama. (1997, 18, 129min) ★★
1.50 AM **Fights, Camera, Action!** Bonfire night.
2.50 **Idiot TV**
3.45 **Airport Security: Peru**
4.30 **Criminals: Caught on Camera**
4.55 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **UK Border Force**
8.00 **Stop, Search, Seize**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **The Force: Manchester**
1.00 PM **How I Caught the...**
2.00 **Britain's Most Evil Killers**
3.00 **World's Most Evil Killers**
4.00 **How I Caught the Killer**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village**
10.00 NEW SERIES **Snapped**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Twisted Killers**
2.00 **Snapped**
3.00 **Forensics: Catching...**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A young woman falls from a cliff to her death. **7.30** A young woman investigates her mother's disappearance.
8.00 **48 Hours** When a college student goes missing, an app leads police to her body.
9.00 **Snapped: Killer Couples** A family fall victim to a devastating crime.
10.00 **Cold Justice** New edition Kelly Siegler and Steve Spingola try to solve the murder of a woman who was brutally stabbed.
11.00 **Voice of a Serial Killer**
12.00 M'T **Donal MacIntyre's Murder Files**
1.00 AM **Snapped: Killer...**
2.00 **Cold Justice**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Egg Factor**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **DIY SOS: The Big Build**
9.00 **Homes Under the Hammer** From Salford.
10.00 **Celebrity Antiques Road Trip** Double bill.
12.00 NOON **Money for Nothing** A sideboard.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Houston**
4.00 **Lone Star Law**
5.00 **Countryside 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **The Yorkshire Auction House** New edition Angus helps a family find a new home for a collection of motorbikes.
10.00 **The Repair Shop** The team revive a water-damaged arcade game.
11.00 **Ghost Adventures**
1.00 AM **Destination Fear**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.55 **Alien Files: Unsealed**
8.55 **Ancient Aliens**
10.50 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Auction Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** The team learn of evidence of a cavern beneath the ranch.
10.00 **Curse of the Lost Amazon Gold**
11.00 **Gold Hunters: The Legend of the Superstition Mountains**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Highway Thru Hell**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **sMothered**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Home Town**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **sMothered**
6.00 **Love After Lock Up**
7.00 **7 Little Johnstons** New edition
8.00 **Doubling Down with the Derricos** New edition Deon has his hands full.
9.00 **Sister Wives**
10.00 **Dr Pimple Popper**
11.00 **Seeking Sister Wife**
12.00 M'T **Doubling Down with the Derricos**
1.00 AM **Sister Wives**
2.00 **Dr Pimple Popper**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.05 **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **Celebrity Eggheads**
5.30 **Eggheads**
6.30 **Around the World by Train with Tony Robinson** Travel series.
7.00 **Jane McDonald: My Yorkshire** Jane explores her home county.
8.00 **Our Great Yorkshire Life** The lives of people living in Yorkshire.
9.00 **Secret Life of the Forest** Summertime in Kielder Forest.
10.00 **Forged in Fire**
11.55 **Strangeways Riot: 25 Days of Mayhem**
1.55 AM **The Teacher**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Shed and Buried**
8.00 **The Repair Shop**
9.00 **Salvage Dawgs**
10.00 **Chasing Classic Cars**
11.00 **Fifth Gear**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **Posh Pawn**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Salvage Hunters: Classic Cars**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters** New edition
10.00 **Lost Gold**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Massive Engineering Mistakes**
2.00 **World of Cars**
3.00 **to 6.00** AM **Highlights**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Bridesmaids**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
10.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Happily Never After**
2.00 **Disappeared**
3.00 **Murder, Mystery and My Family**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr. Pimple Popper: Pop Ups** Ear keloids.
9.00 **Stuck** A woman has a fingernail stuck in her ear.
10.00 **Dr Mercy** Painful boils.
11.00 **Deadliest Mums & Dads**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
4.00 **Animal Cops San Francisco**
5.00 **to 6.00** AM **Animal ER**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** Trading up to a DeLorean.
7.00 **Treehouse Masters**
8.00 **Building Off the Grid**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Outback Truckers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made: Dream Cars**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Misfit Garage** Work begins on Sue Yu-Lan Martin's Ford truck.

9.00 **Wheeler Dealers**

7.00 **Supertruckers** The truckers move millions of pounds worth of army vehicles through the streets of Wiltshire.
8.00 **Bitchin' Rides** Dave and Kev select the top 10 builders at a car show.
9.00 **Wheeler Dealers: Dream Car** New edition The guys try to hunt down a classic Nissan Patrol for surfer Kerry.
10.00 **Kevin Hart's Muscle Car Crew** New edition The Boyz visit the Peterson Museum of Los Angeles.
11.00 **Railroad Alaska**
12.00 M'T **Wheeler Dealers: Dream...**
1.00 AM **Kevin Hart's Muscle Car...**
2.00 **Moonshiners**
3.00 **Wheeler Dealers: Dream Car**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Dogs 101: Specials**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Animal Cribs**
3.00 **Dodo Heroes**
4.00 **Dogs 101: Specials**
5.00 **Alaska: Homestead Rescue** A homestead is at serious risk from a torrential rainstorm.
6.00 **Animal Cribs** Antonio Ballatore reveals pet homes that have inspired his own creations.

8.00 **Killer Whales**

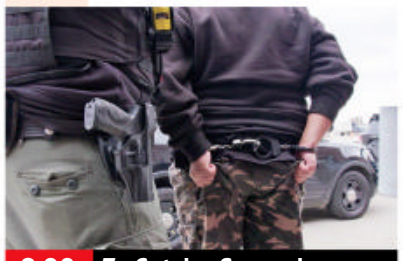
7.00 **Dodo Heroes** The work of Ashley DiFelice, who runs Twist of Fate Farm and Sanctuary, where she rescues neglected horses.
8.00 **Killer Whales** Scientists examine killer whales' feeding behaviour.
9.00 **Man-Eating Super Squid** Documentary searching for the truth behind the tales of the kraken, a monstrous killer squid.
10.00 **Alaskan Bush People** The Browns work to protect their newest family member from bears.
11.00 **Coyote Peterson: Brave the Wild** Double bill of editions.
12.00 M'T **Tanked** Baseball star Pete Rose wants Riverfront Stadium transformed into an aquarium.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101: Specials**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Drain the Oceans**
9.00 **Air Crash Investigation**
10.00 **Buried Secrets of WWII**
11.00 **Wicked Tuna**
12.00 NOON **Car S.O.S**
1.00 PM **Ultimate Airport Dubai**
2.00 **Air Crash Investigation**
4.00 **Airport Security: Colombia**
5.00 **Ice Road Rescue** An avalanche is set off to secure a road when a snow plough breaks down.
6.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore classic vehicles.



8.00 **To Catch a Smuggler**

7.00 **Air Crash Investigation** Investigating how American Airlines Flight 587 crashed in New York City, killing 265 people.
8.00 **To Catch a Smuggler** New edition HSI seize cocaine-filled tire rims in Puerto Rico, and meth and fentanyl in San Diego.
9.00 **Ice Road Rescue** When blizzards bring chaos to Norway's roads, Thord must save a jack-knifed truck from tipping over.
10.00 **New Air Force One: Flying Fortress** A look at the overhaul of the two presidential planes.
11.00 **Air Crash Investigation** A fatal error in calculating passengers' weight.
12.00 M'T **Drugs Inc**
1.00 AM **To Catch a Smuggler**
2.00 **Air Crash Investigation: Special Report**
3.00 **Seconds from Disaster**
4.00 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Mountain Men**
7.00 **American Restoration**
8.00 **Pawn Stars**
9.00 **American Pickers**
11.00 **The Liquidator**
12.00 NOON **Forged in Fire**
1.00 PM **Secrets in the Ice**
2.00 **American Pickers**
3.00 **Mountain Men** Tom and Nancy face the challenges of isolation. **4.30** Jake struggles as coyote numbers soar.
6.00 **Pawn Stars** Rick Harrison contemplates buying the infamous OJ Simpson Bronco.

9.00 **Ross Kemp: Shipwreck...**

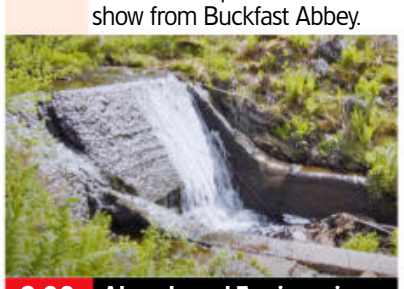
7.00 **Forged in Fire** Four smiths must leave everything to chance as the Wheel of Forging decides their fate.
8.00 **American Pickers** New edition The deals are flying in for Mike and Jersey Jon in a North Carolina garage.
9.00 **Ross Kemp: Shipwreck Treasure Hunter** Series finale The wreck site of 36-gun Nelsonian frigate *HMS Amethyst*.
10.00 **Deep Water Salvage** New edition The team at America's largest shipwreck must remove 4,000 wrecked cars.
11.00 **Shipwrecks: When History Resurfaces** *Empress of Ireland*.
12.00 M'T **History's Greatest Mysteries** Jimmy Hoffa.
1.00 AM **American Pickers**
2.00 **Forged in Fire**
3.00 **Shipwrecks: When History...**
4.00 **Secrets in the Ice**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Impossible Engineering**
8.00 **The World at War**
9.00 **Nazi Hunters** Josef Mengele.
10.00 **Abandoned Engineering**
12.00 NOON **The Architecture the Railways Built**
1.00 PM **Great British Railway Journeys** Double bill.
2.00 **Abandoned Engineering**
4.00 **The World at War**
5.00 **Nazi Hunters** A Jewish group that hunted down Nazis.
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Buckfast Abbey.



8.00 **Abandoned Engineering**

7.00 **Great Continental Railway Journeys** In Italy, Michael Portillo takes a trip in a state-of-the-art Maserati sports car.
8.00 **Abandoned Engineering** New edition A crumbling dam hidden in the Welsh valleys, and an outpost on a paradise island.
9.00 **Hornby: A Model World** The Hornby team race to complete a model of the giant P2, The Prince of Wales locomotive.
10.00 **Bangers and Cash** Derek rubs shoulders with pop music royalty when he picks up a Morgan sports car.
11.00 **Abandoned Engineering** Examining the mysterious Cachtice Castle home to Elizabeth Bathory, said to have killed over 600 girls.
12.00 M'T **Great Continental Railway Journeys** As 7pm.
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 75

Monday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Contact Project**
8.00 **World War II: Witness...**
9.00 **NASA's Unexplained...**
10.00 **Mysteries at the...**
11.00 **Contact Project**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Rome: Power & Glory**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **World War II: Witness...**
6.00 **NASA's Unexplained Files** A shocking find.
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **World War II: Witness to War**
10.00 **Life of Earth from Space** 1/2. Documentary.
11.00 **Bullet Points**
12.00 M'T **Combat Dealers**
2.00 AM **Life of Earth from...**
3.00 **Bullet Points**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Sea of Creepy...**
10.00 **Aquarium: An Aquatic...**
11.00 **Wild Africa**
12.00 NOON **Attenborough's Natural Curiosities**
1.00 PM **Attenborough and...**
2.00 **Africa's Giant Killers: Natural World**
3.00 **Aquarium: An Aquatic...**
4.00 **Thailand: Earth's...**
5.00 **Wild Africa**
6.00 **Attenborough and the Giant Dinosaur**
7.00 **Aquarium: An Aquatic...**
8.00 **Sea of Creepy Monsters**
9.00 **Thailand: Earth's Tropical Paradise**
10.00 **Attenborough and the...**
11.00 **Wild Africa**
12.00 M'T **Aquarium: An Aquatic Life**
1.00 AM **Sea of Creepy...**
2.00 **Thailand: Earth's...**
3.00 **Sea of Creepy Monsters**
3.50 **Aquarium: An Aquatic...**
4.40 **Bahama Blue**
5.30 **to 6.00** AM **Collar of...**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Tiger Queen of Taru**
9.00 **Animal Fight Club**
10.00 **Monster Fish**
11.00 **Wild X Files**
12.00 NOON **Snakes in the...**
1.00 PM **What The Shark?**
2.00 **Raging Bull Shark**
3.00 **Shark Kill Zone: The Hunt** Ferocious sharks.
4.00 **Secrets of the Zoo**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Deadliest**
8.00 **Something Bit Me** New edition A double-mauling and a marine mystery leave victims scarred.
9.00 **Malika the Lion Queen** 1/2. The life of a lioness.
10.00 **Africa's Deadliest**
11.00 **Snakes in the City**
12.00 M'T **Alaska Fish Wars**
1.00 AM **Monster Fish**
2.00 **What The Shark?**
3.00 **Raging Bull Shark**
4.00 **to 5.00** AM **Shark Kill Zone: The Hunt**

Sky History 2

163 163 840 272

8.00 AM **Weeks of War**
9.00 **Food Tech**
10.00 **The Colour of War**
11.00 **Race to Victory**
12.00 NOON **Ancient Aliens**
3.00 PM **Food Tech**
4.00 **The Colour of War**
5.00 **Race to Victory**
6.00 **Conspiracy Files: Unsealed**
7.00 **Britain's Most Historic Towns** From Portsmouth. **8.00** Alice Roberts explores Plymouth.
9.00 **Paranormal: Caught on Camera** A family in Hong Kong perplexed by a light in the sky. **10.00** A mother and daughter investigate a haunted basket.
11.00 **Ancient Aliens**
1.00 AM **Britain's Most Historic Towns**
2.00 **Paranormal: Caught on Camera**
4.00 **Race to Victory**
5.00 **to 6.00** AM **Conspiracy Files: Unsealed**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **Mutant Weather**
9.35 **Living in Germany at...**
10.40 **The Last Voices of World War One**
11.50 **1st to Fight: Pacific War Marines**
1.00 PM **Plane Crash Recreated**
2.05 **Mutant Weather**
3.05 **Living in Germany at...**
4.15 **The Last Voices of World War One**
5.20 **1st to Fight: Pacific War Marines**
6.30 **Mutant Weather**
7.35 NEW SERIES **Living in Germany at War** 1/2.
8.40 **The Last Voices of World War One**
9.50 **1st to Fight: Pacific War Marines**
11.00 **Mutant Weather**
12.00 M'T **Living in Germany at War**
1.15 **to 2.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
9.00 **The First 48: The Detective Speaks**
10.00 **Killer in Plain Sight**
11.00 **On the Case**
12.00 NOON **Buried in the Backyard**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Moors Murders.
5.00 **Murdertown**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **On the Case**
9.00 **Once Upon a True Crime** New edition
10.00 **Survivors**
11.00 **Homicide Hunter**
12.00 M'T **Green Eyed Killers**
1.00 AM **Once Upon a True...**
2.00 **Murdertown**
3.00 **Unusual Suspects**
4.00 **On the Case**
5.00 **to 6.00** AM **Killer in...**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **The Last Letter from Your Lover** As 5.55pm.
8.05 **Charming the Hearts of Men**
10.00 **Stillwater** As 8.00pm.
12.20 PM **Deadlock** As 10.20pm.
2.05 **Here Today** Comedy drama. (2021, 12, 93min) ★★
4.05 **Charming the Hearts of Men** Historical romance with Anna Friel. (2021, 12, 107min) ★★★
5.55 **The Last Letter from Your Lover** Romantic drama. (2021, 12, 110min) ★★★

8.00 Stillwater

8 PM

8.00 **Stillwater** Crime thriller starring Matt Damon. A man travels from Oklahoma to France to help his estranged daughter, who is in prison for a murder she claims she did not commit. With Abigail Breslin. (2021, 15, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.20 **Deadlock** Action thriller starring Bruce Willis. An ex-military man working at a power plant has to prevent disaster when a group of rogue soldiers gain control of the facility. (2021, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.10 AM **12 Mighty Orphans** Sports drama. (2021, 12, 118min) ★★
2.15 **Paul Dood's Deadly Lunch Break** Comedy thriller starring Tom Meeten. (2021, 15, 95min)
4.00 **to 6.00** AM **Here Today**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.55 AM **Barb & Star Go to Vista Del Mar** As shown at 3.20am.
8.45 **Fantastic Mr Fox** As 5.10am.
10.25 **Finding the Way Back**
12.25 PM **Mass** Drama. (2021, 12, 111min) ★★★★★
2.25 **Escape Room: Tournament of Champions** Horror sequel. (2021, 15, 88min) ★★
4.15 **Long Story Short** Comedy. (2021, 15, 90min) ★★★
6.00 **The Dry** Crime drama. (2020, 15, 117min) ★★★★

6.00 The Dry

8.00 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. A ruthless contract killer chooses an unwilling LA taxi driver to act as his chauffeur while he performs five hits in a single night for a drugs cartel. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mad Max: Fury Road** Sci-fi action thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Cloverfield** Disaster movie starring Lizzy Caplan. (2007, 15, 81min) ★★★
1.30 AM **Finding the Way Back** Sports drama with Ben Affleck. (2020, 15, 108min) ★★★★
3.20 **Barb & Star Go to Vista Del Mar** Comedy starring Kristen Wiig. (2021, 15, 107min) ★★★
5.10 **to 6.40** AM **Fantastic Mr Fox** Animated tale featuring the voice of George Clooney. (2009, PG, 87min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.10 AM **Look Who's Talking Too**
7.35 **Hook** Fantasy. (1991, U) ★★
10.00 **Dino Dana: The Movie**
11.25 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
1.15 PM **Bandslam** Comedy drama. (2009, PG, 110min) ★★★
3.10 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
5.00 **Tom & Jerry: The Movie** Comedy. (2021, PG) ★★
6.45 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★

6.45 Stuart Little

8.15 **Are We There Yet?** Comedy starring Ice Cube and Nia Long. A man agrees to escort a divorcée's two children on a disastrous road trip. With Aleisha Allen and Philip Daniel Bolden. (2005, PG, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

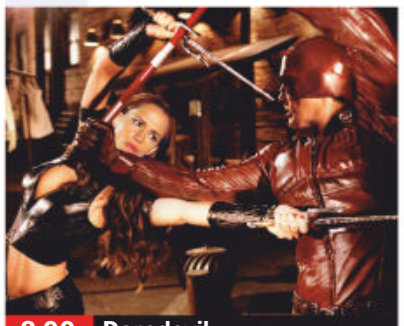
10.00 **Look Who's Talking Too** Comedy sequel with John Travolta and Kirstie Alley. (1990, 12, 77min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Marmaduke** Family comedy featuring the voices of Owen Wilson and Emma Stone. (2010, U, 88min) ★★
1.00 AM **Bogus** Fantasy starring Whoopi Goldberg, Haley Joel Osment and Gérard Depardieu. (1996, PG, 107min) ★★
3.00 **Save the Cinema** As 3.10pm.
5.00 **to 6.20** AM **Dino Dana: The Movie** Family adventure starring Michela Luci. (2020, U, 85min) ★★

Sky Cinema Action

307 307 851 407 507 521

6.35 AM **The Battle of Jangsari**
8.35 **Abduction** Action horror. (2019, 15, 98min) ★★
10.25 **The Three Musketeers** Rollicking costume adventure. (2011, 12, 110min) ★★★
12.30 PM **Daredevil** As 8.00pm.
2.30 **Elektra** As 10.00pm.
4.20 **The Losers** Action thriller. (2010, 12, 97min) ★★
6.10 **Jurassic Park III** Adventure thriller sequel starring Sam Neill. (2001, PG, 92min) ★★★


8.00 Daredevil

8.00 **Daredevil** Comic-book adventure starring Ben Affleck and Jennifer Garner. A man blinded in childhood by toxic waste becomes a secret crime-fighting superhero, putting his remaining, extra-sharp senses to good use. (2003, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Elektra** Action adventure starring Jennifer Garner, a spin-off from *Daredevil*. (2005, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Blade 2** Horror sequel starring Wesley Snipes. Half-human/half-vampire hybrid Blade battles a new breed of evil blood-suckers who prey on both vampires and humans. (2002, 18, 117min) ★★★★
1.40 AM **The Battle of Jangsari** War drama starring Megan Fox. (2019, 15, 104min) ★★
3.30 **The Losers** As 4.20pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Love Sarah** As 3.25am.
8.40 **Then Came You** As 5.05am.
10.25 **She's In Portland** As 1.40am.
12.20 PM **Delivery Man** Comedy drama starring Vince Vaughn. (2013, 12, 102min) ★★★
2.20 **Bad Teacher** Comedy. (2011, 15, 92min) ★★★
4.05 **Our Ladies** Comedy drama. (2019, 15, 106min) ★★★★
6.00 **You Don't Mess with the Zohan** Comedy starring Adam Sandler. (2008, 12) ★★★

6.00 You Don't Mess with the...

8.00 **50 First Dates** Romantic comedy starring Adam Sandler and Drew Barrymore. A Hawaii vet falls for a woman with short-term memory loss. With Rob Schneider. (2004, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Knocked Up** Romantic comedy with Seth Rogen and Katherine Heigl. A slacker gets a TV reporter pregnant during a one-night stand. (2007, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Sex Drive** Teen comedy starring Josh Zuckerman. (2008, 15, 104min) ★
1.40 AM **She's In Portland** Comedy with Tommy Dewey. (2020, 15, 101min) ★★★
3.25 **Love Sarah** Comedy drama starring Shannon Tarbet. (2020, 12, 97min) ★★★
5.05 **to 6.45** AM **Then Came You** Romantic comedy written by and starring Kathie Lee Gifford. (2019, 12, 97min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Love Story** Melodrama. (1970, PG, 100min) ★★★★
7.50 **Behind the Candelabra** (2013)
9.50 **The Big Heat** As 1.35am.
11.30 **Gunfight at the OK Corral** Western. (1956, PG) ★★★★
1.35 PM **Forrest Gump** Multi-Oscar-winning whimsical fable. (1994, 12, 136min) ★★★★
4.00 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★

5.55 **Crouching Tiger, Hidden Dragon** Ang Lee's romantic period adventure. Subtitled. (2000, 12, 120min) ★★★★★
8.00 **Almost Famous** Writer-director Cameron Crowe's rock 'n' roll drama starring Patrick Fugit, Billy Crudup and Kate Hudson. (2000, 15, 126min) ★★★★
10.45 **Once Upon a Time in the West** Sergio Leone's classic Western starring Charles Bronson, Henry Fonda and Claudia Cardinale. (1968, 15, 165min) ★★★★★

1.35 AM **The Big Heat** Director Fritz Lang's classic gangster thriller. (1953, b/w, 15, 90min) ★★★★
3.15 **Behind the Candelabra** Biopic. (2013, 15, 116min) ★★★★
5.25 **to 6.55** AM **Carry On Spying** James Bond spoof. (1964, b/w, U, 84min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Shaun the Sheep Movie**
7.30 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★
9.00 **Penguins of Madagascar** Animated comedy adventure. (2014, U, 90min) ★★★★
10.35 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
12.10 PM **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★

1.45 **My Little Pony: The Movie** Animation. (2017, U) ★★★
3.30 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
5.00 **Monster House** Animation. (2006, PG, 91min) ★★★★
6.35 **Shaun the Sheep Movie** Animation. (2015, U) ★★★★
8.05 **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** Animated adventure. (2015, U, 73min) ★★
9.30 **Bobbleheads: The Movie** Animation. (2020, PG) ★★

10.55 **Molly Monster** (2016, U) ★★
12.15 AM **Maya the Bee** (2014, U) ★★
1.45 **Maya the Bee: The Golden Orb** Animation. (2021, PG) ★★
3.15 **Brightheart** (2020, U) ★★
4.45 **to 6.00** AM **Lego Batman: The Movie – DC Super Heroes Unite** Animation. (2013, PG) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Ben Miller.
7.30 **Maverick** 2&3/26. (S2)
9.40 **Colt .45** Western with Randolph Scott. (1950, U, 74min) ★★★
11.15 **Maverick** 4&5/26. (S2)
1.30 PM **Cattle Drive** Western. (1950, U, 77min) ★★
3.10 **Hitler – The Last Ten Days** Fact-based World War Two drama. (1973, 12, 108min) ★★

5.20 **Murder Most Foul** Mystery starring Margaret Rutherford. (1964, b/w, U, 91min) ★★★
7.15 **Incident at Phantom Hill** Western starring Robert Fuller. (1966, U, 88min) ★★
9.00 **V for Vendetta** Action thriller based on the graphic novel by Alan Moore, starring Natalie Portman and Hugo Weaving. In a futuristic Britain, a masked avenger incites revolt against the fascist regime. With Stephen Rea. (2005, 15, 132min) ★★★

11.45 **Unforgiven** Clint Eastwood's Western. (1992, 15) ★★★★★
2.20 AM **Off Set** With Jamie Cullum.
2.30 **Close Up** Five editions.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Naked Fury** Crime drama. (1959, b/w, U, 64min) ★★
7.15 **Pit of Darkness** Thriller. (1961, U, 76min) ★★
8.50 **The Quiet Woman** Thriller. (1950, b/w, U, 70min) ★★
10.20 **Impact** Crime thriller. (1963, b/w, U, 62min) ★★
11.35 **Holy Matrimony** Comedy. (1943, b/w, U, 87min) ★★★
1.25 PM **Breaking the Codes**

2.00 **Rooms** (S2)
3.00 **Cattle Empire** Western. (1958, PG, 83min) ★★
4.45 **From Ship to Shelf**
5.00 **The Footage Detectives**
6.00 **One of Our Aircraft is Missing** War drama with Eric Portman. (1941, b/w, U, 102min) ★★★
8.00 **Gideon's Way** 6/26. (S1)
9.00 **Man Hunt** Chase thriller starring Walter Pidgeon. (1941, b/w, PG, 98min) ★★★★
11.00 **Undercover** War drama. (1943, b/w, PG, 82min) ★★

12.45 AM **Age of Innocence** Drama starring David Warner. (1977, 15, 101min) ★★★
2.40 **Mother Wore Tights** Musical. (1947, U, 107min) ★★★
4.50 **The Body Vanished** Mystery. (1939, b/w, PG, 44min) ★★
5.50 **to 6.00** AM **Look at Life**

Horror

317 149 69 138

8.00 AM **First Wave** 2/22. (S3)
9.00 **Extant** 11/13. (S1)
10.00 **Farscape** 3/22. (S2)
11.00 **The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
1.00 PM **The Exterminators** Sci-fi adventure. (2013, 15, 90min) ★
2.35 **Tales from the Darkside**
3.00 **The 4400** 10/13. (S3)
4.00 **Impact Earth** Sci-fi drama. (2015, 12, 90min) ★★

6.00 **Farscape** *Crackers Don't Matter:* 4/22. An alien boards *Moya*. (S2)
7.00 **Extant** *Before the Blood:* 12/13. Molly's pursuit of her offspring finally ends. (S1)
8.00 **Star Trek** *The Corbomite Manoeuvre:* 11/30. The *Enterprise* crew face death. (S1)
9.00 **Triangle** Horror starring Melissa George. A group of yachting friends climb onto a huge ship after their boat capsizes, but terror awaits them on board. (2009, 15, 98min) ★★★

11.00 **The Shrine** Horror thriller. (2010, 18, 80min) ★★
12.45 AM **Maniac** Serial killer thriller. (2012, 18, 87min) ★★★
2.30 **to 4.30** AM **Wolves** Horror. (2014, 15, 91min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **Dreamland** As 3.40am.
8.10 **Vantage Point** As 4.20pm.
9.55 **Unknown** As 6.00pm.
12.05 PM **Extremely Wicked, Shockingly Evil and Vile**
2.10 **The Sweeney** As 12.05am.
4.20 **Vantage Point** Action thriller with Dennis Quaid, Matthew Fox and Forest Whitaker. (2008, 12, 90min) ★★★
6.00 **Unknown** Conspiracy thriller starring Liam Neeson. (2011, 12, 113min) ★★★

10.00 Rise of the Footsoldier

8.00 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron and Lily Collins. The life of serial killer Ted Bundy is examined from the perspective of his longtime girlfriend, Elizabeth Kloepfer. (2019, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Rise of the Footsoldier** Gangster drama starring Ricci Harnett. An Essex boy rises through the ranks of crime, but his involvement with gangland leaders eventually leads to violence and murder. (2007, 18, 119min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Sweeney** Thriller. (2012, 15, 112min) ★★★
2.05 **The Fanatic** Psychological thriller. (2019, 18, 88min) ★
3.40 **Dreamland** Romantic drama. (2019, 15, 98min) ★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.10 AM **North Hollywood** (2021)
9.00 **The Impossible** As 1.05am.
11.10 **Judas and the Black Messiah** Drama with Daniel Kaluuya. (2021, 15, 126min) ★★★★
1.30 PM **The Pursuit of Happyness** Rags-to-riches drama starring Will Smith. (2006, 12, 117min) ★★★
3.30 **Milk** Biopic with Sean Penn. (2008, 15, 128min) ★★★★
5.45 **Dreamgirls** Musical. (2006, 12, 130min) ★★★★

10.00 The Green Mile

8.00 **Marley & Me** Family comedy melodrama starring Owen Wilson and Jennifer Aniston. A boisterous labrador dog comes to take a central place in the lives of a young married couple. With Eric Dane. (2008, PG, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Green Mile** Supernatural prison drama based on a novel by Stephen King, starring Tom Hanks and Michael Clarke Duncan. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **The Impossible** Fact-based thriller with Naomi Watts and Ewan McGregor. (2012, 12, 109min) ★★★★
3.10 **North Hollywood** Comedy drama with Ryder McLaughlin. (2021, 15, 93min) ★★★
4.55 **to 7.25** AM **Daniel** Danish drama. Partly subtitled. (2019, 15, 138min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.40 AM **Robot & Frank** Comedy. (2012, 12, 85min) ★★★★
8.25 **Minor Premise** As 3.45am.
10.15 **Sorority Row** As 12.00m't.
12.10 PM **School's Out Forever** Horror comedy starring Oscar Kennedy. (2020, 15) ★★★
2.10 **Chronical: 2067** As 1.45am.
4.20 **The Divergent Series: Allegiant** Adventure sequel. (2016, 12, 118min) ★★
6.20 **The New Mutants** Adventure. (2020, 15, 94min) ★★★

10.00 Malignant

8.00 **In The Earth** Director Ben Wheatley's horror starring Joel Fry and Reece Shearsmith. As the world searches for a cure to a virus, a scientist and park scout venture into the forest for a routine equipment run. (2021, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Malignant** Horror thriller starring Annabelle Wallis. A woman is paralysed by shocking visions of grisly murders, and her torment worsens as she discovers these dreams are in fact realities. (2021, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Sorority Row** Horror. (2009, 15, 100min) ★★
1.45 AM **Chronical: 2067** Sci-fi drama. (2020, 15, 114min) ★★
3.45 **Minor Premise** Sci-fi thriller. (2020, 15, 95min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Must See Movies

302 302 856 402 502 516

6.55 AM **SAS: Red Notice** (2021)
9.15 **The Bourne Ultimatum** Spy thriller. (2007, 12) ★★★★
11.25 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★
1.55 PM **The Suicide Squad** Adventure comedy. (2021, 15, 132min) ★★★★
4.20 **Nobody** Crime drama. (2021, 15, 92min) ★★★★
6.05 **Don't Breathe 2** Horror sequel starring Stephen Lang. (2021, 15, 98min) ★★★

6.05 Don't Breathe 2

8.00 **Old** M Night Shyamalan's horror starring Gael García Bernal and Vicky Krieps. A vacationing family discover that the secluded beach where they are relaxing is somehow causing them to age rapidly. (2021, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Those Who Wish Me Dead** Crime drama starring Angelina Jolie. (2021, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Batman v Superman: Dawn of Justice** Adventure starring Ben Affleck and Henry Cavill. (2016, 12, 164min) ★★★
2.20 AM **SAS: Red Notice** Action thriller based on the novel by Andy McNab, starring Sam Heughan and Ruby Rose. (2021, 15, 90min) ★★★
4.30 **to 6.00** AM **The Desperate Hour** Thriller starring Naomi Watts and Colton Gobbo. (2021, 12, 84min) ★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Anastasia** Drama. (1956, U, 105min) ★★★
1.10 PM **Last Train from Gun Hill** Revenge Western. (1959, 15, 98min) ★★★
3.05 **Timberjack** Action drama. (1954, U, 94min) ★
4.55 **Hell Is for Heroes!** World War Two action drama. (1962, b/w, 12, 90min) ★★★
6.40 **Sahara** Action adventure. (2005, 12, 124min) ★★★

11.05 Slumdog Millionaire

Sahara (film started at 6.40pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Skyscraper** Action thriller starring Dwayne Johnson and Neve Campbell. A security expert must infiltrate a burning skyscraper, 225 storeys above ground, when his family are trapped inside by criminals. (2018, 12, 102min) ★★★ 9 PM 10 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Slumdog Millionaire** Director Danny Boyle's vibrant romantic drama set in India starring Dev Patel, Anil Kapoor, Irrfan Khan, Madhur Mittal and Freida Pinto. (2008, 15, 115min) ★★★★★ 11 PM
1.25 **to 3.20** AM **The Keeping Room** Western starring Brit Marling and Hailee Steinfeld. (2014, 15, 93min) ★★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Journey into Fear** Thriller. (1942, b/w, U, 71min) ★★★
7.25 **The Orient Express**
8.35 **Reunion at Fairborough** Drama. (1985, PG, 110min) ★★
10.45 **Cover Girl** Vintage musical. (1944, b/w, U, 100min) ★★★★
1.00 PM **Second Chance** Thriller. (1953, PG, 83min) ★★★
2.45 **It Should Happen To You** Comedy. (1953, b/w, U) ★★★
4.35 **Our Man in Havana** Spy drama starring Alex Guinness. (1959, b/w, PG, 112min) ★★★★★
6.50 **A Prize of Arms** Crime thriller with Stanley Baker and Tom Bell. (1961, b/w, PG, 105min) ★★★
9.00 **Ivanhoe** Romantic adventure based on the novel by Sir Walter Scott set in 12th-century England, starring Anthony Andrews and James Mason. (1981, PG, 136min) ★★★
11.45 **Breaker Morant** Historical drama. (1979, PG, 107min) ★★★★
1.50 AM **Kentucky Rifle** Western. (1956, U, 84min) ★★
3.25 **Tomorrow We Live** War drama. (1942, b/w, U, 87min) ★★
4.45 **to 6.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Stolen Daughter** Crime drama. (2015, PG, 105min) ★★
11.00 **Fixer Upper Mysteries: Deadly Deed** Drama. (2018, PG) ★★
1.00 PM **Deadly Delusion** Thriller. (2017, 12, 97min) ★★★
3.00 **A Case of Murder: Garage Sale Mystery** Crime thriller. (2017, PG, 90min) ★★
4.50 **Age of Ice** Disaster movie. (2014, 15, 85min) ★★
6.35 **All the King's Men** Drama with Sean Penn and Jude Law. In 1950s Louisiana, a crusading small-town politician rises to the office of state governor, but his new power corrupts him. (2005, 12, 128min) ★★
9.00 **A Walk Among the Tombstones** Thriller starring Liam Neeson. An ex cop helps a drug trafficker find the men who murdered his wife, and discovers a link to several previous killings. (2014, 15, 111min) ★★★
11.15 **Hitman** Action thriller. (2007, 15, 92min) ★★
1.05 AM **Cold in July** Crime thriller. (2014, 15, 108min) ★★★★
3.30 **to 6.00** AM **S.W.A.T.** Thriller. (2003, 12, 115min) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Crash Point Zero** Adventure. (2000, 15, 93min) ★★
7.45 **The Mountain Road** Adventure. (1959, U, 120min) ★★
9.50 **Mother Lode** Action adventure. (1982, 15, 101min) ★★
11.55 **Hannah's Law** (2012, PG) ★★
1.45 **Return of the Bad Men** Western. (1948, b/w, PG) ★★
3.35 **The Bamboo Prison** War drama. (1954, PG, 79min) ★★
5.15 **The Elite** Thriller starring Jason Lewis. (2000, 15, 99min) ★
7.10 **Mind Blown** Thriller starring Luke Goss. After a US warfare programme goes wrong, the Department of Defence attempts to kill everyone involved. (2016, 15, 99min) ★★
9.00 **Assault on Station 33** Thriller with Sean Patrick Flanery. When a hospital is taken by terrorists, a decorated veteran must use all the skills at his disposal to free it. (2021, 15, 90min) ★★
10.55 **Only God Forgives** Crime thriller. (2013, 18, 86min) ★★★
12.45 AM **Pistol Whipped** Action thriller. (2007, 15, 96min) ★★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **Redemption in Cherry Springs** As shown at 7pm.
9.00 **The 27-Hour Day** As 9pm.
11.00 **Sand Dollar Cove** As 11pm.
1.00 PM **Country at Heart** As 1am.
3.00 **Love in Full Swing** Romantic drama starring Sarah Smyth. (2020, PG, 85min) ★★
5.00 **Two For The Win** Romantic drama starring Trevor Donovan. (2021, PG, 85min) ★★
7.00 **Redemption in Cherry Springs** Mystery drama starring Rochelle Aytes and Keith D Robinson. A reporter returns to her home town to investigate the unsolved disappearance of her childhood friend. (2021, PG, 84min) ★★
9.00 **The 27-Hour Day** Romantic drama with Autumn Reeser and Andrew W Walker. A workaholic lifestyle blogger attends a technology-free retreat and falls for the son of the owner. (2021, PG, 84min) ★★
11.00 **Sand Dollar Cove** Romantic drama starring Chad Michael Murray. (2021, PG, 84min) ★★
1.00 AM **Country at Heart** Romantic drama. (2020, PG, 84min) ★★
3.00 **to 5.00** AM **Love in Full Swing**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Jaws 2** *ITV4* Adventure thriller sequel starring Roy Scheider, Lorraine Gary and Murray Hamilton. Another shark returns to terrorise the small town of Amity. ★★★
9.00 **Eraser** *5Action* Action thriller starring Arnold Schwarzenegger as a federal marshal who comes up against a deadly hi-tech weapon when he tries to protect a witness. With James Caan, Vanessa Williams, James Coburn and Robert Pastorelli. ★★★
11.00 **Guardian** *Syfy* Horror thriller starring Mario Van Peebles and James Remar. In Iraq during the Gulf War, an archaeological dig resurrects an ancient Sumerian demon that uses human bodies as its host. ★
11.20 **Starship Troopers** *5Action* Director Paul Verhoeven's sci-fi war drama based on the novel by Robert Heinlein, starring Casper Van Dien, Denise Richards, Dina Meyer and Neil Patrick Harris. Four teenagers prepare for combat against an alien insect race. ★★

MONDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
7.30 **Early Kick-Off** The latest news from the Sky Sports News studio.
8.00 **Good Morning Sports Fans** Including news and views on today's early stories and a look at the back pages.
10.00 **The Football Show** A look at the major stories making the football headlines.
1.00 PM **Sky Sports News**
3.00 LIVE **Indian Premier League Mumbai Indians v Kolkata Knight Riders.** Coverage of the T20 match from Dr DY Patil Sports Academy, Mumbai.
5.00 LIVE **Netball Superleague Loughborough Lightning v Team Bath.** Coverage of the match from Sir David Wallace Arena. Centre-pass **5.30pm**.
7.00 LIVE **EFL** Coverage of the second leg of a League One play-off semi-final.
10.30 **Sky Sports News**
12.30 AM LIVE **NBA Basketball** Coverage of a National Basketball Association play-off match.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
6.30 **Premier League** Double bill.
10.00 **The Football Show**
1.00 PM **Matchday Plus** A behind-the-scenes look at Arsenal v Tottenham Hotspur.
1.15 **Premier League** A re-run of Leicester City v Everton.
3.00 **Premier League** A replay of Arsenal v Leeds United.
4.45 **Premier League** Manchester City v Newcastle United.
6.30 **Soccer AM: The Best Bits**
7.00 **Premier League Review** A look back at the weekend's action.
8.00 **Soccer AM: The Best Bits**
8.30 **Gary Neville's Soccerbox** With ex-England star Sol Campbell.
9.00 **Premier League Review** A look back at the weekend's action.
10.00 **Premier League Icons** A profile of Luis Suarez.
10.30 **PL Retro** Arsenal v Tottenham Hotspur from 2008.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 15/16**
5.00 **Best PL Goals: Manchester City**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **Greatest Games**
8.30 **SPFL Highlights**
9.00 **Scottish Premiership**
9.15 **SPFL Highlights**
9.30 **Football Countdowns**
10.00 **Football Years**
10.30 **SPFL Highlights**
11.00 **Play Off Final C'Ship 05/06**
12.00 NOON **Play Off Final C'Ship 06/07** Derby County v WBA.
2.00 PM **Play Off Final C'Ship 07/08** Bristol City v Hull City
3.00 **Play Off Final C'Ship 09/10**
4.30 **Best C'Ship Goals 2017/18**
5.00 **Scottish Premiership**
5.15 **SPFL Highlights**
5.30 **WSL** Highlights show.
6.00 **Soccer AM: The Best Bits**
6.30 **EFL Highlights**
7.00 LIVE **EFL** The second leg of a League One play-off semi-final.
10.30 **MLS Round-Up Show**
11.00 **Bundesliga Highlights Show**
12.00 M'T **EFL Highlights**
12.30 AM **EFL Cup Retro 17**
2.30 **MLS Round-Up Show**
3.00 **Play Off Final C'Ship 17/18**
4.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **IPL** A replay of Chennai Super Kings v Delhi Capitals.
10.10 **Best of England v India**
10.35 **IPL** Double bill of highlights.
12.30 PM **Best of England v India**
12.50 **IPL** Sunrisers Hyderabad v Royal Challengers Bangalore.
1.50 **IPL** Highlights of Chennai Super Kings v Delhi Capitals.
2.50 LIVE **Indian Premier League Mumbai Indians v Kolkata Knight Riders.** The T20 match from Dr DY Patil Sports Academy.
7.00 **Best of the 2015 Blast** Yorkshire Vikings v Lancashire Lightning from 2015.
7.30 **Vitality T20 Blast Cricket**
8.00 **T20 Blast 2019 Final Highlights** The 2019 final.
9.00 **IPL** Highlights of Mumbai Indians v Kolkata Knight Riders.
10.00 **IPL** Highlights of Chennai Super Kings v Delhi Capitals.
11.00 **IPL** Highlights of Mumbai Indians v Kolkata Knight Riders.
12.00 M'T **IPL** A replay of Mumbai Indians v Kolkata Knight Riders.
4.10 AM **Best of the IPL 2015**
4.35 **Best of the IPL 2018**
5.00 **Dinesh Karthik Meets**
5.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **DP World Tour Golf** Action from the fourth and final day of the Betfred British Masters Hosted By Danny Willett.
7.00 **DP World Tour Golf** A re-run of the fourth and final day's play of the Betfred British Masters Hosted By Danny Willett at The Belfry in Sutton Coldfield.
11.30 **PGA Tour Golf** Another chance to see the fourth and final day of the Wells Fargo Championship from TPC Potomac at Avenel Farm in Washington, D.C.
5.00 PM **Golf's Greatest Holes**
6.00 **DP World Tour Golf**
7.00 **PGA Tour Golf**
8.00 **DP World Tour Golf** Action from the fourth and final day of the Betfred British Masters Hosted By Danny Willett at The Belfry.
9.00 **PGA Tour Golf** Highlights from the Wells Fargo Championship at TPC Potomac at Avenel Farm.
10.00 **Golf's Greatest Holes**
11.00 **PGA Tour Golf**
12.00 M'T **DP World Tour Golf**
1.00 AM **PGA Tour Classic**
2.00 **DP World Tour Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **DP World Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Premier League Review**
7.00 **WWE NXT Highlights**
8.00 **Premier League**
9.30 **ESPN FC** Football news.
10.00 LIVE **Isuzu UTE A-League Melbourne City v Wellington Phoenix.** Coverage of the Australian top-flight clash from AAMI Park. Kick-off **10.05am**.
12.00 NOON **Vanarama National League** Double bill of action.
3.00 PM **Vanarama National League Highlights**
3.30 **Premier League World**
4.00 **Ligue 1 Highlights**
5.00 **Premier League Review**
6.00 **The Football's On**
7.00 **ESPN FC** Football news.
7.30 LIVE **Serie A Fiorentina v AS Roma.** From Stadio Artemio Franchi. Kick-off **7.45pm**.
9.45 **BT Sport Goals Reload**
10.15 **Canadian Premier League**
10.45 **What I Wore: Andy Robertson**
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown**
1.00 AM LIVE **WWE Monday Night Raw** Wrestling coverage.
4.15 **Boxing: Foreman v Peralta I**
5.00 **to 6.00** AM **Heineken Champions Cup Highlights**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM LIVE **Badminton** Coverage of day two of the BWF Thomas & Uber Cup, taking place at Impact Arena in Bangkok, Thailand.
6.30 PM **PSA Squash** Action from the women's and men's finals at the J.P Morgan Tournament of Champions.
7.30 **FIH Hockey Pro League Magazine** A round-up of the latest news and highlights from the competition.
8.00 **Heineken Champions Cup Highlights** Round seven action.
9.00 **Fishing: On the Bank** Angling magazine show.
10.00 **The Last Dance** 5/10. How Michael Jordan became a global cultural icon unlike any other. **11.00** 6/10. A look at how a revealing book and scrutiny of his gambling put a dent in Michael Jordan's reputation.
12.00 M'T **30 for 30: Sole Man**
1.30 AM **Ligue 1 Highlights**
2.30 **Badminton Unlimited**
3.00 **to 6.00** AM LIVE **Badminton** Coverage of the third day's play of the BWF Thomas & Uber Cup, taking place at Impact Arena in Bangkok, Thailand.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Six editions.
12.00 NOON **Serie A** Venezia v Bologna.
1.00 PM **Serie A** Salernitana v Cagliari.
2.00 **Serie A** Hellas Verona v AC Milan.
3.00 **UEFA Europa League Highlights Show** Recent action.
4.00 **WSL Championship Tour** Action from the elimination rounds at the Margaret River Pro.
5.00 **WSL Championship Tour** Action from rounds 32 & 16 at the Margaret River Pro.
6.00 **WSL Championship Tour** Action from the finals day at the Margaret River Pro.
7.00 **V8 Supercars Highlights** Race 10 of the season in Perth.
8.00 **V8 Supercars Highlights** Races 11 and 12 of the season in Perth.
9.00 **Formula Regional European Championship** Action from the latest round of the Formula Regional European Championship.
9.30 **Ligue 1 Highlights**
10.30 **UFC Main Event** A classic bout.
11.30 LIVE **MLB** Coverage of a Major League Baseball game.
3.00 AM **V8 Supercars Highlights**
5.00 **MotoE Highlights**
5.30 **to 6.00** AM **Vanarama National League Highlights**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights** Baltimore Ravens v Green Bay Packers.
8.00 **Fight Night** Another chance to see the catchweight bout between Amir Khan and Kell Brook.
9.00 **British Basketball** Action from the second semi-final.
11.30 **Darts Gold** Highlights of the 1995 PDC World Darts Championship finals.
12.00 NOON **Good Morning Football**
3.00 PM **Fight Night** A replay of Josh Taylor v Jack Catterall.
4.00 **British Basketball** Action from the second semi-final.
6.30 **NFL Bitesize Highlights**
7.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present.
9.00 **WNBA** A replay of New York Liberty v Connecticut Sun.
10.45 **Top Rank Boxing Archive** The first fight between Thomas Hearns and Iran Barkley from 1988.
11.00 **Fight Night International** Another chance to see Jose Ramirez v Jose Pedraza.
12.00 M'T **Total Access**
1.00 AM **NFL: America's Game** Dallas Cowboys' 1995 Super Bowl victory.
2.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
7.00 **DP World Tour Golf** A replay of the fourth and final day of the Betfred British Masters Hosted By Danny Willett at The Belfry.
11.30 **Ladies European Tour Golf** Action from the fourth and final day of the Madrid Ladies Open.
2.30 PM **Fighting Fit 2020**
3.00 **Netball Superleague** A replay of Manchester Thunder v Team Bath.
5.00 LIVE **Netball Superleague Loughborough Lightning v Team Bath.** Coverage of the match from Sir David Wallace Arena. Centre-pass **5.30pm**.
7.15 **British Basketball** Action from the second semi-final.
9.45 **British Basketball** Action from the opening semi-final.
12.15 AM **My Icon** A chat with Ebony Rainford-Brent.
12.30 **PGA Tour Golf** Highlights from the Wells Fargo Championship at TPC Potomac at Avenel Farm.
1.30 **DP World Tour Golf** Action from the Betfred British Masters Hosted By Danny Willett.
2.30 **IPL** Double bill of highlights.
5.30 **to 6.00** AM **Best of the IPL 2018**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **Motorsport: DTM**
7.30 **ESPN FC** Football news.
8.00 **NCAA Baseball** Georgia Bulldogs v Vanderbilt Commodores.
11.00 **MLB** Action from San Francisco Giants v St. Louis Cardinals.
2.00 PM **MLB Quick Pitch**
3.00 **NCAA Championship** Action from the College Men's Volleyball Championship match.
5.00 **ESPN FC Presents: Gab & Juls**
5.30 **ESPN FC** Football news.
6.00 **MLB** Action from Chicago Cubs v Los Angeles Dodgers.
9.00 **World Series of Poker**
10.00 **ESPN FC Presents: Gab & Juls**
10.30 **NCAA Baseball** Action from UC Irvine Anteaters v UC Santa Barbara Gauchos.
1.30 AM **NCAA Baseball** Kentucky Wildcats v Tennessee Volunteers.
4.30 **World Series of Poker**
5.30 **to 6.00** AM **ESPN FC Presents: Gab & Juls**

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM **Cycling: Giro d'Italia**
8.00 **Giro d'Italia: The Breakaway**
8.30 **Motocross World Champs**
9.00 **Cycling: Four Days of Dunkirk**
10.00 **Cycling: Tour of Greece**
11.00 **Athletics: Boston Marathon**
12.00 NOON **Cycling: Giro d'Italia**
1.00 PM **Giro d'Italia: Breakaway**
1.30 **Roland-Garros**
4.30 **Olympic Games: From the Top**
5.30 **Olympic Games: Her Game**
6.05 **Eurosport News**
6.10 **Triathlon** From Singapore.
7.00 **Fencing: Grand Prix Series**
8.05 **Cycling: Giro d'Italia**
9.00 **Giro d'Italia: The Breakaway**
9.30 **Roland-Garros**
11.30 **Cycling: Giro d'Italia**
12.30 AM **Giro d'Italia: Breakaway**
1.00 **Cycling: Four Days of Dunkirk**
2.00 **British Superbikes**
3.00 **British Superbikes Extra**
4.00 **Cycling: Giro d'Italia**
5.00 **Giro d'Italia: The Breakaway**
5.30 **to 7.00** AM **Roland-Garros**

Eurosport 2

411 411 869 | 522 | 413 436

6.30 AM **Giro d'Italia: Breakaway**
7.00 **British Speedway**
8.00 **Roland-Garros**
10.00 **Formula E** The Diriyah ePrix.
11.00 **Bennetts British Superbikes**
12.00 NOON **British Superbikes Extra** From Silverstone.
1.00 PM **Athletics: Boston Marathon**
2.00 **British Speedway**
3.00 **World Superbikes**
4.00 **World Superbikes Extra**
5.00 **Roland-Garros**
6.30 **British Speedway**
10.00 **Cycling: Giro d'Italia**
11.00 **Giro d'Italia: The Breakaway**
11.30 **Motocross World Championship** From Italy.
12.05 AM **Formula E** Double bill.
2.00 **Cycling: Giro d'Italia**
3.00 **Giro d'Italia: The Breakaway**
3.30 **Olympic Games: Hall of Fame – Beijing 2022** Star performers.
4.30 **Formula E**
5.30 **to 6.30** AM **Cycling: Giro d'Italia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League Highlights**
7.00 **Rugby League Retro**
8.45 **Super League Highlights**
9.45 **Super League's Supermen**
10.15 **WNBA** A replay of New York Liberty v Connecticut Sun.
12.00 NOON **Super League Highlights**
1.00 PM **NBA Basketball**
3.00 **Netball Superleague** A replay of Manchester Thunder v Team Bath.
5.00 LIVE **Netball Superleague Loughborough Lightning v Team Bath.** Coverage of the match from Sir David Wallace Arena. Centre-pass **5.30pm**.
7.15 **NBA GameTime**
7.45 **NBA Basketball** Double bill of NBA play-off action.
11.45 **Super League Highlights**
12.00 M'T **NBA Season Review Show**
12.30 AM LIVE **NBA Basketball** Coverage of a play-off match.
3.00 **Netball Superleague**
5.00 **to 6.00** AM **Super League Highlights**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula 1**
10.30 **George's First Day**
10.40 **Then & Now with Verstappen**
10.50 **Ted & The Tifosi**
11.00 **Formula 1**
12.25 PM **F1 Rivalries**
12.30 **The F1 Show**
1.30 **Formula 1**
2.55 **Ted & the VR Car**
3.00 **Formula 1**
6.00 **The Notebook**
6.30 **Brazil 2008 Revisited**
6.40 **Daniel Ricciardo's NASCAR Run**
6.50 **Golf with Carlos & Lando**
7.00 **Formula 1**
9.15 **Qatar Hot Lap**
9.20 **Naomi & Lewis**
9.30 **Any Driven Monday**
10.45 **George's First Day**
10.55 **F1 Rivalries**
11.00 **Formula 1**
12.00 M'T **The Notebook**
12.30 AM **2021 A-Z of F1**
12.50 **Martin & Stefano**
1.00 **to 6.00** AM **F1: Best of 2021**

Tuesday

10 May

Evening Planner

Entertainment

Eurovision Semi-Final
BBC3, 8pm
Scott Mills and Rylan host the first semi-final from Turin. Among tonight's entries are current favourites, Ukraine

Drama

Life After Life
BBC2, 9pm
The captivating drama draws to a close and Ursula (Thomasin McKenzie) tries to save the country from an inevitable fate

Documentary

Will Young: Losing My Twin Rupert
C4, 10.05pm
The singer talks frankly about his twin Rupert's alcohol addiction and suicide

OnDemand

prime video

Respect
Available today
Jennifer Hudson was handpicked by the Queen of Soul, Aretha Franklin herself, to portray the singer in this remarkable biopic

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 DIY SOS: The Big Build		9.00 Freeze the Fear with Wim Hof		10.00 News; Local News	10.35 Noughts...
102 BBC2	7.00 Rick Stein's Secret France		8.00 Britain's Top Takeaways		9.00 Life After Life		10.00 QI	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Martin Clunes: Islands of Australia †		9.00 The Games		10.15 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great Celebrity Bake Off for...		9.00 Derry Girls	9.35 Hullraisers	10.05 Will Young: Losing My Twin Rupert	
105 CHANNEL 5	7.00 Dogs With Extraordinary Friends		8.00 The Yorkshire Vet		9.00 Jay Blades: No Place Like Home		10.00 The Philpott Fire: 10 Years On	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 The Flash		9.00 Sport's Funniest Moments			
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 Eurovision Song Contest				10.10 Munya and...	10.40 Hot...
116 BBC4	7.00 Return to...	7.30 Walking with...	8.00 Keeping Up...	8.30 Yes, Prime...	9.00 Expedition Volcano		10.00 Your Mum and Dad: A Devastating...	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy		10.00 Plebs	
136 MORE4	◂ 6.55 The Block: Big Renovation Challenge		8.00 Escape to the Chateau		9.00 24 Hours in A&E		10.00 999: What's Your Emergency?	
135 E4	7.00 Hollyoaks	7.30 Big Bang Theory	8.00 Below Deck: Mediterranean		9.00 Celebrity Gogglebox		10.00 Temptation Island	
107 SKY WITNESS	7.00 911 Crisis Centre		8.00 Blue Bloods		9.00 The Equalizer		10.00 Departure	
108 SKY ATLANTIC	◂ 6.50 The Affair		7.55 Game of Thrones		9.00 Julia		10.05 The King	
110 GOLD	7.00 Hi-de-Hi!	7.40 Keeping Up...	8.20 Dad's Army		9.00 The Royle Family		10.20 Not Going Out	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101	8.20 QI		9.00 QI XL		10.00 Question Team	
119 ITV3	◂ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 DCI Banks	
120 ITV4	7.00 The Chase Celebrity Special		8.00 King of the Roads		9.00 Film: The World Is Not Enough			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Longest Yard			
152 SYFY	7.00 Quantum Leap		8.00 Warehouse 13		9.00 Grimm		10.00 Film: Earthstorm	
113 SKY MAX	7.00 Stargate SG-1		8.00 The Flash		9.00 Peacemaker		10.00 Strike Back: Retribution	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Hudson & Rex		9.00 Smother		10.10 Ragdoll	
130 SKY ARTS	7.00 Escher: Journey Into Infinity			8.40 I Am Jackie O			10.20 Regarding Susan...	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Kindig Customs		9.00 Hoffman Family Gold		10.00 Gold Rush: Freddy Dodge's Mine...	
162 ANIMAL PLANET	7.00 Dodo Heroes		8.00 From Wags to Riches		9.00 Pit Bulls & Parolees: Tia's Tales		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Air Crash Investigation		8.00 WWI Wrecks: Draining the Ocean		9.00 Lost on Everest		10.00 Expedition Amelia	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Aliens		9.00 History's Greatest Mysteries		10.00 The Proof Is Out There	
155 YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Scouting for Toys		9.00 Train Truckers		10.00 Bangers and Cash	
121 SKY DOCS	7.00 Exterminate All the Brutes		8.10 The Sixties		9.00 Film: Senna			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.55 12 Mighty Orphans		8.00 Deadlock				9.55 Moonshot	
303 HITS	◂ 6.00 The Fighter		8.00 Promising Young Woman				10.00 One Shot	
304 GREATS	◂ 5.45 The Bodyguard		8.00 The Godfather					
305 ANIMATION	◂ 6.35 Rio		8.15 Happily N'Ever After		9.45 Happily N'Ever After 2			
306 FAMILY	◂ 6.30 Lassie		8.15 Are We Done Yet?				10.00 Look Who's Talking Now	
307 ACTION	◂ 6.00 The Man from U.N.C.L.E		8.00 xXx				10.10 xXx: State of the Union	
308 COMEDY	◂ 6.10 Madea's Family Reunion		8.00 Grown Ups				10.00 Masterminds	
309 THRILLER	◂ 6.00 2 Guns		8.00 Kimi		9.35 Baby Driver			
310 DRAMA	◂ 5.45 Mud		8.00 Chef				10.10 Mandela: Long Walk to...	
311 SCI-FI	◂ 5.50 The Host		8.00 Freaky				10.00 Antlers	
302 MUST SEE MOVIES	◂ 6.00 Old		8.00 A Quiet Place Part II			9.40 Batman v Superman: Dawn of Justice		
313 FILM4	◂ 6.45 The Post				9.00 Gemini Man			
315 TCM MOVIES		7.15 The Adventures of Sherlock Holmes			9.00 Zero Dark Thirty			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News	7.30 Premier League – Live: Aston Villa v Liverpool (Kick-off 8.00)						
402 PREMIER LEAGUE	◂ 6.30 PL Review	7.30 Premier League – Live: Aston Villa v Liverpool (Kick-off 8.00)						
403 FOOTBALL	7.00 MLS...	7.30 WSL	8.00 Scottish...	8.30 EFL Highlights				10.30 Soccer AM...
404 CRICKET		7.15 T20 Blast 2018	8.00 IPL					
413 BT SPORT 1	7.00 Premier League Review		8.00 Heineken Champions Cup Highlights		9.00 WWE Monday Night Raw			
414 BT SPORT 2	◂ 6.30 V8 Supercars Highlights			8.30 Formula...	9.00 WSL Championship Tour		10.15 BT Sport Films	

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **Dom Delivers** (S)(R)(AD)
10.30 LIVE **State Opening of Parliament** The Queen's Speech from Westminster. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Five Bedrooms** New episode *Three Messages:* 7/8. (S2) (S)(AD)
3.00 **Escape to the Country** New edition From Shropshire. (S)
3.45 **Garden Rescue** New edition A global garden in Corby. (S)
4.30 **The Bidding Room** Series finale Items include a 1920s decanter. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Freeze the Fear with Wim Hof

7 PM

7.00 **The One Show** Lauren Laverne and Jermaine Jenas present the show. (S)
7.30 **EastEnders** Phil suggests that Kat re-mortgages the cab office in order to buy the club. (S)(AD)

8 PM

8.00 NEW **DIY SOS: The Big Build** 1/5. Nick Knowles and a team of volunteers help a widow and mother-of-four by finishing the work that her late husband started on their Kettering home, before he died of cancer in November 2021. (S)(AD)

9 PM

9.00 **Freeze the Fear with Wim Hof** New edition 5/6. The celebrities attempt to complete yoga poses on a narrow beam suspended above a frozen waterfall, then try swimming beneath a frozen lake. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Noughts + Crosses** New episode 3/4. A broken agreement leaves Kamal in hospital and forces Callum back underground. (S2) (S)(AD)
■ Entire series on BBC iPlayer
11.25 **Love in the Flesh** 7/8. The penultimate day arrives – the last chance for the couples to cement their bonds. (S)(R)
12.10 AM 8/8. The three strongest couples now remain in the beach house for the finale, with each duo going on their final date to consider their future. (S)(R)
12.45 **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Bidding Room** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Antiques Roadshow** From Dyffryn Gardens. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **James Martin: Home Comforts** Squid with a dipping sauce. (S)(R)
3.00 **Murder, Mystery and My Family** Whether a woman was hanged in 1850 as a result of gossip. (S)(R)
3.45 **Wild UK** Wildlife in cities. (S)(R)
4.15 **Interior Design Masters** (S)(R)(AD)
5.15 **Flog It!** From Ragley Hall. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **My Unique B&B** New edition Simon Parfett and his team create an unusual B&B in Devon. (S)(AD)

11.15 The Man Who Knew Infinity

7 PM

7.00 **Rick Stein's Secret France** 2/6. The chef heads through France's eastern border regions of Alsace and Jura – famous for Comte cheese and home to his favourite French dish of choucroute garni. (S)(R)(AD)

8 PM

8.00 **Britain's Top Takeaways** New edition 2/8. As the contest takes on an Indian theme, Sara Cox and Darren Harriott welcome competitors from areas including Edinburgh, Newcastle and Bradford. (S)
■ Continues tomorrow

9 PM

9.00 **Life After Life** Series finale 4/4. Ursula grapples with life and death during the Blitz. (S1) (S)(AD)
■ Entire series on BBC iPlayer
9.55 **The Archiveologists** 2/6. A parody of a 1980s safety video. (S)(R)

10 PM

10.00 **QI** Guests Sara Pascoe, Colin Lane and Jimmy Carr join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **The Man Who Knew Infinity** Drama starring Jeremy Irons and Dev Patel. The story of the life and academic career of the pioneer Indian mathematician Srinivasa Ramanujan, and his friendship with his mentor. (S) (2015, 12, 105min) ★★★
1.00 AM **Sign Zone: Muhammad Ali** 6&7/8. Double bill. (S)(R)(AD)
2.35 **Sign Zone: MasterChef** (S)(R)(AD)
3.35 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Wolverhampton, where items of interest include a miners' lamp, a Scottish drinking vessel and a lot of gold items. (S)(R)
3.00 **Tenable** Warwick Davis hosts as a team of five singers answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Games

7 PM

7.30 **Emmerdale** A gun is taken, leaving a mystery person armed, Noah panics, and Faith causes chaos. (S)(AD)

8 PM

8.00 **Martin Clunes: Islands of Australia** 2/3. The actor travels to the Tiwi Islands, swims with a whale shark, visits the Houtman Abrolhos, and samples life on Rottnest Island. (S)(R)(AD)

9 PM

9.00 **The Games** New edition 2/5. Holly Willoughby and Andrew Flintoff present coverage of the second night of the contest, including the men's canoe slalom and the final round of the mixed synchronised diving. (S)
■ Continues tomorrow

10 PM

10.15 **ITV News** (S)
10.45 **Local News** (S)
11.00 NEW TO ITV **Against the Odds** *Creating Belief:* The story of Johnny Murtagh, who became one of flat racing's most successful jockeys despite a mental battle that saw him confront alcoholism and issues maintaining a low body weight. *Previously on ITV4.* (S)
12.00 M'T **Shop: Ideal World**
3.00 AM **Loose Women** (S)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** (SL)(R)

+1 hour | 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 4&5/26. (S5) (S)(R)
7.35 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 12-14/24. (S5) (S)(R)(AD)
10.30 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Couples Come Dine with Me** From Birmingham. (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition Transforming a family home in Middlesbrough. (S)
5.00 **Sun, Sea and Selling Houses** Finding a home in Alicante. (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** John Paul faces a moral dilemma over whether to give into James' demands. (S)(AD)

9.00 Derry Girls

7 PM

7.00 **News** (S)

8 PM

8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** 3/5. Tan France, Caroline Quentin, Joel Dommett and Johanna Konta take part in the charity culinary challenge, preparing their greatest fears in cake form. (S)(R)(AD)

9 PM

9.00 **Derry Girls** New episode 5/6. Ma Mary and Aunt Sarah prepare for a school reunion. (S3) (S)(AD)
9.35 **Hullraisers** New episode 5/6. Toni agrees to run a baked goods stall at the school fair. (S1) (S)(AD)
■ Entire series available on All4

10 PM

10.05 NEW **Will Young: Losing My Twin Rupert** Singer Will Young sets out to understand the impact addiction can have on families, having lost his twin brother Rupert to alcoholism in 2020. (S)(AD)
11.10 **Gogglebox** Double bill. (S)(R)
1.05 AM **Chivalry** 4/6. Bobby and Cameron support Jean's charitable efforts, and Noah gets into a sticky situation at school. (S1) (S)(SL)(R)
1.30 **Ramsay's Hotel Hell** (S)(R)(AD)
2.20 **Wife Swap USA** (S)(SL)(R)
3.05 **Come Dine with Me** (S)(SL)(R)
4.00 **The Queen's Lost Family** (S)(R)
4.55 **Location, Location, Location** (R)
5.50 **to 6.05** AM **Kirstie's Vintage Gems** (S)(R)

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Litter Louts: At War with the Law** New edition Harrow waste enforcement officer Joe chases a serial fly-tipper. (S)
1.10 **News** (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **My Daughter's Stalker** Mystery thriller starring Karynn Moore and Jade Harlow. (S) (2020, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Simon Duggan follows his dream of becoming a photographer. (S)
5.00 **News** (S)
6.00 **Neighbours** Nicolette sets out to find Glen's ex. (S)(R)
6.30 **Eggheads** New edition Quiz. (S)

9.00 Jay Blades: No Place Like...

7.00 **Dogs With Extraordinary Friends** New edition The stories of unlikely companionships between canines and other species. (S)(AD)
7.55 **News** (S)
8.00 **The Yorkshire Vet** New edition 3/12. A three-week-old lamb with a swollen leg is brought into the practice to see Peter, and a greyhound with a badly broken leg requires complex surgery. (S)(AD)
9.00 **Jay Blades: No Place Like Home** New edition 2/3. Jay discovers how his old road was transformed by a V-1 rocket during World War Two, and uncovers the rich history of a local theatre. (S)
10.00 NEW **The Philpott Fire: 10 Years On** A look at the events surrounding the arson attack by Mick and Mairead Philpott that killed six of their children, with interviews from friends and family. (S)
11.30 **Born to Kill?** The case of serial killer Dennis Nilsen. (S)(R)
12.30 AM **999: Criminals Caught on Camera** Real-life crimes. (S)(R)
1.25 **LeoVegas Live Casino Show**
3.25 **Entertainment News** (S)
3.35 **Cruising with Susan Calman** The Panama Canal. (S)(R)
4.20 **Get Your Tatts Out: Kavos Ink** Reality series. (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Orangutan Jungle School** (R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 15/20. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S10) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **S.W.A.T.** 18/21. (S3) (S)(R)(AD)
3.00 **Modern Family** (S8) (S)(R)
4.00 **Will & Grace** (S7) (S)(R)
5.00 **The Simpsons** *The Parent Rap:* A judge rules that Homer is a negligent father. (S)(R)
5.30 **The Fresh Prince of Bel Air** 6/24. The richest girl at school showers Will with gifts. (S)(R)
6.00 7/24. Will is arrested for unpaid parking fines. (S3) (S)(R)
6.30 **The Simpsons** *Brawl in the Family:* Homer's Las Vegas 'wife' turns up. (S)(R)

8.00 The Flash

7.00 **The Simpsons** *Sweets and Sour Marge:* Marge launches an anti-sugar campaign. (S)(R)
7.30 *Jaws Wired Shut:* Homer has his jaw wired shut and discovers the joys of listening. (S)(R)
8.00 **The Flash** New episode *Lockdown:* 7/18. A criminal holds everyone hostage when he breaks into CCPD, meaning Barry and Kramer must rely on each other if they are to make it out safely. (S8)
9.00 **Sport's Funniest Moments** From football to F1 and cricket to golf, enjoy some of the funniest and most farcical moments from the sporting world, in the company of the likes of James Haskell and Chris Kamara. (S)(R)(AD)
11.00 **Peacemaker** 8/8. The team must kill the cow before the aliens can finish its teleportation. (S1) (S)(R)
12.00 M'T **A League of Their Own Road Trip: Dingle to Dover** (R)
1.00 AM **Road Wars** (S)(R)
2.00 **The Force: Manchester** (S)(R)
3.00 **Hawaii Five-0** 5/22. (S4) (S)(R)
4.00 **S.W.A.T.** (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.00-7.30pm River City (S)(R) **11.25** The Edit (S)(R) **11.40** Love in the Flesh (S)(R) **1.00am** Weather for the Week Ahead (S) **1.05-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm NEW SERIES The Airport: Back in the Skies (S)(AD) **11.05** Noughts + Crosses New episode (S)(AD) **12.00m't** Love in the Flesh (S)(R) **1.15-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.25pm Rookie Cops (S)(R) **11.55** Love in the Flesh (S)(R) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
1.45pm First Minister's Questions (S) **2.35** Eggheads (S)(R) **3.05** James Martin: Home Comforts (S)(R)(AD) **3.50** Murder, Mystery and My Family (S)(R)(AD) **4.35** Interior Design Masters (S)(R)(AD) **5.35-6.00pm** A to Z of TV Gardening (S)(R)

ITV

As main ITV except:

WALES
8.00pm Wales This Week New edition (S) **8.30-9.00pm** Coast & Country (S)(R)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Codi Hwyl **12.30** Ffermio **1.00** Prynhawn Da New edition **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Giro d'Italia **4.30** Crads Bach y Traeth **4.35** Jamborî **4.45** Deian a Loli **5.00** Stwnsh **6.00** Natur Gudd Cymru (AD) **6.30** Ffilmiau Ddoe New edition **6.35** Bex Series finale **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Ffit Cymru New edition **10.00** Seiclo: Giro d'Italia **10.30** NEW SERIES Rocco Schiavone **11.30pm-12.05am** Nyrsys

TV&Satellite week
New issue on sale today

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition The contestants have to follow 90 steps of a recipe.
7.50 **The Catch Up**
7.55 **Corey Baker's Dance Race**
8.00 LIVE **Eurovision Song Contest** Scott Mills and Rylan Clark host the first semi-final from Turin, Italy.
10.10 **Munya and Filly Get Chilly** New edition 5/6. Munya Chawawa and Yung Filly practice yoga.
10.40 **Hot Property** New edition *Love Island* star Scott Thomas looks for someone to take him out of his comfort zone.
11.10 **Press X to Continue** New edition Gaming show.
11.20 **Gassed Up**
12.05 AM **Peacock**
12.30 **Munya and Filly Get Chilly**
1.00 **Hot Property**
1.30 **Professor Green: Suicide and Me** Documentary.
2.30 **Meet the Khans: Big in Bolton** Reality series.
3.00 **Gassed Up**
3.45 **to 3.55** AM **Zen Motoring**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Return to Pembrokeshire Farm** Griff faces roofing problems.
7.30 **Walking with Kate Garraway** The broadcaster walks through the Cotswolds.
8.00 **Keeping Up Appearances** Hyacinth and Richard take over a country cottage.
8.30 **Yes, Prime Minister** Jim wants to reform the system of local government.
9.00 **Expedition Volcano** 1/2. Volcanoes in the Democratic Republic of Congo.
10.00 NEW **Your Mum and Dad: A Devastating Truth** Film-maker Klaartje Quirijns explores a secret in her own family history.
11.15 **Dame Kelly: The Power of Parkrun**
11.45 **Opera Mums with Bryony Kimmings**
12.45 AM **College Behind Bars: Storyville** Documentary.
1.40 **Return to...** As 7.00pm.
2.10 **Walking with Kate...**
2.40 **to 3.40** AM **Expedition Volcano**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's House of Craft**
9.15 **A Place in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Find It, Fix It, Flog It** Henry Cole and Simon O'Brien make a table from part of Southend pier.
5.55 **Escape to the Chateau: DIY** Wendy and Marcus give their wedding barn a last-minute makeover for a steampunk-themed wedding vow renewal.
6.55 **The Block: Big Renovation Challenge** New edition The couples are assigned their apartments and start work on the master en suite.
8.00 **Escape to the Chateau** The temperatures soar as Dick and Angel face the busiest period of the year, as the school holidays coincide with peak wedding season.
9.00 **24 Hours in A&E** A 15-year-old is rushed in after going over the handlebars of his bike.
10.00 **999: What's Your Emergency?** The growing lack of respect police officers face on the streets.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
2.15 **999: What's Your Emergency?**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Black-ish**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 NEW SERIES **The Neighborhood** 1&2/18. Double bill of episodes. (S3)
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes of the sitcom.
7.00 **Hollyoaks** Sam and Zoe decide to make some changes to their relationship.
7.30 **The Big Bang Theory** 19/24. Raj dates Lucy and Emily at the same time. (S7)
8.00 **Below Deck: Mediterranean** New edition Chef Mathew struggles to please a difficult charter guest.
9.00 **Celebrity Gogglebox** Famous faces appraise *Celebrity SAS: Who Dares Wins* and *Changing Rooms*.
10.00 **Temptation Island** New edition 6/12. Thomas is surprised by footage of Chelsea and Blake.
11.10 **Naked Attraction**
1.20 AM **First Dates**
2.20 **Below Deck: Mediterranean**
3.15 **Celebrity Gogglebox**
4.10 **The Goldbergs**
5.00 **to 6.00** AM **Black-ish**

+1 hour 235 | 146 | 30 | 123

Tuesday primetime

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **911 Crisis Centre**
7.00 **Nothing to Declare**
8.00 **Border Patrol**
9.00 **UK Border Force**
10.00 **911 Crisis Centre**
11.00 **Law & Order** 9/24. A jeweller is shot in Times Square. (S15)
12.00 NOON **Bull** 18/22. Bull's romantic rival, Diana Lindsay, jeopardises her career. (S3)
1.00 PM **Blue Bloods** (S9)
3.00 **Paramedics Australia**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 The Equalizer

7 PM

7.00 **911 Crisis Centre** New editions Double bill of the series following the work of an emergency dispatch centre in Ohio.

8 PM

8.00 **Blue Bloods** *Spilling Secrets:* 5/16. Eddie and Rachel Witten find themselves accused of faking an attack. (S11)

9 PM

9.00 **The Equalizer** New episode *Hard Money:* 15/18. McCall asks her ex-husband for help with a gunshot victim. (S2)

10 PM

10.00 **Departure** *Grounded:* 5/6. An unlikely source has proof of a conspiracy to cover up the truth about the crash. (S1)
11.00 **Law & Order: SVU** (S13)
12.00 M'T **The Rookie** 12/20. (S2)
1.00 AM **Grey's Anatomy** (S18)
2.00 **Station 19** (S5)
3.00 **Bull** 18/22. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town**
7.55 **Big Love** 7&8/9. (S4)
10.05 **The Affair** 1&2/12. (S2)
12.15 PM **Game of Thrones** (S2)
1.20 **Six Feet Under** (S4&5)
3.30 **Boardwalk Empire** 7/12. Margaret is reunited with the family she left behind. **4.35** 8/12. Nucky seeks advice from Rothstein. (S2)
5.45 **The Affair** 3/12. Alison makes some surprising realisations about sustaining a marriage. **6.50** 4/12. Helen's mistake has big consequences. (S2)

9.00 Julia

7.55 **Game of Thrones** *A Man Without Honour:* 7/10. Theon embarks on a hunt as he tries to prove his Ironborn status, and Daenerys receives a useful invitation. (S2)

9.00 **Julia** Series finale *Chocolate Souffle:* 8/8. Julia's decision to end the show shocks the staff of WGBH and Paul. (S1)

10.05 **The King** 4/8. Everyone is a suspect as Bruno fills the Islamic wing with hidden micro-cameras. Subtitled. (S1)
11.05 **Band of Brothers** 3/10. Easy Company take Carentan. **12.15** AM 4/10. A group of inexperienced paratroopers join Easy Company. (S1)
1.20 **Big Love** 5&6/9. (S4)
3.30 **In Treatment** (S2)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S7)
8.00 **The Flash** 14/23. (S1)
9.00 **DC's Legends of Tomorrow**
10.00 **Supergirl** 15/20. (S1)
11.00 **NCIS: Los Angeles** (S10)
1.00 PM **Hawaii Five-0** 5/22. (S4)
2.00 **S.W.A.T.** 18/21. (S3)
3.00 **DC's Legends of Tomorrow**
4.00 **The Flash** 15/23. (S1)
5.00 **Supergirl** 15/20. (S1)
6.00 **Stargate SG-1** 14/22. The team return to the planet of Kelowna to rescue it from destruction. (S7)

9.00 Peacemaker

7.00 **Stargate SG-1** *Chimera:* 15/22. Daniel comes face to face with the Goa'uld, who have taken his ex-girlfriend as a host. (S7)

8.00 **The Flash** New episode *Lockdown:* 7/18. A criminal holds everyone hostage when he breaks into CCPD. (S8)

9.00 **Peacemaker** Series finale *It's Cow or Never:* 8/8. The team must kill the cow before the aliens can finish its teleportation. (S1)

10.00 **Strike Back: Retribution** 9/10. Section 20 run into trouble as they race to get Idrisi back across Europe. (S6)
11.00 **SEAL Team** 14/14. Bravo must make a daring escape. (S5)
12.00 M'T **A League of Their Own Road Trip: Dingle to Dover** Previously unseen moments.
1.00 AM **Road Wars**
2.00 **The Force: Manchester**
3.00 **Hawaii Five-0** 5/22. (S4)
4.00 **S.W.A.T.** 18/21. (S3)
5.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Highlights**
7.30 **The Ellen DeGeneres Show**
8.25 **You've Been Framed! Attacks**
9.20 **Hart of Dixie** 1/22. (S2)
10.15 **One Tree Hill** 1/23. (S2)
11.10 **The O.C** 23/27. (S1)
12.00 NOON **Secret Crush**
1.05 PM **Dress to Impress**
2.05 **The Ellen DeGeneres Show** New edition Robin Roberts.
3.00 **Hart of Dixie** 2/22. (S2)
4.00 **One Tree Hill** 2/23. (S2)
5.00 **The O.C** 24/27. (S1)
6.00 **Celebrity Catchphrase**

3.00 Hart of Dixie

7.00 **Superstore** 6/21. Amy sets up a haunted house. **7.30** 7/21. Jonah and Glenn help Amy to look like a tough boss. (S5)

8.00 **Bob's Burgers** 7/22. Bob and Linda attend a party on a stormy night. **8.30** 8/22. The gas goes out on Thanksgiving. (S10)

9.00 **Family Guy** 5/20. Peter makes a realisation. **9.30** 6/20. Peter's estranged sister Karen arrives in Quahog. (S14)

10.00 **Plebs** 5/8. The boys try to get big drinkers to the bar. **10.30** 6/8. The boys begin an archaeological dig in their bar. (S5)
11.00 **Family Guy** 15/20. (S18)
11.30 **American Dad!** (S15)
12.25 AM **Bob's Burgers** (S10)
1.25 **Superstore** (S5)
2.20 **Totally Bonkers Guinness World Records** Featuring the world's oldest gymnast.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **On the Buses**
9.15 **The Darling Buds of May**
11.35 **Heartbeat**
1.45 PM **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *Nemesis:* The spinster sleuth is sent on a mysterious mission.
5.50 **Heartbeat** *Leaving Home:* An ex-soldier visits Aidensfield on holiday and his daughter strikes up a relationship with a local farm hand.

3.50 Agatha Christie's Marple

6.55 **Heartbeat** *Fool for Love:* Nick tries to help a woman who claims she is being harassed by a mysterious stalker.

8.00 **Midsomer Murders** *Tainted Fruit:* A socialite is found dead next to the swimming pool of her manor house – following a series of threats against her. Barnaby and Troy are forced to dive deep into a dark world of adultery and deceit.

10.00 **DCI Banks** *Friend of the Devil – Part One:* 3/6. Cabbot investigates the murder of a woman found dead on the moors. (S1)
11.05 **DCI Banks** *Friend of the Devil – Part Two:* 4/6. The detective investigates the murder of one of his team. (S1)
12.05 AM **Inspector Morse** *Who Killed Harry Field?* An artist is found murdered.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **LIVE Sportscene: Championship Play-off** Coverage of the Premiership Play-Off semi-final first leg, as one Championship team will move a step closer to a shot at the top division.
9.00 **The Nine**
10.00 **NEW SERIES Darren McGarvey's Addictions** 1/3. The presenter explores Scotland's dangerous love affair with alcohol, and tries to understand why so many are drinking themselves to death.
11.00 PM **to 12.00** M'T **Inside Central Station** 2/6. Staff help to arrange a marriage proposal under the station's famous clock, while the Caledonian Sleeper is taking one brave young passenger to London.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Everybody Hates Chris** 19&20/22. (S2)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S3)
11.30 **The Office (US)** (S2)
12.00 NOON **The Mindy Project** 15&16/26. (S4)
1.00 PM **Curb Your...**
2.20 **Sex and the City** (S2)
3.00 **Modern Family** (S8)
4.00 **Will & Grace** (S7)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S3)
8.00 **30 Rock** 7&8/23. (S5)
9.00 **Wellington Paranormal** Series finale 6/6. (S4)
9.30 **Los Espookys** 6/10. (S1)
10.00 **And Just Like That...**
11.30 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.30 AM **The Late Late Show with James Corden** New edition
1.30 **Curb Your Enthusiasm**
2.50 **Black Monday** (S2)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Highlights**
8.00 **Great Film Composers: The Music of the Movies**
9.00 **Tales of the Unexpected**
10.00 **Discovering: Sally Field**
11.00 **Run-DMC: Music Icons**
11.30 **Video Killed the Radio Star** Britney Spears.
12.00 NOON **Munch from the Munch Museum and National Gallery, Oslo**
1.00 PM **Tales of the...**
2.00 **From the Vaults**
3.00 **Goya: Visions of Flesh and Blood**
4.00 **Tales of the Unexpected**
5.00 **Discovering: Tom Hanks**
6.00 **Portrait Artist 2017**
7.00 **NEW Escher: Journey Into Infinity**
8.40 **I Am Jackie O**
10.20 **Regarding Susan Sontag** Documentary.
12.10 AM **FILM Anvil! The Story of Anvil** (2008, 15, 90min) ★★★★
1.45 **Off Camera**
3.05 **King for a Term**
3.35 **to 6.00** AM **Highlights**

Pick

159 156 | 36 | 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **UK Border Force**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S4)
5.00 **Star Trek: The Next Generation** 8/26. (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Hawaii Five-0** (S3)
8.00 **Snapped**
9.00 **FBI** 12/22. (S1)
10.00 **Grimm** 1/22. (S4)
11.00 **Murders That Shocked the Nation** The hunt for Raymond Leslie Morris.
12.00 M'T **How I Caught the Killer** A missing persons case from 1981.
1.00 AM **Caribbean Cops**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Younger** (S6)
9.00 **The Middle** (S2)
11.00 **My Wife and Kids** (S2)
1.00 PM **Friends** (S2&3)
7.00 **Friends** 9/25. Ross and Monica become rivals. **7.30** 10/25. Rachel quits her waitressing job. **8.00** 11/25. Rachel's new friend sends Ross into a jealous frenzy. **8.30** 12/25. Joey has an audition for a Broadway musical. (S3)
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler, Chris Rock and Burt Reynolds. (2005, 12, 113min) ★★
11.15 **Jimmy Carr: Stand Up** From London's Bloomsbury Theatre.
12.15 AM **Key & Peele**
1.15 **The Ricky Gervais Show**
2.15 **Impractical Jokers**
3.15 **The Daily Show** New edition Talk show.
3.50 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **Olivia Meets Her Match** Reality series.
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Real Housewives of New York City**
1.25 **Olivia Meets Her Match**
2.25 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Beverly Hills**
6.00 **Making It Home with Kortney & Kenny**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Atlanta** New edition Cynthia grapples with a difficult decision.
10.00 **Botched**
11.00 **Million Dollar Matchmaker**
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **River Monsters**
6.25 **The Saint**
7.15 **Robin of Sherwood**
8.10 **The Avengers**
9.15 **The Professionals**
10.20 **Minder**
11.25 **The Saint**
12.35 PM **Giant Lobster Hunters**
1.35 **The Adventures of Sherlock Holmes**
2.40 **The Avengers**
3.45 **The Professionals**
4.55 **Minder**
6.00 **Giant Lobster Hunters**

7.00 The Chase: Celebrity

7.00 **The Chase Celebrity Special** Russell Kane, Leonie Elliott, Kevin Clifton and Bonnie Langford take part.

8.00 **King of the Roads** Thrills and spills from the Cookstown 100, which is celebrating its centenary year

9.00 FILM **The World Is Not Enough** James Bond action thriller starring Pierce Brosnan. Agent 007 attempts to protect the daughter of an assassinated oil magnate from a terrorist. (1999, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **All Elite Wrestling: Rampage** Hard-hitting, high-flying wrestling action.
12.40 AM FILM **Sudden Death** Action thriller starring Jean-Claude Van Damme. (1995, 18, 110min) ★★★
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** (S3)
7.00 **Star Trek: Deep Space Nine**
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S3)
12.00 NOON **Stargate Atlantis** (S5)
1.00 PM **Blood & Treasure** (S1)
2.00 **V** 1/12. Sci-fi drama. (S1)
3.00 **Warehouse 13** As 8.00pm.
4.00 **Stargate Atlantis** 14/20. (S5)
5.00 **Stargate SG-1** 3/22. (S5)
6.00 **Star Trek: Deep Space Nine** 3/26. Part three of three. Kira and Dax embark on a desperate mission. (S2)

10.00 Earthstorm

7.00 **Quantum Leap** *Shock Theatre:* 22/22. Sam occupies the body of a manic depressive in a mental institution. (S3)

8.00 **Warehouse 13** *Implosion:* 8/13. The agents meet a rival artefact seeker while trying to track down a samurai sword. (S1)

9.00 **Grimm** *Highway of Tears:* 6/22. Nick and Juliette undergo a ritual to restore his powers. (S4)

10.00 FILM **Earthstorm** Sci-fi action drama starring Stephen Baldwin. (2006, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Spides** 6/8. Nora discovers the programme of alien infiltration. (S1)
1.00 AM **Stargate SG-1** (S5)
2.00 **Stargate Atlantis** (S5)
3.00 **Star Trek: Deep Space Nine**
4.00 **Star Trek: Voyager** (S3)
5.00 **to 6.00** AM **V**

+1 hour 229

Alibi

109/110 809 126 212

7.10 AM **Murdoch Mysteries** (S5)
9.00 **Unforgettable** 13/13. (S4)
10.00 **Major Crimes** 13/21. (S5)
11.00 **Rizzoli & Isles** 10/18. (S6)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S15)
4.00 **The Doctor Blake Mysteries**
5.00 **Major Crimes** 13/21. Buzz's search for his father's killer comes to an end. (S5)
6.00 **Death in Paradise** 4/8. Dwayne receives a message from beyond the grave. (S5)

9.00 Smother

7.00 **Rizzoli & Isles** *Sister Sister:* 10/18. The team investigate when dog trainer is found dead in her home. (S6)

8.00 **Hudson & Rex** *Origin Story:* 1/16. Charlie recounts the first case that he and Rex ever solved together. (S3)

9.00 **Smother** Series finale 6/6. Conclusion of the thriller starring Dervla Kirwan. Val is determined to confront Alanna once and for all. (S2)
10.10 **Ragdoll** 6/6. Baxter and Edmunds are faced with a difficult decision. (S1)

11.10 **Death in Paradise** As 6pm.
12.10 AM **The Doctor Blake Mysteries** 1/10. First episode of the detective drama. A girl's body is found in a lake. (S1)
1.10 **Father Brown**
2.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 343 358

7.20 AM **Highlights**
9.10 **Hi-de-Hi!**
9.50 **Only Fools and Horses**
10.30 **Last of the Summer Wine**
11.50 **Keeping Up Appearances**
12.30 PM **Dad's Army**
1.10 **Hi-de-Hi!**
1.50 **2point4 Children**
2.30 **Desmond's**
3.05 **Keeping Up Appearances**
3.45 **The Good Life**
4.25 **Last of the Summer Wine**
5.45 **Only Fools and Horses**
6.25 **Desmond's**

11.00 Live at the Apollo

7.00 **Hi-de-Hi!** The new controller wreaks havoc at Maplins.
7.40 **Keeping Up Appearances** Hyacinth plans a special event.
8.20 **Dad's Army** The air-raid wardens are forced to share the church hall with the Home Guard.

9.00 **The Royle Family** The Royles celebrate Antony's 18th birthday.
9.40 It's Sunday afternoon in the house of the couch-potato clan and Nana calls round.
10.20 **Not Going Out** A death in the family brings Tim and Kate closer.

11.00 **Live at the Apollo** Wtih Frankie Boyle and Aisling Bea.
12.00 M'T **Peep Show**
12.35 AM **Desmond's**
1.10 **The Royle Family**
2.35 **Not Going Out**
3.05 **Peep Show**
3.30 **to 4.00** AM **Desmond's**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.00 AM **Supercar Customiser**
7.35 **Modern Wheels or Classic Steals** A car for a young DJ.
8.00 **Top Gear** With Gregory Porter.
9.00 **Storage Hunters UK**
10.00 **Sin City Motors**
11.00 **Most Dangerous Roads**
12.00 NOON **Bangers and Cash**
1.00 PM **Fast Justice**
2.00 **Top Gear** With Matt Baker.
3.00 **Rick's Mediterranean Escapes**
4.00 **Bangers and Cash**
5.00 **Rick's Mediterranean Escapes**
6.00 **Taskmaster**

10.00 Question Team

7 PM

7.00 **Richard Osman's House of Games** With Stuart Maconie and Lou Sanders.
7.40 **Room 101** Frank Skinner invites Bill Turnbull, Ben Miller and Jo Brand to discuss their pet hates.
8.20 **QI** With guest panellists Josh Widdicombe, Susan Calman and Rich Hall.

9 PM

9.00 **QI XL** Guests Noel Fielding, Ross Noble and Colin Lane join regular panellist Alan Davies and host Stephen Fry.

10 PM

10.00 **Question Team** Richard Ayoade is joined by Alex Brooker, Sarah Kendall, Ria Lina and special guest David O'Doherty.

11.00 **Meet the Richardsons at Christmas** Lucy gets drunk.
11.40 **QI** With Sarah Millican.
12.20 AM **Big Zuu's Big Eats**
1.00 **Have I Got a Bit More News for You** Jo Brand hosts.
2.00 **Room 101** Highlights show.
3.05 **to 4.00** AM **QI**

+1 hour 211 131 74

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Message from Nam**
11.50 **GREAT! Movie News**
12.00 NOON **Murder, She Wrote** Mystery drama.
1.00 PM **Perception** (S2)
2.00 **Body of Proof** 9/9. (S1)
3.00 **Castle** 19/24. (S2)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 4/25. Frank tries to recover his love letters. **8.30** 5/25. Hawkeye's father is mistakenly informed that his son has been killed. (S4)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz show.
1.00 AM **M*A*S*H** (S4)
3.00 **Hart to Hart** (S4)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** Double bill.
11.30 **Great House Giveaway**
12.30 PM **A Place in the Sun**
1.30 **A Place in the Sun: Home or Away**
2.30 **Sun, Sea and Selling Houses** From Almería.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **The Great Home Transformation**
8.00 **Grand Designs**
9.00 **Grand Designs: The Streets**
10.00 **Celebrity Bake Off for Stand Up to Cancer**
11.10 **Derry Girls** 5/6. (S3)
11.45 **The Spy Who Died Twice** Documentary.
12.50 AM **Will Young: Losing My Twin Rupert**
1.55 **The World's Most Extreme** Bridges.
2.55 **Open House: The Great Sex Experiment**
3.55 **to 4.55** AM **24 Hours in A&E**

5USA

141 141 153 21 129

9.00 AM **NCIS** 12-14/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Double Trouble:* 4/24. Vance investigates a murder that seems to be connected to his past. **7.00** *Lockdown:* 5/24. Armed men storm a pharmaceutical lab. **8.00** *Viral:* 6/24. A petty officer is shot dead in a manner matching the modus operandi of the Tri-State Sniper. (S13)
9.00 **Law & Order: Criminal Intent** *Players:* 17/22. A judge's son is found murdered. **10.00** *Silencer:* 18/22. Goren and Eames investigate the murder of a surgeon. (S6)
11.00 **Law & Order: Special Victims Unit** (S18&16)
2.50 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.05 **Rich Kids Go Skint**
8.55 **Room to Improve**
10.00 **Bargain-Loving Brits in the Sun** Documentary.
11.00 **Filthy Britain SOS**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **Inside Asda: Bigger, Better, Cheaper?**
8.00 **Big Birthers: On the Maternity Ward**
9.00 **Ambulance: Code Red** New edition
10.00 **A&E After Dark**
11.05 **Casualty 24/7: Every Second Counts**
12.05 AM **Babies 24/7: The Maternity Ward**
1.05 **Don't Tell the Doctor**
2.05 **Skin A&E**
3.10 **Neighbours**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228 186 141

W

132 827 125 211 25 156

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **Inside the Ambulance** Double bill.
2.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
8.00 **17 Kids and Counting**
9.00 **Louis Theroux's African Hunting Holiday** Louis travels to South Africa's Limpopo province to investigate the district's game hunting businesses.
10.20 **Date Night** New editions Double bill of the Australian dating show.
11.20 **Nurses on the Ward**
12.20 AM **Stacey Dooley: Face to Face with the Bounty Hunters**
1.30 **Stacey Dooley in the USA** Documentary.
2.20 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.00 AM **Ever Decreasing Circles** Classic sitcom.
7.45 **Bergerac**
8.40 **The Bill**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Bergerac**
3.25 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Ever Decreasing Circles**
6.00 **Butterflies**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *Foreign Bodies:* A body is found washed up on a beach – the first in a spate of mysterious and seemingly unrelated deaths.
10.00 **New Tricks** *The Sins of the Father:* Brian believes his days with Ucos are numbered.
11.10 **Silent Witness**
1.20 **to 4.00** AM **Dalziel & Pascoe**

+1 hour 243 226 60

TUESDAY

Tuesday

Documentaries

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 16/19. (S7)
12.00 NOON **Medium** (S2)
1.00 PM **JAG** 14&15/24. (S3)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy**
9.00 **Medium** *The Darkness Is Light Enough:* 20/22. Allison dreams a woman is being watched by a stranger in her room. Guest stars Molly Ringwald. (S2)
10.00 **Unsolved Mysteries** Accounts of a ghostly submarine from World War Two. Plus, a look at the work of psychic investigator Nancy Myer. **11.00** The mysterious death of 1960s music producer Bobby Fuller.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **The Jury Room**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S4)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 3&4/27. (S4)
3.00 **CSI: NY** 21/23. (S1)
4.00 **NCIS** 20/24. (S12)
5.00 **The Fugitive** (S4)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** *Plague:* 5/27. A dairy farm puts lives at risk. **8.00** *Redemption:* 6/27. Alex's estranged father defends the head of a crime ring. (S4)
9.00 **CSI: NY** *On the Job:* 21/23. Mac fights to clear Danny's name. (S1)
10.00 **NCIS** 20/24. (S12)
11.00 **Diagnosis Murder** (S5)
1.00 AM **Walker, Texas Ranger** 5&6/27.
2.55 **JAG** 14/24. (S4)
3.50 **Donal MacIntyre: Unsolved** Factual crime.
4.35 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Double bill.
6.00 **Pointless** Quiz show.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show.
8.00 **The Chase** Double bill. Bradley Walsh presents as four contestants work as a team to take on quiz genius The Chaser and secure a cash prize.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Life of Kylie**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Wags**
12.00 NOON **News: Daily Pop**
1.00 PM **Keeping Up with the Kardashians**
7.00 **Botched** Dr Terry Dubrow transforms a woman's chest. **8.00** Terry makes a breast cancer survivor feel whole again.
9.00 **Keeping Up with the Kardashians** The girls dress in skimpy clothes for a photo shoot. **9.30** Kim poses for a *Playboy* photo shoot.
10.00 **Nightly Pop**
10.30 **Dating: No Filter**
11.00 **Wags: LA**
12.00 M'T **Dr 90210**
1.00 AM **Life of Kylie**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Giuliana and Bill**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **First Ladies**
7.00 **Discovering: Lauren Bacall**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Exterminate All the Brutes** Documentary.
11.10 **The Sixties**
12.00 NOON **The Apollo**
2.00 PM **Mother Teresa: For the Love of God**
3.00 **The Lady and the Dale**
4.00 **Discovering: Lauren Bacall**
5.00 **The Directors**
6.00 **Urban Secrets**
7.00 **Exterminate All the Brutes** Documentary.
8.10 **The Sixties**
9.00 **FILM Senna** Documentary about Formula 1 racing driver Ayrton Senna. (2010, 12, 105min) ★★★★
11.00 **The Lady and the Dale**
12.10 AM **I AM Duran**
1.40 **Risky Drinking**
3.10 **Simple as Water**
5.00 **to 6.00** AM **The Sixties**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Battle of the Alphas**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School** Documentary.
9.00 **Africa's Hunters**
10.00 **Arctic Secrets**
11.00 **Great Blue Wild**
12.00 NOON **Mysteries of...**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **Africa's Hunters**
4.00 **Arctic Secrets**
5.00 **Great Blue Wild**
6.00 **Mysteries of the Mekong** From Cambodia.
7.00 **Monkey Life**
8.00 **Land of Primates**
9.00 **Dogs with Extraordinary Jobs**
10.00 **Great Blue Wild**
11.00 **Mysteries of the...**
12.00 M'T **Reef Wrecks**
1.00 AM **Animal Empires**
2.00 **Land of Primates**
3.00 **Dogs with Extraordinary Jobs**
4.00 **Orangutan Jungle...**
5.00 **to 6.00** AM **Africa's Hunters**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** In Folkestone.
8.00 **Fantasy Homes by the Sea** From Margate.
9.00 **Yorkshire Auction House**
10.00 **Escape to the Country**
12.00 NOON **My Dream Home International**
1.00 PM **Good Bones**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **Yorkshire Auction House**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Dream Home: Brother v Brother**
10.00 **Rock the Block** New edition Creating outdoor spaces.
11.00 **Good Bones**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS: Big Build**
1.30 **DIY SOS**
2.00 **to 4.00** AM **Highlights**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Giada's Weekend Getaways** Double bill.
9.00 **Mary Berry's Simple Comforts** Double bill.
10.00 **Seafood Odyssey**
11.00 **Ainsley's Mediterranean Cookbook** Marrakesh.
12.00 NOON **Bake Off: The Professionals**
1.00 PM **Jamie at Home**
2.00 **James Martin's Brittany**
3.00 **Tom Kerridge Barbecues**
4.00 **Seafood Odyssey**
5.00 **Barefoot Contessa**
6.00 **Diners, Drive-Ins and Dives** New editions
7.00 **Bake Off: Professionals**
8.00 **Mary Berry's Simple Comforts** Double bill.
9.00 **Seafood Odyssey**
10.00 **James Martin: Home Comforts**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Alaska: Homestead Rescue** Documentary.
12.00 NOON **Pit Bulls & Parolees** Documentary.
1.00 PM **The Zoo**
2.00 **Cake Boss**
3.00 **Restaurant: Impossible**
4.00 **Destroyed in Seconds**
5.00 **Alaskan Bush People**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Life Below Zero** New edition
10.00 **Deadliest Catch**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Born Survivor**
3.50 **Tanked** Documentary.
4.40 **to 6.00** AM **Highlights**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.25 **Traffic Cops**
11.25 **Trucking Hell**
12.30 PM **FILM Showdown** Western. (1963, b/w, PG, 79min) ★★
2.10 **FILM 40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
7.00 **Police Interceptors** Andy deals with a case of criminal damage. **8.00** A speeding driver is clocked at over 140mph.
9.00 **Police: Night Shift 999**
10.00 **Police: Suspect No 1**
11.00 **Fights, Camera, Action!**
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **Fights, Camera, Action!** Sporting fights.
2.00 **Idiot TV**
3.00 **Airport Security: Peru**
3.50 **Flights from Hell**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **UK Border Force**
8.00 **Stop, Search, Seize**
9.00 **Nothing to Declare**
10.00 **Rapid Response**
11.00 **Road Wars**
12.00 NOON **Send in the Dogs**
1.00 PM **Snapped**
2.00 **Britain's Most Evil Killers**
3.00 **World's Most Evil Killers**
4.00 **How I Caught the Killer**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer** Factual crime.
8.00 **Britain's Most Evil Killers**
9.00 **Twisted Killers** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Murdered at First...**
2.00 **Snapped**
3.00 **Forensics: Catching...**
4.00 **Rapid Response**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The truth about an elderly couple's murder is finally uncovered. **7.30** An investigation into a street fight that claimed the life of a wrestling champion.
8.00 **48 Hours**
9.00 **Snapped: Killer Couples** A couple are gunned down outside their home.
10.00 **Descent of a Serial Killer** New edition Dr Bryanna Fox and her fellow experts investigate Oscar Bolin.
11.00 **Voice of a Serial Killer**
12.00 M'T **Donal MacIntyre's Murder Files**
1.00 AM **Snapped: Killer...**
2.00 **Descent of a Serial...**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Egg Factor**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** Property series.
7.00 **Teleshopping**
8.00 **DIY SOS: Veteran Street**
9.00 **The Repair Shop**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A floral carpet.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Houston**
4.00 **Lone Star Law**
5.00 **Countryside 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Ambulance Australia** New edition Helping a 96-year-old woman who has a nasty head injury.
10.00 **Ambulance** New edition North West Ambulance Service respond to emergencies on Grand National weekend.
11.00 **Ghost Adventures**
1.00 AM **Destination Fear**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.55 **Alien Files: Unsealed**
8.55 **Ancient Aliens**
10.50 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Auction Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Monsterquest** Seeking evidence the megalania lizard isn't extinct.
10.00 **Uncharted Mysteries** Cliff Simon hunts out the lair of a shape-shifting monster.
11.00 **Paranatural**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Highway Thru Hell**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **sMothered**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Home Town**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **sMothered**
6.00 **Love After Lock Up**
7.00 **Say Yes to...Atlanta**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Katie Price: My Crazy Life** Reality series.
10.00 **Love After Lock Up** New edition
11.00 **Dr Pimple Popper**
12.00 M'T **My Lottery Dream Home** Double bill.
1.00 AM **Katie Price...**
2.00 **Love After Lock Up**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.05 **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **Eggheads**
6.30 **Around the World by Train with Tony Robinson** Travel series.
7.00 **Britain's Great Cathedrals with Tony Robinson** Durham.
8.00 **The Power of Water: Ancient Engineering**
9.00 **Walking Victorian Britain** Lancashire.
10.00 **Forged in Fire**
12.00 M'T **London Underground: Then and Now**
1.00 AM **London Transport: Then and Now**
2.00 **The Teacher** 3&4/4. (S1)
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **American Pickers**
8.00 **Posh Pawn**
9.00 **Salvage Dawgs**
10.00 **Chasing Classic Cars**
11.00 **Fifth Gear**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **Posh Pawn**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Cycling: Giro d'Italia**
8.00 **Salvage Hunters**
9.00 **Shed and Buried** New editions Double bill.
10.00 **Combat Dealers**
11.00 **How Do They Do It?**
12.00 M'T **British Speedway**
1.00 AM **Massive Engineering Mistakes**
2.00 **Goblin Works Garage**
3.00 **Fifth Gear**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Bridesmaids** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
10.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Happily Never After**
2.00 **Disappeared**
3.00 **Who the Hell**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes to the Dress**
7.00 **Long Lost Family US**
8.00 **Dr. Pimple Popper: Pop Ups** Documentary.
9.00 **1000-lb Best Friends** New edition
10.00 **This Came Out Of Me** New edition
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files** Documentary.
4.00 **Animal Cops San Francisco** Documentary.
5.00 **to 6.00** AM **Animal ER**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** A Porsche Cayenne.
7.00 **Treehouse Masters**
8.00 **Building Off the Grid**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Outback Truckers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made: Dream Cars**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Misfit Garage** The team pick up a rusted 1967 Chevelle.

9.00 Hoffman Family Gold

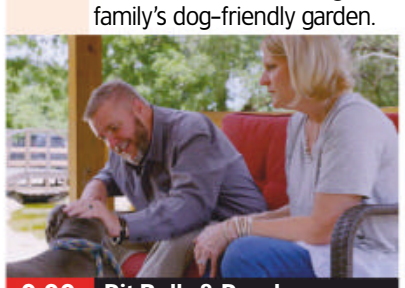
7.00 **Supertruckers** The Kings Heavy Haulage team move some aircraft wings for Airbus.
8.00 **Kindig Customs** Dave takes on a restoration for clients celebrating their 25th anniversary.
9.00 **Hoffman Family Gold** New edition Following miner Todd Hoffman as he turns around a distressed mine in Alaska.
10.00 **Gold Rush: Freddy Dodge's Mine Rescue** New edition Expert gold miner Freddy Dodge helps struggling mine owners.
11.00 **Railroad Alaska**
12.00 M'T **Hoffman Family Gold**
1.00 AM **Gold Rush: Freddy...**
2.00 **Moonshiners**
3.00 **Deadliest Catch**
4.00 **Hoffman Family Gold**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Wildest Islands of Indonesia**
3.00 **Wildest Europe**
4.00 **Dogs 101: Specials**
5.00 **Alaska: Homestead Rescue** Helping a Colorado family whose crops are failing.
6.00 **Animal Cribs** Renovating a family's dog-friendly garden.



9.00 Pit Bulls & Parolees

7.00 **Dodo Heroes** Following the work of Donna Stepan who runs Sleepy Burrow Wombat Sanctuarynear Canberra.
8.00 **From Wags to Riches** Bill Berloni hits the road with two of his 26-strong dog menagerie.
9.00 **Pit Bulls & Parolees: Tia's Tales** Tia's daughter Mariah recounts her experience of being born into the rescue life.
10.00 **Alaskan Bush People** Billy's dream of a self-sustaining lifestyle is tested as the Browns begin their biggest project yet.
11.00 **Killer Whales** Examining killer whales' feeding behaviour.
12.00 M'T **Man-Eating Super Squid** The truth behind tales of a monstrous killer squid.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101: Specials**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Drain the Oceans**
9.00 **Air Crash Investigation**
10.00 **Buried Secrets of WWII**
11.00 **Wicked Tuna**
12.00 NOON **Car S.O.S.**
1.00 PM **Ultimate Airport Dubai**
2.00 **Air Crash Investigation**
4.00 **Airport Security: Colombia** A teenager tries to leave the country with her 42-year-old boyfriend.
5.00 **Ice Road Rescue** A major challenge turns up in the forest.
6.00 **Car S.O.S.** The boys head to Essex to fix a 1970s supercar.

10.00 Expedition Amelia

7.00 **Air Crash Investigation** A plane crippled while flying into the heart of Hurricane Hugo.
8.00 **WWI Wrecks: Draining the Ocean** The wreckage of ships from the Battle of Jutland in 1916.
9.00 **Lost on Everest** A team of climbers search for the body and camera of explorer Andrew Irvine, who disappeared in 1924.
10.00 **Expedition Amelia** Robert Ballard tries to solve the mystery of Amelia Earhart's disappearance in 1937.
11.00 **Air Crash Investigation** When hailstones cracked an aircraft's windscreen.
12.00 M'T **Drugs Inc**
1.00 AM **To Catch a Smuggler**
2.00 **Air Crash Investigation: Special Report**
3.00 **Seconds from Disaster**
4.00 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Mountain Men**
9.00 **American Pickers**
10.00 **Counting Cars**
11.00 **American Pickers**
12.00 NOON **Forged in Fire**
1.00 PM **Secrets in the Ice**
2.00 **American Pickers**
3.00 **Mountain Men**
4.30 **Blown Away**
6.00 **Pawn Stars** The experts assess an ancient coin, and an autographed movie poster for the film *Reservoir Dogs*. **6.30** An original *Casablanca* movie poster is appraised.

9.00 History's Greatest...

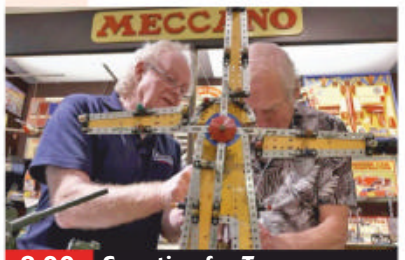
7.00 **Forged in Fire** Two smiths are tasked to create the vicious Ginunting Swords.
8.00 **Ancient Aliens** New edition Reports of shadowy entities around the world who instil fear and even paralysis.
9.00 **History's Greatest Mysteries** New edition Nine hikers are found mutilated on a remote mountain slope.
10.00 **The Proof Is Out There** Double bill featuring more mysterious videos, films, photos and audio recordings.
11.00 **The Proof Is Out There**
12.00 M'T **The Curse of Oak Island** A theory suggests Lot 8 may be hiding religious artifacts.
1.00 AM **Ancient Aliens** As 8pm.
2.00 **Forged in Fire** As 7pm.
3.00 **National Park Mysteries**
4.00 **Secrets in the Ice**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Impossible Engineering**
8.00 **The World at War**
9.00 **Nazi Hunters**
10.00 **Abandoned Engineering**
12.00 NOON **The Architecture the Railways Built**
1.00 PM **Great British Railway Journeys** Double bill.
2.00 **Abandoned Engineering**
4.00 **The World at War**
5.00 **Nazi Hunters** The assassination of Reinhard Heydrich.
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Piece Hall in Halifax.



8.00 Scouting for Toys

7.00 **Great Continental Railway Journeys** Michael Portillo travels from the port of Piraeus to the city of Thessaloniki.
8.00 **Scouting for Toys** A huge consignment of Meccano arrives from a single seller.
9.00 **Train Truckers** Documentary following the exploits of a family-run crew of heavy-haulage specialists.
10.00 **Bangers and Cash** Dave gets a nasty surprise when he opens the bonnet of a fast Ford from the 1980s.
11.00 **Abandoned Engineering** Featuring deserted Scottish coastal defences and a complex that's crucial to American history.
12.00 M'T **Great Continental Railway Journeys** As 7pm.
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 75

7 PM 8 PM 9 PM 10 PM

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Contact Project**
8.00 **World War II: Witness to War**
9.00 **NASA's Unexplained...**
10.00 **Shackleton: Death or Glory**
11.00 **Secrets Underground**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Rome: Power & Glory**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **World War II: Witness to War**
6.00 **NASA's Unexplained...**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **World War II: Witness to War**
10.00 **Life of Earth from Space**
11.00 **Ancient Unexplained...**
12.00 M'T **Combat Dealers**
2.00 AM **Life of Earth...**
3.00 **Ancient Unexplained...**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Big Cats**
10.00 **Hippos: Africa's River...**
11.00 **Wild Africa**
12.00 NOON **Attenborough and the Giant Dinosaur**
1.00 PM **Attenborough and the Giant Egg**
2.00 **Big Cats**
3.00 **Thailand: Earth's...**
5.00 **Wild Africa**
6.00 **Attenborough and the Giant Egg**
7.00 **Hippos: Africa's River Giants** Documentary.
8.00 **Big Cats**
9.00 **Thailand: Earth's Tropical Paradise**
10.00 **Attenborough and the Giant Egg**
11.00 **Wild Africa**
12.00 M'T **Hippos: Africa's...**
1.00 AM **Big Cats**
2.00 **Thailand: Earth's...**
3.00 **Life in the Great Wetlands** Documentary.
3.50 **Hippos: Africa's River...**
4.40 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **The Jungle King**
9.00 **Animal Fight Club**
10.00 **Monster Fish**
11.00 **Wild X Files**
12.00 NOON **Snakes in the City**
1.00 PM **Shark Vs Surfer**
2.00 **50 Shades Of Sharks**
3.00 **Shark Beach with Chris Hemsworth**
4.00 **Secrets Of The Zoo**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Deadliest**
8.00 **Secrets Of The Zoo: Tampa** New edition The zoo welcomes the newest member of the orangutan family.
9.00 **The Incredible Dr Pol** New edition
10.00 **Dog: Impossible**
11.00 **Snakes in the City**
12.00 M'T **Alaska Fish Wars**
1.00 AM **Monster Fish**
2.00 **Shark Vs Surfer**
3.00 **50 Shades Of Sharks**
4.00 **to 5.00** AM **Shark Beach**

Sky History 2

163 163 840 272

8.00 AM **Digging for Britain**
9.00 **The Food that Built The World**
10.00 **The Colour of War**
11.00 **Hero Ships**
12.00 NOON **Ancient Aliens**
3.00 PM **Food That Built the World**
4.00 **The Colour of War**
5.00 **Hero Ships**
6.00 **Boneyard**
7.00 **Digging for Britain**
8.00 **When Big Things Go Wrong** A Boeing 777 crash-lands into San Francisco Airport.
9.00 **Lost Relic Hunters**
10.00 **The Invisibles: Hunting Narcos** Efforts to track down Memo Fantasma.
11.00 **Ancient Aliens**
1.00 AM **Digging for Britain**
2.00 **The Invisibles: Hunting Narcos**
3.00 **Hero Ships**
4.00 **Boneyard**
5.00 **to 6.00** AM **When Big Things Go Wrong**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **Mutant Weather**
9.35 **Living in Germany at War** See 7.35pm.
10.45 **The Last Voices of World War One**
11.50 **Azorian: Raising of K-129** Documentary.
1.00 PM **Plane Crash Recreated**
2.20 **Mutant Weather**
3.20 **Living in Germany at...**
4.30 **The Last Voices of World War One**
5.35 **Azorian: Raising of...**
6.40 **Mutant Weather**
7.35 **NEW Living in Germany at War** Recounting the wartime lives of German civilians and soldiers.
8.50 **The Last Voices of World War One**
9.50 **Azorian: Raising of...**
11.00 **Mutant Weather**
12.00 M'T **Living in Germany...**
1.15 **to 2.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Killer in Plain Sight**
11.00 **On the Case**
12.00 NOON **Buried in the Backyard**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Suzy Lamplugh.
5.00 **Murdertown**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **On the Case**
9.00 **Family Massacre** New edition
10.00 **The Real Murders of Orange County** New edition
11.00 **Homicide Hunter**
12.00 M'T **Green Eyed Killers**
1.00 AM **Family Massacre**
2.00 **The Real Murders of Orange County**
3.00 **Unusual Suspects**
4.00 **to 5.00** AM **Highlights**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **12 Mighty Orphans**
8.20 **Deadlock** As 8.00pm.
10.10 **Moonshot** As 9.55pm.
11.55 **False Positive** As 11.45pm.
1.40 PM **The Last Letter from Your Lover** Romantic drama. (2021, 12, 110min) ★★★
3.50 **Here Today** Comedy drama directed by and starring Billy Crystal. (2021, 12, 93min) ★★
5.55 **12 Mighty Orphans** Sports drama starring Luke Wilson. (2021, 12, 118min) ★★

9.55 Moonshot

8 PM

8.00 **Deadlock** Action thriller starring Bruce Willis. An ex-military man working at a power plant has to prevent disaster when a group of rogue soldiers gain control of the facility. (2021, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.55 **Moonshot** Romantic sci-fi comedy starring Lana Condor, Cole Sprouse and Zach Braff. (2022, 12, 100min)

10 PM

11 PM

11.45 **False Positive** Horror thriller starring Ilana Glazer, Justin Theroux and Pierce Brosnan. (2021, 15, 92min) ★★
1.30 AM **Here Today** As 3.50pm.
3.40 **The Last Letter from Your Lover** As shown at 1.40pm.
5.55 **to 7.50** AM **Paul Dood's Deadly Lunch Break** Comedy thriller starring Tom Meeten. (2021, 15, 95min)

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.40 AM **Coach Carter** As 3.40am.
8.55 **The Colour Room** Drama. (2021, PG, 109min) ★★★★
10.50 **Elysium** As shown at 1.40am.
12.40 PM **Ride Along 2** Comedy sequel. (2016, 12, 99min) ★★
2.30 **Cloverfield** Disaster movie. (2007, 15, 81min) ★★★
4.00 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
6.00 **The Fighter** Boxing drama starring Mark Wahlberg. (2010, 15, 116min) ★★★★

10.00 One Shot

8.00 **Promising Young Woman** Crime thriller starring Carey Mulligan. A woman who has been traumatised by a tragic event in her past seeks out vengeance against those who crossed her path. (2020, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

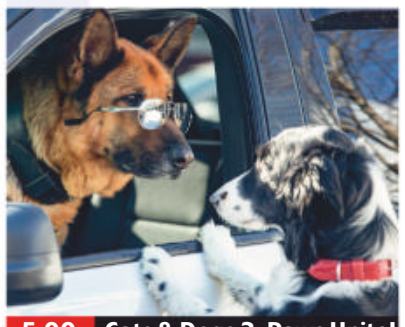
10.00 **One Shot** Action thriller starring Scott Adkins and Ryan Philippe. (2021, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Antebellum** Horror mystery starring Janelle Monae, Eric Lange and Jena Malone. (2019, 15, 105min) ★★
1.40 AM **Elysium** Sci-fi thriller starring Matt Damon, Jodie Foster and Sharlto Copley. (2013, 15, 107min) ★★★★
3.40 **to 6.00** AM **Coach Carter** Fact-based sports drama with Samuel L Jackson, Robert Ri'chard and Rob Brown. (2004, 12, 136min) ★★★

Sky Cinema Family

306 306 850 406 506 520

6.20 AM **Look Who's Talking Now**
8.00 **The Runaways** Drama. (2019, 12, 113min) ★★★
10.00 **Tom & Jerry: The Movie** Comedy. (2021, PG) ★★
11.45 **Paul Blart: Mall Cop** (2009)
1.30 PM **Are We There Yet?** Comedy. (2005, PG, 95min) ★
3.10 **Bratz** Comedy. (2007, PG) ★★
5.00 **Cats & Dogs 3: Paws Unite!** Adventure. (2020, U) ★★
6.30 **Lassie** Family adventure. (2005, PG, 100min) ★★★★


5.00 Cats & Dogs 3: Paws Unite!

8.15 **Are We Done Yet?** Comedy sequel starring Ice Cube. A long-suffering family man buys a house in the country, only to discover that it is a disaster area requiring complete renovation. (2007, PG, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Look Who's Talking Now** Comedy sequel starring John Travolta. (1993, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Paul Blart: Mall Cop** Crime comedy starring Kevin James. (2009, PG, 91min) ★
1.20 AM **Thunderpants** Family comedy starring Bruce Cook. (2002, PG, 87min) ★★★
3.00 **Earth to Echo** Family sci-fi adventure starring Teo Halm. (2014, PG, 89min) ★★★
4.40 **to 6.05** AM **James and the Giant Peach** Children's fantasy starring Paul Terry. (1996, U, 79min) ★★★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **American Night** (2021)
8.10 **Narco Soldiers** As 4.10am.
9.50 **The Man from U.N.C.L.E**
11.50 **The Iron Mask** As 2.00am.
1.55 PM **Blade: Trinity** As 12m't.
3.50 **American Night** Crime drama starring Jonathan Rhys Meyers and Emile Hirsch. (2021, 15, 123min) ★★★
6.00 **The Man from U.N.C.L.E** Spy adventure starring Henry Cavill and Armie Hammer. (2015, 12, 112min) ★★★★

8.00 xXx

8.00 **xXx** Espionage action thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous mission. With Asia Argento and Samuel L Jackson. (2002, 12, 124min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **xXx: State of the Union** Action sequel starring Ice Cube. A government spymaster recruits an imprisoned soldier to prevent a military organisation overthrowing the US government. (2005, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Blade: Trinity** Comic-book adventure sequel. (2004, 15, 113min) ★★
2.00 AM **The Iron Mask** Adventure. (2019, 12, 120min) ★★
4.10 **to 6.00** AM **Narco Soldiers** Thriller. (2020, 15, 94min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **The Man Who Killed Don Quixote** As shown at 2.55am.
9.00 **The Stand In** As 5.10am.
10.45 **Songbird** As shown at 1.15am.
12.25 PM **You Don't Mess with the Zohan** (2008, 12) ★★★
2.20 **Knocked Up** Comedy. (2007, 15, 129min) ★★★★
4.30 **50 First Dates** Comedy. (2004, 12, 99min) ★★★
6.10 **Madea's Family Reunion** Comedy starring Tyler Perry. (2006, 12, 107min) ★★★

6.10 Madea's Family Reunion

8.00 **Grown Ups** Comedy starring Adam Sandler, Kevin James, Chris Rock, David Spade and Rob Schneider. Five former high-school friends get together at a lakeside house for a holiday with their families. (2010, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Masterminds** Comedy starring Zach Galifianakis and Kristen Wiig. (2016, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Gambit** Heist comedy starring Colin Firth and Cameron Diaz. (2012, 12, 85min) ★★★
1.15 AM **Songbird** Comedy drama. starring Cobie Smulders. (2018, 15, 95min) ★★
2.55 **The Man Who Killed Don Quixote** Comedy drama starring Adam Driver. (2018, 15, 132min) ★★★★
5.10 **to 6.55** AM **The Stand In** Comedy with Drew Barrymore. (2020, 15, 101min) ★★★

Sky Cinema Greats

304 304 849 404 504 518

6.55 AM **Ben-Hur** As 1.45am.
10.40 **The Guns of Navarone** As 11pm.
1.20 PM **Zulu** Historical adventure. (1963, PG, 138min) ★★★★★
3.40 **Crouching Tiger, Hidden Dragon** Ang Lee's romantic period adventure. Subtitled. (2000, 12, 120min) ★★★★★
5.45 **The Bodyguard** Romantic thriller starring Kevin Costner. (1992, 15, 129min) ★★★

primetime

8.00 **The Godfather** Francis Ford Coppola's gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan and Robert Duvall. (1971, 15, 167min) ★★★★★
11.00 **The Guns of Navarone** World War Two adventure starring Gregory Peck, David Niven and Anthony Quinn as commandos on a mission to destroy two German guns in the Aegean. (1961, PG, 150min) ★★★★

1.45 AM **Ben-Hur** Oscar-winning epic starring Charlton Heston. In 1st-century Palestine, a Jewish prince and a Roman tribune become mortal enemies. (1959, PG, 212min) ★★★★★
5.35 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Howard Lovecraft & the Frozen Kingdom** As 3.30am.
7.30 **Early Man** As 5.00pm.
9.05 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
10.35 **Rio** As shown at 6.35pm.
12.15 PM **Open Season** Animation. (2006, PG, 86min) ★★★★
1.45 **Open Season 2** Animated comedy adventure sequel. (2008, PG, 73min) ★★★

3.15 **The Croods** Animated comedy. (2013, U, 98min) ★★★★
5.00 **Early Man** Animated comedy. (2018, PG, 87min) ★★★★
6.35 **Rio** Animated adventure. (2011, U, 95min) ★★★★
8.15 **Happily N'Ever After** Animated comedy. (2005, U, 85min) ★★
9.45 **Happily N'Ever After 2** Animated sequel. (2009, U) ★★
11.00 **The House of Magic** Animation. (2013, U, 85min) ★★★
12.30 AM **Rock Dog 2: Rock Around the Park** Animation. (2021) ★★

2.05 **The Red Turtle** Animation. (2016, PG, 80min) ★★★★
3.30 **Howard Lovecraft & the Frozen Kingdom** Animation. (2016, PG, 80min) ★★
5.00 **to 6.00** AM **Alpha and Omega: Dino Digs** Animated fantasy. (2016, U, 45min) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Ben Miller.
7.25 **Maverick** 4&5/26. (S2)
9.35 **The Hound of the Baskervilles** Sherlock Holmes chiller. (1939, b/w, PG, 80min) ★★★★★
11.15 **Maverick** 6&7/26. (S2)
1.30 PM **The Man Behind the Gun** Western. (1952, U, 82min) ★★
3.15 **Guns for San Sebastian** Western. (1967, PG, 110min) ★★

5.35 **Ghost Town** Western with Kent Taylor. (1956, b/w, U, 77min) ★★
7.15 **The Adventures of Sherlock Holmes** Vintage mystery thriller starring Basil Rathbone, Nigel Bruce and Ida Lupino. (1939, b/w, PG, 83min) ★★★★★
9.00 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama about the quest to track down Osama bin Laden, starring Jessica Chastain, Jason Clarke, Joel Edgerton and Jennifer Ehle. (2012, 15, 157min) ★★★★★

12.20 AM **Lethal Weapon 4** Thriller sequel. (1998, 15, 128min) ★★★
2.50 **Off Set** With Jamie Cullum.
3.00 **Close Up** Four editions.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Dual Alibi** Mystery thriller. (1946, b/w, PG, 81min) ★★
7.40 **Enter Inspector Duval** Drama. (1961, b/w, U, 64min) ★★
9.00 **Stagecoach West** (S1)
10.00 **Find the Lady** Comedy thriller. (1956, b/w, U, 78min) ★★
11.10 **A Pair of Briefs** Comedy. (1961, b/w, PG, 90min) ★★★
1.00 PM **The Street with No Name** Thriller. (1948, b/w, PG) ★★★

2.45 **Appointment with Venus** Comedy. (1951, b/w, U) ★★★
4.25 **Q Planes** (1939, b/w, U) ★★★
6.00 **Dial 999** (S1)
6.30 **The Hideout** Crime thriller. (1956, b/w, U, 55min) ★★
7.40 **Look at Life**
8.00 **Maigret** 11/13. (S1)
9.05 **Van der Valk** 5/7. (S2)
10.05 **Public Eye** 3/13. (S5)
11.05 **The Outer Limits** (S1)
12.00 M'T **Cellar Club with Caroline...**
12.05 AM **Island of Terror** Chiller. (1966, PG, 90min) ★★★

1.55 **Cellar Club with Caroline Munro**
2.00 **Tormented** Horror thriller. (1960, b/w, 18, 75min) ★★
3.35 **Cellar Club with Caroline Munro**
3.40 **Secret Rites**
4.40 **Cellar Club with Caroline Munro**
4.45 **to 6.00** AM **The Monkey's Paw** Horror. (1948, b/w, PG) ★★

Horror

317 149 69 138

8.00 AM **First Wave** 3/22. (S3)
9.00 **Extant** 12/13. (S1)
10.00 **Farscape** 4/22. (S2)
11.00 **Impact Earth** Sci-fi drama. (2015, 12, 90min) ★★
1.00 PM **Nostradamus** Sci-fi fantasy thriller. (2000, 15, 90min) ★★
3.00 **The 4400** 11/13. (S3)
4.00 **Mega Shark vs Kolossus** Fantasy. (2015, 12, 90min) ★
6.00 **Farscape** 5/22. (S2)

7.00 **Extant** *Ascension:* 13/13. The *Seraphim* hurtles toward Earth with a dangerous cargo. (S1)
8.00 **Star Trek** *The Menagerie: Part One:* 12/30. Spock faces a court-martial for kidnapping his former captain. (S1)
9.00 **The Wretched** Horror starring John-Paul Howard, Piper Curda and Jamison Jones. A defiant teenager clashes with an ancient witch posing as the woman next door. With Azie Tesfai. (2019, 15, 95min) ★★★

10.55 **Castle Freak** Horror thriller. (2020, 15, 106min) ★★
1.00 AM **Mom and Dad** Comedy horror. (2017, 15, 86min) ★★★★
2.45 **to 4.30** AM **Apocalypse Pompeii** Thriller. (2014, 15) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **The Whole Truth** (2015)
7.50 **Let Him Go** As 4.00pm.
10.00 **2 Guns** As shown at 6.00pm.
12.00 NOON **The Comeback Trail**
2.00 PM **Baby Driver** As 9.35pm.
4.00 **Let Him Go** Crime drama starring Kevin Costner, Diane Lane and Kayli Carter. (2020, 15, 113min) ★★★
6.00 **2 Guns** Action thriller starring Denzel Washington, Mark Wahlberg and Paula Patton. (2013, 15, 104min) ★★★

6.00 2 Guns

8.00 **Kimi** Crime thriller starring Zoë Kravitz. An agoraphobic tech worker discovers evidence of a violent crime while reviewing a data stream. (2022, 15, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Baby Driver** Music-themed action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Comeback Trail** Crime comedy starring Robert De Niro and Tommy Lee Jones. (2020, 12, 104min) ★★★
1.35 AM **The Whole Truth** Courtroom drama with Keanu Reeves and Renée Zellweger. (2015, 15, 93min) ★★★
3.25 **No Man's Land** Action adventure starring Jake Allyn. (2020, 12, 114min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Wander Darkly** (2020)
9.20 **Judas and the Black Messiah** Drama. (2021, 15) ★★★★
11.40 **The Pursuit of Happyness** Rags-to-riches drama. (2006, 12, 117min) ★★★
1.40 PM **Marley & Me** Comedy drama starring Owen Wilson. (2008, PG, 115min) ★★★
3.50 **The Ides of March** Thriller. (2011, 15, 100min) ★★★★
5.45 **Mud** Coming-of-age adventure. (2012, 12, 130min) ★★★★

5.45 Mud

8.00 **Chef** Comedy directed by and starring Jon Favreau. A man quits his job at a restaurant and teams up with his ex-wife, his friend and his son to launch a food truck in Miami. With Robert Downey Jr, Scarlett Johansson and Dustin Hoffman. (2014, 15, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Mandela: Long Walk to Freedom** Biopic of South African leader Nelson Mandela, starring Idris Elba and Naomie Harris. (2013, 12, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Daniel** Danish drama starring Esben Smed and Toby Kebbell. Partly subtitled. (2019, 15, 138min) ★★★★
3.20 **Wander Darkly** Drama starring Sienna Miller. (2020, 15, 97min) ★★★★
5.15 **to 7.15** AM **Music** Musical drama starring Kate Hudson. (2021, 12, 107min) ★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Proximity** As 4.45am.
8.10 **LX 2048** As 2.55am.
10.10 **The Host** As 5.50pm.
12.25 PM **Willy's Wonderland**
2.10 **Antlers** As 10.00pm.
4.00 **In The Earth** Director Ben Wheatley's horror starring Joel Fry and Reece Shearsmith. (2021, 15, 107min) ★★★
5.50 **The Host** Romantic sci-fi thriller starring Saoirse Ronan, Jake Abel and Max Irons. (2013, 12, 127min) ★★★

10.00 Antlers

8.00 **Freaky** Comedy horror starring Vince Vaughn and Kathryn Newton. After swapping bodies with a serial killer, a girl discovers she has less than 24 hours before the change becomes permanent. (2020, 15, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Antlers** Horror thriller starring Keri Russell and Jesse Plemons. (2021, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Willy's Wonderland** Horror comedy starring Nicolas Cage. (2021, 15, 88min) ★★★★
1.25 AM **The Head Hunter** Fantasy horror starring Christopher Rygh and Cora Kaufman. (2018, 15, 72min) ★★★★
2.55 **LX 2048** Sci-fi drama starring James D'Arcy and Delroy Lindo. (2020, 15, 103min) ★★★
4.45 **to 7.00** AM **Proximity** Sci-fi drama starring Ryan Masson. (2020, PG, 119min) ★★

Sky Cinema Must See Movies

302 302 856 402 502 516

6.00 AM **Old Henry** As 12.15am.
7.45 **The Bourne Legacy** Thriller sequel. (2012, 12) ★★★
10.00 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
12.10 PM **Those Who Wish Me Dead** Drama. (2021, 15) ★★
2.05 **Don't Breathe 2** Horror sequel. (2021, 15, 98min) ★★★
4.00 **Reminiscence** Sci-fi romance. (2021, 12, 116min) ★★★
6.00 **Old** M Night Shyamalan's horror. (2021, 15, 108min) ★★

8.00 A Quiet Place Part II

8.00 **A Quiet Place Part II** Horror sequel with John Krasinski. The Abbotts face the outside world, and realise the creatures that hunt by sound are not the only threats lurking. (2020, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Batman v Superman: Dawn of Justice** Action adventure starring Ben Affleck and Henry Cavill. The two superheroes' mutual distrust leads them into a battle to the death manipulated by an evil billionaire. (2016, 12, 164min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Old Henry** Western starring Tim Blake Nelson. (2021, 15, 99min) ★★★★
2.10 **The Desperate Hour** Thriller. (2021, 12, 84min) ★★★★
3.40 **Pig** Drama with Nicolas Cage. (2021, 15, 92min) ★★★★
5.15 **to 6.15** AM **Sky Cinema Preview**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Apache Drums** Western. (1951, U, 76min) ★★
12.35 PM **A Town Like Alice** Classic British war drama. (1956, b/w, PG, 111min) ★★★★
2.55 **Destroyer** Vintage drama. (1943, b/w, U, 99min) ★★
5.00 **The Last Blitzkrieg** World War Two drama. (1959, b/w, 12, 84min) ★★
6.45 **The Post** Fact-based drama. (2017, 12, 113min) ★★★★

6.45 The Post

The Post (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Gemini Man** Action drama starring Will Smith, Mary Elizabeth Winstead and Clive Owen. An ageing assassin is targeted by a mysterious enemy that seems able to anticipate his every move. (2019, 12, 117min) ★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.15 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a drug deal goes sour. (2004, 15, 105min) ★★★★
1.25 **to 3.45** AM **The Acid House** Drama with Ewen Bremner and Jemma Redgrave. (1998, 18, 111min) ★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Holiday Affair** Comedy. (1949, b/w, U, 87min) ★★★
7.40 **The Reckless Moment** Thriller. (1949, b/w, 12, 79min) ★★★
9.20 **Strongroom** As 4.40am.
10.55 **84 Charing Cross Road** Drama. (1986, U, 97min) ★★★★
1.00 PM **Watch It, Sailor!** Comedy. (1961, U, 81min) ★★
2.45 **Split Second** Suspense thriller. (1953, b/w, PG, 85min) ★★
4.30 **Magnificent Obsession** Drama. (1954, U, 108min) ★★★★
6.45 **Double Indemnity** Thriller starring Barbara Stanwyck and Fred MacMurray. (1944, b/w, PG, 106min) ★★★★★
9.00 **The Misfits** Western drama starring Clark Gable, Marilyn Monroe and Montgomery Clift. An ageing cowboy drifts into the company of three other misfits. (1961, b/w, PG, 123min) ★★★★
11.25 **They Made Me a Fugitive** Thriller. (1947, b/w, PG) ★★
1.30 AM **Boot Hill** Comedy Western. (1969, PG, 91min) ★★
3.15 **Candlelight in Algeria** Thriller. (1943, b/w, PG, 85min) ★★★
4.40 **to 6.00** AM **Strongroom** Thriller. (1961, b/w, PG, 80min) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **The Wrong Nanny** Thriller. (2017, PG, 90min) ★★
11.00 **A Mother's Sacrifice** Thriller. (2017, PG, 85min) ★★
1.00 PM **Witness Protection** Drama. (2017, PG, 92min) ★★
3.00 **Murder by Text: Garage Sale Mystery** Crime drama. (2017, PG, 90min) ★★
4.50 **Asteroid v Earth** Sci-fi disaster movie. (2014, 15, 91min) ★★
6.40 **Evening** Romantic drama starring Claire Danes, Toni Collette and Vanessa Redgrave. A dying woman recalls the weekend fifty years earlier when she met the love of her life. (2007, 12, 117min) ★★★★
9.00 **Lions for Lambs** Drama directed by and starring Robert Redford. The war on terror touches the lives of six Americans in Washington, California and Afghanistan on the same day. (2007, 15, 91min) ★★★
10.50 **The Da Vinci Code** Conspiracy thriller. (2006, 12, 149min) ★★★
1.40 AM **The Operative** Thriller. (2019, 15, 116min) ★★★
3.55 **to 6.00** AM **And So It Goes** Comedy drama. (2014, 12) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Gunbus** (1986, PG) ★★
7.50 **Diamond Hunters** Drama. (2001, PG, 125min) ★★
9.55 **Submarine Attack** War drama. (1954, 12, 89min) ★★
11.50 **Wyatt Earp's Revenge** Western. (2012, 12, 88min) ★★
1.45 PM **The Stranger Wore a Gun** Western. (1953, U, 83min) ★★
3.30 **Field Punishment No. 1** War drama. (2014, 12, 90min) ★★★
5.15 **Submarine Seahawk** War drama starring John Bentley. (1959, U, 83min) ★★
7.05 **USS Poseidon: Phantom Below** Adventure starring Adrian Paul and Catherine Dent. (2004, PG, 91min) ★★
9.00 **Black Water** Thriller starring Jean-Claude Van Damme. When he is imprisoned aboard a CIA submarine, a deep cover operative joins forces with another prisoner to break free. (2018, 15, 104min) ★★
11.10 **Submerged** Action thriller. (2005, 15, 96min) ★
1.00 AM **Nowhere to Run** Romantic thriller. (1993, 15, 95min) ★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **Mystery 101: Dead Talk**
9.00 **It Was Always You** As 9pm.
11.00 **Just My Type** As 11pm.
1.00 PM **How to Train Your Husband** As shown at 1am.
3.00 **Right in Front of Me** Romantic comedy starring Janel Parrish. (2021, PG, 84min) ★★
5.00 **The Dating List** Romantic comedy with Natalie Dreyfuss. (2019, PG, 90min) ★★
7.00 **Mystery 101: Dead Talk** Thriller starring Jill Wagner and Kristoffer Polaha. Professor Amy Winslow heads to Seattle to give a lecture, and winds up investigating the death of a tech genius. (2019, PG, 88min) ★★
9.00 **It Was Always You** Romantic drama starring Erin Krakow and Tyler Hynes. A woman meets her fiancé's brother, and starts to question if going through with the wedding is the right thing to do. (2021, PG, 86min) ★★
11.00 **Just My Type** Romantic comedy. (2020, PG, 84min) ★★
1.00 AM **How to Train Your Husband** Comedy. (2018, PG, 85min) ★★
3.00 **to 5.00** AM **Right in Front of Me** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

Respect *Prime Video* Fact-based drama starring Jennifer Hudson and Forest Whitaker. ★★★
9.00 PM **The World Is Not Enough** *ITV4* James Bond thriller with Pierce Brosnan. Agent 007 attempts to protect the daughter of an assassinated oil magnate from a psychotic terrorist. ★★★
9.00 **The Longest Yard** *Comedy Central* Comedy remake starring Adam Sandler, Chris Rock and Burt Reynolds. ★★
9.00 **Senna** *Sky Documentaries* Documentary about legendary Formula 1 racing driver Ayrton Senna, whose astonishing career was tragically cut short at the San Marino Grand Prix in 1994. ★★★★
10.00 **Earthstorm** *Syfy* Sci-fi action drama with Stephen Baldwin, Amy Price-Francis, Dirk Benedict and Matt Gordon. ★★
11.15 **The Man Who Knew Infinity** *BBC2* Biographical drama, starring Jeremy Irons, Dev Patel and Malcolm Sinclair. ★★★
12.40 AM **Sudden Death** *ITV4* Action thriller starring Jean-Claude Van Damme. ★★★

TUESDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

- **6.00** AM **Sky Sports News**
- **7.00** **Good Morning Sports Fans**
- **7.30** **Early Kick-Off**
- **8.00** **Good Morning Sports Fans** Including news and views on today's early stories.
- **10.00** **The Football Show** A look at the major stories making the football headlines.
- **12.00** NOON **Sky Sports News**
- **1.00** PM **LIVE Raceday** Coverage of today's horse racing meetings from Sedgefield and Chepstow.
- **3.00** **LIVE Indian Premier League Lucknow Super Giants v Gujarat Titans.** Coverage of the T20 match from Maharashtra Cricket Association Stadium.
- **7.00** **Sky Sports News**
- **7.30** **LIVE Premier League Aston Villa v Liverpool.** Coverage of the Premier League clash from Villa Park. Kick-off **8.00pm**.
- **10.45** **PL Greatest Games** A look back on Liverpool v Manchester City from the 2019/20 season.
- **11.00** **Sky Sports News**
- **12.00** M'T **Total Access** A round-up of the latest NFL news.
- **1.00** **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

- **6.00** AM **PL Greatest Games**
- **7.00** **PL Legends: David Ginola**
- **7.30** **PL Legends: Juninho**
- **8.00** **Best PL Goals: Liverpool**
- **8.30** **Best PL Goals: Chelsea**
- **9.00** **Premier League 100 Club**
- **10.00** **The Football Show**
- **12.00** NOON **Gary Neville's Soccerbox** Double bill.
- **1.00** PM **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **PL Best Goals 08/09**
- **5.00** **Premier League 100 Club**
- **6.00** **WSL** Highlights from a game in the Women's Super League.
- **6.30** **Premier League Review**
- **7.30** **LIVE Premier League Aston Villa v Liverpool.** Coverage of the top-flight encounter from Villa Park. Kick-off **8.00pm**.
- **10.45** **PL Greatest Games** Liverpool v Manchester City from 2019/20.
- **11.00** **Premier League Icons**
- **11.30** **PL Greatest Games**
- **12.00** M'T **Premier League**
- **1.45** AM **PL Greatest Games**
- **2.00** **Premier League Years**
- **4.00** **PL Best Goals 98/99**
- **5.00** **Best PL Goals: Newcastle**
- **5.30** **to 6.00** AM **PL 100 Club: England's Finest**

Sky Sports Football

403 403 861 | 513 503 | 422 442

- **6.00** AM **Football's Greatest Players**
- **6.30** **Football Countdowns**
- **7.00** **Football Years**
- **7.30** **EFL Greatest Games**
- **8.15** **SPFL Greatest Games**
- **8.30** **SPFL Highlights**
- **9.00** **Football's Greatest Players**
- **9.30** **Football Countdowns**
- **10.00** **Football Years**
- **10.30** **SPFL Highlights**
- **11.00** **EFL Play-Off Final 2012/13**
- **12.00** NOON **Play Off Final L1 12/13**
- **1.00** PM **Play Off Final L2 12/13**
- **2.00** **Play Off Final C'Ship 08/09**
- **3.00** **Play Off Final C'Ship 10/11**
- **4.00** **Play Off Final C'Ship 2011/12**
- **5.00** **EFL Highlights**
- **6.30** **Soccer AM: The Best Bits**
- **7.00** **MLS Round-Up Show**
- **7.30** **WSL** Highlights.
- **8.00** **Scottish Premiership**
- **8.15** **SPFL Highlights**
- **8.30** **EFL Highlights**
- **10.30** **Soccer AM: The Best Bits**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **EFL Cup Retro 18**
- **2.00** AM **C'ship Season Review**
- **3.00** **Play Off Final: C'ship 18/19**
- **4.00** **Play Off Final L1 18/19**
- **5.00** **to 6.00** AM **Play Off Final League 2 18/19**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

- **6.00** AM **IPL** Triple bill of highlights.
- **9.00** **Best of the 2014 Blast**
- **12.30** PM **Best of England v India** The Group B match from 2011.
- **12.50** **IPL** Sunrisers Hyderabad v Royal Challengers Bangalore.
- **1.50** **IPL** Highlights of Mumbai Indians v Kolkata Knight Riders.
- **2.50** **LIVE Indian Premier League Lucknow Super Giants v Gujarat Titans.** The T20 match from Maharashtra Cricket Association Stadium in Pune.
- **7.00** **T20 Blast 2006** Leicestershire Foxes v Notts Outlaws.
- **7.15** **T20 Blast 2018** Lancashire Lightning v Yorkshire Vikings.
- **7.45** **Best of T20 Blast Finals Day**
- **8.00** **IPL** Highlights of Mumbai Indians v Kolkata Knight Riders.
- **9.00** **IPL** Highlights of Lucknow Super Giants v Gujarat Titans.
- **10.00** **IPL** Highlights of Mumbai Indians v Kolkata Knight Riders.
- **11.00** **IPL** Highlights of Lucknow Super Giants v Gujarat Titans.
- **12.00** M'T **IPL** A replay of Lucknow Super Giants v Gujarat Titans.
- **4.10** AM **Best of the 2017 IPL**
- **4.35** **Best of the 2016 IPL**
- **5.00** **to 6.00** AM **The Fletcher Years**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

- **6.00** AM **Best of the Open Zone 2016** From Royal Troon.
- **7.00** **British Masters Masterclass**
- **8.00** **Golf Academy**
- **9.00** **School of Golf**
- **9.30** **Best of the Open Zone 2016**
- **10.30** **DP World Tour Golf**
- **11.30** **PGA Tour Golf**
- **12.30** PM **Ladies European Tour Golf**
- **3.30** **DP World Tour Golf**
- **4.30** **PGA Tour Golf**
- **5.30** **PGA EuroPro Tour Golf**
- **6.00** **Ladies European Tour Golf**
- **7.00** **How the 2004 Ryder Cup Was Won** From Oakland Hills.
- **9.00** **PGA EuroPro Tour Golf** A preview of the 2022 PGA EuroPro Tour season.
- **9.30** **Ladies European Tour Golf** A look back at highlights from the Madrid Ladies Open.
- **10.30** **PGA Tour Golf** Highlights of the Wells Fargo Championship.
- **11.30** **DP World Tour Golf**
- **12.30** AM **PGA EuroPro Tour Golf**
- **1.00** **Ladies European Tour Golf**
- **2.00** **British Masters Masterclass**
- **3.00** **Golf Academy**
- **4.00** **School of Golf**
- **5.00** **to 6.00** AM **Best of the Open Zone 2016**

BT Sport 1

413 413 870 | 527 | 408 430

- **6.00** AM **Premier League Review**
- **7.00** **WWE NXT UK**
- **8.00** **Premier League** A re-run of Liverpool v Tottenham Hotspur.
- **9.30** **ESPN FC** Football news.
- **10.00** **LIVE Isuzu UTE A-League Brisbane Roar v Sydney FC.** Coverage of the Australian top-flight clash from Moreton Daily Stadium. Kick-off **10.05am**.
- **12.00** NOON **AFL** Action from an Australian Rules Football match.
- **2.00** PM **Premier League Review**
- **3.00** **FIM JuniorGP Championship** Action from the opening round of the FIM JuniorGP Championship in Estoril.
- **6.45** **BT Sport Goals Reload**
- **7.00** **Premier League Review** A look back at recent action.
- **8.00** **Heineken Champions Cup Highlights** Round seven action.
- **9.00** **WWE Monday Night Raw**
- **11.30** **BT Sport Goals Reload**
- **12.00** M'T **WWE NXT Highlights**
- **1.00** AM **LIVE WWE NXT** The next generation of wrestling stars showcase their talents.
- **3.15** **Ariel Helwani Meets**
- **4.15** **BT Sport Goals Reload**
- **4.30** **to 6.00** AM **Classic Boxing**

BT Sport 2

414 414 871 | 528 | 409 431

- **6.00** AM **LIVE Badminton** Coverage of day three of the BWF Thomas & Uber Cup from Impact Arena in Bangkok, Thailand.
- **6.30** PM **V8 Supercars Highlights** Race 10 of the season in Perth.
- **7.30** **V8 Supercars Highlights** Races 11 and 12 of the season in Perth.
- **8.30** **Formula Regional European Championship** The latest action.
- **9.00** **WSL Championship Tour** Action from the finals day at the Margaret River Pro.
- **10.00** **Premier League Reload** Action from this weekend's matches.
- **10.15** **BT Sport Films: Glenn Hoddle: Extra Time** A look at the life of the former England coach, as told by the man himself.
- **12.00** M'T **Canadian Premier League Review** The latest action.
- **12.30** AM **Ligue 1 Highlights**
- **1.30** **UEFA Champions League Magazine** The latest news.
- **2.00** **PSA Squash** The Women's and Men's Finals at the J.P Morgan Tournament of Champions.
- **3.00** **to 6.00** AM **LIVE Badminton** Coverage of day four of the BWF Thomas & Uber Cup at Impact Arena in Bangkok, Thailand.

BT Sport 3

417 417 874 | 529 | 410 432

- **6.00** AM **Serie A** Action from Fiorentina v AS Roma.
- **7.00** **Ligue 1** Six editions.
- **12.00** NOON **Ligue 1** Paris Saint-Germain v Troyes.
- **1.00** PM **Primeira Liga** Action from Benfica v FC Porto.
- **2.00** **Ligue 1 Highlights** A look back at recent action in France.
- **3.00** **Serie A** Fiorentina v AS Roma.
- **4.00** **Canadian Premier League Review** The best of the action from the latest fixtures.
- **4.30** **Vanarama National League** Torquay United v Chesterfield.
- **6.00** **Vanarama National League** Wrexham v Stockport County.
- **7.30** **Vanarama National League Highlights** The latest action.
- **8.00** **Primeira Liga** A look back at action from Benfica v FC Porto.
- **9.00** **UFC** Action from Charles Oliveira v Justin Gaethje.
- **12.00** M'T **LIVE MLB** Coverage of a Major League Baseball game.
- **3.30** AM **Rugby Stories** A look at the Northampton Saints.
- **4.00** **Heineken Champions Cup Highlights**
- **5.00** **to 6.00** AM **WSL Championship Tour**

Sky Sports Action

407 407 865 | 517 507 | 426 446

- **6.00** AM **NFL: America's Game**
- **7.00** **Top Rank Boxing Archive**
- **9.00** **British Basketball** Action from the opening semi-final.
- **11.30** **NFL Bitesize Highlights** Action from San Francisco 49ers v Green Bay Packers.
- **11.45** **NFL Bitesize Highlights** Dallas Cowboys v Philadelphia Eagles.
- **12.00** NOON **Good Morning Football**
- **3.00** PM **Premier League Darts** Round 13 from Glasgow.
- **6.30** **NFL Bitesize Highlights** Action from Los Angeles Rams v Tampa Bay Buccaneers.
- **6.45** **NFL Bitesize Highlights** Los Angeles Rams v Arizona Cardinals.
- **7.00** **NBC's Pro-Football Talk**
- **9.00** **Fight Night International** Another chance to see Terence Crawford v Shawn Porter.
- **10.00** **Fight Night International** A replay of Miguel Berchelt v Jeremiah Nakathila.
- **11.00** **Fight Night International** Another chance to see Oscar Valdez v Shakur Stevenson.
- **12.00** M'T **Total Access**
- **1.00** AM **NFL: A Football Life**
- **2.00** **Premier League Darts**
- **5.30** **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

- **6.00** AM **Fighting Fit 2020**
- **7.00** **Fit In 5** Triple bill.
- **7.30** **My Icon** Double bill.
- **8.00** **Drone Racing League**
- **10.00** **Netball Superleague**
- **12.00** NOON **Formula 1** Highlights of the Miami Grand Prix.
- **1.00** PM **Formula 1** Action from the Emilia Romagna Grand Prix.
- **2.00** **Formula 1** Highlights of the Australian Grand Prix.
- **3.00** **Fighting Fit 2020**
- **4.00** **Fit In 5** Triple bill.
- **4.30** **My Icon** Double bill.
- **5.00** **Formula 1** Action from the Emilia Romagna Grand Prix.
- **6.00** **Formula 1** Highlights of the Miami Grand Prix.
- **7.00** **Netball Superleague** Another chance to see Loughborough Lightning v Team Bath.
- **9.00** **Formula 1** Highlights of the Emilia Romagna Grand Prix.
- **10.00** **Formula 1** Highlights of the Miami Grand Prix in Florida.
- **11.00** **Drone Racing League** Action from Minnesota.
- **1.00** AM **Formula 1**
- **2.00** **Netball Superleague**
- **4.00** **to 6.00** AM **Drone Racing League**

BT Sport/ESPN

423 423 876 | 530 | 411 434

- **6.00** AM **ESPN FC** Football news.
- **6.30** **ESPN SportsCenter**
- **6.45** **Around the Horn**
- **7.15** **Pardon the Interruption**
- **7.45** **ESPN SportsCenter**
- **8.00** **NCAA Baseball**
- **11.00** **MLB Quick Pitch**
- **12.00** NOON **ESPN FC**
- **12.30** PM **NCAA Baseball** Mississippi State Bulldogs v Florida Gators.
- **3.30** **NCAA Baseball** Action from Georgia Bulldogs v Vanderbilt Commodores.
- **6.30** **ESPN SportsCenter**
- **6.45** **MLB** Baseball action.
- **9.45** **NHRA Drag Racing Highlights** The Four-Wide Nationals.
- **10.45** **ESPN SportsCenter**
- **11.00** **LIVE NCAA Baseball Notre Dame Fighting Irish v Michigan State Spartans.** Coverage of the college match from Frank Eck Stadium. Start-time **11.00pm**.
- **2.30** **to 6.00** AM **LIVE MLB** Coverage of a Major League Baseball game.

Eurosport 1

410 410 868 | 521 | 412 435

- **7.00** AM **Cycling: Giro d'Italia**
- **8.00** **Giro d'Italia: The Breakaway**
- **8.30** **Motocross World Champs**
- **9.00** **Olympic Games: Her Game**
- **9.30** **Cycling: Giro d'Italia**
- **10.30** **Giro d'Italia: The Breakaway**
- **11.00** **LIVE Cycling: Giro d'Italia** Coverage of stage four of the Grand Tour race, a 166km route from Avola to Etna in Sicily.
- **5.00** PM **Cycling: Omloop Het Nieuwsblad** The men's race
- **6.00** **Climbing World Cup**
- **8.00** **Cycling: Giro d'Italia**
- **9.00** **Giro d'Italia: The Breakaway**
- **9.35** **Roland-Garros**
- **11.30** **Cycling: Giro d'Italia**
- **12.30** AM **Giro d'Italia: Breakaway**
- **1.05** **Cycling: Kuurne-Brussels-Kuurne** The one-day race.
- **2.00** **World Superbikes**
- **3.00** **World Superbikes Extra**
- **4.00** **Cycling: Giro d'Italia**
- **5.00** **Giro d'Italia: The Breakaway**
- **5.30** **to 7.00** AM **Roland-Garros**

Eurosport 2

411 411 869 | 522 | 413 436

- **6.30** AM **Giro d'Italia: Breakaway**
- **7.00** **Speedway Grand Prix**
- **8.00** **Roland-Garros**
- **9.00** **Fencing: Grand Prix Series**
- **10.00** **Formula E** The Mexico City ePrix.
- **11.00** **British Superbikes**
- **12.00** NOON **British Superbikes Extra**
- **1.00** PM **Climbing World Cup**
- **4.00** **World Superbikes**
- **5.00** **Roland-Garros**
- **6.00** **British Speedway**
- **7.00** **Formula E** The Monaco ePrix.
- **8.00** **FIA World Endurance Championship**
- **9.00** **World Touring Car Cup**
- **9.30** **Motorsport: ETCR**
- **10.30** **Cycling: Tour of Greece**
- **11.30** **Motocross World Champs**
- **12.00** M'T **Formula E** The Monaco ePrix.
- **2.00** AM **Cycling: Giro d'Italia**
- **3.00** **Giro d'Italia: The Breakaway**
- **3.30** **Olympic Games: Hall of Fame**
- **4.30** **Formula E** The Rome ePrix.
- **5.30** **to 6.30** AM **Cycling: Giro d'Italia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

- **6.00** AM **Drone Racing League** Action from Minnesota.
- **8.00** **Netball Superleague** A replay of Loughborough Lightning v Team Bath.
- **10.00** **Betfred Super League Highlights** The latest action.
- **11.00** **Netball Superleague**
- **1.00** PM **NBA Basketball**
- **3.00** **Betfred Super League Highlights** The latest action.
- **3.30** **Drone Racing League** Action from the North Star event.
- **4.30** **Netball Superleague** A replay of Loughborough Lightning v Team Bath.
- **6.30** **NBA GameTime**
- **7.00** **NBA Basketball** Play-off action.
- **9.00** **NBA Heatcheck**
- **10.00** **Ahead of the Game**
- **11.00** **Betfred Super League Highlights** The latest action.
- **12.00** M'T **NBA Basketball**
- **4.00** **to 6.00** AM **Rugby League Retro**

Sky Sports F1

406 406 864 | 516 506 | 425 445

- **6.00** AM **F1: Best of 2021**
- **11.00** **Formula 1** The team preview the Miami Grand Prix.
- **12.25** PM **Formula 1** Highlights of the Miami Grand Prix in Florida.
- **2.30** **Formula 1** Reaction and analysis from the Miami Grand Prix.
- **3.30** **The Notebook**
- **4.00** **Any Driven Monday** A review of the Miami Grand Prix.
- **5.30** **Formula 1** The Miami Grand Prix.
- **6.30** **Lewis's Secret Cinema** Lewis Hamilton and Martin Brundle reflect on some magic moments from F1 history.
- **7.00** **Formula 1** The team present from the grid ahead of the Miami Grand Prix.
- **8.25** **Formula 1** Another chance to see the Miami Grand Prix.
- **10.30** **Formula 1** Reaction and analysis from the Miami Grand Prix.
- **11.30** **The Notebook**
- **12.00** M'T **Indycar** The Honda Indy Grand Prix of Alabama.
- **1.00** **to 6.00** AM **F1: Best of 2021**

Wednesday 11 May

Evening Planner

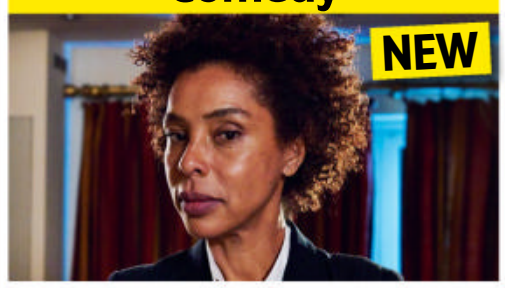
Factual

Between the Covers
BBC2, 7.30pm
Sara Cox chats to Richard Osman, David Morrissey, Deborah Francis-White and Vick Hope about their favourite books

Crime Drama

The Blacklist
Sky Showcase & Sky Max, 9pm
After one of their own is injured, Red (James Spader) and the FBI Task Force reunite to bring down a conspiracy

Comedy



Inside No 9
BBC2, 10pm
Sophie Okonedo guests in this week's episode as a detective and single mum caught up in the case of a missing boy

OnDemand

Disney+

How I Met Your Father
Available today
An older Sophie (Kim Cattrall) narrates as her younger self (Hilary Duff) searches for love

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 The Great British Sewing Bee		10.00 News; Local News	10.35 Match of...
102 BBC2	7.00 Nadiya's Time...	7.30 Between the...	8.00 Britain's Top Takeaways		9.00 DNA Family Secrets		10.00 Inside No. 9	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Games		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great Home Transformation		9.00 Grand Designs: The Streets		10.05 Gordon Ramsay: Uncharted	
105 CHANNEL 5	7.00 Secrets of the Fast Food Giants		8.00 Police Interceptors		9.00 Madeleine McCann: The Case Against Christian B			10.30 Crimes That...
106 SKY SHOWCASE	7.00 The Simpsons		8.00 DC's Legends of Tomorrow		9.00 The Blacklist		10.00 Mother Teresa: For the Love of God?	
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Noughts + Crosses		10.00 FBoy Island	
116 BBC4	7.00 Return to...	7.30 Walking with...	8.00 The Story of Scottish Art		9.00 England's Forgotten Queen...		10.00 WWI's Secret Shame: Shell Shock	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy			
136 MORE4	◂ 6.55 The Block: Big Renovation Challenge		8.00 Escape to the Chateau		9.00 Great British History Hunters		10.00 The Mystery of the Crossrail Skulls	
135 E4	7.00 Hollyoaks	7.30 Big Bang Theory	8.00 Below Deck: Mediterranean		9.00 Brooklyn Nine-Nine		10.00 Temptation Island	
107 SKY WITNESS	7.00 911 Crisis Centre		8.00 Blue Bloods		9.00 Grey's Anatomy		10.00 Station 19	
108 SKY ATLANTIC	◂ 6.50 The Affair		7.55 Game of Thrones		9.00 Raised by Wolves		10.05 Winning Time: The Rise of the...	
110 GOLD	7.00 Hi-de-Hi!	7.40 Keeping Up...	8.15 Dad's Army		9.00 The Royle Family			10.20 Not Going Out
111 DAVE	7.00 Richard Osman's...	7.40 Room 101	8.20 QI		9.00 QI XL		10.00 The Island	
119 ITV3	7.00 Heartbeat		8.05 Lewis				10.05 DCI Banks	
120 ITV4	7.00 Cycling: Tour Series		8.00 Heathrow: Britain's Busiest Airport		9.00 Film: Game of Death			
112 COMEDY CENTRAL	7.00 Friends				9.00 Richard Hammond's Brain Reaction		10.00 When Eurovision Goes Horribly Wrong	
152 SYFY	7.00 Quantum Leap		8.00 Warehouse 13		9.00 Grimm		9.55 Penny Dreadful: City of Angels	
113 SKY MAX	7.00 Stargate SG-1		8.00 DC's Legends of Tomorrow		9.00 The Blacklist		10.00 The Flight Attendant	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Hudson & Rex		9.00 The Coroner		10.00 Smother	
130 SKY ARTS	7.00 Landscape Artist of the Year 2015		8.00 Best of Portrait Artist of the Year 2021		9.00 Film: The Beatles: Eight Days a Week – The Touring Years			
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Kindig Customs		9.00 Deadliest Catch		10.00 Deadliest Catch: Bloodline	
162 ANIMAL PLANET	7.00 Dodo Heroes		8.00 Chasing Ocean Giants				10.00 Alaskan Bush People	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Primal Survivor: Escape the Amazon		9.00 Dutch Caribbean Coastguards		10.00 Car S.O.S.	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People: Serpent Invasion		9.00 The Curse of Oak Island		10.00 World's Greatest Treasure Mysteries	
155 YESTERDAY	7.00 Great Continental Railway Journeys		8.00 World's Most Dangerous Roads		9.00 Bangers and Cash			
121 SKY DOCS	7.00 Exterminate All the Brutes		8.10 The Sixties		9.00 The Lady and the Dale		10.10 Mother Teresa: For the Love...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.45 The Last Letter from Your Lover		8.00 Venom: Let There Be Carnage			9.50 Deadlock		
303 HITS	◂ 6.00 Superintelligence		8.00 John Wick			9.45 The Joneses		
304 GREATS	◂ 5.00 The Godfather		8.00 The Godfather Part II					
305 ANIMATION	◂ 6.30 Animals United		8.05 Dragon Rider		9.40 Mr Peabody & Sherman			
306 FAMILY	◂ 6.30 The Adventures of Sharkboy and Lavagirl		8.15 Space Jam: A New Legacy				10.15 The Muppets Take...	
307 ACTION	◂ 5.50 Batman		8.00 The Suicide Squad				10.15 The Raid	
308 COMEDY	◂ 5.55 The Intern		8.00 That's My Boy				10.00 Bridesmaids	
309 THRILLER	◂ 6.00 Red Lights		8.00 Vanilla Sky					10.20 Training Day
310 DRAMA	◂ 5.50 The Many Saints of Newark		8.00 Foxcatcher					10.30 Gridiron Gang
311 SCI-FI	◂ 6.20 Skyline		8.00 Battle: Los Angeles				10.05 Sleepy Hollow	
302 MUST SEE MOVIES	◂ 5.55 Mortal Kombat		8.00 Blacklight			9.50 The Conjuring: The Devil Made Me Do It		
313 FILM4	◂ 6.25 Star Trek Into Darkness				9.00 Angel Has Fallen			
315 TCM MOVIES	◂ 5.30 The Mississippi...	7.40 The Hired Gun			9.00 Man of Steel			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News		8.00 Premier League – Live: Wolverhampton Wanderers v Manchester City (Kick-off 8.15)					
402 PREMIER LEAGUE	7.00 Premier League – Live: Leeds United v Chelsea (Kick-off 7.30)						10.00 PL World	10.30 Premier League
403 FOOTBALL	7.00 SPFL – Live: Dundee United v Celtic (Kick-off 7.30)						10.00 WSL	10.30 EFL Highlights
404 CRICKET	7.00 2014 T20 Blast Final				9.00 IPL			
413 BT SPORT 1	◂ 6.00 Ligue 1 – Live: Nice v St. Etienne (Kick-off 6.00); Nantes v Rennes (Kick-off 8.00)						10.00 The Last Dance	
414 BT SPORT 2	7.00 The Football's On		8.00 The Aussie Rules Show		9.00 MLB – Live: San Diego Padres v Chicago Cubs (Start-time 9.10)			

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **For Love or Money** (S)(R)
10.45 **Dom Delivers** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Norwich. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** Daniel and Valerie's secret project is finally revealed. (S)(AD)
2.15 **Five Bedrooms** Series finale *One Way:* 8/8. (S2) (S)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Creating a family-friendly cottage garden in Worcestershire. (S)
4.30 **The Bidding Room** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Great British Sewing Bee

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the show. (S)
7.30 **EastEnders** Ben is uncomfortable as a suspicious Jack questions him about the latest attack. (S)(AD)

8 PM

8.00 NEW SERIES **The Repair Shop** 1/14. Jay Blades and the experts hear the stories of a one-of-a-kind clock, an Austin J40 toy pedal car, a china dog with its own wooden kennel and a football fan's lucky cap. (S)

9 PM

9.00 **The Great British Sewing Bee** New edition 3/10. The competitors create light and airy outfits for summer week, including a high-fashion midi dress with puff sleeves and a two-piece co-ordinated trousered outfit. (S)(AD)

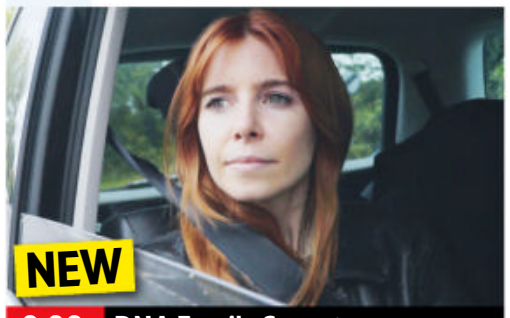
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Match of the Day** Gary Lineker presents highlights of the midweek Premier League fixtures, including Aston Villa v Liverpool at Villa Park and Wolverhampton Wanderers v Manchester City at Molineux. (S)
11.30 **FA Cup: Road to Wembley** A look back at Chelsea and Liverpool's routes to the 2022 final, featuring highlights of all their fixtures from the third round onward. (S)
12.00 M'T **Freeze the Fear with Wim Hof** 5/6. The celebrities perform yoga poses hundreds of feet above a frozen waterfall. (S)(R)(AD)
1.00 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **The Bidding Room** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **James Martin: Home Comforts** Takeaway-style meals. (S)(R)(AD)
3.00 **Britain in Bloom** (S)(R)
3.30 **Murder, Mystery and My Family** A 1875 murder case. (S)(R)(AD)
4.15 **Interior Design Masters** Two restaurants are transformed. (S)(R)
5.15 **Flog It!** From Cumbria. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **My Unique B&B** New edition Simon Parfett and his team take on a 1980s bus conversion. (S)(AD)



9.00 DNA Family Secrets

7 PM

7.00 **Nadiya's Time to Eat** 1/6. Time-saving recipes. (S)(R)
7.30 NEW SERIES **Between the Covers** 1/7. Sara Cox is joined by Vick Hope, Deborah Frances-White, David Morrissey and Richard Osman. *See feature, page 12.* (S)

8 PM

8.00 **Britain's Top Takeaways** New edition 3/8. Five of the nation's top-rated burger takeaways roll into Manchester to compete in the fast-food contest, presented by Sara Cox and Darren Harriott. (S)
■ Continues tomorrow

9 PM

9.00 NEW SERIES **DNA Family Secrets** 1/6. Stacey Dooley helps people unlock mysteries hidden in their DNA, beginning with three cases, including a man on a life-long mission to discover the identity of his father. (S)(AD)

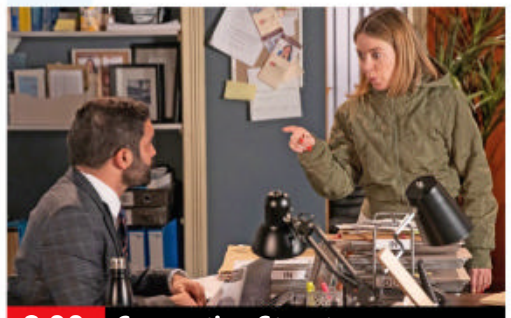
10 PM

10.00 **Inside No. 9** New episode *Nine Lives Kat:* 3/6. A detective tries to crack the case of a missing boy. *See feature, page 7.* (S7) (S)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Unspun World with John Simpson** New edition The BBC's World Affairs Editor reflects on the week's major news stories. (S)
11.45 **Fergal Keane: Living with PTSD** The BBC News special correspondent reveals the impact of PTSD on his life. (S)(R)
12.45 AM **Sign Zone: Idris Elba's Fight School** Reality series. (S)(R)(AD)
1.45 **Sign Zone: MasterChef** (S)(R)(AD)
2.45 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit the Bridlington, where Alys Dobbie goes on a fishing expedition, and Tim Hogarth considers opening a toy shop. (S)(R)
3.00 **Tenable** Five contestants from Yorkshire try to answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



8.00 Coronation Street

7 PM

7.30 **Emmerdale** Charity feels panicked, Gabby is living in fear, and a shot is fired in the woods. (S)(AD)

8 PM

8.00 **Coronation Street** Carla gets propositioned while trying to help Peter, Sarah tasks Kirk with another tricky sales assignment, and Summer hates herself for scaring away Aaron. (S)(AD)

9 PM

9.00 **The Games** New edition 3/5. Holly Willoughby and Andrew Flintoff present coverage of the third night of the contest, including the men battling it out in the 110m hurdles. (S)
■ Continues tomorrow

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.40 **Scotland Tonight** Current affairs show that tackles the issues behind the headlines from a Scottish perspective. (S)
11.40 **Afghanistan: No Country for Women** Ramita Navai exposes the reality of life for women under Taliban rule, secretly filming in a jail where she discovers females held without trial or charge. (S)(R)(AD)
12.40 AM **Shop: Ideal World**
3.00 **Bling** Expert fixer Chris works on a wedding ring. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 6&7/26. (S5) (S)(R)
7.35 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 15-17/24. (S5) (S)(R)(AD)
10.30 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Couples Come Dine with Me** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition Transforming a dated house in south Wales. (S)
5.00 **Sun, Sea and Selling Houses** Finding a villa in Almeria. (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Eric tries to hide his involvement in Joel's absence, and Dave makes a shocking discovery in Serena's bag. (S)(AD)

8.00 The Great Home Transformation

7 PM

7.00 **News** (S)

8 PM

8.00 **The Great Home Transformation** Series finale 6/6. Emma Willis and Nick Grimshaw visit Surrey to help a recently widowed young mum-of-two transform a house barely touched since the family moved in. (S)(AD)

9 PM

9.00 **Grand Designs: The Streets** New edition Kevin McCloud follows army couple Leah and Craig, who have designed a contemporary kit house where they can escape from military discipline and the beige of the barracks. (S)(AD)

10 PM

10.05 **Gordon Ramsay: Uncharted** New edition 2/7. The chef explores the wilderness of KwaZulu-Natal, South Africa, learning Zulu cooking traditions and encountering rhinos, giraffes, zebras and hippos. (S)
11.05 **The World's Most Extreme** The 10 most dangerous roads. (S)(R)
12.05 AM **SAS: Who Dares Wins** (S)(R)
1.00 **Undercover Boss Canada** (S)(R)
1.50 FILM **Drunk Wedding** Comedy starring Christian Cooke and Nick P Ross. (S) (2015, 18, 80min) ★
3.10 **Come Dine with Me** (S)(SL)(R)
4.00 **The Queen's Lost Family** (S)(SL)(R)
4.55 **Location, Location, Location** (R)
5.50 **to 6.05** AM **Kirstie's Vintage Gems** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Litter Louts: At War with the Law** New edition Officers take on a fly-tipping gang of criminal cannabis growers. (S)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 **Hailey Dean Mysteries: 2 + 2 = Murder** Crime drama starring Kellie Martin. (S)(R)
4.00 **Bargain-Loving Brits in the Sun** New edition Cameras focus on a couple who are enjoying a new life in Spain. (S)
5.00 **News** (S)
6.00 **Neighbours** An emotional Harlow hopes to reconnect with her family. (S)(R)
6.30 **Eggheads** Quiz show. (S)(R)

4.00 Bargain-Loving Brits...

7.00 **Secrets of the Fast Food Giants** New edition 2/4. Alexis Conran investigates the perfect pizza, fried chicken and Chinese takeaway. (S)
7.55 **News** (S)
8.00 **Police Interceptors** New edition 13/20. The firearms squad approach a man suspected of having a loaded crossbow in his flat. Officers raid two properties as they search for stashes of a cannabis substitute. (S)
9.00 **NEW Madeleine McCann: The Case Against Christian B** Mark Williams-Thomas, a former detective-turned-investigative journalist, carries out the first active, British TV investigation into Madeleine McCann 'prime suspect' Christian B. (S)
10.30 **Crimes That Shook Britain** The stabbing of 21-year-old Stephen Cameron during an escalated occurrence of road rage on the M25. (S)(R)
11.30 **Porn Stars: Our Secret World** The UK's porn industry. (S)(R)
12.30 AM **999: Criminals Caught on Camera** Real-life crimes. (S)(R)
1.20 **LeoVegas Live Casino Show**
3.20 **Entertainment News** (S)
3.35 **George Clarke's Build a New Life in the Country** (S)(R)
4.20 **Get Your Tatts Out: Kavos Ink** Reality series. (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Orangutan Jungle School** Nature documentary. (S)(R)
9.00 **Border Security: Australia's Front Line** Documentary. (S)(R)
10.00 **Supergirl** 16/20. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S10) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **S.W.A.T.** 19/21. (S3) (S)(R)
3.00 **Modern Family** (S8) (S)(R)
4.00 **Will & Grace** (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 8/24. Uncle Phil takes Will and Carlton camping. (S)(R) **6.00** 9/24. The Banks' appearance on *The Oprah Winfrey Show* exposes some questionable values. (S3) (S)(R)
6.30 **The Simpsons** (S)(R)

8.00 DC's Legends of Tomorrow

7.00 **The Simpsons** *The Bart Wants What It Wants:* Bart falls in love with the daughter of film star Rainier Wolfcastle. (S)(R) **7.30** *The Lastest Gun in the West:* Bart befriends an ageing film star. (S)(R)
8.00 **DC's Legends of Tomorrow** New episode *A Women's Place Is in the War Effort:* 7/13. When the Legends crash-land in 1940s Seattle, they find themselves in the middle of World War Two with a surprise guest. (S7)
9.00 **NEW SERIES The Blacklist** *The Skinner (No. 45) – Part One:* 1/22. Return of the thriller. When one of their own is injured in the line of duty, the task force reunite to bring down a global conspiracy. *See feature, page12.* (S9)
10.00 **Mother Teresa: For the Love of God?** 1/3. An in-depth look at the life of the nun and missionary, who was canonised as a saint by Pope Francis in December 2015. (R)
11.05 **Caught on Dashcam** (R)
12.05 AM **Sex and the City** 15/18. Carrie relives her youth. (S)(R) **12.40** 16/18. Carrie holds a seminar. (S3) (S)(R)
1.15 **A League of Their Own Road Trip: Dingle to Dover** (S)(R)
2.15 **NCIS: Los Angeles** (S7) (S)(R)
3.10 **Hawaii Five-0** 6/22. (S4) (S)(R)
4.05 **S.W.A.T.** 19/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
2.15pm Politics Scotland (S) **3.00-3.45** Five Bedrooms Series finale (S)(AD) **12.00m't** Debate Night (S)(R) **1.00am** Freeze the Fear with Wim Hof (S)(R)(AD) **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Nolan Live New edition (S) **11.35** Match of the Day (S) **12.30-1.00am** FA Cup: Road to Wembley (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.30pm BBC Wales Live New edition (S) **11.00** Weather (S) **11.05** Match of the Day (S) **12.00m't** FA Cup: Road to Wembley (S) **12.30am** Freeze the Fear with Wim Hof (S)(R)(AD) **1.30-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cegin Bryn: Yn Ffrainc **12.30** Garddio a Mwy **1.00** Prynhawn Da New edition **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Giro d'Italia **3.05** Gitar Yn Y To **4.00** Peppa **4.05** Odo **4.15** Cei Bach **4.30** Anifeiliaid Bach y Byd **4.40** Ahoi! **5.00** Stwnsh **6.00** Y Sioe Fwyd (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Ar Werth New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Y Llinell Las New edition **9.30** LIVE Seiclo: Giro d'Italia **10.00** Iaith ar Daith **11.00** Y Byd ar Bedwar **11.30-11.35pm** Dim Byd i'w Wisgo

TV&Satellite week
More channels than any other TV magazine

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition Meals inspired by one of the four seasons.
7.50 **The Catch Up**
7.55 **Loop**
8.00 **NEW SERIES Glow Up: Britain's Next Make-Up Star** 1/8. Ten make-up artists work on a campaign for a fitness brand.
9.00 **Noughts + Crosses** 3/4. A broken agreement leaves Kamal in hospital. (S2)
9.50 **What's in Your Schoolbag?**
10.00 **FBoy Island** New edition 7/10. The surprise return of a familiar face inspires two happy reunions.
10.45 **Bump** 7&8/10. (S1)
11.45 **Peacock**
12.10 AM **Glow Up: Britain's Next Make-Up Star**
1.10 **Hot Property**
1.40 **Brickies**
2.10 **Press X to Continue**
2.20 **Hot Cakes**
2.50 **Meet the Khans: Big in Bolton** Reality series.
3.20 **to 3.50** AM **Stitch, Please!**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Return to Pembrokeshire Farm** 5/5. Work on the cottage and mill is finally completed.
7.30 **Walking with Shappi Khorsandi** Shappi walks through the Peak District.
8.00 **The Story of Scottish Art** 2/4. Exploring the artistic landscape of the 18th century.
9.00 **England's Forgotten Queen: The Life and Death of Lady Jane Grey** 3/3. Helen Castor reveals how Jane's nine-day reign came to an end.
10.00 **WWI's Secret Shame: Shell Shock** The devastating impact of the war on the mental health of soldiers.
11.00 **Mission: Joy – Finding Happiness in Troubled Times** Documentary.
12.20 AM **The Sky at Night**
12.50 **Return to...** As 7.00pm.
1.20 **Walking with Shappi...**
1.50 **The Story of Scottish Art**
2.50 **to 3.50** AM **Brian Cox's Adventures in Space and Time**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Candy canes.
9.15 **A Place in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Find It, Fix It, Flog It** Simon and Henry head to Middlesex and Surrey, where projects include repurposing a 1950s hairdryer and updating a school desk.
5.55 **Escape to the Chateau: DIY** Ben and Billie work on the riverside glamping area.
6.55 **The Block: Big Renovation Challenge** New edition Julia and Sasha find their builders are untrustworthy.
8.00 **Escape to the Chateau** Dick and Angel try to turn the coach house into a cafe.
9.00 **Great British History Hunters** New edition 3/4. Military veterans in Lincolnshire unearth a link to their Roman counterparts.
10.00 **The Mystery of the Crossrail Skulls** Documentary examining the discovery of dozens of Roman-era skulls by engineers working beneath London's Liverpool Street.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **Great British History Hunters** As 9.00pm.
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Black-ish**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **The Neighborhood** New episodes 3&4/18. (S3)
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Grace makes a heartfelt admission to Saul.
7.30 **The Big Bang Theory** 20/24. Raj discovers a secret about Howard. (S7)
8.00 **Below Deck: Mediterranean** New edition Tensions begin to brew between Captain Sandy and Malia.
9.00 **Brooklyn Nine-Nine** New episode 5/10. Jake meets up with a friend. (S8) **9.30** 3/13. Adrian Pimento shows up unexpectedly. (S7)
10.00 **Temptation Island** New edition 7/12. The couples are allowed to send a thirty second video message to each other.
11.05 **Gogglebox**
12.10 AM **Naked Attraction**
1.15 **First Dates**
2.15 **Below Deck: Mediterranean**
3.10 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Black-ish**

+1 hour 235 | 146 | 30 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **911 Crisis Centre**
7.00 **Nothing to Declare**
8.00 **Border Patrol**
9.00 **UK Border Force**
10.00 **911 Crisis Centre**
11.00 **Law & Order** 10/24. (S15)
12.00 NOON **Bull** 19/22. Danny enlists Bull's help with the assault trial of her former FBI mentor, Trent Bolton. (S3)
1.00 PM **Blue Bloods** (S9)
3.00 **Paramedics Australia**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 Grey's Anatomy

7 PM

7.00 **911 Crisis Centre** New editions Tiffany has an emotional night. **7.30** A call dredges up past trauma for Donna.

8 PM

8.00 **Blue Bloods** *The New Normal:* 6/16. Frank deals with a police captain who is losing his grip over his precinct. (S11)

9 PM

9.00 **Grey's Anatomy** New episode *Legacy:* Owen's impatience makes him a difficult physical therapy patient. (S18)

10 PM

10.00 **Station 19** New episode *In My Tree:* Sullivan gives Beckett an ultimatum, and the crew respond to a skydiving incident. (S5)
11.00 **Caught on Dashcam** Road disasters captured on video.
12.00 M'T **The Rookie** (S2&4)
2.00 AM **Transplant** (S2)
3.00 **Bull** 19/22. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **Big Love** (S4&5)
10.05 **The Affair** 3&4/12. (S2)
12.15 PM **Game of Thrones** (S2)
1.20 **Six Feet Under** 2&3/12. (S5)
3.30 **Boardwalk Empire** 9/12. Owen and Nucky travel to Belfast. **4.35** 10/12. Nucky undercuts Jimmy's business. (S2)
5.45 **The Affair** 5/12. Alison makes a discovery about Noah's book. **6.50** 6/12. Alison tells Noah she wants to stay with her mother at the institute. (S2)

9.00 Raised by Wolves

7.55 **Game of Thrones** *The Prince of Winterfell:* 8/10. Robb Stark discovers he has been betrayed, and Daenerys' hunger for the Iron Throne prompts her to ignore advice. (S2)

9.00 **Raised by Wolves** New episode *The Tree:* 6/8. Mother is distracted with the imminent birth of Tempest's baby. (S2)

10.05 **Winning Time: The Rise of the Lakers Dynasty** *Promised Land:* 10/10. Conclusion of the comedy drama. (S1)
11.10 **Devils** 3/8. Massimo helps Dominic sabotage a deal. **12.15** AM 4/8. Massimo seeks the truth about Brexit. (S2)
1.20 **Six Feet Under** (S4)
3.30 **In Treatment** (S2)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S7)
8.00 **The Flash** 15/23. (S1)
9.00 **DC's Legends of Tomorrow**
10.00 **Supergirl** 16/20. (S1)
11.00 **NCIS: Los Angeles** (S10)
1.00 PM **Hawaii Five-0** 6/22. (S4)
2.00 **S.W.A.T.** 19/21. (S3)
3.00 **DC's Legends of Tomorrow**
4.00 **The Flash** 16/23. (S1)
5.00 **Supergirl** 16/20. Kara is exposed to Kryptonite. (S1)
6.00 **Stargate SG-1** 16/22. Carter goes missing during a drone attack on the Alpha site. (S7)

9.00 The Blacklist

7.00 **Stargate SG-1** *Heroes – Part One:* 17/22. SG-1 is invaded by a film crew. Guest stars Adam Baldwin. (S7)

8.00 **DC's Legends of Tomorrow** New episode *A Women's Place Is in the War Effort:* 7/13. The team are in 1940s Seattle. (S7)

9.00 **NEW SERIES The Blacklist** *The Skinner (No. 45) – Part One:* 1/22. Crime thriller. *See feature, page12.* (S9)

10.00 **The Flight Attendant** *Funeralia:* 3/8. Cassie returns to New York and crashes Alex's memorial service. (S1)
11.00 **The Flight Attendant** 4/8. Cassie follows the paper trail to an empty private jet. (S1)
12.00 M'T **The Flash** 7/18. (S8)
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **Sun, Sea and A&E**
3.00 **Hawaii Five-0** 6/22. (S4)
4.00 **S.W.A.T.** 19/21. (S3)
5.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Highlights**
7.30 **The Ellen DeGeneres Show**
8.25 **You've Been Framed!**
9.20 **Hart of Dixie** 2/22. (S2)
10.15 **One Tree Hill** 2/23. (S2)
11.10 **The O.C** 24/27. (S1)
12.00 NOON **Secret Crush**
1.05 PM **Dress to Impress**
2.05 **The Ellen DeGeneres Show** New edition With Adam Levine.
3.00 **Hart of Dixie** 3/22. (S2)
4.00 **One Tree Hill** 3/23. (S2)
5.00 **The O.C** 25/27. (S1)
6.00 **Celebrity Catchphrase**

9.00 Family Guy

7.00 **Superstore** 8/21. Amy and Jonah help Mateo. **7.30** 9/21. Staff are asked to take purchases to customers' cars. (S5)

8.00 **Bob's Burgers** 9/22. Gene auditions for a role in a theatre production. **8.30** 10/22. Linda works a temp job. (S10)

9.00 **Family Guy** 7/20. Quagmire tells Ida that he is in love with Lois. **9.30** 8/20. Joe is injured during a bull run. (S14)

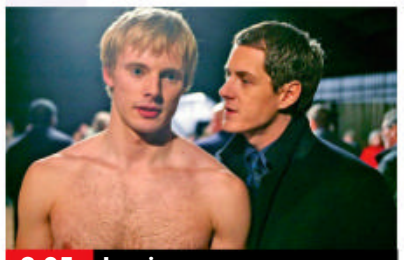
10.00 **Family Guy** 16/20. Peter is told to work from home due to his sweating. **10.30** 17/20. Peter ends up in a coma. (S18)
11.00 **Family Guy** 18/20. The family face life without Meg when she is wrongly reported to have died in a car crash. (S18)
11.30 **American Dad!** (S15)
12.25 AM **Bob's Burgers** (S10)
1.25 **Superstore** (S5)
2.20 **to 3.00** AM **Celebrity Juice**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **On the Buses**
9.15 **The Darling Buds of May**
11.30 **Heartbeat**
1.45 PM **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Marple**
5.50 **Heartbeat** *The Family Way:* Jo is concerned that her father is not managing without his wife and emotions boil over after a car accident. Meanwhile, Greengrass's brother arrives in the village.


8.05 Lewis

7.00 **Heartbeat** *Friendly Fire:* Nick is alerted when a lay preacher is wounded in a shooting accident.

8.05 **Lewis** *Music to Die For:* The death of an Oxford don leads to the shady world of unlicensed boxing bouts, and further investigations reveal connections to the former East Germany.

10.05 **DCI Banks** *Cold Is the Grave – Part One:* 5/6. The detective is asked to search for Rydell's missing daughter. (S1)
11.10 **DCI Banks** *Cold Is the Grave – Part Two:* 6/6. The detective uncovers evidence that one of his team is an informer. (S1)
12.10 AM **Inspector Morse** *Greeks Bearing Gifts:* The sleuth investigates a double mystery.
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Roaming in the Wild** 4/6. A winter ski adventure to remember with breathtaking mountain views.
7.30 **Scotland's Home of the Year** The judges visit properties in the Lothians.
8.00 **Inside Central Station** 3/6. Kia and Daniel get used to the realities of customer service.
9.00 **The Nine**
10.00 **River City** New episode Lydia decides how best to reintroduce herself to the community.
10.30 **Debate Night** Topical debate on the big issues affecting Scotland and beyond.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** 7/10. Criminologist David Wilson looks at Scotland's complex history of race crime.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Everybody Hates Chris** 21&22/22. (S2)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S3)
11.30 **The Office (US)** (S2)
12.00 NOON **The Mindy Project** 17&18/26. (S4)
1.00 PM **Curb Your Enthusiasm** (S6)
2.20 **Sex and the City** (S3)
3.00 **Modern Family** (S8)
4.00 **Will & Grace** (S7)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S3)
8.00 **30 Rock** 9&11/23. (S5)
9.00 **The Reluctant Landlord**
10.00 **Sick of It** 5&6/6. (S1)
11.00 **Barry** 3/8. (S3)
11.35 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.30 AM **Sex and the City**
1.40 **The Late Late Show with James Corden** New edition Talk show.
2.40 **Curb Your Enthusiasm**
4.00 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Discovering: Tom Hanks**
11.00 **Santana: Music Icons**
11.30 **Video Killed the Radio Star** A-ha's music videos.
12.00 NOON **Sky Arts Book Club** With John Boyne.
1.00 PM **Tales of the...**
2.00 **From the Vaults**
3.00 **The Artist's Garden**
4.00 **Tales of the Unexpected**
5.00 **Discovering**
6.00 **Portrait Artist 2017**
7.00 **Landscape Artist 2015**
8.00 **Best of Portrait Artist of the Year 2021**
9.00 **FILM The Beatles: Eight Days a Week – The Touring Years** Documentary. (2016, 12, 113min) ★★★★
11.00 **The Beatles, Hippies & Hells Angels**
1.00 AM **Music Icons**
1.30 **Comedy Legends**
2.30 **Icon: Music Through the Lens** Magazine covers.
3.45 **to 6.00** AM **Highlights**

Pick

159 156 | 36 | 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **UK Border Force**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S4)
5.00 **Star Trek: The Next Generation** 9/26. (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Hawaii Five-0** (S3)
8.00 **Snapped** Documentary.
9.00 **Strike Back: Shadow Warfare** 5/10. (S4)
10.00 **Grimm** 2/22. (S4)
11.00 **Murders That Shocked the Nation** The crimes of Gordon Cummins.
12.00 M'T **How I Caught the Killer** Documentary.
1.00 AM **Caribbean Cops**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Younger** (S6&7)
9.00 **The Middle** (S2&3)
11.00 **My Wife and Kids** (S2)
1.00 PM **Friends** (S3)
7.00 **Friends** 19/25. Monica dates a millionaire. **7.30** 20/25. Chandler dates Rachel's boss. **8.00** 21/25. Heartbroken Ross makes a sacrifice for Rachel. **8.30** 22/25. Joey's play gets bad reviews. (S3)
9.00 **Richard Hammond's Brain Reaction** New edition With Lou Sanders and Bobby Mair.
10.00 **When Eurovision Goes Horribly Wrong** Angela Rippon presents a guide to the contest's most disastrous moments.
1.00 AM **The Ricky Gervais Show** 4&5/13. (S2)
2.00 **Impractical Jokers**
3.15 **The Daily Show** New edition Talk show.
3.50 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 | 28 | 119

7.00 AM **Olivia Meets Her Match** Reality series.
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **Real Housewives of New York City**
1.25 **Olivia Meets Her Match**
2.25 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Beverly Hills**
6.00 **Making It Home with Kortney & Kenny**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Ferne McCann: First Time Mum** New edition Ferne hopes for the best when she braves a photoshoot with Sunday.
10.00 **Dr. 90210** Helping a three breasted-patient.
11.00 **Bridezillas**
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind**

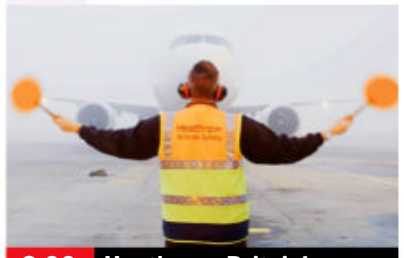
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Saint**
6.55 **The Adventures of Sherlock Holmes**
7.50 **The Avengers**
8.55 **The Professionals**
10.05 **Minder**
11.15 **The Saint**
12.20 PM **The Avengers**
1.30 LIVE **Racing** Day one of the Dante meeting at York. Plus, action from Newton Abbot.
4.30 **River Monsters**
4.55 **Minder**
6.00 **Giant Lobster Hunters**


8.00 Heathrow: Britain's...

7.00 **Cycling: Tour Series** Hannah East presents highlights from round three of the Tour Series in Sunderland.

8.00 **Heathrow: Britain's Busiest Airport** A full A330 could be in trouble. **8.30** Border officers Kat and Tracy help a student.

9.00 FILM **Game of Death** Action thriller starring Wesley Snipes. A CIA agent begins playing a dangerous game when he becomes an undercover bodyguard to an arms dealer. (2010, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **South of the River**
12.05 AM FILM **Death Wish V: The Face of Death** Thriller starring Charles Bronson and Lesley-Anne Down. (1993, 15, 91min) ★
2.10 **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Most Haunted**
7.00 **Star Trek: Deep Space Nine**
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S3)
12.00 NOON **Stargate Atlantis** (S5)
1.00 PM **Blood & Treasure** (S1)
2.00 **V** 2/12. TV news anchor Chad Decker changes tack. (S1)
3.00 **Warehouse 13** As 8.00pm.
4.00 **Stargate Atlantis** (S5)
5.00 **Stargate SG-1** 4/22. (S5)
6.00 **Star Trek: Deep Space Nine** 4/26. A desperate Trill takes the group hostage. (S2)

11.15 Fortitude

7.00 **Quantum Leap** *The Leap Back:* 1/22. The time-traveller switches roles with guardian AI, who ends up in 1945. (S4)

8.00 **Warehouse 13** *Duped:* 9/13. Pete joins Myka on a trip to Las Vegas to recover an artefact from two gamblers. (S1)

9.00 **Grimm** *The Grimm Who Stole Christmas:* 7/22. Three Wesen threaten to ruin Christmas. (S4)
9.55 **Penny Dreadful: City of Angels** *Santa Muerte:* 1/10. Crime drama set in 1930s Los Angeles, starring Natalie Dormer and Daniel Zovatto. (S1)

11.15 **Fortitude** 7&8/10. (S2)
1.15 AM **Stargate SG-1** 4/22. Teal'c, Carter and Daniel return to the SGC. (S5)
2.10 **Stargate Atlantis** (S5)
3.05 **Star Trek: Deep Space Nine**
4.00 **Star Trek: Voyager** (S3)
5.00 **to 6.00** AM **V**

+1 hour 229

Alibi

109/110 809 126 212

7.10 AM **Murdoch Mysteries** (S5)
9.00 **The Doctor Blake Mysteries**
10.00 **Major Crimes** 14/21. (S5)
11.00 **Rizzoli & Isles** 11/18. (S6)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S15)
4.00 **The Doctor Blake Mysteries**
5.00 **Major Crimes** 14/21. A private eye interferes with the team's murder investigation. (S5)
6.00 **Death in Paradise** 5/8. Humphrey's Aunt Mary gets caught up in a murder. (S5)

9.00 The Coroner

7.00 **Rizzoli & Isles** *Fake It 'Til You Make It:* 11/18. A body turns up in Boston with links to a murder in Los Angeles. (S6)

8.00 **Hudson & Rex** *Manhunt:* 2/16. Charlie and Rex are on the hunt after a prison van crash frees a convicted killer. (S3)

9.00 **The Coroner** *The Salcombe Selkie:* 7/10. Lighthaven is stunned when a girl appears to return from the dead. (S1)

10.00 **Smother** 6/6. Val is determined to confront Alanna, but she realises that a more dangerous threat is brewing. (S2)

11.10 **Death in Paradise** As 6pm.
12.10 AM **The Doctor Blake Mysteries** 2/10. A member of staff is found dead at the hospital. (S1)
1.10 **Father Brown**
2.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 343 358

7.20 AM **Highlights**
9.10 **Hi-de-Hi!**
9.50 **Only Fools and Horses**
10.30 **Last of the Summer Wine**
11.50 **Keeping Up Appearances**
12.30 PM **Dad's Army**
1.10 **Hi-de-Hi!**
1.50 **2point4 Children**
2.30 **Desmond's**
3.05 **Keeping Up Appearances**
3.45 **The Good Life**
4.25 **Last of the Summer Wine**
5.40 **Only Fools and Horses**
6.20 **Desmond's**

8.15 Dad's Army

7.00 **Hi-de-Hi!** The new boss makes his presence felt with a spate of sackings.
7.40 **Keeping Up Appearances** Hyacinth agrees to meet a VIP at the railway station.
8.15 **Dad's Army** Captain Mainwaring suffers a terrible hangover.

9.00 **The Royle Family** The arrival of the phone bill is the last thing Jim needs. **9.35** Nana arrives to join the family for Sunday lunch – but the lads are late back from the pub.
10.20 **Not Going Out** Lee pretends to be Tim in front of Kate's friend.

11.00 **Live at the Apollo** With Jon Richardson introduces sets by Sara Pascoe and Nathan Caton.
12.00 M'T **Peep Show**
12.35 AM **Desmond's**
1.10 **The Royle Family**
2.25 **Not Going Out**
2.55 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.35 AM **Modern Wheels or Classic Steals**
8.00 **Top Gear**
9.00 **Storage Hunters UK**
10.00 **Sin City Motors**
11.00 **World's Most Dangerous Roads** The Peruvian Andes.
12.00 NOON **Bangers and Cash**
1.00 PM **Fast Justice**
2.00 **Top Gear**
3.00 **Mediterranean Escapes**
4.00 **Bangers and Cash**
5.00 **Mediterranean Escapes**
6.00 **Taskmaster** With Al Murray.

10.00 The Island

7.00 **Richard Osman's House of Games** With Stuart Maconie and Lou Sanders.
7.40 **Room 101** Craig Revel Horwood, Sheila Hancock and Jon Richardson reveal their pet hates.
8.20 **QI** With guest panellists Sarah Millican, Cariad Lloyd and Alice Levine.

9.00 **QI XL** Katherine Ryan, Josh Widdicombe and Phill Jupitus join regular panellists Alan Davies and host Stephen Fry.

10.00 **The Island** Series finale 8/8. Sara Pascoe, Johnny Vegas, Ninia Benjamin and Ahir Shah inhabit their new island nations.

11.00 **Have I Got a Bit More News for You** Jo Brand hosts.
12.00 M'T **Big Zuu's Big Eats**
12.40 AM **QI XL**
1.40 **Room 101**
2.15 **The Island** As 10.00pm.
3.00 **Beat the Internet**
3.40 **to 4.00** AM **Indestructibles**

+1 hour 211 131 74

Wednesday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Secrets** Romantic drama.
11.50 **GREAT! Movie News**
12.00 NOON **Murder, She Wrote** *Trouble in Eden.*
1.00 PM **Perception** (S2)
2.00 **Body of Proof Movie: Outbreak** Crime drama.
3.00 **Castle** 20/24. (S2)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 8/25. Potter writes a letter home. **8.30** 9/25. The 4077th shelter a group of Korean orphans. (S4)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz show.
1.00 AM **M*A*S*H** (S4)
3.00 **Hart to Hart** (S4)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** Double bill.
11.30 **Great House Giveaway**
12.30 PM **A Place in the Sun**
1.30 **A Place in the Sun: Home or Away**
2.30 **Sun, Sea and Selling Houses** From Spain.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Inside the Superbrands**
8.00 **Celebrity Bake Off for Stand Up to Cancer**
9.00 **The Spy Who Died Twice** Documentary.
10.00 **SAS: Who Dares Wins** Reece and Sarah are put in charge for the escape and evasion test.
11.10 **8 Out of 10 Cats Does Countdown**
12.10 AM **Taskmaster**
1.15 **Grand Designs: The Streets**
2.20 **Grand Designs**
3.25 **George Clarke's Old House, New Home**
4.20 **to 4.50** AM **Hullraisers**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **NCIS** 15-17/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *16 Years:* 7/24. Ducky reveals he has been helping to solve crimes in his spare time. **7.00** *Saviours:* 8/24. DiNozzo helps old flame Jeanne Benoit rescue her kidnapped husband. **8.00** *Day in Court:* 9/24. A petty officer tries to prove he did not murder his ex-girlfriend. (S13)
9.00 **Crossing Lines** *Expose:* 11/12. A journalist reaches out to Dorn. (S3)
10.00 **Law & Order: Special Victims Unit** *Heightened Emotions:* 4/21. A young athlete claims she is a rape victim. (S18)
11.00 **Law & Order: Special Victims Unit** (S18)
1.55 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.05 **Rich Kids Go Skint**
8.55 **Room to Improve**
10.00 **Bargain-Loving Brits in the Sun** Documentary.
11.00 **Filthy Britain SOS**
12.00 NOON **Traffic Cops: Under Attack**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving Badly**
6.00 **Home and Away**
7.00 **10 Years Younger in 10 Days** With Cherry Healey.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Curvy Girls: Stripped Bare**
1.00 AM **It's Your Fault I'm Fat** Documentary.
2.00 **Bargain-Loving Brits...**
3.00 **Neighbours**
3.25 **Home and Away**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 211 25 156

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **The Three Day Nanny**
12.00 NOON **Inside the Ambulance** Double bill.
2.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
8.00 **Inside the Ambulance** A pensioner whose heart rate is erratic.
9.00 **The Undateables** Following James, who has yet to meet the woman of his dreams.
10.00 **Emma Willis: Delivering Babies** A woman goes into labour at just 34 weeks.
11.00 **Stacey Dooley: Face to Face with the Bounty Hunters** Documentary.
12.00 M'T **Killer Women with Piers Morgan**
1.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.00 AM **Birds of a Feather**
7.45 **Bergerac**
8.40 **The Bill**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Birds of a Feather**
6.00 **Butterflies**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Death in Holy Orders** 1/2. PD James thriller starring Martin Shaw and Janie Dee. Commander Adam Dalgleish investigates the case of a suspected serial killer.
9.55 **New Tricks** *The Little Brother:* Brian helps Esther's friend find her missing brother.
11.05 **Silent Witness**
1.20 **to 4.00** AM **Dalziel & Pascoe**

+1 hour 243 226 60

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

WEDNESDAY

Wednesday

Documentaries

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 17/19. (S7)
12.00 NOON **Medium** (S2)
1.00 PM **JAG** 16&17/24. (S3)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Death Takes a Policy:* 21/22. Allison worries her life is near an end when she is plagued by visions of a man claiming to be Death. Guest stars Kelsey Grammer. (S2)
10.00 **Unsolved Mysteries** Investigating the Puerto Rican legend of the Chupacabra. **11.00** The case of a priest who seemingly displayed healing powers.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **The Jury Room**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S4)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 5&6/27. (S4)
3.00 **CSI: NY** 22/23. (S1)
4.00 **NCIS** 21/24. (S12)
5.00 **The Fugitive** (S4)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** *Codename Dragonfly:* 7/27. The lawman tries to eradicate drugs from the street. (S4) **8.00** *A Silent Cry:* 8/27. The lawman deals with a rape case. (S4)
9.00 **CSI: NY** 22/23. (S1)
10.00 **NCIS** 21/24. (S12)
11.00 **Diagnosis Murder** (S5)
1.00 AM **Walker, Texas Ranger** 7&8/27. (S4)
3.00 **JAG** 15/24. (S4)
4.00 **Donal MacIntyre: Unsolved – Trevor Deely** Factual crime.
4.45 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Double bill.
6.00 **Pointless** Quiz show.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show.
8.00 **The Chase** Double bill. Bradley Walsh presents as four contestants take on ruthless quiz genius The Chaser in a bid to secure a cash prize.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **I Am Cait**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Wags**
12.00 NOON **News: Daily Pop**
1.00 PM **Keeping Up with the Kardashians**
7.00 **Botched** A transgender showgirl seeks help. **8.00** A patient who wants to retire her '*Baywatch* boobs'.
9.00 **Keeping Up with the Kardashians** Khloe commemorates her father on the first anniversary of his death. **9.30** Kourtney gets her pregnancy test results.
10.00 **Nightly Pop**
10.30 **Dating: No Filter**
11.00 **Wags: LA**
12.00 M'T **Dr 90210**
1.00 AM **I Am Cait**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Giuliana and Bill**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **First Ladies**
7.00 **Discovering**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Exterminate All the...**
11.10 **The Sixties**
12.00 NOON **Jealous Guy**
1.45 PM **My Icon**
2.00 **I Am Richard Pryor**
3.45 **My Icon**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Urban Secrets**
7.00 **Exterminate All the Brutes**
8.10 **The Sixties**
9.00 **The Lady and the Dale** Series finale 4/4.
10.10 **Mother Teresa: For the Love of God** 1/3.
11.15 **Life of Crime 1984-2020**
1.35 AM **FILM Anvil! The Story of Anvil** Music documentary. (2008, 15, 90min) ★★★★
3.10 **The Return: Life After ISIS** Documentary.
5.00 **to 6.00** AM **The Sixties**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Battle of the Alphas**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School** Documentary.
9.00 **Africa's Hunters**
10.00 **Valley of Flood and Fire**
11.00 **Great Blue Wild**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **Africa's Hunters**
4.00 **Valley of Flood and Fire**
5.00 **Great Blue Wild**
6.00 **Mysteries of the...**
7.00 **Monkey Life**
8.00 **Africa's Underwater Wonders**
9.00 **Australia's Hidden Islands** Lady Elliot Island.
10.00 **Great Blue Wild**
11.00 **Mysteries of the...**
12.00 M'T **Galapagos**
1.00 AM **Africa's Hidden Kingdoms**
2.00 **Africa's Underwater...**
3.00 **Australia's Hidden...**
4.00 **to 6.00** AM **Highlights**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** In Kent.
8.00 **Fantasy Homes by the Sea** In Pembrokeshire.
9.00 **The Yorkshire Auction House** A hanging lantern.
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home...**
1.00 PM **Good Bones**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **The Yorkshire Auction...**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **Love Your Garden**
10.00 **Home Town** New edition
11.00 **Good Bones**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **60 Minute Makeover**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Giada's Weekend Getaways** Double bill.
9.00 **Mary Berry's Simple Comforts** Double bill.
10.00 **Seafood Odyssey**
11.00 **Ainsley's Mediterranean Cookbook**
12.00 NOON **Bake Off...**
1.00 PM **Jamie at Home**
2.00 **James Martin's Brittany**
3.00 **Tom Kerridge's American Feast**
4.00 **Seafood Odyssey**
5.00 **Barefoot Contessa**
6.00 **Diners, Drive-Ins and Dives** New editions
7.00 **Bake Off: Professionals**
8.00 **Mary Berry's Simple Comforts** Double bill..
9.00 **Seafood Odyssey**
10.00 **James Martin: Home Comforts**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Alaska: Homestead Rescue** Documentary.
12.00 **Pit Bulls & Parolees**
1.00 PM **The Zoo**
2.00 **Cake Boss**
3.00 **Restaurant: Impossible**
4.00 **Destroyed in Seconds**
5.00 **Alaskan Bush People**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Outback Opal Hunters**
10.00 **Yukon Gold**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Bear Grylls**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Traffic Cops**
11.00 **Trucking Hell**
12.00 NOON **FILM The Shepherd of the Hills** Western drama. (1941, PG, 98min) ★★
2.00 PM **FILM Streets of Laredo** Western. (1949, U, 93min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **999: Criminals Caught on Camera**
9.00 **Professionals** New episode *The Hunted:* 7/10. (S1)
10.00 **FILM The Running Man** Sci-fi adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
12.05 AM **999: Criminals Caught on Camera**
1.05 **Fights, Camera, Action!**
2.00 **Idiot TV**
3.00 **Airport Security: Peru**
3.50 **Flights from Hell**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **UK Border Force**
8.00 **Stop, Search, Seize**
9.00 **Australia's Front Line**
10.00 **Rapid Response**
11.00 **Road Wars**
12.00 NOON **Send in the Dogs**
1.00 PM **Snapped**
2.00 **Britain's Most Evil Killers**
3.00 **World's Most Evil Killers**
4.00 **How I Caught the Killer**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer** True crime.
8.00 **Britain's Most Evil Killers**
9.00 **Made for Murder**
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Mark of a Serial Killer** Documentary.
2.00 **Snapped**
3.00 **Forensics: Catching...**
4.00 **Rapid Response**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** An investigation into a murder set up to look like a suicide. **7.30** A man vanishes after starting an affair with a friend's wife.
8.00 **48 Hours** A discarded cigarette could lead police investigators to find a killer.
9.00 **Snapped: Killer Couples** A respected soldier is murdered on New Year's Eve.
10.00 **Ice Cold Killers**
11.00 **Voice of a Serial Killer**
12.00 M'T **Donal MacIntyre's Murder Files**
1.00 AM **Snapped: Killer Couples** As 9.00pm.
2.00 **Ice Cold Killers**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Jury Room**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** The Algarve.
7.00 **Teleshopping**
8.00 **DIY SOS: The Big Build**
9.00 **Homes Under the Hammer** In Glasgow.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** From Bradford.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Houston**
3.00 **Animal Cops Philadelphia**
4.00 **Lone Star Law**
5.00 **Countryside 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Aussie Kids A&E** New edition Medics treats a boy scout for a mysterious bite.
10.00 **The Bad Skin Clinic**
11.00 **Ghost Adventures**
1.00 AM **Destination Fear**
2.00 **Teleshopping**
4.00 **Animal Cops Houston**
5.00 **to 6.00** AM **Animal Cops Philadelphia**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.55 **Alien Files: Unsealed**
8.55 **Ancient Aliens**
10.50 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Auction Hunters**
8.00 **Dickinson's Real Deal**
9.00 **The UnXplained with William Shatner**
10.00 **National Park Mysteries** Big Bend National Park in Texas. **10.30** Death Valley National Park.
11.00 **MysteryQuest**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Highway Thru Hell**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes to the Dress: Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **sMothered**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Home Town**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **sMothered**
6.00 **Love After Lock Up**
7.00 **Sister Wives**
8.00 **Extreme Sisters** New edition
9.00 **1000lb Sisters**
10.00 **You, Me & My Ex** New edition
11.00 **Hoarding: Buried Alive**
12.00 M'T **Extreme Sisters**
1.00 AM **1000lb Sisters**
2.00 **You, Me & My Ex**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.05 **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **Eggheads**
6.30 **Around the World by Train with Tony Robinson** Travel series.
7.00 **Sinkholes**
8.00 **The Search for Atilla the Hun's Tomb**
9.00 **The American Revolution: Drain the Oceans** Experts uncover forgotten shipwrecks from the American Revolution.
10.00 **Forged in Fire**
11.55 **The World's Greatest Bridges** Triple bill.
3.00 AM **Digging Up Britain's Past**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **American Pickers**
8.00 **Posh Pawn**
9.00 **Salvage Dawgs**
10.00 **Chasing Classic Cars**
11.00 **Fifth Gear**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **Posh Pawn**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Cycling: Giro d'Italia**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters: The Restorers** New edition
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Massive Engineering Mistakes**
2.00 **Goblin Works Garage**
3.00 **Fifth Gear**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Bridesmaids** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
10.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Faking It: Tears of a Crime**
2.00 **Disappeared**
3.00 **Who the Hell**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes to the Dress: The Big Day** Double bill.
7.00 **Long Lost Family US**
8.00 **Dr. Pimple Popper: Pop Ups** Skin disease.
9.00 **Who Do You Think You Are?** Boy George.
10.00 **The Big Clean**
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files** Documentary.
4.00 **Animal Cops San Francisco**
5.00 **to 6.00** AM **Animal ER**

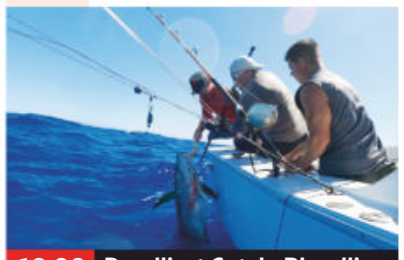
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** Motoring series.
7.00 **Treehouse Masters**
8.00 **Building Off the Grid**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Outback Truckers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made: Dream Cars**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Chasing Classic Cars** A Porsche 356A 1500 GS Carrera.



10.00 Deadliest Catch: Bloodline

7.00 **Supertruckers** Sgt Major and Sully battle the elements loading two 16-tonne Royal Marines landing craft in Devon.
8.00 **Kindig Customs** Dave looks to take on a new project that is completely different – and even more rare than usual.
9.00 **Deadliest Catch** New edition Captain Wild Bill fights to save his boat from the rocky Norwegian coastline.
10.00 **Deadliest Catch: Bloodline** New edition Josh and Shane pick up a trail that leads them to an unexpected location.
11.00 **Railroad Alaska**
12.00 M'T **Deadliest Catch** As 9pm.
1.00 AM **Deadliest Catch: Bloodline**
2.00 **Moonshiners**
3.00 **Deadliest Catch**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Coyote Peterson: Brave the Wild** Double bill.
3.00 **Tanked**
4.00 **Dogs 101: Specials**
5.00 **Alaska: Homestead Rescue**
6.00 **Animal Cribs** Creating an elaborate system of tunnels for a family's chinchillas.

8.00 Chasing Ocean Giants

7.00 **Dodo Heroes** The story of a retired couple who set up a kangaroo rescue centre in Australia.
8.00 **Chasing Ocean Giants** Patrick captures how humpback whales communicate through song in Colombia.
9.00 **Chasing Ocean Giants** Patrick travels to Qatar to find a newly discovered cluster of whale sharks.
10.00 **Alaskan Bush People** The *Integrity* begins to show its age, stranding the Browns in the middle of the water.
11.00 **From Wags to Riches**
12.00 M'T **Pit Bulls & Parolees: Tia's Tales** Tia's daughter recounts her experience of being born into the rescue life.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101: Specials**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Drain the Oceans**
9.00 **Air Crash Investigation**
10.00 **Nazi Megastructures: America's War**
11.00 **Wicked Tuna**
12.00 NOON **Car S.O.S.**
1.00 PM **Ultimate Airport Dubai**
2.00 **Air Crash Investigation**
4.00 **Airport Security: Brazil** A woman carrying small purses loaded with cocaine.
5.00 **Ice Road Rescue** A call-out leads to a double rescue.
6.00 **Car S.O.S** Restoring a 1990s Japanese super saloon.

8.00 Primal Survivor

7.00 **Air Crash Investigation** Experts investigate what caused the explosion of Itavia Flight 870, which crashed in June 1980.
8.00 **Primal Survivor: Escape the Amazon** Hazen Audel tackles faeces-squirting spiders and the world's most dangerous snake.
9.00 **Dutch Caribbean Coastguards** The Coastguards receive a call to save the driver of a sinking water scooter.
10.00 **Car S.O.S.** Fuzz Townshend and Tim Shaw head to Stockport to take on a 1994 Vauxhall Cavalier Turbo.
11.00 **Air Crash Investigation**
12.00 M'T **Drugs Inc**
1.00 AM **To Catch a Smuggler** Officials search a passenger with a suspicious story.
2.00 **Air Crash Investigation: Special Report**
3.00 **Seconds from Disaster**
4.00 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Mountain Men**
7.30 **Blown Away**
9.00 **American Pickers**
10.00 **Counting Cars**
11.00 **Ancient Aliens**
12.00 NOON **Forged in Fire**
1.00 PM **Secrets in the Ice**
2.00 **American Pickers** The guys peruse the hoard of a Golden Age stunt man.
3.00 **Mountain Men** Double bill.
6.00 **Pawn Stars** The team examine a Civil War revolver and a piece of memorabilia from Lebron James.

3.00 Mountain Men

7.00 **Forged in Fire** In a nod to Korean bladesmithing, the challenge is to recreate the Hwando sword.
8.00 **Swamp People: Serpent Invasion** Troy and Bill mount an airboat to hunt an area where pythons are raiding alligator nests.
9.00 **The Curse of Oak Island** New edition A new theory suggests Lot 8 may be hiding missing religious artefacts.
10.00 **World's Greatest Treasure Mysteries** New edition Matty Blake heads back to Florida's famed Treasure Coast.
11.00 **Strangest Things**
12.00 M'T **Forged in Fire** The recreation of a Firangi Sword.
1.00 AM **Swamp People: Serpent Invasion** As 8pm.
2.00 **Forged in Fire** As 7pm.
3.00 **Strangest Things**
4.00 **Secrets in the Ice**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Impossible Engineering**
8.00 **The World at War**
9.00 **Nazi Hunters**
10.00 **Abandoned Engineering**
12.00 NOON **The Architecture the Railways Built**
1.00 PM **Great British Railway Journeys Goes to Ireland**
1.30 **Great British Railway Journeys** Michael travels from Belfast to Portrush.
2.00 **Abandoned Engineering**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Antiques Roadshow**

7.00 Great Continental...

7.00 **Great Continental Railway Journeys** Michael Portillo ventures deep into Germany's Black Forest. **7 PM**
8.00 **World's Most Dangerous Roads** Hugh Dennis and David Baddiel go on an expedition in Ethiopia. **8 PM**
9.00 **Bangers and Cash** Dave collects a rare 1926 Dodge bus and Derek gets his hands on a rare Vauxhall Victor VX 90 police car. **9 PM**
10.00 **Bangers and Cash** A 350cc Douglas Mark V motorbike from 1950 goes under the hammer. **10 PM**
11.00 **Abandoned Engineering** A compound commandeered and repurposed by a brutal regime and an eerie complex off the coast of Ireland.
12.00 M'T **Great Continental Railway Journeys** As 7pm.
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 75

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Secrets Underground**
8.00 **World War II: Witness...**
9.00 **NASA's Unexplained...**
10.00 **Shackleton: Death or Glory**
11.00 **Secrets Underground**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Rome: Power & Glory**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **World War II: Witness...**
6.00 **NASA's Unexplained...**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **World War II: Witness to War**
10.00 **Truth Behind the Moon Landing**
11.00 **Unexplained Files**
12.00 M'T **Combat Dealers**
2.00 AM **Truth Behind the...**
3.00 **Unexplained Files**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Big Cats**
10.00 **Life on Earth**
11.00 **Wild Africa**
12.00 NOON **Attenborough and the Giant Egg**
1.00 PM **Attenborough and the Sea Dragon**
2.00 **Big Cats**
3.00 **Thailand: Earth's Tropical Paradise**
4.00 **Fascinating New...**
5.00 **Wild Africa**
6.00 **Attenborough and the Sea Dragon**
7.00 **Life on Earth**
8.00 **Big Cats**
9.00 **Fascinating New Zealand** Documentary.
10.00 **Attenborough and the Sea Dragon**
11.00 **Wild Africa**
12.00 M'T **Life on Earth**
1.00 AM **Big Cats**
2.00 **Fascinating New...**
3.00 **Life in the Wetlands**
3.50 **Life on Earth**
4.40 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Panda Goes Wild**
9.00 **Animal Fight Club**
10.00 **Monster Fish**
11.00 **Wild X Files**
12.00 NOON **Snakes in the City**
1.00 PM **Shark Vs Tuna**
2.00 **Sharkatraz**
3.00 **Shark Attack Files**
4.00 **Secrets Of The Zoo**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Deadliest**
8.00 **Zebras of the Serengeti** A zebra must travel 300 miles across East Africa, giving birth along the way.
9.00 **Kings of the Wild** Survival challenge.
10.00 **Legend of the Giant Squid** The ocean giants thriving in Antarctica.
11.00 **Snakes in the City**
12.00 M'T **Alaska Fish Wars**
1.00 AM **Monster Fish**
2.00 **Shark Vs Tuna**
3.00 **Sharkatraz**
4.00 **to 5.00** AM **Shark Attack Files**

Sky History 2

163 163 840 272

8.00 AM **Secrets of Great British Castles**
9.00 **Eating History**
10.00 **The Colour of War**
11.00 **Lock N' Load with R Lee Ermey**
12.00 NOON **Ancient Aliens**
3.00 PM **Eating History**
4.00 **The Colour of War**
5.00 **Lock N' Load with...**
6.00 **Wellington v Napoleon Aftermath of Waterloo**
7.00 **Secrets of Great British Castles** Cardiff Castle.
8.00 **Inside the Tower of London** Documentary.
9.00 **National Park Mysteries** Double bill.
10.00 **Life After People**
11.00 **Ancient Aliens**
1.00 AM **Secrets of Great British Castles** As 7pm.
2.00 **Life After People**
3.00 **Inside the Tower of...**
4.00 **Lock N' Load with...**
5.00 **to 6.00** AM **Wellington v Napoleon Aftermath of Waterloo**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Mutant Weather**
9.35 **Harbour from the...**
10.45 **The Last Voices of World War One**
11.50 **Azorian: Raising of K-129** Documentary.
1.00 PM **Plane Crash Recreated**
2.05 **Mutant Weather**
3.05 **Harbour from the Holocaust**
4.20 **The Last Voices of World War One**
5.25 **Azorian: Raising of...**
6.30 **Mutant Weather**
7.35 **Harbour from the Holocaust**
8.45 **The Last Voices of World War One**
9.50 **Azorian: Raising of K-129** Engineers tell their stories.
11.00 **Mutant Weather**
12.00 M'T **Harbour from the Holocaust**
1.15 **to 2.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Killer in Plain Sight**
11.00 **On the Case**
12.00 NOON **Buried in the Backyard**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Joanna Dennehy.
5.00 **Murdertown**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **On the Case**
9.00 **Secrets of the Chippendales Murders** New editions Double bill.
11.00 **Homicide Hunter**
12.00 M'T **Green Eyed Killers**
1.00 AM **Secrets of the Chippendales Murders**
3.00 **Unusual Suspects**
4.00 **On the Case**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

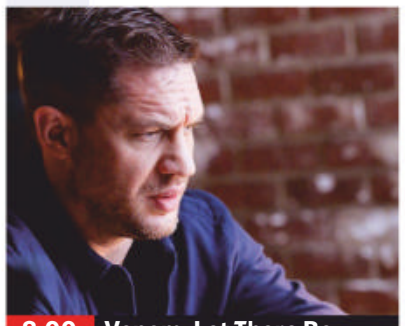
WEDNESDAY Films

Wednesday primetime

Sky Cinema Premiere

301 301 848 401 501 515

7.50 AM **False Positive** As 1.55am.
9.40 **Venom: Let There Be Carnage** As 8.00pm.
11.35 **Charming the Hearts of Men** Historical romance with Anna Friel. (2021, 12, 107min) ★★★
1.40 PM **Paul Dood's Deadly Lunch Break** Comedy thriller starring Tom Meeten. (2021, 15, 95min)
3.35 **Here Today** As 11.45pm.
5.45 **The Last Letter from Your Lover** Romantic drama. (2021, 12, 110min) ★★★


8.00 Venom: Let There Be...

8 PM

8.00 **Venom: Let There Be Carnage** Comic-book fantasy sequel with Tom Hardy. Eddie Brock tries to re-ignite his career by interviewing a serial killer, who then becomes the host of another symbiote. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.50 **Deadlock** Action thriller starring Bruce Willis and Patrick Muldoon. A group of rogue soldiers gain control of a power plant. (2021, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.45 **Here Today** Comedy drama directed by and starring Billy Crystal, with Tiffany Haddish, Penn Badgley and Laura Benanti. (2021, 12, 93min) ★★
1.55 AM **False Positive** Horror starring Ilana Glazer, Justin Theroux and Pierce Brosnan. (2021, 15, 92min) ★★
3.45 **to 6.00** AM **The Last Letter from Your Lover** As 5.45pm.

11 PM

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Echo Boomers** (2020)
7.50 **The Broken Hearts Gallery**
9.50 **Captain Fantastic** As 1.15am.
11.55 **The Fighter** Boxing drama. (2010, 15, 116min) ★★★★
2.00 PM **One Shot** Action thriller. (2021, 15, 96min) ★★
3.55 **Promising Young Woman** Thriller with Carey Mulligan. (2020, 15, 113min) ★★★★
6.00 **Superintelligence** Sci-fi comedy with Melissa McCarthy. (2020, 12, 106min) ★★★

9.45 The Joneses

8.00 **John Wick** Action thriller starring Keanu Reeves. A former assassin who has turned his back on violence is provoked into a murderous rage when a criminal kills his dog. (2014, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

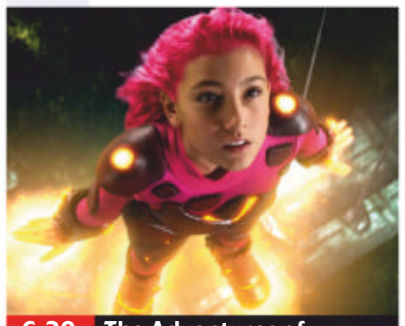
9.45 **The Joneses** Comedy drama starring Demi Moore, David Duchovny, Amber Heard and Ben Hollingsworth. (2009, 15, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Friends with Benefits** Romantic comedy with Justin Timberlake and Mila Kunis. (2011, 15, 109min) ★★★
1.15 AM **Captain Fantastic** Comedy drama starring Viggo Mortensen and Frank Langella. (2016, 15, 116min) ★★★★
3.15 **Echo Boomers** Crime drama. (2020, 15, 94min) ★★★
4.50 **to 6.40** AM **The Broken Hearts Gallery** Comedy. (2020, 12, 109min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.05 AM **Bratz** (2007, PG) ★★
8.00 **Lassie** (2005, PG) ★★★★
9.50 **Adventures of Sharkboy...**
11.40 **Cats & Dogs 3: Paws Unite!** Adventure. (2020, U) ★★
1.15 PM **Are We Done Yet?** Comedy. (2007, PG) ★★
3.05 **The Tiger Rising** Drama. (2022, PG, 102min) ★★★
5.00 **Garfield** (2004, U) ★★
6.30 **The Adventures of Sharkboy and Lavagirl** Fantasy. (2005, U, 93min) ★★★


6.30 The Adventures of...

8.15 **Space Jam: A New Legacy** Partly-animated adventure. A rogue artificial intelligence kidnaps the son of NBA star LeBron James, who has to work with Bugs Bunny and the Looney Tunes to get him back. (2021, U, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Muppets Take Manhattan** Musical comedy. The madcap Muppets take their college show *Manhattan Melodies* to New York. With Joan Rivers, Elliott Gould and Gregory Hines. (1984, U, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **James and the Giant Peach** Children's fantasy. (1996, U, 79min) ★★★★
1.30 AM **Garfield** As 5.00pm.
3.05 **The Tiger Rising** As 3.05pm.
5.00 **to 6.30** AM **C.I.Ape** Family comedy. (2021, PG, 82min) ★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **The Paper Tigers** (2020)
8.00 **Riders of Justice** As 2.45am.
10.00 **Batman** As 5.50pm.
12.10 PM **Knuckledust** Thriller. (2020, 15, 105min) ★★
2.00 **xXx** Espionage action thriller. (2002, 12, 124min) ★★
4.05 **xXx: State of the Union** Action sequel starring Ice Cube. (2005, 12, 97min) ★★
5.50 **Batman** Tim Burton's comic-book adventure. (1989, 15, 121min) ★★★★

10.15 The Raid

8.00 **The Suicide Squad** Comic-book adventure comedy starring Idris Elba, Margot Robbie and John Cena. Supervillains Harley Quinn, Bloodsport, Peacemaker and a rag-tag bunch of cons at Belle Reve prison join a secret task force. (2021, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Raid** Martial arts thriller starring Iko Uwais. A rookie cop battles to survive when a police raid on a slum tenement controlled by a Jakarta drug lord goes awry. (2011, 18, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Raid 2** Thriller sequel. (2014, 18, 150min) ★★★★
2.45 **Riders of Justice** Danish action comedy. Subtitled. (2021, 15, 116min) ★★★★
4.55 **to 6.55** AM **The Paper Tigers** Action comedy. (2020, 12, 108min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **Snatchers** Comedy horror. (2019, 15, 96min) ★★★
8.35 **Braking for Whales** (2019)
10.25 **Spontaneous** As 1.50am.
12.15 PM **Madea's Family Reunion** Comedy. (2006, 12) ★★★
2.15 **Masterminds** Crime comedy. (2016, 12, 95min) ★★★
4.00 **Grown Ups** Comedy. (2010, 12, 102min) ★★★
5.55 **The Intern** Comedy drama starring Robert De Niro. (2015, 12, 118min) ★★★★

10.00 Bridesmaids

8.00 **That's My Boy** Comedy starring Adam Sandler and Andy Samberg. An irresponsible man accused of tax evasion tracks down his estranged son to avoid prison. With Leighton Meester. (2012, 15, 112min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bridesmaids** Comedy starring Kristen Wiig. A single woman is asked to be her best friend's maid of honour. With Melissa McCarthy and Rose Byrne. (2011, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Kajillionaire** Comedy. (2020, 12, 104min) ★★★★
1.50 **Spontaneous** Comedy. (2020, 15, 101min) ★★★★
3.35 **Kill Ben Lyk** Comedy thriller. (2018, 15, 77min) ★★★
4.55 **to 6.40** AM **Braking for Whales** Comedy drama. (2019, 12, 103min) ★

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Zulu** Historical adventure. (1963, PG, 138min) ★★★★★
8.25 **Bogus** As shown at 1.55am.
10.25 **Dragon: The Bruce Lee Story**
12.30 PM **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
2.45 **Erin Brockovich** Legal drama. (2000, 15, 133min) ★★★★
5.00 **The Godfather** Francis Ford Coppola's classic gangster saga. (1971, 15, 167min) ★★★★★

8.00 **The Godfather Part II** Francis Ford Coppola's Oscar-winning gangster sequel starring Al Pacino, Robert De Niro, Robert Duvall and Diane Keaton. Having escaped to the United States following his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. Fifty years later, his son Michael consolidates his position as the head of his late father's empire. (1974, 18, 200min) ★★★★★

11.25 **Bad Boys II** Comedy thriller sequel starring Will Smith. (2003, 15, 147min) ★★★
1.55 AM **Bogus** Fantasy drama. (1996, PG, 107min) ★★
3.55 **to 6.00** AM **Dragon: The Bruce Lee Story** Action biopic. (1993, 15, 114min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Alpha and Omega: Family Vacation** (2015, U) ★★
6.55 **The Croods** Animated comedy. (2013, U, 98min) ★★★★
8.40 **The Road to El Dorado** (2000)
10.15 **Mr Peabody & Sherman** (2014)
11.50 **Rock Dog 2: Rock Around the Park** Animated comedy sequel. (2021, U, 90min) ★★
1.25 PM **Happy Feet** Animation. (2006, U, 108min) ★★★★

3.15 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
5.00 **The Ogglies** Animation. (2021, PG, 85min) ★★
6.30 **Animals United** Animated adventure. (2010, U, 92min) ★★
8.05 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
9.40 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★
11.15 **Valiant** Animated adventure. (2005, U, 76min) ★★★
12.35 AM **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★

2.05 **The Road to El Dorado** Animation. (2000, U) ★★
3.40 **Brightheart 2: Firefly Action Brigade** Animated adventure sequel. (2020, U, 85min) ★★
5.10 **to 6.00** AM **Alpha & Omega: The Legend of the Saw Tooth Cave** Animation. (2014, U) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Jamie Cullum.
7.20 **Maverick** 6&7/26. (S2)
9.30 **Good Day For A Hanging** Western. (1958, U, 85min) ★★
11.15 **Maverick** 8&9/26. (S2)
1.30 PM **The Left-Handed Gun** Psychological Western. (1958, b/w, PG, 102min) ★★★
3.45 **Mystery Submarine** Adventure. (1950, U, 78min) ★★

5.30 **The Mississippi Gambler** Drama. (1953, PG, 99min) ★★
7.40 **The Hired Gun** Offbeat Western starring Rory Calhoun. (1957, b/w, U, 63min) ★★★
9.00 **Man of Steel** Fantasy adventure exploring the origins of the iconic DC Comics character Superman, starring Henry Cavill. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. (2013, 12, 143min) ★★★

11.55 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
2.20 AM **Off Set** Double bill.
3.00 **Close Up** Four editions.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Overland Pacific** Western. (1954, U, 73min) ★★
7.20 **The Son of Monte Cristo** Adventure. (1940, b/w, U) ★★
9.20 **Look at Life**
9.30 **Enemy at the Door** 10/13. (S2)
10.30 **The Bohemian Girl** Comedy. (1936, b/w, U, 74min) ★★★
12.00 NOON **The Channel Islands**
12.20 PM **Tom Brown's Schooldays** Drama. (1940, b/w, U) ★★

2.00 **Secret Army** 3/13. (S3)
3.05 **Saddle Up**
3.15 **Two Flags West** War drama. (1950, b/w, U, 92min) ★★★
5.00 **Saddle Up**
5.05 **Powder River** Western. (1953, b/w, PG, 78min) ★★
6.40 **Saddle Up**
6.50 **Edgar Wallace Mystery Theatre**
8.00 **Rumpole of the Bailey**
9.10 **Two-Way Stretch** Comedy with Peter Sellers and Lionel Jeffries. (1959, b/w, U, 87min) ★★★★
10.55 **The Champions** 9/30. (S1)

11.55 **Come Back, Little Sheba** Drama. (1952, b/w, PG) ★★★
1.50 AM **The Black Orchid** Romance. (1958, b/w, PG, 97min) ★★★
3.40 **The Passing Stranger** Crime drama. (1954, PG, 68min) ★★
5.00 **to 6.00** AM **Target: The Corruptors**

Horror

317 149 69 138

8.00 AM **First Wave** 4/22. (S3)
9.00 **Extant** 13/13. (S1)
10.00 **Farscape** 5/22. (S2)
11.00 **Mega Shark vs Kolossus** Thriller. (2015, 12, 90min) ★
1.00 PM **Killer Bees** Thriller. (2002, PG, 91min) ★
3.00 **The 4400** 12/13. (S3)
4.00 **End of the World** Sci-fi comedy. (2013, PG, 85min) ★★
6.00 **Farscape** 6/22. (S2)

7.00 **Extant** *Change Scenario:* 1/13. Molly searches for answers. (S2)
8.00 **Star Trek** *The Menagerie: Part Two:* 13/30. Spock testifies against Captain Pike. (S1)
9.00 **Cop Car** Crime thriller starring Kevin Bacon and Camryn Manheim. Two 10-year-old boys steal a seemingly abandoned police car, and find themselves hunted by an obsessive sheriff. With Shea Whigham, James Freedson-Jackson and Hays Wellford. (2015, 15, 84min) ★★★

10.45 **The Ascent** Horror thriller. (2019, 15, 102min) ★★
12.45 AM **The Young Cannibals** Horror. (2020, 15, 100min) ★★
2.45 **to 4.30** AM **Twins of Evil** Horror. (1971, 18, 87min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Collide** As 4.55am.
7.45 **The Wolf Hour** As 3.05am.
9.30 **Red Lights** As 6.00pm.
11.30 **Vanilla Sky** As 8.00pm.
1.50 PM **Prisoners** As 12.25am.
4.25 **Kimi** Steven Soderbergh's crime thriller starring Zoë Kravitz and Rita Wilson. (2022, 15, 87min) ★★★★
6.00 **Red Lights** Thriller starring Cillian Murphy, Sigourney Weaver and Robert De Niro. (2012, 15, 109min) ★★★

10.20 Training Day

8.00 **Vanilla Sky** Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Training Day** Thriller with Denzel Washington and Ethan Hawke. The proposed new recruit to an elite LA narcotics squad discovers that the unit's leader is involved in the drugs underworld. (2001, 18, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Prisoners** Gripping thriller. (2013, 15, 150min) ★★★★
3.05 **The Wolf Hour** Psychological drama. (2019, 15, 99min) ★★
4.55 **to 6.45** AM **Collide** Thriller. (2016, 12, 99min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Luxor** As 4.55am.
8.55 **Mandela: Long Walk to Freedom** Biopic starring Idris Elba. (2013, 12, 147min) ★★★
11.25 **The Ides of March** Thriller. (2011, 15, 100min) ★★★★
1.20 PM **Mud** Adventure drama. (2012, 12, 130min) ★★★★
3.40 **Chef** Jon Favreau's comedy. (2014, 15, 114min) ★★★★
5.50 **The Many Saints of Newark** Crime drama with Alessandro Nivola. (2021, 15) ★★★★

10.30 Gridiron Gang

8.00 **Foxcatcher** Fact-based drama starring Steve Carell. An Olympic wrestler joins a millionaire's personal team, but tension grows when the grappler's brother is employed as a coach. With Channing Tatum and Mark Ruffalo. (2014, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Gridiron Gang** Sports drama starring The Rock, Xzibit and Leon Rippy. (2006, 12, 125min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Another Round** Danish comedy drama starring Mads Mikkelsen. Subtitled. (2020, 12, 117min) ★★★
2.55 **Music** Musical drama starring Kate Hudson and Maddie Ziegler. (2021, 12, 107min) ★★
4.55 **to 6.35** AM **Luxor** Romance starring Andrea Riseborough. (2019, 12, 85min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

7.00 AM **Archive** As 2.30pm.
9.05 **Spell** As shown at 5.10am.
10.50 **Synchronic** As 1.35am.
12.40 PM **Sleepy Hollow** (1999)
2.30 **Archive** Sci-fi mystery thriller starring Theo James. (2020, 15, 109min) ★★★
4.30 **Freaky** Comedy horror starring Vince Vaughn. (2020, 15, 102min) ★★★★
6.20 **Skyline** Sci-fi thriller with Eric Balfour and Scottie Thompson. (2010, 15, 92min) ★★★

8.00 Battle: Los Angeles

8.00 **Battle: Los Angeles** Epic sci-fi adventure starring Aaron Eckhart and Michelle Rodriguez. A group of Marines set out to defend LA from invading aliens. With Bridget Moynahan. (2011, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

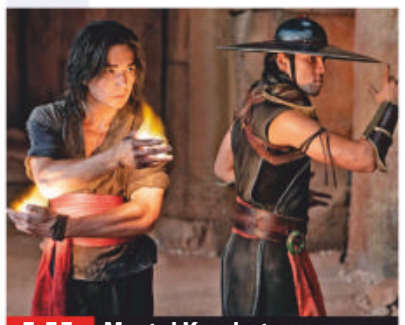
10.05 **Sleepy Hollow** Tim Burton's comic horror fantasy starring Johnny Depp. In 1799, a New York constable investigates the apparent crimes of a murderous headless horseman. (1999, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Clearing** Horror. (2020, 15, 95min) ★★
1.35 AM **Synchronic** Sci-fi thriller. (2020, 15, 102min) ★★★★
3.30 **Volition** Sci-fi thriller. (2019, 15, 91min) ★★★
5.10 **to 6.50** AM **Spell** Horror. (2020, 15, 91min) ★★★

Sky Cinema Must See Movies

302 302 856 402 502 516

6.15 AM **The Comeback Trail**
8.00 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
10.10 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
12.20 PM **Reminiscence** Romance. (2021, 12, 116min) ★★★
2.20 **The Conjuring: The Devil...**
4.15 **A Quiet Place Part II** Horror sequel. (2020, 15) ★★★★
5.55 **Mortal Kombat** Adventure. (2021, 15, 110min) ★★


5.55 Mortal Kombat

8.00 **Blacklight** Action thriller starring Liam Neeson. A government operative coming to terms with his shadowy past finds himself in the crosshairs of the FBI director he once helped protect. (2022, 15, 104min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Conjuring: The Devil Made Me Do It** Horror sequel with Patrick Wilson and Vera Farmiga. (2021, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Malignant** Horror thriller starring Annabelle Wallis. (2021, 18, 111min) ★★★★
1.40 AM **Django Unchained** Quentin Tarantino's Western starring Jamie Foxx, Christoph Waltz and Leonardo DiCaprio. (2012, 18, 162min) ★★★★
4.25 **to 6.10** AM **The Comeback Trail** Crime comedy starring Robert De Niro, Tommy Lee Jones and Morgan Freeman. (2020, 12, 104min) ★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Cassandra Crossing** Thriller. (1977, PG) ★★★
1.50 PM **The Man Who Shot Liberty Valance** Classic John Ford Western. (1962, b/w, U, 122min) ★★★★★
4.10 **The Pink Panther Strikes Again** Comedy caper. (1976, PG, 103min) ★★
6.25 **Star Trek Into Darkness** Sci-fi adventure sequel. (2013, 12, 133min) ★★★★

11.20 Breaking In

Star Trek Into Darkness (film started at 6.25pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Angel Has Fallen** Action thriller sequel starring Gerard Butler and Morgan Freeman. Secret Service agent Mike Banning finds himself framed for an assassination attempt on the President, and races to clear his name. (2019, 15, 121min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Breaking In** Thriller starring Gabrielle Union. After her father's murder, a woman travels to his home with her two children, little realising four criminals are already inside. (2018, 15, 88min) ★★ **10 PM**
1.05 **to 3.50** AM **All the Money in the World** Fact-based drama starring Michelle Williams. (2017, 15, 132min) ★★★★ **11 PM**

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **A Woman's Secret** Mystery. (1949, b/w, PG, 85min) ★
7.40 **Ladies Who Do** Comedy. (1963, b/w, U, 85min) ★★
9.25 **Much Too Shy** Farcical comedy. (1942, b/w, U, 92min) ★★
11.15 **Wild Wind** War adventure. (1985, PG, 100min) ★★
1.00 PM **Days of Glory** World War Two drama with Gregory Peck. (1944, b/w, PG, 86min) ★★

2.40 **The Deadly Affair** Thriller. (1966, PG, 107min) ★★★
4.45 **Hellfighters** Adventure. (1969, PG, 120min) ★★
7.10 **All My Sons** Drama with Edward G Robinson and Burt Lancaster. (1948, b/w, PG, 94min) ★★
9.00 **One, Two, Three** Billy Wilder's comedy starring James Cagney as a Coca-Cola executive in Cold War West Berlin. (1961, b/w, U, 104min) ★★
11.15 **Born to Be Bad** Melodrama. (1950, b/w, PG, 94min) ★★

1.05 AM **The Key** Melodrama. (1958, b/w, 12, 134min) ★★★
3.30 **Hell Squad** War drama. (1958, b/w, PG, 64min) ★★
4.35 **to 6.00** AM **Tomorrow We Live** War drama. (1942, b/w, U) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Crimes of the Mind** Thriller. (2014, PG, 84min) ★★
11.00 **Murder Unresolved** Thriller. (2015, PG, 85min) ★★
1.00 PM **The Wrong Daughter** Thriller. (2018, 12, 89min) ★★
3.00 **Garage Sale Mystery: Murder Most Medieval** Crime drama. (2017, PG, 90min) ★★
4.50 **Vertical Limit** Adventure thriller. (2000, 12, 124min) ★★

7.10 **Armored** Thriller with Columbus Short and Matt Dillon. A security guard attempts to pull himself out of a financial quagmire by getting involved in the fake hijacking of two armoured trucks. (2009, 12, 88min) ★★★
9.00 **Disturbing the Peace** Thriller starring Guy Pearce, Devon Sawa and Branscombe Richmond. (2019, 15, 91min) ★
10.50 **The Hunter's Prayer** Action thriller with Sam Worthington. (2017, 15, 91min) ★★

12.40 AM **We Die Young** Drama. (2018, 15, 90min) ★★
2.30 **Inspired to Kill** Drama. (2017, PG, 88min) ★★
4.20 **to 6.00** AM **Not My Life** Thriller. (2006, 15, 100min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Gunmen from Laredo** Western. (1959, 12, 67min) ★★
7.25 **What's Eating Gilbert Grape** Drama. (1993, 15, 113min) ★★★
9.50 **One Minute to Zero** (1952) ★★
12.00 NOON **Fort Massacre** Western. (1958, U, 81min) ★★
1.45 PM **They Rode West** Western. (1954, U, 97min) ★★
3.30 **The Walls of Hell** Adventure. (1964, b/w, PG, 88min) ★★

5.25 **Operation Cross Eagles** Wartime drama starring Richard Conte. (1969, PG, 90min) ★★
7.10 **Super Cyclone** Disaster movie with Ming-Na Wen and Nicholas Turturro. (2012, 12, 90min) ★
9.00 **Diamond Dogs** Adventure starring Dolph Lundgren and Yu Nan. An ex-soldier leads an expedition in search of a rare artifact into the mountains of Mongolia where a centuries-old curse and Russian mercenaries lie in wait. (2007, 15, 94min) ★★

10.55 **Maximum Security** Thriller. (2017, 15, 87min) ★★
12.55 AM **Redline** Action thriller. (2007, 12, 89min) ★
2.45 **to 4.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Mystery 101: Words Can Kill** As shown at 7.00pm.
9.00 **Holly & Ivy** As 9.00pm.
11.00 **Glamping in Love** As 11.00pm.
1.00 PM **Mystery 101: Playing Dead**
3.00 **Sincerely, Yours, Truly** Romantic drama starring Natalie Hall. (2020, PG, 90min) ★★
5.00 **Coffee Shop** Romantic comedy starring Laura Vandervoort. (2014, PG, 90min) ★★

7.00 **Mystery 101: Words Can Kill** Thriller starring Jill Wagner. When a guest at the college book festival is found dead, Amy and Travis clash after he chooses an unlikely suspect to arrest for murder. (2019, PG, 90min) ★★
9.00 **Holly & Ivy** Melodrama starring Janel Parrish and Jeremy Jordan. A woman decides the best way of coming to the aid of her terminally ill neighbour is by adopting her children, Holly and Ivy. (2020, U, 89min) ★★

11.00 **Glamping in Love** Romantic comedy. (2019, PG, 89min) ★★
1.00 AM **Mystery 101: Playing Dead** Drama. (2019, PG, 90min) ★★
3.00 **to 5.00** AM **Sincerely, Yours, Truly** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TLL LATE

9.00 PM **Game of Death** *ITV4* Thriller starring Wesley Snipes. A CIA agent begins playing a dangerous game when he becomes an undercover bodyguard to an arms dealer. With Robert Davi. ★★
10.00 **The Running Man** *5Action* Sci-fi adventure starring Arnold Schwarzenegger as an escaped convict forced to participate in a deadly, gladiatorial game show. With Maria Conchita Alonso and Yaphet Kotto. ★★★
12.05 AM **Death Wish V: The Face of Death** *ITV4* Thriller starring Charles Bronson. Vigilante Paul Kersey goes on the rampage once more when his fiancée is brutally murdered by her gangster ex-husband. ★
1.35 **Anvil! The Story of Anvil** *Sky Documentaries* Music documentary about a Canadian heavy metal band whose middle-aged members refuse to give up their dreams of stardom. Starring Steve 'Lips' Kudlow and Robb Reiner. ★★★★
1.50 **Drunk Wedding** *Channel 4* Comedy starring Nick P Ross. ★

WEDNESDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
7.30 **Early Kick-Off**
8.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **The Football Show** A look at the major stories making the football headlines, with discussion and analysis of the talking points.
12.00 NOON **Sky Sports News**
1.00 PM **LIVE Raceday** Coverage of today's horse racing meetings at Worcester and Newton Abbot.
3.00 **LIVE Indian Premier League Rajasthan Royals v Delhi Capitals.** Coverage of the T20 match from Dr DY Patil Sports Academy, Mumbai.
7.00 **Sky Sports News**
8.00 **LIVE Premier League Wolverhampton Wanderers v Manchester City.** Coverage of the top-flight match at Molineux. Kick-off **8.15pm**.
11.00 **Sky Sports News**
12.00 M'T **Total Access**
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Peter Schmeichel**
7.30 **PL Legends: Alan Shearer**
8.00 **PL Greatest Games**
8.15 **Premier League**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** With Gianfranco Zola. **12.30** PM With Ian Wright.
1.00 **Premier League**
2.45 **PL Legends: David Ginola**
3.15 **PL Greatest Games**
4.15 **Premier League**
6.00 **PL Legends: Michael Owen** A profile of the former Liverpool and England striker.
6.30 **Premier League World** A round-up of the latest headlines and interviews.
7.00 **LIVE Premier League Leeds United v Chelsea.** Coverage of the top-flight encounter from Elland Road. Kick-off **7.30pm**.
10.00 **Premier League World**
10.30 **Premier League**
12.15 AM **Premier League**
3.45 **PL Greatest Games**
4.00 **PL Best Goals 01/02**
5.00 **PL Goals: Merseyside Derby**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **EFL Greatest Games**
8.15 **SPFL Greatest Games**
8.30 **SPFL Highlights**
9.00 **Football's Greatest Players**
9.30 **Football Countdowns**
10.00 **Football Years**
10.30 **Old Firm Derby Best Goals**
11.00 **Play Off Finals C'Ship 13/14**
12.00 NOON **Play Off Finals 13/14**
2.00 PM **Championship Season Review 13/14**
3.00 **Retro C'Ship 00**
5.00 **EFL Greatest Games**
5.45 **SPFL Greatest Games**
6.00 **MLS Round-Up Show**
6.30 **Scottish Premiership Round-Up**
6.45 **SPFL Highlights**
7.00 **LIVE SPFL Dundee United v Celtic.** Coverage of the Scottish top-flight encounter from Tannadice. Kick-off **7.30pm**.
10.00 **WSL**
10.30 **EFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro 19**
2.45 AM **One2Eleven**
3.00 **Play Off Finals C'Ship 19/20**
4.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **IPL** Highlights.
9.00 **Best of the 2015 Blast**
12.30 PM **IPL** Highlights of Lucknow Super Giants v Gujarat Titans.
1.30 **Best of England v India** Action from the sixth NatWest ODI in the 2007 series between the sides at The Oval.
1.50 **IPL** Highlights of Lucknow Super Giants v Gujarat Titans.
2.50 **LIVE Indian Premier League Rajasthan Royals v Delhi Capitals.** Coverage of the T20 match from Dr DY Patil Sports Academy, Mumbai.
7.00 **2014 T20 Blast Final** Birmingham Bears v Lancashire Lightning: Highlights of the showpiece match of the 2014 competition staged at Edgbaston.
8.35 **2014 T20 Blast Final**
9.00 **IPL** Highlights of Rajasthan Royals v Delhi Capitals. **10.00** Highlights of Lucknow Super Giants v Gujarat Titans. **11.00** Highlights of Rajasthan Royals v Delhi Capitals. **12.00** M'T A replay of Rajasthan Royals v Delhi Capitals.
4.10 AM **Best of England v India**
5.00 **to 6.00** AM **The Fletcher Years**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Tour Classic**
7.00 **PGA Tour Golf**
9.00 **DP World Tour Golf**
10.00 **PGA Tour Golf**
11.00 **How the 2004 Ryder Cup Was Won** From Oakland Hills.
1.00 PM **The Players Championship Official Film** From 2013.
2.00 **PGA Champs Official Film 2013** From Oak Hill Country Club in Pittsford, New York.
3.00 **US Open Official Films**
4.00 **The Open – Official Films**
5.00 **Ladies European Tour Golf**
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **Champions Learning Centre**
8.00 **PGA EuroPro Tour Golf**
8.30 **PGA Tour Champions**
9.30 **Ladies European Tour Golf**
10.30 **PGA Tour: The Cut**
11.00 **Champions Learning Centre**
11.30 **PGA EuroPro Tour Golf**
12.00 M'T **Ladies European Tour Golf**
1.00 AM **PGA Tour Champions**
2.00 **PGA Tour: The Cut**
2.30 **Champions Learning Centre**
3.00 **PGA EuroPro Tour Golf**
3.30 **Chronicles of a Champion Golfer** Padraig Harrington.
4.00 **to 6.00** AM **PGA Tour Classic**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **UEFA Europa League**
7.00 **WWE Monday Night Raw**
9.30 **Premier League Reload**
9.45 **BT Sport Goals Reload**
10.00 **ESPN FC** Football news.
10.30 **Canadian Premier League**
11.00 **Heineken Champions Cup**
12.00 NOON **UEFA Champions League Magazine**
12.30 PM **UEFA Europa League Highlights Show**
1.30 **ESPN FC** Football news.
2.00 **V8 Supercars Highlights**
4.00 **Serie A – Full Impact**
4.30 **Premier League Review**
5.30 **ESPN FC** Football news.
6.00 **LIVE Ligue 1 Nice v St. Etienne.** Coverage from Allianz Riviera. Kick-off **6.00pm**.
8.00 **LIVE Ligue 1 Nantes v Rennes.** From Stade de la Beaujoire. Kick-off **8.00pm**.
10.00 **The Last Dance**
12.00 M'T **30 for 30: Jordan Rides the Bus**
1.00 AM **Serie A – Full Impact**
1.30 **Heineken Champions Cup**
2.30 **Shoulder to Shoulder**
4.00 **Rugby Stories**
4.30 **BT Sport Reload**
5.00 **to 6.00** AM **V8 Supercars**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **LIVE Badminton** Coverage of day four of the BWF Thomas & Uber Cup, taking place at Impact Arena in Bangkok, Thailand.
6.30 PM **Badminton Unlimited** The latest news and action.
7.00 **The Football's On** A humorous look at the week's football stories with Ian Stone and guests.
8.00 **The Aussie Rules Show** Ollie Geale presents all the latest news, views and analysis of the game. Plus, appearances from special guests every week.
9.00 **LIVE MLB San Diego Padres v Chicago Cubs.** Coverage of the National League match from Petco Park. Start-time **9.10pm**.
12.30 AM **BT Sport Reload**
1.00 **Formula Regional European Championship** Action from the latest round of the Formula Regional European Championship.
1.30 **PSA Squash Highlights** Action from the J.P.Morgan Tournament of Champions in New York.
2.30 **Badminton Unlimited**
3.00 **to 6.00** AM **LIVE Badminton** Coverage of day five of the BWF Thomas & Uber Cup at Impact Arena in Bangkok, Thailand.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **PSA Squash**
7.00 **FIM JuniorGP Championship**
10.45 **MotoE Highlights**
11.15 **BT Sport Goals Reload**
11.30 **Primeira Liga**
12.30 PM **Ligue 1 Highlights**
1.30 **Vanarama National League** Torquay United v Chesterfield. **3.00** Another chance to see Wrexham v Stockport County.
4.30 **Vanarama National League Highlights** Recent action.
5.00 **WWE SmackDown Highlights**
6.00 **WWE Raw Highlights**
7.00 **PSA Squash Highlights** Action from the J.P.Morgan Tournament of Champions in New York.
8.00 **BT Sport Reload**
8.30 **Premier League World** A round-up of the latest news.
9.00 **WWE NXT**
10.45 **WWE NXT UK**
11.45 **WWE Raw Highlights**
12.45 AM **UFC Main Event**
1.45 **Premier League Reload**
2.00 **WSL Championship Tour**
3.00 **Fishing: On the Bank**
4.00 **UEFA Champions League Magazine** News and action.
4.30 **Serie A – Full Impact**
5.00 **to 6.00** AM **Ligue 1 Highlights**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **Fight Night International**
9.00 **Fight Night**
10.00 **NFL Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **Top Rank Boxing Archive** Action from Ayub Kalule v Sugar Ray Leonard in 1981. **4.00** Highlights from Davey Moore v Roberto Duran in 1983. **4.45** The first fight between Thomas Hearns and Iran Barkley from 1988.
5.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present.
7.00 **Premier League Darts** Another chance to see round 13 from Glasgow.
10.30 **NFL: America's Game** A look back at the Kansas City Chiefs side of 2020, who overcame San Francisco 49ers in Super Bowl LIV at Hard Rock Stadium in Miami, Florida.
11.30 **NFL Bitesize Highlights**
11.45 **Super Bowl LVI Highlights**
12.00 M'T **Total Access**
1.00 AM **British Basketball**
3.30 **NFL Highlights**
4.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
7.00 **Fit In 5**
7.30 **My Icon**
8.00 **Betfred Super League Highlights** Recent action.
9.00 **Netball Superleague**
11.00 **NBA Basketball**
1.00 PM **Rugby League Retro**
3.00 **Fighting Fit 2020**
4.00 **Fit In 5**
4.30 **My Icon**
5.00 **Betfred Super League Highlights** Including action from St Helens v Wigan Warriors, Hull Kingston Rovers v Hull FC and Castleford Tigers v Leeds Rhinos.
7.00 **Premier League Darts** Another chance to see round 13 from Glasgow.
10.30 **Premier League World** The latest headlines and interviews.
11.00 **Premier League 100 Club** Former Manchester United striker Romelu Lukaku's best goals.
11.30 **PL 100 Club: Harry Kane**
12.00 M'T **Netball Superleague** A replay of Loughborough Lightning v Team Bath.
2.00 AM **NBA Basketball**
4.00 **to 6.00** AM **Betfred Super League Highlights**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **MLB**
11.00 **MLB Quick Pitch**
12.00 NOON **ESPN FC**
12.30 PM **ESPN SportsCenter**
12.45 **Around the Horn**
1.15 **ESPN SportsCenter**
1.30 **MLB**
4.30 **MLB Quick Pitch**
5.30 **LIVE MLB** Coverage of a Major League Baseball game.
9.00 **Around the Horn**
9.30 **Pardon the Interruption**
10.00 **The Aussie Rules Show**
11.00 **LIVE NCAA Baseball Virginia Tech Hokies v Liberty Flames.** Start-time **11.00pm**.
2.30 AM **MLB Plays of the Week**
3.00 **AFL**
5.00 **to 6.00** AM **The Aussie Rules Show**

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM **Cycling: Paris-Roubaix**
8.00 **Motocross World Champs**
8.30 **Cycling: Giro d'Italia**
9.30 **Giro d'Italia: The Breakaway**
10.00 **LIVE Cycling: Giro d'Italia** Coverage of stage five.
3.45 PM **Olympic Games: From the Top** Inspiring stories.
4.45 **Cycling: Paris-Roubaix**
5.00 **Cycling: Omloop Het Nieuwsblad** The women's race.
6.00 **Unlock the Power of Sport**
6.30 **Cycling: Giro d'Italia**
6.55 **Eurosport News**
7.00 **Cycling: Tour of Hungary**
8.00 **Cycling: Giro d'Italia**
9.00 **Giro d'Italia: The Breakaway**
9.30 **Roland-Garros**
11.30 **Cycling: Giro d'Italia**
12.30 AM **Giro d'Italia: Breakaway**
1.00 **Cycling: Tour of Hungary**
2.00 **World Superbikes**
4.00 **Cycling: Giro d'Italia**
5.00 **Giro d'Italia: The Breakaway**
5.30 **to 7.00** AM **Roland-Garros**

Eurosport 2

411 411 869 | 522 | 413 436

6.30 AM **Giro d'Italia: Breakaway**
7.00 **British Speedway**
8.00 **Roland-Garros**
10.00 **Formula E** The Rome City ePrix.
11.00 **World Superbikes**
1.00 PM **Fencing: Grand Prix Series**
2.00 **World Touring Car Cup**
2.30 **Motorsport: ETCR**
3.15 **Rally: Racing Minds**
3.30 **Motocross World Champs**
4.00 **British Speedway**
5.00 **Roland-Garros**
6.30 **Discovery Golf**
7.00 **Motorsport: ETCR**
7.45 **ESET V4 Cup**
8.05 **World Superbikes**
10.00 **Cycling: Giro d'Italia**
11.00 **Giro d'Italia: The Breakaway**
11.30 **Motocross World Champs**
12.05 AM **British Superbikes**
2.00 **Cycling: Giro d'Italia**
3.00 **Giro d'Italia: The Breakaway**
3.30 **Olympic Games Hall of Fame**
4.30 **Formula E** The Monaco ePrix.
5.30 **to 6.30** AM **Cycling: Giro d'Italia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League Highlights** Recent action.
7.00 **Netball Superleague**
9.00 **NBA Basketball**
11.00 **Betfred Super League Highlights** Recent action.
12.00 NOON **NBA Heatcheck**
1.00 PM **Fight Night International** Edgar Berlanga v Steve Rolls. **2.00** A replay of Oscar Valdez v Shakur Stevenson.
3.00 **Netball Superleague** A replay of Loughborough Lightning v Team Bath.
5.00 **Betfred Super League Highlights** Recent action.
6.00 **NBA Heatcheck**
7.00 **NBA Basketball** Action from an NBA playoff match.
9.00 **Top Rank Boxing Archive**
11.00 **NBA Heatcheck**
12.00 M'T **NBA Basketball**
2.00 AM **Netball Superleague**
4.00 **to 6.00** AM **Rugby League Retro**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **F1: Best of 2021**
11.00 **Formula 1** Action from the Bahrain Grand Prix. **12.00** NOON Action from the Saudi Arabian Grand Prix. **1.00** PM Australian Grand Prix **2.00** Action from Imola, Italy. **3.00** The Miami Grand Prix.
4.00 **The Notebook**
4.30 **W Series**
5.25 **Rachel Interviews Ricciardo**
5.30 **Formula 1** The Miami Grand Prix.
7.45 **The Notebook**
8.15 **Return of The Mag**
8.25 **F1 Rivalries**
8.30 **Off Track: Miami Review**
8.45 **Charles and Carlos**
8.55 **Lando's Insta**
9.00 **The Weekend Debrief**
9.30 **Formula 1**
10.30 **The Notebook**
11.00 **The Inside Line**
11.30 **The Weekend Debrief**
12.00 M'T **Formula 1**
1.00 **to 6.00** AM **F1: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Thursday

12 May

Evening Planner

Football

Premier League
Sky Sports Main Event & Sky Sports Premier League (kick-off 7.45pm)
North London rivals Tottenham Hotspur and Arsenal battle for a top-four spot

Cookery

The Jubilee Pudding: 70 Years in the Baking
BBC1, 8pm
Mary Berry heads the judging panel as bakers create a pudding fit for the Queen

Drama

The Staircase
Sky Atlantic, 9pm
Michael (Colin Firth) goes on trial for the murder of his wife ,Kathleen (Toni Colette), as his family tries to support him

OnDemand

NETFLIX

Savage Beauty
Available today
In this South African drama starring Rosemary Zimu, a woman seeks revenge for her tragic past

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 The Jubilee Pudding: 70 Years in the...		9.00 Gordon Ramsay's Future Food Stars		10.00 News; Local News	10.35 Question...
102 BBC2	7.00 Rick Stein's Secret France		8.00 Britain's Top Takeaways		9.00 Art That Made Us		10.00 Mortimer &...	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale		8.30 Holidays... †	9.00 The Games		10.05 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Secret Spenders: Beat the Price Rises		9.00 Taskmaster		10.00 Chivalry	10.30 8 Out of 10...
105 CHANNEL 5	7.00 Spring Gardening with Carol Klein		8.00 Nick Knowles' Big House Clearout		9.00 Casualty 24/7: Every Second Counts		10.00 Ambulance: Code Red	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Conquest of...		9.00 Rob & Romesh vs Restaurants...		10.00 A League of Their Own Road Trip...	
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 Eurovision Song Contest					10.15 FBoy Island
116 BBC4	7.00 Johnny...	7.30 Walking with...	8.00 The RKO Story: Tales from Hollywood		9.00 Film: Bringing Up Baby			
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy		10.00 Celebrity Juice	
136 MORE4	◂ 6.55 The Block: Big Renovation Challenge		8.00 Escape to the Chateau		9.00 Royal Flying Doctors		10.00 Emergency Helicopter Medics	
135 E4	7.00 Hollyoaks	7.30 Big Bang Theory	8.00 Below Deck: Mediterranean		9.00 Naked Attraction		10.00 Temptation Island	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Rookie		10.00 Transplant	
108 SKY ATLANTIC	◂ 6.50 The Affair		7.55 Game of Thrones		9.00 The Staircase		10.05 Julia	
110 GOLD	7.00 Hi-de-Hi!	7.40 Keeping Up...		8.20 Dad's Army	9.00 The Royle Family			10.20 Not Going Out
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 QI	9.00 QI XL		10.00 Late Night Mash	
119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 DCI Banks	
120 ITV4	7.00 The Chase for Soccer Aid		8.00 Griff's Great New Zealand Adventure		9.00 Film: Die Another Day			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Richard Hammond's Brain Reaction	
152 SYFY	7.00 Quantum Leap		8.00 Warehouse 13		9.00 Grimm		10.00 Film: Guardian	
113 SKY MAX	7.00 Stargate SG-1		8.00 Karl Pilkington: The Moaning of Life		9.00 Rob & Romesh vs Restaurants...		10.00 A League of Their Own Road Trip...	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Hudson & Rex		9.00 We Hunt Together		10.00 Clarice	
130 SKY ARTS	7.00 Too Young to Die		8.00 The Directors		9.00 Film: The Ghost of St Michael's			
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Kindig Customs		9.00 Building Off the Grid		10.00 Naked and Afraid	
162 ANIMAL PLANET	7.00 Dodo Heroes		8.00 Project Grizzly				10.00 Alaskan Bush People	
129 NAT GEO	7.00 Car S.O.S.				9.00 Primal Survivor: Escape The Amazon		10.00 Lawless Island	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Ultimate WWII Weapons		9.00 Forged in Fire		10.00 Rust Valley Restorers	
155 YESTERDAY	7.00 Great Continental Railway Journeys		8.00 Secrets of the London Underground		9.00 Scouting for Toys		10.00 Bangers and Cash	
121 SKY DOCS	7.00 Exterminate All the Brutes		8.10 The Sixties		9.00 Pantani: The Accidental Death of a Cyclist			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Deadlock		8.00 Dune					
303 HITS	◂ 6.00 The Other Guys		8.00 Anger Management			9.45 Hell or High Water		
304 GREATS	◂ 4.40 The Godfather Part II		8.00 The Godfather Part III					
305 ANIMATION	◂ 6.30 Cloudy with a Chance of Meatballs 2		8.10 The Prince of Egypt			9.50 Okko's Inn		
306 FAMILY	◂ 6.45 Hop			8.30 Mirror Mirror				10.30 Muppets from...
307 ACTION	◂ 5.45 Batman Returns		8.00 Dead Man Down				10.00 The Running Man	
308 COMEDY	◂ 6.15 Norbit		8.00 How to Lose a Guy in 10 Days				10.00 Ride Along	
309 THRILLER	◂ 6.10 Focus		8.00 Revolver				10.00 Old	
310 DRAMA	◂ 5.30 Foxcatcher		8.00 In the Heights					10.25 St Elmo's Fire
311 SCI-FI	◂ 6.00 Reminiscence		8.00 Knowing				10.05 Don't Breathe 2	
302 MUST SEE MOVIES	◂ 6.10 Blacklight		8.00 Fast & Furious 9					10.25 Malignant
313 FILM4	◂ 6.40 Star Trek Beyond				9.00 The Girl in the Spider's Web			
315 TCM MOVIES		7.15 The Man Behind the Gun			9.00 Ocean's Twelve			
SPORT								
401 MAIN EVENT	7.00 Premier League – Live: Tottenham Hotspur v Arsenal (Kick-off 7.45)							10.30 Golf – Live
402 PREMIER LEAGUE	7.00 Premier League – Live: Tottenham Hotspur v Arsenal (Kick-off 7.45)							10.30 PL World
403 FOOTBALL	7.00 EFL Highlights		8.00 Scottish...	8.30 Bundesliga...	9.00 Bundesliga Highlights Show		10.00 Scottish...	10.30 Bundesliga...
404 CRICKET	7.00 Dinesh Karthik Meets		8.00 IPL					
413 BT SPORT 1	◂ 6.00 MLB – Live: Action from Major League Baseball					9.30 The Football's On		10.30 PL Reload
414 BT SPORT 2	7.00 Ligue 1 Show	7.30 PL World	8.00 Heineken Champions Cup Highlights		9.00 WWE NXT Highlights		10.00 V8 Supercars Highlights	

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** New edition (S)
10.00 **For Love or Money** (S)(R)
10.45 **Dom Delivers** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition Properties in Bilston, Lower Quinton and Manchester. (S)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Money for Nothing** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Charlie Dimmock and Chris Hull create a 1950s-inspired garden with a fairy-tale twist. (S)
4.30 **The Bidding Room** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Gordon Ramsay's Future Food...

7 PM

7.00 **The One Show** Alex Jones and Ronan Keating present the topical show. (S)
7.30 **EastEnders** Ben shows no remorse when Callum and Kathy confront him about his actions. (S)(AD)

8 PM

8.00 **NEW The Jubilee Pudding: 70 Years in the Baking** Five exceptional home bakers are plucked from thousands in a national competition to find a brand new pudding to mark the Queen's historic Platinum Jubilee. (S)(AD)

9 PM

9.00 **Gordon Ramsay's Future Food Stars** New edition 7/8. Gordon tests his semi-finalists' social media know-how, then challenges the teams to create a pasta dish that feels unique and stands out from the crowd. (S)(AD)

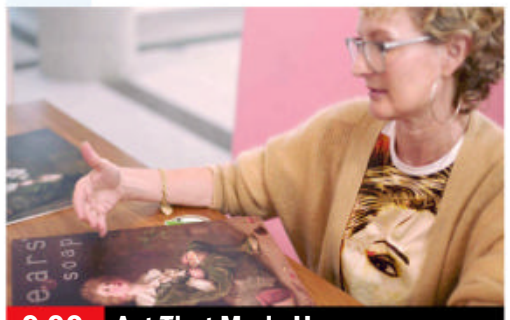
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Question Time** Fiona Bruce hosts the political debate from Hackney, north-east London. (S)
11.35 **Newscast** BBC journalists offer their usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.05 AM **Celebrity Mastermind** James Acaster, Michelle Gayle, Jean Johansson and Charlotte Worthington take to the black chair in the specialist and general knowledge quiz. (S)(R)
12.35 **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Escape to the Country** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Gardeners' World** Horticulture advice. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **James Martin: Home Comforts** Jacket potato skins. (S)(R)(AD)
3.00 **Britain in Bloom** (S)(R)
3.30 **Murder, Mystery and My Family** The poisoning of a man by his wife in 1930s Lincolnshire. (S)(R)(AD)
4.15 **Interior Design Masters** (S)(R)(AD)
5.15 **Flog It!** From Norwich. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **My Unique B&B** New edition The team create an eco shed for a primary school teacher. (S)(AD)



9.00 Art That Made Us

7.00 **Rick Stein's Secret France** 3/6. The chef explores Burgundy and the Auvergne, while in his Provencal country kitchen, he prepares Cantal bourriols – buckwheat pancakes made with farmhouse eggs and Cep mushrooms. (S)(R)(AD)
8.00 **Britain's Top Takeaways** New edition 4/8. Killa Waffles, Shwings, Eat the Bird, Hun's – Leicester's first vegan fried chicken shop – and Chicken George take part in the fast-food competition hosted by Sara Cox and Darren Harriot. (S)
9.00 **Art That Made Us** New edition 6/8. With the industrial revolution transforming the British Isles, cities and country are divided and artists respond to the upheaval to lives and the landscape. (S)(AD)
10.00 **Mortimer & Whitehouse: Gone Fishing** 5/6. Bob and Paul fish for wild carp in mid Wales. (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **DNA Family Secrets** 1/6. Stacey Dooley helps people unlock mysteries in their DNA. (S)(R)(AD)
12.15 AM **Sign Zone: Freeze the Fear with Wim Hof** 3/6. The celebrities face a blizzard in nothing but their swimwear. (S)(R)(AD)
1.15 **Sign Zone: Yorkshire Midwives on Call** 1/8. Documentary. (S)(R)(AD)
2.15 **Sign Zone: Tan France: Beauty and the Bleach** (S)(R)(AD)
3.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Men** New edition Studio debate and celebrity interviews. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Solihull, where items of interest include a military watch and 35 sovereign coins. (S)(R)
3.00 **Tenable** A family of five from Cambridgeshire try to answer questions about top 10 lists. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

5.00 The Chase

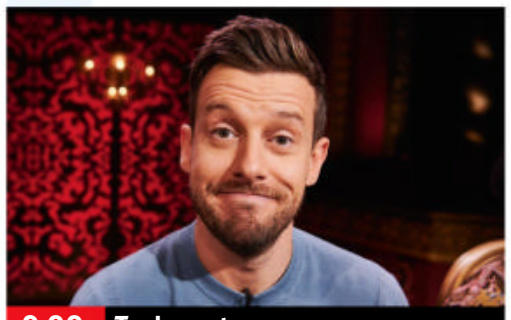
7.30 **Emmerdale** Moira offers her support, a body is found in the woods, while Cain and Al's feud takes a dangerous turn. (S)(AD)
8.30 **Tonight: Holidays – Bagging a Bargain Break?** New edition Sonali Shah reports on what travellers need to look out for now pandemic restrictions have eased. (S)
9.00 **The Games** New edition 4/5. Holly Willoughby and Andrew Flintoff introduce live action from the Lee Valley VeloPark where Alex Scott is trackside for coverage of night four of the contest. (S)
■ Concludes tomorrow
10.05 **ITV News** (S)
10.35 **Local News** (S)
10.45 **The 1% Club** Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense. (S)(R)
11.45 **All Elite Wrestling: Rampage** Hard-hitting, high-flying action. (S)
12.30 AM **Shop: Ideal World**
3.00 **Holidays: Bagging a Bargain Break? Tonight** As 8.30pm. (S)
3.25 **Wonders of the Border** 5/6. Sean Fletcher follows the Offa's Dyke Path. (S)(SL)(R)(AD)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Ben Shephard hosts the arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 8&9/26. (S5) (S)(R)
7.35 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 18-20/24. (S5) (S)(R)(AD)
10.30 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Couples Come Dine with Me** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition A property in Weston-super-Mare, Somerset. (S)
5.00 **Sun, Sea and Selling Houses** Finding a home in Almeria. (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Joel's guilt forces him to act impulsively again and he makes a decision about rekindling his relationship with Cleo. (S)(AD)



9.00 Taskmaster

7.00 **News** (S)
8.00 **Secret Spenders: Beat the Price Rises** New edition In Norfolk, Amanda hopes her wife Charlotte's takeaway enthusiasm can be curbed, and in Kent, Molly wants to confront husband Damien about overspending. (S)(AD)
9.00 **Taskmaster** New edition 5/10. Ardal O'Hanlon discovers that a mallet floats, Bridget Christie has a present for Greg Davies, and Sophie Duker covers some keys in saliva. (S)(AD)
10.00 **Chivalry** New episode 5/6. Bobby and Cameron try to take a break from work. (S1) (S)(AD)
10.30 **8 Out of 10 Cats Does Countdown** With Lucy Beaumont, Roisin Conaty and Joe Wilkinson. (S)(R)
11.30 **First Dates** A 71-year-old beekeeper is looking for a man with a naughty side. (S)(R)(AD)
12.30 AM **Married to a Psychopath** 2/2. Documentary. (S)(R)(AD)
1.25 **Derry Girls** 5/6. (S3) (S)(R)(AD)
2.00 **Hullraisers** 5/6. (S1) (S)(R)(AD)
2.25 **Ramsay's Hotel Hell** (S)(R)(AD)
3.15 **Come Dine with Me** (S)(SL)(R)
4.10 **The Queen's Lost Family** (S)(SL)(R)
5.05 **to 6.05** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Litter Louts: At War with the Law** New edition An enforcer spots what looks like an unlicensed scrap merchant. (S)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 FILM PREMIERE **Snatched: Who Stole My Son?** Thriller starring Chelsea Hobbs. (S) (2021, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition A look back at highlights of the series. (S)
5.00 **News** (S)
6.00 **Neighbours** Terese and Glen share a raw heart-to-heart that brings them closer. (S)(R)(AD)
6.30 **Eggheads** Quiz show. (S)(R)

8.00 Big House Clearout

7.00 **Spring Gardening with Carol Klein** New edition 4/6. At Glebe Cottage in Devon, Carol reveals how to grow regalia lilies from bulbs. (S)
7.55 **News** (S)

8.00 **Nick Knowles' Big House Clearout** New edition 3/12. The presenter heads to Farnborough, Hampshire, where it is make or break for a family who are squeezed into a cluttered semi. (S)

9.00 **Casualty 24/7: Every Second Counts** New edition 3/6. At Barnsley Hospital, nurse Chloe treats 88-year-old Enid, who has been knocked over by high-speed winds and has a severe open head wound. (S)

10.00 **Ambulance: Code Red** In a rush hour collision, a 21-year-old motorcyclist is thrown headfirst from his bike, and an 80-year-old man suffers a cardiac arrest on his driveway. (S)(R)(AD)

11.05 **Here Come the Gypsies!** (S)(R)
12.05 AM **Plastic Surgery Knifemares** Surgical nightmares. (S)(R)
1.00 **LeoVegas Live Casino Show**
3.00 **Entertainment News** (S)
3.10 **Dogs With Extraordinary Friends** Documentary. (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink** Reality series. (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 6.00** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Orangutan Jungle School** Nature documentary. (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 17/20. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S10) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **S.W.A.T.** 20/21. (S3) (S)(R)(AD)
3.00 **Modern Family** (S8) (S)(R)
4.00 **Will & Grace** (S7) (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 10/24. Philip is defeated in the elections. (S)(R)
6.00 11/24. Will meets a pregnant writer. (S3) (S)(R)
6.30 **The Simpsons** *The Old Man and the Key*. Grampa tries to woo a beautiful new resident at the nursing home. (S)(R)

9.00 Rob & Romesh vs...

7.00 **The Simpsons** *Tales from the Public Domain:* The family appear as classic characters in a trilogy of tales. (S)(R)
7.30 *Blame It on Lisa:* The family visit Brazil to locate a missing orphan. (S)(R)

8.00 **David Attenborough's Conquest of the Skies** 1/3. The naturalist examines creatures capable of flight, initially turning his attentions toward a descendant of the dragonfly, the Atlas beetle and the blow fly. (S)(R)(AD)

9.00 **Rob & Romesh vs Restaurants – First Course** New edition 1/2. Rob Beckett and Romesh Ranganathan try to open their own restaurant, beginning by learning all about the industry from chef Tom Kerridge.

10.00 **A League of Their Own Road Trip: Dingle to Dover** Series finale 6/6. Highlights of Andrew Flintoff and Jamie Redknapp's travels around Britain and Ireland, as they took on challenges with a variety of famous faces. (S)

11.00 **Agatha Raisin** 2/3. The judge of Carsley's jam-making contest dies after being poisoned by the winning entry. (S4) (S)(R)
1.00 AM **Wellington Paranormal** *Time Cop:* 6/6. (S4) (S)(R)
1.30 **The Rising** 3/8. (S1) (S)(R)
2.30 **Road Wars** (R)
3.00 **Hawaii Five-0** 7/22. (S4) (S)(R)
4.00 **S.W.A.T.** 20/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15am Bargain Hunt (S)(R) **12.00noon-1.00pm** First Minister's Questions (S) **7.00-7.30pm** River City (S)(R)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm The View (S) **11.15** Question Time (S) **12.15am** Newscast (S) **12.45-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.15pm-12.15am Ardal O'Hanlon: Tomb Raider (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
10.45-11.45pm NEW Inspiring Wales: St David Awards 2022 (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Cwpwrdd Epic Chris (AD) **12.30** Welsh Whisperer – Ni'n Teithio Nawr (AD) **1.00** Prynhawn Da New edition **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Giro d'Italia **4.30** Olobobs **4.35** Timpo **4.45** Awyr Iach **5.00** Stwnsh **6.00** Arfordir Cymru (AD) **6.30** Ar Werth **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Teulu'r Castell New edition **10.00** Seiclo: Giro d'Italia **10.30** Ffit Cymru **11.30pm-12.05am** Stiwdio Gefn

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition The finalists are tasked to cook their dishes in two-and a-half hours, inspired by the Italian menu from the Icebergs Restaurant.
7.50 **The Catch Up**
7.55 **Laugh Lessons**
8.00 LIVE **Eurovision Song Contest** Scott Mills and Rylan Clark host the second semi-final of the contest from Turin in Italy.
10.15 **FBoy Island** New edition 8/10. Gunning for a top-two spot, the guys suit up for a wet and wild pool party.
11.05 **MOTDx** New edition Football discussion hosted by Jermaine Jenas.
11.35 FILM **Sorry to Bother You** Fantasy comedy starring Lakeith Stanfield. (2018, 15, 111min) ★★★★
1.20 AM **Gavin & Stacey**
2.20 **Peacock**
2.45 **Hot Property**
3.15 **Munya and Filly Get Chilly**
3.45 **to 3.55** AM **Press X to Continue**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Johnny Kingdom: A Year on Exmoor** The amateur cameraman encounters a family of stoats.
7.30 **Walking with Jim Moir** The comedian and actor explores the Kent coast.
8.00 **The RKO Story: Tales from Hollywood** The careers of Ginger Rogers and Katharine Hepburn.
9.00 FILM **Bringing Up Baby** Vintage comedy starring Cary Grant and Katharine Hepburn. (1938, b/w, U, 102min) ★★★★★
10.40 FILM **My Favourite Wife** Comedy starring Cary Grant and Irene Dunne. (1940, b/w, U, 80min) ★★★★
12.05 AM **Imagine – Becoming Cary Grant** An insight into the film star's life, featuring newly discovered footage shot by Grant himself.
1.30 **Johnny Kingdom: A Year on Exmoor**
2.00 **Walking with Jim Moir**
2.30 **to 3.30** AM **A History of Ancient Britain**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.15 **A Place in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Find It, Fix It, Flog It** Henry Cole refurbishes a classic Ford Mustang, while Simon O'Brien restores a classic Chopper bicycle.
5.55 **Escape to the Chateau: DIY** Clive and Karen and their two children are preparing for the wedding season at their chateau.
6.55 **The Block: Big Renovation Challenge** New edition Dan's tilers are sent home because they don't have the right insurance.
8.00 **Escape to the Chateau** Dick and Angel harvest their pumpkins in the autumn.
9.00 **Royal Flying Doctors** New episode 3/8. When a young boy goes missing in the Outback, it's a race against time to find him as the RFDS is called to help his injured father. (S1)
10.00 **Emergency Helicopter Medics** A cyclist suffers life-threatening injuries after a collision with a car.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **Royal Flying Doctors**
2.15 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Black-ish**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **The Neighborhood** New episodes 5&6/18. (S3)
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Serena refuses to talk to her parents.
7.30 **The Big Bang Theory** 21/24. Raj prepares for a date with Emily. (S7)
8.00 **Below Deck: Mediterranean** New edition Chef Mathew hopes to polish off his most successful charter to date.
9.00 **Naked Attraction** A 23-year-old virgin from Kent picks a partner from six naked candidates.
10.00 **Temptation Island** New edition While Alexcys has an early night, Kendal flirts with the idea of spending more time with Nickole.
11.00 **Gogglebox**
12.05 AM **Naked Attraction**
1.10 **Rick and Morty**
1.45 **Robot Chicken**
2.10 **Below Deck: Mediterranean**
3.05 **Gogglebox**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Black-ish**

+1 hour 235 | 146 | 30 | 123

Thursday primetime

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **911 Crisis Centre**
7.00 **Nothing to Declare**
8.00 **Border Patrol**
9.00 **UK Border Force**
10.00 **911 Crisis Centre**
11.00 **Law & Order** 11/24. A child murderer is killed. (S15)
12.00 NOON **Bull** 20/22. Dr Bull represents the young heir of an infamous crime family. (S3)
1.00 PM **Blue Bloods** (S9)
3.00 **Paramedics**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

10.00 Transplant

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *In Too Deep:* 7/16. After witnessing a drive-by shooting, Danny clashes with the detective assigned to the case. (S11)

9 PM

9.00 **The Rookie** New episode *Coding:* 17/22. A man holds a hospital hostage to ensure his wife receives lifesaving surgery. (S4)

10 PM

10.00 **Transplant** New episode *Liberty:* 6/13. Bash is caught between a gang member and the officer looking for him. (S2)
11.00 **Law & Order: SVU** 1/24. (S12)
12.00 M'T **Chicago Med** (S7)
1.00 AM **Chicago Fire** (S10)
2.00 **Chicago PD** (S9)
3.00 **Bull** 20/22. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Staircase** 4/8. (S1)
9.10 **Big Love** 3/10. (S5)
10.15 **The Affair** 5&6/12. (S2)
12.20 PM **Game of Thrones** (S2)
1.20 **Six Feet Under** 4&5/12. (S5)
3.30 **Boardwalk Empire** 11/12. Nucky tries to prepare Margaret for the worst. **4.35** 12/12. (S2)
5.45 **The Affair** 7/12. Alison confronts Noah about his book. **6.50** 8/12. Helen sees Noah in a new light. (S2)

9.00 The Staircase

7.55 **Game of Thrones** *Blackwater:* 9/10. Tyrion defends King's Landing against Stannis Baratheon's assault in a battle that will decide the fate of the seven kingdoms. (S2)

9.00 **The Staircase** New episode *Common Sense:* 4/8. Drama starring Colin Firth. *See feature, page 6.* (S1)

10.05 **Julia** *Chocolate Souffle:* 8/8. Despite an extraordinary run, Julia decision to end the show shocks and Paul. (S1)
11.10 **Raised by Wolves** 6/8. Sue and Paul realise they need Marcus's help. (S2)
12.15 AM **Six Feet Under** (S4)
1.20 **The Newsroom** (S1)
3.30 **In Treatment**
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S7)
8.00 **The Flash** 16/23. (S1)
9.00 **DC's Legends of Tomorrow**
10.00 **Supergirl** 17/20. (S1)
11.00 **NCIS: Los Angeles** (S10)
1.00 PM **Hawaii Five-0** 7/22. (S4)
2.00 **S.W.A.T.** 20/21. (S3)
3.00 **DC's Legends of Tomorrow**
4.00 **The Flash** 17/23. (S1)
5.00 **Supergirl** 17/20. (S1)
6.00 **Stargate SG-1** 18/22. An off-world mission has a tragic conclusion when a familiar face is killed by enemy fire. (S7)

9.00 Rob & Romesh vs...

7.00 **Stargate SG-1** *Resurrection:* 19/22. The team investigate a secret laboratory. (S7)

8.00 **Karl Pilkington: The Moaning of Life** Karl tries to find out how people achieve happiness.

9.00 **Rob & Romesh vs Restaurants: First Course** New edition 1/2. Rob and Romesh try to open their own restaurant.

10.00 **A League of Their Own Road Trip: Dingle to Dover** Series finale 6/6. Highlights of the trip around Britain and Ireland.
11.00 **Agatha Raisin** 2/3. The judge of Carsley's jam-making competition is poisoned. (S4)
1.00 AM **The Rising** 3/8. Suspicions grow regarding Neve's ex-boyfriend Joseph. (S1)
2.00 **NCIS: Los Angeles** (S7)
3.00 **Hawaii Five-0** 7/22. (S4)
4.00 **S.W.A.T.** 20/21. (S3)
5.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Highlights**
7.30 **The Ellen DeGeneres Show**
8.25 **You've Been Framed!**
9.20 **Hart of Dixie** 3/22. (S2)
10.15 **One Tree Hill** 3/23. (S2)
11.10 **The O.C** 25/27. (S1)
12.00 NOON **Secret Crush**
1.05 PM **Dress to Impress**
2.05 **The Ellen DeGeneres Show** New edition With Rob Lowe.
3.00 **Hart of Dixie** 4/22. (S2)
4.00 **One Tree Hill** 4/23. (S2)
5.00 **The O.C** 26/27. (S1)
6.00 **Celebrity Catchphrase**

10.00 Celebrity Juice

7.00 **Superstore** 10/21. Amy, Dina and Cheyenne look for a Christmas tree. **7.30** 11/21. Glenn must make a big decision. (S5)

8.00 **Bob's Burgers** 11/22. Gene gets kicked out of a hi-fi shop. **8.30** 12/22. Bob and Linda work out. (S10)

9.00 **Family Guy** 9/20. Peter is arrested and charged with a hate crime. **9.30** 10/20. Quagmire meets an old flame. (S14)

10.00 **Celebrity Juice** New edition With Chris Eubank, Megan McKenna, Majestic and Jamie Laing.
10.50 **Family Guy** 19/20. (S18)
11.15 **Family Guy** 1/20. Stewie becomes addicted to ADHD medication. (S14)
11.45 **American Dad!** (S15)
12.40 AM **Bob's Burgers** (S10)
1.35 **Superstore** (S5)
2.35 **to 3.00** AM **Totally Bonkers Guinness World Records**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **On the Buses**
9.10 **The Darling Buds of May**
11.30 **Heartbeat**
1.45 PM **Classic Emmerdale**
2.45 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *Murder Is Easy:* A murderer strikes in a peaceful village.
5.50 **Heartbeat** *Sons and Lovers:* Nick is pestered by the sister of Aidensfield's landed gentry, while Greengrass poaches on the lord's land.

5.50 Heartbeat

7.00 **Heartbeat** *Playing with Trains:* Nick investigates thefts from a fur factory, while Greengrass thinks he has struck gold.

8.00 **Vera** *A Certain Samaritan:* The ugly truth about a murder victim's past begins to emerge when the body of a drug dealer washes up on a beach, while Vera copes with revelations of her own. Guest stars Judy Parfitt and Phyllis Logan.

10.00 **DCI Banks** *Strange Affair – Part One:* 1/6. The detective goes in search of his estranged brother. With Caroline Catz. (S2)
11.05 **DCI Banks** *Strange Affair – Part Two:* 2/6. The detective breaks the news of Roy's death to his parents. (S2)
12.05 AM **Inspector Morse** *Promised Land:* A case takes Morse to the Australian Outback.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Scotland's Best Dog** The canine quest reaches its conclusion.
8.00 **Beechgrove** New edition Carole Baxter sets up hanging baskets for a summer of colour.
8.30 **Landward** New edition Dougie Vipond visits the Fairy Pools on Skye.
9.00 **The Nine**
10.00 **Growing Up Scottish** New edition Scotland's comedians look back at friendship, and there is also a look at homes.
10.30 **Darren McGarvey's Addictions** 1/3. The presenter explores Scotland's dangerous love affair with alcohol.
11.30 PM **to 12.00** M'T **Mirror Mirror** 6/12. Transgender Jordan reveals how hard it was to open up to his mother.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Everybody Hates Chris** 1&2/22. (S3)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S3)
11.30 **The Office (US)** (S2)
12.00 NOON **The Mindy Project** 19&20/26. (S4)
1.00 PM **Curb Your...**
2.20 **Sex and the City** (S3)
3.00 **Modern Family** (S8)
4.00 **Will & Grace** (S7)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S3)
8.00 **30 Rock** 12&13/23. (S5)
9.00 **Sex and the City** (S2)
10.00 **Moonbase 8** 5&6/6. (S1)
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **The Late Late Show with James Corden** New edition
1.00 AM **Wellington Paranormal** 6/6. (S4)
1.30 **Curb Your Enthusiasm**
2.50 **Black Monday** (S2)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
11.00 **Music Icons**
11.30 **Video Killed the Radio Star** Bon Jovi's videos.
12.00 NOON **Animated World of Halas and Batchelor**
1.00 PM **Tales of the...**
2.00 **From the Vaults**
3.00 **Billy Wilder: Nobody's Perfect**
4.00 **Tales of the Unexpected**
5.00 **Discovering**
6.00 **Portrait Artist 2017**
7.00 **Too Young to Die**
8.00 **The Directors**
9.00 FILM **The Ghost of St Michael's** Comedy. (1941, b/w, PG, 82min) ★★★
10.40 **The Movies**
11.40 **The Fantastic Mr Murray**
12.40 AM **Discovering Romance on Film**
2.10 **Cool Daddio: Second Youth of R Stevie Moore**
3.40 **Video Killed the Radio...**
4.40 **to 6.00** AM **National Treasures**

Pick

159 156 | 36 | 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **UK Border Force**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate SG-1**. (S4)
5.00 **Star Trek: The Next Generation** 10/26. (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Hawaii Five-0**(S3)
8.00 **Snapped** A devoted family man is killed.
9.00 **Delicious** 4/4. (S2)
10.00 **Grimm** 3/22. (S4)
11.00 **Murders That Shocked the Nation** The Richardson gang.
12.00 M'T **How I Caught the Killer** Documentary.
1.00 AM **Hawaii Five-0** (S3)
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Younger** (S7)
9.00 **The Middle** (S3)
11.00 **My Wife and Kids** (S2)
1.00 PM **Friends** (S3&4)
8.00 **Friends** 6/24. Ross's love life improves. **8.30** 7/24. Chandler tries to prevent Joey from learning the truth. (S4)
9.00 **Michael McIntyre's Big Show** With Sarah Millican, Tom Odell, Shane Filan and Carol Vorderman.
10.00 **Richard Hammond's Brain Reaction** With guests Lou Sanders and Bobby Mair.
11.00 **Channel Hopping with Jon Richardson**
12.00 M'T **Utterly Outrageous X-Rated Comedy**
1.00 AM **The Ricky Gervais Show** 6&7/13. (S2)
2.00 **Impractical Jokers**
3.15 **The Daily Show** New edition Talk show.
3.50 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 | 28 | 119

7.00 AM **Olivia Meets Her Match** Reality series.
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Real Housewives of New York City**
1.10 **Sam Faiers: The Mummy Diaries**
2.10 **The Only Way Is Essex**
2.55 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Beverly Hills**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Keeping Up with the Aristocrats** 1/3. Following four families over the course of the summer social season.
10.00 **Totally Unbelievable: Celebrity Homes**
11.00 **Vanderpump Rules**
12.00 M'T **to 1.00** AM **The Only Way Is Essex**

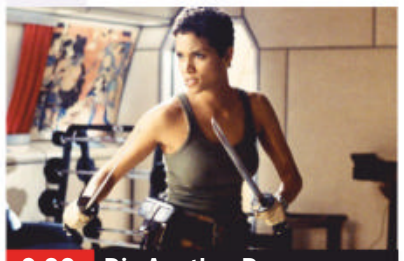
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **World of Sport**
6.10 **The Saint**
7.00 **The Adventures of Sherlock Holmes**
7.55 **The Avengers**
9.00 **The Professionals**
10.10 **Minder**
11.15 **The Saint**
12.20 PM **The Avengers**
1.30 LIVE **Racing** Day two of the Dante festival from York.
4.30 **River Monsters**
4.55 **Minder**
6.00 **Giant Lobster Hunters**


9.00 Die Another Day

7.00 **The Chase for Soccer Aid** Danny Jones, Martin Bell, Sarah-Jane Mee and Michael Sheen compete for charity.

8.00 **Griff's Great New Zealand Adventure** 1/4. Griff Rhys Jones embarks on a journey from the tip to the toe of New Zealand.

9.00 FILM **Die Another Day** James Bond adventure starring Pierce Brosnan. Agent 007's globetrotting pursuit of a North Korean terrorist leads him into encounters with a shady billionaire businessman. (2002, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

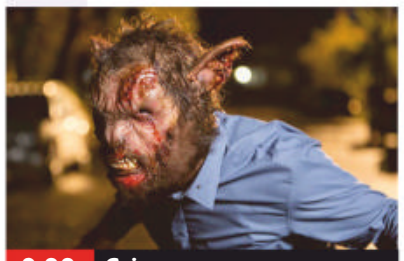
11.40 **South of the River** 3/3. The talented pool of footballers emerging from south London.
12.40 AM FILM **Rocky IV** Boxing drama starring Sylvester Stallone and Dolph Lundgren. (1985, PG, 91min) ★★
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Most Haunted** 3/10. (S13)
7.00 **Star Trek: Deep Space Nine**
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S3)
12.00 NOON **Stargate Atlantis** (S5)
1.00 PM **Project Blue Book** (S2)
2.00 **V** 3/12. Erica is assigned to protect the aliens. (S1)
3.00 **Warehouse 13** As 8.00pm.
4.00 **Stargate Atlantis** 16/20. (S5)
5.00 **Stargate SG-1** 5/22. (S5)
6.00 **Star Trek: Deep Space Nine** 5/26. Violence breaks out on the station. (S2)


9.00 Grimm

7.00 **Quantum Leap** *Play Ball:* 2/22. Sam becomes a pitcher for a small-town baseball team. (S4)

8.00 **Warehouse 13** *Regrets:* 10/13. Artie instructs Myka and Pete to investigate several suspicious suicides in a Florida prison. (S1)

9.00 **Grimm** *Chupacabra:* 8/22. Witnesses to a murder claim it is the work of legendary monster the Chupacabra. (S4)

10.00 FILM **Guardian** Horror with Mario Van Peebles and James Remar. (2000, 15, 86min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Spides** 7/8. Mitosch causes damage at the lab, making Torsen's creatures furious. (S1)
1.00 AM **Stargate SG-1** (S5)
2.00 **Stargate Atlantis** (S5)
3.00 **Star Trek: Deep Space Nine**
4.00 **Star Trek: Voyager** (S3)
5.00 **to 6.00** AM **V**

+1 hour 229

Alibi

109/110 809 126 212

7.10 AM **Murdoch Mysteries** (S5)
9.00 **The Doctor Blake Mysteries**
10.00 **Major Crimes** 15/21. (S5)
11.00 **Rizzoli & Isles** 12/18. (S6)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S15)
4.00 **The Doctor Blake Mysteries**
5.00 **Major Crimes** 15/21. A man is found with his throat cut in his living room. (S5)
6.00 **Death in Paradise** 6/8. A famous chef is found stabbed to death. (S5)

9.00 We Hunt Together

7.00 **Rizzoli & Isles** *5:26:* 12/18. The death of a former drug addict is found to be connected to Rizzoli. (S6)

8.00 **Hudson & Rex** *Into the Wild:* 3/16. Charlie and Rex head into the wilderness in search of a survivalist community. (S3)

9.00 **We Hunt Together** New episode 2/6. Freddy plays a dangerous game with an internet troll. (S2)
■ Entire series on Box Sets

10.00 **Clarice** *Ghosts of Highway 20:* 2/13. Clarice battles her own inner demons when the team travel to Tennessee (S1)

11.00 **Death in Paradise** As 6pm.
12.00 M'T **The Doctor Blake Mysteries** 3/10. A man dies from a snake bite while driving a car. (S1)
1.00 AM **Father Brown**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 343 358

7.20 AM **Highlights**
9.10 **Hi-de-Hi!**
9.45 **Only Fools and Horses**
10.30 **Last of the Summer Wine**
11.50 **Keeping Up Appearances**
12.25 PM **Dad's Army**
1.10 **Hi-de-Hi!**
1.50 **2point4 Children**
2.30 **Desmond's**
3.05 **Keeping Up Appearances**
3.45 **The Good Life**
4.25 **Last of the Summer Wine**
5.40 **Only Fools and Horses**
6.25 **Desmond's**

10.20 Not Going Out

7.00 **Hi-de-Hi!** Clive's relatives descend on the camp.
7.40 **Keeping Up Appearances** Hyacinth continues her search for a small country retreat.
8.20 **Dad's Army** The platoon try to to rescue Walker and Godfrey from a stricken pumping station.

9.00 **The Royle Family** Denise and Dave reveal that they are expecting a baby. **9.40** Barbara decides she has finally had enough of Jim's laziness and walks out.
10.20 **Not Going Out** Lee feels stressed after agreeing to give Kate driving lessons.

11.00 **Live at the Apollo** With Hal Cruttenden and Tom Stade.
12.00 M'T **Peep Show**
12.35 AM **Desmond's**
1.10 **The Royle Family**
2.25 **Not Going Out**
2.55 **Peep Show**
3.30 **to 4.00** AM **Desmond's**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.35 AM **Modern Wheels or Classic Steals**
8.00 **Top Gear**
9.00 **Storage Hunters UK**
10.00 **Sin City Motors**
11.00 **World's Most Dangerous Roads** Siberia's 'Road of Bones'.
12.00 NOON **Bangers and Cash**
1.00 PM **Fast Justice**
2.00 **Top Gear** From Ethiopia.
3.00 **Rick's Mediterranean Escapes**
4.00 **Bangers and Cash**
5.00 **Rick Stein's Spain**
6.00 **Taskmaster**

10.00 Late Night Mash

7.00 **Richard Osman's House of Games** With Stuart Maconie and Lou Sanders.
7.40 **Room 101** Richard Osman, Joan Bakewell and Roisin Conaty reveal their pet hates.
8.20 **QI** With guest panellists Aisling Bea, Russell Brand and Noel Fielding.

9.00 **QI XL** Guests Sue Perkins, Ross Noble and David Mitchell join regular panellist Alan Davies and host Stephen Fry.

10.00 **Late Night Mash** Nish Kumar and the team share up-to-the-minute topical insights and fake news reports.

11.00 **Comedians Giving Lectures**
11.40 **Mock the Week**
12.20 AM **Big Zuu's Big Eats**
1.00 **Have I Got a Bit More Old News for You**
2.00 **Room 101** With Ross Noble.
3.00 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 74

7 PM **8 PM** **9 PM** **10 PM**

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Changes** Romance
11.50 **GREAT! Movie News**
12.00 NOON **Murder, She Wrote** Mystery drama.
1.00 PM **Perception** (S2)
2.00 **Body of Proof** (S2)
3.00 **Castle** 21/24. (S2)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 12/25. Frank is obsessed with hunting down Korean saboteurs. **8.30** 13/25. A fever prompts Frank to put his affairs in order. (S4)
9.00 **Who Wants to Be a Millionaire?** Four editions of the quiz show.
1.00 AM **M*A*S*H** (S4)
3.00 **Hart to Hart** (S4)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** Double bill.
11.30 **Great House Giveaway**
12.30 PM **A Place in the Sun**
1.30 **A Place in the Sun: Home or Away**
2.30 **Sun, Sea and Selling Houses** In Almería.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Devon and Cornwall: Greener Lives**
8.00 **Richard Hammond's Crazy Contraptions**
9.00 FILM **The Personal History of David Copperfield** Adaptation of Charles Dickens' novel, with Dev Patel. (2019, PG, 115min) ★★★★
11.25 **Taskmaster**
12.30 AM **Gogglebox**
1.35 **The World's Most Extreme Roads.**
2.40 **The Spy Who Died Twice** Documentary.
3.45 **to 4.45** AM **Will Young: Losing My Twin Rupert**

5USA

141 141 153 21 129

9.00 AM **NCIS** 18/24. (S12)
9.55 **Entertainment News**
10.00 **NCIS** 19&20/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** Four episodes of the series, including at: **8.00** *Sister City – Part One:* 12/24. The first instalment of a two-part crossover with *NCIS: New Orleans*. Guest stars Scott Bakula. **9.00** *Déjà Vu:* 13/24. A seaman's murder is linked to a human trafficking ring. (S13)
10.00 **Law & Order: Special Victims Unit** *The Newsroom:* 16/21. A news anchor makes a rape accusation against her boss on the air. (S18)
11.00 **Law & Order: Special Victims Unit** (S18)
1.55 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.05 **Rich Kids Go Skint**
8.55 **Room to Improve**
10.00 **Bargain Loving Brits by the Sea**
11.00 **Filthy Britain SOS**
12.00 NOON **Traffic Cops: Under Attack**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **Filthy House SOS**
8.00 **22 Kids & Counting**
9.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
10.00 FILM **Django Unchained** Quentin Tarantino's Oscar-winning Western. (2012, 18, 162min) ★★★★
1.20 AM **National Treasure, National Disgrace: Savile, Harris & Hall**
3.20 **Neighbours**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 211 25 156

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **Tipping Point: Lucky Stars** With Rachel Riley.
11.00 **The Three Day Nanny**
12.00 NOON **Inside the Ambulance** Double bill.
2.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
8.00 **Nurses on the Ward** New edition One of Advanced Nurse Practitioner Caroline's patients is deteriorating rapidly.
9.00 **Emma Willis: Delivering Babies** Emma has a bad experience while assisting with a birth.
10.00 **One Born Every Minute** Documentary.
11.00 **Inside the Ambulance**
12.00 M'T **Nurses on the Ward**
1.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.00 AM **Birds of a Feather**
7.45 **Bergerac**
8.40 **The Bill**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Birds of a Feather**
6.00 **Just Good Friends**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Jonathan Creek** *The Three Gamblers:* A murdered drug-runner haunts his killers.
9.10 **New Tricks** *Cry Me a River:* The team look into the unsolved murder of a pornographer. **10.20** *Into the Woods:* The team investigate a man's disappearance.
11.30 **Silent Witness**
1.40 **to 4.00** AM **The Heart Guy**

+1 hour 243 226 60

THURSDAY

Thursday

Documentaries

CBS Drama
147 197 68 134

9.00 AM **Perry Mason** (S7)
11.00 **Matlock** 18/19. (S7)
12.00 NOON **Medium** (S2)
1.00 PM **JAG** (S3)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Twice Upon A Time:* 22/22. Allison wonders what life would have been like had she followed her planned career as an attorney. Guest stars Conor O'Farrell. (S2)
10.00 **Unsolved Mysteries** A couple claim to communicate with their deceased daughter. **11.00** The case of a woman who lost her memory after being involved in a car crash.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **The Jury Room**
5.00 **to 6.00** AM **Matlock**

CBS Justice
148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S4)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 7&8/27. (S4)
3.00 **CSI: NY** 23/23. (S1)
4.00 **NCIS** 22/24. (S12)
5.00 **The Fugitive** (S4)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** *Swan Song:* 9/27. The lawman investigates an eight-year-old murder. **8.00** *Cyclone:* 10/27. Alex and CD are taken hostage. (S4)
9.00 **CSI: NY** *What You See Is What You See:* 23/23. Mac gets caught up in a shooting at a cafe. (S1)
10.00 **NCIS** *Troll:* 22/24. (S12)
11.00 **Diagnosis Murder** (S5)
1.00 AM **Walker, Texas Ranger** 9&10/27. (S4)
2.55 **JAG** 16/24. (S4)
3.55 **Donal MacIntyre: Unsolved** Cold cases.
4.40 **to 6.00** AM **Medical Detectives**

Challenge
160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Double bill.
6.00 **Pointless** Quiz show.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman present a star-studded version of the general knowledge quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!
151 151 835 164 163

7.00 AM **I Am Cait**
8.00 **Keeping Up with the Kardashians: The Final Curtain**
10.00 **Jerseylicious**
11.00 **Wags** Reality show.
12.00 NOON **News: Daily Pop**
1.00 PM **Keeping Up with the Kardashians**
7.00 **Botched** Paul Nassif fixes a crater on a woman's nose. **8.00** Terry Dubrow performs full body work on a pair of sisters.
9.00 **Keeping Up with the Kardashians** The family take in a homeless man. **9.30** The family have to deal with a sex scandal.
10.00 **Nightly Pop**
10.30 **Dating: No Filter**
11.00 **Wags: LA**
12.00 M'T **Dr 90210**
1.00 AM **I Am Cait**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Giuliana and Bill**

Sky Documentaries
121 121 819 278 277 352 367

6.00 AM **First Ladies**
7.00 **Discovering**
8.00 **The Directors**
9.00 **Hollywood Couples**
10.00 **Exterminate All the...**
11.10 **The Sixties**
12.00 NOON **Mother Teresa: For the Love of God**
1.00 PM **The Lady and the Dale** Liz is exposed by a true crime TV show.
2.00 **Queen of Speed**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Hollywood Couples**
7.00 **Exterminate All the Brutes** A look at the industrialisation of the US war machine.
8.10 **The Sixties** The changing social landscape of America in the decade.
9.00 **Pantani: Accidental Death of a Cyclist**
11.00 **Look Away**
12.45 AM **Nike's Big Bet**
2.25 **American Dharma**
4.10 **Discovering**
5.00 **to 6.00** AM **The Sixties**

Sky Nature
124 124 822 280 279 354 369

6.00 AM **Battle of the Alphas**
7.00 **Monkey Life**
8.00 **Orangutan Jungle School** Documentary.
9.00 **Africa's Hunters**
10.00 **Valley of Flood and Fire**
11.00 **Great Blue Wild**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Orangutan Jungle...**
3.00 **Africa's Hunters**
4.00 **Valley of Flood and Fire**
5.00 **Great Blue Wild**
6.00 **Mysteries of the...**
7.00 **Monkey Life**
8.00 **Conquest of the Skies**
9.00 **Surviving the Amazon**
10.00 **Great Blue Wild**
11.00 **Mysteries of the...**
12.00 M'T **A Wild Year on Earth** Documentary.
1.00 AM **After the Wildfires**
2.00 **Conquest of the Skies**
3.00 **Surviving the Amazon**
4.00 **Orangutan Jungle...**
5.00 **to 6.00** AM **Africa's Hunters**

HGTV
158 286 44 166

7.00 AM **Homes Under the Hammer** From Norwich.
8.00 **Fantasy Homes by the Sea** From Devon.
9.00 **Yorkshire Auction House**
10.00 **Escape to the Country**
12.00 NOON **Lottery Dream Home International**
1.00 PM **Good Bones**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **Yorkshire Auction House**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **Fixer to Fabulous** New edition
10.00 **Christina on the Coast** New edition
11.00 **Good Bones**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **60 Minute Makeover**
+1 hour 258 290

Food Network
140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Weekend Getaways**
9.00 **Mary's Simple Comforts**
10.00 **Rick's Seafood Odyssey**
11.00 **Ainsley's Mediterranean Cookbook** Granada.
12.00 NOON **Bake Off...**
1.00 PM **Jamie at Home**
2.00 **James Martin's Champagne**
3.00 **Tom Kerridge's American Feast**
4.00 **Rick's Seafood Odyssey**
5.00 **Barefoot Contessa**
6.00 **Diners, Drive-Ins and Dives** New editions
7.00 **Bake Off: Professionals**
8.00 **Jamie's Quick & Easy Food** Double bill.
9.00 **Rick's Seafood Odyssey**
10.00 **James Martin: Home Comforts**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**
+1 hour 240 149

DMAX
172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Alaska: Homestead Rescue** Reality series.
12.00 NOON **Pit Bulls & Parolees** Documentary.
1.00 PM **The Zoo**
2.00 **Cake Boss**
3.00 **Restaurant: Impossible**
4.00 **I Got Lucky**
5.00 **Alaskan Bush People**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Farmhouse Fixer**
10.00 **Alaska: Homestead Rescue** Reality series.
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Born Survivor**
3.50 **Tanked**
4.40 **to 6.00** AM **Highlights**
+1 hour 272 214 151

5Action
150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.25 **Traffic Cops**
11.25 **Trucking Hell**
12.25 PM **FILM When the Daltons Rode** Western. (1940, b/w, PG) ★★
2.10 **FILM The Great Northfield Minnesota Raid** Western. (1971, 15, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
7.00 **Police Interceptors** Jon Peacock encounters a half-naked man covered in blood in Lincoln.
8.00 **Traffic Cops**
9.00 **Trucking Hell**
11.00 **WWE: Raw Highlights**
12.00 M'T **WWE – NXT UK**
1.00 AM **Fights, Camera, Action!** Road rage.
2.00 **Idiot TV**
3.00 **Airport Security: Peru and Brazil**
3.50 **Flights from Hell**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime
122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **UK Border Force**
8.00 **Stop, Search, Seize**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **Send in the Dogs**
1.00 PM **Snapped**
2.00 **Britain's Most Evil Killers**
3.00 **World's Most Evil Killers**
4.00 **How I Caught the Killer**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Made for Murder**
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil Killers** Wolfgang Schmidt.
1.00 AM **Charmed to Death**
2.00 **Snapped**
3.00 **Forensics: Catching...**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**
+1 hour 222 207

CBS Reality
146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** An investigation into the murder of a young girl. **7.30** A go-go dancer vanishes for 20 years.
8.00 **48 Hours** The FBI believe skulls drawn in blood represent a serial killer's victims.
9.00 **Snapped: Killer Couples** An insight into a police officer's murder.
10.00 **Ice Cold Killers** A woman is gunned down in her doorway.
11.00 **Voice of a Serial Killer**
12.00 M'T **Donal MacIntyre's Murder Files**
1.00 AM **Snapped: Killer Couples** As 9.00pm.
2.00 **Ice Cold Killers**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **The Jury Room**
+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **DIY SOS: The Big Build**
9.00 **Homes Under the Hammer** From Glasgow.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Copper pipes.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Philadelphia**
4.00 **Lone Star Law**
5.00 **Countryside 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Eli Roth Presents: A Ghost Ruined My Life** New edition Horrific visions taunt a man
10.00 **NEW SERIES Portals to Hell** Investigating an abandoned nursing home in Pennsylvania.
11.00 **Ghost Adventures**
1.00 AM **Destination Fear**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Philadelphia**

Blaze
164 216 64 162

6.00 AM **Hardcore Pawn**
7.55 **Alien Files: Unsealed**
8.55 **Ancient Aliens**
10.50 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Auction Hunters**
8.00 **Dickinson's Real Deal**
9.00 **UFOs Declassified**
10.00 **Ancient Aliens** Cryptic puzzles that might have been left by aliens.
11.00 **Curse of Skinwalker Ranch** The team learn of evidence of a mysterious cavern beneath the ranch.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Highway Thru Hell**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**
+1 hour 81

TLC
133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **sMothered**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Home Town**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **sMothered**
6.00 **Love After Lock Up** Daniel stuns the family with a shocking reveal.
7.00 **The Bad Skin Clinic** Double bill of editions.
9.00 **Monsters Inside Me** The work of scientists fighting nature's deadliest parasites.
10.00 **My 600lb Life**
12.00 M'T **The Bad Skin Clinic**
1.00 AM **Monsters Inside Me**
2.00 **My 600lb Life**
4.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**
+1 hour 233 172

5SELECT
153 152 56 133

9.00 AM **Entertainment News**
9.05 **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **Eggheads**
6.30 **Around the World by Train with Tony Robinson** Travel series.
7.00 **Inside the Balmoral: Scotland's Finest Hotel** Documentary profiling the prestigious hotel.
8.00 **Elizabeth & Margaret: Duty & Devotion** Exploring the relationship between The Queen and her younger sister.
10.00 **Forged in Fire**
12.00 M'T **Building Britain's Canals** Triple bill.
3.00 AM **Digging Up Britain's Past**
3.50 **to 4.00** AM **Entertainment News**

Quest
144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **American Pickers**
8.00 **Posh Pawn**
9.00 **Salvage Dawgs**
10.00 **Chasing Classic Cars**
11.00 **Fifth Gear**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **Posh Pawn**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Cycling: Giro d'Italia**
8.00 **Salvage Hunters**
9.00 **Wheeler Dealers**
10.00 **Chasing Classic Cars**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Massive Engineering Mistakes**
2.00 **Goblin Works Garage**
3.00 **Fifth Gear**
4.00 **Supertruckers**
5.00 **to 6.00** AM **How It's...**
+1 hour 244 213 70 168

Quest Red
149 170 40 169

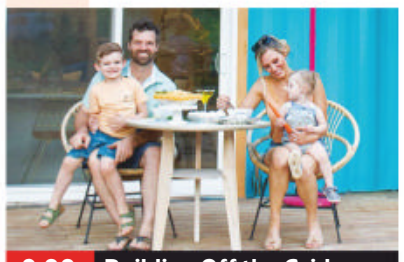
6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Bridesmaids**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
10.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Faking It: Tears of a Crime**
2.00 **Disappeared**
3.00 **Who the (Bleep) Did I Marry?**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes... The Big Day**
7.00 **Long Lost Family US**
8.00 **Dr Pimple Popper: Pop Ups**
9.00 **Cold Blooded Alaska** New edition
10.00 **Citizen P.I.** New edition
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
4.00 **Animal Cops San Francisco**
5.00 **to 6.00** AM **Guardians of Rescue**
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** Trading up to an Audi Q7.
7.00 **Treehouse Masters**
8.00 **Building Off the Grid**.
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Outback Truckers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made: Dream Cars**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Chasing Classic Cars** A 1959 Fiat Abarth Record Monza.



9.00 Building Off the Grid

7.00 **Supertruckers** Sergeant Major transports the British Army's brand new scout vehicle from Seville to Newport, south Wales.

8.00 **Kindig Customs** The crew match the paint job on the 1953 Barn Door Deluxe build, and also add a new engine.

9.00 **Building Off the Grid** New edition A couple face new challenges while constructing a double container home.

10.00 **Naked and Afraid** New edition Two series legends are dropped in the South African bush with two novice fans.

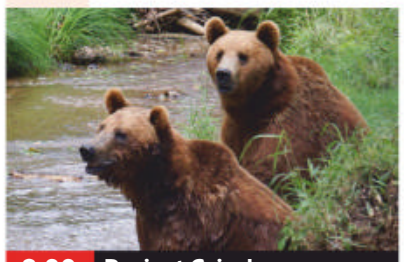
12.00 M'T **Building Off the Grid** A couple construct a double container home in Missouri.
1.00 AM **Naked and Afraid**
3.00 **Building Off the Grid**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **Killer Whales**
3.00 **Man-Eating Super Squid**
4.00 **Dogs 101: Specials**
5.00 **Alaska: Homestead Rescue** The Raneys return to Alaska.
6.00 **Animal Cribs** An outdoor area for a couple's Savannah cat and foster kittens.



8.00 Project Grizzly

7.00 **Dodo Heroes** A profile of seven-year-old Roman and his mother, who have helped more than 1,500 shelter dogs in the USA.

8.00 **Project Grizzly** An injury caused by Bob forces Jeff Watson to reconsider the difficulty of his grizzlies leaving the nest.

9.00 **Project Grizzly** Jeff Watson's unconventional lessons fail to prepare Bob and Screech to hunt game in the wild.

10.00 **Alaskan Bush People** An Alaskan family who live off the grid and depend on each other to survive in the wilderness.

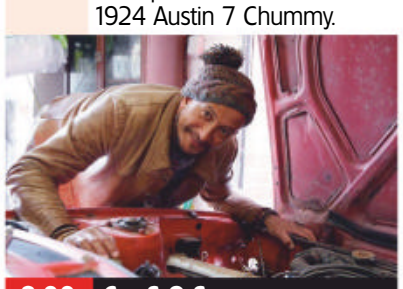
11.00 **Chasing Ocean Giants** How humpback whales communicate through song. **12.00** M'T A new cluster of whale sharks in Qatar.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101: Specials**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Drain the Oceans**
9.00 **Air Crash Investigation**
10.00 **Nazi Megastructures**
11.00 **Wicked Tuna**
12.00 NOON **Car S.O.S.**
1.00 PM **Ultimate Airport Dubai**
2.00 **Air Crash Investigation**
4.00 **Airport Security: Brazil** A woman smuggles cocaine inside packets of hair bleach.
5.00 **Ice Road Rescue** Bjorn deals with troublesome reindeer.
6.00 **Car S.O.S** Tim and Fuzz attempt to renovate a 1924 Austin 7 Chummy.



8.00 Car S.O.S.

7.00 **Car S.O.S.** Tim and Fuzz help a family whose lives were torn apart by the Manchester Arena bombing in 2017.

8.00 **Car S.O.S.** New edition Tim and Fuzz take on their 100th car, which is also going to be their first electric conversion.

9.00 **Primal Survivor: Escape The Amazon** New edition Hazen Audel crosses miles of snake-filled swamp.

10.00 **Lawless Island** At summer's height, Port Protection residents scour land and sea to stock up on winter protein.

11.00 **Air Crash Investigation** An aircraft that failed to respond when contacted.
12.00 M'T **Drugs Inc**
1.00 AM **To Catch a Smuggler**
2.00 **Air Crash Investigation: Special Report**
3.00 **Seconds from Disaster**
4.00 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Mountain Men**
9.00 **American Pickers**
10.00 **Counting Cars**
11.00 **Swamp People: Serpent Invasion** Hunting pythons that are raiding alligator nests.
12.00 NOON **Forged in Fire**
1.00 PM **Secrets in the Ice**
2.00 **American Pickers**
3.00 **Mountain Men** Tom hunts for beaver in new territory. **4.30** Jake gets stranded.
6.00 **Pawn Stars** A seller comes into the shop with an explosive pair of crutches.

10.00 Rust Valley Restorers

7.00 **Forged in Fire** Four smiths are challenged to make knives out of 10lb sledgehammers.

8.00 **Ultimate WWII Weapons** A countdown of the weapons, vehicles and inventions that shaped World War Two.

9.00 **Forged in Fire** New edition Weapon makers compete to recreate the most deadly blades in history.

10.00 **Rust Valley Restorers** New edition The pressure is on for both shops when Mike sells a Willys Jeep to car wizard James West.

11.00 **Counting Cars**
12.00 M'T **Hitler's Secret Sex Life**
1.00 AM **Secrets of the Viking Stone** An archaeological excavation at Runestone Hill.
2.00 **Forged in Fire**
3.00 **Counting Cars**
4.00 **Secrets in the Ice**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Impossible Engineering**
8.00 **The World at War**
9.00 **Nazi Hunters**
10.00 **Abandoned Engineering**
12.00 NOON **The Architecture the Railways Built**
1.00 PM **Great British Railway Journeys** Double bill.
2.00 **Abandoned Engineering**
4.00 **The World at War**
5.00 **Nazi Hunters** Gestapo head Klaus Barbie and death camp guard John Demjanjuk.
6.00 **Antiques Roadshow** From MediaCityUK in Manchester.

8.00 Secrets of the London...

7.00 **Great Continental Railway Journeys** Michael Portillo traces the early roots of the Spanish Civil War.

8.00 **Secrets of the London Underground** New edition Exploring the hidden world of the Waterloo and City.

9.00 **Scouting for Toys** New edition A vast haul of antique dolls arrives in the saleroom.

10.00 **Bangers and Cash** Derek collects a Jaguar Mark 2 and explains why they made poor getaway cars for bank robbers.

11.00 **Abandoned Engineering** The desert town that faced a disaster of biblical proportions, and scorched remains that speak of imprisonment.
12.00 M'T **Great Continental Railway Journeys**
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 75

Thursday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Secrets Underground**
8.00 **World War II: Witness...**
9.00 **NASA's Unexplained...**
10.00 **Shackleton: Death or Glory**
11.00 **Secrets Underground**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Rome: Power & Glory**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Pony Express.
5.00 **World War II: Witness...**
6.00 **NASA's Unexplained Files** A frozen lake.
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **World War II: Witness to War**
10.00 **Truth Behind the Moon Landing**
11.00 **Ancient Unexplained Files** Moai statues.
12.00 M'T **Combat Dealers**
2.00 AM **Truth Behind the...**
3.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Big Animal Surgery**
10.00 **Life on Earth**
11.00 **Wild Africa**
12.00 NOON **Attenborough and the Sea Dragon**
1.00 PM **Wonder of Eggs**
2.00 **Big Animal Surgery**
3.00 **Fascinating New...**
5.00 **Wild Africa**
6.00 **Attenborough's Wonder of Eggs**
7.00 **Life on Earth**
8.00 **Big Animal Surgery**
9.00 **Fascinating New Zealand**
10.00 **Attenborough's Wonder of Eggs**
11.00 **Wild Africa**
12.00 M'T **Life on Earth**
1.00 AM **Big Animal Surgery**
2.00 **Fascinating New...**
3.00 **Life in the Great Wetlands**
3.50 **Life on Earth**
4.40 **Bahama Blue**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Little Giant**
9.00 **Animal Fight Club**
10.00 **Monster Fish**
11.00 **Wild X Files**
12.00 NOON **Snakes in the...**
1.00 PM **700 Sharks**
2.00 **Rogue Shark**
3.00 **Shark Alley**
4.00 **Secrets of the Zoo**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Deadliest** Investigating the lives of Africa's hippos, elephants and buffalo.
8.00 **Great Migrations** Journeys taken in the animal kingdom for breeding purposes.
9.00 **Malika the Lion Queen** 2/2. The untold story of the lioness' experience.
10.00 **Predator In Paradise**
11.00 **Snakes in the City**
12.00 M'T **Alaska Fish Wars**
1.00 AM **Monster Fish**
2.00 **700 Sharks**
3.00 **Rogue Shark**
4.00 **to 5.00** AM **Shark Alley**

Sky History 2

163 163 840 272

8.00 AM **River Hunters**
9.00 **Cars That Made the World** The 1950s.
10.00 **The Colour of War**
11.00 **Weapons at War**
12.00 NOON **Ancient Aliens**
3.00 PM **Captain Cook's Pacific with Sam Neill**
4.00 **The Colour of War**
5.00 **Weapons at War**
6.00 **Pirate Treasure of the Knights Templar**
7.00 **River Hunters**
9.00 **Book of Secrets with Lance Reddick**
10.00 **Paranormal: Caught on Camera** An Oregon man shoots some incredible Bigfoot footage.
11.00 **Ancient Aliens**
1.00 AM **River Hunters**
2.00 **Book of Secrets with Lance Reddick**
3.00 **Paranormal: Caught on Camera**
4.00 **Weapons at War**
5.00 **to 6.00** AM **Pirate Treasure of the Knights Templar**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **Mutant Weather**
9.35 **Desert War**
10.35 **The History of the Red Army** As 8.35pm.
11.50 **Secrets, Lies and Atomic Spies**
1.00 PM **Plane Crash Recreated**
2.05 **Mutant Weather**
3.05 **Desert War**
4.10 **The History of the Red Army** As 8.35pm.
5.20 **Secrets, Lies and Atomic Spies**
6.35 **Mutant Weather**
7.35 **Desert War**
8.35 **NEW SERIES The History of the Red Army** 1/2. The story of the Soviet military force.
9.50 **Secrets, Lies and Atomic Spies**
11.00 **Mutant Weather**
12.00 M'T **Desert War**
1.05 **to 2.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
9.00 **The First 48: The Detective Speaks**
10.00 **Killer in Plain Sight**
11.00 **On the Case**
12.00 NOON **Buried in the House**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Craig Freer.
5.00 **Murdertown**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **On the Case**
9.00 **City Confidential** New edition
10.00 **Homicide's Elite**
11.00 **Homicide Hunter**
12.00 M'T **Green Eyed Killers**
1.00 AM **City Confidential**
2.00 **Homicide's Elite**
3.00 **Unusual Suspects**
4.00 **On the Case**
5.00 **to 6.00** AM **Killer in...**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

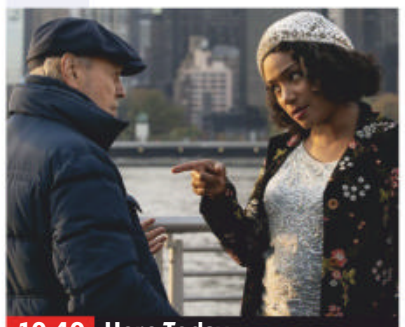
THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **Charming the Hearts of Men** Historical romance. (2021, 12, 107min) ★★★
8.00 **The Last Letter from Your...**
10.10 **Dune** As shown at 8.00pm.
12.50 PM **Paul Dood's Deadly Lunch Break** Comedy thriller starring Tom Meeten. (2021, 15, 95min)
2.35 **Here Today** As 10.40pm.
4.35 **False Positive** Horror thriller. (2021, 15, 92min) ★★
6.15 **Deadlock** Thriller with Bruce Willis. (2021, 15, 97min) ★


10.40 Here Today

8 PM **8.00** **Dune** Denis Villeneuve's sci-fi drama, starring Timothée Chalamet. The son of a noble family is entrusted with the protection of the most valuable asset and most vital element in the galaxy. With Rebecca Ferguson, Zendaya and Oscar Isaac. (2021, 12, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.40** **Here Today** Comedy drama directed by and starring Billy Crystal, with Tiffany Haddish. (2021, 12, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.40 AM **Deadlock** As 6.15pm.
2.30 **The Last Letter from Your Lover** Romantic drama. (2021, 12, 110min) ★★★
4.35 **to 6.20** AM **Paul Dood's Deadly Lunch Break**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.40 AM **Baby Done** As 3.10am.
8.25 **Stardust** As 4.45am.
10.25 **Away We Go** As 1.30am.
12.15 PM **Superintelligence** Comedy. (2020, 12, 106min) ★★★
2.10 **Friends with Benefits** Romantic comedy with Mila Kunis. (2011, 15, 109min) ★★★
4.10 **John Wick** Action thriller. (2014, 15, 101min) ★★★★
6.00 **The Other Guys** Crime comedy starring Will Ferrell. (2010, 12, 107min) ★★★★

9.45 Hell or High Water

8.00 **Anger Management** Comedy starring Adam Sandler. After being accused of an air-rage incident, a man is sent to anger management classes. (2003, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Hell or High Water** Crime drama starring Jeff Bridges, Chris Pine and Ben Foster. (2016, 15, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Stealth** Action thriller starring Josh Lucas, Jessica Biel, Jamie Foxx and Sam Shepard. (2005, 12, 121min) ★★
1.30 AM **Away We Go** Comedy drama starring John Krasinski. (2009, 15, 97min) ★★★★
3.10 **Baby Done** Romantic comedy starring Rose Matafeo. (2020, 15, 91min) ★★★
4.45 **to 6.35** AM **Stardust** Drama starring Johnny Flynn. (2020, 15, 109min) ★★

Sky Cinema Family

306 306 850 406 506 520

6.30 AM **Space Jam: A New Legacy** Adventure. (2021, U) ★★★
8.40 **Hop** As shown at 6.45pm.
10.25 **Alvin and the Chipmunks** Comedy. (2007, U) ★★★
12.10 PM **Alvin and the Chipmunks: The Squeakquel** (2009) ★★
1.45 **Alvin and the Chipmunks: Chipwrecked** (2011, U) ★★
3.15 **Alvin and the Chipmunks: The Road Chip** (2015, U) ★★
5.00 **A-X-L** Fantasy. (2018, PG) ★★
6.45 **Hop** Comedy. (2011, U) ★★★

5.00 A-X-L

8.30 **Mirror Mirror** Fantasy comedy starring Julia Roberts, Lily Collins and Armie Hammer. Snow White teams up with a septet of outlaw dwarves to free her realm from her wicked stepmother The Queen. (2012, PG, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Muppets from Space** Children's sci-fi comedy with F Murray Abraham and Andie MacDowell. (1999, U, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Paper Planes** Family drama starring Ed Oxenbould. (2014, U, 97min) ★★★
1.45 AM **Shrek the Musical** Recording of the stage show.
4.05 **Little Manhattan** Comedy. (2005, PG, 86min) ★★★★
5.45 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Action

307 307 851 407 507 521

6.55 AM **American Fighter** (2020)
8.50 **Deliver Us from Evil** (2020)
10.50 **Batman Returns** As 5.45pm.
1.10 PM **3 Days to Kill** As 11.45pm.
3.20 **The Suicide Squad** Adventure comedy starring Idris Elba, Margot Robbie and John Cena. (2021, 15, 132min) ★★★★
5.45 **Batman Returns** Comic-book adventure sequel starring Michael Keaton, Danny DeVito and Michelle Pfeiffer. (1992, 12, 121min) ★★★

10.00 The Running Man

8.00 **Dead Man Down** Revenge thriller starring Colin Farrell and Noomi Rapace. A New York gangster with a secret falls for his facially scarred neighbour. With Dominic Cooper and Terrence Howard. (2013, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **3 Days to Kill** Action thriller starring Kevin Costner, Amber Heard and Hailee Steinfeld. (2014, 12, 117min) ★★★
1.45 AM **American Fighter** Thriller starring Tommy Flanagan. (2020, 15, 98min) ★★★
3.30 **Deliver Us from Evil** South Korean crime thriller starring Jung-min Hwang. Subtitled. (2020, 15, 108min) ★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.40 AM **23 Walks** As 3.15am.
8.25 **When Jeff Tried to Save the World** As shown at 5.05am.
10.05 **Rams** Comedy drama. (2020, 12, 118min) ★★★★
12.05 PM **The Intern** Comedy. (2015, 12, 118min) ★★★★
2.10 **Bridesmaids** Comedy. (2011, 15, 124min) ★★★★
4.15 **That's My Boy** Comedy. (2012, 15, 112min) ★★
6.15 **Norbit** Comedy starring Eddie Murphy. (2007, 12) ★★

6.15 Norbit

8.00 **How to Lose a Guy in 10 Days** Romantic comedy starring Kate Hudson and Matthew McConaughey. A journalist sets out to seduce and then alienate an adman, but her target has his own agenda. (2003, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Ride Along** Comedy with Ice Cube, Kevin Hart and Laurence Fishburne. (2014, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Ugly Truth** Romantic comedy with Katherine Heigl. (2009, 15, 96min) ★★★
1.25 AM **Me You Madness** Comedy starring Louise Linton. (2021, 15, 98min) ★
3.15 **23 Walks** Romantic comedy drama starring Dave Johns (2020, 12, 102min) ★★
5.05 **to 6.55** AM **When Jeff Tried to Save the World** Comedy drama starring Jon Heder. (2018, 12, 93min) ★★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **The Quiet Man** As 12.45am.
8.10 **Oliver!** Oscar-winning musical. (1968, U, 146min) ★★★★★
10.35 **Erin Brockovich** Legal drama. (2000, 15, 133min) ★★★★
12.45 PM **2001: A Space Odyssey** Stanley Kubrick's sci-fi epic. (1968, U, 136min) ★★★★★
3.15 **The Naked Gun 33⅓: The Final Insult** Spoof comedy sequel. (1994, 12, 83min) ★★★

4.40 **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. (1974, 18, 200min) ★★★★★
8.00 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's gangster epic starring Al Pacino as Michael Corleone, now an ageing businessman trying to put his criminal days behind him. With Diane Keaton and Talia Shire. (1990, 15, 162min) ★★★

10.55 **Whiplash** Music drama starring Miles Teller and JK Simmons. (2014, 15, 104min) ★★★★★
12.45 AM **The Quiet Man** Romantic drama. (1952, U, 129min) ★★★
3.05 **The Naked Gun 33⅓: The Final Insult** As 3.15pm.
4.30 **to 6.20** AM **Whiplash** (2014)

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Animals United** Animated adventure. (2010, U, 92min) ★★
7.35 **Cloudy with a Chance of Meatballs 2** As 6.30pm.
9.15 **Happy Feet** Animated comedy. (2006, U, 108min) ★★★★
11.05 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
12.50 PM **Lego DC Comics Super Heroes: Aquaman – Rage of Atlantis** Animation. (2018) ★★

2.10 **Spirit: Stallion of the Cimarron**
3.40 **Valiant** Animated adventure. (2005, U, 76min) ★★★
5.00 **Fantastic Mr Fox** Animation. (2009, PG, 87min) ★★★★
6.30 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
8.10 **The Prince of Egypt** Animated biblical epic featuring the voices of Val Kilmer and Ralph Fiennes. (1998, U, 99min) ★★★★
9.50 **Okko's Inn** Animated fantasy. (2018, PG, 94min) ★★★

11.30 **My Little Pony: The Movie** Animation. (2017, U) ★★★
1.15 AM **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★★
2.45 **The Magic Roundabout** Animation. (2005, U) ★★★
4.20 **to 6.00** AM **Fantastic Mr Fox**

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Maverick** 8&9/26. (S2)
9.25 **Gun for a Coward** Western. (1956, U, 88min) ★★
11.15 **Maverick** 10&11/26. (S2)
1.30 PM **Big Jake** Western. (1971, 15, 110min) ★★★
3.50 **The Hired Gun** Western. (1957, b/w, U, 63min) ★★★
5.10 **Tribute to a Bad Man** Western. (1955, PG, 95min) ★★★

7.15 **The Man Behind the Gun** Western starring Randolph Scott. (1952, U, 82min) ★★
9.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal $160million in Europe. (2004, 12, 125min) ★★★★
11.40 **V for Vendetta** Action thriller starring Natalie Portman. (2005, 15, 132min) ★★★

2.15 AM **Hitler – The Last Ten Days** Fact-based World War Two drama. (1973, 12, 108min) ★★
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Going Ape!** (1981, PG) ★★
7.50 **Spring Meeting** Comedy. (1941, b/w, PG, 92min) ★★
9.40 **House of Blackmail** Thriller. (1953, b/w, U, 72min) ★★
11.05 **The Smallest Show on Earth** Comedy. (1957, b/w, U) ★★★★
12.40 PM **Submarine Command** War drama. (1951, b/w, PG) ★★
2.25 **I Was An Adventuress** Comedy. (1940, b/w, PG, 81min) ★★

4.05 **The Spanish Gardener** Drama. (1956, U, 97min) ★★★
6.10 **The Purple Heart** World War Two drama with Dana Andrews. (1944, b/w, PG, 99min) ★★★
8.00 **Justice** 11/13. (S3)
9.00 **Thieves' Highway** Crime drama starring Richard Conte, Lee J Cobb and Valentina Cortese. (1949, b/w, PG, 94min) ★★★
10.50 **Julia** Oscar-winning drama starring Jane Fonda, Vanessa Redgrave and Jason Robards. (1977, PG, 118min) ★★★

1.10 AM **Checkpoint** Motor racing thriller starring Anthony Steel. (1956, PG, 84min) ★★
2.50 **Islands in the Stream** Drama based on the novel by Ernest Hemingway, starring George C Scott. (1976, PG, 100min) ★★
5.00 **to 6.00** AM **Burke's Law**

Horror

317 149 69 138

8.00 AM **First Wave** 5/22. (S3)
9.00 **Extant** 1/13. (S2)
10.00 **Farscape** 6/22. (S2)
11.00 **End of the World** Sci-fi comedy. (2013, PG, 85min) ★★
1.00 PM **Icetastrophe** Sci-fi disaster movie. (2014, PG, 86min) ★★
3.00 **The 4400** 13/13. (S3)
4.00 **Megalodon** Giant shark thriller. (2018, 15, 105min) ★
6.00 **Farscape** 7/22. (S2)

7.00 **Extant** *Morphoses:* 2/13. Molly and JD investigate the case of a pregnant woman with strange symptoms. (S2)
8.00 **Star Trek** *The Conscience of the King:* 14/30. Kirk suspects an actor of mass murder. (S1)
9.00 **Cabin Fever** Horror remake starring Gage Golightly and Matthew Daddario. Five teens staying in a remote cabin are infected with a flesh-eating virus and attacked by angry locals. (2016, 15, 99min) ★

10.55 **Identity** Mystery starring John Cusack. (2003, 15, 90min) ★★★
12.45 AM **Abattoir** Horror thriller. (2016, 18, 99min) ★★
2.40 **to 4.30** AM **Freaks of Nature** Horror comedy. (2015, 15) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **Every Breath You Take**
8.45 **Barbarians** As 4.25pm.
10.30 **Serenity** As 4.20am.
12.30 PM **Every Breath You Take**
2.25 **Old** As shown at 10.00pm.
4.25 **Barbarians** Thriller starring Iwan Rheon, Catalina Sandino Moreno and Tom Cullen. (2021, 15, 89min) ★★★
6.10 **Focus** Comedy crime drama starring Will Smith, Margot Robbie and Adrian Martinez. (2015, 15, 105min) ★★★

6.10 Focus

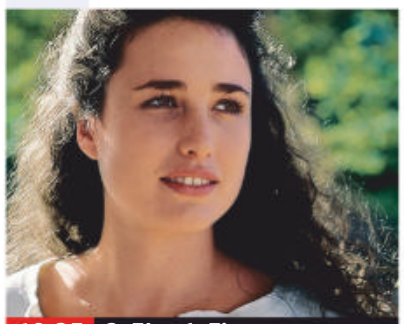
8.00 **Revolver** Crime thriller starring Jason Statham. An ex-convict gambler learns the ultimate con trick and seeks revenge against his casino owning enemy. But a pair of enigmatic loan sharks complicate his mission. (2005, 15, 115min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Old** M Night Shyamalan's horror starring Gael García Bernal and Vicky Krieps. A family discover that the secluded beach where they are relaxing is somehow causing them to age rapidly. (2021, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Legend** Biopic of the Kray twins, starring Tom Hardy. (2015, 18, 128min) ★★★
2.20 AM **Every Breath You Take** Thriller starring Casey Affleck. (2021, 15, 105min) ★★★
4.20 **to 6.20** AM **Serenity** Thriller. (2019, 15, 106min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **The Kindness of Strangers**
8.40 **Gridiron Gang** Sports drama. (2006, 12, 125min) ★★
11.00 **Another Round** Danish comedy drama. Subtitled. (2020, 12, 117min) ★★★
1.10 PM **The Water Diviner** Drama. (2014, 15, 111min) ★★★
3.15 **The Many Saints of Newark** Drama. (2021, 15) ★★★★
5.30 **Foxcatcher** Fact-based drama starring Steve Carell. (2014, 15, 129min) ★★★★


10.25 St Elmo's Fire

8.00 **In the Heights** Musical starring Anthony Ramos, Corey Hawkins and Leslie Grace. A sympathetic New York bodega owner saves every penny every day as he imagines and sings about a better life. (2021, PG, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **St Elmo's Fire** Brat Pack drama starring Emilio Estevez, Demi Moore and Rob Lowe. A group of recent college graduates confront the harsh realities of the adult world. (1985, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Astronaut** Drama. (2018, PG, 97min) ★★
2.10 **Fanny Lye Deliver'd** Drama. (2019, 18, 112min) ★★★
4.10 **to 6.15** AM **The Kindness of Strangers** Drama. (2019, 15, 112min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.50 AM **School's Out Forever**
8.50 **Alien Parasite** As 1.30am.
10.40 **Omen IV: The Awakening**
12.25 PM **The Final Wish** As 3.10am.
2.10 **Skyline** Sci-fi action thriller. (2010, 15, 92min) ★★★
3.55 **Battle: Los Angeles** Sci-fi adventure with Aaron Eckhart and Michelle Rodriguez. (2011, 12, 116min) ★★★
6.00 **Reminiscence** Sci-fi romance starring Hugh Jackman. (2021, 12, 116min) ★★★

6.00 Reminiscence

8.00 **Knowing** Sci-fi mystery thriller starring Nicolas Cage and Chandler Canterbury. An astrophysicist discovers a list of numbers that seem to predict future disasters. With Rose Byrne. (2009, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Don't Breathe 2** Horror sequel starring Stephen Lang and Madelyn Grace. (2021, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Omen IV: The Awakening** Horror sequel starring Faye Grant and Michael Woods. (1991, 15, 97min) ★
1.30 AM **Alien Parasite** Sci-fi thriller with Jolene Anderson. (2019, 15, 94min) ★★
3.10 **The Final Wish** Horror thriller with Michael Welch and Lin Shaye. (2019, 15, 95min) ★★
4.55 **to 6.45** AM **School's Out Forever** Horror comedy. (2020, 15, 105min) ★★★

Sky Cinema Must See Movies

302 302 856 402 502 516

6.10 AM **Gunpowder Milkshake**
8.05 **Sherlock Holmes: A Game of Shadows** (2011, 12) ★★★
10.15 **Pan's Labyrinth** Horror fantasy. (2006, 15, 120min) ★★★★★
12.15 PM **Hulk** Sci-fi fantasy. (2003, 12, 138min) ★★★
2.35 **Mortal Kombat** Adventure. (2021, 15, 110min) ★★
4.30 **One Shot** Action thriller. (2021, 15, 96min) ★★
6.10 **Blacklight** Action thriller. (2022, 15, 104min) ★

6.10 Blacklight

8.00 **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster, John Cena and Michelle Rodriguez. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Malignant** Horror thriller. starring Annabelle Wallis. A woman is paralysed by shocking visions of grisly murders. (2021, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Django Unchained** Quentin Tarantino's Western starring Jamie Foxx. (2012, 18, 162min) ★★★★
3.10 **Gunpowder Milkshake** Action thriller starring Karen Gillan. (2021, 15, 114min) ★★★
5.10 **to 6.10** AM **Sky Cinema Preview**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Freedom Radio** Thriller. (1941, b/w, PG, 89min) ★★★
12.55 PM **Born Free** Adventure. (1965, U, 95min) ★★★★
2.50 **To Hell and Back** War drama. (1955, PG, 106min) ★★★
5.00 **Carry On Sergeant** The first Carry On comedy. (1958, b/w, U, 83min) ★★★
6.40 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★

11.15 Nerve

8 PM **Star Trek Beyond** (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **The Girl in the Spider's Web** Action thriller starring Claire Foy and Sylvia Hoeks. Hacker Lisbeth Salander embarks on a frantic hunt for a stolen computer programme that could spark a global disaster. (2018, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.15** **Nerve** Thriller starring Emma Roberts and Dave Franco. A teenager joins an online game of truth or dare with dangerous challenges. (2016, 15, 96min) ★★★
1.05 **to 3.20** AM **Sabotage** Action thriller starring Arnold Schwarzenegger and Sam Worthington. (2013, 15, 107min) ★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Breaking the Codes**
7.00 **The Traitors** As 3.25am.
8.25 **Till the End of Time** Drama. (1946, b/w, PG, 105min) ★★★
10.20 **Ivanhoe** Romantic adventure. (1981, PG, 136min) ★★★
1.05 PM **Riff-Raff** (1947, b/w, PG) ★★
2.45 **Cover Girl** Musical. (1944, b/w, U, 100min) ★★★★
5.00 **Diamond Hunters** Drama. (2001, PG, 90min) ★★

7.10 **Gideon of Scotland Yard** Drama starring Jack Hawkins as a Scotland Yard detective encountering crime after crime during an eventful day. (1958, PG, 91min) ★★
9.00 **Callan** Thriller starring Edward Woodward. A former secret agent is recalled to kill a German businessman responsible for a series of bombings. (1974, 15, 106min) ★★★
11.10 **Crack Up** Psychological thriller. (1946, b/w, PG, 93min) ★★★

1.00 AM **A Walk in the Sun** Drama. (1945, b/w, U, 117min) ★★★
3.25 **The Traitors** Espionage drama. (1962, b/w, PG, 70min) ★★★
4.35 **to 6.00** AM **Candlelight in Algeria** (1943, b/w, PG) ★★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Evidence of Truth** Crime drama. (2016, 12, 90min) ★★
11.00 **Abducted Love** Thriller. (2016, PG, 86min) ★
1.00 PM **Ring of Deception** Thriller. (2017, PG, 90min) ★★
3.00 **The Beach Murders: Garage Sale Mystery** Crime drama. (2017, PG, 90min) ★★
4.50 **Tornado Warning** Sci-fi action thriller. (2012, PG, 90min) ★★

6.40 **S.W.A.T.** Action thriller starring Samuel L Jackson and Colin Farrell. A billionaire drug lord offers $100million to anyone who can spring him from police custody. With Michelle Rodriguez and James Todd Smith. (2003, 12, 115min) ★★★
9.00 **Dead Man Down** Revenge thriller starring Colin Farrell and Noomi Rapace. A New York gangster with a secret falls for his facially scarred neighbour. (2013, 15, 115min) ★★★

11.20 **The Counsellor** Violent thriller. (2013, 18, 117min) ★★★★
1.55 AM **The Hatton Garden Job** Crime drama. (2017, 15) ★★
3.55 **to 6.00** AM **USS Poseidon: Phantom Below** (2004) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **The Bamboo Prison** War drama. (1954, PG, 79min) ★★
7.35 **They Won't Believe Me** Thriller. (1947, b/w, PG, 95min) ★★★
9.25 **A Walk in the Sun** War drama. (1945, b/w, U, 117min) ★★★
11.50 **Rachel and the Stranger** Western. (1948, b/w, PG) ★★★
1.45 PM **Last of the Comanches** Western starring Broderick Crawford. (1953, PG, 84min) ★★

3.30 **Battle of the Coral Sea** War drama starring Cliff Robertson. (1959, b/w, PG, 83min) ★★
5.15 **Steel Sharks** Adventure starring Gary Busey. (1996, 18, 91min) ★
7.10 **Airplane vs Volcano** Disaster movie with Dean Cain and Robin Givens. (2014, 15, 91min) ★
9.00 **Inherit the Viper** Drama with Josh Hartnett and Bruce Dern. A drug dealer's dark family legacy catches up with him when a deal goes fatally wrong. (2019, 15, 90min) ★★

10.55 **Killerman** Action drama. (2018, 15, 112min) ★★★
1.10 AM **Dragonfly Squadron** War drama. (1954, b/w, U) ★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **Dead Over Diamonds: Picture Perfect Mysteries**
9.00 **My One and Only** As 9pm.
11.00 **Chronicle Mysteries** As 11pm.
1.00 PM **Scents and Sensibility**
3.00 **Hint of Love** Romantic comedy drama. (2020, PG, 90min) ★★
5.00 **Aurora Teagarden Mysteries: Reunited and It Feels So Deadly** Crime thriller. (2020, PG, 90min) ★★

7.00 **Dead Over Diamonds: Picture Perfect Mysteries** Crime drama, starring Alexa PenaVega and Carlos PenaVega. Allie and Sam's investigation into a priceless stolen necklace leads to danger and an unexpected death. (2020, PG, 90min) ★★
9.00 **My One and Only** Romantic drama starring Pascale Hutton and Sam Page. Contestants on a game show try to determine if they are fated to be together (2019, PG, 90min) ★★

11.00 **Chronicle Mysteries** *Recovered:* Drama starring Alison Sweeney.
1.00 AM **Scents and Sensibility** Romantic drama with Ashley Williams. (2011, PG, 89min) ★★
3.00 **to 5.00** AM **Hint of Love**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Die Another Day** *ITV4* James Bond adventure starring Pierce Brosnan. ★★★
9.00 **The Personal History of David Copperfield** *4Seven* Armando Iannucci's adaptation of Charles Dickens' novel with Dev Patel. A young man strives to find his place in the eccentric world of Victorian London. ★★★★
9.00 **Bringing Up Baby** *BBC4* Classic comedy with Cary Grant and Katharine Hepburn. A mild-mannered palaeontologist's life is turned upside down by a madcap heiress and her pet leopard. ★★★★★
10.00 **Django Unchained** *5STAR* Quentin Tarantino's Western starring Jamie Foxx and Christoph Waltz. ★★★★
10.00 **Guardian** *Syfy* Horror thriller. ★
10.40 **My Favourite Wife** *BBC4* Classic comedy starring Cary Grant and Irene Dunne. ★★★★
11.35 **Sorry to Bother You** *BBC3* Fantasy comedy starring Lakeith Stanfield. ★★★★
12.40 AM **Rocky IV** *ITV4* Boxing sequel drama starring Sylvester Stallone. ★★

Thursday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **LIVE Ladies European Tour Golf** Coverage of the opening day's play of the Aramco Team Series Bangkok from Thai Country Club in Bangkok, Thailand.
11.00 **The Football Show**
12.00 NOON **LIVE DP World Tour Golf** Coverage of the opening day of the Soudal Open, taking place at Rinkven International Golf Club in Antwerp, Belgium.
5.00 PM **Sky Sports News**
6.00 **Sky Sports News**
6.50 **The Spillway Challenge**
7.00 **LIVE Premier League Tottenham Hotspur v Arsenal.** Coverage of the top-flight clash from the Tottenham Hotspur Stadium. Kick-off **7.45pm**.
10.30 **LIVE PGA Tour Golf** Further coverage of the opening day's play of the AT&T Byron Nelson from the TPC Craig Ranch in McKinney, Texas.
12.00 M'T **Sky Sports News**
12.30 AM **LIVE NBA Basketball** Coverage of a play-off match.
3.00 **Inside the NBA**
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
6.30 **Premier League**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** With Robert Pires.
12.30 PM With Michael Owen.
1.00 **Premier League** A replay of Leicester City v Norwich City.
2.45 Watford v Everton.
4.30 Leeds United v Chelsea.
6.15 **PL Greatest Games**
6.30 **Best PL Goals: North London Derby** Memorable strikes in matches between Arsenal and Tottenham Hotspur.
7.00 **LIVE Premier League Tottenham Hotspur v Arsenal.** Coverage of the top-flight clash from the Tottenham Hotspur Stadium. Kick-off **7.45pm**.
10.30 **Premier League World**
11.00 **Premier League 100 Club**
11.30 **PL Greatest Games**
12.00 M'T **Premier League**
1.45 AM **PL Greatest Games**
2.00 **Premier League Years**
4.00 **PL Best Goals 03/04**
5.00 **Best PL Goals: Manchester City v Liverpool**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **Greatest Games**
8.30 **Edinburgh Derby Best Goals**
9.00 **Football's Greatest Players**
9.30 **Football Countdowns**
10.00 **Football Years**
10.30 **SPFL Greatest Games**
11.00 **Play Off Finals C'Ship 14/15**
12.00 NOON **Play Off Finals 14/15**
2.00 PM **Championship Season Review 14/15**
3.00 **Retro Championship Play Off Final 2010**
5.00 **Greatest Games**
6.00 **EFL Highlights**
6.30 **Bundesliga Weekly**
7.00 **EFL Highlights**
8.00 **Scottish Premiership Round-Up**
8.15 **SPFL Highlights**
8.30 **Bundesliga Weekly**
9.00 **Bundesliga Highlights Show**
10.00 **Scottish Premiership Round-Up**
10.15 **SPFL Highlights**
10.30 **Bundesliga Weekly**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro 20**
2.00 AM **Championship Season Review 19/20**
3.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **IPL**
9.00 **2017 Women's Super League Final** A look back at action from Southern Vipers vWestern Storm.
12.45 PM **Best of T20 Blast Finals Day**
1.00 **Best of the 2015 IPL**
1.30 **Best of England v India** The Group B match from the 2011 World Cup in Bangalore.
1.50 **IPL** As shown at 8pm.
2.50 **LIVE Indian Premier League Chennai Super Kings v Mumbai Indians.** Coverage of the T20 encounter from Wankhede Stadium, Mumbai.
7.00 **Dinesh Karthik Meets** Dinesh Karthik talks to Virat Kohli.
7.45 **Best of ICC WT20**
8.00 **IPL** Highlights of Rajasthan Royals v Delhi Capitals.
9.00 Action from Chennai Super Kings v Mumbai Indians.
10.00 As shown at 8pm.
11.00 As shown at 9pm.
12.00 M'T A replay of Chennai Super Kings v Mumbai Indians.
4.10 AM **Best of the IPL 2015**
4.35 **Best of the IPL 2018**
5.00 **Best of the 2015 IPL**
5.30 **to 6.00** AM **Best of the 2017 IPL**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **European Challenge Tour Golf** The Challenge De España.
6.30 **PGA EuroPro Tour Golf**
7.00 **LIVE Ladies European Tour Golf** Day one of the Aramco Team Series Bangkok from Thai Country Club in Bangkok, Thailand.
11.00 **PGA Tour: The Cut**
11.30 **PGA Tour Champions Learning Centre** Tips and advice.
12.00 NOON **LIVE DP World Tour Golf** Day one of the Soudal Open from Rinkven International Golf Club in Antwerp, Belgium.
5.00 PM **LIVE LPGA Tour Golf** Day one of the Cognizant Founders Cup at Upper Montclair Country Club in Clifton, New Jersey.
6.30 **LIVE PGA Tour Golf** The opening day's play of the AT&T Byron Nelson from the TPC Craig Ranch in McKinney, Texas.
12.00 M'T **DP World Tour Golf**
1.00 AM **PGA EuroPro Tour Golf**
1.30 **PGA Tour Champions Learning Centre** Tips and advice.
2.00 **DP World Tour Golf**
3.00 **PGA Tour Classic**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **V8 Supercars Highlights**
7.00 **Premier League Reload**
7.15 **WWE NXT** Wrestling action.
9.00 **BT Sport Reload**
9.15 **Premier League Reload**
9.30 **Serie A – Full Impact**
10.00 **ESPN FC** Football news.
10.30 **The Aussie Rules Show**
11.30 **Fishing: On the Bank**
12.30 PM **Canadian Premier League Review** Recent highlights.
1.00 **The Football's On**
2.00 **PSA Squash Highlights**
3.00 **Heineken Champions Cup Highlights** Recent action.
4.00 **Premier League World**
4.30 **ESPN FC** Football news.
5.00 **The Aussie Rules Show**
6.00 **LIVE MLB** Coverage of a Major League Baseball game.
9.30 **The Football's On**
10.30 **Premier League Reload**
10.45 **The Aussie Rules Show**
11.45 **BT Sport Reload**
12.00 M'T **Ligue 1 Show**
12.30 AM **Serie A – Full Impact**
1.00 **Badminton Unlimited**
1.30 **AFL** A recent match.
3.30 **The Aussie Rules Show**
4.30 **to 6.00** AM **30 for 30: Elway to Marino**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **LIVE Badminton** Coverage of day five of the BWF Thomas & Uber Cup, taking place at Impact Arena in Bangkok, Thailand.
6.30 PM **Serie A – Full Impact** All the best moments from recent matches in Italy.
7.00 **Ligue 1 Show** A look ahead to upcoming action in France.
7.30 **Premier League World**
8.00 **Heineken Champions Cup Highlights** Action from round seven of the competition.
9.00 **WWE NXT Highlights**
10.00 **V8 Supercars Highlights** Race 10 of the season in Perth.
11.00 Highlights from races 11 and 12 of the season in Perth.
12.00 M'T **Fishing: On the Bank** Angling magazine show presented by Rob Hughes and Andy Ford.
1.00 AM **FIH Hockey Pro League Magazine** A round-up of the latest news and highlights.
1.30 **WSL Championship Tour** Action from the finals day at the Margaret River Pro.
2.30 **UFC Main Event**
3.30 **V8 Supercars Highlights**
5.30 **to 6.00** AM **BT Sport Goals Reload**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Ligue 1**
9.00 **The Football's On**
10.00 **Vanarama National League Highlights** News and action.
10.30 **Primeira Liga**
11.30 **FIH Hockey Pro League Magazine** News and action.
12.00 NOON **WSL Championship Tour** Action from the Finals Day at the Margaret River Pro.
1.00 PM **Ligue 1 Highlights**
2.00 **Ligue 1** Nice v St. Etienne: Action from the French top-flight clash at Allianz Riviera.
3.30 Nantes v Rennes: Action from the French top-flight clash at Stade de la Beaujoire.
5.00 **WWE Friday Night SmackDown** Wrestling action.
6.30 **WWE Monday Night Raw** Wrestling action from America.
9.00 **UFC Main Event** A look back at a classic UFC bout.
10.00 **UFC Fight Camp** Analysis.
10.30 **UFC** A replay of Charles Oliveira v Justin Gaethje.
1.30 AM **BT Sport Reload**
1.45 **MotoE Highlights** Action from the Grand Prix of Spain.
2.15 **to 6.00** AM **FIM JuniorGP Championship**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Bitesize Highlights**
7.30 **Premier League Darts**
11.00 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football**
3.00 PM **Top Rank Boxing Archive** Action from Davey Moore v Roberto Duran in 1983.
3.45 Erik Morales v Marco Barrera from 2000.
5.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show.
7.00 **LIVE Premier League Darts** Coverage of the 14th round of the season from the Utilita Arena Sheffield, where matches include Gary Anderson v Gerwyn Price and Michael van Gerwen v Peter Wright.
10.30 **Darts Gold** Highlights from the 2009 World Darts Championship finals.
11.00 **Fight Night International** A look back at highlights from Edgar Berlanga v Steve Rolls.
12.00 M'T **Total Access** A round-up of the latest NFL News.
1.00 AM **NFL Bitesize Highlights**
2.00 **Premier League Darts**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
7.00 **Fit In 5**
7.30 **My Icon**
8.00 **Top Rank Boxing Archive**
11.30 **Premier League Darts**
3.00 PM **Fighting Fit 2020**
4.00 **Ladies European Tour Golf**
5.00 **LIVE LPGA Tour Golf** Coverage of the opening day of the Cognizant Founders Cup from Upper Montclair Country Club in Clifton, New Jersey.
6.30 **NBA Season Review Show**
7.00 **Betfred Super League Highlights** Recent action.
7.30 **LIVE Betfred Super League Huddersfield Giants v Wigan Warriors.** Coverage of the top-flight match from the 12th round of the season, which comes from John Smith's Stadium. Kick-off **8.00pm**.
10.00 **NBA Action**
10.30 **NBA Season Review Show**
11.00 **NBA Heatcheck**
12.00 M'T **Top Rank Boxing Archive**
1.30 AM **Betfred Super League Highlights** Recent action.
2.00 **Premier League Darts** Round 14 from Sheffield.
5.30 **to 6.00** AM **Darts Gold**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **MLB** A recent match.
11.00 **MLB Quick Pitch**
12.00 NOON **ESPN FC**
12.30 PM **Around the Horn**
1.00 **MLB** A recent match.
4.00 **MLB Quick Pitch**
5.00 **ESPN FC Presents: Gab & Juls**
5.30 **ESPN SportsCenter**
5.45 **NCAA Championship**
7.45 **ESPN SportsCenter**
8.00 **NCAA Baseball**
11.00 **Pardon the Interruption**
11.30 **ESPN FC Presents: Gab & Juls**
12.00 M'T **LIVE NCAA Baseball Tennessee Volunteers v Georgia Bulldogs.** Start-time 12.00m't.
3.30 AM **NCAA Championship**
5.30 **to 6.00** AM **ESPN FC Presents: Gab & Juls**

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM **Cycling: Paris-Roubaix**
8.00 **Motocross World Championship** From Italy.
8.30 **Cycling: Tour of Hungary**
9.30 **Cycling: Giro d'Italia**
10.30 **Giro d'Italia: The Breakaway**
11.00 **LIVE Cycling: Giro d'Italia** Coverage of stage six of the race.
5.00 PM **Unlock the Power of Sport**
5.30 **Triathlon: Super League Arena Games** From Singapore.
6.35 **Motorsport: ETCR**
6.55 **Eurosport News**
7.00 **Cycling: Tour of Hungary**
8.00 **Cycling: Giro d'Italia**
9.00 **Giro d'Italia: The Breakaway**
9.30 **Roland-Garros**
11.00 **Unlock the Power of Sport**
11.30 **Cycling: Giro d'Italia**
12.30 AM **Giro d'Italia: Breakaway**
1.00 **Cycling: Tour of Hungary**
2.00 **Formula E** Double bill.
4.00 **Cycling: Giro d'Italia**
5.00 **Giro d'Italia: The Breakaway**
5.30 **to 7.00** AM **Roland-Garros**

Eurosport 2

411 411 869 | 522 | 413 436

6.30 AM **Giro d'Italia: Breakaway**
7.00 **Motocross World Champs**
8.00 **Roland-Garros**
10.00 **Formula E** The Monaco ePrix.
11.00 **World Superbikes**
12.00 NOON **World Superbikes Extra**
1.00 PM **Climbing World Cup**
2.00 **FIA World Endurance Champs**
3.00 **British Superbikes**
4.00 **British Superbikes Extra**
5.00 **Roland-Garros**
6.30 **Unlock the Power of Sport**
7.00 **FIA World Endurance Champs**
8.00 **World Superbikes**
9.00 **World Superbikes Extra**
10.00 **Cycling: Giro d'Italia**
11.00 **Giro d'Italia: The Breakaway**
11.30 **Motocross World Champs**
12.00 M'T **British Superbikes**
1.00 AM **British Superbikes Extra**
2.00 **Cycling: Giro d'Italia**
3.00 **Giro d'Italia: The Breakaway**
3.30 **Olympic Games: Hall of Fame**
4.30 **FIA World Endurance Champs**
5.30 **to 6.30** AM **Cycling: Giro d'Italia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League Highlights**
7.00 **Super League's Supermen**
7.30 **Super League Superstars**
8.00 **State of Origin Rugby League**
11.00 **Super League's Supermen**
11.30 **Super League Superstars**
12.00 NOON **Boxing Archive**
3.00 PM **NBA Classic Games**
4.00 **NBA Basketball**
6.00 **NBA GameTime**
6.30 **NBA Season Review Show**
7.00 **Super League Highlights**
7.30 **LIVE Betfred Super League Huddersfield Giants v Wigan Warriors.** From John Smith's Stadium. Kick-off **8.00pm**.
10.00 **Super League Highlights**
10.30 **NBA Action**
11.00 **NBA Heatcheck**
12.00 M'T **Super League Highlights**
12.30 AM **LIVE NBA Basketball** Coverage of a play-off match.
3.00 **Inside the NBA**
4.00 **NBA Action**
4.30 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **F1: Best of 2021**
11.00 **The Inside Line**
11.30 **The Weekend Debrief**
12.00 NOON **Formula 1** A replay of the Miami Grand Prix.
2.15 PM **Then & Now with Verstappen**
2.25 **Ted & the VR Car**
2.30 **The Notebook**
3.00 **Any Driven Monday**
4.30 **The Weekend Debrief**
5.00 **Formula 1** Highlights from the Bahrain Grand Prix.
6.00 Action from the Saudi Arabian Grand Prix.
7.00 The Australian Grand Prix.
8.00 The best of the action from the Emilia Romagna Grand Prix.
9.00 The Miami Grand Prix.
10.00 **Charles and Carlos**
10.10 **Lando's Insta**
10.15 **Formula 1** Another chance to see the Miami Grand Prix.
12.30 AM **The Notebook**
1.00 **to 6.00** AM **F1: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Friday

13 May

Evening Planner

OnDemand

tv+

The Essex Serpent

Available today

Period drama starring Clare Danes and Tom Hiddleston, based on the novel by Sarah Perry

OnDemand

NETFLIX

Senior Year

Available today

Rebel Wilson stars in this comedy as a cheerleader who returns to high school after spending 20 years in a coma

OnDemand

NETFLIX

The Lincoln Lawyer

Available today

Legal drama series starring Manuel Garcia- Rulfo as an attorney who runs his LA law practice out of his car

OnDemand

4

The King of Warsaw

Available today

If you're missing *Peaky Blinders*, try this Polish drama, centred upon the organised crime in pre-WW2 Warsaw

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Our Lives	8.00 Question of...	8.30 Here We Go	9.00 Have I Got...	9.30 The Other One	10.00 News; Local News	10.35 Love Life
102 BBC2	7.00 MOTDx	7.30 Beechgrove	8.00 Gardeners' World		9.00 The Terror: Infamy			10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Games: The Final			10.30 News
104 CHANNEL 4	7.00 News	7.30 Unreported...	8.00 Richard Hammond's Crazy Contraptions		9.00 Gogglebox		10.00 Let's Make a Love Scene	
105 CHANNEL 5	7.00 Farrow & Ball: Secrets of the Posh...		8.00 Eurovision: Secrets and Scandals		9.00 Lighthouses: Building the Impossible		10.00 The Big Fight: Udofia Vs Bentley – Live	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Restaurants...		9.00 The Rising		10.00 Late Late Show Best of the Week	
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia			8.30 Meet the...	9.00 Bellator 281 – Live: Michael Page v Logan Storley			
116 BBC4	7.00 Nana Mouskouri at the BBC		8.00 TOTP: 1992		9.00 TOTP2 Goes Eurovision		10.00 Eurovision at 60	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Film: Pitch Perfect 2			
136 MORE4	◂ 6.55 The Block: Big Renovation Challenge		8.00 Escape to the Chateau: Restoring the...		9.00 Nordic Murders			
135 E4	7.00 Hollyoaks	7.30 Big Bang Theory	8.00 Below Deck: Mediterranean		9.00 Film: Little Fockers			
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
108 SKY ATLANTIC	◂ 6.50 The Affair		7.55 Game of Thrones		9.00 Devils			
110 GOLD	7.00 Hi-de-Hi!	7.40 Keeping Up...		8.20 Dad's Army	9.00 The Royle Family			10.20 Only Fools and Horses
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 QI	9.00 QI XL		10.00 Live at the Apollo	
119 ITV3	◂ 6.55 Heartbeat		8.00 The Larkins					10.05 DCI Banks
120 ITV4	7.00 Cycling: Tour Series		8.00 Griff's Great New Zealand Adventure		9.00 Film: Rocky V			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Naked Gun 33⅓: The Final Insult			
152 SYFY	7.00 Quantum Leap		8.00 Warehouse 13		9.00 Grimm		10.00 Film: Collision Earth	
113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Restaurants...		9.00 The Rising		10.00 The Blacklist	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Hudson & Rex		9.00 Tommy		10.00 Evil	
130 SKY ARTS	7.00 Video Killed the Radio Star		8.00 Guy Garvey: From the Vaults		9.00 Isle of Wight Festival Greatest Hits		10.00 Don Henley: Austin City Limits	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Hoffman Family Gold		9.00 Expedition Bigfoot		10.00 Aliens In Alaska	
162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 I'm Alive		9.00 I Was Prey		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Airport Security: Rome		9.00 Car S.O.S.		10.00 Ice Road Rescue	
123 SKY HISTORY	7.00 Forged in Fire		8.00 The Liquidator		9.00 Hitler's Secret Sex Life		10.00 Mauthausen: Camp of No Return	
155 YESTERDAY	7.00 Bangers and Cash		8.00 The Architecture the Railways Built		9.00 Secrets of the London Underground		10.00 Bangers and Cash	
121 SKY DOCS	7.00 Exterminate All the Brutes			8.10 The Sixties	9.00 Film: Cobain: Montage of Heck			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Here Today		8.00 Ghostbusters: Afterlife					10.10 Deadlock
303 HITS	◂ 6.00 Terminator Salvation		8.00 Zombieland			9.30 The Conjuring: The Devil Made Me Do It		
304 GREATS	◂ 5.10 The Godfather Part III		8.00 Chinatown					10.15 The Fugitive
305 ANIMATION	◂ 6.45 Coraline			8.30 Igor			10.00 Scoob!	
306 FAMILY	◂ 6.45 The Mortal Instruments: City of Bones				9.00 Casper			
307 ACTION	◂ 5.50 Batman Forever		8.00 The Bourne Identity				10.00 Nobody	
308 COMEDY	◂ 6.15 Paul Blart: Mall Cop		8.00 Sex Tape			9.45 This Is the End		
309 THRILLER	◂ 6.00 No Sudden Move		8.00 Inception					10.30 American...
310 DRAMA	◂ 5.35 In the Heights		8.00 Eat Pray Love					10.25 Where'd You Go...
311 SCI-FI	◂ 5.45 Battleship		8.00 Antlers			9.45 The Forever Purge		
302 MUST SEE MOVIES	◂ 5.35 Fast & Furious 9		8.00 Kimi			9.45 Batman Begins		
313 FILM4	◂ 6.55 Evolution				9.00 Commando			
315 TCM MOVIES	◂ 6.35 Operation Daybreak				9.00 Swordfish			
SPORT								
401 MAIN EVENT	7.00 EFL – Live: Coverage of a first leg game from the Championship Play-Off Semi-Finals							10.30 Golf – Live
402 PREMIER LEAGUE	◂ 6.30 Inside the...	7.30 PL Preview	8.00 PL Matchpack	8.30 Inside the WSL		9.30 PL Preview	10.00 PL Matchpack	10.30 PL Retro
403 FOOTBALL	7.00 EFL – Live: Coverage of a first leg game from the Championship Play-Off Semi-Finals							10.30 Inside the WSL
404 CRICKET	7.00 Best of England v India		8.00 IPL					
413 BT SPORT 1		7.15 European Rugby Challenge Cup – Live: Action from the European Rugby Challenge Cup						10.15 Rugby Stories
414 BT SPORT 2	7.00 V8 Supercars Highlights				9.00 Scottish...	9.30 UEFA...	10.00 UFC Fight...	10.30 UFC Live

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Rip Off Britain** Series finale (S)
10.00 **For Love or Money** (S)(R)
10.45 **Dom Delivers** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Ardingly, West Sussex. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **The Repair Shop** (S)(R)
2.15 **Money for Nothing** (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** New edition Chris Hull and Lee Burkhill create a garden that also serves as a space of remembrance. (S)
4.30 **The Bidding Room** Items include a knife sharpener. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 Here We Go

7 PM

7.00 **The One Show** Alex Jones and Ronan Keating present the topical show. (S)
7.30 NEW **Our Lives: Speed Kids** One-off documentary following the lives of children who dream of being motorcycle stars. (S)

8 PM

8.00 **Question of Sport** New edition With Kadeena Cox, Paul McShane, Carlton Cole and Steve Harmison. (S)
8.30 **Here We Go** New episode 3/6. Cherry launches a salsa class. (S1) (S)
■ Entire series on BBC iPlayer

9 PM

9.00 **Have I Got News for You** New edition 7/9. Anna Maxwell Martin hosts. (S)
9.30 **The Other One** New episode 2/5. Cat reignites her feud with rival delivery driver Patience. (S2) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Love Life** New episode 3/10. While in Michigan for his parent's wedding anniversary, Marcus reignites an old flame and nurses the wounds of his failed relationship. (S2) (S)(AD)
11.05 **Love Life** New episode 4/10. Marcus rushes into a relationship with playwright Ola. (S2) (S)(AD)
11.35 FILM **Before I Go to Sleep** Thriller starring Nicole Kidman and Colin Firth. A woman who cannot retain her memories tries to piece together her past. (S) (2014, 15, 85min) ★★★
1.00 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Escape to the Country** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: The Speedshop** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics UK** New edition (S)
1.00 FILM **Scott of the Antarctic** Fact-based drama following the British explorer's failed attempt to beat his Norwegian rivals to the South Pole in 1912. Stars John Mills. (S)(AD) (1948, U, 105min) ★★★
2.45 **Britain in Bloom** (S)(R)
3.15 **Murder, Mystery and My Family** The murder of a canal boat passenger 180 years ago. (S)(R)
4.00 **Interior Design Masters** The final of the competition. (S)(R)(AD)
5.00 LIVE **Athletics: Diamond League Doha** Coverage of the opening meeting of the season, which comes from Qatar Sports Club. (S)

9.00 The Terror: Infamy

7 PM

7.00 **MOTDx** Football discussion presented by Jermaine Jenas. (S)
7.30 **Beechgrove** New edition Carole Baxter sets up hanging baskets for a summer of colour. (S)

8 PM

8.00 **Gardeners' World** New edition Frances Tophill and Nick Bailey celebrate the joys of indoor gardening in a special edition from Oxford Botanic Garden. Plus, Rachel de Thame visits a nursery in Devon that specialises in orchids. (S)

9 PM

9.00 **The Terror: Infamy** New episodes *Gaman:* 3/10. The Terminal Islanders adjust to their new surroundings, and Henry reels from the trauma of his imprisonment. (S)(AD)
9.40 *The Weak Are Meat:* 4/10. Luz hopes to be accepted by Henry and Asako as the Japanese-American community celebrate Obon, where the Nakayamas commemorate the spirits of the dead. (S2) (S)(AD)

10 PM

10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Idris Elba's Fight School** 3/5. The actor is faced with a difficult decision as Sophie's injury takes a turn for the worse. (S)(R)(AD)
12.05 AM **Sign Zone: Panorama: Fixing Unfair Britain – Can Levelling Up Deliver?** (S)(R)
12.35 **Sign Zone: Dinosaurs: The Final Day with David Attenborough** How an asteroid strike wiped out the dinosaurs. (S)(R)(AD)
2.05 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team of experts head to Weston-super-Mare, where Mark Stevens parts with the pounds to pay for a plane ride, and Michael Hogben spies Harry Potter paraphernalia. (S)(R)
3.00 **Tenable** Three generations of a family take part in the quiz. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

4.00 Tipping Point

7 PM

7.30 **Emmerdale** Harriet has a mission, Charity breaks the code, and Moira issues an ultimatum. (S)(AD)

8 PM

8.00 **Coronation Street** Abi gives Ben a choice – either he admits that Imran paid him to lie or she'll share her video of him buying drugs with his boss and the police. Peter asks *The Gazette* to run an article about Mr Thorne. (S)(AD)

9 PM

9.00 **The Games: The Final** Series finale 5/5. Holly Willoughby and Andrew Flintoff are live from Crystal Palace and Alex Scott is trackside for the finals. It's the last chance for the 12 celebrities to win points as they try to win gold and pick up the trophy. Tonight's action sees the 100m for both men and women, with coverage of the women's weightlifting and men's speed climbing. (S)

10 PM

10.30 **ITV News** (S)
11.00 **Local News** (S)
11.15 FILM **Run All Night** Action thriller starring Liam Neeson. A hitman turns against the crime family he works for to protect his estranged son from assassination. (S)(AD) (2015, 15, 115min) ★★★
1.10 AM **Shop: Ideal World**
3.00 **Winning Combination** (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Nadia's Family Feasts** A Chinese menu. (S)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.05 AM **Countdown** (S)(R)
6.45 **Cheers** 10&11/26. (S5) (S)(R)
7.35 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 21-23/24. (S5) (S)(R)(AD)
10.30 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Couples Come Dine with Me** From Glasgow. (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great House Giveaway** New edition Renovating a property in Llandudno, north Wales. (S)
5.00 **Sun, Sea and Selling Houses** A search for a holiday home in Alicante province. (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Serena refuses to talk to her parents. (S)(R)(AD)

10.00 Let's Make a Love Scene

7 PM

7.00 **News** (S)
7.30 **Unreported World** New edition A report on the work of Pakistan's first Gender Protection Unit, which intends to crack down on violence towards women. (S)(AD)

8 PM

8.00 **Richard Hammond's Crazy Contraptions** New edition 3/7. Three amateur pilots take on a team of stunt fans in a challenge to build a machine that will allow Richard to feed his dog without leaving his desk. (S)(AD)

9 PM

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 NEW SERIES **Let's Make a Love Scene** 1/2. Singletons looking for love star in their own romcom, coached through intimate scenes by intimacy co-ordinator Rufai 'Roo' Ajala and acting coach Emma Crompton. (S)(AD)
11.05 FILM **Baywatch** Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with a former Olympic swimmer to scupper a criminal scheme. (S)(AD) (2017, 15, 130min) ★★
1.15 AM **Ramsay's Hotel Hell** (S)(R)
2.05 **Wife Swap USA** (S)(SL)(R)
2.50 **Come Dine with Me** (S)(R)
5.05 **to 6.00** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Litter Louts: At War with the Law** New edition Enforcer Rob investigates two tips in Huntingdonshire. (S)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 FILM **The Killer Downstairs** Thriller starring Cindy Busby. (S) (2019, 12, 105min) ★
4.00 **Bargain-Loving Brits in the Sun** New edition Following Ellie and Jim, who just set up their new café in Benidorm. (S)
5.00 **News** (S)
6.00 **Neighbours** Karl and Mackenzie try to keep Hendrix's mind off of the Rodwells. (S)(R)
6.30 **Eggheads** Quiz show. (S)(R)

8.00 Eurovision: Secrets and...

7.00 **Farrow & Ball: Secrets of the Posh Paint Factory** The secrets behind the success of paint company Farrow & Ball, recently sold for £500million. (S)(R)
7.55 **News** (S)
8.00 NEW **Eurovision: Secrets and Scandals** Documentary uncovering what goes on behind the scenes at the Eurovision song contest, revealing untold stories of political chicanery and voting scandals. (S)
9.00 **Lighthouses: Building the Impossible** Series finale 3/3. A profile the Longstone lighthouse off the coast of Northumberland, scene of a rescue attempt by the Victorian lighthouse keeper's daughter. (S)
10.00 LIVE **Boxing: The Big Fight** Linus Udofia v Denzel Bentley: The bout for the vacant British Middleweight Title from Indigo at The O2 in London. Plus, Josh Kelly v Xhuljo Vrenozi and Harlem Eubank v Sean Dod. (S)
12.05 AM **Inside the Force: 24/7** PC Simon Berger and trainee Beth Headley respond to a suspected arson incident. (S)(R)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Police Interceptors** (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink** (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Sky News Breakfast**
8.00 **Beth Rigby Interviews**
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 18/20. (S1) (S)(R)
11.00 **NCIS: Los Angeles** (S10) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
2.00 **S.W.A.T.** 21/21. (S3) (S)(R)(AD)
3.00 **Modern Family** (S8) (S)(R)
4.00 **Will & Grace** (S7) (S)(R)
5.00 **The Simpsons** *The Blunder Years:* Homer is hypnotised. (R)
5.30 **The Fresh Prince of Bel Air** 12/24. Carlton's girlfriend dumps him for Will. (S)(R) **6.00** 13/24. Will is unhappy at the prospect of returning to Philadelphia. (S3) (S)(R)
6.30 **The Simpsons** *Gump Roast:* Aliens Kodos and Kang probe Homer's memory. (S)(R)

9.00 The Rising

7.00 **The Simpsons** *I Am Furious Yellow:* Bart creates a comic character based on Homer. (S)(R) **7.30** *My Octopus and a Teacher:* Bart is unable to control his feelings when he gets a new teacher. (R)
8.00 **Rob & Romesh vs Restaurants: First Course** 1/2. Rob Beckett and Romesh Ranganathan try to open their own restaurant, beginning by learning all about the industry from chef Tom Kerridge. (R)
9.00 **The Rising** New episode 4/8. A breakthrough leads to some disturbing revelations, while tensions grow in the Sands household as Max claims he senses his stepsister Neve's presence. (S1)
10.00 **Late Late Show Best of the Week** New edition Highlights of the talk show hosted by James Corden, featuring celebrity interviews, music and comedy sketches.
11.00 **A League of Their Own Road Trip: Dingle to Dover** 6/6. Highlights of the trip. (S)(R)
12.00 M'T **Sex and the City** 17&18/18. (S3) (S)(R)
1.15 AM **Peacemaker** 8/8. (S1) (S)(R)
2.10 **NCIS: Los Angeles** (S7) (S)(R)
3.05 **Hawaii Five-0** (S4) (S)(R)
4.00 **S.W.A.T.** (S3) (S)(R)(AD)
5.00 **Motorway Patrol** (S)(R)
5.30 **to 6.00** AM **Modern Family** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Bikes! North West 200 (S) **11.05** Love Life New editions (S)(AD) **12.05am** FILM Before I Go to Sleep (S) (2014, 15, 85min) ★★★ **1.30-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
7.30pm Weatherman Walking New edition (S) **8.00-8.30** NEW Our Lives (S)(AD) **11.35** Hot Cakes (S)(R) **12.05am** FILM Before I Go to Sleep: As Scotland. **1.30-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
7.30pm LIVE Rugby Union: Scrum V (S) **9.30-10.30pm** Gardeners' World New edition (S)

ITV

As main ITV except:
WALES
7.00-7.30pm NEW SERIES Vanished Wales (S)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Codi Pac **12.30** Ar Werth **1.00** Prynhawn Da New edition **1.55** Newyddion S4C a'r Tywydd **2.00** LIVE Seiclo: Giro d'Italia **4.30** Peppa **4.35** Cymylaubychain **4.45** Patrôl Pawennau **5.00** Stwnsh **6.00** Codi Pac **6.30** Garddio a Mwy **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Dim Byd i'w Wisgo New edition **8.25** Welsh Whisperer – Ni'n Teithio Nawr New edition (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Rybish Series finale (AD) **9.35** Seiclo: Giro d'Italia **10.05** Sgwrs Dan y Lloer **10.35-11.40pm** Gitar yn y To

TV&Satellite week
New issue on sale now

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition The finalists each have 90 minutes to cook their dishes to be served for the judges and four top Australian chefs.
8.25 **The Catch Up**
8.30 **Meet the Khans: Big in Bolton** New edition 3/11. Amir embarks on his gruelling 10-week training regime in America.
9.00 LIVE **MMA: Bellator 281** Michael Page v Logan Storley: Coverage of the mixed martial arts event at OVO Arena Wembley, which is headlined by the bout for the Interim Welterweight World Championship.
11.30 **Munya and Filly Get Chilly**
12.00 M'T **Hot Property**
12.30 AM **Peacock**
12.55 **Press X to Continue**
1.05 **Zen Motoring**
1.20 **Meet the Khans: Big in...**
1.50 **Glow Up: Britain's Next Make-Up Star**
2.50 **Hot Cakes**
3.20 **to 3.50** AM **Stitch, Please!**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Nana Mouskouri at the BBC** A collection of the singer's performances from the BBC archives.
8.00 **TOTP: 1992** Featuring performances by Michael Jackson, Heaven 17, Dina Carroll and Rod Stewart. **8.30** With performances by Freddie Mercury, Shai and WWF Superstars.
9.00 **TOTP2 Goes Eurovision** Steve Wright presents hits from the contest, featuring Abba and Bucks Fizz, plus an appearance by 2007 UK entrants Scooch.
10.00 **Eurovision at 60** Behind-the-scenes story of the annual music event.
11.30 **Dana: The Original Derry Girl** The story of singer Dana Scallon, who won the 1970 Eurovision Song Contest for Ireland with *All Kinds of Everything*.
12.30 AM **TOTP: 1992**
1.30 **TOTP2 Goes Eurovision**
2.30 **to 3.30** AM **Nana Mouskouri at the BBC**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Book-binding.
9.15 **A Place in the Sun**
11.05 **Find It, Fix It, Flog It**
1.05 PM **Heir Hunters** A man learns about his grandfather's role in World War One.
2.10 **Four in a Bed** Five editions.
4.50 **Find It, Fix It, Flog It** Simon O'Brien repurposes a mill trolley into a coffee table.
5.55 **Escape to the Chateau: DIY** Clive, Karen, Ross and Abbie prepare for the first wedding of the season.
6.55 **The Block: Big Renovation Challenge** New edition A rapid demolition machine called a nibbler causes issues.
8.00 **Escape to the Chateau: Restoring the Dream** A look back at the transformation of Dick and Angel's chateau.
9.00 NEW SERIES **Nordic Murders** *Nightshade:* German detective drama starring Katrin Sass. A tourist-attended party escalates into drug-taking and the next day, a boy is found dead in the community sauna. Subtitled. (S3)
11.00 **24 Hours in A&E** A man is badly injured in a bike crash.
1.10 AM **8 Out of 10 Cats Does Countdown**
3.20 **to 3.45** AM **Food Unwrapped Gets Chocolatey**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Black-ish**
8.00 **Melissa & Joey**
9.00 **How I Met Your Mother**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **The Neighborhood** New episodes 7&8/18. Double bill of episodes. (S2)
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S1&7)
7.00 **Hollyoaks** Honour gives some advice to Diane.
7.30 **The Big Bang Theory** 22/24. The gang celebrate *Star Wars* Day. (S7)
8.00 **Below Deck: Mediterranean** New edition Katie is left in a bind when she finds out some surprising information.
9.00 FILM **Little Fockers** Comedy sequel starring Robert De Niro and Ben Stiller. A hapless male nurse must prove to his tough father-in-law that he is worthy of one day taking his place as the family patriarch. (2010, 12, 98min) ★★★
10.55 **Naked Attraction**
1.05 AM **Gogglebox**
2.05 **First Dates**
3.05 **Below Deck: Mediterranean**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Black-ish**

+1 hour 235 | 146 | 30 | 123

Friday primetime

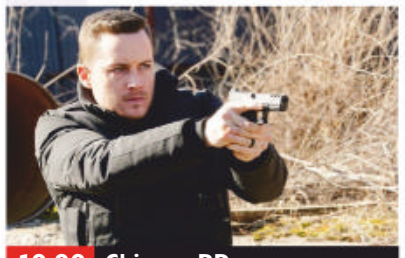
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **911 Crisis Centre**
7.00 **Nothing to Declare**
8.00 **Border Patrol**
9.00 **UK Border Force**
10.00 **Stop, Search, Seize**
11.00 **Law & Order** 12/24. (S15)
12.00 NOON **Bull** 21/22. Dr Bull helps mount a defence for Taylor's brother-in-law. (S3)
1.00 PM **Blue Bloods** (S9)
3.00 **Paramedics**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare** Four editions of the documentary.


10.00 Chicago PD

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Chicago Med** New episode *Judge Not, for You Will BeJudged:* Archer and Asher clash over a patient. (S7)

9 PM

9.00 **Chicago Fire** New episode *What's Inside You:* One of the Firehouse 51 crew is taken hostage. (S10)

10 PM

10.00 **Chicago PD** New episode *New Guard:* Halstead takes a new recruit under his wing during a case. (S9)
11.00 **Law & Order: SVU** (S12)
12.00 M'T **The Rookie** 14/20. (S2)
1.00 AM **9-1-1** (S5)
2.00 **Criminal Minds** 14/15. (S14)
3.00 **Bull** 21/22. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Storm City**
7.55 **Big Love** 4&5/10. (S5)
10.05 **The Affair** 7&8/12. (S2)
12.15 PM **Game of Thrones**. (S2)
1.20 **Six Feet Under** 6&7/12. (S5)
3.30 **Boardwalk Empire** 1/12. Nucky faces new threats to his power as 1923 begins. **4.35** 2/12. Eli is released from prison and returns to much-changed Atlantic City. (S3)
5.45 **The Affair** 9/12. Helen receives unexpected attention. **6.50** 10/12. Alison comes to a disturbing realisation. (S2)

9.00 Devils

7.55 **Game of Thrones** *Valar Morghulis:* 10/10. Jon proves his worth to Qhorin Halfhand, and Theon Greyjoy stirs his men into action. (S2)

9.00 **Devils** New episode 5/8. An accident creates a once in a lifetime opportunity to discover the creator of Bitcoin.

10.05 **Devils** New episode 6/8. Now knowing that he is a target, Massimo tires to retrieve the stolen evidence against him. (S2)
11.10 **The King** 4/8. Bruno fills the Islamic wing with hidden micro-cameras, and Laura has a trojan installed in Bruno's phone. Subtitled. (S1)
12.15 AM **True Blood** 8-10/12. (S4)
3.30 **In Treatment** (S2)
4.00 **to 6.00** AM **Storm City**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S7)
8.00 **The Flash** 17/23. (S1)
9.00 **DC's Legends of Tomorrow**
10.00 **Supergirl** 18/20. (S1)
11.00 **NCIS: Los Angeles** (S10)
1.00 PM **Hawaii Five-0** 8/22. (S4)
2.00 **S.W.A.T.** 21/21. (S3)
3.00 **DC's Legends of Tomorrow**
4.00 **The Flash** 18/23. (S1)
5.00 **Supergirl** 18/20. (S1)
6.00 **Stargate SG-1** 20/22. Robert Kinsey attempts to wrest control of the Stargate program. (S7)

9.00 The Rising

7.00 **Stargate SG-1** *Lost City – Part One:* 21/22. O'Neill risks his life in an attempt to stop Anubis destroying Earth. (S7)

8.00 **Rob & Romesh vs Restaurants: First Course** 1/2. The comedians set out to open their own restaurant.

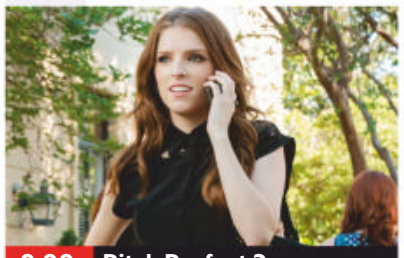
9.00 **The Rising** New episode 4/8. A supernatural breakthrough in the case leads to some disturbing revelations. (S1)

10.00 **The Blacklist** *The Skinner (No. 45) – Part One:* 1/22. The task force reunite in a bid to bring down a global conspiracy. (S9)
11.00 **A League of Their Own Road Trip: Dingle to Dover** 6/6. Highlights of the trip.
12.00 M'T **Never Mind the Buzzcocks** Double bill.
1.30 AM **Peacemaker** 8/8. (S1)
2.30 **NCIS: Los Angeles** (S7)
3.30 **Hawaii Five-0** 8/22. (S4)
4.30 **S.W.A.T.** 21/21. (S3)
5.30 **to 6.00** AM **Road Wars**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Highlights**
7.30 **The Ellen DeGeneres Show**
8.25 **You've Been Framed!**
9.20 **Hart of Dixie** 4/22. (S2)
10.15 **One Tree Hill** 4/23. (S2)
11.10 **The O.C** 26/27. (S1)
12.00 NOON **Secret Crush**
1.05 PM **Dress to Impress**
2.05 **The Ellen DeGeneres Show** New edition With Lily Tomlin.
3.00 **Hart of Dixie** 5/22. (S2)
4.00 **One Tree Hill** 5/23. (S2)
5.00 **The O.C** 27/27. (S1)
6.00 **Catchphrase Celebrity**


9.00 Pitch Perfect 2

7.00 **Superstore** 12/21. The employees wrestle with the loss of Myrtle. **7.30** 13/21. Amy makes Mateo her assistant. (S5)

8.00 **Bob's Burgers** 13/22. It is spirit week at school. **8.30** 14/22. Bob and Linda have more trouble with Jimmy Pesto. (S10)

9.00 **FILM Pitch Perfect 2** Comedy sequel starring Anna Kendrick. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Family Guy** 11/20. Stewie becomes a star after appearing in an advert for peanut butter. **11.45** 2/20. Joe's estranged father Bud visits Quahog. (S14)
12.15 AM **American Dad!** (S15)
1.10 **Bob's Burgers** (S10)
2.05 **to 3.00** AM **Superstore**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **On the Buses**
9.15 **The Darling Buds of May**
11.30 **Heartbeat**
1.45 PM **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Agatha Christie's Marple** *They Do It with Mirrors:* An old friend of Miss Marple, worried about a fire at her family home, contacts the sleuth.
5.50 **Heartbeat** *What the Butler Saw:* A schoolgirl holds the key to a shooting incident.

8.00 The Larkins

6.55 **Heartbeat** *Affairs of the Heart:* Nick and Jo's wedding arrives, but the police officer has trouble getting to the church.

8.00 **The Larkins** *In Which We Meet the Larkin Family:* 1/6. Reboot of *The Darling Buds of May*, starring Bradley Walsh.

9.00 **The Larkins** *In Which the Larkins Woo Charley the Tax Man:* 2/6. Mariette agrees to put her plans on hold. (S1)

10.05 **DCI Banks** *Dry Bones That Dream – Part One:* 3/6. Morton and Banks investigate when an accountant is killed. (S2)
11.10 **DCI Banks** *Dry Bones That Dream – Part Two:* 4/6. The detective questions an MP against orders. (S2)
12.10 AM **Inspector Morse** *Dead on Time:* A face from the past haunts Morse.
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.30 LIVE **Sportscene: Championship Play-off** Coverage of the Premiership Play-Off semi-final second leg, as one Championship team will move a step closer to a shot at the top division.
10.00 **Still Game** 7/7. Tam and Frances enjoy a taste of fame when they are interviewed by Lorraine Kelly, while Jack and Victor face a stressful stint as babysitters. (S6)
10.30 **Undisputed: The Life and Times of Ken Buchanan** The life of the Scottish boxing star Ken Buchanan.
11.30 PM **to 12.00** M'T **Best of Only an Excuse** 2/4. Highlights of the hit comedy starring Jonathan Watson. (S1)

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Everybody Hates...**
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S3)
11.30 **The Office (US)** (S2)
12.00 NOON **The Mindy Project** 21&22/26. (S4)
1.00 PM **Curb Your...**
2.20 **Sex and the City** (S3)
3.00 **Modern Family** (S8)
4.00 **Will & Grace** (S7)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Saturday Night Live**
8.00 **Los Espookys** 6/10. (S1)
8.30 **Wellington Paranormal**
9.00 **Girls** 9&10/10. (S2)
10.00 **Late Late Show Best of the Week** New edition
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **Sex and the City**
1.15 AM **The Late Late Show with James Corden** New edition
2.05 **Curb Your Enthusiasm**
3.20 **Black Monday** (S2)
4.00 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Highlights**
10.00 **Discovering**
11.00 **Al Green: Music Icons**
11.30 **Video Killed the Radio...**
12.00 NOON **The Big Design Challenge**
1.00 PM **Tales of the...**
2.00 **The Art of Architecture**
3.00 **Mystery of the Lost Paintings**
4.00 **Tales of the Unexpected**
5.00 **Discovering**
6.00 **Portrait Artist 2017**
7.00 **Video Killed the Radio Star** New editions
8.00 NEW SERIES **Guy Garvey: From the Vaults**
9.00 **Isle of Wight Festival Greatest Hits**
10.00 **Don Henley: Austin City Limits**
11.15 **Rock and Roll**
12.45 AM **Isle of Wight Festival Greatest Hits**
1.45 **Kelly Jones & Rhys Ifans: In Conversation**
2.15 **Manic Street Preachers: Live at Nynex**
4.15 **to 6.00** AM **Highlights**

Pick

159 156 | 36 | 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **UK Border Force**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S4)
5.00 **Star Trek: The Next Generation** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Hawaii Five-0** (S3)
8.00 **Snapped** Documentary.
9.00 **Flintoff: Lord of the Fries** Andrew and Rob visit the West Country.
10.00 **Grimm** 4/22. (S4)
11.00 **Murders That Shocked the Nation**
12.00 M'T **How I Caught the Killer** Documentary.
1.00 AM **Caribbean Cops**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Younger** (S7)
9.00 **The Middle** (S3)
11.00 **My Wife and Kids** (S2)
1.00 PM **Friends** (S4)
7.00 **Friends** 14/24. Guest stars Charlton Heston. **7.30** 15/24. Chandler's ex-girlfriend turns up. **8.00** 16/24. Rachel decides to organise a farewell party for Emily. **8.30** 17/24. Ross opens his heart to Emily. (S4)
9.00 FILM **The Naked Gun 33⅓: The Final Insult** Spoof comedy starring Leslie Nielsen. (1994, 12, 83min) ★★★
10.45 **Jimmy Carr: Stand Up**
11.45 **Live at the Apollo** Jack Dee takes centre stage.
12.45 AM **Chris Ramsey's Stand Up Central**
1.45 **Nathan for You**
2.45 **The Daily Show** New edition Talk show.
3.25 **Last Man Standing**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **Sam Faiers: The Mummy Diaries**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Real Housewives of New York City**
1.10 **Sam Faiers: The Mummy Diaries**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.05 **The Real Housewives of New Jersey**
5.00 **The Real Housewives of Beverly Hills**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched** The doctors help a former model. **10.00** Terry helps a former recluse break out with new breasts.
10.55 **Atlanta Plastic** A mother-of-four decides it is time for a makeover.
11.50 **The Only Way Is Marbs**
12.40 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **Dramatic Finishes**
6.05 **The Saint**
7.00 **The Adventures of Sherlock Holmes**
7.55 **The Avengers**
9.00 **The Professionals**
10.10 **Minder**
11.15 **The Saint**
12.20 PM **The Avengers**
1.30 LIVE **Racing** The final day of the Dante meeting from York.
4.30 **River Monsters**
4.55 **Minder**
6.00 **Giant Lobster Hunters**

9.00 Rocky V

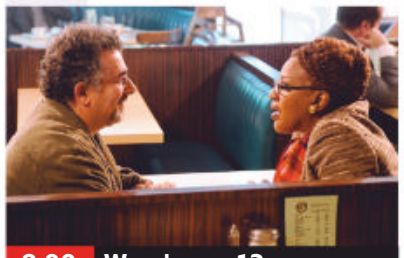
7.00 **Cycling: Tour Series** Hannah East presents highlights from the fourth round of the Tour Series in Stranraer..
8.00 **Griff's Great New Zealand Adventure** 2/4. Griff Rhys Jones heads out to the newest piece of land on the planet.
9.00 FILM **Rocky V** Boxing drama sequel starring Sylvester Stallone. Rocky Balboa returns to his roots in the slums of Philadelphia to train a young fighter. With Talia Shire and Burt Young. (1990, PG, 104min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **All Elite Wrestling: Dynamite** Hard-hitting wrestling action.
1.15 AM **The Professionals** *Killer with a Long Arm:* A sniper targets a tennis tournament.
2.20 **The Protectors** *Your Witness:* A witness is given protection.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Most Haunted**
7.00 **Star Trek: Deep Space Nine**
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S3)
12.00 NOON **Stargate Atlantis** (S5)
1.00 PM **Project Blue Book** (S2)
2.00 **V** 4/12. (S1)
3.00 **Warehouse 13** As 8.00pm.
4.00 **Stargate Atlantis** (S5)
5.00 **Stargate SG-1** 6/22. (S5)
6.00 **Star Trek: Deep Space Nine** 6/26. Bashir falls for an alien woman who is unable to walk in normal gravity. (S2)


8.00 Warehouse 13

7.00 **Quantum Leap** *Hurricane:* 3/22. Sam materialises in the path of a hurricane and must save a girl's life. (S4)
8.00 **Warehouse 13** *Breakdown:* 11/13. Pete and Myka get trapped in the warehouse. (S1)
9.00 **Grimm** *Wesenrein:* 9/22. Wu finally learns the truth about Nick, and Juliette undergoes a series of transformations. (S4)
10.00 FILM **Collision Earth** Sci-fi drama starring Eric Roberts and Kate Watson. (2020, 12, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Spides** 8/8. Nora's friends attempt to save her from the transformation. (S1)
1.00 AM **Stargate SG-1** (S5)
2.00 **Stargate Atlantis** (S5)
3.00 **Star Trek: Deep Space Nine**
4.00 **Star Trek: Voyager** (S3)
5.00 **to 6.00** AM **V**

+1 hour 229

Alibi

109/110 809 126 212

7.10 AM **Murdoch Mysteries**
9.00 **The Doctor Blake Mysteries**
10.00 **Major Crimes** 16/21. (S5)
11.00 **Rizzoli & Isles** 13/18. (S6)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S15)
4.00 **The Doctor Blake Mysteries**
5.00 **Major Crimes** 16/21. Sykes acts as a witness during a murder trial. (S5)
6.00 **Death in Paradise** 7/8. A treasure hunter is found dead after a valuable discovery. (S5)

10.00 Evil

7.00 **Rizzoli & Isles** *Hide and Seek:* 13/18. When Maura is abducted, nothing will stand in the way of the team finding her. (S6)
8.00 **Hudson & Rex** *Under Pressure:* 4/16. Deep under the Atlantic Ocean, a scuba diver's oxygen supply is severed. (S3)
9.00 **Tommy** *Lifetime Achievement:* 3/12. A film producer is attacked by a woman who claims he tried to assault her. (S1)
10.00 **Evil** *Let x = 9:* 6/13. The Catholic Church asks Kristen, David and Ben to assess the veracity of a local prophetess. (S1)
11.00 **Death in Paradise** As 6pm.
12.00 M'T **The Doctor Blake Mysteries** 4/10. Blake attempts to prove a death row prisoner's innocence. (S1)
1.00 AM **Father Brown**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 191

GOLD

110/111 110/111 124 343 358

7.20 AM **Highlights**
9.10 **Hi-de-Hi!**
9.50 **Only Fools and Horses**
10.30 **Last of the Summer Wine**
11.50 **Keeping Up Appearances**
12.30 PM **Dad's Army**
1.10 **Hi-de-Hi!**
1.50 **2point4 Children**
2.30 **Desmond's**
3.05 **Keeping Up Appearances**
3.40 **The Good Life**
4.20 **Last of the Summer Wine**
5.40 **Only Fools and Horses**
6.25 **Desmond's**

10.20 Only Fools and Horses

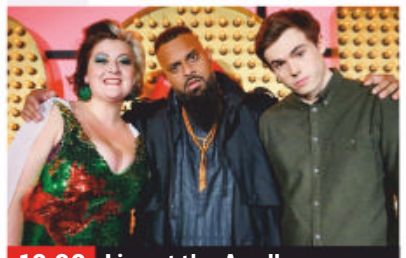
7.00 **Hi-de-Hi!** The staff treat April to a birthday film, but it ends in disaster.
7.40 **Keeping Up Appearances** Hyacinth and Richard move into their country retreat.
8.20 **Dad's Army** The older members of the platoon attempt to look younger.
9.00 **The Royle Family** Jim and Nana fight over who is going to use the toilet first. **9.40** Denise and Dave bring baby David to visit, but Denise refuses to change his nappy.
10.20 **Only Fools and Horses** The Trotters try to save their cherished flat.
12.00 M'T **Billy Connolly Does...** A look at how fame has taken the comedian to some weird and wonderful places.
1.00 AM **Peep Show**
1.35 **Two Doors Down**
2.25 **The Royle Family**
3.25 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.35 AM **Modern Wheels or Classic Steals**
8.00 **Top Gear** From Ethiopia.
9.00 **Storage Hunters UK**
10.00 **Sin City Motors**
11.00 **World's Most Dangerous Roads** The Ho Chi Minh Trail.
12.00 NOON **Bangers and Cash**
1.00 PM **Fast Justice**
2.00 **Top Gear** Electric cars.
3.00 **Rick Stein's Spain**
4.00 **Bangers and Cash**
5.00 **Rick Stein's Spain**
6.00 **Taskmaster**


10.00 Live at the Apollo

7.00 **Richard Osman's House of Games** With Stuart Maconie and Lou Sanders.
7.40 **Room 101** Henning Wehn, Michael Ball and Caroline Quentin discuss their pet hates.
8.20 **QI** With guests Josh Widdicombe, Stephen K Amos and Cally Beaton.
9.00 **QI XL** Guests Jeremy Clarkson, Jimmy Carr and Bill Bailey join regular panellist Alan Davies and host Stephen Fry.
10.00 **Live at the Apollo** Guz Khan introduces stand-up routines by Kiri Pritchard-McLean and Rhys James.
11.00 **QI XL** With Reginald D Hunter, Sue Perkins and Jimmy Carr.
12.00 M'T **Big Zuu's Big Eats** Big Zuu cooks for Ed Gamble.
12.40 AM **Have I Got a Bit More News for You**
1.40 **Room 101**
2.45 **to 4.00** AM **QI XL**

+1 hour 211 131 74

7 PM
8 PM
9 PM
10 PM

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 **Danielle Steel's Heartbeat** Melodrama.
11.50 **GREAT! Movie News**
12.00 NOON **Murder, She Wrote** Mystery drama.
1.00 PM **Perception** (S2)
2.00 **Body of Proof** (S2)
3.00 **Castle** 22/24. (S2)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** 14/25. Hawkeye calls Frank's bluff. **7.30** 15/25. Frank's wife files for divorce. **8.00** 16/25. Radar hunts for tomato juice. **8.30** 17/25. Hawkeye holds an inspection. (S4)
9.00 **Who Wants to Be a Millionaire?** Four editions of the quiz show.
1.00 AM **M*A*S*H** (S4)
3.00 **Hart to Hart** (S4)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** Double bill.
11.30 **Great House Giveaway**
12.30 PM **A Place in the Sun**
2.30 **Sun, Sea and Selling Houses** Revisiting clients.
3.30 **Come Dine with Me**
6.00 **A Place in the Sun**
7.00 **Ugly House to Lovely House with George Clarke** Transforming an impractical house.
8.00 **George Clarke's Old House, New Home** A 300-year-old house in Broadstairs.
9.00 **24 Hours in A&E** A man suffering chest pains looks back on his career on the railway. **10.00** A man is treated after a high-speed crash.
11.05 **Gogglebox** Double bill.
1.15 AM **Taskmaster**
2.20 **Gogglebox**
3.25 **Great Celebrity Bake Off for Stand Up to Cancer** With Tan France.
4.20 **to 4.50** AM **Chivalry**

5USA

141 141 153 21 129

9.00 AM **NCIS** (S12)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Decompressed:* 14/24. A deep-sea diver is murdered by one of his co-workers. **7.00** *React:* 15/24. Sarah Porter, the Secretary of the Navy, learns her daughter has been kidnapped. **8.00** *Loose Cannons:* 16/24. Gibbs' surgeon Dr Cyril Taft helps the team investigate a raid on a naval base. **9.00** *After Hours:* 17/24. A seemingly simple case continues to haunt the agents after it has been closed. (S13)
10.00 **Law & Order: Special Victims Unit** (S18)
1.55 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.05 **Rich Kids Go Skint**
8.55 **Room to Improve**
10.00 **Bargain Loving Brits by the Sea**
11.00 **Filthy Britain SOS**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **Britain's Parking Hell**
8.00 **Shoplifters & Scammers: At War with the Law**
9.00 FILM **Pearl Harbor** World War Two romantic drama with Ben Affleck and Josh Hartnett. (2001, 12, 183min) ★
12.35 AM FILM **Erin Brockovich** Fact-based legal drama starring Julia Roberts. (2000, 15, 133min) ★★★★
3.10 **Neighbours**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228 186 141

W

132 827 125 211 25 156

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **Tipping Point: Lucky Stars** With Kym Marsh.
11.00 **The Three Day Nanny**
12.00 NOON **Inside the Ambulance** Double bill.
2.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
8.00 **The Shift: Women on the Force** Chief Inspector Fiona Willey hunts for drug dealers.
9.00 **Inside the Ambulance** The West Midlands crews treat a pensioner whose heart rate is erratic.
10.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
12.00 M'T **999 Rescue Squad** A Lamborghini supercar bursts into flames, leaving two passengers injured.
1.00 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.00 AM **Birds of a Feather**
7.45 **Bergerac**
8.40 **The Bill**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Birds of a Feather**
6.00 **Just Good Friends**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Alchemist's Secret.*
9.00 **Sister Boniface Mysteries** Series finale *Crimes and Miss Demeanours:* 10/10. A beauty pageant contestant meets an untimely end. (S1)
10.00 **New Tricks**
11.10 **Silent Witness**
1.30 AM **Dalziel & Pascoe**
3.15 **to 4.00** AM **Just Good Friends**

+1 hour 243 226 60

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

CBS Drama

147 197 68 134

9.00 AM **Perry Mason** (S7)
11.00 **Matlock** 19/19. (S7)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** (S3)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Four Dreams – Part One:* 1/22. Scanlon investigates a shooting, and one of Allison's old flames turns up out of the blue – not realising he is dead. (S3)
10.00 **Unsolved Mysteries** A former runaway wants to thank the helpful truck driver who persuaded her to return home. **11.00** The case of a man who was nearly killed by his wife with a poisoned milkshake.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **The Jury Room**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S4)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 9&10/27. (S4)
3.00 **CSI: Miami** 1/24. (S3)
4.00 **NCIS** 23/24. (S12)
5.00 **The Fugitive** (S4)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** *Lucky:* 11/27. Two property developers are wanted for murder. **8.00** *The Deadliest Man Alive:* 12/27. A notorious killer is reported to have been seen in Texas. (S4)
9.00 **CSI: Miami** *Lost Son:* 1/24. A yacht crashes into a bridge. (S3)
10.00 **NCIS** 23/24. (S12)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 11&12/27. (S4)
2.55 **JAG** 17/24. (S4)
3.50 **Donal MacIntyre: Unsolved** Cold cases.
4.35 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Double bill.
6.00 **Pointless** Quiz show.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman present a star-studded version of the general knowledge quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **I Am Cait**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Wags** Reality series.
12.00 NOON **News: Daily Pop**
1.00 PM **Keeping Up with the Kardashians**
7.00 **Botched** A woman seeks help to remedy her facial features. **8.00** A gambler with a serious case of man boobs seeks help.
9.00 **Keeping Up with the Kardashians** Kim is affected by fame. **9.30** Rob falls in love with a pop star.
10.00 **Nightly Pop**
10.30 **Welcome Home Nikki Glaser?** Nikki begins a journey of self-discovery.
11.00 **Wags: LA**
12.00 M'T **Dr 90210**
1.00 AM **I Am Cait**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Giuliana and Bill**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **First Ladies**
7.00 **Discovering**
8.00 **The Directors**
9.00 **Hollywood Couples**
10.00 **Exterminate All the Brutes**
11.10 **The Sixties**
12.00 NOON **Althea**
1.40 PM **My Icon**
2.00 **FILM Next Goal Wins** Documentary. (2014, 15, 95min) ★★★★
4.00 **Discovering**
5.00 **The Directors**
6.00 **Hollywood Couples**
7.00 **Exterminate All the Brutes**
8.10 **The Sixties**
9.00 **FILM Cobain: Montage of Heck** Brett Morgen explores the Nirvana frontman's life. (2015, 15, 132min) ★★★★
11.30 **Super Greed: The Fight for Football**
1.30 AM **I Am Richard Pryor**
3.15 **Stockton on My Mind**
5.00 **to 6.00** AM **The Sixties**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Battle of the Alphas**
7.00 **Monkey Life**
8.00 **Wild Crusades: The Monkey Diaries**
9.00 **Africa's Hunters**
10.00 **Valley of Flood and Fire**
11.00 **Great Blue Wild**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wild Crusades: The...**
3.00 **Africa's Hunters**
4.00 **Valley of Flood and Fire**
5.00 **Great Blue Wild**
6.00 **Mysteries of the...**
7.00 **Monkey Life**
8.00 **Zambia Untamed** Luangwa Valley.
9.00 **Caught in Motion**
10.00 **Great Blue Wild**
11.00 **Mysteries of the...**
12.00 M'T **Age of the Big Cats**
1.00 AM **Life's Journey**
2.00 **Zambia Untamed**
3.00 **Caught in Motion**
4.00 **Wild Crusades: The...**
5.00 **to 6.00** AM **Africa's Hunters**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** From London.
8.00 **Fantasy Homes by the Sea** From Dorset.
9.00 **Yorkshire Auction House**
10.00 **Escape to the Country**
12.00 NOON **Lottery Dream Home International**
1.00 PM **Good Bones**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **Yorkshire Auction House**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Lottery Dream Home**
10.00 **Jimmy Doherty's Dream Builds on Wheels**
11.00 **Good Bones**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Sarah Beeny's Renovate Don't Relocate**
3.00 **to 4.00** AM **60 Minute Makeover**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Weekend Getaways**
9.00 **Foolproof Cooking**
10.00 **Rick Stein's Taste of Italian Opera**
11.00 **Ainsley's Mediterranean Cookbook** From Jordan.
12.00 NOON **Bake Off...**
1.00 PM **Quick & Easy Food**
2.00 **James Martin's Champagne**
3.00 **Tom Kerridge's American Feast**
4.00 **Rick Stein's Taste of...**
5.00 **Barefoot Contessa**
6.00 **Diners, Drive-Ins and Dives** New editions
7.00 **Bake Off: Professionals**
8.00 **Best Baker in America** New edition
9.00 **Friday Night Feast**
10.00 **Home Comforts**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Alaska: Homestead Rescue** Reality series.
12.00 NOON **Pit Bulls & Parolees** Documentary.
1.00 PM **The Zoo**
2.00 **Cake Boss**
3.00 **Restaurant: Impossible**
4.00 **I Got Lucky: Survival Stories**
5.00 **Alaskan Bush People**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Bad Chad Customs**
10.00 **Garage Rehab**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Born Survivor**
3.50 **Tanked**
4.40 **to 6.00** AM **Highlights**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Traffic Cops**
11.00 **Trucking Hell**
12.00 NOON **FILM Journey to Shiloh** Western. (1967, PG, 101min) ★★
2.05 PM **FILM Death of a Gunfighter** Western. (1969, PG, 100min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
7.00 **Police Interceptors** Dan Brigginshaw tracks down a driver who has given him the slip. **8.00** The dog unit embark on a hunt for an armed man.
9.00 **Traffic Cops**
10.00 **Police: Night Shift 999**
11.00 **Police: Suspect No 1**
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **Fights, Camera, Action!** Workplace fights.
2.00 **Idiot TV**
3.00 **Airport Security: Peru**
3.45 **Flights from Hell**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **UK Border Force**
8.00 **Stop, Search, Seize**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **Send in the Dogs**
1.00 PM **Snapped**
2.00 **Britain's Most Evil Killers**
3.00 **World's Most Evil Killers**
4.00 **How I Caught the Killer**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Charmed to Death**
10.00 **Snapped** New edition
11.00 **Britain's Most Evil Killers**
12.00 M'T **Twisted Killers**
1.00 AM **The Murder of Sarah Scazzi**
2.10 **Snapped**
3.05 **Forensics: Catching...**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A Colorado hunter is shot and killed. **7.30** Arson fires in California in 1984.
8.00 **48 Hours** A look at the disappearance of Mary Day in 1981.
9.00 **Snapped: Killer Couples** A double murder and kidnapping springs police into action.
10.00 **Ice Cold Killers** After a house fire, firefighters find the bodies of a woman and two children.
11.00 **Voice of a Serial Killer**
12.00 M'T **Donal MacIntyre's Murder Files**
1.00 AM **Snapped: Killer Couples**
2.00 **Ice Cold Killers**
3.00 **48 Hours**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **The Jury Room**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Margate.
7.00 **Teleshopping**
8.00 **DIY SOS: The Big Build**
9.00 **Homes Under the Hammer** From Kent.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A vintage bike.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Philadelphia**
4.00 **Lone Star Law**
5.00 **Countryside 999**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip** Double bill of editions.
9.00 **Haunting in the Heartland** Series finale A village in Malvern, Iowa.
10.00 **NEW SERIES Death Walker with Nick Groff** A visit to the Sallie House in Atchison, Kansas.
11.00 **Ghost Adventures**
1.00 AM **Destination Fear**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Philadelphia**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.55 **Alien Files: Unsealed**
8.55 **Ancient Aliens**
10.50 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Auction Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Britain's Most Historic Towns** Alice Roberts tells the story of Viking England by studying the history of York.
10.00 **Secrets of Great British Castles**
11.00 **Curse of the Lost Amazon Gold**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Wicked Tuna**
2.00 **Highway Thru Hell**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **Uncharted Mysteries**
5.00 **to 6.00** AM **Paranatural**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **sMothered**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Home Town**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **sMothered**
6.00 **Love After Lock Up**
7.00 **Say Yes to the Dress: Poland** New edition
8.00 **Say Yes to the Dress: Dubai** New edition
8.30 **Say Yes to the Dress: India** New edition
9.00 **Bride & Prejudice: The Forbidden Weddings** New edition
10.30 **Say Yes... Atlanta**
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes... Dubai**
12.30 AM **Say Yes... India**
1.00 **Bride & Prejudice...**
2.30 **to 6.00** AM **Highlights**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.05 **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **Eggheads**
6.30 **Around the World by Train with Tony Robinson** The actor goes on rail journeys around the globe.
7.00 **Paul Daniels: My Life in Magic** Revisiting the highlights of the TV magician's career.
8.30 **The Unforgettable Cilla Black** The story of the singer and entertainer.
10.00 **Forged in Fire**
11.55 **Secrets of the SAS: In Their Own Words**
1.55 AM **Digging Up Britain's Past**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **American Pickers**
8.00 **Posh Pawn**
9.00 **Salvage Dawgs**
10.00 **Chasing Classic Cars**
11.00 **Fifth Gear**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **Posh Pawn**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Cycling: Giro d'Italia**
8.00 **Salvage Hunters**
9.00 **Blowing Up History: Seven Wonders**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Massive Engineering Mistakes**
2.00 **Goblin Works Garage**
3.00 **Fifth Gear**
4.00 **Supertruckers**
5.00 **to 6.00** AM **How It's...**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Bridesmaids**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
10.00 **Animal Cops Phoenix**
11.00 **Forensic Detectives**
1.00 PM **Faking It: Tears of a Crime**
2.00 **Disappeared**
3.00 **Who the (Bleep) Did I Marry?**
4.00 **Curvy Brides Boutique**
5.00 **Say Yes... The Big Day**
6.00 **Say Yes to the Dress**
7.00 **Long Lost Family US**
8.00 **Dr Pimple Popper**
9.00 **Love, Honor, Betray** New edition
10.00 **Caught in the Net** New edition
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
4.00 **Animal Cops San Fran**
5.00 **to 6.00** AM **Guardians of Rescue**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers: Dream Car** A Caterham sports car.
7.00 **Treehouse Masters**
8.00 **Building Off the Grid**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Outback Truckers**
1.00 PM **Deadliest Catch**
3.00 **How It's Made: Dream Cars**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Chasing Classic Cars** A 1960 Chevy pickup truck.

9.00 Expedition Bigfoot

7.00 **Supertruckers** A squad of truckers transport a vintage RAF fighter aircraft 10km across the Cotswolds countryside.
8.00 **Hoffman Family Gold** Series following miner Todd Hoffman as he tries to turn around a distressed mine in Alaska.
9.00 **Expedition Bigfoot** New edition The team make a shocking sighting, only to see the lead slip through their fingers.
10.00 **Aliens in Alaska** A picturesque rainbow camouflages an extra-terrestrial teleportation device.
11.00 **Railroad Alaska**
12.00 M'T **Expedition Bigfoot**
1.00 AM **Moonshiners**
3.00 **Gold Rush: Freddy Dodge's Mine Rescue** New edition
4.00 **Aliens In Alaska**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **Animal Cribs**
9.00 **Dodo Heroes**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Animal Cribs**
1.00 PM **Dodo Heroes**
2.00 **From Wags to Riches**
3.00 **Pit Bulls & Parolees: Tia's Tales** Tia's daughter Mariah talks about her first solo rescue and losing her dog, Sloth.
4.00 **Dogs 101: Specials**
5.00 **Alaska: Homestead Rescue**
6.00 **Animal Cribs**

10.00 Alaskan Bush People

7.00 **Crikey! It's the Irwins** Robert relocates the zoo's most aggressive crocodile, and Terri helps a koala find love.
8.00 **I'm Alive** The stories of a family that were attacked by a swarm of killer bees, and a man bitten by a bull shark in the Bahamas.
9.00 **I Was Prey** During a canoe safari trip in Zimbabwe, a husband and wife are attacked by an angry hippopotamus.
10.00 **Alaskan Bush People** Alaskan survivor family the Browns discuss the difficulties of maintaining their remote lifestyle
11.00 **Project Grizzly** Jeff Watson teaches his grizzlies to forage. **12.00** M'T Jeff tries to teach grizzlies Bob and Screech to hunt game in the wild.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101: Specials**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Drain the Oceans**
9.00 **Air Crash Investigation**
10.00 **Nazi Megastructures**
11.00 **Wicked Tuna**
12.00 NOON **Car S.O.S.**
1.00 PM **Ultimate Airport Dubai**
2.00 **Air Crash Investigation**
4.00 **Airport Security: Brazil** Two traffickers are caught with drugs branded in the same way.
5.00 **Ice Road Rescue** Bjorn responds to a tragedy.
6.00 **Car S.O.S.** Tim and Fuzz take on possibly their most obscure car to date.

10.00 Ice Road Rescue

7.00 **Air Crash Investigation** Reconstruction of a German airbus that crashed into the Mediterranean in 2008.
8.00 **Airport Security: Rome** At Fiumicino Airport, Border Police stop a father and son travelling with fake passports.
9.00 **Car S.O.S.** Tim and Fuzz are taking on their 100th car, which is their first electric conversion – an inherited 1978 MG.
10.00 **Ice Road Rescue** Thord puts his life on the line when he crawls under an unstable 20-ton bread truck stuck on the rocks.
11.00 **Air Crash Investigation** How pilots may have been distracted in a 1972 crash in Miami.
12.00 M'T **Drugs Inc**
1.00 AM **To Catch a Smuggler**
2.00 **Air Crash Investigation: Special Report**
3.00 **Seconds from Disaster**
4.00 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Mountain Men**
9.00 **American Pickers**
10.00 **Counting Cars**
11.00 **Ultimate WWII Weapons**
12.00 NOON **Forged in Fire**
1.00 PM **Secrets in the Ice**
2.00 **American Pickers**
3.00 **Mountain Men** Josh battles a blizzard and an onslaught of predators to protect his bison. **4.30** Josh witnesses a bison give birth, while Kidd and Harry transport a mule.
6.00 **Pawn Stars** Items include a classic Nintendo video game.

10.00 Mauthausen

7.00 **Forged in Fire** Four smiths are given the option to tackle a difficult first round challenge for an easier second one.
8.00 **The Liquidator** Jeff purchases a load of bongs. **8.30** Jeff buys the contents of a restaurant, but it's in bad condition.
9.00 **Hitler's Secret Sex Life** The myriad of rumours, theories and disputed accounts of Adolf Hitler's sexual psychology.
10.00 **Mauthausen: Camp of No Return** The Mauthausen concentration camp, established on Hitler's orders in 1938.
11.15 **When Big Things Go Wrong** A DC-10 airliner explosion.
12.15 AM **Ross Kemp: Shipwreck Treasure Hunter**
1.15 **The Liquidator**
2.15 **Forged in Fire**
3.10 **When Big Things Go Wrong**
4.05 **Secrets in the Ice**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Impossible Engineering**
8.00 **The World at War**
9.00 **Nazi Hunters**
10.00 **Abandoned Engineering**
12.00 NOON **The Architecture the Railways Built**
1.00 PM **Great British Railway Journeys** Double bill.
2.00 **Abandoned Engineering**
4.00 **The World at War**
5.00 **Nazi Hunters** The story of Hitler's former deputy Hermann Goering.
6.00 **Antiques Roadshow** From Cromer Pier in Norfolk.

10.00 Bangers and Cash

7 PM
7.00 **Bangers and Cash** A 1970 Excalibur Roadstar, once owned by Roy Orbison, arrives in Thornton-le-Dale.

8 PM
8.00 **The Architecture the Railways Built** Tim Dunn rides up Snowdon's railway to visit the summit station.

9 PM
9.00 **Secrets of the London Underground** The hidden world of the Waterloo and City, the only line that is entirely underground.

10 PM
10.00 **Bangers and Cash** Derek auctions off a Jensen Interceptor and a one-off Wood & Pickett Triumph Dolomite Sprint.
11.00 **Abandoned Engineering** Claustrophobic prison cells that contain a story worthy of international acclaim, and a vast mountainside complex.
12.00 M'T **The Architecture the Railways Built**
1.00 **to 3.00** AM **Impossible Engineering**

+1 hour 255 200 75

Disc. History

177 257

6.00 AM **Expedition Unknown**
7.00 **Secrets Underground**
8.00 **World War II: Witness...**
9.00 **NASA's Unexplained...**
10.00 **Unexplained and Unexplored**
11.00 **Secrets Underground**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Secrets of the Arsenal**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Sinister relics.
5.00 **World War II: Witness...**
6.00 **NASA's Unexplained Files** Toxic clouds.
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **World War II: Witness to War**
10.00 **Truth Behind the Moon Landing**
11.00 **Ancient Unexplained Files** A cave wall.
12.00 M'T **Combat Dealers**
2.00 AM **Truth Behind the...**
3.00 **to 6.00** AM **Highlights**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Big Animal Surgery**
10.00 **Life on Earth**
11.00 **Africa's Lion Kings: Natural World**
12.00 NOON **Attenborough's Wonder of Eggs**
1.00 PM **Life in the...**
2.00 **Big Animal Surgery**
3.00 **Fascinating New Zealand**
4.00 **Wonders of the...**
5.00 **Africa's Lion Kings...**
6.00 **Life in the Undergrowth**
7.00 **Life on Earth**
8.00 **Big Animal Surgery**
9.00 **Wonders of the Monsoon**
10.00 **Life in the Undergrowth**
11.00 **Africa's Lion Kings...**
12.00 M'T **Life on Earth**
1.00 AM **Big Animal Surgery**
2.00 **Wonders of the...**
3.00 **Life in the Great Wetlands**
3.50 **Life on Earth**
4.40 **Bahama Blue**
5.30 **to 6.00** AM **Collar of...**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Born in Africa: The Circle of Life**
9.00 **Animal Fight Club**
10.00 **Monster Fish**
11.00 **Wild X Files**
12.00 NOON **Snakes in the...**
1.00 PM **Operation Sharklift**
2.00 **What The Shark?**
3.00 **Orca vs Great White**
4.00 **Secrets of the Zoo**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Africa's Deadliest**
8.00 **Savage Kingdom: Uprising** The dry season has a devastating impact.
9.00 **Africa's Deadliest**
10.00 **Africa's Deadly Kingdoms** A look at the wildlife of South Africa's West Coast.
11.00 **Snakes in the City**
12.00 M'T **Alaska Fish Wars: Season on the Edge**
1.00 AM **Monster Fish**
2.00 **Operation Sharklift**
3.00 **What The Shark?**
4.00 **to 5.00** AM **Orca vs Great White**

Sky History 2

163 163 840 272

8.00 AM **Walking Through History** Jurassic coast.
9.00 **Secret History of Comics**
10.00 **The Colour of War**
11.00 **World War II: The Price of Empire**
12.00 NOON **Ancient Aliens**
3.00 PM **Weeks of War**
4.00 **The Colour of War**
5.00 **World War II: The Price of Empire**
6.00 **Where Did It Come From?** Ancient Egypt.
7.00 **Walking Through History** Derwent Valley.
8.00 **Conspiracy**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Al Murray: Why Do the Brits Win Every War?**
11.00 **Ancient Aliens**
1.00 AM **Walking Through History** Derwent Valley.
2.00 **Curse of Skinwalker...**
3.00 **Al Murray: Why Do...**
4.00 **World War II: The...**
5.00 **to 6.00** AM **Where Did It Come From?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **Mutant Weather**
9.30 **Desert War**
10.35 **The History of the Red Army** As 8.35pm.
11.55 **Shots Fired**
1.00 PM **Plane Crash Recreated**
2.00 **Mutant Weather**
3.00 **Desert War**
4.10 **The History of the Red Army** As 8.35pm.
5.20 **Shots Fired**
6.35 **Mutant Weather**
7.35 **Desert War**
8.35 **The History of the Red Army** Series finale 2/2. How Khrushchev rehabilitated the army for the Cold War.
9.50 NEW **Shots Fired** A look at a decade of police shootings in Utah.
11.00 **Mutant Weather**
12.00 M'T **Desert War**
1.05 **to 2.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Killer in Plain Sight**
11.00 **On the Case with...**
12.00 NOON **Buried in the House**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain**
5.00 **Murdertown**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **On the Case with Paula Zahn**
9.00 **Court Cam** New editions
10.00 **Police Patrol**
11.00 **Homicide Hunter**
12.00 M'T **Green Eyed Killers**
1.00 AM **Crimes That Shook Britain**
2.00 **Court Cam**
3.00 **Unusual Suspects**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Cinema Premiere

301 301 848 401 501 515

6.20 AM **False Positive** Horror. (2021, 15, 92min) ★★
8.10 **PAW Patrol: The Movie**
9.50 **PREMIERE Ghostbusters: Afterlife** As 8.00pm.
12.05 PM **The Last Letter from Your Lover** Romantic drama. (2021, 12, 110min) ★★★
2.20 **Deadlock** As 10.10pm.
4.10 **PAW Patrol: The Movie** Animation. (2021, U) ★★★
5.50 **Here Today** Comedy drama. (2021, 12, 93min) ★★

8.00 Ghostbusters: Afterlife

8 PM

8.00 **PREMIERE Ghostbusters: Afterlife** Supernatural comedy starring Paul Rudd. A single mother and her kids discover their connection to the original *Ghostbusters* and the legacy their grandfather left behind. (2021, 12, 124min) ★★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.10 **Deadlock** Action thriller starring Bruce Willis. An ex-military man working at a power plant has to prevent disaster when a group of rogue soldiers gain control of the facility. (2021, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.05 AM **Here Today** As 5.50pm.
2.15 **Paul Dood's Deadly Lunch Break** Comedy thriller starring Tom Meeten and Katherine Parkinson. (2021, 15, 95min)
4.05 **to 6.20** AM **The Last Letter from Your Lover** As 12.05pm.

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.35 AM **Let Him Go** As 2.55am.
8.30 **Minari** As shown at 4.50am.
10.25 **Madea's Family Reunion**
12.15 PM **The Other Guys** Comedy. (2010, 12, 107min) ★★★★
2.05 **Stealth** Action thriller. (2005, 12, 121min) ★★
4.10 **Anger Management** Comedy. (2003, 15, 105min) ★★★★
6.00 **Terminator Salvation** Sci-fi thriller sequel with Christian Bale and Sam Worthington. (2009, 12, 110min) ★★★

6.00 Terminator Salvation

8.00 **Zombieland** Horror comedy starring Woody Harrelson. In a US overrun with zombies, a timid survivor joins forces with a tough zombie-killer. (2009, 15, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Conjuring: The Devil Made Me Do It** Horror thriller sequel starring Patrick Wilson and Vera Farmiga. (2021, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Final Destination** Horror thriller starring Devon Sawa, Ali Larter and Kerr Smith. (2000, 15, 97min) ★★★★
1.05 AM **Madea's Family Reunion** Comedy starring Tyler Perry. (2006, 12, 107min) ★★★
2.55 **Let Him Go** Crime drama starring Kevin Costner. (2020, 15, 113min) ★★★
4.50 **to 6.45** AM **Minari** Romantic drama starring Steven Yeun. (2020, 12, 115min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.00 AM **Scooby-Doo** As 1.55pm.
7.30 **Scooby-Doo 2: Monsters...**
9.15 **Daphne & Velma** As 10.45pm.
10.35 **Nancy Drew and the Hidden Staircase** (2019, PG) ★★★
12.10 PM **Casper** As 9.00pm.
1.55 **Scooby-Doo** (2002, PG) ★★★
3.25 **Scooby-Doo 2: Monsters Unleashed** (2004, PG) ★★★
5.00 **Goosebumps** (2015, PG) ★★★
6.45 **The Mortal Instruments: City of Bones** Fantasy. (2013, 12, 127min) ★★★

9.00 Casper

The Mortal Instruments: City of Bones (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Casper** Fantasy comedy starring Christina Ricci and Bill Pullman about a young girl's friendship with a ghost. (1995, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Daphne & Velma** Crime comedy starring Sarah Jeffery and Sarah Gilman. (2018, PG, 72min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Molly Moon and the Incredible Book of Hypnotism** Fantasy adventure. (2015, U, 98min) ★★
2.05 **Max Winslow and the House of Secrets** Sci-fi thriller. (2019, 12, 98min) ★
4.00 **to 6.00** AM **Proximity** Sci-fi drama. (2020, PG, 119min) ★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Final Score** As 1.45am.
8.00 **Born a Champion** Drama. (2020, 15, 112min) ★★
10.00 **Run Hide Fight** Crime drama. (2020, 15, 109min) ★
12.00 NOON **Skyfire** As 3.40am.
1.50 PM **Final Score** As 1.45am.
3.50 **Dead Man Down** Thriller. (2013, 15, 115min) ★★★
5.50 **Batman Forever** Comic-book adventure sequel starring Val Kilmer and Tommy Lee Jones. (1995, 12, 121min) ★★★

10.00 Nobody

8.00 **The Bourne Identity** Spy thriller based on the novel by Robert Ludlum, starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

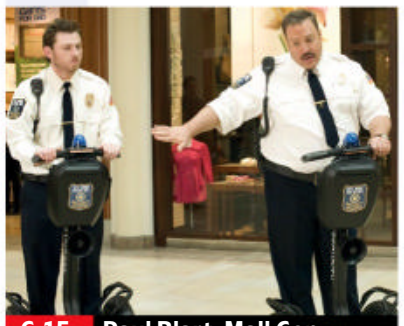
10.00 **Nobody** Crime drama starring Bob Odenkirk and Connie Nielsen. (2021, 15, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Punisher** Thriller starring Tom Jane and John Travolta. (2004, 18, 123min) ★
1.45 AM **Final Score** Action drama starring Dave Bautista, Pierce Brosnan and Ray Stevenson. (2018, 15, 104min) ★★★
3.40 **Skyfire** Thriller starring Jason Isaacs, Alice Rietveld and Xueqi Wang. Partly subtitled. (2019, 12, 97min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **Come As You Are**
8.55 **Bad Therapy** As 5.00am.
10.45 **Safe Spaces** As 1.30am.
12.30 PM **Norbit** Comedy. (2007, 12, 101min) ★★
2.25 **Ride Along** Police comedy. (2014, 12, 97min) ★★
4.15 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
6.15 **Paul Blart: Mall Cop** Crime comedy starring Kevin James. (2009, PG, 91min) ★


6.15 Paul Blart: Mall Cop

8.00 **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. A couple try to spice up their marriage by filming themselves having sex. With Rob Lowe. (2014, 15, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **This Is the End** End-of-the-world comedy starring James Franco, Jonah Hill and Seth Rogen. (2013, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Pineapple Express** Comedy thriller starring Seth Rogen, James Franco and Gary Cole. (2008, 18, 111min) ★★★★
1.30 AM **Safe Spaces** Comedy drama starring Justin Long. (2019, 15, 93min) ★★
3.10 **Come As You Are** Comedy drama with Grant Rosenmeyer. (2019, 15, 106min) ★★★
5.00 **to 6.45** AM **Bad Therapy** Comedy drama starring Rob Corddry. (2020, 15, 97min) ★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.20 AM **Oliver!** Musical starring Mark Lester. (1968, U) ★★★★★
8.45 **2001: A Space Odyssey** Stanley Kubrick's sci-fi epic. (1968, U, 136min) ★★★★★
11.15 **Mandela: Long Walk to...**
1.45 PM **On the Waterfront** Classic Oscar-winning drama. (1954, b/w, PG, 108min) ★★★★★
3.35 **The Big Heat** Gangster thriller. (1953, b/w, 15, 90min) ★★★★

5.10 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic. (1990, 15, 162min) ★★★
8.00 **Chinatown** Thriller starring Jack Nicholson. A private investigator takes a routine matrimonial case and stumbles into a web of deceit and murder. (1974, 15, 131min) ★★★★★
10.15 **The Fugitive** Action thriller starring Harrison Ford, Tommy Lee Jones and Sela Ward. (1993, 15, 128min) ★★★★★

12.30 AM **The Fog** Supernatural chiller starring Adrienne Barbeau. (1979, 15, 90min) ★★★
2.05 **Mandela: Long Walk to Freedom** Biopic starring Idris Elba. (2013, 12, 147min) ★★★
4.40 **to 6.30** AM **On the Waterfront** As 1.45pm.

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Lego Scooby-Doo!: Haunted Hollywood** Animated adventure. (2016, U, 75min) ★★
7.20 **Scoob!** As shown at 10.00pm.
9.00 **Monster House** As 4.15am.
10.35 **Igor** As shown at 8.30pm.
12.05 PM **Scooby-Doo! and the Curse of the 13th Ghost** Animation. (2019, U, 72min) ★★
1.30 **Monster Family** Animated comedy. (2017, PG, 96min) ★★

3.15 **Monster Family 2** Animated comedy. (2021, U, 90min) ★
5.00 **Hotel Transylvania 3: Summer Vacation** Animated sequel. (2018, U, 97min) ★★
6.45 **Coraline** Animated fantasy. (2009, PG, 96min) ★★★★
8.30 **Igor** Animated adventure. (2008, PG, 86min) ★★★
10.00 **Scoob!** Animated comedy. (2020, PG, 93min) ★★★
11.45 **Scooby-Doo! Return to Zombie Island** Animation. (2019, U, 70min) ★★

1.15 AM **Scooby-Doo! & Batman: The Brave and the Bold** Animation. (2018, PG) ★★
2.45 **Scooby-Doo! and the Gourmet Ghost** Animated comedy. (2018, U, 77min) ★★
4.15 **to 6.00** AM **Monster House** Animation. (2006, PG) ★★★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
6.35 **Off Set** With Jamie Cullum.
6.45 **Maverick** 10&11/26. (S2)
8.55 **Guns for San Sebastian** Western. (1967, PG, 110min) ★★
11.15 **Maverick** 12&14/26. (S2)
1.30 PM **A Thunder of Drums** Western. (1961, PG) ★★★
3.35 **Sherlock Holmes and the Voice of Terror** Mystery. (1942, b/w, U, 65min) ★★

5.05 **Sherlock Holmes in Washington** Mystery thriller. (1943, b/w, U, 71min) ★★
6.35 **Operation Daybreak** War drama with Timothy Bottoms. (1975, 15, 104min) ★★★
9.00 **Swordfish** Thriller with John Travolta and Hugh Jackman. The leader of a counter-terrorism unit recruits a computer hacker to crack a $10billion code. (2001, 15, 99min) ★★★
11.10 **Zero Dark Thirty** Fact-based drama. (2012, 15) ★★★★★

2.20 AM **Meet Me in St Louis** Musical. (1944, U, 113min) ★★★★
4.15 **Off Set** With Ben Miller.
4.30 **Close Up** Cate Blanchett.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Uncle Silas** Period thriller. (1947, b/w, PG, 103min) ★★★
8.05 **Three Hats for Lisa** Musical comedy. (1965, U, 95min) ★★
10.10 **Breaking the Codes**
10.45 **Bond of Fear** (1956, b/w, PG) ★
12.05 PM **The Yellow Balloon** Drama. (1953, b/w, PG, 78min) ★★
1.45 **Look at Life**
2.00 **Blue, White and Perfect** Mystery. (1942, b/w, PG) ★★

3.35 **The Anniversary** Black comedy. (1968, 15, 94min) ★★★
5.25 **The Honey Pot** Black comedy. (1966, PG, 150min) ★★★
8.00 **The Outer Limits** (S1)
9.00 **Cellar Club with Caroline Munro**
9.05 **The Haunted Palace** Chiller starring Vincent Price and Debra Paget. (1963, 18, 85min) ★★★
10.50 **Cellar Club with Caroline Munro**
10.55 **Dark Tower** Horror starring Michael Moriarty and Jenny Agutter. (1989, 18, 91min) ★★
12.45 AM **Cellar Club with Caroline...**

12.50 **Times Square** Drama with Tim Curry. (1980, 15, 111min) ★★
3.05 **Cellar Club with Caroline Munro**
3.10 **Captain Kronos: Vampire Hunter** Fantasy. (1974, 15) ★★
4.55 **Fools Rush In** Crime thriller. (1955, b/w, PG, 69min) ★★
5.50 **to 6.00** AM **Glimpses**

Horror

317 149 69 138

8.00 AM **First Wave** 6/22. (S3)
9.00 **Extant** 2/13. (S2)
10.00 **Farscape** 7/22. (S2)
11.00 **Category 7: The End of the World** 1&2/4. Drama starring Shannen Doherty. (S1)
2.35 PM **Tales from the Darkside**
3.00 **The 4400** 1/13. (S4)
4.00 **Reign of the Gargoyles** Monster movie. (2007, 12, 88min) ★★
6.00 **Farscape** 8/22. (S2)

7.00 **Extant** *Empathy for the Devil:* 3/13. Molly finally learns the truth about her son. (S2)
8.00 **Star Trek** *Balance of Terror:* 15/30. The mysterious Romulans mount a surprise attack. (S1)
9.00 **Lake Placid: The Final Chapter** Creature-feature horror sequel starring Elisabeth Röhm, Yancy Butler and Paul Nicholls. Crocodiles feast on a busload of high-school students who have strayed into their sanctuary. (2012, 15, 86min) ★★

10.50 **She Never Died** Thriller. (2019, 15, 89min) ★★★
12.35 AM **Spring** Horror thriller. (2014, 15, 109min) ★★
2.40 **to 4.30** AM **Fright Fest** Horror thriller. (2018, 15, 90min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **The Spy** As 4.45am.
8.20 **The Big Ugly** As 1.10am.
10.20 **No Sudden Move** As 6pm.
12.20 PM **The Kid Detective** As 3am.
2.10 **Focus** Crime comedy starring Will Smith and Margot Robbie. (2015, 15, 105min) ★★★
4.00 **Revolver** Guy Ritchie's crime thriller starring Jason Statham. (2005, 15, 115min) ★
6.00 **No Sudden Move** Crime drama starring Don Cheadle. (2021, 15, 115min) ★★★★

10.30 American Gangster

8.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 149min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **American Gangster** Ridley Scott's real-life crime drama starring Denzel Washington, Russell Crowe and Chiwetel Ejiofor. (2007, 18, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **The Big Ugly** Drama. (2020, 15, 106min) ★★
3.00 **The Kid Detective** Comedy drama starring Adam Brody. (2020, 15, 100min) ★★★★
4.45 **to 6.40** AM **The Spy** Drama. (2019, 12, 105min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **Then Came You** Comedy. (2019, 12, 97min) ★★★
7.55 **Astronaut** Canadian drama. (2018, PG, 97min) ★★
9.40 **The Water Diviner** Drama. (2014, 15, 111min) ★★★
11.40 **Where'd You Go, Bernadette**
1.40 PM **Save the Cinema** Drama. (2021, 12, 109min) ★★★
3.40 **St Elmo's Fire** Drama. (1985, 15, 108min) ★★★
5.35 **In the Heights** Musical. (2021, PG, 143min) ★★★

5.35 In the Heights

8.00 **Eat Pray Love** Glossy romantic drama based on Elizabeth Gilbert's best-selling memoir, starring Julia Roberts. A frustrated New Yorker sets off on a year-long journey of self-discovery to Rome, India and Bali. With Javier Bardem and Richard Jenkins. (2010, PG, 139min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Where'd You Go, Bernadette** Comedy drama starring Cate Blanchett, Billy Crudup and Kristen Wiig. (2019, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Fanny Lye Deliver'd** Drama starring Maxine Peake. (2019, 18, 112min) ★★★
2.20 **The Secrets We Keep** Thriller starring Noomi Rapace. (2020, 15, 97min) ★★★
4.10 **to 6.15** AM **Burden** Drama starring Garrett Hedlund. (2018, 15, 117min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.45 AM **Becoming** As 1.55pm.
8.30 **The Shed** As 3.10am.
10.10 **Antlers** As shown at 8.00pm.
11.55 **Reminiscence** Sci-fi romance. (2021, 12, 116min) ★★★
1.55 PM **Becoming** Fantasy thriller. (2019, 15, 98min) ★★
3.40 **Knowing** Sci-fi mystery thriller starring Nicolas Cage. (2009, 15, 116min) ★★★★
5.45 **Battleship** Sci-fi action adventure with Taylor Kitsch. (2012, 12, 131min) ★★★

5.45 Battleship

8.00 **Antlers** Horror starring Keri Russell. A teacher and her brother become embroiled with a student whose dark secrets lead to terrifying encounters with an ancestral creature. (2021, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Forever Purge** Horror sequel with Ana de la Reguera. Members of an underground movement decide to take over the United States. (2021, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Hostel** Horror starring Jay Hernandez, Derek Richardson and Eythor Gudjonsson. (2005, 18, 93min) ★★
1.15 AM **Butt Boy** Comedy thriller starring Tyler Rice, Shelby Dash and Tyler Cornack. (2019, 15, 99min) ★★
3.10 **The Shed** Horror starring Jay Jay Warren and Frank Whaley. (2019, 15, 98min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Must See Movies

302 302 856 402 502 516

6.10 AM **Cloverfield** As 4.05pm.
7.40 **Pan's Labyrinth** Horror fantasy. (2006, 15, 120min) ★★★★★
9.40 **Hulk** Sci-fi action fantasy. (2003, 12, 138min) ★★★
12.00 NOON **Batman Begins**
2.25 PM **One Shot** Action thriller. (2021, 15, 96min) ★★
4.05 **Cloverfield** Disaster drama. (2007, 15, 81min) ★★★
5.35 **Fast & Furious 9** Action sequel starring Vin Diesel. (2021, 12, 143min) ★★★

4.05 Cloverfield

8.00 **Kimi** Crime thriller starring Zoë Kravitz. An agoraphobic tech worker discovers evidence of a violent crime while reviewing a data stream. (2022, 15, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

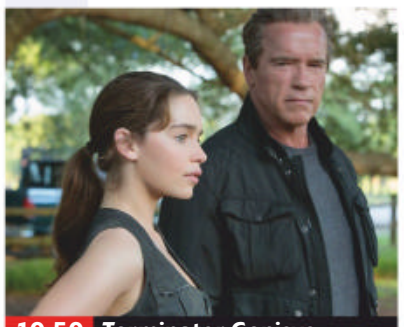
9.45 **Batman Begins** Dark comic-book thriller tracing the origins of Batman, starring Christian Bale and Liam Neeson. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks and thugs of Gotham City. (2005, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Wonder Woman 1984** Superhero action sequel. (2020, 12, 151min) ★★★★
3.05 **The Equalizer 2** Thriller sequel starring Denzel Washington. (2018, 15, 121min) ★★★
5.10 **to 6.10** AM **Sky Cinema Preview**

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Last Blitzkrieg** World War Two drama. (1959, b/w, 12, 84min) ★★
12.45 PM **Hell Is for Heroes!** World War Two drama. (1962, b/w, 12, 90min) ★★★
2.35 **Midnight Lace** Thriller. (1960, PG, 108min) ★★
4.45 **Shenandoah** Western. (1965, PG, 101min) ★★★★
6.55 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★


10.50 Terminator Genisys

8 PM **Evolution** (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Commando** Action thriller starring Arnold Schwarzenegger as a retired commando who returns to combat when his daughter is kidnapped. (1985, 18, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.50** **Terminator Genisys** Sci-fi adventure sequel starring Arnold Schwarzenegger. A time traveller sent on a rescue mission discovers a plot to change history. (2015, 12, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.15** **to 3.25** AM **X-Men Origins: Wolverine** Action fantasy prequel with Hugh Jackman. (2009, 12, 102min) ★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Never a Dull Moment** Comedy. (1950, b/w, U) ★★
7.45 **They Live by Night** Melodrama. (1948, b/w, PG, 96min) ★★★
9.35 **We'll Meet Again** Musical. (1943, b/w, U, 83min) ★★
11.15 **The Reckless Moment** Thriller. (1949, b/w, 12, 79min) ★★★
1.00 PM **Much Too Shy** Comedy starring George Formby. (1942, b/w, U, 92min) ★★
2.55 **The Misfits** Arthur Miller's contemporary Western drama. (1961, b/w, PG, 123min) ★★★★
5.20 **Watch It, Sailor!** Vintage comedy. (1961, U, 81min) ★★
7.05 **The Jigsaw Man** Cold War drama starring Michael Caine. (1983, 15, 91min) ★★
9.00 **The Romantic Englishwoman** Comedy drama starring Glenda Jackson and Michael Caine. (1975, 15, 116min) ★★★
11.25 **The Way We Were** Romantic drama. (1973, PG, 118min) ★★★
1.40 AM **Last of the Badmen** Western. (1967, 95min) ★★
3.30 **Hell Squad** War drama. (1958, b/w, PG, 64min) ★★
4.35 **to 6.00** AM **Machine-Gun Kelly** Crime drama. (1958, b/w, 15) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **The Perfect Stalker** Thriller. (2017, 12, 90min) ★★
11.00 **The Gourmet Detective** Mystery. (2015, PG, 90min) ★★
1.00 PM **Girlfriend Killer** Thriller. (2017, 12, 120min) ★★
3.00 **The Novel Murders: Garage Sale Mystery VI** Whodunit. (2016, PG, 84min) ★★
4.50 **Super Cyclone** Disaster movie. (2012, 12, 90min) ★
6.50 **That Thing You Do!** Comedy drama written and directed by Tom Hanks, starring Tom Everett Scott as the drummer for a local pop band who become one-hit wonders in the summer of 1964. (1996, PG, 107min) ★★★
9.00 **Men of Honor** Biopic starring Cuba Gooding Jr as Carl Brashear, who overcame racism to become the first African-American diver in the US Navy. With Robert De Niro. (2000, 15, 129min) ★★★
11.30 **Lions for Lambs** Political drama. (2007, 15, 91min) ★★★
1.20 AM **The Wedding Guest** Thriller. (2018, 15, 94min) ★★★
3.25 **to 6.00** AM **All the King's Men** Drama. (2005, 12, 128min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Conquest of Cochise** Western. (1953, U, 70min) ★★
7.20 **Cold Zone** Sci-fi action drama. (2016, 12, 85min) ★
9.00 **The Panzer** Documentary.
9.55 **Nautilus** Sci-fi adventure. (2000, PG, 97min) ★★
11.50 **The Deadly Companions** Western. (1961, PG) ★★★
1.45 PM **The Nevadan** Western. (1949, U, 81min) ★★
3.30 **Tank Commandos** War drama. (1959, b/w, PG, 81min) ★★
5.10 **The Deadly Affair** Espionage thriller starring James Mason. (1966, PG, 107min) ★★★
7.15 **Global Meltdown** Thriller with MJ Almasi. (2017, PG, 105min) ★
9.00 **Bullet** Action thriller starring Danny Trejo and Torsten Voges. A cop on the verge of retirement becomes a vigilante when his grandson is kidnapped by the heads of a drug cartel. (2014, 15, 86min) ★★
10.50 **First Kill** Thriller starring Bruce Willis. (2017, 15, 97min) ★★
12.55 AM **Butterfly on a Wheel** Thriller. (2007, 15, 95min) ★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **South Beach Love** As 7pm.
9.00 **All Summer Long** As 9pm.
11.00 **Retreat to Paradise** As 11pm.
1.00 PM **Her Pen Pal** As 1am.
3.00 **My Boyfriends' Dogs** Comedy starring Erika Christensen. (2014, PG, 84min) ★★
5.00 **A Beautiful Place to Die: A Martha's Vineyard Mystery** Drama starring Jesse Metcalfe. (2020, PG, 104min) ★★
7.00 **South Beach Love** Romantic comedy with William Levy and Taylor Cole. Two chefs whose relationship was ended by their career plans are reunited while catering rival quinceañeras. (2021, PG, 83min) ★★
9.00 **All Summer Long** Romantic drama, starring Autumn Reeser and Brennan Elliott. A woman's dream job of captaining a dining cruise sails into stormy waters when she learns the chef is her ex. (2019, PG, 89min) ★★
11.00 **Retreat to Paradise** Romantic drama. (2020, PG, 90min) ★★
1.00 AM **Her Pen Pal** Romantic drama. (2021, PG, 84min) ★★
3.00 **to 5.00** AM **My Boyfriends' Dogs** As shown at 3pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **Pitch Perfect 2** *ITV2* Comedy starring Anna Kendrick and Rebel Wilson. ★★★
9.00 **Rocky V** *ITV4* Boxing drama starring Sylvester Stallone. ★
9.00 **Little Fockers** *E4* Comedy sequel starring Robert De Niro, Ben Stiller, Owen Wilson and Dustin Hoffman. ★★★
9.00 **Pearl Harbor** *5STAR* World War Two romantic drama with Ben Affleck and Josh Hartnett. ★
9.00 **The Naked Gun 33⅓: The Final Insult** *Comedy Central* Spoof comedy sequel. ★★★
9.00 **Cobain: Montage of Heck** *Sky Documentaries* Filmmaker Brett Morgen explores the Nirvana frontman's life. ★★★★
10.00 **Collision Earth** *Syfy* Sci-fi drama starring Eric Roberts. ★★
11.05 **Baywatch** *Channel 4* Action comedy starring Dwayne Johnson and Zac Efron. ★★
11.15 **Run All Night** *ITV* Action thriller starring Liam Neeson. ★★★
11.35 **Before I Go to Sleep** *BBC1, BBC1 Scot (Wales 12.00am, N Ireland 12.05am)* Thriller. ★★★
12.35 AM **Erin Brockovich** *5STAR* Fact-based drama. ★★★★

Friday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
7.30 **Early Kick-Off** The latest news.
8.00 **Good Morning Sports Fans**
9.00 LIVE **NRL Canterbury-Bankstown Bulldogs v Melbourne Knights.** From Suncorp Stadium. Kick-off 9.00am.
11.00 **The Football Show**
12.00 NOON LIVE **DP World Tour Golf** Coverage of the second day of the Soudal Open, taking place at Rinkven International Golf Club in Antwerp, Belgium.
3.00 PM LIVE **Indian Premier League Royal Challengers Bangalore v Punjab Kings.** Coverage of the T20 match from Brabourne Stadium, Mumbai.
7.00 LIVE **EFL** Coverage of a first-leg encounter from the Championship play-Off semi-finals.
10.30 LIVE **PGA Tour Golf** Further coverage of the second day of the AT&T Byron Nelson at the TPC Craig Ranch, in McKinney, Texas.
12.00 M'T **Sky Sports News**
12.30 AM LIVE **NBA Basketball** An NBA play-off match.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Sol Campbell**
7.30 **PL Legends: Robert Pires**
8.00 **PL Greatest Games**
8.15 **Premier League** A re-run of Tottenham Hotspur v Arsenal.
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **Premier League** A re-run of Tottenham Hotspur v Arsenal.
2.45 **PL Legends: Gary Neville**
3.15 **PL Greatest Games**
4.15 **Premier League** A re-run of Tottenham Hotspur v Arsenal.
6.00 **PL Legends: Thierry Henry**
6.30 **Inside the WSL**
7.30 **Premier League Preview**
8.00 **Premier League Matchpack**
8.30 **Inside the WSL**
9.30 **Premier League Preview**
10.00 **Premier League Matchpack**
10.30 **PL Retro** Liverpool v Manchester City from the 2013/14 season.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 10/11**
5.00 **Best PL Goals: Newcastle v Liverpool** The best strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **EFL Greatest Games**
8.15 **SPFL Greatest Games**
9.00 **Football's Greatest Players**
9.30 **Football Countdowns**
10.00 **Football Years**
10.30 **SPFL Greatest Games**
11.00 **EFL Play Off Final** Hull City v Sheffield Wednesday from 2016.
2.00 PM **Championship Season Review 15/16**
3.00 **Retro C'Ship 12** West Ham United v Blackpool from 2011/12.
5.00 **Bundesliga Weekly**
5.30 **Bundesliga Highlights Show**
6.30 **Scottish Premiership Round-Up**
6.45 **SPFL Highlights**
7.00 LIVE **EFL** Coverage of a first leg encounter from the Championship play-off semi-finals.
10.30 **Inside the WSL**
11.30 **Scottish Premiership Round-Up**
11.45 **SPFL Highlights**
12.00 M'T **EFL** Tonight's action.
12.30 AM **SPFL Greatest Games**
5.00 **Best Goals: Carabao Cup 2018/19** Memorable strikes.
5.30 **to 6.00** AM **Best Goals: Carabao Cup 2019/20**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **IPL** Triple bill of editions.
9.00 **2018 Women's Super League Final** Loughborough Lightning v Surrey Stars: Action from the final of the women's T20 competition.
1.00 PM **Best of The 2016 IPL** Highlights of Rising Pune Supergiants v Kings XI Punjab.
1.30 **Best of England v India** Action from the sole T20 in the 2014 series staged at Edgbaston.
1.50 **IPL** Highlights of Chennai Super Kings v Mumbai Indians.
2.50 LIVE **Indian Premier League Royal Challengers Bangalore v Punjab Kings.** Coverage of the T20 encounter from Brabourne Stadium, Mumbai.
7.00 **Best of England v India**
8.00 **IPL** Highlights of Chennai Super Kings v Mumbai Indians.
9.00 **IPL** Highlights of Royal Challengers Bangalore v Punjab Kings.
10.00 **IPL** Highlights of Chennai Super Kings v Mumbai Indians.
11.00 **IPL** As shown at 9.00pm.
12.00 M'T **IPL** Royal Challengers Bangalore v Punjab Kings.
4.10 AM **Best of the 2017 IPL**
4.35 **Best of the 2016 IPL**
5.30 **to 6.00** AM **Best of the 2018 IPL**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **DP World Tour Golf**
7.00 LIVE **Ladies European Tour Golf** Coverage of day two of the Aramco Team Series Bangkok at Thai Country Club in Bangkok.
11.00 **DP World Tour Golf** Highlights of the first day of the Soudal Open.
12.00 NOON LIVE **DP World Tour Golf** Coverage of the second day of the Soudal Open, taking place at Rinkven International Golf Club in Antwerp, Belgium.
5.00 PM LIVE **LPGA Tour Golf** Coverage of day two of the Cognizant Founders Cup from Upper Montclair Country Club in Clifton, New Jersey.
6.30 LIVE **PGA Tour Golf** Coverage of the second day of the AT&T Byron Nelson at the TPC Craig Ranch, in McKinney, Texas.
12.00 M'T **DP World Tour Golf** Highlights of the second day's play of the Soudal Open.
1.00 AM **Ladies European Tour Golf**
2.00 **DP World Tour Golf**
3.00 **PGA Tour Classic**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Ligue 1 Show**
6.30 **Serie A – Full Impact**
7.00 **WWE Raw Highlights**
8.00 **WWE NXT Highlights**
9.00 **ESPN FC** Football news.
9.30 **The Aussie Rules Show**
10.30 LIVE **AFL Collingwood Magpies v Western Bulldogs.**
1.30 PM **Premier League Match Pack**
2.00 **Ligue 1 Show**
2.30 **Fishing: On the Bank**
3.30 **The Football's On**
4.30 **ESPN FC** Football news.
5.00 **Inside Serie A**
5.30 **Premier League Match Pack**
6.00 **Premier League Preview**
6.30 **Scottish Football Extra**
7.00 **MotoGP: ICYMI**
7.15 LIVE **European Rugby Challenge Cup**
10.15 **Rugby Stories**
10.45 **Rugby Walks**
11.45 **MotoGP: ICYMI**
12.00 M'T **WWE SmackDown**
1.00 AM LIVE **WWE SmackDown**
3.00 **Premier League Preview**
3.30 **MotoGP: ICYMI**
3.45 **BT Sport Reload**
4.00 **Scottish Football Extra**
4.30 **to 7.30** AM LIVE **AFL Hawthorn Hawks v Richmond Tigers.**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **The Aussie Rules Show**
7.00 **Premier League World**
7.30 **MotoE Highlights**
8.00 LIVE **MotoGP** Action from FP1 and FP2 on the opening day of the MotoGP Grand Prix of France, taking place at Le Mans.
3.00 PM **BT Sport Reload**
3.15 **MotoE Highlights**
3.45 LIVE **MotoE** Coverage of the MotoE Championship Grand Prix of France qualifying session, taking place at Circuit Bugatti, Le Mans.
4.30 **FIM Enduro World Championship**
5.00 **Irish Rally Review**
6.00 **The Football's On**
7.00 **V8 Supercars Highlights**
9.00 **Scottish Football Extra** A look at key issues and talking points.
9.30 **UEFA Champions League Magazine** News and action.
10.00 **UFC Fight Camp**
10.30 **UFC Live** A look ahead.
11.00 **Premier League Preview**
11.30 **Premier League Match Pack**
12.00 M'T LIVE **MLB** Coverage of a Major League Baseball game.
3.30 AM **Inside Serie A**
4.00 **Ligue 1 Show**
4.30 **to 6.00** AM **Ligue 1 Classics**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM LIVE **Badminton** Coverage of the semi-finals of the BWF Thomas & Uber Cup.
11.30 **Badminton Unlimited**
12.00 NOON LIVE **Badminton** Further coverage of the semi-finals of the BWF Thomas & Uber Cup, taking place at Impact Arena in Bangkok, Thailand.
5.30 PM **Badminton Unlimited** The latest news and information.
6.00 **PSA Squash Highlights**
7.00 **Fishing: On the Bank** Angling magazine show.
8.00 **WSL Championship Tour** Action from the finals day at the Margaret River Pro.
9.00 **FIM Enduro World Championship**
9.30 **Ligue 1 Show**
10.00 **WWE NXT UK**
11.00 **WWE NXT Highlights**
12.00 M'T **European Rugby Challenge Cup**
1.30 AM LIVE **NCAA Baseball Ole Miss Rebels v LSU Tigers.** Coverage of the college match from Alex Box Stadium, Baton Rouge. Start-time 1.30am.
5.00 **UFC Fight Camp**
5.30 **to 6.00** AM **BT Sport Reload**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **NFL Highlights** New England Patriots v Tennessee Titans.
8.00 **Premier League Darts** A replay of round 14 from Sheffield.
11.30 **NFL Bitesize Highlights**
12.00 NOON **Good Morning Football** NFL news and talking points.
3.00 PM **NFL Draft** A recap of the opening day of the NFL Draft.
5.00 **NBC's Pro-Football Talk** With Mike Florio and Chris Simms.
7.00 **British Basketball** Another chance to see the first semi-final.
9.30 **Top Rank Boxing Archive** Highlights of Marvin Hagler v Roberto Duran from 1983.
11.00 **Top Rank Boxing Archive** Action from George Foreman v Gerry Cooney in 1990.
11.30 **Top Rank Boxing Archive** Highlights of Marvin Hagler v Thomas Hearns from 1985.
12.00 M'T **Total Access**
1.00 AM **Premier League Darts**
4.30 **Darts Gold** Double bill.
5.30 **to 7.30** AM LIVE **Super Rugby Fijian Drua v Moana Pasifika.** Coverage of the rugby union match from CommBank Stadium. Kick-off 5.35am.

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Fighting Fit 2020**
7.00 **Fit In 5**
7.30 **My Icon**
8.00 LIVE **Super Rugby Highlanders v Western Force.** From Forsyth Barr Stadium. Kick-off 8.05am.
10.00 **Super League Highlights**
10.30 **My Icon**
10.40 LIVE **Super Rugby Brumbies v Crusaders.** Coverage of the rugby union match from GIO Stadium. Kick-off 10.45am.
12.45 PM **Super League Highlights**
1.00 **British Basketball**
3.30 **NBA Heatcheck**
4.30 **High Tops**
5.00 LIVE **LPGA Tour Golf** Day two of the Cognizant Founders Cup from Upper Montclair Country Club in Clifton, New Jersey.
6.30 **NBA Action**
7.00 **British Basketball**
9.30 **NBA Action**
10.00 **NBA Season Review Show**
10.30 **NFL Bitesize Highlights**
11.30 **Super Bowl LVI Highlights**
1.30 AM **Super League Highlights**
2.00 **NBA Heatcheck**
3.00 **Ahead of the Game**
4.00 **Super League Highlights**
5.00 **to 6.00** AM **Ahead of the Game**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **MLB** A recent match.
11.00 **MLB Quick Pitch**
12.00 NOON **ESPN FC**
12.30 PM **ESPN SportsCenter**
12.45 **Around the Horn**
1.15 **Pardon the Interruption**
1.45 **NCAA Baseball**
7.45 **ESPN SportsCenter**
8.00 **Around the Horn**
8.30 **Pardon the Interruption**
9.00 LIVE **NCAA Baseball Southern Illinois Salukis v Indiana State Sycamores.** From Itchy Jones Stadium. Start-time 9.00pm.
12.00 M'T LIVE **NCAA Baseball Illinois Fighting Illini v Nebraska Cornhuskers.** Start-time 12.00m't.
3.30 AM **Around the Horn**
4.00 **to 6.00** AM **Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

7.00 AM **Cycling: Tour of Hungary**
8.00 **Unlock the Power of Sport**
8.30 **Cycling: Gent-Wevelgem**
8.45 **Cycling: Giro d'Italia**
9.45 **Giro d'Italia: The Breakaway**
10.15 LIVE **Cycling: Giro d'Italia** Coverage of seventh stage of the Grand Tour race, as the riders tackle a 198km route from Diamante to Potenza.
5.00 PM **Cycling: Strade Bianche**
6.00 **Climbing World Cup**
6.55 **Eurosport News**
7.00 **Cycling: Tour of Hungary**
8.00 **Cycling: Giro d'Italia** Action from stage seven of the race.
9.00 **Giro d'Italia: The Breakaway**
9.30 **Roland-Garros**
11.30 **Cycling: Giro d'Italia**
12.30 AM **Giro d'Italia: Breakaway**
1.00 **Cycling: Tour of Hungary**
2.00 **Formula E** Double bill.
4.00 **Cycling: Giro d'Italia**
5.00 **Giro d'Italia: The Breakaway**
5.30 **to 6.00** AM **Roland-Garros**

Eurosport 2

411 411 869 | 522 | 413 436

6.30 AM **Giro d'Italia: Breakaway**
7.00 **Motocross World Champs**
8.00 **Roland-Garros**
10.00 **FIA World Endurance Champs**
11.00 **British Speedway**
12.00 NOON **Speedway Grand Prix**
1.00 PM **Triathlon: Super League Arena Games** From Singapore.
2.00 **Formula E** The Monaco ePrix.
3.00 **British Superbikes**
4.00 **British Superbikes Extra**
5.00 **Roland-Garros**
7.00 **Formula E** The Monaco ePrix.
8.00 **British Speedway**
9.00 **Speedway Grand Prix**
10.00 **Cycling: Giro d'Italia**
11.00 **Giro d'Italia: The Breakaway**
11.30 **Discovery Golf**
12.00 M'T **World Superbikes**
1.00 AM **World Superbikes Extra**
2.00 **Cycling: Giro d'Italia**
3.00 **Giro d'Italia: The Breakaway**
3.30 **Olympic Games: Hall of Fame**
4.30 **Speedway Grand Prix**
5.30 **to 6.30** AM **Cycling: Giro d'Italia**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Kevin Sinfield: The Extra Mile**
7.00 **Super League Highlights**
8.00 **Ahead of the Game**
9.00 LIVE **NRL Canterbury-Bankstown Bulldogs v Melbourne Knights.**
11.00 LIVE **NRL Manly Warringah Sea Eagles v Brisbane Broncos.** Kick-off 11.05am.
1.00 PM **NBA Basketball**
3.00 **Premier League Darts**
6.30 **Super League Highlights**
7.30 LIVE **Super League St Helens v Hull FC.** From Totally Wicked Stadium. Kick-off 8.00pm.
10.00 **Super League Highlights**
10.15 **NBA Basketball**
12.15 AM **Super League Highlights**
12.30 LIVE **NBA Basketball** Coverage of a play-off match.
3.00 **NBA Heatcheck**
4.00 **NBA Action**
4.30 **Super League Highlights**
5.30 **to 6.00** AM **Super League's Supermen**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **F1: Best of 2021**
11.00 **British GT Championship**
12.00 NOON **GB3 Championship Highlights** Action from the second round at Silverstone.
1.00 PM **Formula 1**
6.00 LIVE **Indycar** The practice session from the Indianapolis Motor Speedway ahead of the fifth round of the season.
7.00 **Formula 1** Another chance to see the Miami Grand Prix, the fifth round of the season.
9.15 **Qatar Hot Lap**
9.20 **Martin & Damon in the FW07**
9.30 LIVE **Indycar** The qualifying session from the Indianapolis Motor Speedway ahead of the fifth round of the season.
10.45 **Daniel Ricciardo's NASCAR Run**
10.55 **F1 Rivalries**
11.00 **British GT Championship**
12.00 M'T **GB3 Championship Highlights** As 12.00noon.
1.00 **to 6.00** AM **F1: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Kids' Weekly TV Guide

7–13 May

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

607 607 643 | 701 | 201 | 204 | 607 | 600

SATURDAY **7.00am** Shaun the Sheep **7.05** Danger Mouse: Dark Side of the Mouse **7.30** Boy Girl Dog Cat Mouse Cheese **7.40** Newsround New episode **7.50** Odd Squad **8.05** Dennis & Gnasher Unleashed! **8.15** Pokemon: Black and White New episode Popular Japanese animation. **9.00** Saturday Mash-Up! New episode Entertainment for youngsters. **11.30** Blue Peter **12.00noon** Danny & Mick **12.10pm** Ninja Express **12.30** Dennis & Gnasher Unleashed! **1.20** Boy Girl Dog Cat Mouse Cheese **2.05** Danger Mouse **2.30** Nova Jones **2.55** Still So Awkward **3.25** Princess Mirror-Belle **3.45** Dodger **4.30** Danger Mouse **4.50** Pokemon: Diamond & Pearl **5.10** Summer Camp Island **5.35** FILM Pokemon: Genesect and the Legend Awakened: Animated adventure with the voice of Sarah Natochenny. **6.45-7.00pm** Shrek: The Ghost of Lord Farquaad

SUNDAY As Saturday except: **7.05am** Sketchy Comedy **7.10-7.35** Danger Mouse **8.30** Marrying Mum and Dad **9.00** Blue Peter **9.30** Princess Mirror-Belle **9.50** Andy and the Band **10.05** Danny & Mick **10.15** OOglies Funsize **10.25** FILM Pokemon – Zoroark: Master of Illusions **11.55** Danger Mouse **12.20pm** Deadly Predators **12.45** Deadly 60 **1.15** Horrible Histories **2.40** The Dengineers **3.40** Operation Ouch! **4.40** Theodosia **5.05** Silverpoint New episode **5.30** The Dumping Ground **6.00** My Life: Hike to Happiness: Ellie goes on a trek to the Lake District with the Wilderness Foundation. **6.25-7.00pm** Deadly Predators

MONDAY **7.00am** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround New episode **8.00** Ninja Express **8.10** Odd Squad **8.25** Operation Ouch! **8.50** Hey You What If? **9.00** Bitesize Daily: 5-6 Year Olds: Science **9.20** Bitesize Daily: 6-7 Year Olds: Science **9.40** Do Try This at Home **9.50** Celebrity Supply Teacher **10.05** Our School: Children make the transition from primary to secondary school. **10.25** Nine Minute Ninja **10.35** Horrible Histories **11.05** Operation Ouch! **11.35** Class Dismissed **11.50** Hey You What If? **11.55** Danger Mouse **12.20pm** Boy Girl Dog Cat Mouse Cheese **12.40** Dennis & Gnasher Unleashed! **1.05** Young Dracula **2.00** Horrible Histories: Gruesome events and characters from the past. **2.30** The Worst Witch **3.00** Operation Ouch! **3.30** Dennis & Gnasher Unleashed! **3.40** Danger Mouse **3.55** Boy Girl Dog Cat Mouse Cheese **4.05** Ninja Express **4.20** Danger Mouse **4.45** Odd Squad **5.10** We Bare Bears **5.25** Summer Camp Island **5.35** The Deep **6.00** Theodosia New episode **6.25** Being Me: A Newsround Special **6.40** Nikki Lilly Meets **6.50-7.00pm** Lifebabble

TUESDAY As Monday except: **9.00am** Bitesize Daily: 7-8 Year Olds: Science **9.20-9.40** Bitesize Daily: 8-9 Year Olds: Science **2.00-2.30pm** Blue Peter **4.20-4.30** Danger Mouse: Dark Side of the Mouse **6.25-6.50pm** Inside My Head: Taking Control of My Anxiety – A Newsround Special

WEDNESDAY As Monday except: **9.00am** Bitesize Daily: 9-10 Year Olds: Science **9.20-9.40** Bitesize Daily: 10-11 Year Olds: Science **6.25-6.40pm** Inside My Head: Taking Control of My Anxiety – A Newsround Special **6.50-7.00pm** My Life

THURSDAY As Monday except: **6.50-7.00pm** My Life

FRIDAY As Monday except: **9.00am** Bitesize Daily: 7-8 Year Olds: Science **9.20-9.40** Bitesize Daily: 8-9 Year Olds: Science **5.00pm** Blue Peter New episode Adam and Mwaksy's Epic Welsh Road Trip. **5.30** Deadly Predators **6.00** So Awkward: School-set comedy series. **6.30** My Life: I Just Want to Be Me **6.35-7.00pm** Newsround Special: Let's Talk About Periods

CBEEBIES

608 608 644 | 702 | 202 205 | 608 601

SATURDAY **6.00am** Show Me Show Me **6.20** Raa Raa the Noisy Lion **6.30** Bing **6.40** Love Monster **6.45** Go Jetters **7.00** Postman Pat: SDS **7.15** Bing: A three-year-old bunny engages with the world around him. **7.30** Hey Duggee **7.45** Go Jetters **8.00** Peter Rabbit **8.10** Octonauts: Animated adventures with the underwater explorers. **8.25** Chuggington **8.35** Bitz & Bob **8.45** The Furchester Hotel **9.00** Something Special: We're All Friends **9.20** Bluey **9.35** CBeebies A Midsummer Night's Dream **10.25** Nick Cope's Popcast **10.35** Swashbuckle New **10.55** Andy and the Band **11.10** Go Jetters **11.35** Waffle the Wonder Dog **11.45** JoJo & Gran Gran **12.00noon** Big Cook Little Cook **12.20pm** Raa Raa the Noisy Lion **12.30** Hey Duggee **12.45** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.50** Dog Loves Books **1.55** Timmy Time **2.00** Something Special: We're All Friends **2.20** GiggleQuiz **2.35** Tish Tash **2.40** Tee and Mo **2.50** Love Monster **2.55** Pablo **3.05** School of Roars **3.15** Messy Goes to OKIDO **3.25** Grace's Amazing Machines **3.40** Andy's Safari Adventures **3.55** Nick Cope's Popcast **4.00** Let's Dance **4.05** Magic Hands **4.20** Treasure Champs **4.30** Timmy Time **4.40** Bluey **4.45** Andy and the Band **5.00** Grace's Amazing Machines **5.15** Molly and Mack **5.30** JoJo & Gran Gran **5.45** Sarah & Duck: The adventures of a girl and her duck. **5.50** Pablo **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except: **9.35am** Bitz & Bob **10.00** Go Jetters **10.20-10.25** Dipdap **5.50-6.00pm** Colours **6.45-7.00pm** CBeebies Bedtime Stories New

MONDAY **6.00am** Go Jetters **6.10** Bing **6.20** Teletubbies **6.35** Tee and Mo **6.40** Chuggington **6.55** Tish Tash **7.00** Bing **7.05** Hey Duggee **7.25** Bluey **7.35** Go Jetters **7.50** Peter Rabbit **8.00** Octonauts **8.15** Numberblocks **8.20** Love Monster New **8.30** Alphablocks **8.35** Justin's House **9.00** Bing **9.10** Yakka Dee! **9.15** Dog Loves Books **9.20** Love Monster **9.30** Twirlywoos **9.40** Our Family Extras **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Toddler Club at Home **10.35** Hey Duggee **10.45** Colours **10.50** Olobob Top **11.00** Love Monster **11.05** Pablo **11.15** Let's Go for a Walk **11.30** Teeny Tiny Creatures **11.45** Our Family **12.00noon** My World Kitchen: Children from all over the world show off their favourite recipes. **12.10pm** Andy's Safari Adventures **12.25** Waffle the Wonder Dog **12.35** Tee and Mo **12.45** Go Jetters **1.00** Yakka Dee! **1.05** Numberblocks **1.10** Alphablocks **1.20** Dog Loves Books **1.25** Hey Duggee **1.35** Love Monster **1.40** Nick Cope's Popcast **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Bing **2.30** Go Jetters **2.40** Timmy Time **2.45** Maddie's Do You Know? **3.00** Down on the Farm **3.15** Swashbuckle **3.40** Hey Duggee **3.50** Peter Rabbit **4.00** Andy's Prehistoric Adventures **4.15** Grace's Amazing Machines **4.30** Dog Loves Books **4.40** Love Monster **4.45** Bluey **4.55** Molly and Mack **5.10** Waffle the Wonder Dog **5.20** Go Jetters **5.35** JoJo & Gran Gran **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

TUESDAY As Monday except: **4.55-5.05pm** Topsy and Tim: Everyday adventures with the fun-loving twins. **5.05-5.10pm** Our Family

WEDNESDAY As Monday except: **4.55-5.10pm** Apple Tree House

THURSDAY As Monday except: **4.55-5.10pm** GiggleQuiz

FRIDAY As Monday except: **4.55-5.10pm** Hey Duggee

CITV

612 | 734 711 | 203 | 602

SATURDAY **6.00am** Dave Spud **6.35** Thunderbirds Are Go **7.00** Dare Master **7.05** Mr Bean: The Animated Series **7.30** Inspector Gadget **8.00** Be Cool, Scooby-Doo! **8.25** Dorg Van Dango **8.55** Teen Titans Go! **9.25** Mr Magoo **9.55** Hotel Transylvania **10.25** Dave Spud **11.05** Be Cool, Scooby-Doo! **12.25pm** Dorg Van Dango **1.25** How **2.55** Mighty Mike **3.10** Teen Titans Go! **4.25** Hotel Transylvania **4.55** Mr Magoo **5.25** Don't Unleash the Beast **5.50** Mini Movies **6.20** Thunderbirds Are Go **6.45** Dave Spud **7.35** Don't Unleash the Beast **7.55** Spy School **8.25** Mini Movies **8.55-9.00pm** Dare Master

SUNDAY As Saturday except: **7.05am** Mighty Mike **7.30** Dave Spud **7.55-8.25** Don't Unleash the Beast **10.55** Be Cool, Scooby-Doo! **11.55am-1.25pm** Dorg Van Dango **2.25-2.55** Mr Bean: The Animated Series **4.25** The Epic Tales of Captain Underpants **4.55-5.25** Hotel Transylvania **5.50-6.20** How **8.25-8.55pm** How

MONDAY **6.00am** Robozuna **6.30** Thunderbirds Are Go **6.55** Ben 10 **7.25** Teen Titans Go! **7.55** Dare Master **8.00** Be Cool, Scooby-Doo! **8.30** Scooby-Doo! Mystery Incorporated **9.00** Mighty Mike **9.30** Mr Magoo **10.00** Mr Bean: The Animated Series **10.30** Dave Spud **11.00** Hotel Transylvania **11.30** Mr Magoo **12.10pm** Spy School **12.35** Massive Monster Mayhem **1.00** Detention Adventure **1.30** How **2.00** Thunderbirds Are Go **2.30** Ben 10 **3.00** Mighty Mike **3.30** Scooby-Doo! Mystery Incorporated **4.00** Be Cool, Scooby-Doo! **4.30** Dorg Van Dango **5.00** Dave Spud **5.30** How **6.00** LEGO Monkie Kid: A Hero Is Born **7.00** Jurassic World Camp Cretaceous **7.25** Scooby-Doo! Mystery Incorporated **7.55** Detention Adventure New episode **8.25-9.00pm** How

TUES & THURS As Monday except: **1.30-2.00pm** Don't Unleash the Beast **6.00-6.30pm** Ninjago: Master of the Mountain **6.30-6.55pm** LEGO Monkie Kid **8.55-9.00pm** Dare Master

WEDNESDAY As Monday except: **1.30-2.00pm** Don't Unleash the Beast **6.00** Ninjago: Master Of The Mountain **6.30-6.55pm** LEGO Monkie Kid

FRIDAY As Monday except: **8.30-9.00am** What's New Scooby-Doo? **1.30-2.00pm** Don't Unleash the Beast **3.30-4.00** What's New Scooby-Doo? **6.00** Ninjago: Master Of The Mountain **6.30-6.55** LEGO Monkie Kid **7.25-7.55** What's New Scooby-Doo? **8.55-9.00pm** Dare Master

NICK JR

606 648 | 715 | 470 476

SATURDAY **6.00am** Ryan's Mystery Playdate **6.30** The Smurfs **7.00** Peppa Pig: Adventures with Peppa and her little brother George. **8.00** Paw Patrol **8.30** Santiago of the Seas: Animation following the pirate, and his crew as they embark on rescues and uncover hidden treasures. **9.00** Baby Shark's Big Show! **9.30** Paw Patrol **10.00** Blaze and the Monster Machines: Adventures with AJ, an eight-year-old techie who drives monster-truck Blaze. **10.30** Paw Patrol **11.00** Bubble Guppies **11.30** Paw Patrol **3.00pm** Ben and Holly's Little Kingdom **4.00** Bubble Guppies **4.30** Blaze and the Monster Machines **5.30** Floogals **5.45** Paw Patrol: Adventures following a squad of puppies and their leader as they protect Adventure Bay. **6.30** Kangaroo Beach: Cartoon fun. **7.00** Peppa Pig **8.30** Ben and Holly's Little Kingdom **9.30** Paw Patrol **11.30** Ben and Holly's Little Kingdom **12.30am** Peppa Pig **3.00** Blaze and the Monster Machines **4.30-6.00am** Paw Patrol

SUNDAY As Saturday except: **11.00pm** Paw Patrol: Mighty Pups **11.15-11.30pm** Paw Patrol: Animated adventures.

MONDAY-FRIDAY **6.00am** Paw Patrol **6.30** The Smurfs **6.45** Paw Patrol **7.15** The Adventures of Paddington **7.30** Baby Shark's Big Show! **8.00** Paw Patrol **8.15** Deer Squad **8.30** Blue's Clues & You **9.00** Blaze and the Monster Machines **9.30** Peppa Pig **10.00** Paw Patrol **11.00** Ben and Holly's Little Kingdom: In the magical Little Kingdom, friends Ben Elf and fairy princess Holly have fun adventures as they learn about teamwork, sharing and problem-solving. **11.30** The Adventures of Paddington **12.00noon** Blaze and the Monster Machines **12.30pm** Ryan's Mystery Playdate **1.00** Paw Patrol **2.45** Deer Squad **3.00** Peppa Pig **4.00** Pip and Posy **4.10** Peppa Pig **4.15** Pip and Posy **4.25** Peppa Pig **4.30** Blue's Clues & You **5.00** The Adventures of Paddington **5.30** Paw Patrol **6.00** Baby Shark's Big Show! **6.15** Santiago of the Seas **6.30** Blaze and the Monster Machines **7.00** Kangaroo Beach **7.15** Paw Patrol **7.45** Deer Squad **8.00** Pip and Posy **8.15** Paw Patrol **9.00** The Adventures of Paddington **9.30** Paw Patrol **11.30** Ben and Holly's Little Kingdom: Cartoon. **12.30am** Peppa Pig **3.00** Blaze and the Monster Machines **4.30-6.00am** Paw Patrol

+1 hour 628

Highlights

Corpse Talk

From Friday, You Tube Originals

An animated series in which host Adam (voiced by Joe Sugg) interviews famous historical figures – including Mozart, Cleopatra and Marie Curie.

Blue Peter

Friday, CBBC, 5pm

After last year's adventure through Northern Ireland, Adam Beales will be accompaniing co-presenter Mwaka Mudenda on an epic road trip in Wales.

Coming soon

FIRST LOOK

The Baby

Michelle de Swarte stars in an offbeat horror series about motherhood

Here's an early look at darkly funny horror series *The Baby*, airing later this year on Sky Atlantic.

Created by Sian Robins-Grace and Lucy Gaymer, it stars actor and comedian Michelle de Swarte as 38-year-old Natasha, who has no desire to be a mum and resents losing her friends to motherhood. But she is stunned to find herself landed with an unwanted baby out of the blue, immediately curtailing her life of freedom.

To make matters worse, the apparently cute child is devious and scheming, with dangerous powers. As the eight-part show unfolds, Natasha faces a host of challenging situations as she tries to work out where the demonic youngster has come from, why it is here and how she can remove it from her orbit and recover her old life.

TINY TERROR

Amira Ghazalla co-stars as mysterious septuagenarian Mrs Eaves, who has lived in her car for 50 years and appears to have a connection to the baby, while Amber Grappy is children's magician Bobbi, Natasha's younger sister, who dreams of being a mum and having love in her life.

'With *The Baby*, we want to explore the powerful anxiety around the question of whether or not to have children – the ambivalence of not knowing, the bafflement at everyone else's certainty and the suspicion that the whole thing is one millennia-long scam,' explain Robins-Grace and Gaymer. 'We're thrilled to bring this weird baby into the world!'

WHAT'S NEXT FOR...

Shirley Henderson

The actor will star alongside Craig Parkinson in Channel 5's four-part drama **The Winter Child**, which follows an isolated single mother who becomes fixated on the mysterious disappearance of a young girl.

Marianne Jean-Baptiste

BBC1's thriller series **The Following Events Are Based on a Pack of Lies** will see the actor play a bereaved author who gets caught up in the machinations of a con man. Sir Derek Jacobi and Romola Garai co-star.

Lee Ingleby

In ITV's factual drama **The Hunt for Raoul Moat**, the actor will portray Northumbrian cop Neil Adamson as he leads the highly publicised search for the fugitive who went on the run after shooting three people in 2010.

Coming Back

Entertainment extravaganza **Michael McIntyre's Big Show** is set to return, while the comic will also host another run of celebrity quiz **The Wheel**, both on BBC1. 'I'm elated that both shows are so beloved,' says McIntyre.

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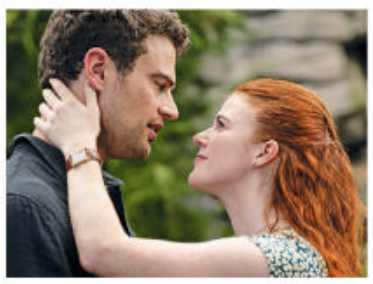
Next week *On sale Tuesday 10 May*



The Time Traveler's Wife

Theo James and Rose Leslie star in Sky Atlantic's fantasy series.

Conversations with Friends

BBC3's relationship drama is based on a Sally Rooney novel.

Eurovision

The UK's act, Sam Ryder, gets ready for the final of the Song Contest in Turin, live on BBC1.

FA Cup Final

Can Liverpool get the better of Chelsea again as the pressure mounts at Wembley Stadium?

TV&Satellite week

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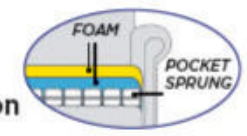

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